



Havnar Svímjifelag



# Svim Open Tórshavn 24.-26. Apríl 2026

Boðið verður til kapping á langgeil 24.-26. Apríl 2026 í svímjihøllini í Gundadali.

Tilmeldingarnar skulu gerast á Tempus.fo <https://data.tempus.fo/#/>

í seinasta lagi *týsdagin 21. apríl. kl. 22.00.*

**1st Session - Friday** Warm up kl. 08.00-09.20 Competition kl. 09.30 - Prelims -  
**2st Session - Friday** Warm up kl. 16.00-17.20 Competition kl. 17.30 - Finals -

1	800m freestyle – female (Finals)	2	1500m freestyle – male (Finals)
3	50m freestyle - female	4	50m freestyle - male
5	100m backstroke - female	6	100m backstroke - male
7	100m butterfly - female	8	100m butterfly - male
9	200m freestyle - female	10	200m freestyle – male
11	50m breaststroke - female	12	50m breaststroke – male
13	400m medley - female	14	400m medley – male
<b>Break</b>			
15	4 x 200m freestyle – female	16	4 x 200m freestyle – male

**3st Session - Saturday** Warm up kl. 08.00-09.20 Competition kl. 09.30 - Prelims -  
**4st Session - Saturday** Warm up kl. 16.00-17.20 Competition kl. 17.30 - Finals -

17	50m butterfly - female	18	50m butterfly - male
19	100m freestyle - female	20	100m freestyle - male
21	400m freestyle – female	22	400m freestyle - male
23	50m backstroke - female	24	50m backstroke – male
25	200m breaststroke - female	26	200m breaststroke – male
<b>Break</b>			
27	4 x 100m medley – female	28	4 x 100m medley - male

**5st Session - Sunday** Warm up kl. 08.00-09.20 Competition kl. 09.30 - Prelims -  
**6st Session - Sunday** Warm up kl. 16.00-17.20 Competition kl. 17.30 - Finals -

29	1500m freestyle – female (Finals)	30	800m freestyle – male (Finals)
31	200m butterfly - female	32	200m butterfly - male
33	200m backstroke - female	34	200m backstroke - male
35	100m breaststroke - female	36	100m breaststroke - male
37	200m medley - female	38	200m medley – male
<b>Break</b>			
39	4x100m freestyle - female	40	4x100m freestyle – male

Only long course entry times allowed. - The organiser may limit the number of heats.

The competition is open to swimmers of all ages. The following categories will be used during the competition:

(I) Youth (Male 2011 and younger, female 2011 and younger) - (II) Open - (III) Para swimmers

Ægir, SuSvim og HS koma við 5-6 hjálparfólkum hvør og hini feløgini koma við 2-3 hjálparfólkum hvør til hvønn stevnuartin. Yvirlitið skal vera svímjisambandinum: [ssf@ssf.fo](mailto:ssf@ssf.fo) í hendi seinast *mikudagin 22. apríl á midnátt.*

Fyrivarni verður tikið fyri móguligum broytingum. - Við svímjikkvøðu - Havnar Svímjifelag



REYNI SERVICE

BYGMA

Jógván Weihe

ARTICON



VÍKMAR



betri

effo

stuðla HS