



Úrslit

FM & JM á stuttgeil 2025

Stað: Klaksvíkar Svímjikhøll
Hylur: 25m

Fyrirreikari
Stevnudagur:

Svimjisamband Føroya
nov 7, 2025 til nov 9, 2025

Kapping 1, 4x50m Frí Mix Jr-Y - Innleiðandi

FRO 1:42.22 Ægir Klaksvík Ægir Klaksvík (FRO) Torshavn (FRO) 08.11.2024
FRO.JR 1:43.58 Ægir Klaksvík Ægir Klaksvík (FRO) Torshavn (FRO) 10.11.2023

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1 HS 3			16 Havnar Svímjifelag	437 Q	1:55.05	
	Sigbjartur J. Egholm	2009	+0.75			
	Mariella Annbrittardóttur Henriksen	2010		26.82	26.82	
	Lilja Lenvig Harrysdóttir	2009	+0.59	59.71	1:26.53	
	Jónatan Samuelsen	2010	+0.18	29.04	57.49	
2 HS 2			16 Havnar Svímjifelag	338 Q	2:05.33	
	Jens Martin Dam	2009	+0.80			
	Halla Háfoss	2009		28.94	28.94	
	Lilja Sørensen	2011	+0.34	1:03.70	1:32.64	
	Andrias Mellemgard	2009	S9 +1.21	32.74	59.90	
- Suðuroyar Svímjifelag			16 Suðuroyar Svímjifelag	411 Q	1:57.38	91,40 %
	Terji Kjærbo	2012	+0.74			
	Dávur Eið	2012		31.00	31.00	
	Bjarta í Lágabø	2009	+0.24	58.33	1:29.33	
	Jórun Winther	2011	+0.47	28.32	1:01.01	

Kapping almenn: 07.11.2025 09:39:29

Kapping 1, 4x50m Frí Mix Jr-E - Innleiðandi

FRO 1:42.22 Ægir Klaksvík Ægir Klaksvík (FRO) Torshavn (FRO) 08.11.2024
FRO.JR 1:43.58 Ægir Klaksvík Ægir Klaksvík (FRO) Torshavn (FRO) 10.11.2023

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1 Ægir			17 Svímjifelagið Ægir	513 Q	1:49.03	95,43 %
	Lea Osberg Højsted	2008	+0.75			
	Bárður Ólavsson	2008		27.66	27.66	
	Fróði Hansen	2008	+0.31	52.42	1:20.08	
	Durita Mohr Askham	2008	+0.37	25.42	54.66	
- Ægir lið 3			18 Svímjifelagið Ægir	437 Q	1:55.07	
	Randi Brim Hvidbro	2012	---			
	Lukas Bessason	2007		34.92	34.92	
	Tórir Olsen	2011	+0.15	51.02	1:25.94	
	Jóhanna Ólavsdóttir	2007	+0.31	25.55	1:00.39	

Kapping almenn: 07.11.2025 09:39:29

Kapping 1, 4x50m Frí Mix FM - Innleiðandi

FRO 1:42.22 Ægir Klaksvík Ægir Klaksvík (FRO) Torshavn (FRO) 08.11.2024
FRO.JR 1:43.58 Ægir Klaksvík Ægir Klaksvík (FRO) Torshavn (FRO) 10.11.2023

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
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09-11-2025 18:15:16

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 1/89





Úrslit

Kapping 1, 4x50m Frí Mix FM - Innleiðandi

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir		17 Svímjifelagið Ægir	513 Q	1:49.03	95,43 %
	Lea Osberg Højsted	2008	+0.75			
	Bárður Ólavsson	2008		27.66	27.66	
	Fróði Hansen	2008	+0.31	52.42	1:20.08	
	Durita Mohr Askham	2008	+0.37	25.42	54.66	
2	HS 3		16 Havnar Svímjifelag	437 Q	1:55.05	
	Sigbjartur J. Egholm	2009	+0.75			
	Mariella Annbrittardóttir Henriksen	2010		26.82	26.82	
	Lilja Lenvig Harrysdóttir	2009	+0.59	59.71	1:26.53	
	Jónatan Samuelsen	2010	+0.18	29.04	57.49	
3	Ægir lið 3		18 Svímjifelagið Ægir	437 Q	1:55.07	
	Randi Brim Hvidbro	2012	---			
	Lukas Bessason	2007		34.92	34.92	
	Tórir Olsen	2011	+0.15	51.02	1:25.94	
	Jóhanna Ólavsdóttir	2007	+0.31	25.55	1:00.39	
4	HS 1		19 Havnar Svímjifelag	431 Q	1:55.55	
	Óli Mikkelsen	2008	+0.73			
	Noomi Hella Jacobsen	2012		24.76	24.76	
	Oddvá Seda D. Nattestad	2006	+0.86	1:03.99	1:28.75	
	Ólavur Winther Jákupsson	2008	+0.27	30.60	58.15	
5	Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag	411 Q	1:57.38	91,40 %
	Terji Kjærbo	2012	+0.74			
	Dávur Eið	2012		31.00	31.00	
	Bjarta í Lágabø	2009	+0.24	58.33	1:29.33	
	Jórun Winther	2011	+0.47	28.32	1:01.01	
6	HS 2		16 Havnar Svímjifelag	338 Q	2:05.33	
	Jens Martin Dam	2009	+0.80			
	Halla Háfoss	2009		28.94	28.94	
	Lilja Sørensen	2011	+0.34	1:03.70	1:32.64	
	Andrias Mellempgaard	2009	S9	+1.21	32.74	59.90
-	Ægir lið 2		19 Svímjifelagið Ægir		DSQ	
	SW 10.11 Tjóvstartur í liðsvímjng. _ svímjari					
	Sólfríð H. Johannessen	2013	+0.52			
	Heini Mohr Askham	2006		33.98	33.98	
	Benjamin Havn	2011	+0.57		DSQ	
	Lea Petersen	2009	+0.49			
-	FS		20 Fuglafjarðar Svímjifelag		DNS	
	Karl Joensen	2005	---			
	Rakul J Højbro	2011				
	Fríðálvur Eliassen	2011				
	Sirið Vesturtún	2011				

Kapping almenn: 07.11.2025 09:39:29



Úrslit

Kapping 1, 4x50m Frí Mix Jr-Y - Final

FRO 1:42.22 Ægir Klaksvik Ægir Klaksvik (FRO) Torshavn (FRO) 08.11.2024
FRO.JR 1:43.58 Ægir Klaksvik Ægir Klaksvik (FRO) Torshavn (FRO) 10.11.2023

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS 2		16 Havnar Svímjifelag	341	2:04.91	100,34
	Nóa Róason Stakksund	2011	+0.71	29.25	29.25	
	Lilja Sørensen	2011	+0.60	32.42	1:01.67	
	Halla Háfoss	2009	+0.41	30.67	1:32.34	
	Andrias Mellemgaard	2009	S9 +0.73	32.57	2:04.91	

Kapping almenn: 07.11.2025 17:06:23

Kapping 1, 4x50m Frí Mix Jr-E - Final

FRO 1:42.22 Ægir Klaksvik Ægir Klaksvik (FRO) Torshavn (FRO) 08.11.2024
FRO.JR 1:43.58 Ægir Klaksvik Ægir Klaksvik (FRO) Torshavn (FRO) 10.11.2023

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir lið 3		18 Svímjifelagið Ægir	474	1:51.96	102,70
	Bárður Ólavsson	2008	+0.66	26.44	26.44	
	Jóhanna Ólavsdóttir	2007	+0.33	28.61	55.05	
	Benjamin Havn	2011	+0.32	27.59	1:22.64	
	Lea Petersen	2009	+0.42	29.32	1:51.96	

Kapping almenn: 07.11.2025 17:06:23

Kapping 1, 4x50m Frí Mix FM - Final

FRO 1:42.22 Ægir Klaksvik Ægir Klaksvik (FRO) Torshavn (FRO) 08.11.2024
FRO.JR 1:43.58 Ægir Klaksvik Ægir Klaksvik (FRO) Torshavn (FRO) 10.11.2023

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir		19 Svímjifelagið Ægir	598	1:43.63	104,95
	Lea Osberg Højsted	2008	+0.74	26.97	26.97	
	Heini Mohr Askham	2006	+0.47	23.92	50.89	
	Lukas Bessason	2007	+0.33	25.09	1:15.98	
	Durita Mohr Askham	2008	+0.24	27.65	1:43.63	
2	Suðuroyar Svímjifelag		19 Suðuroyar Svímjifelag	563	1:45.74	109,92
	Bjarti Ludvig	2006	+0.82	26.00	26.00	
	Haraldur Mortensen	2010	+0.12	25.68	51.68	
	Jórun Winther	2011	+0.22	27.21	1:18.89	
	Bjarta í Lágabø	2009	+0.03	26.85	1:45.74	
3	HS 1		19 Havnar Svímjifelag	534	1:47.64	106,85
	Óli Mikkelsen	2008	+0.78	25.49	25.49	
	Mariella Annbrittardóttur Henriksen	2010	+0.67	30.00	55.49	
	Lilja Lenvig Harrýsdóttir	2009	+0.62	28.72	1:24.21	
	Isak Brisenfeldt	2006	+0.38	23.43	1:47.64	



Úrslit

Kapping 1, 4x50m Frí Mix FM - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
4	Ægir lið 3		18 Svímjifelagið Ægir	474	1:51.96	102,70	
	Bárður Ólavsson	2008	+0.66	26.44	26.44		
	Jóhanna Ólavsdóttir	2007	+0.33	28.61	55.05		
	Benjamin Havn	2011	+0.32	27.59	1:22.64		
	Lea Petersen	2009	+0.42	29.32	1:51.96		
5	HS 2		16 Havnar Svímjifelag	341	2:04.91	100,34	
	Nóa Róason Stakksund	2011	+0.71	29.25	29.25		
	Lilja Sørensen	2011	+0.60	32.42	1:01.67		
	Halla Háfoss	2009	+0.41	30.67	1:32.34		
	Andrias Mellemegaard	2009	S9	+0.73	32.57	2:04.91	
6	HS 3		14 Havnar Svímjifelag	298	2:10.70	86,40 %	
	Bragi Bjarnason	2012	+0.77	32.41	32.41		
	India Linnea Bech	2011	+0.50	33.40	1:05.81		
	Noomi Hella Jacobsen	2012	+0.64	33.46	1:39.27		
	Símun Eliassen	2011	+0.27	31.43	2:10.70		

Kapping almenn: 07.11.2025 17:06:23

Kapping 2, 800m Frí Kvinnur Jr-Y - Tíðar Finala

FRO	8:40.78	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	01.12.2019
FRO.JR	8:50.79	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Klaksvík (FRO)	12.05.2017

FM kravtíð: 11:56.03

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir	+0.57	498	10:02.07	100,74 %
	Entry time: 10:06.57	(-4.50)				
	50m: 33.42	100m: 1:09.44 (36.02)	150m: 1:46.79 (37.35)	200m: 2:23.92 (37.13)		
	250m: 3:01.82 (37.90)	300m: 3:39.61 (37.79)	350m: 4:17.35 (37.74)	400m: 4:55.45 (38.10)		
	450m: 5:33.66 (38.21)	500m: 6:12.07 (38.41)	550m: 6:50.47 (38.40)	600m: 7:28.95 (38.48)		
	650m: 8:07.65 (38.70)	700m: 8:46.36 (38.71)	750m: 9:24.74 (38.38)	800m: 10:02.07 (37.33)		

Kapping almenn: 07.11.2025 17:22:07

Kapping 2, 800m Frí Kvinnur Jr-E - Tíðar Finala

FRO	8:40.78	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	01.12.2019
FRO.JR	8:50.79	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Klaksvík (FRO)	12.05.2017

FM kravtíð: 11:56.03

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	551	9:42.03	94,71 %
	Entry time: 9:12.77	(+29.26)				
	50m: 31.77	100m: 1:07.44 (35.67)	150m: 1:44.17 (36.73)	200m: 2:20.91 (36.74)		
	250m: 2:57.70 (36.79)	300m: 3:34.19 (36.49)	350m: 4:11.09 (36.90)	400m: 4:47.73 (36.64)		
	450m: 5:23.78 (36.05)	500m: 6:00.79 (37.01)	550m: 6:37.85 (37.06)	600m: 7:14.91 (37.06)		
	650m: 7:51.73 (36.82)	700m: 8:28.54 (36.81)	750m: 9:05.58 (37.04)	800m: 9:42.03 (36.45)		
2	Rebeka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.72	530	9:49.66	100,32 %
	Entry time: 9:51.55	(-1.89)				
	50m: 32.74	100m: 1:08.82 (36.08)	150m: 1:45.40 (36.58)	200m: 2:22.24 (36.84)		
	250m: 2:59.17 (36.93)	300m: 3:35.84 (36.67)	350m: 4:12.86 (37.02)	400m: 4:50.07 (37.21)		
	450m: 5:26.84 (36.77)	500m: 6:04.06 (37.22)	550m: 6:41.32 (37.26)	600m: 7:19.01 (37.69)		
	650m: 7:56.81 (37.80)	700m: 8:34.68 (37.87)	750m: 9:12.79 (38.11)	800m: 9:49.66 (36.87)		

Kapping almenn: 07.11.2025 17:22:07

Kapping 2, 800m Frí Kvinnur FM - Tíðar Finala

FRO	8:40.78	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	01.12.2019
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09-11-2025 18:15:17

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 4/89





Úrslit

Kapping 2, 800m Frí Kvinnur FM - Tíðar Finala

FRO.JR 8:50.79 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Klaksvík (FRO) 12.05.2017

FM kravtíð: 11:56.03

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	551	9:42.03	94,71 %
	Entry time: 9:12.77 (+29.26)					
	50m: 31.77	100m: 1:07.44 (36.67)	150m: 1:44.17 (36.73)	200m: 2:20.91 (36.74)		
	250m: 2:57.70 (36.79)	300m: 3:34.19 (36.49)	350m: 4:11.09 (36.90)	400m: 4:47.73 (36.64)		
	450m: 5:23.78 (36.05)	500m: 6:00.79 (37.01)	550m: 6:37.85 (37.06)	600m: 7:14.91 (37.06)		
	650m: 7:51.73 (36.82)	700m: 8:28.54 (36.81)	750m: 9:05.58 (37.04)	800m: 9:42.03 (36.45)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.72	530	9:49.66	100,32 %
	Entry time: 9:51.55 (-1.89)					
	50m: 32.74	100m: 1:08.82 (36.08)	150m: 1:45.40 (36.58)	200m: 2:22.24 (36.84)		
	250m: 2:59.17 (36.93)	300m: 3:35.84 (36.67)	350m: 4:12.86 (37.02)	400m: 4:50.07 (37.21)		
	450m: 5:26.84 (36.77)	500m: 6:04.06 (37.22)	550m: 6:41.32 (37.26)	600m: 7:19.01 (37.69)		
	650m: 7:56.81 (37.80)	700m: 8:34.68 (37.87)	750m: 9:12.79 (38.11)	800m: 9:49.66 (36.87)		
3	Lea Petersen	2009 Svímjifelagið Ægir	+0.57	498	10:02.07	100,74 %
	Entry time: 10:06.57 (-4.50)					
	50m: 33.42	100m: 1:09.44 (36.02)	150m: 1:46.79 (37.35)	200m: 2:23.92 (37.13)		
	250m: 3:01.82 (37.90)	300m: 3:39.61 (37.79)	350m: 4:17.35 (37.74)	400m: 4:55.45 (38.10)		
	450m: 5:33.66 (38.21)	500m: 6:12.07 (38.41)	550m: 6:50.47 (38.40)	600m: 7:28.95 (38.48)		
	650m: 8:07.65 (38.70)	700m: 8:46.36 (38.71)	750m: 9:24.74 (38.38)	800m: 10:02.07 (37.33)		

Kapping almenn: 07.11.2025 17:22:07

Kapping 3, 1500m Frí Menn Jr-E - Tíðar Finala

FRO 14:26.54 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Doha (QAT) 07.12.2014

FRO.JR 14:39.99 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO) 13.12.2008

FM kravtíð: 21:06.83

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.74	642	16:21.58	98,66 %
	Entry time: 16:08.63 (+12.95)					
	50m: 28.46	100m: 59.64 (31.18)	150m: 1:31.48 (31.84)	200m: 2:03.47 (31.99)		
	250m: 2:35.65 (32.18)	300m: 3:07.99 (32.34)	350m: 3:40.78 (32.79)	400m: 4:13.51 (32.73)		
	450m: 4:46.32 (32.81)	500m: 5:19.18 (32.86)	550m: 5:52.15 (32.97)	600m: 6:25.32 (33.17)		
	650m: 6:58.23 (32.91)	700m: 7:31.20 (32.97)	750m: 8:04.40 (33.20)	800m: 8:37.63 (33.23)		
	850m: 9:10.60 (32.97)	900m: 9:43.56 (32.96)	950m: 10:16.62 (33.06)	1000m: 10:49.88 (33.26)		
	1050m: 11:23.23 (33.35)	1100m: 11:56.51 (33.28)	1150m: 12:29.68 (33.17)	1200m: 13:02.91 (33.23)		
	1250m: 13:36.29 (33.38)	1300m: 14:09.55 (33.26)	1350m: 14:42.59 (33.04)	1400m: 15:15.91 (33.32)		
	1450m: 15:49.09 (33.18)	1500m: 16:21.58 (32.49)				
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.73	594	16:46.97	99,08 %
	Entry time: 16:37.77 (+9.20)					
	50m: 29.02	100m: 1:00.29 (31.27)	150m: 1:32.82 (32.53)	200m: 2:05.57 (32.75)		
	250m: 2:38.40 (32.83)	300m: 3:11.29 (32.89)	350m: 3:44.57 (33.28)	400m: 4:18.54 (33.97)		
	450m: 4:52.14 (33.60)	500m: 5:26.13 (33.99)	550m: 5:59.84 (33.71)	600m: 6:34.10 (34.26)		
	650m: 7:07.79 (33.69)	700m: 7:41.63 (33.84)	750m: 8:15.38 (33.75)	800m: 8:49.56 (34.18)		
	850m: 9:22.92 (33.36)	900m: 9:56.90 (33.98)	950m: 10:30.45 (33.55)	1000m: 11:04.45 (34.00)		
	1050m: 11:38.89 (34.44)	1100m: 12:13.72 (34.83)	1150m: 12:47.60 (33.88)	1200m: 13:22.60 (35.00)		
	1250m: 13:56.07 (33.47)	1300m: 14:30.17 (34.10)	1350m: 15:04.90 (34.73)	1400m: 15:39.43 (34.53)		
	1450m: 16:13.69 (34.26)	1500m: 16:46.97 (33.28)				

Kapping almenn: 07.11.2025 17:41:01

Kapping 3, 1500m Frí Menn FM - Tíðar Finala

FRO 14:26.54 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Doha (QAT) 07.12.2014

FRO.JR 14:39.99 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO) 13.12.2008

FM kravtíð: 21:06.83

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 3, 1500m Frí Menn FM - Tíðar Finala

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.74	642	16:21.58	98,66 %
Entry time: 16:08.63 (+12.95)						
	50m: 28.46	100m: 59.64 (31.18)	150m: 1:31.48 (31.84)	200m: 2:03.47 (31.99)		
	250m: 2:35.65 (32.18)	300m: 3:07.99 (32.34)	350m: 3:40.78 (32.79)	400m: 4:13.51 (32.73)		
	450m: 4:46.32 (32.81)	500m: 5:19.18 (32.86)	550m: 5:52.15 (32.97)	600m: 6:25.32 (33.17)		
	650m: 6:58.23 (32.91)	700m: 7:31.20 (32.97)	750m: 8:04.40 (33.20)	800m: 8:37.63 (33.23)		
	850m: 9:10.60 (32.97)	900m: 9:43.56 (32.96)	950m: 10:16.62 (33.06)	1000m: 10:49.88 (33.26)		
	1050m: 11:23.23 (33.35)	1100m: 11:56.51 (33.28)	1150m: 12:29.68 (33.17)	1200m: 13:02.91 (33.23)		
	1250m: 13:36.29 (33.38)	1300m: 14:09.55 (33.26)	1350m: 14:42.59 (33.04)	1400m: 15:15.91 (33.32)		
	1450m: 15:49.09 (33.18)	1500m: 16:21.58 (32.49)				
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.73	594	16:46.97	99,08 %
Entry time: 16:37.77 (+9.20)						
	50m: 29.02	100m: 1:00.29 (31.27)	150m: 1:32.82 (32.53)	200m: 2:05.57 (32.75)		
	250m: 2:38.40 (32.83)	300m: 3:11.29 (32.89)	350m: 3:44.57 (33.28)	400m: 4:18.54 (33.97)		
	450m: 4:52.14 (33.60)	500m: 5:26.13 (33.99)	550m: 5:59.84 (33.71)	600m: 6:34.10 (34.26)		
	650m: 7:07.79 (33.69)	700m: 7:41.63 (33.84)	750m: 8:15.38 (33.75)	800m: 8:49.56 (34.18)		
	850m: 9:22.92 (33.36)	900m: 9:56.90 (33.98)	950m: 10:30.45 (33.55)	1000m: 11:04.45 (34.00)		
	1050m: 11:38.89 (34.44)	1100m: 12:13.72 (34.83)	1150m: 12:47.60 (33.88)	1200m: 13:22.60 (35.00)		
	1250m: 13:56.07 (33.47)	1300m: 14:30.17 (34.10)	1350m: 15:04.90 (34.73)	1400m: 15:39.43 (34.53)		
	1450m: 16:13.69 (34.26)	1500m: 16:46.97 (33.28)				
3	Tórir Olsen	2011 Svímjifelagið Ægir	+0.67	590	16:49.69	103,99 %
Entry time: 17:31.65 (-41.96)						
	50m: 29.93	100m: 1:02.93 (33.00)	150m: 1:36.82 (33.89)	200m: 2:10.83 (34.01)		
	250m: 2:45.40 (34.57)	300m: 3:19.44 (34.04)	350m: 3:53.89 (34.45)	400m: 4:28.14 (34.25)		
	450m: 5:02.39 (34.25)	500m: 5:36.65 (34.26)	550m: 6:10.88 (34.23)	600m: 6:45.13 (34.25)		
	650m: 7:18.95 (33.82)	700m: 7:52.84 (33.89)	750m: 8:26.94 (34.10)	800m: 9:00.38 (33.44)		
	850m: 9:34.19 (33.81)	900m: 10:08.00 (33.81)	950m: 10:41.81 (33.81)	1000m: 11:15.20 (33.39)		
	1050m: 11:48.59 (33.39)	1100m: 12:22.60 (34.01)	1150m: 12:56.34 (33.74)	1200m: 13:30.30 (33.96)		
	1250m: 14:04.28 (33.98)	1300m: 14:37.76 (33.48)	1350m: 15:11.48 (33.72)	1400m: 15:45.24 (33.76)		
	1450m: 16:17.81 (32.57)	1500m: 16:49.69 (31.88)				
-	Andrass Thomsen	1982 Havnar Svímjifelag	---		DNS	

Kapping almenn: 07.11.2025 17:41:01

Kapping 4, 100m Frí Kvinnur Jr-Y - Innleiðandi

FRO	56.21	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Melbourne (AUS)	14.12.2022
FRO.JR	56.98	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 01:15.06

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.74	530	1:02.07	98,58 % -
Entry time: 1:01.20 (+0.87)						
	50m: 29.38	100m: 1:02.07 (32.69)				
2	Lea Petersen	2009 Svímjifelagið Ægir	+0.65	485	1:03.92	99,39 % Q
Entry time: 1:03.53 (+0.39)						
	50m: 30.83	100m: 1:03.92 (33.09)				
3	Emma Debes	2010 Suðuroyar Svímjifelag	+0.71	483	1:04.02	100,30 % Q
Entry time: 1:04.21 (-0.19)						
	50m: 30.29	100m: 1:04.02 (33.73)				
4	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.70	469	1:04.67	101,39 % Q
Entry time: 1:05.58 (-0.91)						
	50m: 31.07	100m: 1:04.67 (33.60)				
5	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.70	437	1:06.19	98,11 % R1
Entry time: 1:04.96 (+1.23)						
	50m: 30.61	100m: 1:06.19 (35.58)				
6	Halla Háfoss	2009 Havnar Svímjifelag	+0.76	427	1:06.70	98,66 % R2
Entry time: 1:05.82 (+0.88)						
	50m: 31.94	100m: 1:06.70 (34.76)				

09-11-2025 18:15:17

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 6/89





Úrslit

Kapping 4, 100m Frí Kvinnur Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
7	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	+0.72	426	1:06.77	97,64 %
Entry time: 1:05.23 (+1.54)						
50m: 31.82 100m: 1:06.77 (34.95)						
8	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.68	395	1:08.48	97,10 %
Entry time: 1:06.55 (+1.93)						
50m: 31.69 100m: 1:08.48 (36.79)						
Kapping almenn: 07.11.2025 09:50:49						

Kapping 4, 100m Frí Kvinnur Jr-E - Innleiðandi

FRO	56.21	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Melbourne (AUS)	14.12.2022
FRO.JR	56.98	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017
FM kravtíð: 01:15.06					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	637	58.39	99,83 % Q
Entry time: 58.29 (+0.10)						
50m: 27.98 100m: 58.39 (30.41)						
2	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.70	510	1:02.88	99,07 % Q
Entry time: 1:02.30 (+0.58)						
50m: 29.96 100m: 1:02.88 (32.92)						
Kapping almenn: 07.11.2025 09:50:49						

Kapping 4, 100m Frí Kvinnur FM - Innleiðandi

FRO	56.21	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Melbourne (AUS)	14.12.2022
FRO.JR	56.98	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017
FM kravtíð: 01:15.06					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	637	58.39	99,83 % Q
Entry time: 58.29 (+0.10)						
50m: 27.98 100m: 58.39 (30.41)						
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.74	530	1:02.07	98,58 % -
Entry time: 1:01.20 (+0.87)						
50m: 29.38 100m: 1:02.07 (32.69)						
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.70	510	1:02.88	99,07 % Q
Entry time: 1:02.30 (+0.58)						
50m: 29.96 100m: 1:02.88 (32.92)						
4	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.80	505	1:03.09	96,37 % Q
Entry time: 1:00.88 (+2.21)						
50m: 29.39 100m: 1:03.09 (33.70)						
5	Lea Petersen	2009 Svímjifelagið Ægir	+0.65	485	1:03.92	99,39 % Q
Entry time: 1:03.53 (+0.39)						
50m: 30.83 100m: 1:03.92 (33.09)						
6	Emma Debes	2010 Suðuroyar Svímjifelag	+0.71	483	1:04.02	100,30 % Q
Entry time: 1:04.21 (-0.19)						
50m: 30.29 100m: 1:04.02 (33.73)						
7	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.70	469	1:04.67	101,39 % Q
Entry time: 1:05.58 (-0.91)						
50m: 31.07 100m: 1:04.67 (33.60)						
8	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.70	437	1:06.19	98,11 % R1
Entry time: 1:04.96 (+1.23)						
50m: 30.61 100m: 1:06.19 (35.58)						



Úrslit

Kapping 4, 100m Frí Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
9	Halla Háfoss	2009 Havnar Svímjifelag	+0.76	427	1:06.70	98,66 % R2
	Entry time: 1:05.82 (+0.88)					
	50m: 31.94	100m: 1:06.70 (34.76)				
10	Mariella Annbriardóttir Henriks	2010 Havnar Svímjifelag	+0.72	426	1:06.77	97,64 %
	Entry time: 1:05.23 (+1.54)					
	50m: 31.82	100m: 1:06.77 (34.95)				
11	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.70	408	1:07.74	96,25 %
	Entry time: 1:05.29 (+2.45)					
	50m: 31.61	100m: 1:07.74 (36.13)				
12	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.68	395	1:08.48	97,10 %
	Entry time: 1:06.55 (+1.93)					
	50m: 31.69	100m: 1:08.48 (36.79)				
13	Oddvá Sedefa D. Nattestad	2006 Havnar Svímjifelag	+0.62	383	1:09.14	93,25 %
	Entry time: 1:04.77 (+4.37)					
	50m: 31.83	100m: 1:09.14 (37.31)				
14	Lilja Sørensen	2011 Havnar Svímjifelag	+0.79	337	1:12.19	98,27 %
	Entry time: 1:10.96 (+1.23)					
	50m: 34.64	100m: 1:12.19 (37.55)				
15	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	+0.72	323	1:13.17	100,05 %
	Entry time: 1:13.21 (-0.04)					
	50m: 34.76	100m: 1:13.17 (38.41)				
16	India Linnea Bech	2011 Havnar Svímjifelag	+0.78	316	1:13.75	100,83 %
	Entry time: 1:14.37 (-0.62)					
	50m: 34.95	100m: 1:13.75 (38.80)				
17	Lea Í Trøðini	2011 Suðuroyar Svímjifelag	+0.72	315	1:13.84	100,20 %
	Entry time: 1:13.99 (-0.15)					
	50m: 34.56	100m: 1:13.84 (39.28)				
EXH	Jonni B. Danielsen	2011 Svímjifelagið Flot	+0.81	265	1:18.15	100,06 %
	Entry time: 1:18.20 (-0.05)					
	50m: 35.96	100m: 1:18.15 (42.19)				
EXH	Randi Brim Hvidbro	2012 Svímjifelagið Ægir	+0.77	236	1:21.30	95,33 %
	Entry time: 1:17.67 (+3.63)					
		100m: 1:21.30 (1:21.30)				
EXH	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.84	273	1:17.42	99,60 %
	Entry time: 1:17.11 (+0.31)					
	50m: 35.95	100m: 1:17.42 (41.47)				
EXH	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir	+0.42	281	1:16.64	103,73 %
	Entry time: 1:19.61 (-2.97)					
	50m: 36.93	100m: 1:16.64 (39.71)				

Kapping almenn: 07.11.2025 09:50:49

Kapping 4, 100m Frí Kvinnur Jr-Y - Final

FRO	56.21	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Melbourne (AUS)	14.12.2022
FRO.JR	56.98	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 01:15.06

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Emma Debes	2010 Suðuroyar Svímjifelag	+0.73	480	1:04.14	99,81 %
	Entry time: 1:04.02 (+0.12)					
	50m: 30.45	100m: 1:04.14 (33.69)				



Úrslit

Kapping 4, 100m Frí Kvinnur Jr-Y - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.72	463	1:04.92	99,61 %
	Entry time: 1:04.67 (+0.25)					
	50m: 31.22	100m: 1:04.92 (33.70)				
3	Lea Petersen	2009 Svímjifelagið Ægir	+0.65	444	1:05.84	97,00 %
	Entry time: 1:03.92 (+1.92)					
	50m: 31.30	100m: 1:05.84 (34.54)				

Kapping almenn: 07.11.2025 17:52:06

Kapping 4, 100m Frí Kvinnur Jr-E - Final

FRO	56.21	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Melbourne (AUS)	14.12.2022
FRO.JR	56.98	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 01:15.06

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	657	57.78	101,04 %
	Entry time: 58.39 (-0.61)					
	50m: 27.50	100m: 57.78 (30.28)				
2	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.72	542	1:01.63	101,99 %
	Entry time: 1:02.88 (-1.25)					
	50m: 29.71	100m: 1:01.63 (31.92)				

Kapping almenn: 07.11.2025 17:52:06

Kapping 4, 100m Frí Kvinnur FM - Final

FRO	56.21	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Melbourne (AUS)	14.12.2022
FRO.JR	56.98	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 01:15.06

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	657	57.78	101,04 %
	Entry time: 58.39 (-0.61)					
	50m: 27.50	100m: 57.78 (30.28)				
2	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.77	560	1:00.94	103,41 %
	Entry time: 1:03.09 (-2.15)					
	50m: 28.54	100m: 1:00.94 (32.40)				
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.72	542	1:01.63	101,99 %
	Entry time: 1:02.88 (-1.25)					
	50m: 29.71	100m: 1:01.63 (31.92)				
4	Emma Debes	2010 Suðuroyar Svímjifelag	+0.73	480	1:04.14	99,81 %
	Entry time: 1:04.02 (+0.12)					
	50m: 30.45	100m: 1:04.14 (33.69)				
5	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.72	463	1:04.92	99,61 %
	Entry time: 1:04.67 (+0.25)					
	50m: 31.22	100m: 1:04.92 (33.70)				
6	Lea Petersen	2009 Svímjifelagið Ægir	+0.65	444	1:05.84	97,00 %
	Entry time: 1:03.92 (+1.92)					
	50m: 31.30	100m: 1:05.84 (34.54)				

Kapping almenn: 07.11.2025 17:52:06

Kapping 5, 50m Firvald Menn Jr-Y - Innleiðandi

FRO	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011
FRO.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011

FM kravtíð: 00:32.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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09-11-2025 18:15:17 Dátaviðgerð: Swimify 2.13 Loyvt: Svímjifelagið Ægir Síða 9/89





Úrslit

Kapping 5, 50m Firvald Menn Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm Entry time: 29.63 (+0.24)	2009 Havnar Svímjifelag	+0.69	363	29.87	99,19 % R1
2	Jens Martin Dam Entry time: 32.38 (+0.38)	2009 Havnar Svímjifelag	+0.77	275	32.76	98,83 %
3	Andrias Mellemgard Entry time: 37.78 (-1.17)	S9 2009 Havnar Svímjifelag	+0.78	197	36.61	103,10 %

Kapping almenn: 07.11.2025 09:53:55

Kapping 5, 50m Firvald Menn Jr-E - Innleiðandi

FRO	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011
FRO.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011

FM kravtíð: 00:32.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen Entry time: 27.18 (-1.02)	2008 Havnar Svímjifelag	+0.72	541	26.16	103,75 % Q
2	Fróði Hansen Entry time: 27.02 (-0.44)	2008 Svímjifelagið Ægir	+0.68	516	26.58	101,63 % Q
3	Bárður Ólavsson Entry time: 27.77 (+0.76)	2008 Svímjifelagið Ægir	+0.64	417	28.53	97,26 % Q
4	Lukas Bessason Entry time: 30.00 (-0.82)	2007 Svímjifelagið Ægir	+0.64	390	29.18	102,73 % Q

Kapping almenn: 07.11.2025 09:53:55

Kapping 5, 50m Firvald Menn FM - Innleiðandi

FRO	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011
FRO.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011

FM kravtíð: 00:32.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt Entry time: 25.02 (+0.15)	2006 Havnar Svímjifelag	+0.68	607	25.17	99,40 % -
2	Óli Mikkelsen Entry time: 27.18 (-1.02)	2008 Havnar Svímjifelag	+0.72	541	26.16	103,75 % Q
3	Fróði Hansen Entry time: 27.02 (-0.44)	2008 Svímjifelagið Ægir	+0.68	516	26.58	101,63 % Q
4	Bárður Ólavsson Entry time: 27.77 (+0.76)	2008 Svímjifelagið Ægir	+0.64	417	28.53	97,26 % Q
5	Natanael A. Matras Entry time: 28.48 (+0.33)	2002 Svímjifelagið Ægir	+0.77	405	28.81	98,84 % Q
6	Lukas Bessason Entry time: 30.00 (-0.82)	2007 Svímjifelagið Ægir	+0.64	390	29.18	102,73 % Q
7	Theodor Salter Entry time: 28.88 (+0.93)	2011 Havnar Svímjifelag	+0.68	365	29.81	96,78 % Q
8	Sigbjartur J. Egholm Entry time: 29.63 (+0.24)	2009 Havnar Svímjifelag	+0.69	363	29.87	99,19 % R1
9	Tórir Olsen Entry time: 31.94 (-1.91)	2011 Svímjifelagið Ægir	+0.67	357	30.03	105,98 % R2



Úrslit

Kapping 5, 50m Firvald Menn FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
10	Teitur Miné Róason Entry time: 30.27 (+0.24)	2011 Havnar Svímjifelag	+0.59	341	30.51	99,21 %
11	Fríðálvur Eliassen Entry time: 30.56 (+0.88)	2011 Fuglafjarðar Svímjifelag	+0.78	311	31.44	97,12 %
12	Jens Martin Dam Entry time: 32.38 (+0.38)	2009 Havnar Svímjifelag	+0.77	275	32.76	98,83 %
13	Benjamin Havn Entry time: 32.17 (+1.38)	2011 Svímjifelagið Ægir	+0.50	256	33.55	95,71 %
14	Andrias Mellemggaard Entry time: 37.78 (-1.17)	S9 2009 Havnar Svímjifelag	+0.78	197	36.61	103,10 %
EXH	Bragi Bjarnason Entry time: 38.12 (-0.87)	2012 Havnar Svímjifelag	+0.61	187	37.25	102,28 %
EXH	Símun Eliassen Entry time: 35.83 (-2.36)	2011 Havnar Svímjifelag	+0.68	258	33.47	106,59 %
EXH	Terji Kjærbo Entry time: 33.33 (+1.35)	2012 Suðuroyar Svímjifelag	+0.73	232	34.68	95,95 %
EXH	Nóa Róason Staksund Entry time: 34.43 (+0.73)	2011 Havnar Svímjifelag	+0.75	222	35.16	97,88 %

Kapping almenn: 07.11.2025 09:53:55

Kapping 5, 50m Firvald Menn Jr-E - Final

FRO	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011
FRO.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011

FM kravtíð: 00:32.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen Entry time: 26.16 (-0.19)	2008 Havnar Svímjifelag	+0.71	553	25.97	100,73 %
2	Bárður Ólavsson Entry time: 28.53 (-0.83)	2008 Svímjifelagið Ægir	+0.63	455	27.70	102,91 %
3	Fróði Hansen Entry time: 26.58 (+1.42)	2008 Svímjifelagið Ægir	+0.68	441	28.00	94,66 %
4	Lukas Bessason Entry time: 29.18 (-0.15)	2007 Svímjifelagið Ægir	+0.68	396	29.03	100,51 %

Kapping almenn: 07.11.2025 17:55:05

Kapping 5, 50m Firvald Menn FM - Final

FRO	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011
FRO.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011

FM kravtíð: 00:32.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen Entry time: 26.16 (-0.19)	2008 Havnar Svímjifelag	+0.71	553	25.97	100,73 %
2	Bárður Ólavsson Entry time: 28.53 (-0.83)	2008 Svímjifelagið Ægir	+0.63	455	27.70	102,91 %
3	Fróði Hansen Entry time: 26.58 (+1.42)	2008 Svímjifelagið Ægir	+0.68	441	28.00	94,66 %



Úrslit

Kapping 5, 50m Firvald Menn FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Natanael A. Matras	2002 Svímjifelagið Ægir	+0.73	432	28.20	102,12 %
Entry time: 28.81 (-0.61)						
5	Lukas Besson	2007 Svímjifelagið Ægir	+0.68	396	29.03	100,51 %
Entry time: 29.18 (-0.15)						
6	Theodor Salter	2011 Havnar Svímjifelag	+0.66	393	29.09	102,42 %
Entry time: 29.81 (-0.72)						

Kapping almenn: 07.11.2025 17:55:05

Kapping 6, 200m Blandað Kvinnur Jr-Y - Innleiðandi

FRO	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FRO.JR	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FM kravtíð:	03:02.03			

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag	+0.78	345	2:53.36	93,18 % Q
Entry time: 2:42.29 (+11.07)						
50m: 35.96		100m: 1:22.89 (46.93)	150m: 2:11.31 (48.42)	200m: 2:53.36 (42.05)		

Kapping almenn: 07.11.2025 10:00:36

Kapping 6, 200m Blandað Kvinnur Jr-E - Innleiðandi

FRO	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FRO.JR	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FM kravtíð:	03:02.03			

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.66	455	2:38.08	91,41 % Q
Entry time: 2:25.57 (+12.51)						
50m: 33.54		100m: 1:13.98 (40.44)	150m: 1:59.81 (45.83)	200m: 2:38.08 (38.27)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	423	2:41.96	90,19 % Q
Entry time: 2:27.49 (+14.47)						
50m: 34.20		100m: 1:14.51 (40.31)	150m: 2:01.71 (47.20)	200m: 2:41.96 (40.25)		
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.70	268	3:08.60	80,82 % Q
Entry time: 2:38.25 (+30.35)						
50m: 37.72		100m: 1:32.53 (54.81)	150m: 2:24.39 (51.86)	200m: 3:08.60 (44.21)		

Kapping almenn: 07.11.2025 10:00:36

Kapping 6, 200m Blandað Kvinnur FM - Innleiðandi

FRO	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FRO.JR	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FM kravtíð:	03:02.03			

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.66	455	2:38.08	91,41 % Q
Entry time: 2:25.57 (+12.51)						
50m: 33.54		100m: 1:13.98 (40.44)	150m: 1:59.81 (45.83)	200m: 2:38.08 (38.27)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	423	2:41.96	90,19 % Q
Entry time: 2:27.49 (+14.47)						
50m: 34.20		100m: 1:14.51 (40.31)	150m: 2:01.71 (47.20)	200m: 2:41.96 (40.25)		
3	Halla Háfoss	2009 Havnar Svímjifelag	+0.78	345	2:53.36	93,18 % Q
Entry time: 2:42.29 (+11.07)						
50m: 35.96		100m: 1:22.89 (46.93)	150m: 2:11.31 (48.42)	200m: 2:53.36 (42.05)		
4	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.70	268	3:08.60	80,82 % Q
Entry time: 2:38.25 (+30.35)						
50m: 37.72		100m: 1:32.53 (54.81)	150m: 2:24.39 (51.86)	200m: 3:08.60 (44.21)		

09-11-2025 18:15:17

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 12/89





Úrslit

Kapping 6, 200m Blandað Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Kapping almenn: 07.11.2025 10:00:36

Kapping 6, 200m Blandað Kvinnur Jr-Y - Final

FRO	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FRO.JR	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015

FM kravtíð: 03:02.03

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag	+0.65	437	2:40.20	107,59 %
Entry time: 2:53.36 (-13.16)						
50m: 33.26 100m: 1:16.50 (43.24) 150m: 2:03.45 (46.95) 200m: 2:40.20 (36.75)						

Kapping almenn: 07.11.2025 18:03:23

Kapping 6, 200m Blandað Kvinnur Jr-E - Final

FRO	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FRO.JR	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015

FM kravtíð: 03:02.03

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.64	594	2:24.68	108,48 %
Entry time: 2:38.08 (-13.40)						
50m: 30.52 100m: 1:07.27 (36.75) 150m: 1:50.14 (42.87) 200m: 2:24.68 (34.54)						

2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	483	2:34.95	104,33 %
Entry time: 2:41.96 (-7.01)						
50m: 32.32 100m: 1:11.37 (39.05) 150m: 1:56.58 (45.21) 200m: 2:34.95 (38.37)						

3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.77	443	2:39.48	115,44 %
Entry time: 3:08.60 (-29.12)						
50m: 34.06 100m: 1:17.06 (43.00) 150m: 2:03.04 (45.98) 200m: 2:39.48 (36.44)						

Kapping almenn: 07.11.2025 18:03:23

Kapping 6, 200m Blandað Kvinnur FM - Final

FRO	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015
FRO.JR	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	11.12.2015

FM kravtíð: 03:02.03

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.64	594	2:24.68	108,48 %
Entry time: 2:38.08 (-13.40)						
50m: 30.52 100m: 1:07.27 (36.75) 150m: 1:50.14 (42.87) 200m: 2:24.68 (34.54)						

2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	483	2:34.95	104,33 %
Entry time: 2:41.96 (-7.01)						
50m: 32.32 100m: 1:11.37 (39.05) 150m: 1:56.58 (45.21) 200m: 2:34.95 (38.37)						

3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.77	443	2:39.48	115,44 %
Entry time: 3:08.60 (-29.12)						
50m: 34.06 100m: 1:17.06 (43.00) 150m: 2:03.04 (45.98) 200m: 2:39.48 (36.44)						

4	Halla Háfoss	2009 Havnar Svímjifelag	+0.65	437	2:40.20	107,59 %
Entry time: 2:53.36 (-13.16)						
50m: 33.26 100m: 1:16.50 (43.24) 150m: 2:03.45 (46.95) 200m: 2:40.20 (36.75)						

Kapping almenn: 07.11.2025 18:03:23

Kapping 7, 200m Bringu Menn Jr-E - Innleiðandi

FRO	2:14.82	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Jersey (GBR)	02.07.2015	
FRO.JR	2:18.95	Rókur Trygvason	2000 Ægir Klaksvik (FRO)	Torshavn (FRO)	26.10.2018

09-11-2025 18:15:17

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 13/89





Úrslit

Kapping 7, 200m Bringu Menn Jr-E - Innleiðandi

FM kravtíð: 02:59.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.74	547	2:26.89	97,61 % Q
Entry time: 2:23.46 (+3.43)						
50m:	33.45	100m: 1:10.93 (37.48)	150m: 1:49.10 (38.17)	200m: 2:26.89 (37.79)		

Kapping almenn: 07.11.2025 10:01:51

Kapping 7, 200m Bringu Menn FM - Innleiðandi

FRO 2:14.82 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Jersey (GBR) 02.07.2015
FRO.JR 2:18.95 Rókur Trygvason 2000 Ægir Klaksvik (FRO) Torshavn (FRO) 26.10.2018

FM kravtíð: 02:59.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.74	547	2:26.89	97,61 % Q
Entry time: 2:23.46 (+3.43)						
50m:	33.45	100m: 1:10.93 (37.48)	150m: 1:49.10 (38.17)	200m: 2:26.89 (37.79)		

Kapping almenn: 07.11.2025 10:01:51

Kapping 7, 200m Bringu Menn Jr-E - Final

FRO 2:14.82 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Jersey (GBR) 02.07.2015
FRO.JR 2:18.95 Rókur Trygvason 2000 Ægir Klaksvik (FRO) Torshavn (FRO) 26.10.2018

FM kravtíð: 02:59.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.72	512	2:30.16	97,77 %
Entry time: 2:26.89 (+3.27)						
50m:	32.68	100m: 1:11.10 (38.42)	150m: 1:50.77 (39.67)	200m: 2:30.16 (39.39)		

Kapping almenn: 07.11.2025 18:09:08

Kapping 7, 200m Bringu Menn FM - Final

FRO 2:14.82 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Jersey (GBR) 02.07.2015
FRO.JR 2:18.95 Rókur Trygvason 2000 Ægir Klaksvik (FRO) Torshavn (FRO) 26.10.2018

FM kravtíð: 02:59.49

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.72	512	2:30.16	97,77 %
Entry time: 2:26.89 (+3.27)						
50m:	32.68	100m: 1:11.10 (38.42)	150m: 1:50.77 (39.67)	200m: 2:30.16 (39.39)		

Kapping almenn: 07.11.2025 18:09:08

Kapping 8, 50m Firvald Kvinnur Jr-Y - Innleiðandi

FRO 27.67 Kristina Elin Thomsen 1998 Suðuroyar Svímjifelag (FR Torshavn (FRO) 11.05.2012
FRO.JR 27.67 Kristina Elin Thomsen 1998 Suðuroyar Svímjifelag (FR Torshavn (FRO) 11.05.2012

FM kravtíð: 00:36.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.74	481	30.54	94,80 % Q
Entry time: 29.03 (+1.51)						
2	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.69	425	31.83	100,78 % Q
Entry time: 32.08 (-0.25)						
3	Halla Háfoss	2009 Havnar Svímjifelag	+0.62	413	32.14	100,16 % Q
Entry time: 32.19 (-0.05)						
4	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.70	403	32.40	99,47 % Q
Entry time: 32.23 (+0.17)						

09-11-2025 18:15:17

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 14/89





Úrslit

Kapping 8, 50m Firvald Kvinnur Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.68	399	32.51	100,58 % R1
	Entry time: 32.70 (-0.19)					
6	Emma Debes	2010 Suðuroyar Svímjifelag	+0.70	350	33.97	100,35 %
	Entry time: 34.09 (-0.12)					

Kapping almenn: 07.11.2025 10:28:39

Kapping 8, 50m Firvald Kvinnur Jr-E - Innleiðandi

FRO	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR Torshavn (FRO))	11.05.2012
FRO.JR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR Torshavn (FRO))	11.05.2012

FM kravtíð: 00:36.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.76	510	29.95	98,54 % Q
	Entry time: 29.52 (+0.43)					
2	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.66	461	30.99	97,18 % Q
	Entry time: 30.14 (+0.85)					
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.59	419	31.97	97,60 % -
	Entry time: 31.22 (+0.75)					
4	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.79	395	32.61	97,55 % R2
	Entry time: 31.83 (+0.78)					

Kapping almenn: 07.11.2025 10:28:39

Kapping 8, 50m Firvald Kvinnur FM - Innleiðandi

FRO	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR Torshavn (FRO))	11.05.2012
FRO.JR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR Torshavn (FRO))	11.05.2012

FM kravtíð: 00:36.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.76	510	29.95	98,54 % Q
	Entry time: 29.52 (+0.43)					
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.74	481	30.54	94,80 % Q
	Entry time: 29.03 (+1.51)					
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.66	461	30.99	97,18 % Q
	Entry time: 30.14 (+0.85)					
4	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.69	425	31.83	100,78 % Q
	Entry time: 32.08 (-0.25)					
5	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.59	419	31.97	97,60 % -
	Entry time: 31.22 (+0.75)					
6	Halla Háfoss	2009 Havnar Svímjifelag	+0.62	413	32.14	100,16 % Q
	Entry time: 32.19 (-0.05)					
7	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.70	403	32.40	99,47 % Q
	Entry time: 32.23 (+0.17)					
8	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.68	399	32.51	100,58 % R1
	Entry time: 32.70 (-0.19)					
9	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.79	395	32.61	97,55 % R2
	Entry time: 31.83 (+0.78)					
10	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.72	383	32.96	94,39 %
	Entry time: 31.21 (+1.75)					



Úrslit

Kapping 8, 50m Firvald Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
11	Emma Debes	2010 Suðuroyar Svímjifelag	+0.70	350	33.97	100,35 %
	Entry time: 34.09	(-0.12)				
EXH	India Linnea Bech	2011 Havnar Svímjifelag	+0.78	200	40.87	110,35 %
	Entry time: 45.59	(-4.72)				
EXH	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.86	221	39.57	98,09 %
	Entry time: 38.83	(+0.74)				

Kapping almenn: 07.11.2025 10:28:39

Kapping 8, 50m Firvald Kvinnur Jr-Y - Final

FRO	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR	Torshavn (FRO)	11.05.2012
FRO.JR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR	Torshavn (FRO)	11.05.2012

FM kravtíð: 00:36.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.72	569	28.89	105,40 %
	Entry time: 30.54	(-1.65)				
2	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.74	459	31.03	102,51 %
	Entry time: 31.83	(-0.80)				
3	Halla Háfoss	2009 Havnar Svímjifelag	+0.70	418	32.01	100,40 %
	Entry time: 32.14	(-0.13)				
4	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.76	380	33.05	97,99 %
	Entry time: 32.40	(+0.65)				

Kapping almenn: 07.11.2025 18:13:21

Kapping 8, 50m Firvald Kvinnur Jr-E - Final

FRO	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR	Torshavn (FRO)	11.05.2012
FRO.JR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR	Torshavn (FRO)	11.05.2012

FM kravtíð: 00:36.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	526	29.65	101,00 %
	Entry time: 29.95	(-0.30)				
2	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.64	505	30.06	103,00 %
	Entry time: 30.99	(-0.93)				

Kapping almenn: 07.11.2025 18:13:21

Kapping 8, 50m Firvald Kvinnur FM - Final

FRO	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR	Torshavn (FRO)	11.05.2012
FRO.JR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FR	Torshavn (FRO)	11.05.2012

FM kravtíð: 00:36.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.72	569	28.89	105,40 %
	Entry time: 30.54	(-1.65)				
2	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	526	29.65	101,00 %
	Entry time: 29.95	(-0.30)				
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.64	505	30.06	103,00 %
	Entry time: 30.99	(-0.93)				
4	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.74	459	31.03	102,51 %
	Entry time: 31.83	(-0.80)				



Úrslit

Kapping 8, 50m Firvald Kvinnur FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Halla Háfoss	2009 Havnar Svímjifelag	+0.70	418	32.01	100,40 %
Entry time: 32.14 (-0.13)						
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.76	380	33.05	97,99 %
Entry time: 32.40 (+0.65)						
Kapping almenn: 07.11.2025 18:13:21						

Kapping 9, 200m Rygg Menn Jr-Y - Innleiðandi

FRO	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FRO.JR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FM kravtíð: 02:37.79					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
-	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.73		DSQ	
SW 6.4. Ikki varandi rørsla á búkinum í vend						
-	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.80		DSQ	
SW 6.4. Ikki varandi rørsla á búkinum í vend						
Kapping almenn: 07.11.2025 10:39:59						

Kapping 9, 200m Rygg Menn Jr-E - Innleiðandi

FRO	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FRO.JR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FM kravtíð: 02:37.79					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.68	497	2:13.27	104,72 % Q
Entry time: 2:19.87 (-6.60)						
50m: 29.64 100m: 1:04.03 (34.39) 150m: 1:38.94 (34.91) 200m: 2:13.27 (34.33)						
Kapping almenn: 07.11.2025 10:39:59						

Kapping 9, 200m Rygg Menn FM - Innleiðandi

FRO	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FRO.JR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FM kravtíð: 02:37.79					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.68	497	2:13.27	104,72 % Q
Entry time: 2:19.87 (-6.60)						
50m: 29.64 100m: 1:04.03 (34.39) 150m: 1:38.94 (34.91) 200m: 2:13.27 (34.33)						
-	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.73		DSQ	
SW 6.4. Ikki varandi rørsla á búkinum í vend						
-	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.80		DSQ	
SW 6.4. Ikki varandi rørsla á búkinum í vend						
Kapping almenn: 07.11.2025 10:39:59						

Kapping 9, 200m Rygg Menn Jr-E - Final

FRO	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FRO.JR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
FM kravtíð: 02:37.79					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 9, 200m Rygg Menn Jr-E - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.70	431	2:19.76	95,13 %
	Entry time: 2:13.27 (+6.49)					
	50m: 30.56	100m: 1:05.89 (35.33)			150m: 1:42.81 (36.92)	200m: 2:19.76 (36.95)
Kapping almenn: 07.11.2025 18:19:11						

Kapping 9, 200m Rygg Menn FM - Final

FRO	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011	
FRO.JR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011	
FM kravtíð: 02:37.79						
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.70	431	2:19.76	95,13 %
	Entry time: 2:13.27 (+6.49)					
	50m: 30.56	100m: 1:05.89 (35.33)			150m: 1:42.81 (36.92)	200m: 2:19.76 (36.95)
Kapping almenn: 07.11.2025 18:19:11						

Kapping 10, 100m Rygg Kvinnur Jr-Y - Innleiðandi

FRO	1:00.26	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025	
FRO.JR	1:00.50	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	01.12.2017	
FM kravtíð: 01:22.20						
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.68	408	1:12.80	86,04 % Q
	Entry time: 1:03.88 (+8.92)					
	50m: 34.69	100m: 1:12.80 (38.11)				
Kapping almenn: 07.11.2025 10:42:06						

Kapping 10, 100m Rygg Kvinnur Jr-E - Innleiðandi

FRO	1:00.26	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025	
FRO.JR	1:00.50	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	01.12.2017	
FM kravtíð: 01:22.20						
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.73	356	1:16.17	88,87 % Q
	Entry time: 1:08.54 (+7.63)					
	50m: 37.40	100m: 1:16.17 (38.77)				
Kapping almenn: 07.11.2025 10:42:06						

Kapping 10, 100m Rygg Kvinnur FM - Innleiðandi

FRO	1:00.26	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025	
FRO.JR	1:00.50	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	01.12.2017	
FM kravtíð: 01:22.20						
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.68	408	1:12.80	86,04 % Q
	Entry time: 1:03.88 (+8.92)					
	50m: 34.69	100m: 1:12.80 (38.11)				
2	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.68	378	1:14.70	94,33 % Q
	Entry time: 1:10.69 (+4.01)					
	50m: 36.12	100m: 1:14.70 (38.58)				
3	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.81	357	1:16.11	95,81 % Q
	Entry time: 1:13.05 (+3.06)					
	50m: 36.74	100m: 1:16.11 (39.37)				
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.73	356	1:16.17	88,87 % Q
	Entry time: 1:08.54 (+7.63)					
	50m: 37.40	100m: 1:16.17 (38.77)				



Úrslit

Kapping 10, 100m Rygg Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
EXH	Lea í Trøðini	2011 Suðuroyar Svímjifelag	+0.76	241	1:26.76	97,08 %
	Entry time: 1:24.30 (+2.46)					
	50m: 41.76	100m: 1:26.76 (45.00)				
EXH	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.75	218	1:29.71	97,85 %
	Entry time: 1:27.82 (+1.89)					
	50m: 43.33	100m: 1:29.71 (46.38)				
EXH	Randi Brim Hvidbro	2012 Svímjifelagið Ægir	+1.00		DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend					
	Kapping almenn: 07.11.2025 10:42:06					

Kapping 10, 100m Rygg Kvinnur Jr-Y - Final

FRO	1:00.26	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	1:00.50	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Reykjavik (ISL)	01.12.2017
FM kravtíð:	01:22.20				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.70	563	1:05.40	110,16 %
	Entry time: 1:12.80 (-7.40)					
	50m: 31.04	100m: 1:05.40 (34.36)				
	Kapping almenn: 07.11.2025 18:24:59					

Kapping 10, 100m Rygg Kvinnur Jr-E - Final

FRO	1:00.26	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	1:00.50	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Reykjavik (ISL)	01.12.2017
FM kravtíð:	01:22.20				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.71	483	1:08.84	109,62 %
	Entry time: 1:16.17 (-7.33)					
	50m: 33.36	100m: 1:08.84 (35.48)				
	Kapping almenn: 07.11.2025 18:24:59					

Kapping 10, 100m Rygg Kvinnur FM - Final

FRO	1:00.26	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	1:00.50	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Reykjavik (ISL)	01.12.2017
FM kravtíð:	01:22.20				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.70	563	1:05.40	110,16 %
	Entry time: 1:12.80 (-7.40)					
	50m: 31.04	100m: 1:05.40 (34.36)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.71	483	1:08.84	109,62 %
	Entry time: 1:16.17 (-7.33)					
	50m: 33.36	100m: 1:08.84 (35.48)				
3	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.69	475	1:09.21	107,35 %
	Entry time: 1:14.70 (-5.49)					
	50m: 33.74	100m: 1:09.21 (35.47)				
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.72	441	1:10.96	106,77 %
	Entry time: 1:16.11 (-5.15)					
	50m: 34.34	100m: 1:10.96 (36.62)				
	Kapping almenn: 07.11.2025 18:24:59					

Kapping 11, 200m Blandað Menn Jr-E - Innleiðandi

09-11-2025 18:15:18

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 19/89





Úrslit

Kapping 11, 200m Blandað Menn Jr-E - Innleiðandi

FRO 2:01.23 Isak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Klaksvík (FRO) 07.11.2025
FRO.JR 2:05.26 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Thisted (DEN) 25.11.2011
FM kravtíð: 02:43.76

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.73	498	2:17.31	96,21 % -
	Entry time: 2:12.30 (+5.01)					
	50m: 29.81	100m: 1:07.11 (37.30)	150m: 1:45.10 (37.99)	200m: 2:17.31 (32.21)		
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	440	2:23.06	-
	50m: 29.57	100m: 1:07.55 (37.98)	150m: 1:49.99 (42.44)	200m: 2:23.06 (33.07)		
3	Lukas Bessason	2007 Svímjifelagið Ægir	+0.68	331	2:37.31	96,14 % -
	Entry time: 2:31.46 (+5.85)					
	50m: 32.47	100m: 1:12.85 (40.38)	150m: 1:58.63 (45.78)	200m: 2:37.31 (38.68)		

Kapping almenn: 07.11.2025 10:46:40

Kapping 11, 200m Blandað Menn FM - Innleiðandi

FRO 2:01.23 Isak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Klaksvík (FRO) 07.11.2025
FRO.JR 2:05.26 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Thisted (DEN) 25.11.2011
FM kravtíð: 02:43.76

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.73	498	2:17.31	96,21 % -
	Entry time: 2:12.30 (+5.01)					
	50m: 29.81	100m: 1:07.11 (37.30)	150m: 1:45.10 (37.99)	200m: 2:17.31 (32.21)		
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	440	2:23.06	-
	50m: 29.57	100m: 1:07.55 (37.98)	150m: 1:49.99 (42.44)	200m: 2:23.06 (33.07)		
3	Isak Brisenfeldt	2006 Havnar Svímjifelag	+0.71	407	2:26.81	79,74 % Q
	Entry time: 2:02.08 (+24.73)					
	50m: 31.08	100m: 1:11.66 (40.58)	150m: 1:51.93 (40.27)	200m: 2:26.81 (34.88)		
4	Tórir Olsen	2011 Svímjifelagið Ægir	+0.71	399	2:27.78	103,91 % -
	Entry time: 2:33.79 (-6.01)					
	50m: 31.75	100m: 1:10.82 (39.07)	150m: 1:55.42 (44.60)	200m: 2:27.78 (32.36)		
5	Lukas Bessason	2007 Svímjifelagið Ægir	+0.68	331	2:37.31	96,14 % -
	Entry time: 2:31.46 (+5.85)					
	50m: 32.47	100m: 1:12.85 (40.38)	150m: 1:58.63 (45.78)	200m: 2:37.31 (38.68)		
6	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.90	318	2:39.49	100,06 % Q
	Entry time: 2:39.58 (-0.09)					
	50m: 33.70	100m: 1:16.54 (42.84)	150m: 2:04.31 (47.77)	200m: 2:39.49 (35.18)		

Kapping almenn: 07.11.2025 10:46:40

Kapping 11, 200m Blandað Menn FM - Final

FRO 2:01.23 Isak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Klaksvík (FRO) 07.11.2025
FRO.JR 2:05.26 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Thisted (DEN) 25.11.2011
FM kravtíð: 02:43.76

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag	+0.67	724	2:01.23	117,42 % FRO
	Entry time: 2:26.81 (-25.58)					
	50m: 26.04	100m: 58.62 (32.58)	150m: 1:32.97 (34.35)	200m: 2:01.23 (28.26)		
2	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.82	339	2:36.02	102,18 %
	Entry time: 2:39.49 (-3.47)					
	50m: 33.44	100m: 1:15.35 (41.91)	150m: 2:01.43 (46.08)	200m: 2:36.02 (34.59)		



Úrslit

Kapping 11, 200m Blandað Menn FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Kapping almenn: 07.11.2025 18:29:42

Kapping 12, 50m Bringu Kvinnur Jr-Y - Innleiðandi

FRO	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)		07.11.2025
FRO.JR	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)		07.11.2025

FM kravtíð: 00:42.66

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.69	509	35.52	100,00 % Q
	Entry time: 35.52	(=)				
2	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.68	464	36.62	99,31 % Q
	Entry time: 36.37	(+0.25)				
3	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.75	438	37.33	100,88 % -
	Entry time: 37.66	(-0.33)				
4	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	+0.71	393	38.72	101,85 % Q
	Entry time: 39.45	(-0.73)				
5	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.69	355	40.03	97,91 % R1
	Entry time: 39.21	(+0.82)				
6	Lea Petersen	2009 Svímjifelagið Ægir	+0.53	352	40.16	95,69 % R2
	Entry time: 38.50	(+1.66)				

Kapping almenn: 07.11.2025 10:48:12

Kapping 12, 50m Bringu Kvinnur Jr-E - Innleiðandi

FRO	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)		07.11.2025
FRO.JR	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)		07.11.2025

FM kravtíð: 00:42.66

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	670	32.42	99,38 % Q
	Entry time: 32.22	(+0.20)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.62	458	36.78	96,01 % Q
	Entry time: 35.37	(+1.41)				

Kapping almenn: 07.11.2025 10:48:12

Kapping 12, 50m Bringu Kvinnur FM - Innleiðandi

FRO	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)		07.11.2025
FRO.JR	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)		07.11.2025

FM kravtíð: 00:42.66

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	670	32.42	99,38 % Q
	Entry time: 32.22	(+0.20)				
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.69	509	35.52	100,00 % Q
	Entry time: 35.52	(=)				
3	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.68	464	36.62	99,31 % Q
	Entry time: 36.37	(+0.25)				
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.62	458	36.78	96,01 % Q
	Entry time: 35.37	(+1.41)				
5	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.75	438	37.33	100,88 % -
	Entry time: 37.66	(-0.33)				



Úrslit

Kapping 12, 50m Bringu Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.71	393	38.72	101,85 % Q
Entry time: 39.45 (-0.73)						
7	Oddvá Sedefa D. Nattestad	2006 Havnar Svímjifelag	+0.74	365	39.67	96,67 % Q
Entry time: 38.39 (+1.28)						
8	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.69	355	40.03	97,91 % R1
Entry time: 39.21 (+0.82)						
9	Lea Petersen	2009 Svímjifelagið Ægir	+0.53	352	40.16	95,69 % R2
Entry time: 38.50 (+1.66)						
10	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	+0.75	318	41.56	100,10 %
Entry time: 41.60 (-0.04)						
11	India Linnea Bech	2011 Havnar Svímjifelag	+0.78	316	41.62	100,31 %
Entry time: 41.75 (-0.13)						
EXH	Jonni B. Danielsen	2011 Svímjifelagið Flot	+0.83	206	47.97	97,72 %
Entry time: 46.90 (+1.07)						
EXH	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.80	254	44.76	102,84 %
Entry time: 46.07 (-1.31)						
EXH	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir	+0.53	207	47.91	101,52 %
Entry time: 48.65 (-0.74)						

Kapping almenn: 07.11.2025 10:48:12

Kapping 12, 50m Bringu Kvinnur Jr-Y - Final

FRO	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	07.11.2025
FRO.JR	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	07.11.2025

FM kravtíð: 00:42.66

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.66	559	34.42	103,10 %
Entry time: 35.52 (-1.10)						
2	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.56	473	36.39	100,63 %
Entry time: 36.62 (-0.23)						
3	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.73	387	38.92	99,48 %
Entry time: 38.72 (+0.20)						

Kapping almenn: 07.11.2025 18:35:03

Kapping 12, 50m Bringu Kvinnur Jr-E - Final

FRO	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	07.11.2025
FRO.JR	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	07.11.2025

FM kravtíð: 00:42.66

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	689	32.11	100,96 % FRO
Entry time: 32.42 (-0.31)						
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	458	36.79	99,97 %
Entry time: 36.78 (+0.01)						

Kapping almenn: 07.11.2025 18:35:03

Kapping 12, 50m Bringu Kvinnur FM - Final

FRO	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	07.11.2025
FRO.JR	32.11	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	07.11.2025

FM kravtíð: 00:42.66



Úrslit

Kapping 12, 50m Bringu Kvinnur FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted Entry time: 32.42 (-0.31)	2008 Svímjifelagið Ægir	+0.75	689	32.11	100,96 % FRO
2	Sissal Rógvadóttir Entry time: 35.52 (-1.10)	2010 Suðuroyar Svímjifelag	+0.66	559	34.42	103,10 %
3	Talita Johannesen Entry time: 36.62 (-0.23)	2010 Suðuroyar Svímjifelag	+0.56	473	36.39	100,63 %
4	Rebekka Róðinsdóttir Entry time: 36.78 (+0.01)	2007 Fuglafjarðar Svímjifelag	+0.63	458	36.79	99,97 %
5	Oddvá Sæda D. Nattestad Entry time: 39.67 (-1.10)	2006 Havnar Svímjifelag	+0.78	397	38.57	102,77 %
6	Mariella Annbrittardóttur Henriks Entry time: 38.72 (+0.20)	2010 Havnar Svímjifelag	+0.73	387	38.92	99,48 %

Kapping almenn: 07.11.2025 18:35:03

Kapping 13, 100m Frí Menn Jr-Y - Innleiðandi

FRO	49.27	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	16.07.2025
FRO.JR	50.43	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	08.11.2024

FM kravtíð: 01:07.13

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen Entry time: 58.72 (-0.86) 50m: 27.88	2010 Suðuroyar Svímjifelag 100m: 57.86 (29.98)	+0.70	465	57.86	101,46 % Q
2	Sigbjartur J. Egholm Entry time: 1:00.19 (+0.11) 50m: 28.09	2009 Havnar Svímjifelag 100m: 1:00.30 (32.21)	+0.79	411	1:00.30	99,82 %
3	Jónatan Samuelsen Entry time: 1:03.66 (+1.27) 50m: 30.55	2010 Havnar Svímjifelag 100m: 1:04.93 (34.38)	+0.77	329	1:04.93	98,01 %
4	Jens Martin Dam Entry time: 1:03.90 (+2.09) 50m: 30.84	2009 Havnar Svímjifelag 100m: 1:05.99 (35.15)	+0.78	313	1:05.99	96,73 %
5	Andrias Mellemgard Entry time: 1:16.50 (-7.39) 50m: 32.91	S9 2009 Havnar Svímjifelag 100m: 1:09.11 (36.20)	+0.82	273	1:09.11	109,66 %

Kapping almenn: 07.11.2025 10:57:28

Kapping 13, 100m Frí Menn Jr-E - Innleiðandi

FRO	49.27	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	16.07.2025
FRO.JR	50.43	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	08.11.2024

FM kravtíð: 01:07.13

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen Entry time: 55.95 (-2.09) 50m: 26.06	2008 Havnar Svímjifelag 100m: 53.86 (27.80)	+0.75	577	53.86	103,74 % Q
2	Bárður Ólavsson Entry time: 56.10 (+1.38) 50m: 27.87	2008 Svímjifelagið Ægir 100m: 57.48 (29.61)	+0.68	474	57.48	97,54 % Q
3	Ólavur Winther Jákupsson Entry time: 1:01.24 (-3.53) 50m: 27.40	2008 Havnar Svímjifelag 100m: 57.71 (30.31)	+0.70	469	57.71	105,76 % Q

09-11-2025 18:15:18

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 23/89





Úrslit

Kapping 13, 100m Frí Menn Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Lukas Besson	2007 Svímjifelagið Ægir	+0.67	437	59.05	R1
	50m: 28.25	100m: 59.05 (30.80)				

Kapping almenn: 07.11.2025 10:57:28

Kapping 13, 100m Frí Menn FM - Innleiðandi

FRO	49.27	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	16.07.2025
FRO.JR	50.43	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	08.11.2024

FM kravtíð: 01:07.13

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.70	627	52.38	99,64 % Q
	Entry time: 52.19 (+0.19)					
	50m: 25.13	100m: 52.38 (27.25)				
2	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.75	577	53.86	103,74 % Q
	Entry time: 55.95 (-2.09)					
	50m: 26.06	100m: 53.86 (27.80)				
3	Tórir Olsen	2011 Svímjifelagið Ægir	+0.72	508	56.18	104,16 % Q
	Entry time: 58.62 (-2.44)					
	50m: 27.12	100m: 56.18 (29.06)				
4	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.68	474	57.48	97,54 % Q
	Entry time: 56.10 (+1.38)					
	50m: 27.87	100m: 57.48 (29.61)				
5	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.70	469	57.71	105,76 % Q
	Entry time: 1:01.24 (-3.53)					
	50m: 27.40	100m: 57.71 (30.31)				
6	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.70	465	57.86	101,46 % Q
	Entry time: 58.72 (-0.86)					
	50m: 27.88	100m: 57.86 (29.98)				
7	Lukas Besson	2007 Svímjifelagið Ægir	+0.67	437	59.05	R1
	50m: 28.25	100m: 59.05 (30.80)				
8	Benjamin Havn	2011 Svímjifelagið Ægir	+0.50	422	59.74	103,02 % R2
	Entry time: 1:01.60 (-1.86)					
	50m: 28.99	100m: 59.74 (30.75)				
9	Theodor Salter	2011 Havnar Svímjifelag	+0.69	412	1:00.22	99,18 %
	Entry time: 59.73 (+0.49)					
	50m: 28.70	100m: 1:00.22 (31.52)				
10	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.79	411	1:00.30	99,82 %
	Entry time: 1:00.19 (+0.11)					
	50m: 28.09	100m: 1:00.30 (32.21)				
11	Teitur Míné Róason	2011 Havnar Svímjifelag	+0.56	347	1:03.76	99,31 %
	Entry time: 1:03.32 (+0.44)					
	50m: 29.80	100m: 1:03.76 (33.96)				
12	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.74	347	1:03.81	98,54 %
	Entry time: 1:02.89 (+0.92)					
	50m: 31.69	100m: 1:03.81 (32.12)				
13	Jónatan Samuelson	2010 Havnar Svímjifelag	+0.77	329	1:04.93	98,01 %
	Entry time: 1:03.66 (+1.27)					
	50m: 30.55	100m: 1:04.93 (34.38)				
14	Nóa Róason Staksund	2011 Havnar Svímjifelag	+0.81	318	1:05.66	106,03 %
	Entry time: 1:09.87 (-4.21)					
	50m: 32.13	100m: 1:05.66 (33.53)				



Úrslit

Kapping 13, 100m Frí Menn FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
15	Jens Martin Dam	2009 Havnar Svímjifelag	+0.78	313	1:05.99	96,73 %
	Entry time: 1:03.90 (+2.09)					
	50m: 30.84	100m: 1:05.99 (35.15)				
16	Andrias Mellemgard	S9 2009 Havnar Svímjifelag	+0.82	273	1:09.11	109,66 %
	Entry time: 1:16.50 (-7.39)					
	50m: 32.91	100m: 1:09.11 (36.20)				
EXH	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.82	229	1:13.19	99,48 %
	Entry time: 1:12.81 (+0.38)					
	50m: 34.67	100m: 1:13.19 (38.52)				
EXH	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.56	305	1:06.61	113,67 %
	Entry time: 1:17.16 (-10.55)					
	50m: 31.74	100m: 1:06.61 (34.87)				
EXH	Símun Eliassen	2011 Havnar Svímjifelag	+0.59	253	1:10.89	97,02 %
	Entry time: 1:08.84 (+2.05)					
	50m: 33.18	100m: 1:10.89 (37.71)				
EXH	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.74	264	1:09.82	99,16 %
	Entry time: 1:09.24 (+0.58)					
	50m: 32.92	100m: 1:09.82 (36.90)				

Kapping almenn: 07.11.2025 10:57:28

Kapping 13, 100m Frí Menn Jr-Y - Final

FRO	49.27	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	16.07.2025
FRO.JR	50.43	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	08.11.2024

FM kravtíð: 01:07.13

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.75	427	59.51	97,15 %
	Entry time: 57.86 (+1.65)					
	50m: 28.08	100m: 59.51 (31.43)				

Kapping almenn: 07.11.2025 18:38:09

Kapping 13, 100m Frí Menn Jr-E - Final

FRO	49.27	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	16.07.2025
FRO.JR	50.43	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	08.11.2024

FM kravtíð: 01:07.13

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.63	550	54.71	104,82 %
	Entry time: 57.48 (-2.77)					
	50m: 26.70	100m: 54.71 (28.01)				
2	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.71	534	55.25	97,42 %
	Entry time: 53.86 (+1.39)					
	50m: 26.10	100m: 55.25 (29.15)				
3	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.72	404	1:00.63	94,94 %
	Entry time: 57.71 (+2.92)					
	50m: 28.84	100m: 1:00.63 (31.79)				

Kapping almenn: 07.11.2025 18:38:09

Kapping 13, 100m Frí Menn FM - Final

FRO	49.27	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	16.07.2025
FRO.JR	50.43	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	08.11.2024

FM kravtíð: 01:07.13

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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09-11-2025 18:15.18

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 25/89





Úrslit

Kapping 13, 100m Frí Menn FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.66	638	52.06	100,61 %
	Entry time: 52.38 (-0.32)	100m: 52.06 (27.06)				
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.63	550	54.71	104,82 %
	Entry time: 57.48 (-2.77)	100m: 54.71 (28.01)				
3	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.71	534	55.25	97,42 %
	Entry time: 53.86 (+1.39)	100m: 55.25 (29.15)				
4	Tórir Olsen	2011 Svímjifelagið Ægir	+0.73	483	57.13	98,31 %
	Entry time: 56.18 (+0.95)	100m: 57.13 (29.46)				
5	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.75	427	59.51	97,15 %
	Entry time: 57.86 (+1.65)	100m: 59.51 (31.43)				
6	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.72	404	1:00.63	94,94 %
	Entry time: 57.71 (+2.92)	100m: 1:00.63 (31.79)				

Kapping almenn: 07.11.2025 18:38:09

Kapping 14, 4x100m Frí Kvinnur Jr-Y - Innleiðandi

FRO	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
FRO.JR	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
Raðf	Navn	Aldur Felag	AQU	Tíð	Munur
1	Suðuroyar Svímjifelag	16 Suðuroyar Svímjifelag	429 Q	4:31.76	92,10 %
	Jórun Winther	2011 +0.76	30.60	30.60	
	Bjarta í Lágabø	2009 ---	34.50	1:05.10	
	Emma Debes	2010 +0.56	1:37.23	30.65	1:35.75
	Sissal Rógvadóttir	2010 ---	2:17.64	34.56	2:10.31
2	HS 1	16 Havnar Svímjifelag	410 Q	4:35.94	
	Mariella Annbrittardóttur	2010 +0.75	31.87	31.87	
	Henriksen				
	Halla Háfoss	2009 ---	34.40	1:06.27	
	Lilja Lenvig Harrysdóttir	2009 +0.33	1:39.12	31.16	1:37.43
	Lilja Sørensen	2011 ---	2:19.53	35.84	2:13.27

Kapping almenn: 07.11.2025 11:13:30

Kapping 14, 4x100m Frí Kvinnur Jr-E - Innleiðandi

FRO	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
FRO.JR	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
Raðf	Navn	Aldur Felag	AQU	Tíð	Munur
1	Ægir	18 Svímjifelagið Ægir	465 Q	4:24.46	
	Lea Petersen	2009 +0.69	31.20	31.20	
	Lea Osberg Højsted	2008 ---	34.10	1:05.30	
	Jóhanna Ólavsdóttir	2007 +0.31	1:33.93	31.31	1:36.61
	Durita Mohr Askham	2008 ---	2:10.77	31.00	2:07.61

Kapping almenn: 07.11.2025 11:13:30

Kapping 14, 4x100m Frí Kvinnur FM - Innleiðandi

09-11-2025 18:15:19

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 26/89





Úrslit

Kapping 14, 4x100m Frí Kvinnur FM - Innleiðandi

FRO	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
FRO.JR	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	Ægir		18 Svímjifelagið Ægir	465 Q	4:24.46
	Lea Petersen	2009	+0.69	31.20	31.20
	Lea Osberg Højsted	2008	-..	34.10	1:05.30
	Jóhanna Ólavsdóttir	2007	+0.31	1:33.93	1:36.61
	Durita Mohr Askham	2008	-..	2:10.77	2:07.61
2	Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag	429 Q	4:31.76 92,10 %
	Jórun Winther	2011	+0.76	30.60	30.60
	Bjarta í Lágabø	2009	-..	34.50	1:05.10
	Emma Debes	2010	+0.56	1:37.23	1:35.75
	Sissal Rógvadóttir	2010	-..	2:17.64	2:10.31
3	HS 1		16 Havnar Svímjifelag	410 Q	4:35.94
	Mariella Annbrittardóttur Henriksen	2010	+0.75	31.87	31.87
	Halla Háfoss	2009	-..	34.40	1:06.27
	Lilja Lenvig Harrysdóttir	2009	+0.33	1:39.12	1:37.43
	Lilja Sørensen	2011	-..	2:19.53	2:13.27

Kapping almenn: 07.11.2025 11:13:30

Kapping 14, 4x100m Frí Kvinnur Jr-Y - Final

FRO	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
FRO.JR	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
-	Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag		DSQ
	SW 10.11. Tjónvstartur í liðsvímjng. _ svímjari				
	Emma Debes	2010	+0.75	30.31	1:03.72
	Sissal Rógvadóttir	2010	+0.35	29.70	1:02.59
	Jórun Winther	2011	+0.47	28.37	1:00.52
	Bjarta í Lágabø	2009	-0.05		DSQ

Kapping almenn: 07.11.2025 18:59:01

Kapping 14, 4x100m Frí Kvinnur Jr-E - Final

FRO	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
FRO.JR	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	Ægir		18 Svímjifelagið Ægir	587	4:04.76 107,45
	Lea Petersen	2009	+0.69	30.67	1:05.14
	Lea Osberg Højsted	2008	+0.22	27.09	57.59
	Jóhanna Ólavsdóttir	2007	+0.42	29.16	1:01.09
	Durita Mohr Askham	2008	+0.26	28.85	1:00.94

Kapping almenn: 07.11.2025 18:59:01

Kapping 14, 4x100m Frí Kvinnur FM - Final

FRO	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
FRO.JR	3:54.86	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	03.11.2017
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur

09-11-2025 18:15:19

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 27/89





Úrslit

Kapping 14, 4x100m Frí Kvinnur FM - Final

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir		587	4:04.76	107,45
	Lea Petersen	2009		+0.69	30.67	1:05.14	1:05.14
	Lea Osberg Højsted	2008		+0.22	27.09	57.59	2:02.73
	Jóhanna Ólavsdóttir	2007		+0.42	29.16	1:01.09	3:03.82
	Durita Mohr Askham	2008		+0.26	28.85	1:00.94	4:04.76
2	HS 1		19 Havnar Svímjifelag		451	4:27.16	103,18
	Lilja Lenvig Harrýsdóttir	2009		+0.71	30.27	1:05.02	1:05.02
	Halla Háfoss	2009		+0.31	31.48	1:07.19	2:12.21
	Oddvá Seda D. Nattestad	2006		+0.36	32.26	1:08.75	3:20.96
	Mariella Annbrittardóttir Henriksen	2010		+0.64	31.43	1:06.20	4:27.16
-	Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag			DSQ	
	SW 10.11. Tjónstartur í liðsvímjng. _ svímjari						
	Emma Debes	2010		+0.75	30.31	1:03.72	1:03.72
	Sissal Rógvadóttir	2010		+0.35	29.70	1:02.59	2:06.31
	Jórun Winther	2011		+0.47	28.37	1:00.52	3:06.83
	Bjarta í Lágabø	2009		-0.05			DSQ

Kapping almenn: 07.11.2025 18:59:01

Kapping 15, 4x100m Frí Menn Jr-Y - Innleiðandi

FRO.JR	3:39.03	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	10.11.2023		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
1	HS 3		16 Havnar Svímjifelag	287 Q	4:35.18		
	Jónatan Samuelsen	2010		+0.70	31.86	31.86	
	Jens Martin Dam	2009		---	34.12	1:05.98	
	Sigbjartur J. Egholm	2009		+0.60	1:40.17	32.86	1:38.84
	Andrias Mellemegaard	2009	S9	---	2:17.09	37.17	2:16.01

Kapping almenn: 07.11.2025 11:19:50

Kapping 15, 4x100m Frí Menn Jr-E - Innleiðandi

FRO.JR	3:39.03	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	10.11.2023		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
-	Ægir		18 Svímjifelagið Ægir	385 Q	4:09.54		
	Lukas Besson	2007		+0.67	32.17	32.17	
	Fróði Hansen	2008		---	33.63	1:05.80	
	Tórir Olsen	2011		+0.12	1:28.79	28.73	1:34.53
	Bárður Ólavsson	2008		---	2:01.80	31.49	2:06.02
-	HS 1		17 Havnar Svímjifelag	306 Q	4:29.31		
	Ólavur Winther Jákupsson	2008		+0.71	27.96	27.96	
	Óli Mikkelsen	2008		---	30.62	58.58	
	Bragi Bjarnason	2012		+0.57	1:38.14	30.36	1:28.94
	Símun Eliassen	2011		---	2:21.15	34.35	2:03.29

Kapping almenn: 07.11.2025 11:19:50

Kapping 15, 4x100m Frí Menn FM - Innleiðandi

FRO.JR	3:39.03	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	10.11.2023
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09-11-2025 18:15:19

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 28/89





Úrslit

Kapping 15, 4x100m Frí Menn FM - Innleiðandi

Raðf	Navn	Aldur	Felag			AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir			385 Q	4:09.54	
	Lukas Bessason	2007		+0.67		32.17	32.17	
	Fróði Hansen	2008		---		33.63	1:05.80	
	Tórir Olsen	2011		+0.12	1:28.79	28.73	1:34.53	
	Bárður Ólavsson	2008		---	2:01.80	31.49	2:06.02	
2	HS 1		17 Havnar Svímjifelag			306 Q	4:29.31	
	Ólavur Winther Jákupsson	2008		+0.71		27.96	27.96	
	Óli Mikkelsen	2008		---		30.62	58.58	
	Bragi Bjarnason	2012		+0.57	1:38.14	30.36	1:28.94	
	Símun Eliassen	2011		---	2:21.15	34.35	2:03.29	
3	HS 3		16 Havnar Svímjifelag			287 Q	4:35.18	
	Jónatan Samuelsen	2010		+0.70		31.86	31.86	
	Jens Martin Dam	2009		---		34.12	1:05.98	
	Sigbjartur J. Egholm	2009		+0.60	1:40.17	32.86	1:38.84	
	Andrias Mellemsgaard	2009	S9	---	2:17.09	37.17	2:16.01	

Kapping almenn: 07.11.2025 11:19:50

Kapping 15, 4x100m Frí Menn Jr-Y - Final

FRO.JR	3:39.03	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	10.11.2023			
Raðf	Navn	Aldur	Felag			AQU	Tíð	Munur
1	HS 3		16 Havnar Svímjifelag			374	4:11.95	108,44
	Teitur Miné Róason	2011		+0.53	29.68	1:03.77	1:03.77	
	Jens Martin Dam	2009		+0.51	30.87	1:06.45	2:10.22	
	Jónatan Samuelsen	2010		+0.31	29.64	1:04.21	3:14.43	
	Sigbjartur J. Egholm	2009		+0.13	27.11	57.52	4:11.95	

Kapping almenn: 07.11.2025 19:13:38

Kapping 15, 4x100m Frí Menn FM - Final

FRO.JR	3:39.03	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	10.11.2023			
Raðf	Navn	Aldur	Felag			AQU	Tíð	Munur
1	Ægir		19 Svímjifelagið Ægir			596	3:35.85	113,50
	Fróði Hansen	2008		+0.70	25.84	53.84	53.84	
	Tórir Olsen	2011		+0.46	26.68	55.63	1:49.47	
	Heini Mohr Askham	2006		+0.41	24.97	51.94	2:41.41	
	Bárður Ólavsson	2008		+0.43	26.30	54.44	3:35.85	
2	HS 1		19 Havnar Svímjifelag			552	3:41.36	117,80
	Óli Mikkelsen	2008		+0.70	26.08	54.68	54.68	
	Theodor Salter	2011		+0.58	27.68	58.10	1:52.78	
	Ólavur Winther Jákupsson	2008		+0.55	27.41	58.06	2:50.84	
	Isak Brisenfeldt	2006		+0.31	24.25	50.52	3:41.36	



Úrslit

Kapping 15, 4x100m Frí Menn FM - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
3	HS 3		16 Havnar Svímjifelag	374	4:11.95	108,44
	Teitur Miné Róason	2011	+0.53	29.68	1:03.77	1:03.77
	Jens Martin Dam	2009	+0.51	30.87	1:06.45	2:10.22
	Jónatan Samuelsen	2010	+0.31	29.64	1:04.21	3:14.43
	Sigbjartur J. Egholm	2009	+0.13	27.11	57.52	4:11.95

Kapping almenn: 07.11.2025 19:13:38

Kapping 16, 4x100m Blandað Mix Jr-Y - Innleiðandi

FRO	4:05.36	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022		
FRO.JR	4:16.07	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	16.04.2023		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
1	HS 2		16 Havnar Svímjifelag	Q	5:01.61		
	Jónatan Samuelsen	2010	+0.76	35.80	1:15.51	1:15.51	
	Sigbjartur J. Egholm	2009	+0.20	37.48	1:23.00	2:38.51	
	Halla Háfoss	2009	+0.30	34.71	1:15.70	3:54.21	
	Lilja Lenvig Harrýsdóttir	2009	+0.33	30.72	1:07.40	5:01.61	
-	HS 3		16 Havnar Svímjifelag		DSQ		
	SW 8.2. Armar ikki yvir vatni						
	Lilja Sørensen	2011	+0.91	39.42	1:21.44	1:21.44	
	Andrias Mellemegaard	2009	SB9	+1.07	41.01	1:26.51	2:47.95
	Jens Martin Dam	2009		+0.46		DSQ	
	Mariella Annbriittardóttir Henriksen	2010		+0.58			

Kapping almenn: 08.11.2025 09:39:01

Kapping 16, 4x100m Blandað Mix Jr-E - Innleiðandi

FRO	4:05.36	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022	
FRO.JR	4:16.07	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	16.04.2023	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir	Q	4:36.89	
	Lukas Bessason	2007	+0.98	31.96	1:06.77	1:06.77
	Fróði Hansen	2008	+0.16	31.59	1:07.30	2:14.07
	Jóhanna Ólavsdóttir	2007	+0.43	33.35	1:12.23	3:26.30
	Lea Petersen	2009	+0.40	33.48	1:10.59	4:36.89
2	HS 1		18 Havnar Svímjifelag	Q	5:21.96	
	Óli Mikkelsen	2008	+0.88	37.35	1:17.36	1:17.36
	Dorteia Dam	2007	+0.50	42.38	1:31.97	2:49.33
	Ólavur Winther Jákupsson	2008	+0.84	35.58	1:16.49	4:05.82
	Jóhanna Katrina Jacobsen	2007	+0.56	35.22	1:16.14	5:21.96

Kapping almenn: 08.11.2025 09:39:01

Kapping 16, 4x100m Blandað Mix FM - Innleiðandi

FRO	4:05.36	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022	
FRO.JR	4:16.07	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	16.04.2023	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur



Úrslit

Kapping 16, 4x100m Blandað Mix FM - Innleiðandi

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir		Q	4:36.89	
	Lukas Bessason	2007		+0.98	31.96	1:06.77	1:06.77
	Fróði Hansen	2008		+0.16	31.59	1:07.30	2:14.07
	Jóhanna Ólavsdóttir	2007		+0.43	33.35	1:12.23	3:26.30
	Lea Petersen	2009		+0.40	33.48	1:10.59	4:36.89
2	Ægir lið 2		19 Svímjifelagið Ægir		Q	4:46.46	
	Lea Osberg Højsted	2008		+0.70	38.07	1:18.88	1:18.88
	Heini Mohr Askham	2006		+0.69	32.88	1:11.42	2:30.30
	Bárður Ólavsson	2008		+0.52	29.91	1:04.66	3:34.96
	Durita Mohr Askham	2008		+0.58	33.13	1:11.50	4:46.46
3	HS 2		16 Havnar Svímjifelag		Q	5:01.61	
	Jónatan Samuelsen	2010		+0.76	35.80	1:15.51	1:15.51
	Sigbjartur J. Egholm	2009		+0.20	37.48	1:23.00	2:38.51
	Halla Háfoss	2009		+0.30	34.71	1:15.70	3:54.21
	Lilja Lenvig Harrysdóttir	2009		+0.33	30.72	1:07.40	5:01.61
4	FS		20 Fuglafjarðar Svímjifelag		Q	5:15.48	
	Karl Joensen	2005		+0.84	36.62	1:15.65	1:15.65
	Birita Vesturtún	2007		+0.34	42.06	1:30.02	2:45.67
	Fríðálvur Eliassen	2011		+0.50	34.84	1:15.31	4:00.98
	Sirið Vesturtún	2011		+0.55	34.95	1:14.50	5:15.48
5	HS 1		18 Havnar Svímjifelag		Q	5:21.96	
	Óli Mikkelsen	2008		+0.88	37.35	1:17.36	1:17.36
	Dorteia Dam	2007		+0.50	42.38	1:31.97	2:49.33
	Ólavur Winther Jákupsson	2008		+0.84	35.58	1:16.49	4:05.82
	Jóhanna Katrina Jacobsen	2007		+0.56	35.22	1:16.14	5:21.96
-	HS 3		16 Havnar Svímjifelag			DSQ	
	SW 8.2. Armar ikki yvir vatni						
	Lilja Sørensen	2011		+0.91	39.42	1:21.44	1:21.44
	Andrias Mellemsgaard	2009	SB9	+1.07	41.01	1:26.51	2:47.95
	Jens Martin Dam	2009		+0.46			DSQ
	Mariella Annbrittardóttur Henriksen	2010		+0.58			

Kapping almenn: 08.11.2025 09:39:01

Kapping 16, 4x100m Blandað Mix Jr-E - Final

FRO	4:05.36	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022		
FRO.JR	4:16.07	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	16.04.2023		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
1	Ægir		18 Svímjifelagið Ægir		4:23.63	104,79	
	Lukas Bessason	2007		+0.71	31.17	1:05.58	1:05.58
	Fróði Hansen	2008		+0.28	30.14	1:04.73	2:10.31
	Jóhanna Ólavsdóttir	2007		+0.48	30.82	1:06.83	3:17.14
	Lea Osberg Højsted	2008		+0.56	31.48	1:06.49	4:23.63

09-11-2025 18:15:19

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 31/89





Úrslit

Kapping 16, 4x100m Blandað Mix Jr-E - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
2	HS 1		17 Havnar Svímjifelag		4:37.80	113,72
	Óli Mikkelsen	2008		+1.01 29.15 1:00.34	1:00.34	
	Sigbjartur J. Egholm	2009		+0.32 36.72 1:21.29	2:21.63	
	Halla Háfoss	2009		+0.33 32.83 1:11.34	3:32.97	
	Lilja Lenvig Harrýsdóttir	2009		+0.67 30.11 1:04.83	4:37.80	

Kapping almenn: 08.11.2025 17:07:14

Kapping 16, 4x100m Blandað Mix FM - Final

FRO	4:05.36	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022	
FRO.JR	4:16.07	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	16.04.2023	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir		4:23.63	104,79
	Lukas Bessason	2007		+0.71 31.17 1:05.58	1:05.58	
	Fróði Hansen	2008		+0.28 30.14 1:04.73	2:10.31	
	Jóhanna Ólavsdóttir	2007		+0.48 30.82 1:06.83	3:17.14	
	Lea Osberg Højsted	2008		+0.56 31.48 1:06.49	4:23.63	
2	Ægir lið 2		19 Svímjifelagið Ægir		4:30.91	105,43
	Bárður Ólavsson	2008		+0.70 32.05 1:04.67	1:04.67	
	Heini Mohr Askham	2006		+0.40 31.14 1:08.21	2:12.88	
	Durita Mohr Askham	2008		+0.51 32.15 1:10.43	3:23.31	
	Lea Petersen	2009		+0.50 31.98 1:07.60	4:30.91	
3	HS 1		17 Havnar Svímjifelag		4:37.80	113,72
	Óli Mikkelsen	2008		+1.01 29.15 1:00.34	1:00.34	
	Sigbjartur J. Egholm	2009		+0.32 36.72 1:21.29	2:21.63	
	Halla Háfoss	2009		+0.33 32.83 1:11.34	3:32.97	
	Lilja Lenvig Harrýsdóttir	2009		+0.67 30.11 1:04.83	4:37.80	
4	FS		20 Fuglafjarðar Svímjifelag		4:49.99	108,08
	Karl Joensen	2005		+0.72 35.20 1:13.85	1:13.85	
	Birita Vesturtún	2007		+0.37 39.09 1:24.51	2:38.36	
	Fríðálvur Eliassen	2011		+0.64 32.10 1:10.10	3:48.46	
	Sirið Vesturtún	2011		+0.23 28.67 1:01.53	4:49.99	
5	HS 2		19 Havnar Svímjifelag		5:32.61	89,72 %
	Lilja Sørensen	2011		+0.88 39.24 1:21.32	1:21.32	
	Andrias Mellemegaard	2009	SB9	+1.27 41.99 1:30.04	2:51.36	
	Nóa Róason Stakksund	2011		+0.56 38.81 1:27.34	4:18.70	
	Oddvá Seda D. Nattestad	2006		+0.07 33.65 1:13.91	5:32.61	

Kapping almenn: 08.11.2025 17:07:14

Kapping 17, 400m Frí Kvinnur Jr-Y - Innleiðandi

FRO	4:14.09	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022
FRO.JR	4:17.87	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Kolding (DEN)	11.12.2016

FM kravtíð: 05:49.43

Raðf	Navn	Føðia	Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 17, 400m Frí Kvinnur Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.77	518	4:46.54	98,90 % -
	Entry time: 4:43.41 (+3.13)					
	50m: 32.28	100m: 1:07.93 (35.65)			150m: 1:44.29 (36.36)	200m: 2:21.37 (37.08)
	250m: 2:58.07 (36.70)	300m: 3:35.11 (37.04)			350m: 4:11.52 (36.41)	400m: 4:46.54 (35.02)
2	Lea Petersen	2009 Svímjifelagið Ægir	+0.52	518	4:46.65	100,98 % Q
	Entry time: 4:49.50 (-2.85)					
	50m: 32.93	100m: 1:09.34 (36.41)			150m: 1:46.15 (36.81)	200m: 2:23.21 (37.06)
	250m: 2:59.28 (36.07)	300m: 3:35.50 (36.22)			350m: 4:11.46 (35.96)	400m: 4:46.65 (35.19)
-	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	--		DNS	

Kapping almenn: 08.11.2025 09:51:55

Kapping 17, 400m Frí Kvinnur Jr-E - Innleiðandi

FRO	4:14.09	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022
FRO.JR	4:17.87	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Kolding (DEN)	11.12.2016

FM kravtíð: 05:49.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.65	365	5:22.18	88,21 % Q
	Entry time: 4:48.20 (+33.98)					
	50m: 34.95	100m: 1:13.87 (38.92)			150m: 1:54.22 (40.35)	200m: 2:35.27 (41.05)
	250m: 3:16.62 (41.35)	300m: 3:58.37 (41.75)			350m: 4:40.57 (42.20)	400m: 5:22.18 (41.61)

Kapping almenn: 08.11.2025 09:51:55

Kapping 17, 400m Frí Kvinnur FM - Innleiðandi

FRO	4:14.09	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022
FRO.JR	4:17.87	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Kolding (DEN)	11.12.2016

FM kravtíð: 05:49.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.77	518	4:46.54	98,90 % -
	Entry time: 4:43.41 (+3.13)					
	50m: 32.28	100m: 1:07.93 (35.65)			150m: 1:44.29 (36.36)	200m: 2:21.37 (37.08)
	250m: 2:58.07 (36.70)	300m: 3:35.11 (37.04)			350m: 4:11.52 (36.41)	400m: 4:46.54 (35.02)
2	Lea Petersen	2009 Svímjifelagið Ægir	+0.52	518	4:46.65	100,98 % Q
	Entry time: 4:49.50 (-2.85)					
	50m: 32.93	100m: 1:09.34 (36.41)			150m: 1:46.15 (36.81)	200m: 2:23.21 (37.06)
	250m: 2:59.28 (36.07)	300m: 3:35.50 (36.22)			350m: 4:11.46 (35.96)	400m: 4:46.65 (35.19)
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.65	365	5:22.18	88,21 % Q
	Entry time: 4:48.20 (+33.98)					
	50m: 34.95	100m: 1:13.87 (38.92)			150m: 1:54.22 (40.35)	200m: 2:35.27 (41.05)
	250m: 3:16.62 (41.35)	300m: 3:58.37 (41.75)			350m: 4:40.57 (42.20)	400m: 5:22.18 (41.61)
4	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	+0.72	299	5:43.98	97,89 % Q
	Entry time: 5:36.86 (+7.12)					
	50m: 38.69	100m: 1:21.62 (42.93)			150m: 2:06.10 (44.48)	200m: 2:50.65 (44.55)
	250m: 3:34.95 (44.30)	300m: 4:19.16 (44.21)			350m: 5:03.40 (44.24)	400m: 5:43.98 (40.58)
-	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	--		DNS	

Kapping almenn: 08.11.2025 09:51:55

Kapping 17, 400m Frí Kvinnur Jr-Y - Final

FRO	4:14.09	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022
FRO.JR	4:17.87	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Kolding (DEN)	11.12.2016

FM kravtíð: 05:49.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 17, 400m Frí Kvinnur Jr-Y - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir	+0.70	526	4:45.10	100,54 %
Entry time: 4:46.65 (-1.55)						
	50m: 33.47	100m: 1:09.98 (36.51)	150m: 1:46.27 (36.29)	200m: 2:21.81 (35.54)		
	250m: 2:57.34 (35.53)	300m: 3:33.21 (35.87)	350m: 4:09.09 (35.88)	400m: 4:45.10 (36.01)		

Kapping almenn: 08.11.2025 17:19:05

Kapping 17, 400m Frí Kvinnur Jr-E - Final

FRO	4:14.09	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022
FRO.JR	4:17.87	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Kolding (DEN)	11.12.2016

FM kravtíð: 05:49.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.60	540	4:42.74	112,24 %
Entry time: 5:22.18 (-39.44)						
	50m: 32.97	100m: 1:09.67 (36.70)	150m: 1:44.55 (34.88)	200m: 2:19.95 (35.40)		
	250m: 2:55.18 (35.23)	300m: 3:30.92 (35.74)	350m: 4:07.27 (36.35)	400m: 4:42.74 (35.47)		

Kapping almenn: 08.11.2025 17:19:05

Kapping 17, 400m Frí Kvinnur FM - Final

FRO	4:14.09	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022
FRO.JR	4:17.87	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Kolding (DEN)	11.12.2016

FM kravtíð: 05:49.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.60	540	4:42.74	112,24 %
Entry time: 5:22.18 (-39.44)						
	50m: 32.97	100m: 1:09.67 (36.70)	150m: 1:44.55 (34.88)	200m: 2:19.95 (35.40)		
	250m: 2:55.18 (35.23)	300m: 3:30.92 (35.74)	350m: 4:07.27 (36.35)	400m: 4:42.74 (35.47)		
2	Lea Petersen	2009 Svímjifelagið Ægir	+0.70	526	4:45.10	100,54 %
Entry time: 4:46.65 (-1.55)						
	50m: 33.47	100m: 1:09.98 (36.51)	150m: 1:46.27 (36.29)	200m: 2:21.81 (35.54)		
	250m: 2:57.34 (35.53)	300m: 3:33.21 (35.87)	350m: 4:09.09 (35.88)	400m: 4:45.10 (36.01)		
3	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	+0.50	340	5:29.80	104,12 %
Entry time: 5:43.98 (-14.18)						
	50m: 36.28	100m: 1:17.42 (41.14)	150m: 1:59.95 (42.53)	200m: 2:43.24 (43.29)		
	250m: 3:25.40 (42.16)	300m: 4:07.56 (42.16)	350m: 4:50.00 (42.44)	400m: 5:29.80 (39.80)		

Kapping almenn: 08.11.2025 17:19:05

Kapping 18, 100m Firvald Menn Jr-Y - Innleiðandi

FRO	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FRO.JR	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024

FM kravtíð: 01:11.82

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.73	334	1:08.73	103,41 % Q
Entry time: 1:11.16 (-2.43)						
	50m: 31.00	100m: 1:08.73 (37.73)				
2	Jens Martin Dam	2009 Havnar Svímjifelag	+0.77	218	1:19.16	98,80 % -
Entry time: 1:18.22 (+0.94)						
	50m: 35.12	100m: 1:19.16 (44.04)				

Kapping almenn: 08.11.2025 09:54:05

Kapping 18, 100m Firvald Menn Jr-E - Innleiðandi

FRO	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FRO.JR	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024

FM kravtíð: 01:11.82



Úrslit

Kapping 18, 100m Firvald Menn Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.69	446	1:02.43	94,77 % Q
	Entry time: 59.33 (+3.10)					
	50m: 29.02	100m: 1:02.43 (33.41)				
Kapping almenn: 08.11.2025 09:54:05						

Kapping 18, 100m Firvald Menn FM - Innleiðandi

FRO	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FRO.JR	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FM kravtíð: 01:11.82					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.69	446	1:02.43	94,77 % Q
	Entry time: 59.33 (+3.10)					
	50m: 29.02	100m: 1:02.43 (33.41)				
2	Isak Brisenfeldt	2006 Havnar Svímjifelag	+0.72	412	1:04.09	80,59 % -
	Entry time: 53.67 (+10.42)					
	50m: 30.50	100m: 1:04.09 (33.59)				
3	Theodor Salter	2011 Havnar Svímjifelag	+0.64	378	1:05.93	100,30 % Q
	Entry time: 1:06.13 (-0.20)					
	50m: 30.02	100m: 1:05.93 (35.91)				
4	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.73	334	1:08.73	103,41 % Q
	Entry time: 1:11.16 (-2.43)					
	50m: 31.00	100m: 1:08.73 (37.73)				
5	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.82	307	1:10.72	103,91 % Q
	Entry time: 1:13.60 (-2.88)					
	50m: 33.45	100m: 1:10.72 (37.27)				
6	Jens Martin Dam	2009 Havnar Svímjifelag	+0.77	218	1:19.16	98,80 % -
	Entry time: 1:18.22 (+0.94)					
	50m: 35.12	100m: 1:19.16 (44.04)				
EXH	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.79	140	1:31.71	108,64 %
	Entry time: 1:40.38 (-8.67)					
	50m: 39.78	100m: 1:31.71 (51.93)				
EXH	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.69	182	1:24.08	103,22 %
	Entry time: 1:26.88 (-2.80)					
	50m: 37.65	100m: 1:24.08 (46.43)				
Kapping almenn: 08.11.2025 09:54:05						

Kapping 18, 100m Firvald Menn Jr-Y - Final

FRO	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FRO.JR	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FM kravtíð: 01:11.82					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.83	336	1:08.56	100,25 %
	Entry time: 1:08.73 (-0.17)					
	50m: 30.38	100m: 1:08.56 (38.18)				
Kapping almenn: 08.11.2025 17:23:01						

Kapping 18, 100m Firvald Menn Jr-E - Final

FRO	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FRO.JR	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FM kravtíð: 01:11.82					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 18, 100m Firvald Menn Jr-E - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.66	523	59.21	105,16 %
	Entry time: 1:02.43 (-3.22)					
	50m: 28.14	100m: 59.21 (31.07)				
Kapping almenn: 08.11.2025 17:23:01						

Kapping 18, 100m Firvald Menn FM - Final

FRO	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FRO.JR	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024

FM kravtíð: 01:11.82

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.66	523	59.21	105,16 %
	Entry time: 1:02.43 (-3.22)					
	50m: 28.14	100m: 59.21 (31.07)				
2	Theodor Salter	2011 Havnar Svímjifelag	+0.70	426	1:03.38	103,87 %
	Entry time: 1:05.93 (-2.55)					
	50m: 29.41	100m: 1:03.38 (33.97)				
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.73	351	1:07.61	104,40 %
	Entry time: 1:10.72 (-3.11)					
	50m: 32.42	100m: 1:07.61 (35.19)				
4	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.83	336	1:08.56	100,25 %
	Entry time: 1:08.73 (-0.17)					
	50m: 30.38	100m: 1:08.56 (38.18)				
Kapping almenn: 08.11.2025 17:23:01						

Kapping 19, 100m Bringu Kvinnur Jr-Y - Innleiðandi

FRO	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025
FRO.JR	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025

FM kravtíð: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.69	432	1:22.46	96,69 % Q
	Entry time: 1:19.82 (+2.64)					
	50m: 38.67	100m: 1:22.46 (43.79)				
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.71	412	1:23.74	93,62 % Q
	Entry time: 1:18.72 (+5.02)					
	50m: 39.10	100m: 1:23.74 (44.64)				
Kapping almenn: 08.11.2025 09:59:54						

Kapping 19, 100m Bringu Kvinnur Jr-E - Innleiðandi

FRO	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025
FRO.JR	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025

FM kravtíð: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	703	1:10.13	98,76 % Q
	Entry time: 1:09.27 (+0.86)					
	50m: 33.13	100m: 1:10.13 (37.00)				
2	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.68	369	1:26.94	Q
	50m: 40.77	100m: 1:26.94 (46.17)				
Kapping almenn: 08.11.2025 09:59:54						

Kapping 19, 100m Bringu Kvinnur FM - Innleiðandi

FRO	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025
FRO.JR	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025

09-11-2025 18:15:20

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 36/89





Úrslit

Kapping 19, 100m Bringu Kvinnur FM - Innleiðandi

FM kravtíð: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	703	1:10.13	98,76 % Q
	Entry time: 1:09.27 (+0.86)					
	50m: 33.13	100m: 1:10.13 (37.00)				
2	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.69	432	1:22.46	96,69 % Q
	Entry time: 1:19.82 (+2.64)					
	50m: 38.67	100m: 1:22.46 (43.79)				
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.71	412	1:23.74	93,62 % Q
	Entry time: 1:18.72 (+5.02)					
	50m: 39.10	100m: 1:23.74 (44.64)				
4	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.68	369	1:26.94	Q
	Entry time: 1:20.77 (+2.57)					
	50m: 40.77	100m: 1:26.94 (46.17)				
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.72	351	1:28.34	97,00 % Q
	Entry time: 1:25.77 (+2.57)					
	50m: 41.41	100m: 1:28.34 (46.93)				
6	India Linnea Bech	2011 Havnar Svímjifelag	+0.78	324	1:30.73	100,25 % Q
	Entry time: 1:30.96 (-0.23)					
	50m: 42.82	100m: 1:30.73 (47.91)				
7	Oddvá Sæda D. Nattestad	2006 Havnar Svímjifelag	+0.63	298	1:33.32	97,69 % -
	Entry time: 1:31.21 (+2.11)					
	50m: 42.26	100m: 1:33.32 (51.06)				
8	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	+0.69	280	1:35.23	96,26 % R1
	Entry time: 1:31.80 (+3.43)					
	50m: 45.49	100m: 1:35.23 (49.74)				
EXH	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.78	293	1:33.83	104,17 %
	Entry time: 1:37.91 (-4.08)					
	50m: 43.10	100m: 1:33.83 (50.73)				

Kapping almenn: 08.11.2025 09:59:54

Kapping 19, 100m Bringu Kvinnur Jr-Y - Final

FRO	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025
FRO.JR	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025

FM kravtíð: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.59	528	1:17.11	107,92 %
	Entry time: 1:23.74 (-6.63)					
	50m: 35.16	100m: 1:17.11 (41.95)				
2	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.72	456	1:20.98	101,79 %
	Entry time: 1:22.46 (-1.48)					
	50m: 38.03	100m: 1:20.98 (42.95)				

Kapping almenn: 08.11.2025 17:36:20

Kapping 19, 100m Bringu Kvinnur Jr-E - Final

FRO	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025
FRO.JR	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025

FM kravtíð: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.76	741	1:08.89	101,77 % FRO
	Entry time: 1:10.13 (-1.24)					
	50m: 32.31	100m: 1:08.89 (36.58)				



Úrslit

Kapping 19, 100m Bringu Kvinnur Jr-E - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.68	452	1:21.23	106,57 %
Entry time: 1:26.94 (-5.71)						
50m: 38.20 100m: 1:21.23 (43.03)						
Kapping almenn: 08.11.2025 17:36:20						

Kapping 19, 100m Bringu Kvinnur FM - Final

FRO	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025
FRO.JR	1:08.89	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	08.11.2025

FM kravtíð: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.76	741	1:08.89	101,77 % FRO
Entry time: 1:10.13 (-1.24)						
50m: 32.31 100m: 1:08.89 (36.58)						
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.59	528	1:17.11	107,92 %
Entry time: 1:23.74 (-6.63)						
50m: 35.16 100m: 1:17.11 (41.95)						
3	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.72	456	1:20.98	101,79 %
Entry time: 1:22.46 (-1.48)						
50m: 38.03 100m: 1:20.98 (42.95)						
4	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.68	452	1:21.23	106,57 %
Entry time: 1:26.94 (-5.71)						
50m: 38.20 100m: 1:21.23 (43.03)						
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.69	385	1:25.66	103,03 %
Entry time: 1:28.34 (-2.68)						
50m: 39.72 100m: 1:25.66 (45.94)						
6	India Linnea Bech	2011 Havnar Svímjifelag	+0.82	338	1:29.49	101,37 %
Entry time: 1:30.73 (-1.24)						
50m: 41.95 100m: 1:29.49 (47.54)						
Kapping almenn: 08.11.2025 17:36:20						

Kapping 20, 400m Frí Menn Jr-Y - Innleiðandi

FRO	3:40.12	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Istanbul (TUR)	10.12.2009
FRO.JR	3:42.57	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)	11.12.2008

FM kravtíð: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelson	2010 Havnar Svímjifelag	+0.74	410	4:45.70	102,91 % R2
Entry time: 4:54.26 (-8.56)						
50m: 31.24 100m: 1:05.96 (34.72) 150m: 1:41.69 (35.73) 200m: 2:17.61 (35.92)						
250m: 2:54.54 (36.93) 300m: 3:31.56 (37.02) 350m: 4:08.64 (37.08) 400m: 4:45.70 (37.06)						
2	Jens Martin Dam	2009 Havnar Svímjifelag	+0.82	316	5:11.49	99,16 %
Entry time: 5:08.88 (+2.61)						
50m: 32.75 100m: 1:09.76 (37.01) 150m: 1:49.29 (39.53) 200m: 2:29.91 (40.62)						
250m: 3:10.95 (41.04) 300m: 3:52.08 (41.13) 350m: 4:34.80 (42.72) 400m: 5:11.49 (36.69)						
Kapping almenn: 08.11.2025 10:16:54						

Kapping 20, 400m Frí Menn Jr-E - Innleiðandi

FRO	3:40.12	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Istanbul (TUR)	10.12.2009
FRO.JR	3:42.57	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)	11.12.2008

FM kravtíð: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 20, 400m Frí Menn Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.76	579	4:14.64	98,00 % Q
	Entry time: 4:09.64 (+5.00)					
	50m: 28.77	100m: 1:00.40 (31.63)	150m: 1:32.38 (31.98)	200m: 2:04.85 (32.47)		
	250m: 2:37.44 (32.59)	300m: 3:10.37 (32.93)	350m: 3:43.27 (32.90)	400m: 4:14.64 (31.37)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.70	575	4:15.13	100,32 % Q
	Entry time: 4:15.95 (-0.82)					
	50m: 28.53	100m: 59.76 (31.23)	150m: 1:31.54 (31.78)	200m: 2:03.82 (32.28)		
	250m: 2:36.34 (32.52)	300m: 3:09.51 (33.17)	350m: 3:42.86 (33.35)	400m: 4:15.13 (32.27)		
3	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.73	565	4:16.66	-
	Entry time: 4:16.66					
	50m: 27.92	100m: 59.83 (31.91)	150m: 1:32.72 (32.89)	200m: 2:06.06 (33.34)		
	250m: 2:39.15 (33.09)	300m: 3:12.14 (32.99)	350m: 3:44.69 (32.55)	400m: 4:16.66 (31.97)		

Kapping almenn: 08.11.2025 10:16:54

Kapping 20, 400m Frí Menn FM - Innleiðandi

FRO	3:40.12	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Istanbul (TUR)	10.12.2009
FRO.JR	3:42.57	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)	11.12.2008

FM kravtíð: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.69	676	4:01.78	103,11 % Q
	Entry time: 4:09.55 (-7.77)					
	50m: 27.53	100m: 57.42 (29.89)	150m: 1:27.59 (30.17)	200m: 1:58.53 (30.94)		
	250m: 2:29.97 (31.44)	300m: 3:01.20 (31.23)	350m: 3:31.98 (30.78)	400m: 4:01.78 (29.80)		
2	Isak Brisenfeldt	2006 Havnar Svímjifelag	+0.71	591	4:12.80	92,65 % Q
	Entry time: 3:55.50 (+17.30)					
	50m: 28.29	100m: 1:00.26 (31.97)	150m: 1:32.00 (31.74)	200m: 2:04.08 (32.08)		
	250m: 2:36.48 (32.40)	300m: 3:09.09 (32.61)	350m: 3:41.44 (32.35)	400m: 4:12.80 (31.36)		
3	Fróði Hansen	2008 Svímjifelagið Ægir	+0.76	579	4:14.64	98,00 % Q
	Entry time: 4:09.64 (+5.00)					
	50m: 28.77	100m: 1:00.40 (31.63)	150m: 1:32.38 (31.98)	200m: 2:04.85 (32.47)		
	250m: 2:37.44 (32.59)	300m: 3:10.37 (32.93)	350m: 3:43.27 (32.90)	400m: 4:14.64 (31.37)		
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.70	575	4:15.13	100,32 % Q
	Entry time: 4:15.95 (-0.82)					
	50m: 28.53	100m: 59.76 (31.23)	150m: 1:31.54 (31.78)	200m: 2:03.82 (32.28)		
	250m: 2:36.34 (32.52)	300m: 3:09.51 (33.17)	350m: 3:42.86 (33.35)	400m: 4:15.13 (32.27)		
5	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.73	565	4:16.66	-
	Entry time: 4:16.66					
	50m: 27.92	100m: 59.83 (31.91)	150m: 1:32.72 (32.89)	200m: 2:06.06 (33.34)		
	250m: 2:39.15 (33.09)	300m: 3:12.14 (32.99)	350m: 3:44.69 (32.55)	400m: 4:16.66 (31.97)		
6	Tórir Olsen	2011 Svímjifelagið Ægir	+0.69	518	4:24.16	100,47 % Q
	Entry time: 4:25.42 (-1.26)					
	50m: 29.75	100m: 1:03.00 (33.25)	150m: 1:37.13 (34.13)	200m: 2:11.01 (33.88)		
	250m: 2:44.76 (33.75)	300m: 3:18.72 (33.96)	350m: 3:51.83 (33.11)	400m: 4:24.16 (32.33)		
7	Andrass Thomsen	1982 Havnar Svímjifelag	+0.75	437	4:39.61	99,23 % Q
	Entry time: 4:37.46 (+2.15)					
	50m: 32.71	100m: 1:07.58 (34.87)	150m: 1:42.52 (34.94)	200m: 2:17.78 (35.26)		
	250m: 2:53.73 (35.95)	300m: 3:29.22 (35.49)	350m: 4:05.08 (35.86)	400m: 4:39.61 (34.53)		
8	Benjamin Havn	2011 Svímjifelagið Ægir	+0.61	419	4:43.51	100,81 % R1
	Entry time: 4:45.82 (-2.31)					
	50m: 30.91	100m: 1:06.14 (35.23)	150m: 1:42.32 (36.18)	200m: 2:19.24 (36.92)		
	250m: 2:55.92 (36.68)	300m: 3:32.90 (36.98)	350m: 4:09.16 (36.26)	400m: 4:43.51 (34.35)		
9	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.74	410	4:45.70	102,91 % R2
	Entry time: 4:54.26 (-8.56)					
	50m: 31.24	100m: 1:05.96 (34.72)	150m: 1:41.69 (35.73)	200m: 2:17.61 (35.92)		
	250m: 2:54.54 (36.93)	300m: 3:31.56 (37.02)	350m: 4:08.64 (37.08)	400m: 4:45.70 (37.06)		



Úrslit

Kapping 20, 400m Frí Menn FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
10	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.79	364	4:57.00	102,44 %
	Entry time: 5:04.44 (-7.44)					
	50m: 33.77	100m: 1:10.64 (36.87)	150m: 1:48.69 (38.05)	200m: 2:26.77 (38.08)		
	250m: 3:04.91 (38.14)	300m: 3:43.08 (38.17)	350m: 4:21.00 (37.92)	400m: 4:57.00 (36.00)		
11	Jens Martin Dam	2009 Havnar Svímjifelag	+0.82	316	5:11.49	99,16 %
	Entry time: 5:08.88 (+2.61)					
	50m: 32.75	100m: 1:09.76 (37.01)	150m: 1:49.29 (39.53)	200m: 2:29.91 (40.62)		
	250m: 3:10.95 (41.04)	300m: 3:52.08 (41.13)	350m: 4:34.80 (42.72)	400m: 5:11.49 (36.69)		
12	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.68	298	5:17.63	98,08 %
	Entry time: 5:11.65 (+5.98)					
	50m: 34.93	100m: 1:14.54 (39.61)	150m: 1:55.38 (40.84)	200m: 2:36.06 (40.68)		
	250m: 3:17.35 (41.29)	300m: 3:58.87 (41.52)	350m: 4:39.30 (40.43)	400m: 5:17.63 (38.33)		
13	Nóa Róason Stakksund	2011 Havnar Svímjifelag	+0.72	289	5:20.88	98,52 %
	Entry time: 5:16.21 (+4.67)					
	50m: 33.91	100m: 1:12.08 (38.17)	150m: 1:52.64 (40.56)	200m: 2:33.80 (41.16)		
	250m: 3:14.06 (40.26)	300m: 3:55.22 (41.16)	350m: 4:38.21 (42.99)	400m: 5:20.88 (42.67)		
14	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.80	254	5:34.76	93,91 %
	Entry time: 5:15.53 (+19.23)					
	50m: 36.83	100m: 1:18.39 (41.56)	150m: 2:02.05 (43.66)	200m: 2:45.64 (43.59)		
	250m: 3:27.47 (41.83)	300m: 4:09.04 (41.57)	350m: 4:53.12 (44.08)	400m: 5:34.76 (41.64)		

Kapping almenn: 08.11.2025 10:16:54

Kapping 20, 400m Frí Menn Jr-E - Final

FRO	3:40.12	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Istanbul (TUR)	10.12.2009
FRO.JR	3:42.57	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)	11.12.2008

FM kravtíð: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.72	589	4:13.16	100,58 %
	Entry time: 4:14.64 (-1.48)					
	50m: 28.58	100m: 59.15 (30.57)	150m: 1:30.52 (31.37)	200m: 2:02.71 (32.19)		
	250m: 2:35.21 (32.50)	300m: 3:08.20 (32.99)	350m: 3:41.14 (32.94)	400m: 4:13.16 (32.02)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.71	564	4:16.80	99,35 %
	Entry time: 4:15.13 (+1.67)					
	50m: 28.81	100m: 59.91 (31.10)	150m: 1:32.01 (32.10)	200m: 2:04.19 (32.18)		
	250m: 2:37.15 (32.96)	300m: 3:10.55 (33.40)	350m: 3:43.73 (33.18)	400m: 4:16.80 (33.07)		

Kapping almenn: 08.11.2025 17:43:53

Kapping 20, 400m Frí Menn FM - Final

FRO	3:40.12	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Istanbul (TUR)	10.12.2009
FRO.JR	3:42.57	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)	11.12.2008

FM kravtíð: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag	+0.67	738	3:54.84	107,10 %
	Entry time: 4:12.80 (-17.96)					
	50m: 26.84	100m: 56.39 (29.55)	150m: 1:26.30 (29.91)	200m: 1:56.21 (29.91)		
	250m: 2:26.27 (30.06)	300m: 2:56.48 (30.21)	350m: 3:26.12 (29.64)	400m: 3:54.84 (28.72)		
2	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.68	668	4:02.72	99,61 %
	Entry time: 4:01.78 (+0.94)					
	50m: 27.54	100m: 57.62 (30.08)	150m: 1:27.81 (30.19)	200m: 1:59.05 (31.24)		
	250m: 2:29.30 (30.25)	300m: 3:00.38 (31.08)	350m: 3:31.89 (31.51)	400m: 4:02.72 (30.83)		



Úrslit

Kapping 20, 400m Frí Menn FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Fróði Hansen	2008 Svímjifelagið Ægir	+0.72	589	4:13.16	100,58 %
	Entry time: 4:14.64 (-1.48)					
	50m: 28.58	100m: 59.15 (30.57)	150m: 1:30.52 (31.37)	200m: 2:02.71 (32.19)		
	250m: 2:35.21 (32.50)	300m: 3:08.20 (32.99)	350m: 3:41.14 (32.94)	400m: 4:13.16 (32.02)		
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.71	564	4:16.80	99,35 %
	Entry time: 4:15.13 (+1.67)					
	50m: 28.81	100m: 59.91 (31.10)	150m: 1:32.01 (32.10)	200m: 2:04.19 (32.18)		
	250m: 2:37.15 (32.96)	300m: 3:10.55 (33.40)	350m: 3:43.73 (33.18)	400m: 4:16.80 (33.07)		
5	Tórir Olsen	2011 Svímjifelagið Ægir	+0.72	542	4:20.18	101,51 %
	Entry time: 4:24.16 (-3.98)					
	50m: 29.22	100m: 1:01.60 (32.38)	150m: 1:34.67 (33.07)	200m: 2:08.15 (33.48)		
	250m: 2:41.52 (33.37)	300m: 3:14.73 (33.21)	350m: 3:48.16 (33.43)	400m: 4:20.18 (32.02)		
6	Andrass Thomsen	1982 Havnar Svímjifelag	+0.80	457	4:35.42	101,50 %
	Entry time: 4:39.61 (-4.19)					
	50m: 30.97	100m: 1:04.30 (33.33)	150m: 1:38.49 (34.19)	200m: 2:13.43 (34.94)		
	250m: 2:48.90 (35.47)	300m: 3:25.06 (36.16)	350m: 4:01.17 (36.11)	400m: 4:35.42 (34.25)		

Kapping almenn: 08.11.2025 17:43:53

Kapping 21, 200m Firvald Kvinnur Jr-Y - Innleiðandi

FRO	2:18.67	Jonna Bjartalíð Thomse	1996 Fuglafjarðar Svímjifelag (F Jersey (GBR))	02.07.2015
FRO.JR	2:19.67	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Kirkwall (GBR))	17.07.2025

FM kravtíð: 02:58.67

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag	+0.81	317	2:54.85	91,93 % Q
	Entry time: 2:41.80 (+13.05)					
	50m: 37.44	100m: 1:22.89 (45.45)	150m: 2:09.18 (46.29)	200m: 2:54.85 (45.67)		

Kapping almenn: 08.11.2025 10:20:18

Kapping 21, 200m Firvald Kvinnur Jr-E - Innleiðandi

FRO	2:18.67	Jonna Bjartalíð Thomse	1996 Fuglafjarðar Svímjifelag (F Jersey (GBR))	02.07.2015
FRO.JR	2:19.67	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Kirkwall (GBR))	17.07.2025

FM kravtíð: 02:58.67

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.68	415	2:39.85	85,55 % Q
	Entry time: 2:19.67 (+20.18)					
	50m: 34.52	100m: 1:15.54 (41.02)	150m: 1:57.58 (42.04)	200m: 2:39.85 (42.27)		
2	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.72	306	2:56.91	-
	Entry time: 2:19.67 (+20.18)					
	50m: 35.24	100m: 1:18.27 (43.03)	150m: 2:08.61 (50.34)	200m: 2:56.91 (48.30)		

Kapping almenn: 08.11.2025 10:20:18

Kapping 21, 200m Firvald Kvinnur FM - Innleiðandi

FRO	2:18.67	Jonna Bjartalíð Thomse	1996 Fuglafjarðar Svímjifelag (F Jersey (GBR))	02.07.2015
FRO.JR	2:19.67	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Kirkwall (GBR))	17.07.2025

FM kravtíð: 02:58.67

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.68	415	2:39.85	85,55 % Q
	Entry time: 2:19.67 (+20.18)					
	50m: 34.52	100m: 1:15.54 (41.02)	150m: 1:57.58 (42.04)	200m: 2:39.85 (42.27)		
2	Halla Háfoss	2009 Havnar Svímjifelag	+0.81	317	2:54.85	91,93 % Q
	Entry time: 2:41.80 (+13.05)					
	50m: 37.44	100m: 1:22.89 (45.45)	150m: 2:09.18 (46.29)	200m: 2:54.85 (45.67)		



Úrslit

Kapping 21, 200m Firvald Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.72	306	2:56.91	-
	50m: 35.24	100m: 1:18.27 (43.03)	150m: 2:08.61 (50.34)	200m: 2:56.91 (48.30)		

Kapping almenn: 08.11.2025 10:20:18

Kapping 21, 200m Firvald Kvinnur Jr-Y - Final

FRO	2:18.67	Jonna Bjartalíð Thomse	1996 Fuglafjarðar Svímjifelag (F Jersey (GBR))	02.07.2015
FRO.JR	2:19.67	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Kirkwall (GBR))	17.07.2025

FM kravtíð: 02:58.67

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag	+0.82	412	2:40.23	108,36 %
	Entry time: 2:54.85 (-14.62)					
	50m: 34.12	100m: 1:14.84 (40.72)	150m: 1:57.52 (42.68)	200m: 2:40.23 (42.71)		

Kapping almenn: 08.11.2025 17:53:42

Kapping 21, 200m Firvald Kvinnur Jr-E - Final

FRO	2:18.67	Jonna Bjartalíð Thomse	1996 Fuglafjarðar Svímjifelag (F Jersey (GBR))	02.07.2015
FRO.JR	2:19.67	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Kirkwall (GBR))	17.07.2025

FM kravtíð: 02:58.67

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.69	592	2:22.07	111,12 %
	Entry time: 2:39.85 (-17.78)					
	50m: 31.70	100m: 1:07.93 (36.23)	150m: 1:44.60 (36.67)	200m: 2:22.07 (37.47)		

Kapping almenn: 08.11.2025 17:53:42

Kapping 21, 200m Firvald Kvinnur FM - Final

FRO	2:18.67	Jonna Bjartalíð Thomse	1996 Fuglafjarðar Svímjifelag (F Jersey (GBR))	02.07.2015
FRO.JR	2:19.67	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Kirkwall (GBR))	17.07.2025

FM kravtíð: 02:58.67

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.69	592	2:22.07	111,12 %
	Entry time: 2:39.85 (-17.78)					
	50m: 31.70	100m: 1:07.93 (36.23)	150m: 1:44.60 (36.67)	200m: 2:22.07 (37.47)		
2	Halla Háfoss	2009 Havnar Svímjifelag	+0.82	412	2:40.23	108,36 %
	Entry time: 2:54.85 (-14.62)					
	50m: 34.12	100m: 1:14.84 (40.72)	150m: 1:57.52 (42.68)	200m: 2:40.23 (42.71)		

Kapping almenn: 08.11.2025 17:53:42

Kapping 22, 50m Rygg Menn Jr-Y - Innleiðandi

FRO	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FRO.JR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012

FM kravtíð: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.85	338	31.72	100,78 % Q
	Entry time: 31.97 (-0.25)					
2	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.80	223	36.41	90,27 % R2
	Entry time: 33.18 (+3.23)					

Kapping almenn: 08.11.2025 10:27:26

Kapping 22, 50m Rygg Menn Jr-E - Innleiðandi

FRO	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FRO.JR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012



Úrslit

Kapping 22, 50m Rygg Menn Jr-E - Innleiðandi

FM kravtíð: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen Entry time: 27.64 (+0.15)	2008 Havnar Svímjifelag	+0.67	503	27.79	99,46 % Q
2	Lukas Bessason Entry time: 30.29 (-0.59)	2007 Svímjifelagið Ægir	+0.76	412	29.70	101,95 % Q
3	Bárður Ólavsson Entry time: 32.16 (-1.81)	2008 Svímjifelagið Ægir	+0.68	386	30.35	105,63 % Q

Kapping almenn: 08.11.2025 10:27:26

Kapping 22, 50m Rygg Menn FM - Innleiðandi

FRO 25.22 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

FRO.JR 25.22 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

FM kravtíð: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen Entry time: 27.64 (+0.15)	2008 Havnar Svímjifelag	+0.67	503	27.79	99,46 % Q
2	Lukas Bessason Entry time: 30.29 (-0.59)	2007 Svímjifelagið Ægir	+0.76	412	29.70	101,95 % Q
3	Bárður Ólavsson Entry time: 32.16 (-1.81)	2008 Svímjifelagið Ægir	+0.68	386	30.35	105,63 % Q
4	Bjarti Ludvig Entry time: 31.13 (+0.01)	2006 Suðuroyar Svímjifelag	+0.71	357	31.14	99,97 % Q
5	Haraldur Mortensen Entry time: 31.97 (-0.25)	2010 Suðuroyar Svímjifelag	+0.85	338	31.72	100,78 % Q
6	Karl Joensen Entry time: 32.01 (+0.96)	2005 Fuglafjarðar Svímjifelag	+0.74	301	32.97	97,00 % Q
7	Terji Kjærbo Entry time: 33.33 (-0.27)	2012 Suðuroyar Svímjifelag	+0.63	299	33.06	100,81 % R1
8	Tórir Olsen Entry time: 32.51 (+1.13)	2011 Svímjifelagið Ægir	+0.89	283	33.64	96,52 % -
9	Jónatan Samuelsen Entry time: 33.18 (+3.23)	2010 Havnar Svímjifelag	+0.80	223	36.41	90,27 % R2
EXH	Bragi Bjarnason Entry time: 39.31 (+1.05)	2012 Havnar Svímjifelag	+0.81	164	40.36	97,33 %
EXH	Símun Eliassen Entry time: 38.10 (-0.44)	2011 Havnar Svímjifelag	+0.94	202	37.66	101,15 %
EXH	Nóa Róason Stakksund SW 6.4. Ikki varandi rørsla á búkinum í vend	2011 Havnar Svímjifelag	+0.89		DSQ	

Kapping almenn: 08.11.2025 10:27:26

Kapping 22, 50m Rygg Menn Jr-Y - Final

FRO 25.22 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

FRO.JR 25.22 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

FM kravtíð: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen Entry time: 31.72 (-0.25)	2010 Suðuroyar Svímjifelag	+0.76	346	31.47	100,79 %



Úrslit

Kapping 22, 50m Rygg Menn Jr-Y - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Kapping almenn: 08.11.2025 17:57:17

Kapping 22, 50m Rygg Menn Jr-E - Final

FRO	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		31.03.2012
FRO.JR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		31.03.2012

FM kravtíð: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.70	554	26.91	103,17 %
	Entry time: 27.79	(-0.88)				
2	Lukas Bessason	2007 Svímjifelagið Ægir	+0.73	415	29.62	100,27 %
	Entry time: 29.70	(-0.08)				
3	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.76	381	30.48	99,57 %
	Entry time: 30.35	(+0.13)				

Kapping almenn: 08.11.2025 17:57:17

Kapping 22, 50m Rygg Menn FM - Final

FRO	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		31.03.2012
FRO.JR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		31.03.2012

FM kravtíð: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.70	554	26.91	103,17 %
	Entry time: 27.79	(-0.88)				
2	Lukas Bessason	2007 Svímjifelagið Ægir	+0.73	415	29.62	100,27 %
	Entry time: 29.70	(-0.08)				
3	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.76	381	30.48	99,57 %
	Entry time: 30.35	(+0.13)				
4	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.76	346	31.47	100,79 %
	Entry time: 31.72	(-0.25)				
5	Bjarti Ludvig	2006 Suðuroyar Svímjifelag	+0.96	342	31.60	98,52 %
	Entry time: 31.14	(+0.46)				
6	Karl Joensen	2005 Fuglafjarðar Svímjifelag	+0.81	303	32.89	100,24 %
	Entry time: 32.97	(-0.08)				

Kapping almenn: 08.11.2025 17:57:17

Kapping 23, 200m Rygg Kvinnur Jr-Y - Innleiðandi

FRO	2:09.32	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Reykjavik (ISL)		03.12.2017
FRO.JR	2:09.32	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Reykjavik (ISL)		03.12.2017

FM kravtíð: 02:58.10

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur	
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.69	421	2:37.43	88,37 % Q	
	Entry time: 2:21.03	(+16.40)					
	50m: 35.99	100m: 1:15.52	(39.53)	150m: 1:56.48	(40.96)	200m: 2:37.43	(40.95)

Kapping almenn: 08.11.2025 10:52:11

Kapping 23, 200m Rygg Kvinnur Jr-E - Innleiðandi

FRO	2:09.32	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Reykjavik (ISL)		03.12.2017
FRO.JR	2:09.32	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Reykjavik (ISL)		03.12.2017

FM kravtíð: 02:58.10

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 23, 200m Rygg Kvinnur Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.71	416	2:38.05	93,60 % Q
Entry time: 2:28.55 (+9.50)						
50m: 35.61 100m: 1:14.95 (39.34) 150m: 1:58.51 (43.56) 200m: 2:38.05 (39.54)						
Kapping almenn: 08.11.2025 10:52:11						

Kapping 23, 200m Rygg Kvinnur FM - Innleiðandi

FRO	2:09.32	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	03.12.2017
FRO.JR	2:09.32	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	03.12.2017

FM kravtíð: 02:58.10

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.69	421	2:37.43	88,37 % Q
Entry time: 2:21.03 (+16.40)						
50m: 35.99 100m: 1:15.52 (39.53) 150m: 1:56.48 (40.96) 200m: 2:37.43 (40.95)						
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.71	416	2:38.05	93,60 % Q
Entry time: 2:28.55 (+9.50)						
50m: 35.61 100m: 1:14.95 (39.34) 150m: 1:58.51 (43.56) 200m: 2:38.05 (39.54)						
3	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.78	411	2:38.73	101,60 % -
Entry time: 2:41.31 (-2.58)						
50m: 36.70 100m: 1:16.43 (39.73) 150m: 1:57.41 (40.98) 200m: 2:38.73 (41.32)						
4	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.68	394	2:40.95	96,13 % Q
Entry time: 2:34.96 (+5.99)						
50m: 37.20 100m: 1:17.37 (40.17) 150m: 1:59.32 (41.95) 200m: 2:40.95 (41.63)						
Kapping almenn: 08.11.2025 10:52:11						

Kapping 23, 200m Rygg Kvinnur Jr-Y - Final

FRO	2:09.32	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	03.12.2017
FRO.JR	2:09.32	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	03.12.2017

FM kravtíð: 02:58.10

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.63	551	2:23.90	108,59 %
Entry time: 2:37.43 (-13.53)						
50m: 32.53 100m: 1:08.25 (35.72) 150m: 1:45.78 (37.53) 200m: 2:23.90 (38.12)						
Kapping almenn: 08.11.2025 18:06:33						

Kapping 23, 200m Rygg Kvinnur Jr-E - Final

FRO	2:09.32	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	03.12.2017
FRO.JR	2:09.32	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	03.12.2017

FM kravtíð: 02:58.10

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.69	486	2:30.06	105,06 %
Entry time: 2:38.05 (-7.99)						
50m: 34.60 100m: 1:12.12 (37.52) 150m: 1:50.81 (38.69) 200m: 2:30.06 (39.25)						
Kapping almenn: 08.11.2025 18:06:33						

Kapping 23, 200m Rygg Kvinnur FM - Final

FRO	2:09.32	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	03.12.2017
FRO.JR	2:09.32	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Reykjavík (ISL)	03.12.2017

FM kravtíð: 02:58.10

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.63	551	2:23.90	108,59 %
Entry time: 2:37.43 (-13.53)						
50m: 32.53 100m: 1:08.25 (35.72) 150m: 1:45.78 (37.53) 200m: 2:23.90 (38.12)						

09-11-2025 18:15:21

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjeflagið Ægir

Síða 45/89





Úrslit

Kapping 23, 200m Rygg Kvinnur FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.69	486	2:30.06	105,06 %
Entry time: 2:38.05 (-7.99)						
50m: 34.60 100m: 1:12.12 (37.52) 150m: 1:50.81 (38.69) 200m: 2:30.06 (39.25)						
3	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.68	453	2:33.60	104,57 %
Entry time: 2:40.95 (-7.35)						
50m: 34.66 100m: 1:13.42 (38.76) 150m: 1:53.45 (40.03) 200m: 2:33.60 (40.15)						

Kapping almenn: 08.11.2025 18:06:33

Kapping 24, 400m Blandað Menn Jr-E - Innleiðandi

FRO	4:18.97	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Torshavn (FRO)	15.04.2012
FRO.JR	4:26.12	Alvi Hjelm	1996 Ægir Klaksvík (FRO)	Upplands Vaesby (SWE)	13.12.2014

FM kravtíð: 05:51.79

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	608	4:37.15	100,91 % -
Entry time: 4:39.69 (-2.54)						
50m: 28.84 100m: 1:01.94 (33.10) 150m: 1:38.90 (36.96) 200m: 2:14.95 (36.05)						
250m: 2:54.14 (39.19) 300m: 3:34.20 (40.06) 350m: 4:06.08 (31.88) 400m: 4:37.15 (31.07)						
2	Fróði Hansen	2008 Svímjifelagið Ægir	+0.73	528	4:50.34	96,57 % -
Entry time: 4:40.72 (+9.62)						
50m: 28.77 100m: 1:02.50 (33.73) 150m: 1:41.25 (38.75) 200m: 2:19.49 (38.24)						
250m: 2:58.60 (39.11) 300m: 3:38.44 (39.84) 350m: 4:14.58 (36.14) 400m: 4:50.34 (35.76)						

Kapping almenn: 08.11.2025 10:57:35

Kapping 24, 400m Blandað Menn FM - Innleiðandi

FRO	4:18.97	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Torshavn (FRO)	15.04.2012
FRO.JR	4:26.12	Alvi Hjelm	1996 Ægir Klaksvík (FRO)	Upplands Vaesby (SWE)	13.12.2014

FM kravtíð: 05:51.79

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	608	4:37.15	100,91 % -
Entry time: 4:39.69 (-2.54)						
50m: 28.84 100m: 1:01.94 (33.10) 150m: 1:38.90 (36.96) 200m: 2:14.95 (36.05)						
250m: 2:54.14 (39.19) 300m: 3:34.20 (40.06) 350m: 4:06.08 (31.88) 400m: 4:37.15 (31.07)						
2	Fróði Hansen	2008 Svímjifelagið Ægir	+0.73	528	4:50.34	96,57 % -
Entry time: 4:40.72 (+9.62)						
50m: 28.77 100m: 1:02.50 (33.73) 150m: 1:41.25 (38.75) 200m: 2:19.49 (38.24)						
250m: 2:58.60 (39.11) 300m: 3:38.44 (39.84) 350m: 4:14.58 (36.14) 400m: 4:50.34 (35.76)						

- Theodor Salter

2011 Havnar Svímjifelag

+0.64

DSQ

SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)

Kapping almenn: 08.11.2025 10:57:35

Kapping 25, 50m Frí Kvinnur Jr-Y - Innleiðandi

FRO	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR)	Laugardalslaug (ISL)	11.12.2011
FRO.JR	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR)	Laugardalslaug (ISL)	11.12.2011

FM kravtíð: 00:34.25

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.74	541	28.01	99,10 % Q
Entry time: 27.76 (+0.25)						
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.67	528	28.24	101,19 % Q
Entry time: 28.58 (-0.34)						



Úrslit

Kapping 25, 50m Frí Kvinnur Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Lilja Lenvig Harrysdóttir Entry time: 28.96 (-0.11)	2009 Havnar Svímjifelag	+0.66	495	28.85	100,38 % Q
4	Emma Debes Entry time: 28.81 (+0.05)	2010 Suðuroyar Svímjifelag	+0.77	495	28.86	99,83 % R1
5	Lea Petersen Entry time: 29.40 (+0.11)	2009 Svímjifelagið Ægir	+0.54	463	29.51	99,63 % R2
6	Mariella Annbrittardóttur Henriks Entry time: 29.75 (+0.20)	2010 Havnar Svímjifelag	+0.75	442	29.95	99,33 %
7	Talita Johannesen Entry time: 30.20 (-0.19)	2010 Suðuroyar Svímjifelag	+0.69	440	30.01	100,63 %
8	Halla Háfoss Entry time: 30.39 (+0.57)	2009 Havnar Svímjifelag	+0.72	400	30.96	98,12 %
9	Lilja Strøm Winther Entry time: 32.34 (-0.61)	2009 Suðuroyar Svímjifelag	+0.80	372	31.73	101,89 %

Kapping almenn: 08.11.2025 11:03:02

Kapping 25, 50m Frí Kvinnur Jr-E - Innleiðandi

FRO	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011
FRO.JR	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011

FM kravtíð: 00:34.25

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted Entry time: 26.87 (+0.22)	2008 Svímjifelagið Ægir	+0.75	598	27.09	99,18 % Q
2	Durita Mohr Askham Entry time: 28.55 (+0.22)	2008 Svímjifelagið Ægir	+0.71	499	28.77	99,23 % Q
3	Birita Vesturtún Entry time: 29.91 (+0.42)	2007 Fuglafjarðar Svímjifelag	+0.66	426	30.33	98,60 %
4	Jóhanna Katrina Jacobsen Entry time: 33.01 (+2.12)	2007 Havnar Svímjifelag	+0.80	274	35.13	93,58 %

Kapping almenn: 08.11.2025 11:03:02

Kapping 25, 50m Frí Kvinnur FM - Innleiðandi

FRO	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011
FRO.JR	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011

FM kravtíð: 00:34.25

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted Entry time: 26.87 (+0.22)	2008 Svímjifelagið Ægir	+0.75	598	27.09	99,18 % Q
2	Bjarta í Lágabø Entry time: 27.76 (+0.25)	2009 Suðuroyar Svímjifelag	+0.74	541	28.01	99,10 % Q
3	Jórun Winther Entry time: 28.11 (-0.05)	2011 Suðuroyar Svímjifelag	+0.71	538	28.06	100,18 % Q
4	Sissal Rógvadóttir Entry time: 28.58 (-0.34)	2010 Suðuroyar Svímjifelag	+0.67	528	28.24	101,19 % Q
5	Durita Mohr Askham Entry time: 28.55 (+0.22)	2008 Svímjifelagið Ægir	+0.71	499	28.77	99,23 % Q



Úrslit

Kapping 25, 50m Frí Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Lilja Lenvig Harrysdóttir Entry time: 28.96 (-0.11)	2009 Havnar Svímjifelag	+0.66	495	28.85	100,38 % Q
7	Emma Debes Entry time: 28.81 (+0.05)	2010 Suðuroyar Svímjifelag	+0.77	495	28.86	99,83 % R1
8	Lea Petersen Entry time: 29.40 (+0.11)	2009 Svímjifelagið Ægir	+0.54	463	29.51	99,63 % R2
9	Sirið Vesturtún Entry time: 29.22 (+0.62)	2011 Fuglafjarðar Svímjifelag	+0.53	447	29.84	97,88 %
10	Mariella Annbrittardóttur Henriks Entry time: 29.75 (+0.20)	2010 Havnar Svímjifelag	+0.75	442	29.95	99,33 %
11	Talita Johannesen Entry time: 30.20 (-0.19)	2010 Suðuroyar Svímjifelag	+0.69	440	30.01	100,63 %
12	Oddvá Sedeá D. Nattestad Entry time: 29.47 (+0.83)	2006 Havnar Svímjifelag	+0.77	427	30.30	97,18 %
13	Birita Vesturtún Entry time: 29.91 (+0.42)	2007 Fuglafjarðar Svímjifelag	+0.66	426	30.33	98,60 %
14	Halla Háfoss Entry time: 30.39 (+0.57)	2009 Havnar Svímjifelag	+0.72	400	30.96	98,12 %
15	Lilja Strøm Winther Entry time: 32.34 (-0.61)	2009 Suðuroyar Svímjifelag	+0.80	372	31.73	101,89 %
16	Lilja Sørensen Entry time: 31.56 (+1.05)	2011 Havnar Svímjifelag	+0.83	343	32.61	96,67 %
17	Lea Í Trøðini Entry time: 32.78 (+0.40)	2011 Suðuroyar Svímjifelag	+0.76	325	33.18	98,78 %
18	Sólfríð H. Johannesen Entry time: 33.70 (-0.51)	2013 Svímjifelagið Ægir	+0.62	325	33.19	101,51 %
19	Noomi Hella Jacobsen Entry time: 32.85 (+1.12)	2012 Havnar Svímjifelag	+0.79	303	33.97	96,59 %
20	India Linnea Bech Entry time: 33.95 (+0.10)	2011 Havnar Svímjifelag	+0.79	301	34.05	99,71 %
21	Jonni B. Danielsen Entry time: 33.19 (+1.16)	2011 Svímjifelagið Flot	+0.82	293	34.35	96,50 %
22	Randi Brim Hvidbro Entry time: 34.03 (+0.64)	2012 Svímjifelagið Ægir	+0.69	285	34.67	98,12 %
23	Rakul J Højbro Entry time: 33.08 (+1.99)	2011 Fuglafjarðar Svímjifelag	+0.69	275	35.07	93,98 %
24	Jóhanna Katrina Jacobsen Entry time: 33.01 (+2.12)	2007 Havnar Svímjifelag	+0.80	274	35.13	93,58 %

Kapping almenn: 08.11.2025 11:03:02

Kapping 25, 50m Frí Kvinnur Jr-Y - Final

FRO	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011
FRO.JR	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011

FM kravtíð: 00:34.25

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 25, 50m Frí Kvinnur Jr-Y - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø Entry time: 28.01 (-0.21)	2009 Suðuroyar Svímjifelag	+0.72	553	27.80	100,75 %
2	Sissal Rógvadóttir Entry time: 28.24 (+0.03)	2010 Suðuroyar Svímjifelag	+0.64	526	28.27	99,89 %
3	Lilja Lenvig Harrysdóttir Entry time: 28.85 (-0.06)	2009 Havnar Svímjifelag	+0.73	498	28.79	100,21 %

Kapping almenn: 08.11.2025 18:18:02

Kapping 25, 50m Frí Kvinnur Jr-E - Final

FRO	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011
FRO.JR	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011

FM kravtíð: 00:34.25

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted Entry time: 27.09 (-0.22)	2008 Svímjifelagið Ægir	+0.71	613	26.87	100,81 %
2	Durita Mohr Askham Entry time: 28.77 (-0.14)	2008 Svímjifelagið Ægir	+0.71	507	28.63	100,49 %

Kapping almenn: 08.11.2025 18:18:02

Kapping 25, 50m Frí Kvinnur FM - Final

FRO	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011
FRO.JR	26.04	Guðrun Mortensen	1997 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	11.12.2011

FM kravtíð: 00:34.25

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted Entry time: 27.09 (-0.22)	2008 Svímjifelagið Ægir	+0.71	613	26.87	100,81 %
2	Bjarta í Lágabø Entry time: 28.01 (-0.21)	2009 Suðuroyar Svímjifelag	+0.72	553	27.80	100,75 %
3	Jórun Winther Entry time: 28.06 (-0.15)	2011 Suðuroyar Svímjifelag	+0.69	547	27.91	100,53 %
4	Sissal Rógvadóttir Entry time: 28.24 (+0.03)	2010 Suðuroyar Svímjifelag	+0.64	526	28.27	99,89 %
5	Durita Mohr Askham Entry time: 28.77 (-0.14)	2008 Svímjifelagið Ægir	+0.71	507	28.63	100,49 %
6	Lilja Lenvig Harrysdóttir Entry time: 28.85 (-0.06)	2009 Havnar Svímjifelag	+0.73	498	28.79	100,21 %

Kapping almenn: 08.11.2025 18:18:02

Kapping 26, 100m Bringu Menn Jr-Y - Innleiðandi

FRO	1:00.51	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	14.07.2025
FRO.JR	1:03.43	Róland Toftum	1998 Suðuroyar Svímjifelag (FR	Torshavn (FRO)	19.09.2016

FM kravtíð: 01:23.07

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Andrias Mellemgard Entry time: 1:33.31 (-7.54) 50m: 40.07 100m: 1:25.77 (45.70)	SB9 2009 Havnar Svímjifelag	+0.79	267	1:25.77	108,08 % -

Kapping almenn: 08.11.2025 11:09:37

Kapping 26, 100m Bringu Menn Jr-E - Innleiðandi

09-11-2025 18:15:21

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

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Úrslit

Kapping 26, 100m Bringu Menn Jr-E - Innleiðandi

FRO 1:00.51 Bartal Erlingsson Eidesg 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 14.07.2025
FRO.JR 1:03.43 Róland Toftum 1998 Suðuroyar Svímjifelag (FR) Torshavn (FRO) 19.09.2016
FM kravtíð: 01:23.07

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.70	544	1:07.70	97,58 % Q
	Entry time: 1:06.10 (+1.60)					
	50m: 32.44	100m: 1:07.70 (35.26)				
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.64	457	1:11.76	96,79 % -
	Entry time: 1:09.53 (+2.23)					
	50m: 33.42	100m: 1:11.76 (38.34)				

Kapping almenn: 08.11.2025 11:09:37

Kapping 26, 100m Bringu Menn FM - Innleiðandi

FRO 1:00.51 Bartal Erlingsson Eidesg 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 14.07.2025
FRO.JR 1:03.43 Róland Toftum 1998 Suðuroyar Svímjifelag (FR) Torshavn (FRO) 19.09.2016
FM kravtíð: 01:23.07

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.70	544	1:07.70	97,58 % Q
	Entry time: 1:06.10 (+1.60)					
	50m: 32.44	100m: 1:07.70 (35.26)				
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.64	457	1:11.76	96,79 % -
	Entry time: 1:09.53 (+2.23)					
	50m: 33.42	100m: 1:11.76 (38.34)				
3	Andrias Mellemgard	SB9 2009 Havnar Svímjifelag	+0.79	267	1:25.77	108,08 % -
	Entry time: 1:33.31 (-7.54)					
	50m: 40.07	100m: 1:25.77 (45.70)				
EXH	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.61	255	1:27.14	102,76 %
	Entry time: 1:29.61 (-2.47)					
	50m: 40.71	100m: 1:27.14 (46.43)				
EXH	Símun Eliassen	2011 Havnar Svímjifelag	+0.62	233	1:29.82	104,40 %
	Entry time: 1:33.95 (-4.13)					
	50m: 42.64	100m: 1:29.82 (47.18)				
EXH	Nóa Róason Stakksund	2011 Havnar Svímjifelag	+0.51	251	1:27.58	102,22 %
	Entry time: 1:29.57 (-1.99)					
	50m: 40.50	100m: 1:27.58 (47.08)				

Kapping almenn: 08.11.2025 11:09:37

Kapping 26, 100m Bringu Menn Jr-E - Final

FRO 1:00.51 Bartal Erlingsson Eidesg 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 14.07.2025
FRO.JR 1:03.43 Róland Toftum 1998 Suðuroyar Svímjifelag (FR) Torshavn (FRO) 19.09.2016
FM kravtíð: 01:23.07

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.71	589	1:05.93	102,61 %
	Entry time: 1:07.70 (-1.77)					
	50m: 30.17	100m: 1:05.93 (35.76)				

Kapping almenn: 08.11.2025 18:20:06

Kapping 26, 100m Bringu Menn FM - Final

FRO 1:00.51 Bartal Erlingsson Eidesg 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 14.07.2025
FRO.JR 1:03.43 Róland Toftum 1998 Suðuroyar Svímjifelag (FR) Torshavn (FRO) 19.09.2016
FM kravtíð: 01:23.07



Úrslit

Kapping 26, 100m Bringu Menn FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.71	589	1:05.93	102,61 %
	Entry time: 1:07.70	(-1.77)				
	50m: 30.17	100m: 1:05.93	(35.76)			

Kapping almenn: 08.11.2025 18:20:06

Kapping 27, 400m Blandað Kvinnur Jr-Y - Innleiðandi

FRO	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Bergen (NOR)	12.12.2015
FRO.JR	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Bergen (NOR)	12.12.2015

FM kravtíð: 06:26.80

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur		
1	Halla Háfoss	2009 Havnar Svímjifelag	+0.69	411	5:43.51	Q		
	50m: 35.17	100m: 1:18.63	(43.46)	150m: 2:05.68	(47.05)	200m: 2:51.19	(45.51)	
	250m: 3:38.68	(47.49)	300m: 4:26.80	(48.12)	350m: 5:05.39	(38.59)	400m: 5:43.51	(38.12)

Kapping almenn: 08.11.2025 11:12:54

Kapping 27, 400m Blandað Kvinnur Jr-E - Innleiðandi

FRO	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Bergen (NOR)	12.12.2015
FRO.JR	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Bergen (NOR)	12.12.2015

FM kravtíð: 06:26.80

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur		
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.67	479	5:26.30	92,71 % Q		
	Entry time: 5:04.14	(+22.16)						
	50m: 34.01	100m: 1:14.70	(40.69)	150m: 1:54.69	(39.99)	200m: 2:35.17	(40.48)	
	250m: 3:21.36	(46.19)	300m: 4:09.05	(47.69)	350m: 4:47.36	(38.31)	400m: 5:26.30	(38.94)
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.69	385	5:50.89	87,35 % Q		
	Entry time: 5:11.50	(+39.39)						
	50m: 39.76	100m: 1:20.75	(40.99)	150m: 2:06.95	(46.20)	200m: 2:47.91	(40.96)	
	250m: 3:40.20	(52.29)	300m: 4:27.37	(47.17)	350m: 5:13.24	(45.87)	400m: 5:50.89	(37.65)

Kapping almenn: 08.11.2025 11:12:54

Kapping 27, 400m Blandað Kvinnur FM - Innleiðandi

FRO	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Bergen (NOR)	12.12.2015
FRO.JR	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Bergen (NOR)	12.12.2015

FM kravtíð: 06:26.80

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur		
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.67	479	5:26.30	92,71 % Q		
	Entry time: 5:04.14	(+22.16)						
	50m: 34.01	100m: 1:14.70	(40.69)	150m: 1:54.69	(39.99)	200m: 2:35.17	(40.48)	
	250m: 3:21.36	(46.19)	300m: 4:09.05	(47.69)	350m: 4:47.36	(38.31)	400m: 5:26.30	(38.94)
2	Halla Háfoss	2009 Havnar Svímjifelag	+0.69	411	5:43.51	Q		
	50m: 35.17	100m: 1:18.63	(43.46)	150m: 2:05.68	(47.05)	200m: 2:51.19	(45.51)	
	250m: 3:38.68	(47.49)	300m: 4:26.80	(48.12)	350m: 5:05.39	(38.59)	400m: 5:43.51	(38.12)
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.69	385	5:50.89	87,35 % Q		
	Entry time: 5:11.50	(+39.39)						
	50m: 39.76	100m: 1:20.75	(40.99)	150m: 2:06.95	(46.20)	200m: 2:47.91	(40.96)	
	250m: 3:40.20	(52.29)	300m: 4:27.37	(47.17)	350m: 5:13.24	(45.87)	400m: 5:50.89	(37.65)

Kapping almenn: 08.11.2025 11:12:54

Kapping 27, 400m Blandað Kvinnur Jr-Y - Final

FRO	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Bergen (NOR)	12.12.2015
FRO.JR	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Bergen (NOR)	12.12.2015

FM kravtíð: 06:26.80

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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09-11-2025 18:15:21

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

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Úrslit

Kapping 27, 400m Blandað Kvinnur Jr-Y - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag	+0.77	431	5:38.14	101,56 %
Entry time: 5:43.51 (-5.37)						
	50m: 34.75	100m: 1:16.28 (41.53)	150m: 2:02.84 (46.56)	200m: 2:47.56 (44.72)		
	250m: 3:35.09 (47.53)	300m: 4:22.97 (47.88)	350m: 5:00.94 (37.97)	400m: 5:38.14 (37.20)		
Kapping almenn: 08.11.2025 18:31:33						

Kapping 27, 400m Blandað Kvinnur Jr-E - Final

FRO	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	12.12.2015
FRO.JR	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	12.12.2015
FM kravtíð: 06:26.80				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.65	590	5:04.48	106,69 %
Entry time: 5:26.30 (-21.82)						
	50m: 31.56	100m: 1:07.94 (36.38)	150m: 1:46.47 (38.53)	200m: 2:23.87 (37.40)		
	250m: 3:08.58 (44.71)	300m: 3:53.62 (45.04)	350m: 4:29.70 (36.08)	400m: 5:04.48 (34.78)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.52	502	5:21.41	108,40 %
Entry time: 5:50.89 (-29.48)						
	50m: 34.54	100m: 1:15.18 (40.64)	150m: 1:55.90 (40.72)	200m: 2:35.70 (39.80)		
	250m: 3:21.74 (46.04)	300m: 4:09.13 (47.39)	350m: 4:45.20 (36.07)	400m: 5:21.41 (36.21)		
Kapping almenn: 08.11.2025 18:31:33						

Kapping 27, 400m Blandað Kvinnur FM - Final

FRO	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	12.12.2015
FRO.JR	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Bergen (NOR)	12.12.2015
FM kravtíð: 06:26.80				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.65	590	5:04.48	106,69 %
Entry time: 5:26.30 (-21.82)						
	50m: 31.56	100m: 1:07.94 (36.38)	150m: 1:46.47 (38.53)	200m: 2:23.87 (37.40)		
	250m: 3:08.58 (44.71)	300m: 3:53.62 (45.04)	350m: 4:29.70 (36.08)	400m: 5:04.48 (34.78)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.52	502	5:21.41	108,40 %
Entry time: 5:50.89 (-29.48)						
	50m: 34.54	100m: 1:15.18 (40.64)	150m: 1:55.90 (40.72)	200m: 2:35.70 (39.80)		
	250m: 3:21.74 (46.04)	300m: 4:09.13 (47.39)	350m: 4:45.20 (36.07)	400m: 5:21.41 (36.21)		
3	Halla Háfoss	2009 Havnar Svímjifelag	+0.77	431	5:38.14	101,56 %
Entry time: 5:43.51 (-5.37)						
	50m: 34.75	100m: 1:16.28 (41.53)	150m: 2:02.84 (46.56)	200m: 2:47.56 (44.72)		
	250m: 3:35.09 (47.53)	300m: 4:22.97 (47.88)	350m: 5:00.94 (37.97)	400m: 5:38.14 (37.20)		
Kapping almenn: 08.11.2025 18:31:33						

Kapping 28, 50m Frí Menn Jr-Y - Innleiðandi

FRO	22.60	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO) Kirkwall (GBR)	17.07.2025
FRO.JR	23.24	Pauli Ø. Mohr	1991 Fuglafjarðar Svímjifelag (F Berlin (GER)	15.11.2009
FM kravtíð: 00:30.26				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.78	441	26.13	102,06 % R1
Entry time: 26.68 (-0.55)						
2	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.73	426	26.43	99,12 % R2
Entry time: 26.20 (+0.23)						
3	Jens Martin Dam	2009 Havnar Svímjifelag	+0.80	298	29.78	98,88 %
Entry time: 29.45 (+0.33)						



Úrslit

Kapping 28, 50m Frí Menn Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Andrias Mellemgard	S9 2009 Havnar Svímjifelag	+0.77	238	32.08	104,01 %
Entry time: 33.42		(-1.34)				
Kapping almenn: 08.11.2025 11:19:18						

Kapping 28, 50m Frí Menn Jr-E - Innleiðandi

FRO	22.60	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	17.07.2025
FRO.JR	23.24	Pauli Ø. Mohr	1991 Fuglafjarðar Svímjifelag (F)	Berlin (GER)	15.11.2009

FM kravtíð: 00:30.26

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.67	479	25.43	98,08 % Q
Entry time: 24.95		(+0.48)				
=2	Lukas Bessason	2007 Svímjifelagið Ægir	+0.63	464	25.70	102,61 % Q
Entry time: 26.39		(-0.69)				
=2	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.71	464	25.70	98,38 % Q
Entry time: 25.29		(+0.41)				
4	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	443	26.09	99,46 % Q
Entry time: 25.95		(+0.14)				
5	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.74	348	28.29	95,30 %
Entry time: 27.02		(+1.27)				

Kapping almenn: 08.11.2025 11:19:18

Kapping 28, 50m Frí Menn FM - Innleiðandi

FRO	22.60	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	17.07.2025
FRO.JR	23.24	Pauli Ø. Mohr	1991 Fuglafjarðar Svímjifelag (F)	Berlin (GER)	15.11.2009

FM kravtíð: 00:30.26

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.75	523	24.69	96,61 % Q
Entry time: 23.88		(+0.81)				
2	Fróði Hansen	2008 Svímjifelagið Ægir	+0.67	479	25.43	98,08 % Q
Entry time: 24.95		(+0.48)				
=3	Lukas Bessason	2007 Svímjifelagið Ægir	+0.63	464	25.70	102,61 % Q
Entry time: 26.39		(-0.69)				
=3	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.71	464	25.70	98,38 % Q
Entry time: 25.29		(+0.41)				
5	Bjarti Ludvig	2006 Suðuroyar Svímjifelag	+0.71	456	25.84	100,65 % Q
Entry time: 26.01		(-0.17)				
6	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	443	26.09	99,46 % Q
Entry time: 25.95		(+0.14)				
7	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.78	441	26.13	102,06 % R1
Entry time: 26.68		(-0.55)				
8	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.73	426	26.43	99,12 % R2
Entry time: 26.20		(+0.23)				
9	Tórir Olsen	2011 Svímjifelagið Ægir	+0.69	424	26.47	99,39 %
Entry time: 26.31		(+0.16)				
10	Andrass Thomsen	1982 Havnar Svímjifelag	+0.75	367	27.78	99,86 %
Entry time: 27.74		(+0.04)				



Úrslit

Kapping 28, 50m Frí Menn FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
11	Benjamin Havn Entry time: 27.56 (+0.31)	2011 Svímjifelagið Ægir	+0.60	364	27.87	98,88 %
12	Teitur Miné Róason Entry time: 28.67 (-0.64)	2011 Havnar Svímjifelag	+0.67	357	28.03	102,23 %
13	Theodor Salter Entry time: 27.61 (+0.60)	2011 Havnar Svímjifelag	+0.70	351	28.21	97,83 %
14	Ólavur Winther Jákupsson Entry time: 27.02 (+1.27)	2008 Havnar Svímjifelag	+0.74	348	28.29	95,30 %
15	Nóa Róason Staksund Entry time: 29.47 (-0.15)	2011 Havnar Svímjifelag	+0.70	312	29.32	100,51 %
16	Fríðálvur Eliassen Entry time: 28.38 (+1.22)	2011 Fuglafjarðar Svímjifelag	+0.75	303	29.60	95,70 %
17	Jens Martin Dam Entry time: 29.45 (+0.33)	2009 Havnar Svímjifelag	+0.80	298	29.78	98,88 %
18	Símun Eliassen Entry time: 29.93 (+0.13)	2011 Havnar Svímjifelag	+0.62	290	30.06	99,57 %
19	Andrias Mellemgard S9 Entry time: 33.42 (-1.34)	2009 Havnar Svímjifelag	+0.77	238	32.08	104,01 %
EXH	Bragi Bjarnason Entry time: 32.28 (+0.51)	2012 Havnar Svímjifelag	+0.77	223	32.79	98,42 %
EXH	Dávur Eið Entry time: 30.45 (-0.10)	2012 Suðuroyar Svímjifelag	+0.49	281	30.35	100,33 %
EXH	Terji Kjærbo Entry time: 30.55 (-0.23)	2012 Suðuroyar Svímjifelag	+0.57	282	30.32	100,75 %
-	Karl Joensen SW 4.4. Tjóvstartur (startari og yvirdómari skulu vera samdir)	2005 Fuglafjarðar Svímjifelag	+0.67		DSQ	

Kapping almenn: 08.11.2025 11:19:18

Kapping 28, 50m Frí Menn Jr-E - Final

FRO	22.60	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	17.07.2025
FRO.JR	23.24	Pauli Ø. Mohr	1991 Fuglafjarðar Svímjifelag (F)	Berlin (GER)	15.11.2009

FM kravtíð: 00:30.26

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen Entry time: 25.70 (-1.39)	2008 Havnar Svímjifelag	+0.70	548	24.31	105,41 %
2	Fróði Hansen Entry time: 25.43 (+0.31)	2008 Svímjifelagið Ægir	+0.75	462	25.74	98,78 %
3	Lukas Bessason Entry time: 25.70 (+0.15)	2007 Svímjifelagið Ægir	+0.66	456	25.85	99,42 %
4	Bárður Ólavsson Entry time: 26.09 (+0.11)	2008 Svímjifelagið Ægir	+0.66	438	26.20	99,58 %

Kapping almenn: 08.11.2025 18:35:34

Kapping 28, 50m Frí Menn FM - Final

FRO	22.60	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	17.07.2025
FRO.JR	23.24	Pauli Ø. Mohr	1991 Fuglafjarðar Svímjifelag (F)	Berlin (GER)	15.11.2009

09-11-2025 18:15:22

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 54/89





Úrslit

Kapping 28, 50m Frí Menn FM - Final

FM kravtíð: 00:30.26

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham Entry time: 24.69 (-0.77)	2006 Svímjifelagið Ægir	+0.65	575	23.92	103,12 %
2	Óli Mikkelsen Entry time: 25.70 (-1.39)	2008 Havnar Svímjifelag	+0.70	548	24.31	105,41 %
3	Fróði Hansen Entry time: 25.43 (+0.31)	2008 Svímjifelagið Ægir	+0.75	462	25.74	98,78 %
4	Lukas Bessason Entry time: 25.70 (+0.15)	2007 Svímjifelagið Ægir	+0.66	456	25.85	99,42 %
5	Bjarti Ludvig Entry time: 25.84 (+0.32)	2006 Suðuroyar Svímjifelag	+0.72	440	26.16	98,76 %
6	Bárður Ólavsson Entry time: 26.09 (+0.11)	2008 Svímjifelagið Ægir	+0.66	438	26.20	99,58 %

Kapping almenn: 08.11.2025 18:35:34

Kapping 29, 4x50m Frí Kvinnur Jr-Y - Innleiðandi

FRO.JR 1:49.29 Ægir Klaksvík Ægir Klaksvík (FRO)

Torshavn (FRO)

07.05.2016

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Suðuroyar Svímjifelag Emma Debes Talita Johannesen Lilja Strøm Winther Sissal Rógvadóttir	2010 2010 2009 2010	16 Suðuroyar Svímjifelag +0.65 +0.19 +0.86 +0.62	28.52 29.29 33.52 28.96	454 Q	2:00.29 93,79 % 28.52 57.81 1:31.33 2:00.29
2	HS 1 Halla Háfoss Noomi Hella Jacobsen Mariella Annbrittardóttir Henriksen Lilja Lenvig Harrýsdóttir	2009 2012 2010 2009	16 Havnar Svímjifelag +0.66 +0.66 +0.55 +0.48	30.81 33.31 30.18 28.97	422 Q	2:03.27 30.81 1:04.12 1:34.30 2:03.27

Kapping almenn: 08.11.2025 11:36:55

Kapping 29, 4x50m Frí Kvinnur Jr-E - Innleiðandi

FRO.JR 1:49.29 Ægir Klaksvík Ægir Klaksvík (FRO)

Torshavn (FRO)

07.05.2016

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir Jóhanna Ólavsdóttir Durita Mohr Askham Lea Petersen Lea Osberg Højsted	2007 2008 2009 2008	18 Svímjifelagið Ægir +0.71 +0.43 +0.38 +0.35	30.31 29.33 29.75 28.70	480 Q	1:58.09 30.31 59.64 1:29.39 1:58.09
-	FS Rebekka Róðinsdóttir Birita Vesturtún Sirið Vesturtún Rakul J Højbro	2007 2007 2011 2011	18 Fuglafjarðar Svímjifelag +0.60 +0.36 +0.37 +0.76	30.04 32.14 30.38 35.38	377 Q	2:07.94 94,71 % 30.04 1:02.18 1:32.56 2:07.94

Kapping almenn: 08.11.2025 11:36:55



Úrslit

Kapping 29, 4x50m Frí Kvinnur FM - Innleiðandi

FRO.JR	1:49.29	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	07.05.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	Ægir		18 Svímjifelagið Ægir	480 Q	1:58.09
	Jóhanna Ólavsdóttir	2007	+0.71	30.31	30.31
	Durita Mohr Askham	2008	+0.43	29.33	59.64
	Lea Petersen	2009	+0.38	29.75	1:29.39
	Lea Osberg Højsted	2008	+0.35	28.70	1:58.09
2	Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag	454 Q	2:00.29 93,79 %
	Emma Debes	2010	+0.65	28.52	28.52
	Talita Johannesen	2010	+0.19	29.29	57.81
	Lilja Strøm Winther	2009	+0.86	33.52	1:31.33
	Sissal Rógvadóttir	2010	+0.62	28.96	2:00.29
3	HS 1		16 Havnar Svímjifelag	422 Q	2:03.27
	Halla Háfoss	2009	+0.66	30.81	30.81
	Noomi Hella Jacobsen	2012	+0.66	33.31	1:04.12
	Mariella Annbrittardóttur Henriksen	2010	+0.55	30.18	1:34.30
	Lilja Lenvig Harrysdóttir	2009	+0.48	28.97	2:03.27
4	HS 3		19 Havnar Svímjifelag	385 -	2:07.15
	Dorteia Dam	2007	+0.69	30.16	30.16
	India Linnea Bech	2011	+0.25	33.83	1:03.99
	Oddvá Seda D. Nattestad	2006	+0.23	30.43	1:34.42
	Lilja Sørensen	2011	+0.67	32.73	2:07.15
5	FS		18 Fuglafjarðar Svímjifelag	377 Q	2:07.94 94,71 %
	Rebekka Róðinsdóttir	2007	+0.60	30.04	30.04
	Birita Vesturtún	2007	+0.36	32.14	1:02.18
	Sirið Vesturtún	2011	+0.37	30.38	1:32.56
	Rakul J Højbro	2011	+0.76	35.38	2:07.94

Kapping almenn: 08.11.2025 11:36:55

Kapping 29, 4x50m Frí Kvinnur Jr-Y - Final

FRO.JR	1:49.29	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	07.05.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag	593	1:50.09 108,48
	Emma Debes	2010	+0.64	28.31	28.31
	Sissal Rógvadóttir	2010	+0.31	27.81	56.12
	Jórun Winther	2011	+0.61	27.48	1:23.60
	Bjarta í Lágabø	2009	+0.18	26.49	1:50.09
2	HS 1		16 Havnar Svímjifelag	439	2:01.63 101,33
	Lilja Lenvig Harrysdóttir	2009	+0.69	28.68	28.68
	Noomi Hella Jacobsen	2012	+0.57	33.56	1:02.24
	Halla Háfoss	2009	+0.13	29.97	1:32.21
	Mariella Annbrittardóttur Henriksen	2010	+0.47	29.42	2:01.63

Kapping almenn: 08.11.2025 18:50:46



Úrslit

Kapping 29, 4x50m Frí Kvinnur Jr-E - Final

FRO.JR	1:49.29	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	07.05.2016
Raðf	Navn	Aldur Felag		AQU	Tíð Munur
1	Ægir	18 Svímjifelagið Ægir		565	1:51.83 105,30
	Jóhanna Ólavsdóttir	2007	+1.70	28.83	28.83
	Durita Mohr Askham	2008	+0.23	27.74	56.57
	Lea Petersen	2009	+0.46	29.12	1:25.69
	Lea Osberg Højsted	2008	+0.13	26.14	1:51.83
2	FS	18 Fuglafjarðar Svímjifelag		449	2:00.78 105,60
	Rebekka Róðinsdóttir	2007	+0.61	29.50	29.50
	Birita Vesturtún	2007	+0.22	29.70	59.20
	Sirið Vesturtún	2011	+0.34	28.77	1:27.97
	Rakul J Højbro	2011	+0.57	32.81	2:00.78

Kapping almenn: 08.11.2025 18:50:46

Kapping 29, 4x50m Frí Kvinnur FM - Final

FRO.JR	1:49.29	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	07.05.2016
Raðf	Navn	Aldur Felag		AQU	Tíð Munur
1	Suðuroyar Svímjifelag	16 Suðuroyar Svímjifelag		593	1:50.09 108,48
	Emma Debes	2010	+0.64	28.31	28.31
	Sissal Rógvadóttir	2010	+0.31	27.81	56.12
	Jórun Winther	2011	+0.61	27.48	1:23.60
	Bjarta í Lágabø	2009	+0.18	26.49	1:50.09
2	Ægir	18 Svímjifelagið Ægir		565	1:51.83 105,30
	Jóhanna Ólavsdóttir	2007	+1.70	28.83	28.83
	Durita Mohr Askham	2008	+0.23	27.74	56.57
	Lea Petersen	2009	+0.46	29.12	1:25.69
	Lea Osberg Højsted	2008	+0.13	26.14	1:51.83
3	FS	18 Fuglafjarðar Svímjifelag		449	2:00.78 105,60
	Rebekka Róðinsdóttir	2007	+0.61	29.50	29.50
	Birita Vesturtún	2007	+0.22	29.70	59.20
	Sirið Vesturtún	2011	+0.34	28.77	1:27.97
	Rakul J Højbro	2011	+0.57	32.81	2:00.78
4	HS 1	16 Havnar Svímjifelag		439	2:01.63 101,33
	Lilja Lenvig Harrysdóttir	2009	+0.69	28.68	28.68
	Noomi Hella Jacobsen	2012	+0.57	33.56	1:02.24
	Halla Háfoss	2009	+0.13	29.97	1:32.21
	Mariella Annbrittardóttir Henriksen	2010	+0.47	29.42	2:01.63

Kapping almenn: 08.11.2025 18:50:46

Kapping 30, 4x50m Frí Menn Jr-Y - Innleiðandi

FRO.JR	1:38.48	Suðuroyar Svímjifelag	Suðuroyar Svímjifelag (FR	Torshavn (FRO)	11.05.2013
Raðf	Navn	Aldur Felag		AQU	Tíð Munur



Úrslit

Kapping 30, 4x50m Frí Menn Jr-Y - Innleiðandi

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS 2		16 Havnar Svímjifelag	327 Q	1:58.65	
	Jens Martin Dam	2009		+0.79	29.75	29.75
	Sigbjartur J. Egholm	2009		+0.27	27.19	56.94
	Andrias Mellemgaard	2009	S9	+1.06	33.39	1:30.33
	Jónatan Samuelsen	2010		+0.34	28.32	1:58.65

Kapping almenn: 08.11.2025 11:37:51

Kapping 30, 4x50m Frí Menn Jr-E - Innleiðandi

FRO.JR	1:38.48	Suðuroyar Svímjifelag	Suðuroyar Svímjifelag (FR Torshavn (FRO))	11.05.2013		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
-	Ægir	18	Svímjifelagið Ægir	444 Q	1:47.22	94,04 %
	Fróði Hansen	2008		+0.76	26.44	26.44
	Lukas Bessason	2007		+0.38	25.61	52.05
	Bárður Ólavsson	2008		+0.53	27.12	1:19.17
	Benjamin Havn	2011		+0.26	28.05	1:47.22

Kapping almenn: 08.11.2025 11:37:51

Kapping 30, 4x50m Frí Menn FM - Innleiðandi

FRO.JR	1:38.48	Suðuroyar Svímjifelag	Suðuroyar Svímjifelag (FR Torshavn (FRO))	11.05.2013		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir	18	Svímjifelagið Ægir	444 Q	1:47.22	94,04 %
	Fróði Hansen	2008		+0.76	26.44	26.44
	Lukas Bessason	2007		+0.38	25.61	52.05
	Bárður Ólavsson	2008		+0.53	27.12	1:19.17
	Benjamin Havn	2011		+0.26	28.05	1:47.22
2	Suðuroyar Svímjifelag	19	Suðuroyar Svímjifelag	372 Q	1:53.65	99,61 %
	Haraldur Mortensen	2010		+0.70	26.81	26.81
	Dávur Eið	2012		+0.31	31.02	57.83
	Terji Kjørbo	2012		+0.69	30.66	1:28.49
	Bjarti Ludvig	2006		+0.14	25.16	1:53.65
3	HS 3	43	Havnar Svímjifelag	348 Q	1:56.24	
	Óli Mikkelsen	2008		+0.78	27.83	27.83
	Ólavur Winther Jákupsson	2008		+0.96	29.56	57.39
	Theodor Salter	2011		+0.79	29.80	1:27.19
	Andrass Thomsen	1982		+0.39	29.05	1:56.24
4	HS 2	16	Havnar Svímjifelag	327 Q	1:58.65	
	Jens Martin Dam	2009		+0.79	29.75	29.75
	Sigbjartur J. Egholm	2009		+0.27	27.19	56.94
	Andrias Mellemgaard	2009	S9	+1.06	33.39	1:30.33
	Jónatan Samuelsen	2010		+0.34	28.32	1:58.65
5	HS 1	14	Havnar Svímjifelag	289 Q	2:03.69	
	Nóa Róason Stakksund	2011		+0.70	31.05	31.05
	Bragi Bjarnason	2012		+0.34	33.52	1:04.57
	Símun Eliassen	2011		+0.29	31.21	1:35.78
	Teitur Miné Róason	2011		+0.56	27.91	2:03.69

09-11-2025 18:15:22

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 58/89





Úrslit

Kapping 30, 4x50m Frí Menn FM - Innleiðandi

Raðf Navn Aldur Felag AQU Tíð Munur
Kapping almenn: 08.11.2025 11:37:51

Kapping 30, 4x50m Frí Menn Jr-Y - Final

FRO.JR 1:38.48 Suðuroyar Svímjifelag Suðuroyar Svímjifelag (FR Torshavn (FRO)) 11.05.2013
Raðf Navn Aldur Felag AQU Tíð Munur
1 HS 3 16 Havnar Svímjifelag 293 **2:03.09** 94,11 %
Símun Eliassen 2011 +0.39 29.99 29.99
Andrias Mellemgard 2009 S9 +1.01 32.25 1:02.24
Bragi Bjarnason 2012 +0.26 31.66 1:33.90
Nóa Róason Stakksund 2011 +0.43 29.19 2:03.09
Kapping almenn: 08.11.2025 18:59:56

Kapping 30, 4x50m Frí Menn FM - Final

FRO.JR 1:38.48 Suðuroyar Svímjifelag Suðuroyar Svímjifelag (FR Torshavn (FRO)) 11.05.2013
Raðf Navn Aldur Felag AQU Tíð Munur
1 Ægir 19 Svímjifelagið Ægir 563 **1:39.01** 107,66
Fróði Hansen 2008 +0.68 25.09 25.09
Lukas Bessason 2007 +0.38 25.29 50.38
Heini Mohr Askham 2006 +0.50 23.34 1:13.72
Bárður Ólavsson 2008 +0.40 25.29 1:39.01
2 HS 1 19 Havnar Svímjifelag 497 **1:43.22** 116,55
Isak Brisenfeldt 2006 +0.68 23.47 23.47
Teitur Miné Róason 2011 +0.31 29.05 52.52
Sigbjartur J. Egholm 2009 +0.13 26.19 1:18.71
Óli Mikkelsen 2008 +0.17 24.51 1:43.22
3 HS 2 43 Havnar Svímjifelag 426 **1:48.65** 108,43
Jónatan Samuelsen 2010 +0.75 28.44 28.44
Ólavur Winther Jákupsson 2008 +0.60 26.96 55.40
Andrass Thomsen 1982 +0.33 26.84 1:22.24
Theodor Salter 2011 +0.53 26.41 1:48.65
4 Suðuroyar Svímjifelag 19 Suðuroyar Svímjifelag 404 **1:50.59** 102,69
Haraldur Mortensen 2010 +0.75 26.45 26.45
Dávur Eið 2012 +0.36 29.79 56.24
Terji Kjørbo 2012 +0.43 29.45 1:25.69
Bjarti Ludvig 2006 +0.07 24.90 1:50.59
5 HS 3 16 Havnar Svímjifelag 293 **2:03.09** 94,11 %
Símun Eliassen 2011 +0.39 29.99 29.99
Andrias Mellemgard 2009 S9 +1.01 32.25 1:02.24
Bragi Bjarnason 2012 +0.26 31.66 1:33.90
Nóa Róason Stakksund 2011 +0.43 29.19 2:03.09
Kapping almenn: 08.11.2025 18:59:56

Kapping 31, 4x100m Frí Mix Jr-Y - Innleiðandi



Úrslit

Kapping 31, 4x100m Frí Mix Jr-Y - Innleiðandi

FRO	3:45.23	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	10.11.2024		
FRO.JR	3:47.23	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	15.04.2023		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
1 HS 3			16 Havnar Svímjifelag		Q	4:48.03	
	Halla Háfoss	2009	+0.67	32.08	1:07.36	1:07.36	
	Noomi Hella Jacobsen	2012	+0.74	35.17	1:16.06	2:23.42	
	Andrias Mellemgaard	2009	S9	+0.97	36.09	1:17.00	3:40.42
	Jens Martin Dam	2009	+0.74	32.45	1:07.61	4:48.03	
- HS 2			16 Havnar Svímjifelag			DSQ	
	SW 10.11. Tjónstartur í liðsvímjng. 4 svímjari						
	Lilja Lenvig Harrysdóttir	2009	+0.67	30.77	1:05.85	1:05.85	
	Jónatan Samuelsen	2010	+0.40	32.58	1:09.42	2:15.27	
	Mariella Annbrittardóttur Henriksen	2010	+0.72	33.49	1:11.82	3:27.09	
	Sigbjartur J. Egholm	2009	-0.14			DSQ	

Kapping almenn: 09.11.2025 09:45:53

Kapping 31, 4x100m Frí Mix Jr-E - Innleiðandi

FRO	3:45.23	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	10.11.2024	
FRO.JR	3:47.23	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	15.04.2023	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1 Ægir			17 Svímjifelagið Ægir		Q	4:22.45
	Durita Mohr Askham	2008	+0.73	30.55	1:03.45	1:03.45
	Bárður Ólavsson	2008	+0.45	28.72	1:00.69	2:04.14
	Lea Osberg Højsted	2008	+0.41	34.29	1:12.31	3:16.45
	Fróði Hansen	2008	+0.57	31.25	1:06.00	4:22.45
2 HS 1			18 Havnar Svímjifelag		Q	4:39.31
	Ólavur Winther Jákupsson	2008	+0.68	29.06	1:00.90	1:00.90
	Jóhanna Katrina Jacobsen	2007	+0.48	37.63	1:20.04	2:20.94
	Dorteia Dam	2007	+0.36	31.94	1:08.81	3:29.75
	Óli Mikkelsen	2008	+0.45	32.12	1:09.56	4:39.31
- Ægir lið 2			18 Svímjifelagið Ægir			DNS
	Benjamin Havn	2011	-..			
	Randi Brim Hvidbro	2012				
	Lukas Bessason	2007				
	Lea Petersen	2009				

Kapping almenn: 09.11.2025 09:45:53

Kapping 31, 4x100m Frí Mix FM - Innleiðandi

FRO	3:45.23	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	10.11.2024	
FRO.JR	3:47.23	Ægir Klaksvik	Ægir Klaksvik (FRO)	Torshavn (FRO)	15.04.2023	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur



Úrslit

Kapping 31, 4x100m Frí Mix FM - Innleiðandi

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	Ægir		17 Svímjifelagið Ægir		Q	4:22.45	
	Durita Mohr Askham	2008		+0.73	30.55	1:03.45	1:03.45
	Bárður Ólavsson	2008		+0.45	28.72	1:00.69	2:04.14
	Lea Osberg Højsted	2008		+0.41	34.29	1:12.31	3:16.45
	Fróði Hansen	2008		+0.57	31.25	1:06.00	4:22.45
2	FS		20 Fuglafjarðar Svímjifelag		Q	4:37.65	
	Fríðálvur Eliassen	2011		+0.76	32.04	1:05.99	1:05.99
	Sirið Vesturtún	2011		+0.48	33.83	1:12.85	2:18.84
	Birita Vesturtún	2007		+0.41	36.23	1:16.75	3:35.59
	Karl Joensen	2005		+0.29	29.65	1:02.06	4:37.65
3	HS 1		18 Havnar Svímjifelag		Q	4:39.31	
	Ólavur Winther Jákupsson	2008		+0.68	29.06	1:00.90	1:00.90
	Jóhanna Katrína Jacobsen	2007		+0.48	37.63	1:20.04	2:20.94
	Dorteia Dam	2007		+0.36	31.94	1:08.81	3:29.75
	Óli Mikkelsen	2008		+0.45	32.12	1:09.56	4:39.31
4	HS 3		16 Havnar Svímjifelag		Q	4:48.03	
	Halla Háfoss	2009		+0.67	32.08	1:07.36	1:07.36
	Noomi Hella Jacobsen	2012		+0.74	35.17	1:16.06	2:23.42
	Andrias Mellemsgaard	2009	S9	+0.97	36.09	1:17.00	3:40.42
	Jens Martin Dam	2009		+0.74	32.45	1:07.61	4:48.03
-	HS 2		16 Havnar Svímjifelag			DSQ	
	SW 10.11. Tjóvstartur í liðsvímjng. 4 svímjari						
	Lilja Lenvig Harrýsdóttir	2009		+0.67	30.77	1:05.85	1:05.85
	Jónatan Samuelsen	2010		+0.40	32.58	1:09.42	2:15.27
	Mariella Annbrittardóttur Henriksen	2010		+0.72	33.49	1:11.82	3:27.09
	Sigbjartur J. Egholm	2009		-0.14			DSQ
-	Ægir lið 2		18 Svímjifelagið Ægir			DNS	
	Benjamin Havn	2011		---			
	Randi Brim Hvidbro	2012					
	Lukas Bessason	2007					
	Lea Petersen	2009					
-	Ægir lið 3		19 Svímjifelagið Ægir			DNS	
	Tórir Olsen	2011		---			
	Sólfríð H. Johannessen	2013					
	Heini Mohr Askham	2006					
	Jóhanna Ólavsdóttir	2007					

Kapping almenn: 09.11.2025 09:45:53

Kapping 31, 4x100m Frí Mix Jr-Y - Final

FRO	3:45.23	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	10.11.2024	
FRO.JR	3:47.23	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	15.04.2023	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur



Úrslit

Kapping 31, 4x100m Frí Mix Jr-Y - Final

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	HS 3		16 Havnar Svímjifelag			4:41.17	102,38
	Noomi Hella Jacobsen	2012		+0.71	33.91	1:14.08	1:14.08
	Lilja Sørensen	2011		+0.71	33.97	1:11.30	2:25.38
	Jónatan Samuelsen	2010		+0.25	32.63	1:09.52	3:34.90
	Jens Martin Dam	2009		+0.46	31.62	1:06.27	4:41.17

Kapping almenn: 09.11.2025 16:10:24

Kapping 31, 4x100m Frí Mix Jr-E - Final

FRO	3:45.23	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	10.11.2024		
FRO.JR	3:47.23	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	15.04.2023		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
1	HS 1		17 Havnar Svímjifelag		4:10.03	110,48	
	Óli Mikkelsen	2008		+0.71	25.67	53.61	53.61
	Halla Háfoss	2009		+0.46	31.81	1:07.28	2:00.89
	Mariella Annbrittardóttur Henriksen	2010		+0.38	30.97	1:05.59	3:06.48
	Teitur Miné Róason	2011		+0.52	29.64	1:03.55	4:10.03

Kapping almenn: 09.11.2025 16:10:24

Kapping 31, 4x100m Frí Mix FM - Final

FRO	3:45.23	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	10.11.2024		
FRO.JR	3:47.23	Ægir Klaksvík	Ægir Klaksvík (FRO)	Torshavn (FRO)	15.04.2023		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
1	Ægir		19 Svímjifelagið Ægir		3:59.46	108,76	
	Lea Osberg Højsted	2008		+0.72	29.96	1:03.20	1:03.20
	Heini Mohr Askham	2006		+0.57	25.70	54.04	1:57.24
	Jóhanna Ólavsdóttir	2007		+0.45	30.25	1:05.31	3:02.55
	Lukas Bessason	2007		+0.34	26.75	56.91	3:59.46
2	HS 1		17 Havnar Svímjifelag		4:10.03	110,48	
	Óli Mikkelsen	2008		+0.71	25.67	53.61	53.61
	Halla Háfoss	2009		+0.46	31.81	1:07.28	2:00.89
	Mariella Annbrittardóttur Henriksen	2010		+0.38	30.97	1:05.59	3:06.48
	Teitur Miné Róason	2011		+0.52	29.64	1:03.55	4:10.03
3	FS		20 Fuglafjarðar Svímjifelag		4:19.27	106,62	
	Fríðálvur Eliassen	2011		+0.74	31.54	1:04.50	1:04.50
	Sirið Vesturtún	2011		+0.45	31.33	1:06.26	2:10.76
	Birita Vesturtún	2007		+0.37	31.62	1:06.89	3:17.65
	Karl Joensen	2005		+0.33	28.79	1:01.62	4:19.27
4	HS 3		16 Havnar Svímjifelag		4:41.17	102,38	
	Noomi Hella Jacobsen	2012		+0.71	33.91	1:14.08	1:14.08
	Lilja Sørensen	2011		+0.71	33.97	1:11.30	2:25.38
	Jónatan Samuelsen	2010		+0.25	32.63	1:09.52	3:34.90
	Jens Martin Dam	2009		+0.46	31.62	1:06.27	4:41.17

Kapping almenn: 09.11.2025 16:10:24



Úrslit

Kapping 32, 800m Frí Menn Jr-Y - Tíðar Finala

FRO	7:36.24	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Atlanta (USA))	17.12.2011
FRO.JR	7:48.56	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	13.12.2008

FM kravtíð: 11:02.38

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.75	408	9:53.82	107,26 %
Entry time: 10:40.34 (-46.52)						
	50m: 32.39	100m: 1:08.83 (36.44)	150m: 1:46.22 (37.39)	200m: 2:23.53 (37.31)		
	250m: 3:01.42 (37.89)	300m: 3:39.28 (37.86)	350m: 4:17.09 (37.81)	400m: 4:55.48 (38.39)		
	450m: 5:33.67 (38.19)	500m: 6:11.28 (37.61)	550m: 6:48.90 (37.62)	600m: 7:26.48 (37.58)		
	650m: 8:03.67 (37.19)	700m: 8:40.88 (37.21)	750m: 9:18.25 (37.37)	800m: 9:53.82 (35.57)		

Kapping almenn: 09.11.2025 16:24:23

Kapping 32, 800m Frí Menn Jr-E - Tíðar Finala

FRO	7:36.24	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Atlanta (USA))	17.12.2011
FRO.JR	7:48.56	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	13.12.2008

FM kravtíð: 11:02.38

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.71	611	8:38.79	100,54 %
Entry time: 8:41.63 (-2.84)						
	50m: 28.86	100m: 1:00.49 (31.63)	150m: 1:32.51 (32.02)	200m: 2:04.78 (32.27)		
	250m: 2:37.42 (32.64)	300m: 3:10.20 (32.78)	350m: 3:43.09 (32.89)	400m: 4:16.32 (33.23)		
	450m: 4:49.46 (33.14)	500m: 5:22.46 (33.00)	550m: 5:55.36 (32.90)	600m: 6:28.53 (33.17)		
	650m: 7:01.54 (33.01)	700m: 7:34.58 (33.04)	750m: 8:07.19 (32.61)	800m: 8:38.79 (31.60)		

2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.72	553	8:56.45	98,33 %
Entry time: 8:47.65 (+8.80)						
	50m: 29.18	100m: 1:00.69 (31.51)	150m: 1:32.90 (32.21)	200m: 2:05.92 (33.02)		
	250m: 2:39.78 (33.86)	300m: 3:13.84 (34.06)	350m: 3:47.89 (34.05)	400m: 4:21.58 (33.69)		
	450m: 4:55.79 (34.21)	500m: 5:30.10 (34.31)	550m: 6:04.39 (34.29)	600m: 6:38.30 (33.91)		
	650m: 7:12.78 (34.48)	700m: 7:47.82 (35.04)	750m: 8:22.97 (35.15)	800m: 8:56.45 (33.48)		

Kapping almenn: 09.11.2025 16:24:23

Kapping 32, 800m Frí Menn FM - Tíðar Finala

FRO	7:36.24	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Atlanta (USA))	17.12.2011
FRO.JR	7:48.56	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	13.12.2008

FM kravtíð: 11:02.38

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.71	611	8:38.79	100,54 %
Entry time: 8:41.63 (-2.84)						
	50m: 28.86	100m: 1:00.49 (31.63)	150m: 1:32.51 (32.02)	200m: 2:04.78 (32.27)		
	250m: 2:37.42 (32.64)	300m: 3:10.20 (32.78)	350m: 3:43.09 (32.89)	400m: 4:16.32 (33.23)		
	450m: 4:49.46 (33.14)	500m: 5:22.46 (33.00)	550m: 5:55.36 (32.90)	600m: 6:28.53 (33.17)		
	650m: 7:11.33 (33.01)	700m: 7:34.58 (33.04)	750m: 8:07.19 (32.61)	800m: 8:38.79 (31.60)		

2	Tórir Olsen	2011 Svímjifelagið Ægir	+0.70	576	8:49.27	102,90 %
Entry time: 9:05.08 (-15.81)						
	50m: 29.83	100m: 1:02.70 (32.87)	150m: 1:35.25 (32.55)	200m: 2:08.66 (33.41)		
	250m: 2:42.33 (33.67)	300m: 3:15.95 (33.62)	350m: 3:49.31 (33.36)	400m: 4:23.15 (33.84)		
	450m: 4:56.74 (33.59)	500m: 5:30.42 (33.68)	550m: 6:04.22 (33.80)	600m: 6:37.70 (33.48)		
	650m: 7:11.33 (33.63)	700m: 7:44.45 (33.12)	750m: 8:17.53 (33.08)	800m: 8:49.27 (31.74)		

3	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.72	553	8:56.45	98,33 %
Entry time: 8:47.65 (+8.80)						
	50m: 29.18	100m: 1:00.69 (31.51)	150m: 1:32.90 (32.21)	200m: 2:05.92 (33.02)		
	250m: 2:39.78 (33.86)	300m: 3:13.84 (34.06)	350m: 3:47.89 (34.05)	400m: 4:21.58 (33.69)		
	450m: 4:55.79 (34.21)	500m: 5:30.10 (34.31)	550m: 6:04.39 (34.29)	600m: 6:38.30 (33.91)		
	650m: 7:12.78 (34.48)	700m: 7:47.82 (35.04)	750m: 8:22.97 (35.15)	800m: 8:56.45 (33.48)		



Úrslit

Kapping 32, 800m Frí Menn FM - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Theodor Salter	2011 Havnar Svímjifelag	+0.66	450	9:34.49	98,22 %
Entry time: 9:24.42 (+10.07)						
	50m: 30.58	100m: 1:05.41 (34.83)	150m: 1:40.82 (35.41)	200m: 2:16.54 (35.72)		
	250m: 2:53.00 (36.46)	300m: 3:29.25 (36.25)	350m: 4:05.89 (36.64)	400m: 4:42.61 (36.72)		
	450m: 5:19.53 (36.92)	500m: 5:56.54 (37.01)	550m: 6:33.27 (36.73)	600m: 7:09.81 (36.54)		
	650m: 7:46.74 (36.93)	700m: 8:23.75 (37.01)	750m: 8:59.89 (36.14)	800m: 9:34.49 (34.60)		
5	Benjamin Havn	2011 Svímjifelagið Ægir	+0.63	427	9:44.89	108,44 %
Entry time: 10:38.82 (-53.93)						
	50m: 31.80	100m: 1:08.15 (36.35)	150m: 1:44.69 (36.54)	200m: 2:21.66 (36.97)		
	250m: 2:58.85 (37.19)	300m: 3:36.00 (37.15)	350m: 4:13.11 (37.11)	400m: 4:50.15 (37.04)		
	450m: 5:27.45 (37.30)	500m: 6:04.64 (37.19)	550m: 6:41.36 (36.72)	600m: 7:19.31 (37.95)		
	650m: 7:56.11 (36.80)	700m: 8:33.61 (37.50)	750m: 9:09.82 (36.21)	800m: 9:44.89 (35.07)		
6	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.75	408	9:53.82	107,26 %
Entry time: 10:40.34 (-46.52)						
	50m: 32.39	100m: 1:08.83 (36.44)	150m: 1:46.22 (37.39)	200m: 2:23.53 (37.31)		
	250m: 3:01.42 (37.89)	300m: 3:39.28 (37.86)	350m: 4:17.09 (37.81)	400m: 4:55.48 (38.39)		
	450m: 5:33.67 (38.19)	500m: 6:11.28 (37.61)	550m: 6:48.90 (37.62)	600m: 7:26.48 (37.58)		
	650m: 8:03.67 (37.19)	700m: 8:40.88 (37.21)	750m: 9:18.25 (37.37)	800m: 9:53.82 (35.57)		
7	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.82	323	10:41.77	101,93 %
Entry time: 10:54.43 (-12.66)						
	50m: 34.54	100m: 1:14.59 (40.05)	150m: 1:55.85 (41.26)	200m: 2:36.68 (40.83)		
	250m: 3:17.43 (40.75)	300m: 3:56.96 (39.53)	350m: 4:37.35 (40.39)	400m: 5:18.86 (41.51)		
	450m: 6:00.29 (41.43)	500m: 6:41.82 (41.53)	550m: 7:23.07 (41.25)	600m: 8:04.17 (41.10)		
	650m: 8:43.27 (39.10)	700m: 9:24.29 (41.02)	750m: 10:04.53 (40.24)	800m: 10:41.77 (37.24)		
8	Nóa Róason Staksund	2011 Havnar Svímjifelag	---	217	12:12.75	88,29 %
Entry time: 10:55.94 (+1:16.81)						
	50m: 35.21	100m: 1:15.23 (40.02)	150m: 1:59.09 (43.86)	200m: 2:44.00 (44.91)		
	250m: 3:30.34 (46.34)	300m: 4:17.20 (46.86)	350m: 5:04.75 (47.55)	400m: 5:52.52 (47.77)		
	450m: 6:40.21 (47.69)	500m: 7:27.86 (47.65)	550m: 8:17.15 (49.29)	600m: 9:04.73 (47.58)		
	650m: 9:53.19 (48.46)	700m: 10:40.14 (46.95)	750m: 11:28.05 (47.91)	800m: 12:12.75 (44.70)		
-	Heini Mohr Askham	2006 Svímjifelagið Ægir	---		DNS	

Kapping almenn: 09.11.2025 16:24:23

Kapping 33, 1500m Frí Kvinnur Jr-Y - Tíðar Finala

FRO	16:47.54	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	09.07.2019
FRO.JR	16:55.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017
FM kravtíð: 22:53.86					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir	+0.67	490	19:11.33	
	50m: 34.19	100m: 1:11.42 (37.23)	150m: 1:48.92 (37.50)	200m: 2:26.70 (37.78)		
	250m: 3:04.53 (37.83)	300m: 3:42.22 (37.69)	350m: 4:20.74 (38.52)	400m: 4:59.12 (38.38)		
	450m: 5:37.13 (38.01)	500m: 6:15.32 (38.19)	550m: 6:53.07 (37.75)	600m: 7:31.31 (38.24)		
	650m: 8:10.22 (38.91)	700m: 8:49.08 (38.86)	750m: 9:27.33 (38.25)	800m: 10:05.15 (37.82)		
	850m: 10:44.25 (39.10)	900m: 11:22.79 (38.54)	950m: 12:01.64 (38.85)	1000m: 12:40.82 (39.18)		
	1050m: 13:20.17 (39.35)	1100m: 13:59.65 (39.48)	1150m: 14:39.07 (39.42)	1200m: 15:17.87 (38.80)		
	1250m: 15:56.73 (38.86)	1300m: 16:36.03 (39.30)	1350m: 17:15.32 (39.29)	1400m: 17:55.40 (40.08)		
	1450m: 18:33.85 (38.45)	1500m: 19:11.33 (37.48)				

Kapping almenn: 09.11.2025 16:45:19

Kapping 33, 1500m Frí Kvinnur Jr-E - Tíðar Finala

FRO	16:47.54	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	09.07.2019
FRO.JR	16:55.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017
FM kravtíð: 22:53.86					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 33, 1500m Frí Kvinnur Jr-E - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.65	521	18:48.03	100,51 %
Entry time: 18:53.78 (-5.75)						
	50m: 33.79	100m: 1:10.99 (37.20)	150m: 1:48.63 (37.64)	200m: 2:26.31 (37.68)		
	250m: 3:03.88 (37.57)	300m: 3:41.22 (37.34)	350m: 4:18.32 (37.10)	400m: 4:55.52 (37.20)		
	450m: 5:32.80 (37.28)	500m: 6:10.21 (37.41)	550m: 6:47.69 (37.48)	600m: 7:25.00 (37.31)		
	650m: 8:02.30 (37.30)	700m: 8:39.62 (37.32)	750m: 9:17.53 (37.91)	800m: 9:55.12 (37.59)		
	850m: 10:32.57 (37.45)	900m: 11:10.34 (37.77)	950m: 11:48.60 (38.26)	1000m: 12:26.69 (38.09)		
	1050m: 13:04.68 (37.99)	1100m: 13:43.08 (38.40)	1150m: 14:21.44 (38.36)	1200m: 14:59.71 (38.27)		
	1250m: 15:38.09 (38.38)	1300m: 16:16.64 (38.55)	1350m: 16:54.91 (38.27)	1400m: 17:33.55 (38.64)		
	1450m: 18:11.82 (38.27)	1500m: 18:48.03 (36.21)				

Kapping almenn: 09.11.2025 16:45:19

Kapping 33, 1500m Frí Kvinnur FM - Tíðar Finala

FRO	16:47.54	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	09.07.2019
FRO.JR	16:55.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017

FM kravtíð: 22:53.86

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.65	521	18:48.03	100,51 %
Entry time: 18:53.78 (-5.75)						
	50m: 33.79	100m: 1:10.99 (37.20)	150m: 1:48.63 (37.64)	200m: 2:26.31 (37.68)		
	250m: 3:03.88 (37.57)	300m: 3:41.22 (37.34)	350m: 4:18.32 (37.10)	400m: 4:55.52 (37.20)		
	450m: 5:32.80 (37.28)	500m: 6:10.21 (37.41)	550m: 6:47.69 (37.48)	600m: 7:25.00 (37.31)		
	650m: 8:02.30 (37.30)	700m: 8:39.62 (37.32)	750m: 9:17.53 (37.91)	800m: 9:55.12 (37.59)		
	850m: 10:32.57 (37.45)	900m: 11:10.34 (37.77)	950m: 11:48.60 (38.26)	1000m: 12:26.69 (38.09)		
	1050m: 13:04.68 (37.99)	1100m: 13:43.08 (38.40)	1150m: 14:21.44 (38.36)	1200m: 14:59.71 (38.27)		
	1250m: 15:38.09 (38.38)	1300m: 16:16.64 (38.55)	1350m: 16:54.91 (38.27)	1400m: 17:33.55 (38.64)		
	1450m: 18:11.82 (38.27)	1500m: 18:48.03 (36.21)				

2 Lea Petersen

2009 Svímjifelagið Ægir

+0.67 490 **19:11.33**

	50m: 34.19	100m: 1:11.42 (37.23)	150m: 1:48.92 (37.50)	200m: 2:26.70 (37.78)		
	250m: 3:04.53 (37.83)	300m: 3:42.22 (37.69)	350m: 4:20.74 (38.52)	400m: 4:59.12 (38.38)		
	450m: 5:37.13 (38.01)	500m: 6:15.32 (38.19)	550m: 6:53.07 (37.75)	600m: 7:31.31 (38.24)		
	650m: 8:10.22 (38.91)	700m: 8:49.08 (38.86)	750m: 9:27.33 (38.25)	800m: 10:05.15 (37.82)		
	850m: 10:44.25 (39.10)	900m: 11:22.79 (38.54)	950m: 12:01.64 (38.85)	1000m: 12:40.82 (39.18)		
	1050m: 13:20.17 (39.35)	1100m: 13:59.65 (39.48)	1150m: 14:39.07 (39.42)	1200m: 15:17.87 (38.80)		
	1250m: 15:56.73 (38.86)	1300m: 16:36.03 (39.30)	1350m: 17:15.32 (39.29)	1400m: 17:55.40 (40.08)		
	1450m: 18:33.85 (38.45)	1500m: 19:11.33 (37.48)				

Kapping almenn: 09.11.2025 16:45:19

Kapping 34, 100m Blandað Menn Jr-Y - Innleiðandi

FRO	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012
FRO.JR	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012

FM kravtíð: 01:15.07

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.68	321	1:11.97	100,08 % Q
Entry time: 1:12.03 (-0.06)						
	50m: 32.21	100m: 1:11.97 (39.76)				

Kapping almenn: 09.11.2025 10:12:20

Kapping 34, 100m Blandað Menn Jr-E - Innleiðandi

FRO	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012
FRO.JR	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012

FM kravtíð: 01:15.07

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.66	461	1:03.76	99,31 % -
Entry time: 1:03.32 (+0.44)						
	50m: 29.57	100m: 1:03.76 (34.19)				



Úrslit

Kapping 34, 100m Blandað Menn Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Lukas Bessason	2007 Svímjifelagið Ægir	+0.65	419	1:05.83	106,66 % Q
	Entry time: 1:10.53	(-4.70)				
	50m: 29.76	100m: 1:05.83 (36.07)				
Kapping almenn: 09.11.2025 10:12:20						

Kapping 34, 100m Blandað Menn FM - Innleiðandi

FRO	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012
FRO.JR	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012
FM kravtíð: 01:15.07					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.66	461	1:03.76	99,31 % -
	Entry time: 1:03.32	(+0.44)				
	50m: 29.57	100m: 1:03.76 (34.19)				
2	Lukas Bessason	2007 Svímjifelagið Ægir	+0.65	419	1:05.83	106,66 % Q
	Entry time: 1:10.53	(-4.70)				
	50m: 29.76	100m: 1:05.83 (36.07)				
3	Tórir Olsen	2011 Svímjifelagið Ægir	+0.72	338	1:10.68	101,85 % Q
	Entry time: 1:12.01	(-1.33)				
	50m: 32.30	100m: 1:10.68 (38.38)				
4	Benjamin Havn	2011 Svímjifelagið Ægir	+0.69	326	1:11.55	100,53 % Q
	Entry time: 1:11.93	(-0.38)				
	50m: 32.89	100m: 1:11.55 (38.66)				
5	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.68	321	1:11.97	100,08 % Q
	Entry time: 1:12.03	(-0.06)				
	50m: 32.21	100m: 1:11.97 (39.76)				
6	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.75	286	1:14.74	96,64 % Q
	Entry time: 1:12.31	(+2.43)				
	50m: 34.87	100m: 1:14.74 (39.87)				
7	Teitur Míné Róason	2011 Havnar Svímjifelag	+0.60	284	1:14.97	98,15 % Q
	Entry time: 1:13.61	(+1.36)				
	50m: 32.99	100m: 1:14.97 (41.98)				
EXH	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.72	195	1:24.86	97,81 %
	Entry time: 1:23.04	(+1.82)				
	50m: 39.32	100m: 1:24.86 (45.54)				
EXH	Símun Eliassen	2011 Havnar Svímjifelag	+0.56	254	1:17.80	103,64 %
	Entry time: 1:20.74	(-2.94)				
	50m: 36.21	100m: 1:17.80 (41.59)				
EXH	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.75	212	1:22.59	96,05 %
	Entry time: 1:19.45	(+3.14)				
	50m: 34.19	100m: 1:22.59 (48.40)				
EXH	Nóa Róason Stakksund	2011 Havnar Svímjifelag	+0.68	238	1:19.44	97,97 %
	Entry time: 1:17.86	(+1.58)				
	50m: 39.62	100m: 1:19.44 (39.82)				
Kapping almenn: 09.11.2025 10:12:20						

Kapping 34, 100m Blandað Menn Jr-Y - Final

FRO	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012
FRO.JR	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012
FM kravtíð: 01:15.07					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 34, 100m Blandað Menn Jr-Y - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.73	336	1:10.84	101,57 %
Entry time: 1:11.97 (-1.13)						
50m: 32.09 100m: 1:10.84 (38.75)						
Kapping almenn: 09.11.2025 16:56:18						

Kapping 34, 100m Blandað Menn Jr-E - Final

FRO	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012	
FRO.JR	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012	
FM kravtíð: 01:15.07						
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lukas Bessason	2007 Svímjifelagið Ægir	+0.71	433	1:05.10	101,11 %
Entry time: 1:05.83 (-0.73)						
50m: 29.45 100m: 1:05.10 (35.65)						
Kapping almenn: 09.11.2025 16:56:18						

Kapping 34, 100m Blandað Menn FM - Final

FRO	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012	
FRO.JR	55.94	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Torshavn (FRO)	12.05.2012	
FM kravtíð: 01:15.07						
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lukas Bessason	2007 Svímjifelagið Ægir	+0.71	433	1:05.10	101,11 %
Entry time: 1:05.83 (-0.73)						
50m: 29.45 100m: 1:05.10 (35.65)						
2	Tórir Olsen	2011 Svímjifelagið Ægir	+0.69	392	1:07.32	104,75 %
Entry time: 1:10.68 (-3.36)						
50m: 31.61 100m: 1:07.32 (35.71)						
3	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.73	336	1:10.84	101,57 %
Entry time: 1:11.97 (-1.13)						
50m: 32.09 100m: 1:10.84 (38.75)						
4	Benjamin Havn	2011 Svímjifelagið Ægir	+0.48	317	1:12.20	99,09 %
Entry time: 1:11.55 (+0.65)						
50m: 33.24 100m: 1:12.20 (38.96)						
5	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.78	316	1:12.31	103,25 %
Entry time: 1:14.74 (-2.43)						
50m: 34.40 100m: 1:12.31 (37.91)						
6	Teitur Míné Róason	2011 Havnar Svímjifelag	+0.57	286	1:14.79	100,24 %
Entry time: 1:14.97 (-0.18)						
50m: 32.96 100m: 1:14.79 (41.83)						
Kapping almenn: 09.11.2025 16:56:18						

Kapping 35, 100m Blandað Kvinnur Jr-Y - Innleiðandi

FRO	1:03.78	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	11.05.2013	
FRO.JR	1:04.93	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Klakksvik (FRO)	22.04.2016	
FM kravtíð: 01:24.41						
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.73	461	1:11.32	94,51 % Q
Entry time: 1:07.61 (+3.71)						
50m: 32.99 100m: 1:11.32 (38.33)						
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.67	443	1:12.27	97,49 % Q
Entry time: 1:10.50 (+1.77)						
50m: 33.29 100m: 1:12.27 (38.98)						



Úrslit

Kapping 35, 100m Blandað Kvinnur Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.69	392	1:15.26	98,10 % -
Entry time: 1:13.86 (+1.40)						
50m: 34.58		100m: 1:15.26 (40.68)				
4	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.72	378	1:16.18	99,11 % Q
Entry time: 1:15.51 (+0.67)						
50m: 35.03		100m: 1:16.18 (41.15)				
5	Lea Petersen	2009 Svímjifelagið Ægir	+0.66	353	1:17.97	97,95 % R1
Entry time: 1:16.40 (+1.57)						
50m: 35.31		100m: 1:17.97 (42.66)				

Kapping almenn: 09.11.2025 10:16:02

Kapping 35, 100m Blandað Kvinnur Jr-E - Innleiðandi

FRO	1:03.78	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	11.05.2013
FRO.JR	1:04.93	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Klakksvik (FRO)	22.04.2016

FM kravtíð: 01:24.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	502	1:09.31	93,29 % Q
Entry time: 1:04.95 (+4.36)						
50m: 32.22		100m: 1:09.31 (37.09)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.61	442	1:12.33	95,31 % -
Entry time: 1:09.09 (+3.24)						
50m: 33.16		100m: 1:12.33 (39.17)				
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.66	439	1:12.47	98,43 % Q
Entry time: 1:11.35 (+1.12)						
50m: 34.84		100m: 1:12.47 (37.63)				

Kapping almenn: 09.11.2025 10:16:02

Kapping 35, 100m Blandað Kvinnur FM - Innleiðandi

FRO	1:03.78	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	11.05.2013
FRO.JR	1:04.93	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Klakksvik (FRO)	22.04.2016

FM kravtíð: 01:24.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	502	1:09.31	93,29 % Q
Entry time: 1:04.95 (+4.36)						
50m: 32.22		100m: 1:09.31 (37.09)				
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.73	461	1:11.32	94,51 % Q
Entry time: 1:07.61 (+3.71)						
50m: 32.99		100m: 1:11.32 (38.33)				
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.67	443	1:12.27	97,49 % Q
Entry time: 1:10.50 (+1.77)						
50m: 33.29		100m: 1:12.27 (38.98)				
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.61	442	1:12.33	95,31 % -
Entry time: 1:09.09 (+3.24)						
50m: 33.16		100m: 1:12.33 (39.17)				
5	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.66	439	1:12.47	98,43 % Q
Entry time: 1:11.35 (+1.12)						
50m: 34.84		100m: 1:12.47 (37.63)				
6	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.50	403	1:14.59	96,29 % Q
Entry time: 1:11.92 (+2.67)						
50m: 33.33		100m: 1:14.59 (41.26)				



Úrslit

Kapping 35, 100m Blandað Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
7	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.69	392	1:15.26	98,10 % -
	Entry time: 1:13.86 (+1.40)					
	50m: 34.58	100m: 1:15.26 (40.68)				
8	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.72	378	1:16.18	99,11 % Q
	Entry time: 1:15.51 (+0.67)					
	50m: 35.03	100m: 1:16.18 (41.15)				
9	Lea Petersen	2009 Svímjifelagið Ægir	+0.66	353	1:17.97	97,95 % R1
	Entry time: 1:16.40 (+1.57)					
	50m: 35.31	100m: 1:17.97 (42.66)				
EXH	India Linnea Bech	2011 Havnar Svímjifelag	+0.78	267	1:25.57	101,42 %
	Entry time: 1:26.80 (-1.23)					
	50m: 41.52	100m: 1:25.57 (44.05)				
EXH	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.73	271	1:25.13	99,50 %
	Entry time: 1:24.71 (+0.42)					
	50m: 39.13	100m: 1:25.13 (46.00)				
EXH	Lea Í Trøðini	2011 Suðuroyar Svímjifelag	+0.67		DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (Bringa)					
	Kapping almenn: 09.11.2025 10:16:02					

Kapping 35, 100m Blandað Kvinnur Jr-Y - Final

FRO	1:03.78	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	11.05.2013
FRO.JR	1:04.93	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Klakksvik (FRO)	22.04.2016

FM kravtíð: 01:24.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.71	525	1:08.28	104,26 %
	Entry time: 1:11.32 (-3.04)					
	50m: 30.95	100m: 1:08.28 (37.33)				
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.53	500	1:09.41	103,96 %
	Entry time: 1:12.27 (-2.86)					
	50m: 32.20	100m: 1:09.41 (37.21)				
3	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.72	386	1:15.66	100,68 %
	Entry time: 1:16.18 (-0.52)					
	50m: 33.70	100m: 1:15.66 (41.96)				
	Kapping almenn: 09.11.2025 17:00:03					

Kapping 35, 100m Blandað Kvinnur Jr-E - Final

FRO	1:03.78	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	11.05.2013
FRO.JR	1:04.93	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Klakksvik (FRO)	22.04.2016

FM kravtíð: 01:24.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	610	1:04.98	106,25 %
	Entry time: 1:09.31 (-4.33)					
	50m: 30.36	100m: 1:04.98 (34.62)				
2	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.77	451	1:11.81	100,91 %
	Entry time: 1:12.47 (-0.66)					
	50m: 32.90	100m: 1:11.81 (38.91)				
	Kapping almenn: 09.11.2025 17:00:03					

Kapping 35, 100m Blandað Kvinnur FM - Final

FRO	1:03.78	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	11.05.2013
FRO.JR	1:04.93	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Klakksvik (FRO)	22.04.2016



Úrslit

Kapping 35, 100m Blandað Kvinnur FM - Final

FM kravtíð: 01:24.41

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	610	1:04.98	106,25 %
	Entry time: 1:09.31 (-4.33)					
	50m: 30.36	100m: 1:04.98 (34.62)				
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.71	525	1:08.28	104,26 %
	Entry time: 1:11.32 (-3.04)					
	50m: 30.95	100m: 1:08.28 (37.33)				
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.53	500	1:09.41	103,96 %
	Entry time: 1:12.27 (-2.86)					
	50m: 32.20	100m: 1:09.41 (37.21)				
4	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.77	451	1:11.81	100,91 %
	Entry time: 1:12.47 (-0.66)					
	50m: 32.90	100m: 1:11.81 (38.91)				
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.67	430	1:13.01	102,12 %
	Entry time: 1:14.59 (-1.58)					
	50m: 32.60	100m: 1:13.01 (40.41)				
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.72	386	1:15.66	100,68 %
	Entry time: 1:16.18 (-0.52)					
	50m: 33.70	100m: 1:15.66 (41.96)				

Kapping almenn: 09.11.2025 17:00:03

Kapping 36, 200m Frí Menn Jr-Y - Innleiðandi

FRO 1:46.61 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)) 14.12.2008
FRO.JR 1:46.61 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)) 14.12.2008

FM kravtíð: 02:28.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.75	395	2:14.32	102,92 % Q
	Entry time: 2:18.36 (-4.04)					
	50m: 29.80	100m: 1:04.37 (34.57)	150m: 1:40.12 (35.75)	200m: 2:14.32 (34.20)		
2	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.54	378	2:16.30	102,66 % Q
	Entry time: 2:20.03 (-3.73)					
	50m: 31.26	100m: 1:06.19 (34.93)	150m: 1:41.50 (35.31)	200m: 2:16.30 (34.80)		
3	Jens Martin Dam	2009 Havnar Svímjifelag	+0.80	341	2:21.04	97,83 % R2
	Entry time: 2:18.05 (+2.99)					
	50m: 31.29	100m: 1:06.96 (35.67)	150m: 1:45.71 (38.75)	200m: 2:21.04 (35.33)		
4	Andrias Mellemgard	S9 2009 Havnar Svímjifelag	+0.85	207	2:46.46	100,57 %
	Entry time: 2:47.42 (-0.96)					
	50m: 36.23	100m: 1:19.93 (43.70)	150m: 2:03.95 (44.02)	200m: 2:46.46 (42.51)		

Kapping almenn: 09.11.2025 10:24:56

Kapping 36, 200m Frí Menn Jr-E - Innleiðandi

FRO 1:46.61 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)) 14.12.2008
FRO.JR 1:46.61 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO)) 14.12.2008

FM kravtíð: 02:28.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.72	603	1:56.71	102,20 % -
	Entry time: 1:59.34 (-2.63)					
	50m: 26.58	100m: 55.54 (28.96)	150m: 1:26.15 (30.61)	200m: 1:56.71 (30.56)		
2	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.73	513	2:03.17	99,27 % -
	Entry time: 2:02.28 (+0.89)					
	50m: 27.43	100m: 58.01 (30.58)	150m: 1:30.64 (32.63)	200m: 2:03.17 (32.53)		

09-11-2025 18:15:23

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 70/89





Úrslit

Kapping 36, 200m Frí Menn Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Lukas Besson	2007 Svímjifelagið Ægir	+0.71	311	2:25.53	-
	50m: 31.07	100m: 1:06.20 (35.13)	150m: 1:44.73 (38.53)	200m: 2:25.53 (40.80)		

Kapping almenn: 09.11.2025 10:24:56

Kapping 36, 200m Frí Menn FM - Innleiðandi

FRO	1:46.61	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	14.12.2008
FRO.JR	1:46.61	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	14.12.2008

FM kravtíð: 02:28.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.72	603	1:56.71	102,20 % -
	Entry time: 1:59.34 (-2.63)					
	50m: 26.58	100m: 55.54 (28.96)	150m: 1:26.15 (30.61)	200m: 1:56.71 (30.56)		
2	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.73	513	2:03.17	99,27 % -
	Entry time: 2:02.28 (+0.89)					
	50m: 27.43	100m: 58.01 (30.58)	150m: 1:30.64 (32.63)	200m: 2:03.17 (32.53)		
3	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.74	469	2:06.86	88,99 % Q
	Entry time: 1:54.28 (+12.58)					
	50m: 29.65	100m: 1:02.33 (32.68)	150m: 1:35.12 (32.79)	200m: 2:06.86 (31.74)		
4	Tórir Olsen	2011 Svímjifelagið Ægir	+0.70	450	2:08.67	99,35 % Q
	Entry time: 2:07.84 (+0.83)					
	50m: 29.72	100m: 1:02.42 (32.70)	150m: 1:35.69 (33.27)	200m: 2:08.67 (32.98)		
5	Andrass Thomsen	1982 Havnar Svímjifelag	+0.76	438	2:09.77	100,28 % Q
	Entry time: 2:10.14 (-0.37)					
	50m: 29.69	100m: 1:02.18 (32.49)	150m: 1:35.99 (33.81)	200m: 2:09.77 (33.78)		
6	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.75	395	2:14.32	102,92 % Q
	Entry time: 2:18.36 (-4.04)					
	50m: 29.80	100m: 1:04.37 (34.57)	150m: 1:40.12 (35.75)	200m: 2:14.32 (34.20)		
7	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.54	378	2:16.30	102,66 % Q
	Entry time: 2:20.03 (-3.73)					
	50m: 31.26	100m: 1:06.19 (34.93)	150m: 1:41.50 (35.31)	200m: 2:16.30 (34.80)		
8	Benjamin Havn	2011 Svímjifelagið Ægir	+0.60	347	2:20.20	96,81 % Q
	Entry time: 2:15.87 (+4.33)					
	50m: 31.30	100m: 1:06.94 (35.64)	150m: 1:44.13 (37.19)	200m: 2:20.20 (36.07)		
9	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.81	343	2:20.81	104,66 % R1
	Entry time: 2:27.69 (-6.88)					
	50m: 33.48	100m: 1:10.13 (36.65)	150m: 1:47.66 (37.53)	200m: 2:20.81 (33.15)		
10	Jens Martin Dam	2009 Havnar Svímjifelag	+0.80	341	2:21.04	97,83 % R2
	Entry time: 2:18.05 (+2.99)					
	50m: 31.29	100m: 1:06.96 (35.67)	150m: 1:45.71 (38.75)	200m: 2:21.04 (35.33)		
11	Lukas Besson	2007 Svímjifelagið Ægir	+0.71	311	2:25.53	-
	50m: 31.07	100m: 1:06.20 (35.13)	150m: 1:44.73 (38.53)	200m: 2:25.53 (40.80)		
12	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.65	306	2:26.26	100,37 %
	Entry time: 2:26.80 (-0.54)					
	50m: 33.66	100m: 1:11.49 (37.83)	150m: 1:49.33 (37.84)	200m: 2:26.26 (36.93)		
13	Andrias Mellemgard	S9 2009 Havnar Svímjifelag	+0.85	207	2:46.46	100,57 %
	Entry time: 2:47.42 (-0.96)					
	50m: 36.23	100m: 1:19.93 (43.70)	150m: 2:03.95 (44.02)	200m: 2:46.46 (42.51)		
-	Teitur Miné Róason	2011 Havnar Svímjifelag	+0.61		DSQ	
	SW 4.4. Tjóvstartur (startari og yvirdómari skulu vera samdir)					

Kapping almenn: 09.11.2025 10:24:56



Úrslit

Kapping 36, 200m Frí Menn Jr-Y - Final

FRO	1:46.61	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	14.12.2008
FRO.JR	1:46.61	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	14.12.2008

FM kravtíð: 02:28.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.67	390	2:14.93	101,01 %
	Entry time: 2:16.30 (-1.37)					
	50m: 30.72	100m: 1:04.96 (34.24)	150m: 1:40.45 (35.49)	200m: 2:14.93 (34.48)		
-	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	---		DNS	

Kapping almenn: 09.11.2025 17:11:19

Kapping 36, 200m Frí Menn FM - Final

FRO	1:46.61	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	14.12.2008
FRO.JR	1:46.61	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Rijeka (CRO))	14.12.2008

FM kravtíð: 02:28.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.68	658	1:53.32	110,67 %
	Entry time: 2:06.86 (-13.54)					
	50m: 26.10	100m: 54.75 (28.65)	150m: 1:24.08 (29.33)	200m: 1:53.32 (29.24)		
2	Tórir Olsen	2011 Svímjifelagið Ægir	+0.62	491	2:04.98	102,87 %
	Entry time: 2:08.67 (-3.69)					
	50m: 28.36	100m: 59.83 (31.47)	150m: 1:32.48 (32.65)	200m: 2:04.98 (32.50)		
3	Andrass Thomsen	1982 Havnar Svímjifelag	+0.71	445	2:09.12	100,50 %
	Entry time: 2:09.77 (-0.65)					
	50m: 29.45	100m: 1:01.60 (32.15)	150m: 1:35.24 (33.64)	200m: 2:09.12 (33.88)		
4	Jónatan Samuelsen	2010 Havnar Svímjifelag	+0.67	390	2:14.93	101,01 %
	Entry time: 2:16.30 (-1.37)					
	50m: 30.72	100m: 1:04.96 (34.24)	150m: 1:40.45 (35.49)	200m: 2:14.93 (34.48)		
5	Benjamin Havn	2011 Svímjifelagið Ægir	+0.61	389	2:14.99	103,72 %
	Entry time: 2:20.20 (-5.21)					
	50m: 30.29	100m: 1:04.51 (34.22)	150m: 1:40.44 (35.93)	200m: 2:14.99 (34.55)		
-	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	---		DNS	

Kapping almenn: 09.11.2025 17:11:19

Kapping 37, 100m Firvald Kvinnur Jr-Y - Innleiðandi

FRO	1:01.93	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	14.04.2013
FRO.JR	1:03.15	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017

FM kravtíð: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.69	356	1:14.35	-
	50m: 34.89	100m: 1:14.35 (39.46)				
2	Halla Háfoss	2009 Havnar Svímjifelag	+0.81	344	1:15.21	96,12 % Q
	Entry time: 1:12.40 (+2.81)					
	50m: 34.73	100m: 1:15.21 (40.48)				

Kapping almenn: 09.11.2025 10:27:47

Kapping 37, 100m Firvald Kvinnur Jr-E - Innleiðandi

FRO	1:01.93	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	14.04.2013
FRO.JR	1:03.15	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017

FM kravtíð: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 37, 100m Firvald Kvinnur Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.70	410	1:10.93	89,29 % Q
	Entry time: 1:04.07 (+6.86)					
	50m: 33.03	100m: 1:10.93 (37.90)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.50	382	1:12.59	99,38 % Q
	Entry time: 1:12.14 (+0.45)					
	50m: 34.84	100m: 1:12.59 (37.75)				
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.76	363	1:13.89	94,86 % -
	Entry time: 1:10.28 (+3.61)					
	50m: 34.49	100m: 1:13.89 (39.40)				

Kapping almenn: 09.11.2025 10:27:47

Kapping 37, 100m Firvald Kvinnur FM - Innleiðandi

FRO	1:01.93	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	14.04.2013
FRO.JR	1:03.15	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017

FM kravtíð: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.70	410	1:10.93	89,29 % Q
	Entry time: 1:04.07 (+6.86)					
	50m: 33.03	100m: 1:10.93 (37.90)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.50	382	1:12.59	99,38 % Q
	Entry time: 1:12.14 (+0.45)					
	50m: 34.84	100m: 1:12.59 (37.75)				
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.76	363	1:13.89	94,86 % -
	Entry time: 1:10.28 (+3.61)					
	50m: 34.49	100m: 1:13.89 (39.40)				
4	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.69	356	1:14.35	-
	Entry time: 1:12.40 (+2.81)					
	50m: 34.89	100m: 1:14.35 (39.46)				
5	Halla Háfoss	2009 Havnar Svímjifelag	+0.81	344	1:15.21	96,12 % Q
	Entry time: 1:12.40 (+2.81)					
	50m: 34.73	100m: 1:15.21 (40.48)				

Kapping almenn: 09.11.2025 10:27:47

Kapping 37, 100m Firvald Kvinnur Jr-Y - Final

FRO	1:01.93	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	14.04.2013
FRO.JR	1:03.15	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017

FM kravtíð: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag	+0.65	381	1:12.69	103,35 %
	Entry time: 1:15.21 (-2.52)					
	50m: 34.15	100m: 1:12.69 (38.54)				

Kapping almenn: 09.11.2025 17:14:23

Kapping 37, 100m Firvald Kvinnur Jr-E - Final

FRO	1:01.93	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	14.04.2013
FRO.JR	1:03.15	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017

FM kravtíð: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.64	572	1:03.48	110,50 %
	Entry time: 1:10.93 (-7.45)					
	50m: 29.71	100m: 1:03.48 (33.77)				



Úrslit

Kapping 37, 100m Firvald Kvinnur Jr-E - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	403	1:11.35	101,71 %
Entry time: 1:12.59 (-1.24)						
50m: 33.92 100m: 1:11.35 (37.43)						
Kapping almenn: 09.11.2025 17:14:23						

Kapping 37, 100m Firvald Kvinnur FM - Final

FRO	1:01.93	Poula Mohr	1995	Havnar Svímjifelag (FRO)	Torshavn (FRO)	14.04.2013
FRO.JR	1:03.15	Vár Erlingsdóttir Eidesga	2001	Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017

FM kravtíð: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.64	572	1:03.48	110,50 %
Entry time: 1:10.93 (-7.45)						
50m: 29.71 100m: 1:03.48 (33.77)						
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	403	1:11.35	101,71 %
Entry time: 1:12.59 (-1.24)						
50m: 33.92 100m: 1:11.35 (37.43)						
3	Halla Háfoss	2009 Havnar Svímjifelag	+0.65	381	1:12.69	103,35 %
Entry time: 1:15.21 (-2.52)						
50m: 34.15 100m: 1:12.69 (38.54)						
Kapping almenn: 09.11.2025 17:14:23						

Kapping 38, 100m Rygg Menn Jr-Y - Innleiðandi

FRO	54.45	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FRO.JR	54.45	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012

FM kravtíð: 01:13.01

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.71	344	1:08.94	105,16 % Q
Entry time: 1:12.69 (-3.75)						
50m: 33.59 100m: 1:08.94 (35.35)						
Kapping almenn: 09.11.2025 10:53:56						

Kapping 38, 100m Rygg Menn Jr-E - Innleiðandi

FRO	54.45	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FRO.JR	54.45	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012

FM kravtíð: 01:13.01

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.70	273	1:14.50	75,38 % Q
Entry time: 59.78 (+14.72)						
50m: 34.89 100m: 1:14.50 (39.61)						
2	Lukas Besson	2007 Svímjifelagið Ægir	+0.75	249	1:16.74	-
50m: 36.53 100m: 1:16.74 (40.21)						
Kapping almenn: 09.11.2025 10:53:56						

Kapping 38, 100m Rygg Menn FM - Innleiðandi

FRO	54.45	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FRO.JR	54.45	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012

FM kravtíð: 01:13.01

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.71	344	1:08.94	105,16 % Q
Entry time: 1:12.69 (-3.75)						
50m: 33.59 100m: 1:08.94 (35.35)						



Úrslit

Kapping 38, 100m Rygg Menn FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.60	276	1:14.21	97,17 % Q
	Entry time: 1:12.17 (+2.04)					
	50m: 35.12	100m: 1:14.21 (39.09)				
3	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.70	273	1:14.50	75,38 % Q
	Entry time: 59.78 (+14.72)					
	50m: 34.89	100m: 1:14.50 (39.61)				
4	Lukas Besson	2007 Svímjifelagið Ægir	+0.75	249	1:16.74	-
	50m: 36.53	100m: 1:16.74 (40.21)				
EXH	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.78	196	1:23.08	100,73 %
	Entry time: 1:23.69 (-0.61)					
	50m: 39.77	100m: 1:23.08 (43.31)				
EXH	Símun Eliassen	2011 Havnar Svímjifelag	+0.72	200	1:22.62	99,66 %
	Entry time: 1:22.34 (+0.28)					
	50m: 39.41	100m: 1:22.62 (43.21)				
-	Theodor Salter	2011 Havnar Svímjifelag	+0.84		DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend					
	Kapping almenn: 09.11.2025 10:53:56					

Kapping 38, 100m Rygg Menn Jr-Y - Final

FRO	54.45	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FRO.JR	54.45	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012

FM kravtíð: 01:13.01

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.72	318	1:10.80	97,30 %
	Entry time: 1:08.94 (+1.86)					
	50m: 33.99	100m: 1:10.80 (36.81)				
	Kapping almenn: 09.11.2025 17:21:18					

Kapping 38, 100m Rygg Menn Jr-E - Final

FRO	54.45	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FRO.JR	54.45	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012

FM kravtíð: 01:13.01

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.71	508	1:00.56	118,71 %
	Entry time: 1:14.50 (-13.94)					
	50m: 29.07	100m: 1:00.56 (31.49)				
	Kapping almenn: 09.11.2025 17:21:18					

Kapping 38, 100m Rygg Menn FM - Final

FRO	54.45	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FRO.JR	54.45	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012

FM kravtíð: 01:13.01

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.71	508	1:00.56	118,71 %
	Entry time: 1:14.50 (-13.94)					
	50m: 29.07	100m: 1:00.56 (31.49)				
2	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.72	318	1:10.80	97,30 %
	Entry time: 1:08.94 (+1.86)					
	50m: 33.99	100m: 1:10.80 (36.81)				



Úrslit

Kapping 38, 100m Rygg Menn FM - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.66	278	1:14.00	100,28 %
	Entry time: 1:14.21	(-0.21)				
	50m: 34.94	100m: 1:14.00	(39.06)			

Kapping almenn: 09.11.2025 17:21:18

Kapping 39, 200m Frí Kvinnur Jr-Y - Innleiðandi

FRO	2:00.74	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	08.07.2019
FRO.JR	2:02.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 02:44.96

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir	+0.66	513	2:17.73	99,88 % Q
	Entry time: 2:17.56	(+0.17)				
	50m: 31.87	100m: 1:06.33	(34.46)	150m: 1:41.96	(35.63)	200m: 2:17.73 (35.77)
2	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	+0.60	458	2:23.07	101,12 % Q
	Entry time: 2:24.69	(-1.62)				
	50m: 32.14	100m: 1:07.96	(35.82)	150m: 1:45.46	(37.50)	200m: 2:23.07 (37.61)
3	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.68	447	2:24.25	97,96 % Q
	Entry time: 2:21.36	(+2.89)				
	50m: 32.98	100m: 1:10.07	(37.09)	150m: 1:47.46	(37.39)	200m: 2:24.25 (36.79)
4	Halla Háfoss	2009 Havnar Svímjifelag	+0.69	435	2:25.56	99,79 % Q
	Entry time: 2:25.26	(+0.30)				
	50m: 33.03	100m: 1:10.29	(37.26)	150m: 1:48.62	(38.33)	200m: 2:25.56 (36.94)

Kapping almenn: 09.11.2025 10:57:40

Kapping 39, 200m Frí Kvinnur Jr-E - Innleiðandi

FRO	2:00.74	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	08.07.2019
FRO.JR	2:02.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 02:44.96

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	518	2:17.33	91,99 % -
	Entry time: 2:07.15	(+10.18)				
	50m: 31.47	100m: 1:06.67	(35.20)	150m: 1:42.36	(35.69)	200m: 2:17.33 (34.97)
2	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.74	472	2:21.61	98,65 % Q
	Entry time: 2:19.72	(+1.89)				
	50m: 32.73	100m: 1:08.66	(35.93)	150m: 1:44.67	(36.01)	200m: 2:21.61 (36.94)
3	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.66	384	2:31.68	-
	50m: 33.21	100m: 1:10.35	(37.14)	150m: 1:50.13	(39.78)	200m: 2:31.68 (41.55)

Kapping almenn: 09.11.2025 10:57:40

Kapping 39, 200m Frí Kvinnur FM - Innleiðandi

FRO	2:00.74	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	08.07.2019
FRO.JR	2:02.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 02:44.96

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	518	2:17.33	91,99 % -
	Entry time: 2:07.15	(+10.18)				
	50m: 31.47	100m: 1:06.67	(35.20)	150m: 1:42.36	(35.69)	200m: 2:17.33 (34.97)
2	Lea Petersen	2009 Svímjifelagið Ægir	+0.66	513	2:17.73	99,88 % Q
	Entry time: 2:17.56	(+0.17)				
	50m: 31.87	100m: 1:06.33	(34.46)	150m: 1:41.96	(35.63)	200m: 2:17.73 (35.77)



Úrslit

Kapping 39, 200m Frí Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.77	485	2:20.35	95,92 % Q
	Entry time: 2:14.85 (+5.50)					
	50m: 30.97	100m: 1:07.36 (36.39)	150m: 1:44.22 (36.86)	200m: 2:20.35 (36.13)		
4	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.74	472	2:21.61	98,65 % Q
	Entry time: 2:19.72 (+1.89)					
	50m: 32.73	100m: 1:08.66 (35.93)	150m: 1:44.67 (36.01)	200m: 2:21.61 (36.94)		
5	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	+0.60	458	2:23.07	101,12 % Q
	Entry time: 2:24.69 (-1.62)					
	50m: 32.14	100m: 1:07.96 (35.82)	150m: 1:45.46 (37.50)	200m: 2:23.07 (37.61)		
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.68	447	2:24.25	97,96 % Q
	Entry time: 2:21.36 (+2.89)					
	50m: 32.98	100m: 1:10.07 (37.09)	150m: 1:47.46 (37.39)	200m: 2:24.25 (36.79)		
7	Halla Háfoss	2009 Havnar Svímjifelag	+0.69	435	2:25.56	99,79 % Q
	Entry time: 2:25.26 (+0.30)					
	50m: 33.03	100m: 1:10.29 (37.26)	150m: 1:48.62 (38.33)	200m: 2:25.56 (36.94)		
8	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.66	384	2:31.68	-
	Entry time: 2:37.54 (+5.21)					
	50m: 33.21	100m: 1:10.35 (37.14)	150m: 1:50.13 (39.78)	200m: 2:31.68 (41.55)		
9	India Linnea Bech	2011 Havnar Svímjifelag	+0.77	313	2:42.45	98,80 % R1
	Entry time: 2:40.52 (+1.93)					
	50m: 36.72	100m: 1:18.79 (42.07)	150m: 2:01.19 (42.40)	200m: 2:42.45 (41.26)		
10	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	+0.73	311	2:42.75	96,69 % R2
	Entry time: 2:37.54 (+5.21)					
	50m: 31.14	100m: 1:18.05 (40.91)	150m: 2:01.55 (43.50)	200m: 2:42.75 (41.20)		
11	Lea Í Trøðini	2011 Suðuroyar Svímjifelag	+0.69	304	2:43.91	98,19 %
	Entry time: 2:41.00 (+2.91)					
	50m: 35.36	100m: 1:15.43 (40.07)	150m: 2:00.52 (45.09)	200m: 2:43.91 (43.39)		

Kapping almenn: 09.11.2025 10:57:40

Kapping 39, 200m Frí Kvinnur Jr-Y - Final

FRO	2:00.74	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	08.07.2019
FRO.JR	2:02.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 02:44.96

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir	+0.67	494	2:19.53	98,69 %
	Entry time: 2:17.73 (+1.80)					
	50m: 31.69	100m: 1:06.95 (35.26)	150m: 1:43.50 (36.55)	200m: 2:19.53 (36.03)		
2	Halla Háfoss	2009 Havnar Svímjifelag	+0.77	459	2:22.90	101,83 %
	Entry time: 2:25.56 (-2.66)					
	50m: 32.76	100m: 1:09.38 (36.62)	150m: 1:46.58 (37.20)	200m: 2:22.90 (36.32)		
3	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.67	459	2:22.93	100,92 %
	Entry time: 2:24.25 (-1.32)					
	50m: 32.31	100m: 1:08.67 (36.36)	150m: 1:46.14 (37.47)	200m: 2:22.93 (36.79)		
4	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	+0.71	449	2:24.02	99,34 %
	Entry time: 2:23.07 (+0.95)					
	50m: 32.14	100m: 1:08.22 (36.08)	150m: 1:46.29 (38.07)	200m: 2:24.02 (37.73)		

Kapping almenn: 09.11.2025 17:26:48

Kapping 39, 200m Frí Kvinnur Jr-E - Final

FRO	2:00.74	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	08.07.2019
FRO.JR	2:02.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 02:44.96



Úrslit

Kapping 39, 200m Frí Kvinnur Jr-E - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.61	475	2:21.33	100,20 %
Entry time: 2:21.61 (-0.28)						
50m: 32.03 100m: 1:08.02 (35.99) 150m: 1:44.08 (36.06) 200m: 2:21.33 (37.25)						
Kapping almenn: 09.11.2025 17:26:48						

Kapping 39, 200m Frí Kvinnur FM - Final

FRO	2:00.74	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	08.07.2019
FRO.JR	2:02.18	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017

FM kravtíð: 02:44.96

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.74	539	2:15.54	103,43 %
Entry time: 2:20.35 (-4.81)						
50m: 29.65 100m: 1:02.91 (33.26) 150m: 1:39.03 (36.12) 200m: 2:15.54 (36.51)						
2	Lea Petersen	2009 Svímjifelagið Ægir	+0.67	494	2:19.53	98,69 %
Entry time: 2:17.73 (+1.80)						
50m: 31.69 100m: 1:06.95 (35.26) 150m: 1:43.50 (36.55) 200m: 2:19.53 (36.03)						
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.61	475	2:21.33	100,20 %
Entry time: 2:21.61 (-0.28)						
50m: 32.03 100m: 1:08.02 (35.99) 150m: 1:44.08 (36.06) 200m: 2:21.33 (37.25)						
4	Halla Háfoss	2009 Havnar Svímjifelag	+0.77	459	2:22.90	101,83 %
Entry time: 2:25.56 (-2.66)						
50m: 32.76 100m: 1:09.38 (36.62) 150m: 1:46.58 (37.20) 200m: 2:22.90 (36.32)						
5	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.67	459	2:22.93	100,92 %
Entry time: 2:24.25 (-1.32)						
50m: 32.31 100m: 1:08.67 (36.36) 150m: 1:46.14 (37.47) 200m: 2:22.93 (36.79)						
6	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	+0.71	449	2:24.02	99,34 %
Entry time: 2:23.07 (+0.95)						
50m: 32.14 100m: 1:08.22 (36.08) 150m: 1:46.29 (38.07) 200m: 2:24.02 (37.73)						
Kapping almenn: 09.11.2025 17:26:48						

Kapping 40, 200m Firvald Menn Jr-E - Innleiðandi

FRO	1:59.39	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024
FRO.JR	1:59.39	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024

FM kravtíð: 02:41.68

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.66	458	2:18.59	90,81 % Q
Entry time: 2:06.93 (+11.66)						
50m: 30.00 100m: 1:05.29 (35.29) 150m: 1:42.31 (37.02) 200m: 2:18.59 (36.28)						
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.69	371	2:28.62	98,32 % Q
Entry time: 2:26.17 (+2.45)						
50m: 32.04 100m: 1:09.93 (37.89) 150m: 1:49.38 (39.45) 200m: 2:28.62 (39.24)						
Kapping almenn: 09.11.2025 11:01:22						

Kapping 40, 200m Firvald Menn FM - Innleiðandi

FRO	1:59.39	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024
FRO.JR	1:59.39	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024

FM kravtíð: 02:41.68

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 40, 200m Firvald Menn FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisinfeldt	2006 Havnar Svímjifelag	+0.66	683	2:01.30	98,40 % Q
	Entry time: 1:59.39 (+1.91)					
	50m: 27.05	100m: 58.05 (31.00)	150m: 1:29.58 (31.53)	200m: 2:01.30 (31.72)		
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.66	458	2:18.59	90,81 % Q
	Entry time: 2:06.93 (+11.66)					
	50m: 30.00	100m: 1:05.29 (35.29)	150m: 1:42.31 (37.02)	200m: 2:18.59 (36.28)		
3	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.69	371	2:28.62	98,32 % Q
	Entry time: 2:26.17 (+2.45)					
	50m: 32.04	100m: 1:09.93 (37.89)	150m: 1:49.38 (39.45)	200m: 2:28.62 (39.24)		
4	Theodor Salter	2011 Havnar Svímjifelag	+0.69	333	2:34.04	100,85 % Q
	Entry time: 2:35.36 (-1.32)					
	50m: 33.66	100m: 1:12.86 (39.20)	150m: 1:53.64 (40.78)	200m: 2:34.04 (40.40)		
5	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.81	260	2:47.38	94,52 % Q
	Entry time: 2:38.69 (+8.69)					
	50m: 36.79	100m: 1:19.07 (42.28)	150m: 2:03.35 (44.28)	200m: 2:47.38 (44.03)		

Kapping almenn: 09.11.2025 11:01:22

Kapping 40, 200m Firvald Menn Jr-E - Final

FRO	1:59.39	Isak Brisinfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024
FRO.JR	1:59.39	Isak Brisinfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024

FM kravtíð: 02:41.68

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	575	2:08.46	107,31 %
	Entry time: 2:18.59 (-10.13)					
	50m: 28.98	100m: 1:01.34 (32.36)	150m: 1:34.91 (33.57)	200m: 2:08.46 (33.55)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.71	333	2:34.05	96,35 %
	Entry time: 2:28.62 (+5.43)					
	50m: 34.14	100m: 1:14.31 (40.17)	150m: 1:51.89 (37.58)	200m: 2:34.05 (42.16)		

Kapping almenn: 09.11.2025 17:34:08

Kapping 40, 200m Firvald Menn FM - Final

FRO	1:59.39	Isak Brisinfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024
FRO.JR	1:59.39	Isak Brisinfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024

FM kravtíð: 02:41.68

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisinfeldt	2006 Havnar Svímjifelag	+0.69	701	2:00.23	100,88 %
	Entry time: 2:01.30 (-1.07)					
	50m: 27.45	100m: 58.57 (31.12)	150m: 1:29.23 (30.66)	200m: 2:00.23 (31.00)		
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	575	2:08.46	107,31 %
	Entry time: 2:18.59 (-10.13)					
	50m: 28.98	100m: 1:01.34 (32.36)	150m: 1:34.91 (33.57)	200m: 2:08.46 (33.55)		
3	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.71	333	2:34.05	96,35 %
	Entry time: 2:28.62 (+5.43)					
	50m: 34.14	100m: 1:14.31 (40.17)	150m: 1:51.89 (37.58)	200m: 2:34.05 (42.16)		
4	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.78	308	2:38.18	105,50 %
	Entry time: 2:47.38 (-9.20)					
	50m: 35.28	100m: 1:15.71 (40.43)	150m: 1:57.73 (42.02)	200m: 2:38.18 (40.45)		
-	Theodor Salter	2011 Havnar Svímjifelag	---		DNS	

Kapping almenn: 09.11.2025 17:34:08



Úrslit

Kapping 41, 50m Rygg Kvinnur Jr-Y - Innleiðandi

FRO 28.03 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Kirkwall (GBR) 15.07.2025
FRO.JR 28.63 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Upplands Vaesby (SWE) 03.12.2021
FM kravtíð: 00:38.34

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø Entry time: 29.07 (+2.32)	2009 Suðuroyar Svímjifelag	+0.65	519	31.39	92,02 % Q
2	Emma Debes Entry time: 33.63 (-0.53)	2010 Suðuroyar Svímjifelag	+0.72	442	33.10	101,58 % Q
3	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.67	333	36.40	R1
4	Lilja Strøm Winther Entry time: 40.13 (-0.14)	2009 Suðuroyar Svímjifelag	+0.99	251	39.99	100,35 %

Kapping almenn: 09.11.2025 11:05:31

Kapping 41, 50m Rygg Kvinnur Jr-E - Innleiðandi

FRO 28.03 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Kirkwall (GBR) 15.07.2025
FRO.JR 28.63 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Upplands Vaesby (SWE) 03.12.2021
FM kravtíð: 00:38.34

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir Entry time: 32.41 (+1.16)	2007 Fuglafjarðar Svímjifelag	+0.64	424	33.57	96,42 % Q
2	Birita Vesturtún Entry time: 34.03 (+1.43)	2007 Fuglafjarðar Svímjifelag	+0.66	360	35.46	95,80 % Q

Kapping almenn: 09.11.2025 11:05:31

Kapping 41, 50m Rygg Kvinnur FM - Innleiðandi

FRO 28.03 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Kirkwall (GBR) 15.07.2025
FRO.JR 28.63 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Upplands Vaesby (SWE) 03.12.2021
FM kravtíð: 00:38.34

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø Entry time: 29.07 (+2.32)	2009 Suðuroyar Svímjifelag	+0.65	519	31.39	92,02 % Q
2	Emma Debes Entry time: 33.63 (-0.53)	2010 Suðuroyar Svímjifelag	+0.72	442	33.10	101,58 % Q
3	Jórun Winther Entry time: 32.58 (+0.85)	2011 Suðuroyar Svímjifelag	+0.65	429	33.43	97,39 % Q
4	Rebekka Róðinsdóttir Entry time: 32.41 (+1.16)	2007 Fuglafjarðar Svímjifelag	+0.64	424	33.57	96,42 % Q
5	Sirið Vesturtún Entry time: 33.80 (+0.14)	2011 Fuglafjarðar Svímjifelag	+0.65	410	33.94	99,59 % Q
6	Birita Vesturtún Entry time: 34.03 (+1.43)	2007 Fuglafjarðar Svímjifelag	+0.66	360	35.46	95,80 % Q
7	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.67	333	36.40	R1
8	Lilja Sørensen Entry time: 36.27 (+1.06)	2011 Havnar Svímjifelag	+0.88	308	37.33	97,08 % R2
9	Lilja Strøm Winther Entry time: 40.13 (-0.14)	2009 Suðuroyar Svímjifelag	+0.99	251	39.99	100,35 %
EXH	Lea í Trøðini Entry time: 40.60 (-0.34)	2011 Suðuroyar Svímjifelag	+0.96	246	40.26	100,84 %



Úrslit

Kapping 41, 50m Rygg Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
EXH	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.78	256	39.72	100,92 %
Entry time: 40.09		(-0.37)				
Kapping almenn: 09.11.2025 11:05:31						

Kapping 41, 50m Rygg Kvinnur Jr-Y - Final

FRO	28.03	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	28.63	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Upplands Vaesby (SWE)	03.12.2021

FM kravtíð: 00:38.34

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.63	578	30.28	103,54 %
Entry time: 31.39		(-1.11)				
2	Emma Debes	2010 Suðuroyar Svímjifelag	+0.76	444	33.06	100,12 %
Entry time: 33.10		(-0.04)				

Kapping almenn: 09.11.2025 17:38:07

Kapping 41, 50m Rygg Kvinnur Jr-E - Final

FRO	28.03	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	28.63	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Upplands Vaesby (SWE)	03.12.2021

FM kravtíð: 00:38.34

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.72	447	32.98	101,76 %
Entry time: 33.57		(-0.59)				
2	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.67	403	34.13	103,75 %
Entry time: 35.46		(-1.33)				

Kapping almenn: 09.11.2025 17:38:07

Kapping 41, 50m Rygg Kvinnur FM - Final

FRO	28.03	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	28.63	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Upplands Vaesby (SWE)	03.12.2021

FM kravtíð: 00:38.34

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.63	578	30.28	103,54 %
Entry time: 31.39		(-1.11)				
2	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.73	455	32.80	101,88 %
Entry time: 33.43		(-0.63)				
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.72	447	32.98	101,76 %
Entry time: 33.57		(-0.59)				
4	Emma Debes	2010 Suðuroyar Svímjifelag	+0.76	444	33.06	100,12 %
Entry time: 33.10		(-0.04)				
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.65	429	33.45	101,44 %
Entry time: 33.94		(-0.49)				
6	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.67	403	34.13	103,75 %
Entry time: 35.46		(-1.33)				

Kapping almenn: 09.11.2025 17:38:07

Kapping 42, 50m Bringu Menn Jr-Y - Innleiðandi

FRO	27.83	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	29.00	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Torshavn (FRO)	18.09.2016

FM kravtíð: 00:37.71



Úrslit

Kapping 42, 50m Bringu Menn Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.78	297	37.36	95,67 % Q
	Entry time: 35.81 (+1.55)					
2	Andrias Mellemgard	SB9 2009 Havnar Svímjifelag	+0.80	259	39.11	106,37 % -
	Entry time: 41.77 (-2.66)					
3	Jens Martin Dam	2009 Havnar Svímjifelag	+0.79	187	43.58	-

Kapping almenn: 09.11.2025 11:07:30

Kapping 42, 50m Bringu Menn Jr-E - Innleiðandi

FRO	27.83	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	29.00	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Torshavn (FRO)	18.09.2016

FM kravtíð: 00:37.71

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.69	578	29.94	101,71 % Q
	Entry time: 30.46 (-0.52)					
2	Lukas Bessason	2007 Svímjifelagið Ægir	+0.68	359	35.08	107,24 % Q
	Entry time: 37.82 (-2.74)					

Kapping almenn: 09.11.2025 11:07:30

Kapping 42, 50m Bringu Menn FM - Innleiðandi

FRO	27.83	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FRO.JR	29.00	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Torshavn (FRO)	18.09.2016

FM kravtíð: 00:37.71

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.69	578	29.94	101,71 % Q
	Entry time: 30.46 (-0.52)					
2	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.67	521	30.99	93,29 % Q
	Entry time: 29.04 (+1.95)					
3	Lukas Bessason	2007 Svímjifelagið Ægir	+0.68	359	35.08	107,24 % Q
	Entry time: 37.82 (-2.74)					
4	Tórir Olsen	2011 Svímjifelagið Ægir	+0.72	349	35.42	102,59 % Q
	Entry time: 36.36 (-0.94)					
5	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.78	297	37.36	95,67 % Q
	Entry time: 35.81 (+1.55)					
6	Andrias Mellemgard	SB9 2009 Havnar Svímjifelag	+0.80	259	39.11	106,37 % -
	Entry time: 41.77 (-2.66)					
7	Jens Martin Dam	2009 Havnar Svímjifelag	+0.79	187	43.58	-
EXH	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.73	150	46.88	107,00 %
	Entry time: 50.41 (-3.53)					
EXH	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.53	258	39.18	106,89 %
	Entry time: 42.08 (-2.90)					
EXH	Símun Eliassen	2011 Havnar Svímjifelag	+0.75	231	40.64	97,81 %
	Entry time: 39.77 (+0.87)					
EXH	Nóa Róason Stakksund	2011 Havnar Svímjifelag	+0.54	266	38.78	98,69 %
	Entry time: 38.28 (+0.50)					

Kapping almenn: 09.11.2025 11:07:30

Kapping 42, 50m Bringu Menn Jr-Y - Final

FRO	27.83	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
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09-11-2025 18:15:25

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjifelagið Ægir

Síða 82/89





Úrslit

Kapping 42, 50m Bringu Menn Jr-Y - Final

FRO.JR 29.00 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Torshavn (FRO) 18.09.2016

FM kravtíð: 00:37.71

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.78	351	35.35	105,38 %
	Entry time: 37.36	(-2.01)				

Kapping almenn: 09.11.2025 17:43:59

Kapping 42, 50m Bringu Menn Jr-E - Final

FRO 27.83 Bartal Erlingsson Eidesg 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 15.07.2025

FRO.JR 29.00 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Torshavn (FRO) 18.09.2016

FM kravtíð: 00:37.71

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.68	575	30.00	99,80 %
	Entry time: 29.94	(+0.06)				

2	Lukas Bessason	2007 Svímjifelagið Ægir	+0.69	359	35.08	100,00 %
	Entry time: 35.08	(=)				

Kapping almenn: 09.11.2025 17:43:59

Kapping 42, 50m Bringu Menn FM - Final

FRO 27.83 Bartal Erlingsson Eidesg 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 15.07.2025

FRO.JR 29.00 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Torshavn (FRO) 18.09.2016

FM kravtíð: 00:37.71

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.64	616	29.31	105,42 %
	Entry time: 30.99	(-1.68)				

2	Fróði Hansen	2008 Svímjifelagið Ægir	+0.68	575	30.00	99,80 %
	Entry time: 29.94	(+0.06)				

3	Lukas Bessason	2007 Svímjifelagið Ægir	+0.69	359	35.08	100,00 %
	Entry time: 35.08	(=)				

4	Tórir Olsen	2011 Svímjifelagið Ægir	+0.70	355	35.22	100,56 %
	Entry time: 35.42	(-0.20)				

5	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.78	351	35.35	105,38 %
	Entry time: 37.36	(-2.01)				

Kapping almenn: 09.11.2025 17:43:59

Kapping 43, 200m Bringu Kvinnur Jr-Y - Innleiðandi

FRO 2:30.98 Lea Osberg Højsted 2008 Svímjifelagið Ægir (FRO) Klaksvík (FRO) 09.11.2025

FRO.JR 2:30.98 Lea Osberg Højsted 2008 Svímjifelagið Ægir (FRO) Klaksvík (FRO) 09.11.2025

FM kravtíð: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.57	385	3:02.01	97,10 % Q
	Entry time: 2:56.88	(+5.13)				

50m: 41.28 100m: 1:28.16 (46.88) 150m: 2:15.34 (47.18) 200m: 3:02.01 (46.67)

Kapping almenn: 09.11.2025 11:12:54

Kapping 43, 200m Bringu Kvinnur Jr-E - Innleiðandi

FRO 2:30.98 Lea Osberg Højsted 2008 Svímjifelagið Ægir (FRO) Klaksvík (FRO) 09.11.2025

FRO.JR 2:30.98 Lea Osberg Højsted 2008 Svímjifelagið Ægir (FRO) Klaksvík (FRO) 09.11.2025

FM kravtíð: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 43, 200m Bringu Kvinnur Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.74	460	2:51.54	86,84 % Q
	Entry time: 2:31.59 (+19.95)					
	50m: 38.40	100m: 1:22.71 (44.31)	150m: 2:07.14 (44.43)	200m: 2:51.54 (44.40)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	335	3:10.73	88,97 % -
	Entry time: 2:51.79 (+18.94)					
	50m: 44.76	100m: 1:35.23 (50.47)	150m: 2:24.06 (48.83)	200m: 3:10.73 (46.67)		

Kapping almenn: 09.11.2025 11:12:54

Kapping 43, 200m Bringu Kvinnur FM - Innleiðandi

FRO	2:30.98	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	09.11.2025
FRO.JR	2:30.98	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	09.11.2025

FM kravtíð: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.74	460	2:51.54	86,84 % Q
	Entry time: 2:31.59 (+19.95)					
	50m: 38.40	100m: 1:22.71 (44.31)	150m: 2:07.14 (44.43)	200m: 2:51.54 (44.40)		
2	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.57	385	3:02.01	97,10 % Q
	Entry time: 2:56.88 (+5.13)					
	50m: 41.28	100m: 1:28.16 (46.88)	150m: 2:15.34 (47.18)	200m: 3:02.01 (46.67)		
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.63	335	3:10.73	88,97 % -
	Entry time: 2:51.79 (+18.94)					
	50m: 44.76	100m: 1:35.23 (50.47)	150m: 2:24.06 (48.83)	200m: 3:10.73 (46.67)		
4	India Linnea Bech	2011 Havnar Svímjifelag	+0.74	328	3:12.08	99,57 % Q
	Entry time: 3:11.25 (+0.83)					
	50m: 44.61	100m: 1:33.06 (48.45)	150m: 2:22.78 (49.72)	200m: 3:12.08 (49.30)		
5	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	+0.69	274	3:23.93	95,08 % Q
	Entry time: 3:14.37 (+9.56)					
	50m: 47.51	100m: 1:40.04 (52.53)	150m: 2:32.99 (52.95)	200m: 3:23.93 (50.94)		

Kapping almenn: 09.11.2025 11:12:54

Kapping 43, 200m Bringu Kvinnur Jr-Y - Final

FRO	2:30.98	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	09.11.2025
FRO.JR	2:30.98	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	09.11.2025

FM kravtíð: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.66	416	2:57.37	102,55 %
	Entry time: 3:02.01 (-4.64)					
	50m: 39.33	100m: 1:24.10 (44.77)	150m: 2:10.65 (46.55)	200m: 2:57.37 (46.72)		

Kapping almenn: 09.11.2025 17:48:48

Kapping 43, 200m Bringu Kvinnur Jr-E - Final

FRO	2:30.98	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	09.11.2025
FRO.JR	2:30.98	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	09.11.2025

FM kravtíð: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	675	2:30.98	111,99 % FRO
	Entry time: 2:51.54 (-20.56)					
	50m: 33.64	100m: 1:11.61 (37.97)	150m: 1:50.72 (39.11)	200m: 2:30.98 (40.26)		

Kapping almenn: 09.11.2025 17:48:48

Kapping 43, 200m Bringu Kvinnur FM - Final

FRO	2:30.98	Lea Osberg Højsted	2008 Svímjifelagið Ægir (FRO)	Klaksvík (FRO)	09.11.2025
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Úrslit

Kapping 43, 200m Bringu Kvinnur FM - Final

FRO.JR 2:30.98 Lea Osberg Højsted 2008 Svímjifelagið Ægir (FRO) Klaksvík (FRO) 09.11.2025
FM kravtíð: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.72	675	2:30.98	111,99 % FRO
	Entry time: 2:51.54 (-20.56)					
	50m: 33.64	100m: 1:11.61 (37.97)	150m: 1:50.72 (39.11)	200m: 2:30.98 (40.26)		
2	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.66	416	2:57.37	102,55 %
	Entry time: 3:02.01 (-4.64)					
	50m: 39.33	100m: 1:24.10 (44.77)	150m: 2:10.65 (46.55)	200m: 2:57.37 (46.72)		
3	India Linnea Bech	2011 Havnar Svímjifelag	+0.70	349	3:08.05	102,10 %
	Entry time: 3:12.08 (-4.03)					
	50m: 42.82	100m: 1:30.13 (47.31)	150m: 2:18.75 (48.62)	200m: 3:08.05 (49.30)		
4	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	+0.70	329	3:11.92	105,89 %
	Entry time: 3:23.93 (-12.01)					
	50m: 42.69	100m: 1:30.90 (48.21)	150m: 2:21.61 (50.71)	200m: 3:11.92 (50.31)		

Kapping almenn: 09.11.2025 17:48:48

Kapping 44, 4x100m Blandað Menn Jr-Y - Innleiðandi

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS 2		16 Havnar Svímjifelag	291 Q	4:59.81	
	Jónatan Samuelson	2010		+0.70 35.67	1:13.70	1:13.70
	Andrias Mellemgard	2009	SB9	+1.07 43.15	1:31.79	2:45.49
	Sigbjartur J. Egholm	2009		+0.28 31.71	1:10.61	3:56.10
	Jens Martin Dam	2009		+0.70 30.89	1:03.71	4:59.81

Kapping almenn: 09.11.2025 11:31:35

Kapping 44, 4x100m Blandað Menn Jr-E - Innleiðandi

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
-	Ægir		18 Svímjifelagið Ægir	349 Q	4:42.08	
	Lukas Besson	2007		+0.80 36.04	1:14.83	1:14.83
	Fróði Hansen	2008		+0.47 36.13	1:16.29	2:31.12
	Bárður Ólavsson	2008		+0.44 30.77	1:06.42	3:37.54
	Benjamin Havn	2011		+0.52 30.41	1:04.54	4:42.08
-	HS 1		17 Havnar Svímjifelag	266 Q	5:08.77	
	Óli Mikkelsen	2008		+0.75 32.74	1:11.07	1:11.07
	Símun Eliassen	2011		+0.46 43.11	1:33.87	2:44.94
	Ólavur Winther Jákupsson	2008		+0.80 34.92	1:15.12	4:00.06
	Teitur Miné Róason	2011		+0.67 32.20	1:08.71	5:08.77

Kapping almenn: 09.11.2025 11:31:35

Kapping 44, 4x100m Blandað Menn FM - Innleiðandi

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir	349 Q	4:42.08	
	Lukas Besson	2007		+0.80 36.04	1:14.83	1:14.83
	Fróði Hansen	2008		+0.47 36.13	1:16.29	2:31.12
	Bárður Ólavsson	2008		+0.44 30.77	1:06.42	3:37.54
	Benjamin Havn	2011		+0.52 30.41	1:04.54	4:42.08



Úrslit

Kapping 44, 4x100m Blandað Menn FM - Innleiðandi

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
2	HS 3		19 Havnar Svímjifelag		293 Q	4:59.06	
	Bragi Bjarnason	2012		+0.84	42.62	1:26.28	1:26.28
	Nóa Róason Stakksund	2011		+0.65	40.23	1:26.06	2:52.34
	Theodor Salter	2011		+0.47	33.06	1:09.74	4:02.08
	Isak Brisenfeldt	2006		+0.32	28.55	56.98	4:59.06
3	HS 2		16 Havnar Svímjifelag		291 Q	4:59.81	
	Jónatan Samuelsen	2010		+0.70	35.67	1:13.70	1:13.70
	Andrias Mellemgaard	2009	SB9	+1.07	43.15	1:31.79	2:45.49
	Sigbjartur J. Egholm	2009		+0.28	31.71	1:10.61	3:56.10
	Jens Martin Dam	2009		+0.70	30.89	1:03.71	4:59.81
4	HS 1		17 Havnar Svímjifelag		266 Q	5:08.77	
	Óli Mikkelsen	2008		+0.75	32.74	1:11.07	1:11.07
	Símun Eliassen	2011		+0.46	43.11	1:33.87	2:44.94
	Ólavur Winther Jákupsson	2008		+0.80	34.92	1:15.12	4:00.06
	Teitur Miné Róason	2011		+0.67	32.20	1:08.71	5:08.77

Kapping almenn: 09.11.2025 11:31:35

Kapping 44, 4x100m Blandað Menn FM - Final

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	Ægir		19 Svímjifelagið Ægir		548	4:02.66	113,97
	Heini Mohr Askham	2006		+0.75	30.53	1:02.43	1:02.43
	Fróði Hansen	2008		+0.35	30.18	1:05.70	2:08.13
	Bárður Ólavsson	2008		+0.46	27.64	58.92	3:07.05
	Tórir Olsen	2011		+0.36	26.69	55.61	4:02.66
2	HS 1		19 Havnar Svímjifelag		531	4:05.20	120,59
	Óli Mikkelsen	2008		+0.74	29.71	1:00.34	1:00.34
	Isak Brisenfeldt	2006		+0.35	29.80	1:03.05	2:03.39
	Theodor Salter	2011		+0.59	29.13	1:04.31	3:07.70
	Ólavur Winther Jákupsson	2008		+0.37	27.05	57.50	4:05.20
3	HS 2		43 Havnar Svímjifelag		304	4:55.41	101,47
	Jónatan Samuelsen	2010		+0.75	34.92	1:13.14	1:13.14
	Andrias Mellemgaard	2009	SB9	+0.72	41.87	1:30.65	2:43.79
	Andrass Thomsen	1982		+0.30	30.50	1:06.17	3:49.96
	Jens Martin Dam	2009		+0.55	30.77	1:05.45	4:55.41
4	HS 3		14 Havnar Svímjifelag		244	5:17.65	93,78 %
	Bragi Bjarnason	2012		+0.80	39.39	1:21.47	1:21.47
	Símun Eliassen	2011		+0.36	41.11	1:28.37	2:49.84
	Nóa Róason Stakksund	2011		+0.55	34.03	1:21.79	4:11.63
	Teitur Miné Róason	2011		+0.68	31.87	1:06.02	5:17.65

Kapping almenn: 09.11.2025 18:05:52

Kapping 45, 4x100m Blandað Kvinnur Jr-Y - Innleiðandi

09-11-2025 18:15:25

Dátaviðgerð: Swimify 2.13

Loyvt: Svímjfelagið Ægir

Síða 86/89





Úrslit

Kapping 45, 4x100m Blandað Kvinnur Jr-Y - Innleiðandi

FRO.JR	4:25.53	Ægir Klaksvík	Ægir Klaksvík (FRO)	Klaksvík (FRO)	21.10.2017
Raðf	Navn	Aldur Felag	AQU	Tíð Munur	
1 HS 1		16 Havnar Svímjifelag	344 Q		5:14.48
	Lilja Lenvig Harrysdóttir	2009	+0.87	37.61 1:18.50	1:18.50
	India Linnea Bech	2011	+0.81	43.52 1:32.16	2:50.66
	Halla Háfoss	2009	+0.29	34.50 1:16.90	4:07.56
	Mariella Annbrittardóttir Henriksen	2010	+0.47	31.38 1:06.92	5:14.48
- Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag			DSQ
	SW 10.11. Tjóvstartur í liðsvímjng. _ svímjari				
	Bjarta í Lágabø	2009	+0.66	33.23 1:09.98	1:09.98
	Talita Johannesen	2010	-0.06		DSQ
	Sissal Rógvadóttir	2010	+0.56		
	Emma Debes	2010	+0.64		

Kapping almenn: 09.11.2025 11:44:38

Kapping 45, 4x100m Blandað Kvinnur Jr-E - Innleiðandi

FRO.JR	4:25.53	Ægir Klaksvík	Ægir Klaksvík (FRO)	Klaksvík (FRO)	21.10.2017
Raðf	Navn	Aldur Felag	AQU	Tíð Munur	
1 Ægir		18 Svímjifelagið Ægir	363 Q		5:08.73
	Lea Osberg Højsted	2008	+0.93	38.35 1:20.91	1:20.91
	Jóhanna Ólavsdóttir	2007	+0.23	39.70 1:25.84	2:46.75
	Durita Mohr Askham	2008	+0.51	33.39 1:13.53	4:00.28
	Lea Petersen	2009	+0.35	32.34 1:08.45	5:08.73
- FS		18 Fuglafjarðar Svímjifelag	265 Q		5:43.01
	Sirið Vesturtún	2011	+0.81	38.68 1:20.09	1:20.09
	Birita Vesturtún	2007	+0.38	46.69 1:39.33	2:59.42
	Rebekka Róðinsdóttir	2007	---	38.75 1:21.86	4:21.28
	Rakul J Højbro	2011	+0.69	38.89 1:21.73	5:43.01
- HS 3		18 Havnar Svímjifelag	244 -		5:52.56
	Lilja Sørensen	2011	+0.91	41.01 1:22.67	1:22.67
	Dorteia Dam	2007	+0.58	41.42 1:30.92	2:53.59
	Noomi Hella Jacobsen	2012	+0.75	41.74 1:36.78	4:30.37
	Jóhanna Katrina Jacobsen	2007	+0.57	38.48 1:22.19	5:52.56

Kapping almenn: 09.11.2025 11:44:38

Kapping 45, 4x100m Blandað Kvinnur FM - Innleiðandi

FRO.JR	4:25.53	Ægir Klaksvík	Ægir Klaksvík (FRO)	Klaksvík (FRO)	21.10.2017
Raðf	Navn	Aldur Felag	AQU	Tíð Munur	
1 Ægir		18 Svímjifelagið Ægir	363 Q		5:08.73
	Lea Osberg Højsted	2008	+0.93	38.35 1:20.91	1:20.91
	Jóhanna Ólavsdóttir	2007	+0.23	39.70 1:25.84	2:46.75
	Durita Mohr Askham	2008	+0.51	33.39 1:13.53	4:00.28
	Lea Petersen	2009	+0.35	32.34 1:08.45	5:08.73



Úrslit

Kapping 45, 4x100m Blandað Kvinnur FM - Innleiðandi

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
2	HS 1		16 Havnar Svímjifelag		344 Q	5:14.48	
	Lilja Lenvig Harrysdóttir	2009	+0.87	37.61	1:18.50	1:18.50	
	India Linnea Bech	2011	+0.81	43.52	1:32.16	2:50.66	
	Halla Háfoss	2009	+0.29	34.50	1:16.90	4:07.56	
	Mariella Annbrittardóttir Henriksen	2010	+0.47	31.38	1:06.92	5:14.48	
3	FS		18 Fuglafjarðar Svímjifelag		265 Q	5:43.01	
	Sirið Vesturtún	2011	+0.81	38.68	1:20.09	1:20.09	
	Birita Vesturtún	2007	+0.38	46.69	1:39.33	2:59.42	
	Rebekka Róðinsdóttir	2007	---	38.75	1:21.86	4:21.28	
	Rakul J Højbro	2011	+0.69	38.89	1:21.73	5:43.01	
4	HS 3		18 Havnar Svímjifelag		244 -	5:52.56	
	Lilja Sørensen	2011	+0.91	41.01	1:22.67	1:22.67	
	Dorteia Dam	2007	+0.58	41.42	1:30.92	2:53.59	
	Noomi Hella Jacobsen	2012	+0.75	41.74	1:36.78	4:30.37	
	Jóhanna Katrína Jacobsen	2007	+0.57	38.48	1:22.19	5:52.56	
-	Suðuroyar Svímjifelag		16 Suðuroyar Svímjifelag			DSQ	
	SW 10.11. Tjónvstartur í liðsvímjng. _ svímjari						
	Bjarta í Lágabø	2009	+0.66	33.23	1:09.98	1:09.98	
	Talita Johannesen	2010	-0.06			DSQ	
	Sissal Rógvadóttir	2010	+0.56				
	Emma Debes	2010	+0.64				

Kapping almenn: 09.11.2025 11:44:38

Kapping 45, 4x100m Blandað Kvinnur Jr-Y - Final

FRO.JR	4:25.53	Ægir Klaksvík	Ægir Klaksvík (FRO)	Klaksvík (FRO)	21.10.2017		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
1	HS 1		16 Havnar Svímjifelag	366	5:08.05	102,04	
	Lilja Lenvig Harrysdóttir	2009	+0.82	37.44	1:18.21	1:18.21	
	India Linnea Bech	2011	+0.66	42.19	1:30.40	2:48.61	
	Halla Háfoss	2009	+0.35	34.16	1:14.39	4:03.00	
	Mariella Annbrittardóttir Henriksen	2010	+0.73	31.42	1:05.05	5:08.05	

Kapping almenn: 09.11.2025 18:12:41

Kapping 45, 4x100m Blandað Kvinnur Jr-E - Final

FRO.JR	4:25.53	Ægir Klaksvík	Ægir Klaksvík (FRO)	Klaksvík (FRO)	21.10.2017		
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur	
1	Ægir		18 Svímjifelagið Ægir	499	4:37.84	110,01	
	Jóhanna Ólavsdóttir	2007	+0.71	33.69	1:08.60	1:08.60	
	Lea Osberg Højsted	2008	+0.40	33.08	1:11.87	2:20.47	
	Durita Mohr Askham	2008	+0.52	32.60	1:11.31	3:31.78	
	Lea Petersen	2009	+0.55	30.78	1:06.06	4:37.84	



Úrslit

Kapping 45, 4x100m Blandað Kvinnur Jr-E - Final

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
2	FS		18 Fuglafjarðar Svímjifelag		382	5:03.60	111,49
	Sirið Vesturtún	2011	+0.65	34.56	1:12.23	1:12.23	
	Birita Vesturtún	2007	+0.35	38.84	1:22.92	2:35.15	
	Rebekka Róðinsdóttir	2007	+0.40	33.28	1:13.81	3:48.96	
	Rakul J Højbro	2011	+0.37	35.65	1:14.64	5:03.60	

Kapping almenn: 09.11.2025 18:12:41

Kapping 45, 4x100m Blandað Kvinnur FM - Final

FRO.JR	4:25.53	Ægir Klaksvík	Ægir Klaksvík (FRO)	Klaksvík (FRO)	21.10.2017		
Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir		499	4:37.84	110,01
	Jóhanna Ólavsdóttir	2007	+0.71	33.69	1:08.60	1:08.60	
	Lea Osberg Højsted	2008	+0.40	33.08	1:11.87	2:20.47	
	Durita Mohr Askham	2008	+0.52	32.60	1:11.31	3:31.78	
	Lea Petersen	2009	+0.55	30.78	1:06.06	4:37.84	

2	FS		18 Fuglafjarðar Svímjifelag		382	5:03.60	111,49
	Sirið Vesturtún	2011	+0.65	34.56	1:12.23	1:12.23	
	Birita Vesturtún	2007	+0.35	38.84	1:22.92	2:35.15	
	Rebekka Róðinsdóttir	2007	+0.40	33.28	1:13.81	3:48.96	
	Rakul J Højbro	2011	+0.37	35.65	1:14.64	5:03.60	

3	HS 1		16 Havnar Svímjifelag		366	5:08.05	102,04
	Lilja Lenvig Harrysdóttir	2009	+0.82	37.44	1:18.21	1:18.21	
	India Linnea Bech	2011	+0.66	42.19	1:30.40	2:48.61	
	Halla Háfoss	2009	+0.35	34.16	1:14.39	4:03.00	
	Mariella Annbrittardóttir Henriksen	2010	+0.73	31.42	1:05.05	5:08.05	

Kapping almenn: 09.11.2025 18:12:41