



**VARÐIN
PELAGIC**



**SUÐUROYAR
SPARIKASSI**

Úrslit

SuSvim Open Feb 2026

Stað: Páls Høll
Hylur: 50m

Fyrireikari: Suðuroyar Svímjifelag
Stevnudagur: feb 28, 2026 til mar 1, 2026

Kapping 1, 400m Blandað Kvinnur - Final

FAR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 06.07.2016
FAR.JR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 06.07.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Ægir	497		5:32.64	
Entry time: 5:15.56 (+17.08)						
	50m: 34.64	100m: 1:13.25 (38.61)	150m: 1:57.00 (43.75)	200m: 2:38.79 (41.79)		
	250m: 3:29.04 (50.25)	300m: 4:16.88 (47.84)	350m: 4:55.25 (38.37)	400m: 5:32.64 (37.39)		
Kapping almenn: 28.02.2026 10:37:53						

Kapping 2, 400m Blandað Menn - Final

FAR 4:30.17 Alvi Hjelm 1996 Ægir Klaksvik (FRO) Broenshoej (DEN) 15.04.2016
FAR.JR 4:41.42 Óli Mortensen 1996 Havnar Svímjifelag (FRO) Amsterdam (NED) 14.12.2014

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	348		5:44.50	
Entry time: 5:45.37 (-0.87)						
	50m: 36.12	100m: 1:17.42 (41.30)	150m: 2:06.31 (48.89)	200m: 2:53.62 (47.31)		
	250m: 3:42.99 (49.37)	300m: 4:32.05 (49.06)	350m: 5:09.96 (37.91)	400m: 5:44.50 (34.54)		
2	Símun Eliassen	2011 Havnar Svímjifelag	245		6:27.29	+42.79
	50m: 38.48	100m: 1:31.22 (52.74)	150m: 2:24.28 (53.06)	200m: 3:14.94 (50.66)		
	250m: 4:08.52 (53.58)	300m: 5:02.27 (53.75)	350m: 5:44.06 (41.79)	400m: 6:27.29 (43.23)		
3	Bragi Bjarnason	2012 Havnar Svímjifelag	238		6:30.97	+46.47
Entry time: 6:43.45 (-12.48)						
	50m: 40.51	100m: 1:32.42 (51.91)	150m: 2:21.92 (49.50)	200m: 3:09.88 (47.96)		
	250m: 4:07.54 (57.66)	300m: 5:07.14 (59.60)	350m: 5:49.59 (42.45)	400m: 6:30.97 (41.38)		
Kapping almenn: 28.02.2026 10:44:51						

Kapping 3, 100m Firvald Kvinnur - Final

FAR 1:04.58 Poula Mohr 1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP) 28.07.2013
FAR.JR 1:04.75 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Vagur (FRO) 11.03.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Ægir	532		1:07.35	
Entry time: 1:06.96 (+0.39)						
	50m: 31.85	100m: 1:07.35 (35.50)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	458		1:10.79	+3.44
Entry time: 1:12.14 (-1.35)						
	50m: 33.18	100m: 1:10.79 (37.61)				
3	Lea Osberg Højsted	2008 Ægir	418		1:13.00	+5.65
Entry time: 1:19.53 (-6.53)						
	50m: 32.44	100m: 1:13.00 (40.56)				
4	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	319		1:19.87	+12.52
Entry time: 1:22.81 (-2.94)						
	50m: 35.85	100m: 1:19.87 (44.02)				
Kapping almenn: 28.02.2026 10:47:03						

Kapping 4, 100m Firvald Menn - Final

FAR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
FAR.JR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Kapping 4, 100m Firvald Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Ægir		544	1:00.55	
	Entry time: 1:01.08 (-0.53)					
	50m: 28.12	100m: 1:00.55 (32.43)				
2	Heini Mohr Askham	2006 Ægir		515	1:01.67	+1.12
	Entry time: 1:01.51 (+0.16)					
	50m: 28.87	100m: 1:01.67 (32.80)				
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		316	1:12.53	+11.98
	Entry time: 1:07.61 (+4.92)					
	50m: 34.64	100m: 1:12.53 (37.89)				
4	Nóa Róason Staksund	2011 Havnar Svímjifelag		191	1:25.73	+25.18
	Entry time: 1:29.38 (-3.65)					
	50m: 39.07	100m: 1:25.73 (46.66)				
5	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		170	1:29.18	+28.63
	Entry time: 1:24.51 (+4.67)					
	50m: 41.46	100m: 1:29.18 (47.72)				
6	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		96	1:47.84	+47.29
	Entry time: 1:48.62 (-0.78)					
	50m: 48.68	100m: 1:47.84 (59.16)				
Kapping almenn: 28.02.2026 10:51:27						

Kapping 5, 50m Frí Kvinnur - Final

FAR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Bergen (NOR) 15.04.2018
 FAR.JR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Bergen (NOR) 15.04.2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther	2011 Suðuroyar Svímjifelag		525	29.26	
	Entry time: 28.67 (+0.59)					
=2	Emma Debes	2010 Suðuroyar Svímjifelag		466	30.44	+1.18
	Entry time: 29.84 (+0.60)					
=2	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		466	30.44	+1.18
	Entry time: 29.67 (+0.77)					
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		456	30.66	+1.40
	Entry time: 29.50 (+1.16)					
5	Lea Petersen	2009 Ægir		441	31.00	+1.74
	Entry time: 30.33 (+0.67)					
6	Durita Mohr Askham	2008 Ægir		440	31.03	+1.77
	Entry time: 29.49 (+1.54)					
7	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag		423	31.43	+2.17
	Entry time: 30.75 (+0.68)					
8	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		410	31.76	+2.50
	Entry time: 31.65 (+0.11)					
9	Talita Johannesen	2010 Suðuroyar Svímjifelag		400	32.03	+2.77
	Entry time: 31.46 (+0.57)					
10	Lilja Sørensen	2011 Havnar Svímjifelag		388	32.36	+3.10
	Entry time: 32.04 (+0.32)					
=11	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		360	33.17	+3.91
	Entry time: 34.17 (-1.00)					
=11	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		360	33.17	+3.91
	Entry time: 32.31 (+0.86)					



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Kapping 5, 50m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
13	Noomi Hella Jacobsen Entry time: 35.52 (-1.87)	2012 Havnar Svímjifelag		345	33.65	+4.39
14	Sólfríð H. Johannessen Entry time: 33.19 (+0.62)	2013 Ægir		340	33.81	+4.55
15	India Linnea Bech Entry time: 34.32 (+0.22)	2011 Havnar Svímjifelag		319	34.54	+5.28
16	Delaila H. Gregersen Entry time: 34.30 (+0.59)	2013 Ægir		309	34.89	+5.63
17	Randi Brim Hvidbro Entry time: 33.50 (+1.81)	2012 Ægir		298	35.31	+6.05
18	Elisabet Leivsdóttir Entry time: 35.36 (+0.13)	2014 Havnar Svímjifelag		294	35.49	+6.23
19	Viktoria Klettskarð Entry time: 36.41 (-0.81)	2013 Ægir		291	35.60	+6.34
20	Durita Davidsen Entry time: 55.51 (-19.21)	2011 Ægir		275	36.30	+7.04
21	Felisia Florinsdóttir Entry time: 34.96 (+1.53)	2012 Fuglafjarðar Svímjifelag		270	36.49	+7.23
22	Julia Amona Ludvig Entry time: 38.56 (-0.88)	2013 Suðuroyar Svímjifelag		246	37.68	+8.42
23	Tabita Vón Ebbadóttir Entry time: 39.47 (-1.19)	2013 Ægir		234	38.28	+9.02
24	Tóta Sofía Gudmundsen Entry time: 38.35 (+0.48)	2014 Suðuroyar Svímjifelag		224	38.83	+9.57
25	Urd Jákupsdóttir Entry time: 41.95 (-1.81)	2015 Havnar Svímjifelag		203	40.14	+10.88
26	Karita Tórðardóttir Entry time: 40.91 (+0.83)	2013 Suðuroyar Svímjifelag		180	41.74	+12.48
27	Julia Bogadóttir Entry time: 44.67 (-1.92)	2011 Ægir		168	42.75	+13.49
28	Ingeborg Vinther Entry time: 44.71 (-1.60)	2015 Suðuroyar Svímjifelag		164	43.11	+13.85
29	Hanna Højbro Entry time: 50.61 (-4.90)	2014 Ægir		137	45.71	+16.45
30	Mira Sumberg Entry time: 42.57 (+3.24)	2014 Havnar Svímjifelag		136	45.81	+16.55
31	Anna K. Lydersen Entry time: 39.05 (+7.87)	2013 Ægir		127	46.92	+17.66
32	Guðrun Fornagarð Entry time: 52.01 (-1.43)	2013 Suðuroyar Svímjifelag		101	50.58	+21.32

Kapping almenn: 28.02.2026 11:00:49

Kapping 6, 50m Frí Menn - Final

FAR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012	
FAR.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur





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Kapping 6, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarti Ludvig Entry time: 26.28 (-0.37)	2006 Suðuroyar Svímjifelag		525	25.91	
2	Haraldur Mortensen Entry time: 26.41 (-0.08)	2010 Suðuroyar Svímjifelag		500	26.33	+0.42
3	Tórir Olsen Entry time: 26.90 (-0.06)	2011 Ægir		472	26.84	+0.93
4	Sigbjartur J. Egholm Entry time: 27.63 (+0.25)	2009 Havnar Svímjifelag		421	27.88	+1.97
5	Ólavur Winther Jákupsson Entry time: 27.60 (+1.51)	2008 Havnar Svímjifelag		370	29.11	+3.20
6	Dávur Eið Entry time: 30.35 (-0.58)	2012 Suðuroyar Svímjifelag		346	29.77	+3.86
7	Jónatan Samuelsen Entry time: 29.12 (+0.67)	2010 Havnar Svímjifelag		345	29.79	+3.88
8	Fríðálvur Eliassen Entry time: 28.38 (+1.72)	2011 Fuglafjarðar Svímjifelag		335	30.10	+4.19
9	Terji Kjærbo Entry time: 30.52 (+0.56)	2012 Suðuroyar Svímjifelag		304	31.08	+5.17
10	Jógvan Vesturtún Entry time: 31.34 (-0.06)	2013 Fuglafjarðar Svímjifelag		298	31.28	+5.37
11	Símun Eliassen Entry time: 29.93 (+1.52)	2011 Havnar Svímjifelag		293	31.45	+5.54
12	Kian V. Eliassen Entry time: 31.31 (+0.21)	2013 Fuglafjarðar Svímjifelag		291	31.52	+5.61
13	Aleks Uadhaw Thomsen Entry time: 30.42 (+1.11)	2013 Havnar Svímjifelag		291	31.53	+5.62
14	Elias Í Lágabø Entry time: 32.16 (+0.36)	2014 Suðuroyar Svímjifelag		265	32.52	+6.61
15	Sævar Strøm Entry time: 33.73 (-0.50)	2014 Suðuroyar Svímjifelag		249	33.23	+7.32
16	Bragi Bjarnason Entry time: 32.37 (+0.91)	2012 Havnar Svímjifelag		248	33.28	+7.37
17	Tien Rasmussen Entry time: 33.82 (-0.26)	2012 Havnar Svímjifelag		241	33.56	+7.65
18	Niels Jacob Thomsen Entry time: 36.71 (+0.31)	2014 Suðuroyar Svímjifelag		180	37.02	+11.11
19	Benjamin Clementsen Entry time: 36.45 (+0.59)	2012 Suðuroyar Svímjifelag		179	37.04	+11.13
20	Jonnhard Winther Entry time: 36.82 (+0.84)	2015 Suðuroyar Svímjifelag		171	37.66	+11.75
21	Bárður Rógvason Entry time: 37.45 (+0.43)	2013 Suðuroyar Svímjifelag		168	37.88	+11.97
22	Bænadikt Helig Eliassen Entry time: 35.10 (+2.93)	2013 Fuglafjarðar Svímjifelag		166	38.03	+12.12



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Kapping 6, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
23	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		95	45.81	+19.90
Entry time: 42.54 (+3.27)						
Kapping almenn: 28.02.2026 11:07:40						

Kapping 7, 200m Bringu Kvinnur - Final

FAR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	08.04.2025
FAR.JR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	08.04.2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	India Linnea Bech	2011 Havnar Svímjifelag		343	3:16.43	
Entry time: 3:18.34 (-1.91)						
50m: 45.71 100m: 1:35.76 (50.05) 150m: 2:25.32 (49.56) 200m: 3:16.43 (51.11)						
2	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		269	3:33.02	+16.59
Entry time: 4:05.44 (-32.42)						
50m: 48.14 100m: 1:41.72 (53.58) 150m: 2:38.06 (56.34) 200m: 3:33.02 (54.96)						
3	Delaila H. Gregersen	2013 Ægir		234	3:42.98	+26.55
Entry time: 3:42.67 (+0.31)						
50m: 53.40 100m: 1:51.21 (57.81) 150m: 2:47.88 (56.67) 200m: 3:42.98 (55.10)						
4	Tabita Vón Ebbadóttir	2013 Ægir		204	3:53.49	+37.06
Entry time: 3:58.07 (+2.34)						
50m: 53.38 100m: 1:55.76 (1:02.38) 150m: 2:58.63 (1:02.87) 200m: 4:00.41 (1:01.78)						
5	Urd Jákupsdóttir	2015 Havnar Svímjifelag		185	4:01.38	+44.95
Entry time: 4:08.07 (-6.69)						
50m: 55.46 100m: 1:56.66 (1:01.20) 150m: 3:00.63 (1:03.97) 200m: 4:01.38 (1:00.75)						
7	Ingeborg Vinther	2015 Suðuroyar Svímjifelag		152	4:17.64	+1:01.21
Entry time: 4:08.07 (-6.69)						
50m: 56.17 100m: 2:03.42 (1:07.25) 150m: 3:12.75 (1:09.33) 200m: 4:17.64 (1:04.89)						
8	Mira Sumberg	2014 Havnar Svímjifelag		104	4:52.17	+1:35.74
Entry time: 4:48.34 (+3.83)						
50m: 1:05.09 100m: 2:21.00 (1:15.91) 150m: 3:37.40 (1:16.40) 200m: 4:52.17 (1:14.77)						
-	Elisabet Leivsdóttir	2014 Havnar Svímjifelag			DSQ	
SW 7.1. 2 undirvatnstøk						
Kapping almenn: 28.02.2026 11:32:54						

Kapping 8, 200m Bringu Menn - Final

FAR	2:21.71	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Bergen (NOR)	31.05.2015
FAR.JR	2:23.72	Róland Toftum	1998 Suðuroyar Svímjifelag (FR Laugardalslaug (ISL)	24.01.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Ægir		582	2:30.25	
Entry time: 2:26.86 (+3.39)						
50m: 33.64 100m: 1:11.94 (38.30) 150m: 1:50.91 (38.97) 200m: 2:30.25 (39.34)						
2	Heini Mohr Askham	2006 Ægir		397	2:50.66	+20.41
Entry time: 2:37.13 (+13.53)						
50m: 32.39 100m: 1:12.22 (39.83) 150m: 2:03.00 (50.78) 200m: 2:50.66 (47.66)						
3	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		291	3:09.22	+38.97
Entry time: 3:35.23 (-26.01)						
50m: 42.51 100m: 1:30.90 (48.39) 150m: 2:20.69 (49.79) 200m: 3:09.22 (48.53)						
4	Dávur Eið	2012 Suðuroyar Svímjifelag		279	3:11.89	+41.64
Entry time: 3:13.76 (-1.87)						
50m: 44.41 100m: 1:32.63 (48.22) 150m: 2:22.82 (50.19) 200m: 3:11.89 (49.07)						





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Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Nóa Róason Staksund	2011 Havnar Svímjifelag		246	3:20.22	+49.97
	Entry time: 3:12.87 (+7.35)					
	50m: 44.97	100m: 1:35.21 (50.24)	150m: 2:28.64 (53.43)	200m: 3:20.22 (51.58)		
6	Sævar Strøm	2014 Suðuroyar Svímjifelag		167	3:47.58	+1:17.33
	Entry time: 3:48.78 (-1.20)					
	50m: 49.70	100m: 1:48.70 (59.00)	150m: 2:47.96 (59.26)	200m: 3:47.58 (59.62)		
7	Bárður Rógvason	2013 Suðuroyar Svímjifelag		127	4:09.03	+1:38.78
	Entry time: 4:24.87 (-15.84)					
	50m: 58.25	100m: 2:02.84 (1:04.59)	150m: 3:07.40 (1:04.56)	200m: 4:09.03 (1:01.63)		
8	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		113	4:19.04	+1:48.79
	Entry time: 4:04.83 (+14.21)					
	50m: 1:02.10	100m: 2:10.86 (1:08.76)	150m: 3:17.10 (1:06.24)	200m: 4:19.04 (1:01.94)		
9	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		101	4:29.19	+1:58.94
	Entry time: 4:34.79 (-5.60)					
	50m: 1:02.91	100m: 2:12.31 (1:09.40)	150m: 3:21.36 (1:09.05)	200m: 4:29.19 (1:07.83)		

Kapping almenn: 28.02.2026 11:42:09

Kapping 9, 200m Rygg Kvinnur - Final

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther	2011 Suðuroyar Svímjifelag		451	2:40.47	
	Entry time: 2:38.73 (+1.74)					
	50m: 36.59	100m: 1:16.95 (40.36)	150m: 1:58.94 (41.99)	200m: 2:40.47 (41.53)		
2	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		386	2:48.99	+8.52
	Entry time: 2:50.18 (-1.19)					
	50m: 37.45	100m: 1:20.28 (42.83)	150m: 2:05.00 (44.72)	200m: 2:48.99 (43.99)		
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		370	2:51.42	+10.95
	Entry time: 2:58.55 (-1.21)					
	50m: 39.93	100m: 1:24.10 (44.17)	150m: 2:08.23 (44.13)	200m: 2:51.42 (43.19)		
4	Lilja Sørensen	2011 Havnar Svímjifelag		334	2:57.34	+16.87
	Entry time: 2:58.55 (-1.21)					
	50m: 42.92	100m: 1:27.44 (44.52)	150m: 2:12.95 (45.51)	200m: 2:57.34 (44.39)		
5	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		306	3:02.61	+22.14
	Entry time: 3:11.11 (-8.50)					
	50m: 42.35	100m: 1:27.71 (45.36)	150m: 2:16.01 (48.30)	200m: 3:02.61 (46.60)		
6	Randi Brim Hvidbro	2012 Ægir		302	3:03.40	+22.93
	Entry time: 3:36.17 (-32.77)					
	50m: 41.73	100m: 1:28.18 (46.45)	150m: 2:16.51 (48.33)	200m: 3:03.40 (46.89)		
-	Lea Osberg Højsted	2008 Ægir			DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend					

Kapping almenn: 28.02.2026 11:52:34

Kapping 10, 200m Rygg Menn - Final

FAR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FAR.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelson	2010 Havnar Svímjifelag		279	2:51.10	
	Entry time: 2:39.97 (+11.13)					
	50m: 39.42	100m: 1:22.50 (43.08)	150m: 2:06.74 (44.24)	200m: 2:51.10 (44.36)		





Úrslit

Kapping 10, 200m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	239		3:00.27	+9.17
	Entry time: 2:52.76 (+7.51)					
	50m: 41.94	100m: 1:27.68 (45.74)	150m: 2:14.34 (46.66)	200m: 3:00.27 (45.93)		
3	Símun Eliassen	2011 Havnar Svímjifelag	192		3:13.70	+22.60
	Entry time: 3:10.81 (+2.89)					
	50m: 45.66	100m: 1:35.33 (49.67)	150m: 2:24.44 (49.11)	200m: 3:13.70 (49.26)		
4	Benjamin Clementsen	2012 Suðuroyar Svímjifelag	176		3:19.71	+28.61
	Entry time: 3:27.96 (-8.25)					
	50m: 45.11	100m: 1:36.64 (51.53)	150m: 2:28.46 (51.82)	200m: 3:19.71 (51.25)		
5	Jonnhard Winther	2015 Suðuroyar Svímjifelag	156		3:27.55	+36.45
	Entry time: 3:27.60 (-0.05)					
	50m: 50.85	100m: 1:46.64 (55.79)	150m: 2:38.82 (52.18)	200m: 3:27.55 (48.73)		

Kapping almenn: 28.02.2026 11:55:26

Kapping 11, 800m Frí Kvinnur - Final

FAR	9:06.88	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Debrecen (HUN)	23.04.2022
FAR.JR	9:09.34	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Broenshoej (DEN)	15.04.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Ægir	467		10:23.99	
	Entry time: 10:11.04 (+12.95)					
	50m: 35.37	100m: 1:14.66 (39.29)	150m: 1:53.94 (39.28)	200m: 2:34.15 (40.21)		
	250m: 3:13.20 (39.05)	300m: 3:52.94 (39.74)	350m: 4:32.95 (40.01)	400m: 5:12.94 (39.99)		
	450m: 5:52.34 (39.40)	500m: 6:31.83 (39.49)	550m: 7:11.08 (39.25)	600m: 7:50.28 (39.20)		
	650m: 8:28.60 (38.32)	700m: 9:07.58 (38.98)	750m: 9:46.03 (38.45)	800m: 10:23.99 (37.96)		
2	Sólfríð H. Johannessen	2013 Ægir	348		11:27.84	+1:03.85
	Entry time: 11:45.06 (-17.22)					
	50m: 38.15	100m: 1:19.57 (41.42)	150m: 2:02.71 (43.14)	200m: 2:46.80 (44.09)		
	250m: 3:29.74 (42.94)	300m: 4:13.96 (44.22)	350m: 4:56.95 (42.99)	400m: 5:40.53 (43.58)		
	450m: 6:25.56 (45.03)	500m: 7:10.07 (44.51)	550m: 7:54.97 (44.90)	600m: 8:37.47 (42.50)		
	650m: 9:21.19 (43.72)	700m: 10:04.60 (43.41)	750m: 10:48.27 (43.67)	800m: 11:27.84 (39.57)		

Kapping almenn: 28.02.2026 12:09:42

Kapping 12, 800m Frí Menn - Final

FAR	7:45.55	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Shanghai (CHN)	26.07.2011
FAR.JR	8:13.75	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Canet-En-Roussillon (FRA)	12.06.2014

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Tórir Olsen	2011 Ægir	565		9:06.58	
	Entry time: 9:15.64 (-9.06)					
	50m: 30.77	100m: 1:04.08 (33.31)	150m: 1:38.38 (34.30)	200m: 2:12.56 (34.18)		
	250m: 2:47.38 (34.82)	300m: 3:21.97 (34.59)	350m: 3:57.05 (35.08)	400m: 4:31.75 (34.70)		
	450m: 5:06.15 (34.40)	500m: 5:40.88 (34.73)	550m: 6:16.07 (35.19)	600m: 6:50.53 (34.46)		
	650m: 7:24.88 (34.35)	700m: 7:59.69 (34.81)	750m: 8:33.97 (34.28)	800m: 9:06.58 (32.61)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	542		9:14.43	+7.85
	Entry time: 9:01.36 (+13.07)					
	50m: 30.64	100m: 1:03.91 (33.27)	150m: 1:38.08 (34.17)	200m: 2:12.34 (34.26)		
	250m: 2:46.80 (34.46)	300m: 3:21.54 (34.74)	350m: 3:56.37 (34.83)	400m: 4:31.36 (34.99)		
	450m: 5:05.66 (41.67)	500m: 5:40.97 (35.31)	550m: 6:16.21 (35.24)	600m: 6:51.88 (35.67)		
	650m: 7:27.44 (35.56)	700m: 8:03.76 (36.32)	750m: 8:39.64 (35.88)	800m: 9:14.43 (34.79)		
3	Bragi Bjarnason	2012 Havnar Svímjifelag	333		10:52.27	+1:45.69
	Entry time: 10:41.77 (+10.50)					
	50m: 36.38	100m: 1:17.81 (41.43)	150m: 1:59.20 (41.39)	200m: 2:41.33 (42.13)		
	250m: 3:22.38 (41.05)	300m: 4:04.70 (42.32)	350m: 4:45.82 (41.12)	400m: 5:27.99 (42.17)		
	450m: 6:09.66 (41.67)	500m: 6:51.62 (41.96)	550m: 7:31.39 (39.77)	600m: 8:13.32 (41.93)		
	650m: 8:53.86 (40.54)	700m: 9:35.24 (41.38)	750m: 10:13.45 (38.21)	800m: 10:52.27 (38.82)		

Kapping almenn: 28.02.2026 12:20:14



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Kapping 13, 400m Frí Kvinnur - Final

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 07.07.2016
 FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 07.07.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Ægir		502	4:54.62	
	Entry time: 4:53.04 (+1.58)					
	50m: 33.56	100m: 1:10.60 (37.04)	150m: 1:48.33 (37.73)	200m: 2:26.26 (37.93)		
	250m: 3:03.52 (37.26)	300m: 3:41.11 (37.59)	350m: 4:17.86 (36.75)	400m: 4:54.62 (36.76)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		499	4:55.20	+0.58
	Entry time: 5:15.33 (-20.13)					
	50m: 33.47	100m: 1:10.19 (36.72)	150m: 1:47.35 (37.16)	200m: 2:24.98 (37.63)		
	250m: 3:02.81 (37.83)	300m: 3:41.44 (38.63)	350m: 4:19.55 (38.11)	400m: 4:55.20 (35.65)		
3	Sólfríð H. Johannessen	2013 Ægir		349	5:32.42	+37.80
	Entry time: 5:43.73 (-11.31)					
	50m: 36.97	100m: 1:18.17 (41.20)	150m: 2:00.67 (42.50)	200m: 2:42.21 (41.54)		
	250m: 3:24.76 (42.55)	300m: 4:08.63 (43.87)	350m: 4:51.71 (43.08)	400m: 5:32.42 (40.71)		
4	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		324	5:40.63	+46.01
	Entry time: 5:40.63					
	50m: 35.45	100m: 1:16.24 (40.79)	150m: 1:59.62 (43.38)	200m: 2:43.01 (43.39)		
	250m: 3:26.54 (43.53)	300m: 4:12.04 (45.50)	350m: 4:56.71 (44.67)	400m: 5:40.63 (43.92)		
5	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		184	6:51.03	+1:56.41
	Entry time: 6:51.03					
	50m: 46.42	100m: 1:38.28 (51.86)	150m: 2:30.98 (52.70)	200m: 3:24.69 (53.71)		
	250m: 4:16.93 (52.24)	300m: 5:09.21 (52.28)	350m: 6:02.49 (53.28)	400m: 6:51.03 (48.54)		

Kapping almenn: 28.02.2026 18:07:28

Kapping 14, 400m Frí Menn - Final

FAR 3:46.84 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 22.03.2012
 FAR.JR 3:59.21 Liggjas Joensen 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 08.04.2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Ægir		649	4:13.97	
	Entry time: 4:03.67 (+10.30)					
	50m: 28.86	100m: 1:01.19 (32.33)	150m: 1:33.80 (32.61)	200m: 2:06.15 (32.35)		
	250m: 2:38.55 (32.40)	300m: 3:10.88 (32.33)	350m: 3:43.01 (32.13)	400m: 4:13.97 (30.96)		
2	Tórir Olsen	2011 Ægir		557	4:27.33	+13.36
	Entry time: 4:28.22 (-0.89)					
	50m: 29.53	100m: 1:02.76 (33.23)	150m: 1:37.05 (34.29)	200m: 2:11.61 (34.56)		
	250m: 2:46.06 (34.45)	300m: 3:20.39 (34.33)	350m: 3:54.47 (34.08)	400m: 4:27.33 (32.86)		
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		382	5:03.01	+49.04
	Entry time: 4:57.00 (+6.01)					
	50m: 34.98	100m: 1:13.45 (38.47)	150m: 1:53.62 (40.17)	200m: 2:32.26 (38.64)		
	250m: 3:12.66 (40.40)	300m: 3:51.82 (39.16)	350m: 4:30.78 (38.96)	400m: 5:03.01 (32.23)		
4	Nóa Róason Stakksund	2011 Havnar Svímjifelag		352	5:11.34	+57.37
	Entry time: 5:25.38 (-14.04)					
	50m: 33.94	100m: 1:12.07 (38.13)	150m: 1:51.65 (39.58)	200m: 2:31.97 (40.32)		
	250m: 3:12.09 (40.12)	300m: 3:52.57 (40.48)	350m: 4:32.02 (39.45)	400m: 5:11.34 (39.32)		
5	Bragi Bjarnason	2012 Havnar Svímjifelag		313	5:23.78	+1:09.81
	Entry time: 5:12.02 (+11.76)					
	50m: 36.56	100m: 1:19.18 (42.62)	150m: 2:00.50 (41.32)	200m: 2:41.64 (41.14)		
	250m: 3:23.65 (42.01)	300m: 4:06.02 (42.37)	350m: 4:45.33 (39.31)	400m: 5:23.78 (38.45)		
6	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		276	5:37.65	+1:23.68
	Entry time: 5:37.41 (+0.24)					
	50m: 37.68	100m: 1:20.83 (43.15)	150m: 2:03.79 (42.96)	200m: 2:47.71 (43.92)		
	250m: 3:31.63 (43.92)	300m: 4:14.94 (43.31)	350m: 4:57.32 (42.38)	400m: 5:37.65 (40.33)		
7	Elias Í Lágabø	2014 Suðuroyar Svímjifelag		255	5:46.44	+1:32.47
	Entry time: 5:46.44					
	50m: 38.76	100m: 1:23.16 (44.40)	150m: 2:08.25 (45.09)	200m: 2:53.72 (45.47)		
	250m: 3:38.49 (44.77)	300m: 4:24.05 (45.56)	350m: 5:05.57 (41.52)	400m: 5:46.44 (40.87)		





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Kapping 14, 400m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
8	Bárður Rógvason	2013 Suðuroyar Svímjifelag	176		6:32.08	+2:18.11
	50m: 41.44	100m: 1:30.36 (48.92)	150m: 2:20.54 (50.18)	200m: 3:10.57 (50.03)		
	250m: 4:01.26 (50.69)	300m: 4:52.43 (51.17)	350m: 5:42.53 (50.10)	400m: 6:32.08 (49.55)		
9	Benjamin Clementsen	2012 Suðuroyar Svímjifelag	140		7:02.86	+2:48.89
	50m: 40.74	100m: 1:31.74 (51.00)	150m: 2:25.94 (54.20)	200m: 3:21.49 (55.55)		
	250m: 4:17.00 (55.51)	300m: 5:13.59 (56.59)	350m: 6:09.36 (55.77)	400m: 7:02.86 (53.50)		
-	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag			DNS	

Kapping almenn: 28.02.2026 18:20:48

Kapping 15, 100m Bringu Kvinnur - Final

FAR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	25.04.2025	
FAR.JR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	25.04.2025	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir	601		1:15.97	
	Entry time: 1:12.20 (+3.77)	100m: 1:15.97 (40.75)				
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	509		1:20.27	+4.30
	Entry time: 1:19.72 (+0.55)	100m: 1:20.27 (42.54)				
3	Emma Debes	2010 Suðuroyar Svímjifelag	404		1:26.68	+10.71
	Entry time: 1:36.56 (-9.88)	100m: 1:26.68 (44.55)				
4	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	362		1:29.96	+13.99
	Entry time: 1:28.34 (+1.62)	100m: 1:29.96 (47.98)				
5	Durita Mohr Askham	2008 Ægir	357		1:30.34	+14.37
	Entry time: 1:30.27 (+0.07)	100m: 1:30.34 (47.76)				
6	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag	307		1:34.99	+19.02
	Entry time: 1:34.03 (+0.96)	100m: 1:34.99 (49.17)				
7	India Linnea Bech	2011 Havnar Svímjifelag	307		1:35.04	+19.07
	Entry time: 1:33.30 (+1.74)	100m: 1:35.04 (49.55)				
8	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	294		1:36.41	+20.44
	Entry time: 1:34.63 (+1.78)	100m: 1:36.41 (49.86)				
9	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	270		1:39.20	+23.23
	Entry time: 1:50.58 (-11.38)	100m: 1:39.20 (52.29)				
10	Delaila H. Gregersen	2013 Ægir	245		1:42.37	+26.40
	Entry time: 1:42.62 (-0.25)	100m: 1:42.37 (53.41)				
11	Julia Amona Ludvig	2013 Suðuroyar Svímjifelag	233		1:44.11	+28.14
	Entry time: 1:44.01 (+0.10)	100m: 1:44.11 (55.21)				
12	Elisabet Leivsdóttir	2014 Havnar Svímjifelag	219		1:46.38	+30.41
	Entry time: 1:52.77 (-6.39)	100m: 1:46.38 (55.00)				





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Kapping 15, 100m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
13	Tabita Vón Ebbadóttir	2013 Ægir		187	1:52.01	+36.04
	Entry time: 1:52.87 (-0.86)					
	50m: 54.34	100m: 1:52.01 (57.67)				
14	Urd Jákupsdóttir	2015 Havnar Svímjifelag		185	1:52.39	+36.42
	Entry time: 1:52.54 (-0.15)					
	50m: 53.15	100m: 1:52.39 (59.24)				
15	Viktoria Klettskarð	2013 Ægir		175	1:54.48	+38.51
	Entry time: 1:56.15 (-1.67)					
	50m: 53.73	100m: 1:54.48 (1:00.75)				
16	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag		145	2:01.93	+45.96
	Entry time: 2:04.13 (-2.20)					
	50m: 57.40	100m: 2:01.93 (1:04.53)				
17	Ingeborg Vinther	2015 Suðuroyar Svímjifelag		133	2:05.55	+49.58
	Entry time: 2:02.45 (+3.10)					
	50m: 57.77	100m: 2:05.55 (1:07.78)				
18	Anna K. Lydersen	2013 Ægir		125	2:08.07	+52.10
	Entry time: 2:10.32 (-2.25)					
	50m: 1:02.24	100m: 2:08.07 (1:05.83)				
19	Mira Sumberg	2014 Havnar Svímjifelag		89	2:23.31	+1:07.34
	Entry time: 2:10.96 (+12.35)					
	50m: 1:05.81	100m: 2:23.31 (1:17.50)				

Kapping almenn: 28.02.2026 18:32:21

Kapping 16, 100m Bringu Menn - Final

FAR 1:05.35 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 04.04.2017
 FAR.JR 1:06.14 Rókur Trygvason 2000 Svímjifelagið Reysti (FRO) Bergen (NOR) 13.04.2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Ægir		576	1:08.34	
	Entry time: 1:08.46 (-0.12)					
	50m: 31.72	100m: 1:08.34 (36.62)				
2	Dávur Eið	2012 Suðuroyar Svímjifelag		292	1:25.66	+17.32
	Entry time: 1:27.40 (-1.74)					
	50m: 41.15	100m: 1:25.66 (44.51)				
3	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		277	1:27.20	+18.86
	Entry time: 1:28.08 (-0.88)					
	50m: 41.59	100m: 1:27.20 (45.61)				
4	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		263	1:28.72	+20.38
	Entry time: 1:23.55 (+5.17)					
	50m: 41.24	100m: 1:28.72 (47.48)				
5	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		223	1:33.75	+25.41
	Entry time: 1:34.28 (-0.53)					
	50m: 45.51	100m: 1:33.75 (48.24)				
6	Kian V. Eliassen	2013 Fuglafjarðar Svímjifelag		190	1:38.81	+30.47
	Entry time: 1:33.47 (+5.34)					
	50m: 47.30	100m: 1:38.81 (51.51)				
7	Sævar Strøm	2014 Suðuroyar Svímjifelag		162	1:44.29	+35.95
	Entry time: 1:41.64 (+2.65)					
	50m: 48.29	100m: 1:44.29 (56.00)				
8	Tien Rasmussen	2012 Havnar Svímjifelag		150	1:46.85	+38.51
	Entry time: 2:03.21 (-16.36)					
	50m: 49.08	100m: 1:46.85 (57.77)				



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Kapping 16, 100m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
9	Bænadikt Helig Eliassen Entry time: 1:50.41 (-0.86) 50m: 52.71	2013 Fuglafjarðar Svímjifelag 100m: 1:49.55 (56.84)		139	1:49.55	+41.21
10	Ian Strøm Entry time: 1:53.49 (+2.47) 50m: 55.12	2015 Suðuroyar Svímjifelag 100m: 1:55.96 (1:00.84)		118	1:55.96	+47.62
11	Niels Jacob Thomsen Entry time: 1:52.04 (+12.86) 50m: 59.19	2014 Suðuroyar Svímjifelag 100m: 2:04.90 (1:05.71)		94	2:04.90	+56.56
12	Sofus Rúnason Johannesen Entry time: 2:24.12 (-6.99) 50m: 1:05.73	2012 Havnar Svímjifelag 100m: 2:17.13 (1:11.40)		71	2:17.13	+1:08.79

Kapping almenn: 28.02.2026 18:37:07

Kapping 17, 50m Rygg Kvinnur - Final

FAR 29.47 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Kobenhavn (DEN) 13.04.2024
 FAR.JR 29.59 Signhild Joensen 2000 Ægir Klaksvik (FRO) Broenshoej (DEN) 04.04.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther Entry time: 33.28 (+0.52)	2011 Suðuroyar Svímjifelag		501	33.80	
2	Rebekka Róðinsdóttir Entry time: 33.77 (+0.15)	2007 Fuglafjarðar Svímjifelag		496	33.92	+0.12
3	Sirið Vesturtún Entry time: 35.41 (+0.14)	2011 Fuglafjarðar Svímjifelag		431	35.55	+1.75
4	Durita Mohr Askham Entry time: 34.98 (+0.65)	2008 Ægir		428	35.63	+1.83
5	Mariella Annbrittardóttur Henriks Entry time: 40.06 (-2.30)	2010 Havnar Svímjifelag		359	37.76	+3.96
6	Randi Brim Hvidbro Entry time: 39.92 (-1.88)	2012 Ægir		352	38.04	+4.24
7	Lilja Sørensen Entry time: 37.81 (+0.37)	2011 Havnar Svímjifelag		348	38.18	+4.38
8	Noomi Hella Jacobsen Entry time: 41.17 (-0.10)	2012 Havnar Svímjifelag		279	41.07	+7.27
9	Rakul J Højbro Entry time: 43.47 (-0.53)	2011 Fuglafjarðar Svímjifelag		244	42.94	+9.14
10	Julia Amona Ludvig Entry time: 47.16 (-1.52)	2013 Suðuroyar Svímjifelag		203	45.64	+11.84
11	Durita Davidsen Entry time: 58.69 (-12.16)	2011 Ægir		192	46.53	+12.73
12	Julia Bogadóttir Entry time: 51.14 (-2.14)	2011 Ægir		164	49.00	+15.20
13	Tóta Sofía Gudmundsen Entry time: 49.42 (-0.37)	2014 Suðuroyar Svímjifelag		164	49.05	+15.25
14	Karita Tórðardóttir Entry time: 47.39 (+2.65)	2013 Suðuroyar Svímjifelag		154	50.04	+16.24
15	Ingeborg Vinther Entry time: 51.96 (+3.77)	2015 Suðuroyar Svímjifelag		111	55.73	+21.93





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Kapping 17, 50m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
16	Hanna Højbro Entry time: 1:04.26 (-5.00)	2014 Ægir		93	59.26	+25.46
17	Guðrun Fornagarð Entry time: 1:01.18 (+1.96)	2013 Suðuroyar Svímjifelag		76	1:03.14	+29.34

Kapping almenn: 28.02.2026 18:43:48

Kapping 18, 50m Rygg Menn - Final

FAR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
 FAR.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen Entry time: 32.22 (-0.20)	2010 Suðuroyar Svímjifelag		397	32.02	
2	Terji Kjærbo Entry time: 33.56 (+0.47)	2012 Suðuroyar Svímjifelag		331	34.03	+2.01
3	Jónatan Samuelsen Entry time: 34.86 (+0.81)	2010 Havnar Svímjifelag		287	35.67	+3.65
4	Fríðálvur Eliassen Entry time: 38.38 (-0.87)	2011 Fuglafjarðar Svímjifelag		247	37.51	+5.49
5	Bragi Bjarnason Entry time: 38.03 (+0.03)	2012 Havnar Svímjifelag		236	38.06	+6.04
6	Kían V. Eliassen Entry time: 37.59 (+0.76)	2013 Fuglafjarðar Svímjifelag		231	38.35	+6.33
7	Elias Í Lágabø Entry time: 37.67 (+0.89)	2014 Suðuroyar Svímjifelag		227	38.56	+6.54
8	Símun Eliassen Entry time: 37.44 (+1.67)	2011 Havnar Svímjifelag		218	39.11	+7.09
9	Jógvan Vesturtún Entry time: 38.96 (+0.30)	2013 Fuglafjarðar Svímjifelag		215	39.26	+7.24
10	Benjamin Clementsen Entry time: 41.97 (+0.03)	2012 Suðuroyar Svímjifelag		176	42.00	+9.98
11	Tien Rasmussen Entry time: 42.22 (+1.11)	2012 Havnar Svímjifelag		160	43.33	+11.31
12	Sævar Strøm Entry time: 42.57 (+1.15)	2014 Suðuroyar Svímjifelag		156	43.72	+11.70
13	Bárður Rógvason Entry time: 45.93 (-0.38)	2013 Suðuroyar Svímjifelag		138	45.55	+13.53
14	Bænadikt Helig Eliassen Entry time: 45.98 (+0.03)	2013 Fuglafjarðar Svímjifelag		134	46.01	+13.99
15	Jonnhard Winther Entry time: 40.79 (+5.95)	2015 Suðuroyar Svímjifelag		127	46.74	+14.72
16	Niels Jacob Thomsen Entry time: 45.21 (+1.61)	2014 Suðuroyar Svímjifelag		127	46.82	+14.80
17	Ian Strøm Entry time: 46.47 (+1.98)	2015 Suðuroyar Svímjifelag		114	48.45	+16.43
-	Bjarti Ludvig	2006 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 28.02.2026 18:49:11





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Kapping 19, 200m Firvald Kvinnur - Final

FAR 2:25.71 Jóhanna Ólavsdóttir 2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL) 26.01.2025
 FAR.JR 2:25.71 Jóhanna Ólavsdóttir 2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL) 26.01.2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Ægir		503	2:33.13	
	Entry time: 2:25.71 (+7.42)					
	50m: 33.45	100m: 1:13.70 (40.25)	150m: 1:52.85 (39.15)	200m: 2:33.13 (40.28)		
Kapping almenn: 28.02.2026 18:52:18						

Kapping 21, 100m Frí Kvinnur - Final

FAR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 24.02.2018
 FAR.JR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 24.02.2018

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		593	1:01.53	
	Entry time: 1:00.04 (+1.49)					
	50m: 29.52	100m: 1:01.53 (32.01)				
2	Jórun Winther	2011 Suðuroyar Svímjifelag		524	1:04.11	+2.58
	Entry time: 1:02.58 (+1.53)					
	50m: 29.62	100m: 1:04.11 (34.49)				
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		445	1:07.70	+6.17
	Entry time: 1:08.24 (-0.54)					
	50m: 32.48	100m: 1:07.70 (35.22)				
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		442	1:07.88	+6.35
	Entry time: 1:08.27 (-0.39)					
	50m: 31.51	100m: 1:07.88 (36.37)				
5	Emma Debes	2010 Suðuroyar Svímjifelag		427	1:08.64	+7.11
	Entry time: 1:06.80 (+1.84)					
	50m: 32.29	100m: 1:08.64 (36.35)				
6	Lea Petersen	2009 Ægir		408	1:09.67	+8.14
	Entry time: 1:05.48 (+4.19)					
	50m: 32.68	100m: 1:09.67 (36.99)				
7	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag		403	1:09.98	+8.45
	Entry time: 1:06.97 (+3.01)					
	50m: 33.14	100m: 1:09.98 (36.84)				
=8	Sólfríð H. Johannessen	2013 Ægir		350	1:13.33	+11.80
	Entry time: 1:14.18 (-0.85)					
	50m: 36.12	100m: 1:13.33 (37.21)				
=8	Lilja Sørensen	2011 Havnar Svímjifelag		350	1:13.33	+11.80
	Entry time: 1:13.55 (-0.22)					
	50m: 35.58	100m: 1:13.33 (37.75)				
10	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		344	1:13.75	+12.22
	Entry time: 1:13.00 (+0.75)					
	50m: 35.08	100m: 1:13.75 (38.67)				
11	India Linnea Bech	2011 Havnar Svímjifelag		315	1:15.99	+14.46
	Entry time: 1:14.57 (+1.42)					
	50m: 36.18	100m: 1:15.99 (39.81)				
12	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		302	1:17.00	+15.47
	Entry time: 1:17.15 (-0.15)					
	50m: 35.65	100m: 1:17.00 (41.35)				
13	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		283	1:18.71	+17.18
	Entry time: 1:15.20 (+3.51)					
	50m: 37.56	100m: 1:18.71 (41.15)				



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Kapping 21, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
14	Delaila H. Gregersen Entry time: 1:23.77 (-4.82) 50m: 38.96	2013 Ægir 100m: 1:18.95 (39.99)		280	1:18.95	+17.42
15	Randi Brim Hvidbro Entry time: 1:17.67 (+2.50) 50m: 38.42	2012 Ægir 100m: 1:20.17 (41.75)		268	1:20.17	+18.64
16	Viktoria Klettskarð Entry time: 1:23.48 (-1.25) 50m: 38.27	2013 Ægir 100m: 1:22.23 (43.96)		248	1:22.23	+20.70
17	Elisabet Leivsdóttir Entry time: 1:19.55 (+2.88) 50m: 37.98	2014 Havnar Svímjifelag 100m: 1:22.43 (44.45)		246	1:22.43	+20.90
18	Felisia Florinsdóttir Entry time: 1:20.67 (+1.99) 50m: 39.98	2012 Fuglafjarðar Svímjifelag 100m: 1:22.66 (42.68)		244	1:22.66	+21.13
19	Durita Davidsen Entry time: 1:27.39 (+6.66) 50m: 40.70	2011 Ægir 100m: 1:27.39 (46.69)		207	1:27.39	+25.86
20	Tabita Vón Ebbadóttir Entry time: 1:29.00 (-0.09) 50m: 43.88	2013 Ægir 100m: 1:28.91 (45.03)		196	1:28.91	+27.38
21	Tóta Sofía Gudmundsen Entry time: 1:29.99 (+2.69) 50m: 44.10	2014 Suðuroyar Svímjifelag 100m: 1:32.68 (48.58)		173	1:32.68	+31.15
22	Anna K. Lydersen Entry time: 1:38.81 (-5.41) 50m: 45.32	2013 Ægir 100m: 1:33.40 (48.08)		169	1:33.40	+31.87
23	Urd Jákupsdóttir Entry time: 1:36.38 (-2.57) 50m: 43.83	2015 Havnar Svímjifelag 100m: 1:33.81 (49.98)		167	1:33.81	+32.28
24	Mira Sumberg Entry time: 1:39.98 (+3.41) 50m: 48.86	2014 Havnar Svímjifelag 100m: 1:43.39 (54.53)		125	1:43.39	+41.86
25	Hanna Højbro Entry time: 2:16.38 (-31.72) 50m: 50.26	2014 Ægir 100m: 1:44.66 (54.40)		120	1:44.66	+43.13
26	Ingeborg Vinther Entry time: 1:42.63 (+4.07) 50m: 49.47	2015 Suðuroyar Svímjifelag 100m: 1:46.70 (57.23)		113	1:46.70	+45.17
27	Guðrun Fornagarð Entry time: 2:00.84 (-3.35) 50m: 54.18	2013 Suðuroyar Svímjifelag 100m: 1:57.49 (1:03.31)		85	1:57.49	+55.96

Kapping almenn: 28.02.2026 19:17:08

Kapping 22, 100m Frí Menn - Final

FAR	51.84	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Samorin (SVK)	28.06.2025	
FAR.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham Entry time: 54.29 (+0.05) 50m: 26.35	2006 Ægir 100m: 54.34 (27.99)		622	54.34	



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Kapping 22, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Fróði Hansen Entry time: 56.65 (+0.17) 50m: 27.24	2008 Ægir 100m: 56.82 (29.58)		544	56.82	+2.48
3	Tórir Olsen Entry time: 59.47 (-0.61) 50m: 28.14	2011 Ægir 100m: 58.86 (30.72)		489	58.86	+4.52
4	Haraldur Mortensen Entry time: 59.81 (-0.41) 50m: 28.58	2010 Suðuroyar Svímjifelag 100m: 59.40 (30.82)		476	59.40	+5.06
5	Fríðálvur Eliassen Entry time: 1:05.67 (-0.61) 50m: 32.80	2011 Fuglafjarðar Svímjifelag 100m: 1:05.06 (32.26)		362	1:05.06	+10.72
6	Nóa Róason Stakksund Entry time: 1:07.09 (-2.01) 50m: 31.52	2011 Havnar Svímjifelag 100m: 1:05.08 (33.56)		362	1:05.08	+10.74
7	Sigbjartur J. Egholm Entry time: 1:02.02 (+3.22) 50m: 29.72	2009 Havnar Svímjifelag 100m: 1:05.24 (35.52)		359	1:05.24	+10.90
8	Dávur Eið Entry time: 1:06.13 (-0.42) 50m: 31.29	2012 Suðuroyar Svímjifelag 100m: 1:05.71 (34.42)		352	1:05.71	+11.37
9	Jónatan Samuelsen Entry time: 1:06.40 (+1.04) 50m: 31.86	2010 Havnar Svímjifelag 100m: 1:07.44 (35.58)		325	1:07.44	+13.10
10	Terji Kjærbo Entry time: 1:07.92 (+0.95) 50m: 32.71	2012 Suðuroyar Svímjifelag 100m: 1:08.87 (36.16)		305	1:08.87	+14.53
11	Jógvan Vesturtún Entry time: 1:10.59 (-1.22) 50m: 33.26	2013 Fuglafjarðar Svímjifelag 100m: 1:09.37 (36.11)		299	1:09.37	+15.03
12	Kían V. Eliassen Entry time: 1:08.88 (+0.90) 50m: 34.01	2013 Fuglafjarðar Svímjifelag 100m: 1:09.78 (35.77)		294	1:09.78	+15.44
13	Aleks Uadhaw Thomsen Entry time: 1:08.94 (+1.52) 50m: 33.04	2013 Havnar Svímjifelag 100m: 1:10.46 (37.42)		285	1:10.46	+16.12
14	Bragi Bjarnason Entry time: 1:13.47 (-1.95) 50m: 34.88	2012 Havnar Svímjifelag 100m: 1:11.52 (36.64)		273	1:11.52	+17.18
15	Símun Eliassen Entry time: 1:06.34 (+5.50) 50m: 33.07	2011 Havnar Svímjifelag 100m: 1:11.84 (38.77)		269	1:11.84	+17.50
16	Elias Í Lágabø Entry time: 1:11.44 (+3.29) 50m: 35.26	2014 Suðuroyar Svímjifelag 100m: 1:14.73 (39.47)		239	1:14.73	+20.39
17	Bænadikt Helig Eliassen Entry time: 1:22.77 (-3.13) 50m: 38.48	2013 Fuglafjarðar Svímjifelag 100m: 1:19.64 (41.16)		197	1:19.64	+25.30
18	Tien Rasmussen Entry time: 1:18.32 (+2.00) 50m: 38.84	2012 Havnar Svímjifelag 100m: 1:20.32 (41.48)		192	1:20.32	+25.98





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Kapping 22, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
19	Sævar Strøm Entry time: 1:19.69 (+2.28) 50m: 38.51	2014 Suðuroyar Svímjifelag 100m: 1:21.97 (43.46)		181	1:21.97	+27.63
20	Jonhard Winther Entry time: 1:26.96 (-0.72) 50m: 42.08	2015 Suðuroyar Svímjifelag 100m: 1:26.24 (44.16)		155	1:26.24	+31.90
21	Niels Jacob Thomsen Entry time: 1:22.73 (+4.15) 50m: 41.23	2014 Suðuroyar Svímjifelag 100m: 1:26.88 (45.65)		152	1:26.88	+32.54
22	Benjamin Clementsen Entry time: 1:30.52 (-1.23) 50m: 40.34	2012 Suðuroyar Svímjifelag 100m: 1:29.29 (48.95)		140	1:29.29	+34.95
23	Ian Strøm Entry time: 1:23.55 (+6.42) 50m: 41.29	2015 Suðuroyar Svímjifelag 100m: 1:29.97 (48.68)		137	1:29.97	+35.63
24	Sofus Rúnason Johannesen Entry time: 1:39.10 (+6.59) 50m: 48.35	2012 Havnar Svímjifelag 100m: 1:45.69 (57.34)		84	1:45.69	+51.35
-	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag			DNS	

Kapping almenn: 28.02.2026 19:27:31

Kapping 23, 4x100m Blandað Kvinnur - Final

FAR	4:33.08	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	26.04.2019
Raðf	Navn	Aldur Felag	AQU	Tíð	Munur
1	Ægir Liðsvímjingar lið 2	19 Ægir	417	5:06.87	
	Jóhanna Ólavsdóttir	2007	36.96	1:15.68	1:15.68
	Lea Osberg Højsted	2008	36.94	1:19.33	2:35.01
	Durita Mohr Askham	2008	34.96	1:17.51	3:52.52
	Lea Petersen	2009	35.38	1:14.35	5:06.87
2	Fuglafjarðar Svímjifelag	19 Fuglafjarðar Svímjifelag	315	5:36.75	+29.88
	Sirið Vesturtún	2011	37.80	1:19.35	1:19.35
	Rakul J Højbro	2011	48.65	1:42.43	3:01.78
	Rebekka Róðinsdóttir	2007	33.36	1:13.31	4:15.09
	Felisia Florinsdóttir	2012	38.21	1:21.66	5:36.75
3	HS Gentur 1	16 Havnar Svímjifelag	258	5:59.94	+53.07
	Noomi Hella Jacobsen	2012	41.72	1:27.68	1:27.68
	India Linnea Bech	2011	45.19	1:36.86	3:04.54
	Lilja Sørensen	2011	46.43	1:42.44	4:46.98
	Mariella Annbrittardóttur Henriksen	2010	34.24	1:12.96	5:59.94
4	Ægir gentur	14 Ægir	227	6:15.90	+1:09.0
	Randi Brim Hvidbro	2012	42.41	1:26.04	1:26.04
	Tabita Vón Ebbadóttir	2013	54.83	1:53.96	3:20.00
	Delaila H. Gregersen	2013	43.70	1:38.44	4:58.44
	Sólfríð H. Johannessen	2013	37.16	1:17.46	6:15.90





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Kapping 23, 4x100m Blandað Kvinnur - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
-	HS Gentur 2		0 Havnar Svímjifelag		DNS	

Kapping almenn: 28.02.2026 19:42:59

Kapping 24, 4x100m Blandað Menn - Final

FAR	4:01.88	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.04.2025	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS Dreingir		17 Havnar Svímjifelag	270	5:19.80	
	Jónatan Samuelsen	2010		40.70	1:24.33	1:24.33
	Aleks Uadhaw Thomsen	2013		41.20	1:26.96	2:51.29
	Sigbjartur J. Egholm	2009		35.80	1:17.37	4:08.66
	Nóa Róason Stakksund	2011		33.28	1:11.14	5:19.80
2	Fuglafjarðar Svímjifelag		15 Fuglafjarðar Svímjifelag	247	5:29.21	+9.41
	Kian V. Eliassen	2013		40.25	1:21.93	1:21.93
	Jógvan Vesturtún	2013		44.64	1:34.73	2:56.66
	Fríðálvur Eliassen	2011		34.21	1:10.49	4:07.15
	Bænadikt Helig Eliassen	2013		38.27	1:22.06	5:29.21
3	HS Kúllar		15 Havnar Svímjifelag	130	6:47.70	+1:27.9
	Bragi Bjarnason	2012		41.11	1:23.26	1:23.26
	Tien Rasmussen	2012		51.19	1:50.49	3:13.75
	Símun Eliassen	2011		47.60	1:46.67	5:00.42
	Sofus Rúnason Johannesen	2012		50.03	1:47.28	6:47.70
-	HS Menn		0 Havnar Svímjifelag		DNS	

Kapping almenn: 28.02.2026 19:51:10

Kapping 25, 50m Firvald Kvinnur - Final

FAR	28.29	Astrid Foldarskarð	1994 Svímjifelagið Flot (FRO)	Broenshoej (DEN)	30.03.2014		
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	14.04.2018		
Raðf	Navn	Føðia	Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir		2007 Ægir		526	30.26	
	Entry time: 30.41		(-0.15)				
2	Mariella Annbrittardóttur Henriks		2010 Havnar Svímjifelag		441	32.08	+1.82
	Entry time: 31.06		(+1.02)				
3	Durita Mohr Askham		2008 Ægir		406	32.97	+2.71
	Entry time: 32.74		(+0.23)				
4	Sirið Vesturtún		2011 Fuglafjarðar Svímjifelag		405	33.00	+2.74
	Entry time: 31.91		(+1.09)				
5	Talita Johannesen		2010 Suðuroyar Svímjifelag		356	34.46	+4.20
	Entry time: 34.42		(+0.04)				



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Kapping 25, 50m Firvald Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Lilja Sørensen Entry time: 36.51 (-0.62)	2011 Havnar Svímjifelag		315	35.89	+5.63
7	Noomi Hella Jacobsen Entry time: 40.92 (-2.42)	2012 Havnar Svímjifelag		255	38.50	+8.24
8	Delaila H. Gregersen Entry time: 40.33 (-1.16)	2013 Ægir		242	39.17	+8.91
9	Viktoria Klettskarð Entry time: 46.03 (-1.83)	2013 Ægir		168	44.20	+13.94
10	Tóta Sofía Gudmundsen Entry time: 47.73 (+2.18)	2014 Suðuroyar Svímjifelag		117	49.91	+19.65
11	Karita Tórðardóttir Entry time: 1:03.35 (-3.70)	2013 Suðuroyar Svímjifelag		68	59.65	+29.39

Kapping almenn: 01.03.2026 13:33:18

Kapping 26, 50m Firvald Menn - Final

FAR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012
 FAR.JR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen Entry time: 27.06 (-0.13)	2008 Ægir		565	26.93	
2	Haraldur Mortensen Entry time: 29.02 (-0.27)	2010 Suðuroyar Svímjifelag		464	28.75	+1.82
3	Fríðálvur Eliassen Entry time: 30.56 (-0.30)	2011 Fuglafjarðar Svímjifelag		398	30.26	+3.33
4	Sigbjartur J. Egholm Entry time: 29.63 (+2.18)	2009 Havnar Svímjifelag		343	31.81	+4.88
5	Tórir Olsen Entry time: 32.83 (-0.57)	2011 Ægir		328	32.26	+5.33
6	Dávur Eið Entry time: 34.28 (-1.02)	2012 Suðuroyar Svímjifelag		300	33.26	+6.33
7	Símur Eliassen Entry time: 33.47 (-0.08)	2011 Havnar Svímjifelag		296	33.39	+6.46
8	Terji Kjærbo Entry time: 33.76 (+0.75)	2012 Suðuroyar Svímjifelag		268	34.51	+7.58
9	Aleks Uadhaw Thomsen Entry time: 37.27 (-2.10)	2013 Havnar Svímjifelag		253	35.17	+8.24
10	Kían V. Eliassen Entry time: 36.21 (+1.31)	2013 Fuglafjarðar Svímjifelag		209	37.52	+10.59
11	Sævar Strøm Entry time: 38.15 (-0.23)	2014 Suðuroyar Svímjifelag		202	37.92	+10.99
12	Tien Rasmussen Entry time: 38.09 (-0.02)	2012 Havnar Svímjifelag		200	38.07	+11.14
13	Jógvan Vesturtún Entry time: 38.61 (-0.15)	2013 Fuglafjarðar Svímjifelag		194	38.46	+11.53
14	Niels Jacob Thomsen Entry time: 38.57 (+0.46)	2014 Suðuroyar Svímjifelag		185	39.03	+12.10



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Kapping 26, 50m Firvald Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
15	Bænadikt Helig Eliassen Entry time: 39.75 (+1.70)	2013 Fuglafjarðar Svímjifelag		155	41.45	+14.52
16	Ian Strøm Entry time: 46.05 (+3.29)	2015 Suðuroyar Svímjifelag		91	49.34	+22.41
17	Jonnhard Winther Entry time: 50.02 (+1.33)	2015 Suðuroyar Svímjifelag		81	51.35	+24.42
-	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag			DNS	
-	Bjarti Ludvig	2006 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 01.03.2026 13:37:38

Kapping 27, 200m Frí Kvinnur - Final

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016
 FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted Entry time: 2:14.24 (-0.53) 50m: 30.64	2008 Ægir		591	2:13.71	
2	Jórun Winther Entry time: 2:18.30 (+3.76) 50m: 31.61	2011 Suðuroyar Svímjifelag		493	2:22.06	+8.35
3	Lea Í Trøðini Entry time: 2:39.20 (+0.02) 50m: 35.42	2011 Suðuroyar Svímjifelag		350	2:39.22	+25.51
4	India Linnea Bech Entry time: 2:39.27 (+0.78) 50m: 37.25	2011 Havnar Svímjifelag		344	2:40.05	+26.34
5	Randi Brim Hvidbro Entry time: 2:56.68 (+0.02) 50m: 39.01	2012 Ægir		256	2:56.70	+42.99
6	Viktoria Klettskarð Entry time: 3:00.09 (-1.18) 50m: 42.01	2013 Ægir		246	2:58.91	+45.20
7	Anna K. Lydersen Entry time: 3:49.05 (-37.49) 50m: 44.44	2013 Ægir		201	3:11.56	+57.85
8	Tóta Sofia Gudmundsen Entry time: 3:24.96 (-12.06) 50m: 44.61	2014 Suðuroyar Svímjifelag		196	3:12.90	+59.19

Kapping almenn: 01.03.2026 13:44:53

Kapping 28, 200m Frí Menn - Final

FAR 1:48.98 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 23.03.2012
 FAR.JR 1:52.17 Liggjas Joensen 2008 Ægir Klaksvik (FRO) Samorin (SVK) 01.07.2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham Entry time: 1:56.17 (+2.82) 50m: 27.68	2006 Ægir		629	1:58.99	
2	Tórir Olsen Entry time: 2:07.88 (+1.13) 50m: 29.62	2011 Ægir		494	2:09.01	+10.02

01-03-2026 15:10:07

Dátaviðgerð: Swimify 2.13

Loyvt: Suðuroyar Svímjifelag

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Kapping 28, 200m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Bragi Bjarnason	2012 Havnar Svímjifelag		335	2:26.81	+27.82
	Entry time: 2:43.47 (-16.66)					
	50m: 33.61	100m: 1:11.05 (37.44)	150m: 1:48.84 (37.79)	200m: 2:26.81 (37.97)		
4	Nóa Róason Stakksund	2011 Havnar Svímjifelag		324	2:28.37	+29.38
	Entry time: 2:25.99 (+2.38)					
	50m: 31.43	100m: 1:08.14 (36.71)	150m: 1:48.62 (40.48)	200m: 2:28.37 (39.75)		
5	Elias Í Lágabø	2014 Suðuroyar Svímjifelag		269	2:37.94	+38.95
	Entry time: 2:41.58 (-3.64)					
	50m: 35.82	100m: 1:16.80 (40.98)	150m: 1:59.34 (42.54)	200m: 2:37.94 (38.60)		
6	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		266	2:38.56	+39.57
	Entry time: 2:40.05 (-1.49)					
	50m: 35.22	100m: 1:15.80 (40.58)	150m: 1:57.70 (41.90)	200m: 2:38.56 (40.86)		
7	Kian V. Eliassen	2013 Fuglafjarðar Svímjifelag		249	2:42.09	+43.10
	Entry time: 2:30.70 (+11.39)					
	50m: 35.96	100m: 1:16.35 (40.39)	150m: 1:59.31 (42.96)	200m: 2:42.09 (42.78)		
8	Jonnhard Winther	2015 Suðuroyar Svímjifelag		163	3:06.37	+1:07.38
	Entry time: 3:22.53 (-16.16)					
	50m: 42.86	100m: 1:30.77 (47.91)	150m: 2:21.06 (50.29)	200m: 3:06.37 (45.31)		
9	Bárður Rógvason	2013 Suðuroyar Svímjifelag		163	3:06.62	+1:07.63
	Entry time: 3:17.32 (-10.70)					
	50m: 41.56	100m: 1:30.50 (48.94)	150m: 2:20.01 (49.51)	200m: 3:06.62 (46.61)		
10	Tien Rasmussen	2012 Havnar Svímjifelag		162	3:06.78	+1:07.79
	Entry time: 3:00.67 (+6.11)					
	50m: 42.00	100m: 1:30.96 (48.96)	150m: 2:20.62 (49.66)	200m: 3:06.78 (46.16)		
11	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		143	3:15.03	+1:16.04
	Entry time: 3:40.41 (-25.38)					
	50m: 40.96	100m: 1:31.01 (50.05)	150m: 2:23.89 (52.88)	200m: 3:15.03 (51.14)		
12	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		103	3:37.47	+1:38.48
	Entry time: 3:39.51 (-2.04)					
	50m: 46.45	100m: 1:45.73 (59.28)	150m: 2:42.07 (56.34)	200m: 3:37.47 (55.40)		
-	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag			DNS	

Kapping almenn: 01.03.2026 13:57:50

Kapping 29, 50m Bringu Kvinnur - Final

FAR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FAR.JR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Ægir		586	34.83	
	Entry time: 33.11 (+1.72)					
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		547	35.64	+0.81
	Entry time: 35.52 (+0.12)					
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		471	37.46	+2.63
	Entry time: 36.64 (+0.82)					
4	Emma Debes	2010 Suðuroyar Svímjifelag		437	38.42	+3.59
	Entry time: 38.96 (-0.54)					
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		391	39.86	+5.03
	Entry time: 39.67 (+0.19)					
6	Durita Mohr Askham	2008 Ægir		368	40.67	+5.84
	Entry time: 40.01 (+0.66)					



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Kapping 29, 50m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
7	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag		355	41.17	+6.34
	Entry time: 38.97 (+2.20)					
8	India Linnea Bech	2011 Havnar Svímjifelag		291	44.00	+9.17
	Entry time: 42.94 (+1.06)					
9	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag		284	44.34	+9.51
	Entry time: 43.88 (+0.46)					
10	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		280	44.52	+9.69
	Entry time: 45.31 (-0.79)					
11	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		270	45.10	+10.27
	Entry time: 44.67 (+0.43)					
12	Delaila H. Gregersen	2013 Ægir		248	46.37	+11.54
	Entry time: 45.51 (+0.86)					
13	Julia Amona Ludvig	2013 Suðuroyar Svímjifelag		225	47.94	+13.11
	Entry time: 48.52 (-0.58)					
14	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		221	48.18	+13.35
	Entry time: 50.03 (-1.85)					
15	Urd Jákupsdóttir	2015 Havnar Svímjifelag		185	51.15	+16.32
	Entry time: 52.25 (-1.10)					
16	Tabita Vón Ebbadóttir	2013 Ægir		165	53.13	+18.30
	Entry time: 53.03 (+0.10)					
17	Durita Davidsen	2011 Ægir		156	54.11	+19.28
18	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag		134	56.95	+22.12
	Entry time: 53.72 (+3.23)					
19	Ingeborg Vinther	2015 Suðuroyar Svímjifelag		132	57.13	+22.30
	Entry time: 53.87 (+3.26)					
20	Mira Sumberg	2014 Havnar Svímjifelag		104	1:01.88	+27.05
	Entry time: 1:03.83 (-1.95)					
21	Hanna Højbro	2014 Ægir		95	1:03.85	+29.02
22	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag		69	1:10.93	+36.10
	Entry time: 1:12.43 (-1.50)					
23	Julia Bogadóttir	2011 Ægir		66	1:11.80	+36.97
	- Anna K. Lydersen	2013 Ægir			DSQ	
	SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)					
	Kapping almenn: 01.03.2026 14:05:24					

Kapping 30, 50m Bringu Menn - Final

FAR	29.09	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Samorin (SVK)	26.06.2025	
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	17.04.2016	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Ægir		572	31.26	
	Entry time: 30.79 (+0.47)					
2	Jón Hofgaard	1992 Suðuroyar Svímjifelag		565	31.38	+0.12
	Entry time: 30.27 (+1.11)					
3	Dávur Eið	2012 Suðuroyar Svímjifelag		287	39.30	+8.04
	Entry time: 39.13 (+0.17)					





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Kapping 30, 50m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Jónatan Samuelsen Entry time: 41.93 (-2.60)	2010 Havnar Svímjifelag		287	39.33	+8.07
5	Sigbjartur J. Egholm Entry time: 37.27 (+2.58)	2009 Havnar Svímjifelag		276	39.85	+8.59
6	Aleks Uadhaw Thomsen Entry time: 40.61 (-0.43)	2013 Havnar Svímjifelag		269	40.18	+8.92
7	Símun Eliassen Entry time: 50.43 (-7.77)	2011 Havnar Svímjifelag		225	42.66	+11.40
8	Elias Í Lágabø Entry time: 42.49 (+2.00)	2014 Suðuroyar Svímjifelag		198	44.49	+13.23
9	Sævar Strøm Entry time: 46.85 (-2.06)	2014 Suðuroyar Svímjifelag		194	44.79	+13.53
10	Jógvan Vesturtún Entry time: 43.39 (+1.54)	2013 Fuglafjarðar Svímjifelag		192	44.93	+13.67
11	Tien Rasmussen Entry time: 47.02 (-0.59)	2012 Havnar Svímjifelag		174	46.43	+15.17
12	Kian V. Eliassen Entry time: 42.80 (+3.65)	2013 Fuglafjarðar Svímjifelag		174	46.45	+15.19
13	Benjamin Clementsen Entry time: 49.78 (-0.06)	2012 Suðuroyar Svímjifelag		142	49.72	+18.46
14	Niels Jacob Thomsen Entry time: 51.19 (-0.52)	2014 Suðuroyar Svímjifelag		134	50.67	+19.41
15	Ian Strøm Entry time: 50.01 (+0.75)	2015 Suðuroyar Svímjifelag		133	50.76	+19.50
16	Bárður Rógvason Entry time: 55.13 (-0.66)	2013 Suðuroyar Svímjifelag		108	54.47	+23.21
17	Sofus Rúnason Johannesen Entry time: 1:04.11 (+0.03)	2012 Havnar Svímjifelag		66	1:04.14	+32.88

Kapping almenn: 01.03.2026 14:07:59

Kapping 31, 100m Rygg Kvinnur - Final

FAR 1:03.01 Signhild Joensen 2000 Ægir Klaksvik (FRO) Bergen (NOR) 06.04.2019
 FAR.JR 1:03.38 Signhild Joensen 2000 Ægir Klaksvik (FRO) Broenshoej (DEN) 03.04.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir Entry time: 1:10.45 (+1.43) 50m: 35.04 100m: 1:11.88 (36.84)	2007 Fuglafjarðar Svímjifelag		502	1:11.88	
2	Jórun Winther Entry time: 1:12.91 (-0.83) 50m: 34.67 100m: 1:12.08 (37.41)	2011 Suðuroyar Svímjifelag		497	1:12.08	+0.20
3	Durita Mohr Askham Entry time: 1:17.38 (+0.47) 50m: 37.54 100m: 1:17.85 (40.31)	2008 Ægir		395	1:17.85	+5.97
4	Sirið Vesturtún Entry time: 1:15.95 (+2.88) 50m: 37.25 100m: 1:18.83 (41.58)	2011 Fuglafjarðar Svímjifelag		380	1:18.83	+6.95



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Kapping 31, 100m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Randi Brim Hvidbro Entry time: 1:28.54 (-5.41) 50m: 41.28	2012 Ægir 100m: 1:23.13 (41.85)		324	1:23.13	+11.25
6	Lilja Sørensen Entry time: 1:25.73 (-1.89) 50m: 39.91	2011 Havnar Svímjifelag 100m: 1:23.84 (43.93)		316	1:23.84	+11.96
7	Lea Í Trøðini Entry time: 1:26.15 (-0.08) 50m: 42.10	2011 Suðuroyar Svímjifelag 100m: 1:26.07 (43.97)		292	1:26.07	+14.19
8	Noomi Hella Jacobsen Entry time: 1:28.70 (+0.01) 50m: 41.77	2012 Havnar Svímjifelag 100m: 1:28.71 (46.94)		267	1:28.71	+16.83
9	Rakul J Højbro Entry time: 1:50.71 (-21.23) 50m: 45.65	2011 Fuglafjarðar Svímjifelag 100m: 1:29.48 (43.83)		260	1:29.48	+17.60
10	Karita Tórðardóttir Entry time: 1:49.54 (-4.13) 50m: 50.67	2013 Suðuroyar Svímjifelag 100m: 1:45.41 (54.74)		159	1:45.41	+33.53
11	Julia Bogadóttir 50m: 52.23	2011 Ægir 100m: 1:53.76 (1:01.53)		126	1:53.76	+41.88

Kapping almenn: 01.03.2026 14:28:31

Kapping 32, 100m Rygg Menn - Final

FAR 56.64 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 15.07.2012
 FAR.JR 56.64 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 15.07.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen Entry time: 1:12.68 (+0.38) 50m: 35.29	2010 Suðuroyar Svímjifelag 100m: 1:13.06 (37.77)		352	1:13.06	
2	Terji Kjærbo Entry time: 1:15.04 (+2.21) 50m: 36.97	2012 Suðuroyar Svímjifelag 100m: 1:17.25 (40.28)		298	1:17.25	+4.19
3	Bragi Bjarnason Entry time: 1:24.39 (-4.73) 50m: 39.52	2012 Havnar Svímjifelag 100m: 1:19.66 (40.14)		271	1:19.66	+6.60
4	Jógvan Vesturtún Entry time: 1:23.02 (+0.34) 50m: 40.24	2013 Fuglafjarðar Svímjifelag 100m: 1:23.36 (43.12)		237	1:23.36	+10.30
5	Elias Í Lágabø Entry time: 1:22.64 (+2.95) 50m: 41.63	2014 Suðuroyar Svímjifelag 100m: 1:25.59 (43.96)		219	1:25.59	+12.53
6	Símun Eliassen Entry time: 1:22.34 (+3.74) 50m: 41.73	2011 Havnar Svímjifelag 100m: 1:26.08 (44.35)		215	1:26.08	+13.02
7	Sævar Strøm Entry time: 1:35.47 (-3.09) 50m: 45.05	2014 Suðuroyar Svímjifelag 100m: 1:32.38 (47.33)		174	1:32.38	+19.32
8	Jonnhard Winther Entry time: 1:31.39 (+1.29) 50m: 45.51	2015 Suðuroyar Svímjifelag 100m: 1:32.68 (47.17)		172	1:32.68	+19.62





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Kapping 32, 100m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
9	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		171	1:32.94	+19.88
	Entry time: 1:35.74 (-2.80)					
	50m: 46.68	100m: 1:32.94 (46.26)				
10	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		169	1:33.16	+20.10
	Entry time: 1:32.29 (+0.87)					
	50m: 45.02	100m: 1:33.16 (48.14)				
11	Ian Strøm	2015 Suðuroyar Svímjifelag		97	1:52.12	+39.06
	Entry time: 1:50.90 (+1.22)					
	50m: 52.37	100m: 1:52.12 (59.75)				
12	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		75	2:02.12	+49.06
	50m: 59.82	100m: 2:02.12 (1:02.30)				
Kapping almenn: 01.03.2026 14:34:00						

Kapping 33, 200m Blandað Kvinnur - Final

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)		23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)		23.01.2016
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Ægir		550	2:33.40	
	Entry time: 2:30.59 (+2.81)					
	50m: 31.93	100m: 1:11.25 (39.32)	150m: 1:57.99 (46.74)	200m: 2:33.40 (35.41)		
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		454	2:43.49	+10.09
	Entry time: 2:43.03 (+0.46)					
	50m: 34.26	100m: 1:19.01 (44.75)	150m: 2:04.03 (45.02)	200m: 2:43.49 (39.46)		
3	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		258	3:17.24	+43.84
	Entry time: 3:33.64 (-16.40)					
	50m: 43.61	100m: 1:35.82 (52.21)	150m: 2:30.99 (55.17)	200m: 3:17.24 (46.25)		
4	Delaila H. Gregersen	2013 Ægir		257	3:17.58	+44.18
	Entry time: 3:29.66 (-12.08)					
	50m: 43.03	100m: 1:36.13 (53.10)	150m: 2:34.16 (58.03)	200m: 3:17.58 (43.42)		
5	Viktoria Klettskarð	2013 Ægir		188	3:39.30	+1:05.90
	Entry time: 3:33.53 (+5.77)					
	50m: 48.46	100m: 1:48.87 (1:00.41)	150m: 2:50.13 (1:01.26)	200m: 3:39.30 (49.17)		
6	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		147	3:58.14	+1:24.74
	50m: 56.65	100m: 1:52.66 (56.01)	150m: 3:10.80 (1:18.14)	200m: 3:58.14 (47.34)		
Kapping almenn: 01.03.2026 14:38:33						

Kapping 34, 200m Blandað Menn - Final

FAR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012
FAR.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Tórir Olsen	2011 Ægir		414	2:31.14	
	Entry time: 2:33.01 (-1.87)					
	50m: 32.23	100m: 1:12.50 (40.27)	150m: 1:57.60 (45.10)	200m: 2:31.14 (33.54)		
2	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		359	2:38.46	+7.32
	Entry time: 2:44.01 (-5.55)					
	50m: 33.45	100m: 1:17.43 (43.98)	150m: 2:05.26 (47.83)	200m: 2:38.46 (33.20)		
3	Dávur Eið	2012 Suðuroyar Svímjifelag		298	2:48.57	+17.43
	Entry time: 2:51.07 (-2.50)					
	50m: 36.18	100m: 1:24.18 (48.00)	150m: 2:11.04 (46.86)	200m: 2:48.57 (37.53)		





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Kapping 34, 200m Blandað Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Jónatan Samuelson	2010 Havnar Svímjifelag		280	2:52.19	+21.05
	Entry time: 2:55.01 (-2.82)					
	50m: 37.70	100m: 1:21.73 (44.03)	150m: 2:11.34 (49.61)		200m: 2:52.19 (40.85)	
5	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		267	2:54.99	+23.85
	Entry time: 3:02.20 (-7.21)					
	50m: 38.20	100m: 1:27.32 (49.12)	150m: 2:16.82 (49.50)		200m: 2:54.99 (38.17)	
6	Bragi Bjarnason	2012 Havnar Svímjifelag		251	2:58.52	+27.38
	Entry time: 3:02.06 (-3.54)					
	50m: 38.98	100m: 1:23.46 (44.48)	150m: 2:19.58 (56.12)		200m: 2:58.52 (38.94)	
7	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		138	3:38.06	+1:06.92
	Entry time: 3:28.79 (+9.27)					
	50m: 51.27	100m: 1:45.89 (54.62)	150m: 2:50.66 (1:04.77)		200m: 3:38.06 (47.40)	

Kapping almenn: 01.03.2026 14:46:30

Kapping 35, 4x100m Frí Kvinnur - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
	FAR 4:03.56		Ægir Klaksvik			27.05.2017
	FAR.JR 4:06.78		Ægir Klaksvik			13.03.2016
			Ægir Klaksvik (FRO)			Vegur (FRO)
			Ægir Klaksvik (FRO)			Vegur (FRO)
1	Ægir Liðsvímjingar lið 2	19	Ægir	386	4:45.51	
	Lea Osberg Højsted	2008		30.28	1:03.22	1:03.22
	Anna K. Lydersen	2013		41.75	1:27.99	2:31.21
	Durita Mohr Askham	2008		31.86	1:07.45	3:38.66
	Jóhanna Ólavsdóttir	2007		31.58	1:06.85	4:45.51
2	Fuglafjarðar Svímjifelag	19	Fuglafjarðar Svímjifelag	356	4:53.42	+7.91
	Rebekka Róðinsdóttir	2007		31.88	1:05.86	1:05.86
	Felisia Florinsdóttir	2012		39.00	1:23.50	2:29.36
	Sirið Vesturtún	2011		30.98	1:07.22	3:36.58
	Rakul J Højbro	2011		36.94	1:16.84	4:53.42
3	HS Gentur 1	16	Havnar Svímjifelag	307	5:08.00	+22.49
	Lilja Sørensen	2011		36.34	1:14.75	1:14.75
	India Linnea Bech	2011		37.72	1:19.31	2:34.06
	Noomi Hella Jacobsen	2012		39.11	1:22.31	3:56.37
	Mariella Annbrittardóttir Henriksen	2010		33.96	1:11.63	5:08.00
4	Ægir gentur	14	Ægir	229	5:39.61	+54.10
	Delaila H. Gregersen	2013		37.78	1:18.61	1:18.61
	Randi Brim Hvidbro	2012		41.60	1:27.24	2:45.85
	Viktoria Klettskarð	2013		40.34	1:26.34	4:12.19
	Tabita Vón Ebbadóttir	2013		40.52	1:27.42	5:39.61
-	HS Gentur 2	0	Havnar Svímjifelag		DNS	

Kapping almenn: 01.03.2026 15:08:02

Kapping 36, 4x100m Frí Menn - Final





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Kapping 36, 4x100m Frí Menn - Final

FAR	3:36.51	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	25.04.2025
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	HS Dreingir		17 Havnar Svímjifelag	318	4:35.55
	Sigbjartur J. Egholm	2009		29.97 1:04.41	1:04.41
	Jónatan Samuelsen	2010		33.34 1:10.45	2:14.86
	Símun Eliassen	2011		32.49 1:09.13	3:23.99
	Nóa Róason Stakksund	2011		34.03 1:11.56	4:35.55
2	Fuglafjarðar Svímjifelag		15 Fuglafjarðar Svímjifelag	274	4:49.78 +14.23
	Jógvan Vesturtún	2013		33.37 1:10.80	1:10.80
	Fríðálvur Eliassen	2011		32.59 1:06.02	2:16.82
	Kian V. Eliassen	2013		33.58 1:10.84	3:27.66
	Bænadikt Helig Eliassen	2013		39.42 1:22.12	4:49.78
-	HS Kúllar		14 Havnar Svímjifelag		DSQ
	SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)				
	Aleks Uadhaw Thomsen	2013		33.54 1:11.44	1:11.44
	Sofus Rúnason Johannesen	2012		48.82 1:47.87	2:59.31
	Bragi Bjarnason	2012			DSQ
	Tien Rasmussen	2012			
-	HS Menn		0 Havnar Svímjifelag		DNS

Kapping almenn: 01.03.2026 15:08:19

