

Úrslit

Ægir Open- okt. 2025

Stað:
Hylur: 25m

Fyrireikari: Ægir
Stevnudagur: okt 24, 2025 til okt 25, 2025

Kapping 1, 100m Blandað Gentir 2010 & yngri - Innleiðandi

FAR 1:03.78 Poula Mohr 1995 Havnar Svímjifelag (FRO) Torshavn (FRO) 11.05.2013
FAR.JR 1:04.93 Sára R. Nysted 2001 Klakksvik (FRO) 22.04.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.70	477	1:10.50	Q
	50m: 32.63	100m: 1:10.50 (37.87)				
2	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.68	449	1:11.92	+1.42 Q
	50m: 32.45	100m: 1:11.92 (39.47)				
3	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.69	415	1:13.86	+3.36 Q
	50m: 34.14	100m: 1:13.86 (39.72)				
4	Emma Debes	2010 Suðuroyar Svímjifelag	+0.74	383	1:15.86	+5.36 Q
	50m: 34.89	100m: 1:15.86 (40.97)				
5	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.78	375	1:16.40	+5.90 Q
	50m: 33.39	100m: 1:16.40 (43.01)				
6	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.72	275	1:24.71	+14.21 Q
	50m: 38.39	100m: 1:24.71 (46.32)				
7	India Linnea Bech	2011 Havnar Svímjifelag	+0.74	255	1:26.80	+16.30
	50m: 44.21	100m: 1:26.80 (42.59)				
8	Sólfríð H. Johannesen	2013 Svímjifelagið Ægir	---	223	1:30.76	+20.26
	50m: 42.99	100m: 1:30.76 (47.77)				
9	Delaila H. Gregersen	2013 Svímjifelagið Ægir	+0.88	187	1:36.37	+25.87
	50m: 47.48	100m: 1:36.37 (48.89)				
10	Viktoria Klettskarð	2013 Svímjifelagið Ægir	+0.84	168	1:39.79	+29.29
	50m: 46.03	100m: 1:39.79 (53.76)				
11	Olivia Johnsdóttir	2013 Svímjifelagið Ægir	+0.79	166	1:40.26	+29.76
	50m: 45.77	100m: 1:40.26 (54.49)				
12	Simona B. Jacobsen	2012 Svímjifelagið Flot	+0.77	143	1:45.18	+34.68
	50m: 46.92	100m: 1:45.18 (58.26)				
13	Katrina Mc Intosh	2015 Havnar Svímjifelag	+0.84	142	1:45.51	+35.01
	50m: 48.71	100m: 1:45.51 (56.80)				
14	Thorborg Joensen	2014 Havnar Svímjifelag	+0.81	142	1:45.58	+35.08
	50m: 48.70	100m: 1:45.58 (56.88)				
15	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag	+0.96	136	1:47.14	+36.64
	50m: 51.17	100m: 1:47.14 (55.97)				
16	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir	+0.83	134	1:47.50	+37.00
	50m: 47.59	100m: 1:47.50 (59.91)				
17	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag	+0.88	125	1:50.16	+39.66
	50m: 49.89	100m: 1:50.16 (1:00.27)				
18	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag	+0.83	124	1:50.37	+39.87
	50m: 50.00	100m: 1:50.37 (1:00.37)				
19	Annabella Annbriardóttur Henrik	2014 Havnar Svímjifelag	---	122	1:50.94	+40.44
	50m: 52.75	100m: 1:50.94 (58.19)				
20	Urd Jákupsdóttir	2015 Havnar Svímjifelag	+0.67	117	1:52.50	+42.00
	50m: 53.76	100m: 1:52.50 (58.74)				
21	Ingeborg Vinther	2015 Suðuroyar Svímjifelag	+0.53	113	1:53.78	+43.28
	50m: 54.25	100m: 1:53.78 (59.53)				
22	Sissal Ró Petersen	2013 Svímjifelagið Ægir	+0.62	113	1:53.85	+43.35
		100m: 1:53.85 (1:53.85)				
23	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag	+0.92	104	1:56.84	+46.34
	50m: 54.02	100m: 1:56.84 (1:02.82)				
24	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag	+0.75	93	2:01.23	+50.73
	50m: 59.39	100m: 2:01.23 (1:01.84)				
25	Lilja Thomsen	2011 Havnar Svímjifelag	+0.89	92	2:01.67	+51.17
	50m: 55.91	100m: 2:01.67 (1:05.76)				
-	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag	---		DSQ	
	SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)					
-	Randi Brim Hvidbro	2012 Svímjifelagið Ægir	+0.89		DSQ	
	SW 9.4. Svímjigrein var ikki fullförd rætt. (viðmerk hvør svímjigrein)					

Úrslit

Kapping 1, 100m Blandað Gentir 2010 & yngri - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
-	Lea Í Trøðini	2011 Suðuroyar Svímjifelag	+0.73		DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					
-	Elisabet Leivsdóttir	2014 Havnar Svímjifelag	+0.82		DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					
-	Anna K. Lydersen	2013 Svímjifelagið Ægir	---		DSQ	
	SW 4.4 Tjovstartur (startari og yvirdómari skulu vera samdir)					
-	Jytte Kirke Davidsen	2013 Suðuroyar Svímjifelag	---		DNS	
-	Julia Amona Ludvig	2013 Suðuroyar Svímjifelag	---		DNS	

Kapping almenn: 24.10.2025 20:12:08

Kapping 2, 100m Blandað Dreingir 2010 & yngri - Innleiðandi

FAR 55.94 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Torshavn (FRO) 12.05.2012
FAR.JR 55.94 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Torshavn (FRO) 12.05.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Tórir Olsen	2011 Svímjifelagið Ægir	+0.71	386	1:07.68	Q
	50m: 31.66	100m: 1:07.68 (36.02)				
2	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.62	320	1:12.03	+4.35 Q
	50m: 32.41	100m: 1:12.03 (39.62)				
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.81	313	1:12.51	+4.83 Q
	50m: 33.99	100m: 1:12.51 (38.52)				
4	Benjamin Havn	2011 Svímjifelagið Ægir	+0.61	301	1:13.47	+5.79 Q
	50m: 33.45	100m: 1:13.47 (40.02)				
5	Teitur Miné Róason	2011 Havnar Svímjifelag	+0.58	300	1:13.61	+5.93 Q
	50m: 32.99	100m: 1:13.61 (40.62)				
6	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.53	267	1:16.48	+8.80 Q
	50m: 35.05	100m: 1:16.48 (41.43)				
7	Nóa Róason Stakksund	2011 Havnar Svímjifelag	+0.69	253	1:17.86	+10.18
	50m: 37.77	100m: 1:17.86 (40.09)				
8	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.58	238	1:19.45	+11.77
	50m: 34.15	100m: 1:19.45 (45.30)				
9	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	+0.81	221	1:21.42	+13.74
	50m: 37.83	100m: 1:21.42 (43.59)				
10	Kian Sairoid Villanueva	2013 Fuglafjarðar Svímjifelag	+0.93	209	1:22.94	+15.26
	50m: 37.42	100m: 1:22.94 (45.52)				
11	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.68	209	1:23.04	+15.36
	50m: 37.68	100m: 1:23.04 (45.36)				
12	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag	+0.78	205	1:23.51	+15.83
	50m: 39.63	100m: 1:23.51 (43.88)				
13	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag	+0.68	204	1:23.64	+15.96
	50m: 38.40	100m: 1:23.64 (45.24)				
14	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag	+0.74	175	1:28.02	+20.34
	50m: 41.71	100m: 1:28.02 (46.31)				
15	Eliás Í Lágabø	2014 Suðuroyar Svímjifelag	+0.83	157	1:31.27	+23.59
	50m: 42.62	100m: 1:31.27 (48.65)				
16	Bárður Rógvason	2013 Suðuroyar Svímjifelag	+0.72	133	1:36.45	+28.77
	50m: 44.36	100m: 1:36.45 (52.09)				
17	Benjamin Clementsen	2012 Suðuroyar Svímjifelag	+0.90	116	1:40.91	+33.23
	50m: 46.81	100m: 1:40.91 (54.10)				
18	Jonnhard Winther	2015 Suðuroyar Svímjifelag	---	115	1:41.20	+33.52
	50m: 45.69	100m: 1:41.20 (55.51)				
19	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	+0.65	114	1:41.42	+33.74
	50m: 45.28	100m: 1:41.42 (56.14)				
20	Ian Strøm	2015 Suðuroyar Svímjifelag	+0.77	107	1:43.78	+36.10
	50m: 49.81	100m: 1:43.78 (53.97)				
21	Tóki Niklasson Poulsen	2013 Svímjifelagið Flot	+0.77	95	1:47.99	+40.31
		100m: 1:47.99 (1:47.99)				
22	Magni S. Olsen	2013 Svímjifelagið Flot	+0.93	86	1:51.27	+43.59
		100m: 1:51.27 (1:51.27)				

Úrslit

Kapping 2, 100m Blandað Dreingir 2010 & yngri - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
23	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag	+0.97	82	1:53.25	+45.57
	50m: 55.05	100m: 1:53.25 (58.20)				
24	Óðin Renésson	2015 Havnar Svímjifelag	+1.05	73	1:57.90	+50.22
	50m: 1:00.37	100m: 1:57.90 (57.53)				
25	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag	---	48	2:15.29	+1:07.61
	50m: 1:03.92	100m: 2:15.29 (1:11.37)				
-	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti	+0.74		DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag	+0.65		DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					
-	Tien Rasmussen	2012 Havnar Svímjifelag	+0.86		DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					
-	Sævar Strøm	2014 Suðuroyar Svímjifelag	+0.61		DSQ	
	SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)					

Kapping almenn: 24.10.2025 20:35:15

Kapping 3, 200m Blandað Kvinnur 2009 & eldri - Innleiðandi

FAR	Tíð	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
FAR	2:16.52	Sára R. Nysted	2001				Bergen (NOR) 11.12.2015
FAR.JR	2:16.52	Sára R. Nysted	2001				Bergen (NOR) 11.12.2015
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur	
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.74	626	2:22.16	Q	
	50m: 30.21	100m: 1:06.20 (35.99) 150m: 1:47.23 (41.03) 200m: 2:22.16 (34.93)					
2	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.63	537	2:29.55	+7.39 Q	
	50m: 31.56	100m: 1:08.79 (37.23) 150m: 1:53.61 (44.82) 200m: 2:29.55 (35.94)					
3	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.73	486	2:34.66	+12.50 Q	
	50m: 32.34	100m: 1:10.53 (38.19) 150m: 1:57.43 (46.90) 200m: 2:34.66 (37.23)					
4	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.69	454	2:38.25	+16.09 Q	
	50m: 32.86	100m: 1:14.43 (41.57) 150m: 2:01.75 (47.32) 200m: 2:38.25 (36.50)					
5	Halla Háfoss	2009 Havnar Svímjifelag	+0.81	420	2:42.29	+20.13 Q	
	50m: 33.51	100m: 1:18.33 (44.82) 150m: 2:04.94 (46.61) 200m: 2:42.29 (37.35)					
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.81	370	2:49.31	+27.15 Q	
	50m: 34.50	100m: 1:17.19 (42.69) 150m: 2:10.15 (52.96) 200m: 2:49.31 (39.16)					

Kapping almenn: 24.10.2025 20:35:33

Kapping 4, 200m Blandað Menn 2009 & eldri - Innleiðandi

FAR	Tíð	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
FAR	2:01.97	Pál Joensen	1990				Torshavn (FRO) 14.04.2012
FAR.JR	2:05.26	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)				Thisted (DEN) 25.11.2011
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur	
1	Fróði Hansen	2008 Svímjifelagið Ægir	+0.70	550	2:12.87	Q	
	50m: 27.78	100m: 1:03.32 (35.54) 150m: 1:41.45 (38.13) 200m: 2:12.87 (31.42)					
2	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.67	527	2:14.74	+1.87 Q	
	50m: 28.09	100m: 1:05.04 (36.95) 150m: 1:43.72 (38.68) 200m: 2:14.74 (31.02)					
3	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.65	505	2:16.66	+3.79 Q	
	50m: 28.52	100m: 1:04.20 (35.68) 150m: 1:44.90 (40.70) 200m: 2:16.66 (31.76)					
4	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.70	439	2:23.26	+10.39 Q	
	50m: 29.06	100m: 1:05.40 (36.34) 150m: 1:50.83 (45.43) 200m: 2:23.26 (32.43)					
5	Lukas Bessason	2007 Svímjifelagið Ægir	+0.66	371	2:31.46	+18.59 Q	
	50m: 31.13	100m: 1:10.36 (39.23) 150m: 1:54.87 (44.51) 200m: 2:31.46 (36.59)					
6	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.74	268	2:48.75	+35.88 Q	
	50m: 31.77	100m: 1:19.17 (47.40) 150m: 2:10.34 (51.17) 200m: 2:48.75 (38.41)					
7	Jens Martin Dam	2009 Havnar Svímjifelag	+0.89	213	3:02.27	+49.40	
	50m: 35.59	100m: 1:21.93 (46.34) 150m: 2:19.91 (57.98) 200m: 3:02.27 (42.36)					
-	Isak Brisenfeldt	2006 Havnar Svímjifelag	---		DNS		
-	Silas Dam Lindberg	2008 Havnar Svímjifelag	---		DNS		
-	Andrias Mellemgard	SM 2009 Havnar Svímjifelag	---		DNS		

Kapping almenn: 24.10.2025 20:35:54

Úrslit

Kapping 5, 800m Frí Kvinnur - Final

FAR 8:40.78 2001 Havnar Svímjifelag (FRO) Torshavn (FRO) 01.12.2019
 FAR.JR 8:50.79 2001 Havnar Svímjifelag (FRO) Klaksvík (FRO) 12.05.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.68	525	9:51.55	
	50m: 32.12	100m: 1:07.86 (35.74)	150m: 1:44.77 (36.91)	200m: 2:21.63 (36.86)		
	250m: 2:58.81 (37.18)	300m: 3:36.17 (37.36)	350m: 4:13.77 (37.60)	400m: 4:51.43 (37.66)		
	450m: 5:28.95 (37.52)	500m: 6:06.73 (37.78)	550m: 6:44.51 (37.78)	600m: 7:22.42 (37.91)		
	650m: 7:59.99 (37.57)	700m: 8:37.81 (37.82)	750m: 9:15.87 (38.06)	800m: 9:51.55 (35.68)		
2	India Linnea Bech	2011 Havnar Svímjifelag	+0.75	294	11:57.91	+2:06.36
	50m: 40.71	100m: 1:25.86 (45.15)	150m: 2:10.57 (44.71)	200m: 2:56.08 (45.51)		
	250m: 3:41.07 (44.99)	300m: 4:26.49 (45.42)	350m: 5:12.98 (46.49)	400m: 5:59.24 (46.26)		
	450m: 6:45.01 (45.77)	500m: 7:31.53 (46.52)	550m: 8:17.39 (45.86)	600m: 9:03.35 (45.96)		
	650m: 9:48.08 (44.73)	700m: 10:32.83 (44.75)	750m: 11:16.78 (43.95)	800m: 11:57.91 (41.13)		
3	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.85	275	12:13.38	+2:21.83
	50m: 38.40	100m: 1:23.47 (45.07)	150m: 2:10.17 (46.70)	200m: 2:56.30 (46.13)		
	250m: 3:42.27 (45.97)	300m: 4:28.38 (46.11)	350m: 5:14.17 (45.79)	400m: 6:00.90 (46.73)		
	450m: 6:47.33 (46.43)	500m: 7:33.63 (46.30)	550m: 8:21.41 (47.78)	600m: 9:09.31 (47.90)		
	650m: 9:55.32 (46.01)	700m: 10:42.70 (47.38)	750m: 11:28.77 (46.07)	800m: 12:13.38 (44.61)		
4	Urd Jákupsdóttir	2015 Havnar Svímjifelag	+0.72	137	15:24.26	+5:32.71
	50m: 48.97	100m: 1:45.61 (56.64)	150m: 2:41.28 (55.67)	200m: 3:38.81 (57.53)		
	250m: 4:36.39 (57.58)	300m: 5:34.96 (58.57)	350m: 6:34.67 (59.71)	400m: 7:34.81 (1:00.14)		
	450m: 8:35.27 (1:00.46)	500m: 9:35.36 (1:00.09)	550m: 10:35.31 (59.95)	600m: 11:34.94 (59.63)		
	650m: 12:33.21 (58.27)	700m: 13:33.25 (1:00.04)	750m: 14:29.80 (56.55)	800m: 15:24.26 (54.46)		
5	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag	+0.87	127	15:48.22	+5:56.67
	50m: 52.48	100m: 1:50.08 (57.60)	150m: 2:50.45 (1:00.37)	200m: 3:52.32 (1:01.87)		
	250m: 4:52.76 (1:00.44)	300m: 5:52.21 (59.45)	350m: 6:53.33 (1:01.12)	400m: 7:52.23 (58.90)		
	450m: 8:54.12 (1:01.89)	500m: 9:52.64 (58.52)	550m: 10:53.95 (1:01.31)	600m: 11:55.14 (1:01.19)		
	650m: 12:55.80 (1:00.66)	700m: 13:53.82 (58.02)	750m: 14:53.14 (59.32)	800m: 15:48.22 (55.08)		

Kapping almenn: 24.10.2025 21:03:30

Kapping 6, 800m Frí Menn - Final

FAR 7:36.24 Pál Joensen 1990 Atlanta (USA) 17.12.2011
 FAR.JR 7:48.56 Pál Joensen 1990 Rijeka (CRO) 13.12.2008

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag	+0.67	672	8:22.64	
	50m: 28.07	100m: 59.36 (31.29)	150m: 1:30.98 (31.62)	200m: 2:02.89 (31.91)		
	250m: 2:34.90 (32.01)	300m: 3:07.19 (32.29)	350m: 3:38.90 (31.71)	400m: 4:10.92 (32.02)		
	450m: 4:42.75 (31.83)	500m: 5:14.64 (31.89)	550m: 5:46.85 (32.21)	600m: 6:18.61 (31.76)		
	650m: 6:50.48 (31.87)	700m: 7:21.99 (31.51)	750m: 7:53.67 (31.68)	800m: 8:22.64 (28.97)		
2	Fróði Hansen	2008 Svímjifelagið Ægir	+0.75	610	8:39.35	+16.71
	50m: 28.92	100m: 1:00.26 (31.34)	150m: 1:32.06 (31.80)	200m: 2:04.35 (32.29)		
	250m: 2:36.96 (32.61)	300m: 3:09.80 (32.84)	350m: 3:42.78 (32.98)	400m: 4:15.92 (33.14)		
	450m: 4:49.32 (33.40)	500m: 5:22.57 (33.25)	550m: 5:55.84 (33.27)	600m: 6:29.01 (33.17)		
	650m: 7:02.24 (33.23)	700m: 7:35.45 (33.21)	750m: 8:08.52 (33.07)	800m: 8:39.35 (30.83)		
3	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.65	597	8:43.03	+20.39
	50m: 28.46	100m: 59.64 (31.18)	150m: 1:31.27 (31.63)	200m: 2:03.52 (32.25)		
	250m: 2:35.68 (32.16)	300m: 3:08.77 (33.09)	350m: 3:42.74 (33.97)	400m: 4:17.10 (34.36)		
	450m: 4:51.42 (34.32)	500m: 5:25.11 (33.69)	550m: 5:59.53 (34.42)	600m: 6:33.34 (33.81)		
	650m: 7:07.11 (33.77)	700m: 7:40.44 (33.33)	750m: 8:13.81 (33.37)	800m: 8:43.03 (29.22)		
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	+0.67	563	8:53.18	+30.54
	50m: 29.24	100m: 1:01.11 (31.87)	150m: 1:34.04 (32.93)	200m: 2:07.37 (33.33)		
	250m: 2:40.83 (33.46)	300m: 3:14.76 (33.93)	350m: 3:48.74 (33.98)	400m: 4:22.71 (33.97)		
	450m: 4:56.45 (33.74)	500m: 5:30.27 (33.82)	550m: 6:04.30 (34.03)	600m: 6:38.35 (34.05)		
	650m: 7:12.27 (33.92)	700m: 7:46.95 (34.68)	750m: 8:20.28 (33.33)	800m: 8:53.18 (32.90)		
5	Tórir Olsen	2011 Svímjifelagið Ægir	+0.73	535	9:02.49	+39.85
	50m: 30.57	100m: 1:04.40 (33.83)	150m: 1:39.08 (34.68)	200m: 2:12.71 (33.63)		
	250m: 2:47.09 (34.38)	300m: 3:21.40 (34.31)	350m: 3:56.37 (34.97)	400m: 4:31.26 (34.89)		
	450m: 5:05.39 (34.13)	500m: 5:39.68 (34.29)	550m: 6:14.04 (34.36)	600m: 6:48.05 (34.01)		
	650m: 7:21.89 (33.84)	700m: 7:56.32 (34.43)	750m: 8:30.18 (33.86)	800m: 9:02.49 (32.31)		
6	Theodor Salter	2011 Havnar Svímjifelag	+0.68	475	9:24.42	+1:01.78
	50m: 30.15	100m: 1:03.67 (33.52)	150m: 1:37.84 (34.17)	200m: 2:12.49 (34.65)		
	250m: 2:47.50 (35.01)	300m: 3:22.95 (35.45)	350m: 3:58.84 (35.89)	400m: 4:34.82 (35.98)		
	450m: 5:11.12 (36.30)	500m: 5:47.77 (36.65)	550m: 6:24.43 (36.66)	600m: 7:01.08 (36.65)		
	650m: 7:37.53 (36.45)	700m: 8:14.13 (36.60)	750m: 8:50.19 (36.06)	800m: 9:24.42 (34.23)		
7	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.80	304	10:54.43	+2:31.79
	50m: 34.96	100m: 1:15.76 (40.80)	150m: 1:58.82 (43.06)	200m: 2:41.83 (43.01)		
	250m: 3:24.92 (43.09)	300m: 4:07.36 (42.44)	350m: 4:50.30 (42.94)	400m: 5:31.03 (40.73)		
	450m: 6:13.50 (42.47)	500m: 6:54.78 (41.28)	550m: 7:35.40 (40.62)	600m: 8:15.60 (40.20)		
	650m: 8:56.55 (40.95)	700m: 9:37.58 (41.03)	750m: 10:17.99 (40.41)	800m: 10:54.43 (36.44)		

Úrslit

Kapping 6, 800m Frí Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
8	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag	+0.57	231	11:57.23	+3:34.59
	50m: 40.68	100m: 1:25.11 (44.43)	150m: 2:10.94 (45.83)	200m: 2:56.18 (45.24)		
	250m: 3:42.20 (46.02)	300m: 4:28.57 (46.37)	350m: 5:13.80 (45.23)	400m: 5:59.29 (45.49)		
	450m: 6:44.55 (45.26)	500m: 7:29.62 (45.07)	550m: 8:15.52 (45.90)	600m: 9:00.95 (45.43)		
	650m: 9:47.30 (46.35)	700m: 10:32.43 (45.13)	750m: 11:16.93 (44.50)	800m: 11:57.23 (40.30)		
9	Óðin Renésson	2015 Havnar Svímjifelag	+0.96	119	14:53.57	+6:30.93
	50m: 51.86	100m: 1:49.15 (57.29)	150m: 2:46.78 (57.63)	200m: 3:42.60 (55.82)		
	250m: 4:38.10 (55.50)	300m: 5:36.30 (58.20)	350m: 6:33.83 (57.53)	400m: 7:29.16 (55.33)		
	450m: 8:25.37 (56.21)	500m: 9:20.93 (55.56)	550m: 10:15.51 (54.58)	600m: 11:13.15 (57.64)		
	650m: 12:08.18 (55.03)	700m: 13:03.57 (55.39)	750m: 13:59.58 (56.01)	800m: 14:53.57 (53.99)		
10	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag	+0.56	115	15:05.31	+6:42.67
	50m: 47.19	100m: 1:43.54 (56.35)	150m: 2:40.11 (56.57)	200m: 3:36.95 (56.84)		
	250m: 4:37.26 (1:00.31)	300m: 5:34.24 (56.98)	350m: 6:33.34 (59.10)	400m: 7:30.64 (57.30)		
	450m: 8:29.39 (58.75)	500m: 9:26.79 (57.40)	550m: 10:25.87 (59.08)	600m: 11:23.74 (57.87)		
	650m: 12:20.85 (57.11)	700m: 13:17.47 (56.62)	750m: 14:12.96 (55.49)	800m: 15:05.31 (52.35)		

Kapping almenn: 24.10.2025 21:17:44

Kapping 7, 50m Rygg Kvinnur - Final

FAR	28.03	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025
FAR.JR	28.63	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Upplands Vaesby (SWE)	03.12.2021

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.65	558	30.64	
2	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.65	451	32.89	+2.25
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.65	438	33.21	+2.57
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.76	415	33.80	+3.16
5	Emma Debes	2010 Suðuroyar Svímjifelag	+1.05	403	34.15	+3.51
6	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.66	394	34.40	+3.76
7	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.76	386	34.65	+4.01
8	Lilja Sørensen	2011 Havnar Svímjifelag	+0.90	315	37.06	+6.42
9	Halla Háfoss	2009 Havnar Svímjifelag	+0.77	283	38.42	+7.78
10	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.72	247	40.16	+9.52
11	Randi Brim Hvidbro	2012 Svímjifelagið Ægir	+0.90	222	41.65	+11.01
12	Hanna Lilja Jacobsen	2015 Svímjifelagið Ægir	+0.83	212	42.25	+11.61
13	Simona B. Jacobsen	2012 Svímjifelagið Flot	---	192	43.67	+13.03
14	Delaila H. Gregersen	2013 Svímjifelagið Ægir	+1.30	180	44.68	+14.04
15	Maifrið Skibenæs	2013 Svímjifelagið Flot	---	177	44.90	+14.26
16	Elisabet Leivsdóttir	2014 Havnar Svímjifelag	+0.97	159	46.55	+15.91
17	Thorborg Joensen	2014 Havnar Svímjifelag	+0.74	154	47.04	+16.40
18	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag	+0.92	150	47.39	+16.75
19	Katrina Mc Intosh	2015 Havnar Svímjifelag	+0.92	147	47.79	+17.15
20	Abigail V. Christiansen	2014 Svímjifelagið Hellufossur	+0.76	146	47.81	+17.17
21	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag	+0.80	133	49.42	+18.78
22	Viktoria Klettskarð	2013 Svímjifelagið Ægir	+0.82	128	49.96	+19.32
23	Helena Jacobsen	2015 Svímjifelagið Hellufossur	+1.15	118	51.39	+20.75
24	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir	+0.75	116	51.64	+21.00
25	Ingeborg Vinther	2015 Suðuroyar Svímjifelag	+0.71	114	51.96	+21.32
26	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag	+0.98	114	52.01	+21.37
27	Sissal Ró Petersen	2013 Svímjifelagið Ægir	+0.83	112	52.31	+21.67
28	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag	+0.88	95	55.12	+24.48
=29	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag	+0.95	95	55.13	+24.49
=29	Urd Jákupsdóttir	2015 Havnar Svímjifelag	+0.92	95	55.13	+24.49
31	Annabella Annbrittardóttur Henrik	2014 Havnar Svímjifelag	+1.11	93	55.58	+24.94
32	Lilja Thomsen	2011 Havnar Svímjifelag	+1.00	87	56.88	+26.24
33	Mira Sumberg	2014 Havnar Svímjifelag	+0.78	84	57.47	+26.83

Úrslit

Kapping 7, 50m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
34	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag	+0.85	70	1:01.18	+30.54
35	Emilia G. Madsen	2015 Svímjifelagið Hellufossur	+0.77	69	1:01.36	+30.72
36	Ingrid M. Midjord	2016 Svímjifelagið Hellufossur	+0.76	68	1:01.69	+31.05
37	Judit Ørvarodd	2015 Svímjifelagið Hellufossur	+1.03	56	1:05.82	+35.18
-	Simona K. á Høvdanum	2016 Svímjifelagið Reysti	+0.92		DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend					
-	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir	+0.85		DSQ	
	SW 6.2. Svam á búkinum (ikki við vending)					
-	Lea Í Trøðini	2011 Suðuroyar Svímjifelag	+0.77		DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend					
-	Ebba Kirke Davidsen	2013 Suðuroyar Svímjifelag	+0.78		DNS	
-	Jytte Kirke Davidsen	2013 Suðuroyar Svímjifelag			DNS	
-	Julia Amona Ludvig	2013 Suðuroyar Svímjifelag	+0.98		DNS	
-	Fríða Sól Renésdóttir	2017 Havnar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 09:36:53

Kapping 8, 50m Rygg Menn - Final

FAR 25.22 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012
FAR.JR 25.22 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.74	491	28.01	
2	Heini Mohr Askham	2006 Svímjifelagið Ægir	+0.74	393	30.16	+2.15
3	Lukas Bessason	2007 Svímjifelagið Ægir	+0.99	379	30.55	+2.54
4	Bjarti Ludvig	2006 Suðuroyar Svímjifelag	+0.93	358	31.13	+3.12
5	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.70	330	31.97	+3.96
6	Tórir Olsen	2011 Svímjifelagið Ægir	+0.71	314	32.51	+4.50
7	Benjamin Havn	2011 Svímjifelagið Ægir	+0.62	295	33.21	+5.20
8	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.61	291	33.33	+5.32
9	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.68	238	35.63	+7.62
10	Elias Í Lágabø	2014 Suðuroyar Svímjifelag	+1.05	202	37.67	+9.66
11	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag	+0.75	188	38.54	+10.53
12	Kian Sairoid Villanueva	2013 Fuglafjarðar Svímjifelag	+1.00	184	38.82	+10.81
13	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	+0.76	182	38.99	+10.98
14	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag	+0.83	172	39.75	+11.74
15	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti	+0.67	166	40.23	+12.22
16	Bjarni Pálsson	2013 Svímjifelagið Flot	+0.74	144	42.15	+14.14
17	Tien Rasmussen	2012 Havnar Svímjifelag	+1.11	143	42.22	+14.21
18	Sævar Strøm	2014 Suðuroyar Svímjifelag	+0.70	140	42.57	+14.56
19	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag	+0.94	131	43.53	+15.52
20	Jonnhard Winther	2015 Suðuroyar Svímjifelag	+0.88	125	44.14	+16.13
21	Benjamin Clementsen	2012 Suðuroyar Svímjifelag	+0.82	117	45.08	+17.07
22	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	+0.90	113	45.64	+17.63
23	Bárður Rógvason	2013 Suðuroyar Svímjifelag	+1.13	111	45.93	+17.92
24	Tóki Niklasson Poulsen	2013 Svímjifelagið Flot	+0.69	105	46.76	+18.75
25	Ian Strøm	2015 Suðuroyar Svímjifelag	+0.64	90	49.27	+21.26
26	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag	+1.24	79	51.50	+23.49
27	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag	+0.68	63	55.29	+27.28
28	Óðin Renésson	2015 Havnar Svímjifelag	+0.98	50	59.86	+31.85
-	Petur Óli Midjord	2014 Svímjifelagið Hellufossur	+0.74		DSQ	
	SW 4.4. Tjónvartur (startari og yvirdómari skulu vera samdir)					

Úrslit

Kapping 8, 50m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
-	Magni S. Olsen	2013 Svímjifelagið Flot	+0.97		DSQ	

SW 6.4. Nart ikki við vegginn í vend

Kapping almenn: 25.10.2025 09:47:23

Kapping 9, 100m Firvald Kvinnur - Final

FAR	1:01.93	Poula Mohr	1995 Havnar Svímjifelag (FRO)	Torshavn (FRO)	14.04.2013
FAR.JR	1:03.15		2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.03.2017

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.92	374	1:13.14	
	50m: 32.77	100m: 1:13.14 (40.37)				
2	Halla Háfoss	2009 Havnar Svímjifelag	---	365	1:13.69	+0.55
	50m: 34.25	100m: 1:13.69 (39.44)				
-	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.17		DSQ	

SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)

Kapping almenn: 25.10.2025 09:39:02

Kapping 10, 100m Firvald Menn - Final

FAR	53.67	Ísak Brisensfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024
FAR.JR	53.67	Ísak Brisensfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisensfeldt	2006 Havnar Svímjifelag	+0.70	592	56.81	
	50m: 26.65	100m: 56.81 (30.16)				
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.63	503	59.97	+3.16
	50m: 28.55	100m: 59.97 (31.42)				
3	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.81	301	1:11.16	+14.35
	50m: 31.10	100m: 1:11.16 (40.06)				
4	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.77	275	1:13.35	+16.54
	50m: 33.72	100m: 1:13.35 (39.63)				
5	Benjamin Havn	2011 Svímjifelagið Ægir	+0.62	250	1:15.69	+18.88
	50m: 35.49	100m: 1:15.69 (40.20)				
6	Jens Martin Dam	2009 Havnar Svímjifelag	+0.85	226	1:18.22	+21.41
	50m: 34.76	100m: 1:18.22 (43.46)				
7	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.77	161	1:27.61	+30.80
	50m: 39.48	100m: 1:27.61 (48.13)				
8	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag	---	152	1:29.24	+32.43
	50m: 40.99	100m: 1:29.24 (48.25)				
9	Nóa Róason Stakksund	2011 Havnar Svímjifelag	+0.63	144	1:30.92	+34.11
	50m: 41.49	100m: 1:30.92 (49.43)				
10	Sævar Strøm	2014 Suðuroyar Svímjifelag	+0.52	94	1:44.61	+47.80
	50m: 43.34	100m: 1:44.61 (1:01.27)				
11	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	+0.64	84	1:48.62	+51.81
	50m: 49.43	100m: 1:48.62 (59.19)				
-	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	---		DNS	
-	Natanael A. Matras	2002 Svímjifelagið Ægir	---		DNS	

Kapping almenn: 25.10.2025 09:47:15

Kapping 11, 400m Frí Kvinnur - Final

FAR	4:14.09		2001 Havnar Svímjifelag (FRO)	Torshavn (FRO)	12.11.2022
FAR.JR	4:17.87		2001 Havnar Svímjifelag (FRO)	Kolding (DEN)	11.12.2016

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.61	509	4:48.20	
	50m: 32.89	100m: 1:08.59 (35.70)			150m: 1:44.69 (36.10)	200m: 2:21.10 (36.41)
	250m: 2:57.35 (36.25)	300m: 3:34.05 (36.70)			350m: 4:11.30 (37.25)	400m: 4:48.20 (36.90)
2	Lea Petersen	2009 Svímjifelagið Ægir	+0.66	455	4:59.26	+11.06
	50m: 33.11	100m: 1:09.34 (36.23)			150m: 1:47.06 (37.72)	200m: 2:25.18 (38.12)
	250m: 3:03.45 (38.27)	300m: 3:42.15 (38.70)			350m: 4:21.12 (38.97)	400m: 4:59.26 (38.14)
3	Thorborg Joensen	2014 Havnar Svímjifelag	+0.65	146	7:16.83	+2:28.63
	50m: 46.82	100m: 1:42.77 (55.95)			150m: 2:39.11 (56.34)	200m: 3:34.01 (54.90)
	250m: 4:32.37 (58.36)	300m: 5:29.04 (56.67)			350m: 6:22.25 (53.21)	400m: 7:16.83 (54.58)

Úrslit

Kapping 11, 400m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag	---	139	7:24.26	+2:36.06
	50m: 50.82	100m: 1:47.80 (56.98)	150m: 2:46.08 (58.28)	200m: 3:43.67 (57.59)		
	250m: 4:43.26 (59.59)	300m: 5:40.27 (57.01)	350m: 6:36.20 (55.93)	400m: 7:24.26 (48.06)		
5	Urd Jákupsdóttir	2015 Havnar Svímjifelag	+0.69	132	7:31.89	+2:43.69
	50m: 46.37	100m: 1:43.08 (56.71)	150m: 2:39.82 (56.74)	200m: 3:38.56 (58.74)		
	250m: 4:37.74 (59.18)	300m: 5:34.12 (56.38)	350m: 6:35.73 (1:01.61)	400m: 7:31.89 (56.16)		
6	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag	+0.91	124	7:41.14	+2:52.94
	50m: 48.14	100m: 1:48.03 (59.89)	150m: 2:46.42 (58.39)	200m: 3:46.09 (59.67)		
	250m: 4:47.84 (1:01.75)	300m: 5:47.06 (59.22)	350m: 6:43.63 (56.57)	400m: 7:41.14 (57.51)		

Kapping almenn: 25.10.2025 10:33:28

Kapping 12, 400m Frí Menn - Final

FAR	3:40.12	Pál Joensen	1990	Istanbul (TUR)	10.12.2009
FAR.JR	3:42.57	Pál Joensen	1990	Rijeka (CRO)	11.12.2008

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Tórir Olsen	2011 Svímjifelagið Ægir	+0.72	524	4:23.22	
	50m: 29.35	100m: 1:01.55 (32.20)	150m: 1:34.61 (33.06)	200m: 2:07.94 (33.33)		
	250m: 2:41.82 (33.88)	300m: 3:16.38 (34.56)	350m: 3:50.13 (33.75)	400m: 4:23.22 (33.09)		
2	Theodor Salter	2011 Havnar Svímjifelag	+0.68	467	4:33.57	+10.35
	50m: 29.75	100m: 1:03.00 (33.25)	150m: 1:38.11 (35.11)	200m: 2:12.96 (34.85)		
	250m: 2:48.17 (35.21)	300m: 3:24.01 (35.84)	350m: 3:59.30 (35.29)	400m: 4:33.57 (34.27)		
3	Andrass Thomsen	1982 Havnar Svímjifelag	+0.76	428	4:41.47	+18.25
	50m: 32.16	100m: 1:06.46 (34.30)	150m: 1:41.58 (35.12)	200m: 2:17.05 (35.47)		
	250m: 2:52.87 (35.82)	300m: 3:29.59 (36.72)	350m: 4:06.10 (36.51)	400m: 4:41.47 (35.37)		
4	Dávir Eið	2012 Suðuroyar Svímjifelag	---	315	5:11.65	+48.43
	50m: 36.02	100m: 1:15.96 (39.94)	150m: 1:56.33 (40.37)	200m: 2:37.19 (40.86)		
	250m: 3:17.20 (40.01)	300m: 3:56.73 (39.53)	350m: 4:35.55 (38.82)	400m: 5:11.65 (36.10)		
5	Teitur Miné Róason	2011 Havnar Svímjifelag	+0.60	294	5:18.95	+55.73
	50m: 34.42	100m: 1:13.49 (39.07)	150m: 1:53.99 (40.50)	200m: 2:34.23 (40.24)		
	250m: 3:15.21 (40.98)	300m: 3:56.00 (40.79)	350m: 4:37.34 (41.34)	400m: 5:18.95 (41.61)		
6	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.81	267	5:29.35	+1:06.13
	50m: 33.81	100m: 1:13.76 (39.95)	150m: 1:55.99 (42.23)	200m: 2:37.78 (41.79)		
	250m: 3:20.76 (42.98)	300m: 4:03.73 (42.97)	350m: 4:46.68 (42.95)	400m: 5:29.35 (42.67)		
7	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	+0.77	265	5:30.21	+1:06.99
	50m: 37.89	100m: 1:18.17 (40.28)	150m: 2:00.94 (42.77)	200m: 2:42.94 (42.00)		
	250m: 3:24.88 (41.94)	300m: 4:07.60 (42.72)	350m: 4:50.21 (42.61)	400m: 5:30.21 (40.00)		
8	Nóa Róason Stakksund	2011 Havnar Svímjifelag	+0.78	239	5:41.72	+1:18.50
	50m: 37.12	100m: 1:19.87 (42.75)	150m: 2:01.53 (41.66)	200m: 2:44.84 (43.31)		
	250m: 3:28.21 (43.37)	300m: 4:11.96 (43.75)	350m: 4:58.80 (46.84)	400m: 5:41.72 (42.92)		
9	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag	+0.72	216	5:53.49	+1:30.27
	50m: 35.93	100m: 1:18.70 (42.77)	150m: 2:03.35 (44.65)	200m: 2:50.11 (46.76)		
	250m: 3:37.00 (46.89)	300m: 4:23.56 (46.56)	350m: 5:09.16 (45.60)	400m: 5:53.49 (44.33)		
10	Tien Rasmussen	2012 Havnar Svímjifelag	+0.89	128	7:00.97	+2:37.75
	50m: 42.32	100m: 1:33.49 (51.17)	150m: 2:30.04 (56.55)	200m: 3:25.42 (55.38)		
	250m: 4:22.71 (57.29)	300m: 5:19.94 (57.23)	350m: 6:12.32 (52.38)	400m: 7:00.97 (48.65)		
11	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag	---	124	7:04.77	+2:41.55
	50m: 46.16	100m: 1:40.37 (54.21)	150m: 2:34.93 (54.56)	200m: 3:31.00 (56.07)		
	250m: 4:25.33 (54.33)	300m: 5:20.23 (54.90)	350m: 6:14.93 (54.70)	400m: 7:04.77 (49.84)		
12	Óðin Renæsson	2015 Havnar Svímjifelag	+1.13	112	7:19.74	+2:56.52
	50m: 49.10	100m: 1:45.30 (56.20)	150m: 2:41.13 (55.83)	200m: 3:38.03 (56.90)		
	250m: 4:36.73 (58.70)	300m: 5:34.10 (57.37)	350m: 6:27.50 (53.40)	400m: 7:19.74 (52.24)		
13	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag	+0.59	94	7:45.83	+3:22.61
	50m: 48.56	100m: 1:47.58 (59.02)	150m: 2:46.86 (59.28)	200m: 3:46.13 (59.27)		
	250m: 4:47.81 (1:01.68)	300m: 5:47.73 (59.92)	350m: 6:49.78 (1:02.05)	400m: 7:45.83 (56.05)		
-	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 10:30:49

Kapping 13, 100m Bringu Kvinnur - Final

FAR	1:09.27	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Klaksvík (FRO)	15.03.2025
FAR.JR	1:09.27	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Klaksvík (FRO)	15.03.2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.73	707	1:10.00	
	50m: 32.44	100m: 1:10.00 (37.56)				

Úrslit

Kapping 13, 100m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Sissal Rógvadóttir 50m: 36.75	2010 Suðuroyar Svímjifelag 100m: 1:19.55 (42.80)	+0.58	481	1:19.55	+9.55
3	Sirið Vesturtún 50m: 40.20	2011 Fuglafjarðar Svímjifelag 100m: 1:26.51 (46.31)	+0.55	374	1:26.51	+16.51
4	India Linnea Bech 50m: 43.10	2011 Havnar Svímjifelag 100m: 1:31.04 (47.94)	+0.80	321	1:31.04	+21.04
5	Oddvá Sedeá D. Nattestad 50m: 42.75	2006 Havnar Svímjifelag 100m: 1:34.53 (51.78)	+0.80	287	1:34.53	+24.53
6	Noomi Hella Jacobsen 50m: 44.16	2012 Havnar Svímjifelag 100m: 1:37.97 (53.81)	+0.80	257	1:37.97	+27.97
7	Sólfríð H. Johannessen 50m: 48.95	2013 Svímjifelagið Ægir 100m: 1:45.27 (56.32)	+0.51	207	1:45.27	+35.27
8	Delaila H. Gregersen 50m: 53.49	2013 Svímjifelagið Ægir 100m: 1:48.44 (54.95)	+0.87	190	1:48.44	+38.44
9	Elisabet Leivsdóttir 50m: 50.50	2014 Havnar Svímjifelag 100m: 1:52.77 (1:02.27)	---	169	1:52.77	+42.77
10	Tabita Vón Ebbadóttir 50m: 54.19	2013 Svímjifelagið Ægir 100m: 1:53.15 (58.96)	+0.81	167	1:53.15	+43.15
11	Urd Jákupsdóttir 50m: 56.98	2015 Havnar Svímjifelag 100m: 2:00.41 (1:03.43)	---	138	2:00.41	+50.41
12	Ingeborg Vinther 50m: 57.53	2015 Suðuroyar Svímjifelag 100m: 2:02.45 (1:04.92)	+0.72	132	2:02.45	+52.45
13	Thorborg Joensen 50m: 1:00.85	2014 Havnar Svímjifelag 100m: 2:07.22 (1:06.37)	+0.79	117	2:07.22	+57.22
14	Katrina Mc Intosh 50m: 1:05.76	2015 Havnar Svímjifelag 100m: 2:10.28 (1:04.52)	+0.87	109	2:10.28	+1:00.28
15	Anna K. Lydersen 50m: 1:02.39	2013 Svímjifelagið Ægir 100m: 2:13.08 (1:10.69)	+0.80	102	2:13.08	+1:03.08
16	Lisa Emilsdóttir Hofgaard 50m: 1:06.17	2015 Havnar Svímjifelag 100m: 2:16.80 (1:10.63)	+0.93	94	2:16.80	+1:06.80
17	Tóta Sofía Gudmundsen 50m: 1:08.45	2014 Suðuroyar Svímjifelag 100m: 2:18.59 (1:10.14)	+0.74	91	2:18.59	+1:08.59
18	Lilja Thomsen 50m: 1:06.96	2011 Havnar Svímjifelag 100m: 2:22.21 (1:15.25)	+0.90	84	2:22.21	+1:12.21
19	Sissal Ró Petersen 50m: 1:09.56	2013 Svímjifelagið Ægir 100m: 2:24.06 (1:14.50)	+0.35	81	2:24.06	+1:14.06
20	Mira Sumberg 50m: 1:08.25	2014 Havnar Svímjifelag 100m: 2:24.91 (1:16.66)	+0.69	79	2:24.91	+1:14.91
-	Røskvá Rún Bjarnadóttir SW 7.4. Ójavnt beinspark (ikki vatnrætt)	2015 Havnar Svímjifelag	+0.65		DSQ	
-	Annabella Annbrittardóttur Henrik SW 7.4. Ójavnt beinspark (ikki vatnrætt)	2014 Havnar Svímjifelag	+0.76		DSQ	
-	Olivia Johnsdóttir SW 7.6. Hendurnar ikki samstundis í vegg í vending/mál	2013 Svímjifelagið Ægir	+0.75		DSQ	
-	Karita Tórðardóttir SW 7.6. Hendurnar ikki samstundis í vegg í vending/mál	2013 Suðuroyar Svímjifelag	+0.62		DSQ	
-	Ebba Kirke Davidsen	2013 Suðuroyar Svímjifelag	---		DNS	
-	Jytte Kirke Davidsen	2013 Suðuroyar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 11:02:11

Kapping 14, 100m Bringu Menn - Final

FAR	1:00.51	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	14.07.2025		
FAR.JR	1:03.43	Róland Toftum 1998	Torshavn (FRO)	19.09.2016		
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham 50m: 31.19	2006 Svímjifelagið Ægir 100m: 1:07.88 (36.69)	+0.64	540	1:07.88	
2	Sigbjartur J. Egholm 50m: 38.07	2009 Havnar Svímjifelag 100m: 1:23.23 (45.16)	+0.72	292	1:23.23	+15.35

Úrslit

Kapping 14, 100m Bringu Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
3	Nóa Róason Stakksund 50m: 41.57	2011 Havnar Svímjifelag 100m: 1:29.57 (48.00)	+0.56	235	1:29.57	+21.69
4	Dávur Eið 50m: 42.14	2012 Suðuroyar Svímjifelag 100m: 1:29.61 (47.47)	+0.66	234	1:29.61	+21.73
5	Aleks Uadhaw Thomsen 50m: 43.29	2013 Havnar Svímjifelag 100m: 1:32.76 (49.47)	+0.57	211	1:32.76	+24.88
6	Jógvan Vesturtún 50m: 44.48	2013 Fuglafjarðar Svímjifelag 100m: 1:33.53 (49.05)	+0.80	206	1:33.53	+25.65
7	Kian Sairoid Villanueva 50m: 44.43	2013 Fuglafjarðar Svímjifelag 100m: 1:36.03 (51.60)	+0.56	190	1:36.03	+28.15
8	Elias Í Lágabø 50m: 46.92	2014 Suðuroyar Svímjifelag 100m: 1:41.36 (54.44)	---	162	1:41.36	+33.48
9	Sævar Strøm 50m: 46.23	2014 Suðuroyar Svímjifelag 100m: 1:41.64 (55.41)	+0.57	160	1:41.64	+33.76
10	Tien Rasmussen 50m: 48.91	2012 Havnar Svímjifelag 100m: 1:41.91 (53.00)	+0.89	159	1:41.91	+34.03
11	Benjamin Clementsen 50m: 53.27	2012 Suðuroyar Svímjifelag 100m: 1:53.76 (1:00.49)	+0.91	114	1:53.76	+45.88
12	Ian Strøm 50m: 53.13	2015 Suðuroyar Svímjifelag 100m: 1:55.58 (1:02.45)	+0.67	109	1:55.58	+47.70
13	Niels Jacob Thomsen 50m: 54.48	2014 Suðuroyar Svímjifelag 100m: 1:55.78 (1:01.30)	+0.75	108	1:55.78	+47.90
14	Jonnhard Winther 50m: 55.17	2015 Suðuroyar Svímjifelag 100m: 1:58.89 (1:03.72)	+0.60	100	1:58.89	+51.01
15	Bárður Rógvason 50m: 55.77	2013 Suðuroyar Svímjifelag 100m: 1:58.91 (1:03.14)	---	100	1:58.91	+51.03
16	Bjarti Karbech í Hjøllum 50m: 59.11	2015 Havnar Svímjifelag 100m: 2:08.75 (1:09.64)	+0.65	79	2:08.75	+1:00.87
17	Sofus Rúnason Johannesen 50m: 1:00.99	2012 Havnar Svímjifelag 100m: 2:09.71 (1:08.72)	+0.93	77	2:09.71	+1:01.83
18	Óðin Renæsson 50m: 1:06.14	2015 Havnar Svímjifelag 100m: 2:19.54 (1:13.40)	+1.04	62	2:19.54	+1:11.66
-	Tóki Niklasson Poulsen SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)	2013 Svímjifelagið Flot	---		DSQ	
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag	---		DNS	
-	Andrias Mellemgard	SB9 2009 Havnar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 11:02:49

Kapping 15, 200m Rygg Kvinnur - Final

FAR 2:09.32 Signhild Joensen 2000 Ægir Klaksvik (FRO) Reykjavik (ISL) 03.12.2017
 FAR.JR 2:09.32 Signhild Joensen 2000 Ægir Klaksvik (FRO) Reykjavik (ISL) 03.12.2017

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø 50m: 32.83	2009 Suðuroyar Svímjifelag 100m: 1:08.23 (35.40) 150m: 1:45.07 (36.84) 200m: 2:24.00 (38.93)	+0.67	550	2:24.00	
2	Jórun Winther 50m: 36.86	2011 Suðuroyar Svímjifelag 100m: 1:16.43 (39.57) 150m: 1:57.12 (40.69) 200m: 2:37.32 (40.20)	+0.81	422	2:37.32	+13.32
-	Kaya Ziska Hofgaard SW 6.4. Ikki varandi rørsla á búkinum í vend	2014 Havnar Svímjifelag	+0.91		DSQ	
-	Rebekka Róðinsdóttir SW 6.4. Ikki varandi rørsla á búkinum í vend	2007 Fuglafjarðar Svímjifelag	+0.66		DSQ	
-	Maifrið Skibenæs SW 6.4. Ikki varandi rørsla á búkinum í vend	2013 Svímjifelagið Flot	+0.83		DSQ	

Kapping almenn: 25.10.2025 11:19:43

Kapping 16, 200m Rygg Menn - Final

FAR 1:59.98 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Laugardalslaug (ISL) 11.12.2011
 FAR.JR 1:59.98 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Laugardalslaug (ISL) 11.12.2011

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
------	------	-------------	-----	-----	-----	-------

Úrslit

Kapping 16, 200m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Elias Í Lágabø 50m: 42.10	2014 Suðuroyar Svímjifelag 100m: 1:28.11 (46.01) 150m: 2:13.90	+1.07 (45.79)	216	2:55.90 200m: 2:55.90	(42.00)
2	Jógvan Vesturtún 50m: 42.69	2013 Fuglafjarðar Svímjifelag 100m: 1:28.09 (45.40) 150m: 2:12.99	+0.81 (44.90)	213	2:56.86 200m: 2:56.86	+0.96 (43.87)
3	Bragi Bjarnason 50m: 41.88	2012 Havnar Svímjifelag 100m: 1:28.87 (46.99) 150m: 2:14.96	+0.77 (46.09)	204	2:59.17 200m: 2:59.17	+3.27 (44.21)
4	Bárður Rógvason 50m: 50.20	2013 Suðuroyar Svímjifelag 100m: 1:44.31 (54.11) 150m: 2:37.66	+1.30 (53.35)	131	3:27.57 200m: 3:27.57	+31.67 (49.91)
5	Benjamin Clementsen 50m: 50.20	2012 Suðuroyar Svímjifelag 100m: 1:44.50 (54.30) 150m: 2:40.20	+0.85 (55.70)	123	3:32.10 200m: 3:32.10	+36.20 (51.90)
-	Petur Óli Midjord SW 6.4. Ikki varandi rørsla á búkinum í vend	2014 Svímjifelagið Hellufossur	+0.78		DSQ	
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag	---		DNS	
-	Terji Kjærbo	2012 Suðuroyar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 11:19:51

Kapping 17, 50m Frí Kvinnur - Final

FAR	26.04	Guðrun Mortensen	1997	Laugardalslaug (ISL)	11.12.2011
FAR.JR	26.04	Guðrun Mortensen	1997	Laugardalslaug (ISL)	11.12.2011

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.89	526	28.27	
2	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.63	500	28.75	+0.48
3	Emma Debes	2010 Suðuroyar Svímjifelag	+0.71	497	28.81	+0.54
4	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.68	496	28.83	+0.56
5	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.73	485	29.05	+0.78
6	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.68	470	29.35	+1.08
7	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.66	456	29.64	+1.37
8	Talita Johannesen	2010 Suðuroyar Svímjifelag	+0.67	423	30.39	+2.12
9	Lea Petersen	2009 Svímjifelagið Ægir	+0.65	418	30.52	+2.25
10	Halla Háfoss	2009 Havnar Svímjifelag	+0.77	403	30.89	+2.62
11	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	+0.73	394	31.12	+2.85
12	Lilja Sørensen	2011 Havnar Svímjifelag	+0.80	347	32.46	+4.19
13	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag	+0.75	347	32.48	+4.21
14	Lea Í Trøðini	2011 Suðuroyar Svímjifelag	+0.78	337	32.78	+4.51
15	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.63	304	33.95	+5.68
16	India Linnea Bech	2011 Havnar Svímjifelag	+0.82	303	33.98	+5.71
17	Randi Brim Hvidbro	2012 Svímjifelagið Ægir	+0.78	301	34.03	+5.76
18	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir	+0.67	290	34.46	+6.19
19	Elisabet Leivsdóttir	2014 Havnar Svímjifelag	---	258	35.86	+7.59
20	Hanna Lilja Jacobsen	2015 Svímjifelagið Ægir	+0.82	250	36.20	+7.93
21	Delaila H. Gregersen	2013 Svímjifelagið Ægir	+0.84	228	37.32	+9.05
22	Olivia Johnsdóttir	2013 Svímjifelagið Ægir	+0.64	224	37.55	+9.28
23	Viktoria Klettskarð	2013 Svímjifelagið Ægir	+0.87	214	38.16	+9.89
24	Simona B. Jacobsen	2012 Svímjifelagið Flot	+0.72	208	38.48	+10.21
25	Katrina Mc Intosh	2015 Havnar Svímjifelag	+0.85	207	38.57	+10.30
26	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir	+0.81	195	39.36	+11.09
27	Thorborg Joensen	2014 Havnar Svímjifelag	+0.71	187	39.91	+11.64
28	Maifríð Skibenæs	2013 Svímjifelagið Flot	+0.63	178	40.56	+12.29
29	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir	+0.58	177	40.64	+12.37
30	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag	+0.71	161	41.89	+13.62
31	Helena Jacobsen	2015 Svímjifelagið Hellufossur	---	158	42.16	+13.89

Úrslit

Kapping 17, 50m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
32	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag	+0.62	143	43.61	+15.34
33	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag	+0.86	143	43.64	+15.37
34	Annabella Annbrittardóttur Henrik	2014 Havnar Svímjifelag	+0.73	131	44.85	+16.58
35	Sissal Ró Petersen	2013 Svímjifelagið Ægir	+0.68	131	44.94	+16.67
36	Simona K. á Høvdanum	2016 Svímjifelagið Reysti	+0.80	130	45.01	+16.74
37	Urd Jákupsdóttir	2015 Havnar Svímjifelag	+0.86	130	45.05	+16.78
38	Ingeborg Vinther	2015 Suðuroyar Svímjifelag	+0.54	128	45.26	+16.99
39	Mira Sumberg	2014 Havnar Svímjifelag	---	117	46.55	+18.28
40	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag	+0.86	116	46.74	+18.47
41	Anna K. Lydersen	2013 Svímjifelagið Ægir	+0.66	116	46.75	+18.48
42	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag	+0.64	114	46.96	+18.69
43	Lilja Thomasen	2011 Havnar Svímjifelag	+0.81	94	50.07	+21.80
44	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag	+0.94	84	52.01	+23.74
45	Emilia G. Madsen	2015 Svímjifelagið Hellufossur	+1.07	68	55.81	+27.54
46	Judit Ørvarodd	2015 Svímjifelagið Hellufossur	---	68	55.93	+27.66
47	Ingrid M. Midjord	2016 Svímjifelagið Hellufossur	+0.75	50	1:01.74	+33.47
-	Abigail V. Christiansen	2014 Svímjifelagið Hellufossur	+0.81		DSQ	
	SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)					
-	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.74		DSQ	
	SW 4.4 Tjovstartur (startari og yvirdómari skulu vera samdir)					
-	Ebba Kirke Davidsen	2013 Suðuroyar Svímjifelag	---		DNS	
-	Jytte Kirke Davidsen	2013 Suðuroyar Svímjifelag	---		DNS	
-	Julia Amona Ludvig	2013 Suðuroyar Svímjifelag	---		DNS	
-	Fríða Sól Renésdóttir	2017 Havnar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 11:47:10

Kapping 18, 50m Frí Menn - Final

FAR 22.60 2003 Havnar Svímjifelag (FRO) Kirkwall (GBR) 17.07.2025
FAR.JR 23.24 Pauli Ø. Mohr 1991 Berlin (GER) 15.11.2009

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bartal Erlingsson Eidesgaard	2003 Havnar Svímjifelag	+0.64	607	23.50	
2	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.71	487	25.29	+1.79
3	Bjarti Ludvig	2006 Suðuroyar Svímjifelag	+0.70	447	26.01	+2.51
4	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.61	438	26.20	+2.70
5	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.63	432	26.32	+2.82
6	Lukas Besson	2007 Svímjifelagið Ægir	+0.68	431	26.33	+2.83
7	Tórir Olsen	2011 Svímjifelagið Ægir	+0.71	427	26.42	+2.92
8	Benjamin Havn	2011 Svímjifelagið Ægir	+0.63	385	27.35	+3.85
9	Theodor Salter	2011 Havnar Svímjifelag	+0.70	374	27.61	+4.11
10	Teitur Miné Róason	2011 Havnar Svímjifelag	+0.56	334	28.68	+5.18
11	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.77	329	28.81	+5.31
12	Jens Martin Dam	2009 Havnar Svímjifelag	+0.88	298	29.79	+6.29
13	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.65	279	30.45	+6.95
14	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag	+0.70	270	30.76	+7.26
15	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.58	268	30.85	+7.35
16	Kian Saiold Villanueva	2013 Fuglafjarðar Svímjifelag	---	243	31.85	+8.35
17	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.83	234	32.28	+8.78
18	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	+0.70	231	32.41	+8.91
19	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag	+0.69	225	32.68	+9.18
20	Elias Í Lágabø	2014 Suðuroyar Svímjifelag	+0.73	208	33.56	+10.06

Úrslit

Kapping 18, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
21	Tien Rasmussen	2012 Havnar Svímjifelag	+0.90	199	34.08	+10.58
22	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti	---	197	34.17	+10.67
23	Sævar Strøm	2014 Suðuroyar Svímjifelag	+0.53	194	34.34	+10.84
24	Bjarni Pálsson	2013 Svímjifelagið Flot	+0.94	190	34.56	+11.06
25	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag	+0.56	167	36.11	+12.61
26	Ian Strøm	2015 Suðuroyar Svímjifelag	+0.74	143	38.03	+14.53
27	Jonnhard Winther	2015 Suðuroyar Svímjifelag	+0.61	138	38.50	+15.00
28	Bárður Rógvason	2013 Suðuroyar Svímjifelag	+0.79	130	39.25	+15.75
29	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	+0.65	129	39.33	+15.83
30	Tóki Niklasson Poulsen	2013 Svímjifelagið Flot	---	115	40.83	+17.33
31	Benjamin Clementsen	2012 Suðuroyar Svímjifelag	+0.92	110	41.53	+18.03
32	Magni S. Olsen	2013 Svímjifelagið Flot	---	107	41.89	+18.39
33	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag	+0.92	91	44.12	+20.62
34	Petur Óli Midjord	2014 Svímjifelagið Hellufossur	---	89	44.55	+21.05
35	Óðin Renésson	2015 Havnar Svímjifelag	+1.04	82	45.78	+22.28
36	Kári P. Debess	2016 Svímjifelagið Hellufossur	+0.82	37	59.53	+36.03
-	Hanus Lydersen	2006 Svímjifelagið Ægir	+0.65		DSQ	
	SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)					
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag	---		DNS	
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag	---		DNS	
-	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	---		DNS	
-	Natanael A. Matras	2002 Svímjifelagið Ægir	---		DNS	
-	Andrias Mellemgard	S9 2009 Havnar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 11:47:26

Kapping 19, 50m Bringu Kvinnur - Final

FAR 32.22 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Kirkwall (GBR) 14.07.2025
 FAR.JR 32.22 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Kirkwall (GBR) 14.07.2025

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.80	658	32.61	
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.72	509	35.52	+2.91
3	Talita Johannesen	2010 Suðuroyar Svímjifelag	---	474	36.37	+3.76
4	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.68	433	37.48	+4.87
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.73	358	39.93	+7.32
6	India Linnea Bech	2011 Havnar Svímjifelag	+0.79	313	41.75	+9.14
7	Delaila H. Gregersen	2013 Svímjifelagið Ægir	+0.77	177	50.48	+17.87
8	Elisabet Leivsdóttir	2014 Havnar Svímjifelag	+0.66	173	50.83	+18.22
9	Olivia Johnsdóttir	2013 Svímjifelagið Ægir	+0.77	163	51.92	+19.31
10	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir	+0.84	150	53.38	+20.77
11	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag	+0.79	147	53.72	+21.11
12	Urd Jákupsdóttir	2015 Havnar Svímjifelag	---	131	55.86	+23.25
13	Annabella Annbrittardóttur Henrik	2014 Havnar Svímjifelag	+0.76	116	58.04	+25.43
14	Katrina Mc Intosh	2015 Havnar Svímjifelag	+0.95	110	59.05	+26.44
15	Simona B. Jacobsen	2012 Svímjifelagið Flot	+0.72	102	1:00.64	+28.03
16	Thorborg Joensen	2014 Havnar Svímjifelag	+0.73	101	1:00.89	+28.28
17	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag	+0.76	99	1:01.20	+28.59
18	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag	+0.84	98	1:01.44	+28.83
19	Anna K. Lydersen	2013 Svímjifelagið Ægir	---	92	1:02.82	+30.21
20	Lilja Thomsen	2011 Havnar Svímjifelag	---	92	1:02.83	+30.22

Úrslit

Kapping 19, 50m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
21	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag	+0.69	83	1:05.00	+32.39
22	Mira Sumberg	2014 Havnar Svímjifelag	+0.94	77	1:06.60	+33.99
23	Sissal Ró Petersen	2013 Svímjifelagið Ægir	+0.72	75	1:07.08	+34.47
24	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag	---	71	1:08.23	+35.62
25	Simona K. á Høvdanum	2016 Svímjifelagið Reysti	---	65	1:10.45	+37.84
26	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag	+0.89	60	1:12.43	+39.82
-	Ingeborg Vinther	2015 Suðuroyar Svímjifelag	+0.33		DSQ	
	SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)					
	Kapping almenn: 25.10.2025 15:16:39					

Kapping 20, 50m Bringu Menn - Final

FAR	27.83	2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	15.07.2025		
FAR.JR	29.00	Róland Toftum	1998 Torshavn (FRO)	18.09.2016		
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bartal Erlingsson Eidesgaard	2003 Havnar Svímjifelag	+0.66	578	29.95	
2	Tórir Olsen	2011 Svímjifelagið Ægir	---	331	36.05	+6.10
3	Lukas Bessason	2007 Svímjifelagið Ægir	+0.69	297	37.36	+7.41
4	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.76	236	40.35	+10.40
5	Símun Eliassen	2011 Havnar Svímjifelag	+0.62	216	41.58	+11.63
6	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag	---	211	41.86	+11.91
7	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	+0.78	186	43.65	+13.70
8	Kian Saiold Villanueva	2013 Fuglafjarðar Svímjifelag	+0.74	183	43.92	+13.97
9	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag	---	181	44.04	+14.09
10	Elias Í Lágabø	2014 Suðuroyar Svímjifelag	+0.80	156	46.27	+16.32
11	Sævar Strøm	2014 Suðuroyar Svímjifelag	+0.67	135	48.56	+18.61
12	Benjamin Clementsen	2012 Suðuroyar Svímjifelag	+0.75	119	50.63	+20.68
13	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag	+0.69	115	51.29	+21.34
14	Ian Strøm	2015 Suðuroyar Svímjifelag	+0.80	98	53.99	+24.04
15	Bárður Rógvason	2013 Suðuroyar Svímjifelag	---	86	56.31	+26.36
16	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag	+0.75	86	56.51	+26.56
17	Jonnhard Winther	2015 Suðuroyar Svímjifelag	---	76	58.87	+28.92
18	Óðin Renésson	2015 Havnar Svímjifelag	+0.96	67	1:01.33	+31.38
19	Tóki Niklasson Poulsen	2013 Svímjifelagið Flot	+1.10	54	1:05.61	+35.66
-	Kári P. Debess	2016 Svímjifelagið Hellufossur	+0.90		DSQ	
	SW 7.3. Armar aftur um mjadnar (tó ikki fyrsta tak eftir start, vend)					
-	Magni S. Olsen	2013 Svímjifelagið Flot	+0.86		DSQ	
	SW 7.1. Meira enn eitt firvaldbeinspark áðrenn fyrsta bringubeinspark					
-	Bjarni Pálsson	2013 Svímjifelagið Flot	---		DSQ	
	SW 7.6. Hendurnar ikki samstundis í vegg í vending/mál					
-	Heini Mohr Askham	2006 Svímjifelagið Ægir	---		DNS	
-	Benjamin Havn	2011 Svímjifelagið Ægir	---		DNS	
-	Andrias Mellemggaard	SB9 2009 Havnar Svímjifelag	---		DNS	
	Kapping almenn: 25.10.2025 15:16:56					

Kapping 21, 200m Frí Kvinnur - Final

FAR	2:00.74	2001 Havnar Svímjifelag (FRO)	Gibraltar (GIB)	08.07.2019		
FAR.JR	2:02.18	2001 Havnar Svímjifelag (FRO)	Reykjavik (ISL)	02.12.2017		
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.81	530	2:16.30	
	50m: 32.12	100m: 1:06.76 (34.64)	150m: 1:42.32 (35.56)	200m: 2:16.30 (33.98)		
2	Lea Petersen	2009 Svímjifelagið Ægir	+0.65	511	2:17.96	+1.66
	50m: 31.76	100m: 1:06.33 (34.57)	150m: 1:41.98 (35.65)	200m: 2:17.96 (35.98)		

Úrslit

Kapping 21, 200m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Durita Mohr Askham	2008 Svímjifelagið Ægir	---	480	2:20.80	+4.50
	50m: 33.36	100m: 1:09.91 (36.55)	150m: 1:45.30 (35.39)	200m: 2:20.80 (35.50)		
4	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.74	429	2:26.22	+9.92
	50m: 33.69	100m: 1:11.02 (37.33)	150m: 1:49.24 (38.22)	200m: 2:26.22 (36.98)		
5	India Linnea Bech	2011 Havnar Svímjifelag	+0.78	310	2:42.94	+26.64
	50m: 37.52	100m: 1:18.97 (41.45)	150m: 2:01.81 (42.84)	200m: 2:42.94 (41.13)		
6	Elisabet Leivsdóttir	2014 Havnar Svímjifelag	+0.72	248	2:55.55	+39.25
	50m: 38.54	100m: 1:22.46 (43.92)	150m: 2:08.93 (46.47)	200m: 2:55.55 (46.62)		
7	Sólfrið H. Johannessen	2013 Svímjifelagið Ægir	+0.59	237	2:58.07	+41.77
	50m: 42.54	100m: 1:29.30 (46.76)	150m: 2:15.66 (46.36)	200m: 2:58.07 (42.41)		
8	Viktoria Klettskarð	2013 Svímjifelagið Ægir	---	229	3:00.09	+43.79
	50m: 40.59	100m: 1:26.43 (45.84)	150m: 2:13.91 (47.48)	200m: 3:00.09 (46.18)		
9	Hanna Lilja Jacobsen	2015 Svímjifelagið Ægir	+0.78	218	3:03.21	+46.91
	50m: 42.77	100m: 1:31.17 (48.40)	150m: 2:20.40 (49.23)	200m: 3:03.21 (42.81)		
10	Katrina Mc Intosh	2015 Havnar Svímjifelag	+0.94	195	3:10.14	+53.84
	50m: 43.44	100m: 1:32.22 (48.78)	150m: 2:23.98 (51.76)	200m: 3:10.14 (46.16)		
11	Randi Brim Hvidbro	2012 Svímjifelagið Ægir	---	186	3:13.13	+56.83
	50m: 40.97	100m: 1:32.54 (51.57)	150m: 2:23.38 (50.84)	200m: 3:13.13 (49.75)		
12	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir	+0.87	182	3:14.52	+58.22
	50m: 44.09	100m: 1:34.51 (50.42)	150m: 2:26.49 (51.98)	200m: 3:14.52 (48.03)		
13	Olivia Johnsdóttir	2013 Svímjifelagið Ægir	+0.85	174	3:17.38	+1:01.08
	50m: 42.90	100m: 1:32.52 (49.62)	150m: 2:24.50 (51.98)	200m: 3:17.38 (52.88)		
14	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag	---	155	3:24.96	+1:08.66
	50m: 47.05	100m: 1:41.29 (54.24)	150m: 2:35.28 (53.99)	200m: 3:24.96 (49.68)		
15	Thorborg Joensen	2014 Havnar Svímjifelag	+0.68	150	3:27.58	+1:11.28
	50m: 45.00	100m: 1:40.35 (55.35)	150m: 2:34.96 (54.61)	200m: 3:27.58 (52.62)		
16	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag	+0.54	149	3:27.77	+1:11.47
	50m: 46.27	100m: 1:40.20 (53.93)	150m: 2:36.59 (56.39)	200m: 3:27.77 (51.18)		
17	Annabella Annbrittardóttur Henrik	2014 Havnar Svímjifelag	+0.67	128	3:38.40	+1:22.10
	50m: 46.03	100m: 1:41.95 (55.92)	150m: 2:42.74 (1:00.79)	200m: 3:38.40 (55.66)		
18	Urd Jákupsdóttir	2015 Havnar Svímjifelag	---	125	3:40.59	+1:24.29
	50m: 45.94	100m: 1:42.96 (57.02)	150m: 2:39.16 (56.20)	200m: 3:40.59 (1:01.43)		
19	Sissal Ró Petersen	2013 Svímjifelagið Ægir	+0.74	123	3:41.42	+1:25.12
	50m: 50.68	100m: 1:48.35 (57.67)	150m: 2:48.70 (1:00.35)	200m: 3:41.42 (52.72)		
20	Mira Sumberg	2014 Havnar Svímjifelag	+0.97	106	3:52.39	+1:36.09
	50m: 50.56	100m: 1:52.10 (1:01.54)	150m: 2:53.57 (1:01.47)	200m: 3:52.39 (58.82)		
21	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag	---	105	3:53.59	+1:37.29
	50m: 51.14	100m: 1:52.94 (1:01.80)	150m: 2:54.57 (1:01.63)	200m: 3:53.59 (59.02)		

Kapping almenn: 25.10.2025 15:50:20

Kapping 22, 200m Frí Menn - Final

FAR 1:46.61 Pál Joensen 1990 Rijeka (CRO) 14.12.2008
 FAR.JR 1:46.61 Pál Joensen 1990 Rijeka (CRO) 14.12.2008

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag	---	524	2:02.28	
	50m: 28.51	100m: 1:00.17 (31.66)	150m: 1:31.54 (31.37)	200m: 2:02.28 (30.74)		
2	Andrass Thomsen	1982 Havnar Svímjifelag	---	435	2:10.14	+7.86
	50m: 29.68	100m: 1:01.95 (32.27)	150m: 1:35.86 (33.91)	200m: 2:10.14 (34.28)		
3	Theodor Salter	2011 Havnar Svímjifelag	+0.69	430	2:10.56	+8.28
	50m: 30.12	100m: 1:03.76 (33.64)	150m: 1:37.98 (34.22)	200m: 2:10.56 (32.58)		
4	Benjamin Havn	2011 Svímjifelagið Ægir	+0.51	418	2:11.88	+9.60
	50m: 30.78	100m: 1:04.86 (34.08)	150m: 1:39.40 (34.54)	200m: 2:11.88 (32.48)		
5	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.79	415	2:12.17	+9.89
	50m: 30.26	100m: 1:03.41 (33.15)	150m: 1:39.26 (35.85)	200m: 2:12.17 (32.91)		
6	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.73	362	2:18.36	+16.08
	50m: 30.34	100m: 1:05.15 (34.81)	150m: 1:42.96 (37.81)	200m: 2:18.36 (35.40)		
7	Teitur Miné Róason	2011 Havnar Svímjifelag	+0.59	328	2:22.88	+20.60
	50m: 30.67	100m: 1:07.30 (36.63)	150m: 1:45.43 (38.13)	200m: 2:22.88 (37.45)		
8	Jens Martin Dam	2009 Havnar Svímjifelag	+0.90	314	2:25.00	+22.72
	50m: 32.44	100m: 1:09.62 (37.18)	150m: 1:48.98 (39.36)	200m: 2:25.00 (36.02)		

Úrslit

Kapping 22, 200m Frí Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
9	Dávvur Eið	2012 Suðuroyar Svímjifelag	---	303	2:26.80	+24.52
	50m: 33.69	100m: 1:11.28 (37.59)			200m: 2:26.80 (36.61)	
10	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	+0.71	282	2:30.23	+27.95
	50m: 34.04	100m: 1:12.48 (38.44)			200m: 2:30.23 (38.80)	
11	Nóa Róason Stakksund	2011 Havnar Svímjifelag	+0.65	280	2:30.72	+28.44
	50m: 33.74	100m: 1:13.30 (39.56)			200m: 2:30.72 (36.17)	
12	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.81	255	2:35.36	+33.08
	50m: 34.23	100m: 1:13.78 (39.55)			200m: 2:35.36 (40.14)	
13	Kian Saiold Villanueva	2013 Fuglafjarðar Svímjifelag	---	254	2:35.63	+33.35
	50m: 34.40	100m: 1:14.08 (39.68)			200m: 2:35.63 (40.43)	
14	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag	+0.75	234	2:39.94	+37.66
	50m: 35.20	100m: 1:16.57 (41.37)			200m: 2:39.94 (40.76)	
15	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag	+0.61	229	2:41.01	+38.73
	50m: 37.03	100m: 1:18.54 (41.51)			200m: 2:41.01 (40.07)	
16	Elias Í Lágabø	2014 Suðuroyar Svímjifelag	+0.77	221	2:42.94	+40.66
	50m: 35.62	100m: 1:17.50 (41.88)			200m: 2:42.94 (40.46)	
17	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti	+0.69	158	3:02.38	+1:00.10
	50m: 39.15	100m: 1:26.55 (47.40)			200m: 3:02.38 (47.58)	
18	Tien Rasmussen	2012 Havnar Svímjifelag	+0.88	144	3:08.05	+1:05.77
	50m: 40.37	100m: 1:30.61 (50.24)			200m: 3:08.05 (46.46)	
19	Bjarni Pálsson	2013 Svímjifelagið Flot	+0.87	130	3:14.52	+1:12.24
	50m: 38.56	100m: 1:31.29 (52.73)			200m: 3:14.52 (52.78)	
20	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag	+0.94	107	3:27.65	+1:25.37
	50m: 47.12	100m: 1:43.01 (55.89)			200m: 3:27.65 (51.75)	
21	Óðin Renésson	2015 Havnar Svímjifelag	+1.08	97	3:34.31	+1:32.03
	50m: 50.61	100m: 1:47.49 (56.88)			200m: 3:34.31 (51.08)	
22	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag	---	95	3:35.59	+1:33.31
	50m: 49.68	100m: 1:47.12 (57.44)			200m: 3:35.59 (51.06)	
23	Magni S. Olsen	2013 Svímjifelagið Flot	+0.82	91	3:38.53	+1:36.25
	50m: 45.31	100m: 1:42.31 (57.00)			200m: 3:38.53 (57.28)	
-	Bárður Rógvason	2013 Suðuroyar Svímjifelag	---		DSQ	
	SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)					
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 15:50:37

Kapping 23, 100m Rygg Kvinnur - Final

FAR 1:00.26 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Kirkwall (GBR) 15.07.2025
 FAR.JR 1:00.50 Signhild Joensen 2000 Ægir Klaksvik (FRO) Reykjavik (ISL) 01.12.2017

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta Í Lágabø	2009 Suðuroyar Svímjifelag	+0.65	549	1:05.96	
	50m: 31.50	100m: 1:05.96 (34.46)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.65	476	1:09.17	+3.21
	50m: 33.45	100m: 1:09.17 (35.72)				
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.70	420	1:12.10	+6.14
	50m: 35.18	100m: 1:12.10 (36.92)				
4	Jórun Winther	2011 Suðuroyar Svímjifelag	+0.66	418	1:12.21	+6.25
	50m: 35.02	100m: 1:12.21 (37.19)				
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag	+0.76	404	1:13.05	+7.09
	50m: 34.90	100m: 1:13.05 (38.15)				
6	Lilja Sørensen	2011 Havnar Svímjifelag	+0.93	287	1:21.81	+15.85
	50m: 40.34	100m: 1:21.81 (41.47)				
7	Lea Í Trøðini	2011 Suðuroyar Svímjifelag	+0.71	263	1:24.30	+18.34
	50m: 40.90	100m: 1:24.30 (43.40)				
8	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.70	232	1:27.82	+21.86
	50m: 40.82	100m: 1:27.82 (47.00)				
9	Simona B. Jacobsen	2012 Svímjifelagið Flot	+1.12	184	1:34.91	+28.95
	50m: 45.89	100m: 1:34.91 (49.02)				
10	Elisabet Leivsdóttir	2014 Havnar Svímjifelag	+1.04	149	1:41.79	+35.83
	50m: 46.90	100m: 1:41.79 (54.89)				

Úrslit

Kapping 23, 100m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
11	Thorborg Joensen 50m: 49.16	2014 Havnar Svímjifelag 100m: 1:44.79 (55.63)	+0.76	136	1:44.79	+38.83
12	Maifríð Skibenæs 50m: 50.26	2013 Svímjifelagið Flot 100m: 1:45.80 (55.54)	+0.69	133	1:45.80	+39.84
13	Kaya Ziska Hofgaard 50m: 52.97	2014 Havnar Svímjifelag 100m: 1:48.82 (55.85)	+0.92	122	1:48.82	+42.86
14	Helena Jacobsen 50m: 53.73	2015 Svímjifelagið Hellufossur 100m: 1:50.27 (56.54)	+1.06	117	1:50.27	+44.31
15	Tóta Sofía Gudmundsen 50m: 53.24	2014 Suðuroyar Svímjifelag 100m: 1:50.72 (57.48)	+1.12	116	1:50.72	+44.76
16	Abigail V. Christiansen 50m: 53.65	2014 Svímjifelagið Hellufossur 100m: 1:50.75 (57.10)	+1.12	116	1:50.75	+44.79
17	Ingeborg Vinther 50m: 54.88	2015 Suðuroyar Svímjifelag 100m: 1:54.07 (59.19)	+0.66	106	1:54.07	+48.11
18	Annabella Annbrittardóttur Henrik 50m: 57.54	2014 Havnar Svímjifelag 100m: 1:59.90 (1:02.36)	+0.81	91	1:59.90	+53.94
19	Lilja Thomasen 50m: 58.47	2011 Havnar Svímjifelag 100m: 2:11.80 (1:13.33)	+1.06	68	2:11.80	+1:05.84
20	Ingrid M. Midjord 50m: 1:04.87	2016 Svímjifelagið Hellufossur 100m: 2:15.95 (1:11.08)	+0.78	62	2:15.95	+1:09.99
21	Guðrun Fornagarð 50m: 1:06.49	2013 Suðuroyar Svímjifelag 100m: 2:16.56 (1:10.07)	+0.90	61	2:16.56	+1:10.60
22	Emilia G. Madsen 50m: 1:06.91	2015 Svímjifelagið Hellufossur 100m: 2:21.13 (1:14.22)	+0.87	56	2:21.13	+1:15.17
23	Judit Ørvarodd 50m: 1:09.91	2015 Svímjifelagið Hellufossur 100m: 2:22.95 (1:13.04)	+0.72	53	2:22.95	+1:16.99

Kapping almenn: 25.10.2025 16:41:18

Kapping 24, 100m Rygg Menn - Final

FAR 54.45 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012
 FAR.JR 54.45 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Terji Kjærbo 50m: 34.73	2012 Suðuroyar Svímjifelag 100m: 1:12.17 (37.44)	+0.63	300	1:12.17	
2	Benjamin Havn 50m: 36.27	2011 Svímjifelagið Ægir 100m: 1:14.32 (38.05)	+0.77	275	1:14.32	+2.15
3	Jógvan Vesturtún 50m: 40.75	2013 Fuglafjarðar Svímjifelag 100m: 1:22.47 (41.72)	+0.78	201	1:22.47	+10.30
4	Símun Eliassen 50m: 40.41	2011 Havnar Svímjifelag 100m: 1:24.23 (43.82)	+1.01	188	1:24.23	+12.06
5	Fróði Bárðarson Dahl 50m: 40.85	2013 Havnar Svímjifelag 100m: 1:25.37 (44.52)	+0.83	181	1:25.37	+13.20
6	Bragi Bjarnason 50m: 42.19	2012 Havnar Svímjifelag 100m: 1:27.43 (45.24)	+0.84	168	1:27.43	+15.26
7	Elias Í Lágabø 50m: 42.37	2014 Suðuroyar Svímjifelag 100m: 1:28.27 (45.90)	+0.84	164	1:28.27	+16.10
8	Bænadikt Helig Eliassen 50m: 45.54	2013 Fuglafjarðar Svímjifelag 100m: 1:34.71 (49.17)	+0.83	132	1:34.71	+22.54
9	Sævar Strøm 50m: 46.46	2014 Suðuroyar Svímjifelag 100m: 1:35.47 (49.01)	+0.72	129	1:35.47	+23.30
10	Petur Eli K. á Høvdanum 50m: 46.06	2015 Svímjifelagið Reysti 100m: 1:35.66 (49.60)	+0.72	128	1:35.66	+23.49
11	Jonnhard Winther 50m: 47.81	2015 Suðuroyar Svímjifelag 100m: 1:36.88 (49.07)	+0.93	124	1:36.88	+24.71
12	Benjamin Clementsen 50m: 48.36	2012 Suðuroyar Svímjifelag 100m: 1:41.00 (52.64)	+1.03	109	1:41.00	+28.83
13	Bárður Rógvason 50m: 50.69	2013 Suðuroyar Svímjifelag 100m: 1:44.81 (54.12)	+1.03	98	1:44.81	+32.64
14	Tóki Niklasson Poulsen 50m: 53.05	2013 Svímjifelagið Flot 100m: 1:48.35 (55.30)	+0.76	88	1:48.35	+36.18

Úrslit

Kapping 24, 100m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
15	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag	+0.80	69	1:57.42	+45.25
	50m: 57.59	100m: 1:57.42 (59.83)				
16	Ian Strøm	2015 Suðuroyar Svímjifelag	+0.78	66	1:59.35	+47.18
	50m: 55.24	100m: 1:59.35 (1:04.11)				
-	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.71		DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend					
-	Kian Sairoid Villanueva	2013 Fuglafjarðar Svímjifelag	+0.97		DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend					
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag	---		DNS	
-	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 16:41:35

Kapping 25, 200m Firvald Kvinnur - Final

FAR	2:18.67	1996	Jersey (GBR)	02.07.2015		
FAR.JR	2:19.67	Jóhanna Ólavsdóttir	2007 Kirkwall (GBR)	17.07.2025		
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	+0.64	566	2:24.24	(37.79)
	50m: 31.61	100m: 1:08.73 (37.12)			150m: 1:46.45 (37.72)	200m: 2:24.24 (37.79)
-	Halla Háfoss	2009 Havnar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 16:41:46

Kapping 26, 200m Firvald Menn - Final

FAR	1:59.39	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024	
FAR.JR	1:59.39	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag	+0.69	625	2:04.96	(32.54)
	50m: 28.10	100m: 59.99 (31.89)			150m: 1:32.42 (32.43)	200m: 2:04.96 (32.54)
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.68	524	2:12.51	+7.55
	50m: 29.20	100m: 1:02.51 (33.31)			150m: 1:37.22 (34.71)	200m: 2:12.51 (35.29)
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	---	305	2:38.69	+33.73
	50m: 35.32	100m: 1:16.40 (41.08)			150m: 1:58.32 (41.92)	200m: 2:38.69 (40.37)

Kapping almenn: 25.10.2025 16:41:57

Kapping 27, 200m Bringu Kvinnur - Final

FAR	2:31.59	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Vejle (DEN)	01.12.2024	
FAR.JR	2:31.59	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Vejle (DEN)	01.12.2024	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	India Linnea Bech	2011 Havnar Svímjifelag	+0.78	332	3:11.25	(48.94)
	50m: 43.47	100m: 1:32.73 (49.26)			150m: 2:22.31 (49.58)	200m: 3:11.25 (48.94)
2	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.73	256	3:28.50	+17.25
	50m: 45.64	100m: 1:39.22 (53.58)			150m: 2:34.22 (55.00)	200m: 3:28.50 (54.28)
3	Viktoría Klettskarð	2013 Svímjifelagið Ægir	---	156	4:05.80	+54.55
	50m: 53.71	100m: 1:57.52 (1:03.81)			150m: 3:02.68 (1:05.16)	200m: 4:05.80 (1:03.12)
4	Elisabet Leivsdóttir	2014 Havnar Svímjifelag	---	144	4:12.41	+1:01.16
	50m: 55.02	100m: 2:01.76 (1:06.74)			150m: 3:06.98 (1:05.22)	200m: 4:12.41 (1:05.43)
5	Urd Jákupsdóttir	2015 Havnar Svímjifelag	+0.82	140	4:14.79	+1:03.54
	50m: 56.17	100m: 2:04.82 (1:08.65)			150m: 3:10.79 (1:05.97)	200m: 4:14.79 (1:04.00)
6	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag	---	127	4:23.41	+1:12.16
	50m: 1:03.82	100m: 2:11.13 (1:07.31)			150m: 3:17.89 (1:06.76)	200m: 4:23.41 (1:05.52)
7	Annabella Annbriardóttur Henrik	2014 Havnar Svímjifelag	+0.62	122	4:27.10	+1:15.85
	50m: 1:01.49	100m: 2:10.38 (1:08.89)			150m: 3:19.79 (1:09.41)	200m: 4:27.10 (1:07.31)
8	Thorborg Joensen	2014 Havnar Svímjifelag	+0.84	118	4:29.98	+1:18.73
	50m: 1:01.62	100m: 2:12.05 (1:10.43)			150m: 3:19.97 (1:07.92)	200m: 4:29.98 (1:10.01)
-	Mira Sumberg	2014 Havnar Svímjifelag	+0.65		DSQ	
	SW 7.6. Hendurnar ikki samstundis í vegg í vending/mál					
-	Julia Amona Ludvig	2013 Suðuroyar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 17:05:26

Kapping 28, 200m Bringu Menn - Final

Úrslit

Kapping 28, 200m Bringu Menn - Final

FAR 2:14.82 Pál Joensen 1990 Jersey (GBR) 02.07.2015
 FAR.JR 2:18.95 Rókur Trygvason 2000 Ægir Klaksvik (FRO) Torshavn (FRO) 26.10.2018

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Aleks Uadhaw Thomsen 50m: 43.70	2013 Havnar Svímjifelag 100m: 1:33.47 (49.77) 150m: 2:24.37	+0.68	235	3:14.71	(50.34)
2	Nóa Róason Stakksund 50m: 44.35	2011 Havnar Svímjifelag 100m: 1:37.30 (52.95) 150m: 2:31.35	---	207	3:23.07	+8.36 (51.72)
3	Lukas Finsson Ellingsgaard 50m: 1:10.97	2016 Havnar Svímjifelag 100m: 2:25.01 (1:14.04) 150m: 3:39.00	---	68	4:53.11	+1:38.40 (1:14.11)
4	Tóki Niklasson Poulsen 50m: 1:04.89	2013 Svímjifelagið Flot 100m: 2:18.68 (1:13.79) 150m: 3:28.90	---	68	4:53.22	+1:38.51 (1:24.32)
-	Bjarti Karbech í Hjøllum SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)	2015 Havnar Svímjifelag	+0.66		DSQ	
-	Sævar Strøm SW 7.1. Meira enn eitt firvaldbeinspark áðrenn fyrsta bringubeinspark	2014 Suðuroyar Svímjifelag	---		DSQ	
-	Heini Mohr Askham	2006 Svímjifelagið Ægir	---		DNS	
-	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 17:22:50

Kapping 29, 100m Frí Kvinnur - Final

FAR 56.21 2001 Havnar Svímjifelag (FRO) Melbourne (AUS) 14.12.2022
 FAR.JR 56.98 2001 Havnar Svímjifelag (FRO) Reykjavik (ISL) 02.12.2017

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Jórun Winther 50m: 29.30	2011 Suðuroyar Svímjifelag 100m: 1:01.38 (32.08)	+0.78	548	1:01.38	
2	Durita Mohr Askham 50m: 29.78	2008 Svímjifelagið Ægir 100m: 1:01.92 (32.14)	+0.72	534	1:01.92	+0.54
3	Emma Debes 50m: 31.39	2010 Suðuroyar Svímjifelag 100m: 1:04.21 (32.82)	+0.74	479	1:04.21	+2.83
4	Lilja Lenvig Harrysdóttir 50m: 30.76	2009 Havnar Svímjifelag 100m: 1:05.14 (34.38)	---	459	1:05.14	+3.76
5	Sirið Vesturtún 50m: 31.25	2011 Fuglafjarðar Svímjifelag 100m: 1:05.29 (34.04)	+0.71	455	1:05.29	+3.91
6	Halla Háfoss 50m: 31.67	2009 Havnar Svímjifelag 100m: 1:06.25 (34.58)	+0.80	436	1:06.25	+4.87
7	Sissal Rógvadóttir 50m: 32.39	2010 Suðuroyar Svímjifelag 100m: 1:06.65 (34.26)	+0.69	428	1:06.65	+5.27
8	Talita Johannesen 50m: 31.73	2010 Suðuroyar Svímjifelag 100m: 1:07.65 (35.92)	+0.67	409	1:07.65	+6.27
9	Lilja Sørensen 50m: 34.61	2011 Havnar Svímjifelag 100m: 1:12.26 (37.65)	---	336	1:12.26	+10.88
10	Lea í Trøðini 50m: 35.41	2011 Suðuroyar Svímjifelag 100m: 1:13.99 (38.58)	+0.70	313	1:13.99	+12.61
11	India Linnea Bech 50m: 36.60	2011 Havnar Svímjifelag 100m: 1:15.50 (38.90)	+0.73	294	1:15.50	+14.12
12	Randi Brim Hvidbro 50m: 36.32	2012 Svímjifelagið Ægir 100m: 1:17.67 (41.35)	+0.78	270	1:17.67	+16.29
13	Sólfríð H. Johannesen 50m: 38.72	2013 Svímjifelagið Ægir 100m: 1:19.61 (40.89)	+0.71	251	1:19.61	+18.23
14	Elisabet Leivsdóttir 50m: 37.81	2014 Havnar Svímjifelag 100m: 1:21.16 (43.35)	---	237	1:21.16	+19.78
15	Hanna Lilja Jacobsen 50m: 39.17	2015 Svímjifelagið Ægir 100m: 1:23.47 (44.30)	---	218	1:23.47	+22.09
16	Katrina Mc Intosh 50m: 39.15	2015 Havnar Svímjifelag 100m: 1:25.15 (46.00)	+0.87	205	1:25.15	+23.77
17	Delaila H. Gregersen 50m: 41.91	2013 Svímjifelagið Ægir 100m: 1:26.32 (44.41)	+0.79	197	1:26.32	+24.94
18	Olivia Johnsdóttir 50m: 41.72	2013 Svímjifelagið Ægir 100m: 1:28.48 (46.76)	+0.78	183	1:28.48	+27.10

Úrslit

Kapping 29, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
19	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir	+0.84	175	1:29.69	+28.31
	50m: 43.22	100m: 1:29.69 (46.47)				
20	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir	---	167	1:31.08	+29.70
	50m: 42.79	100m: 1:31.08 (48.29)				
21	Thorborg Joensen	2014 Havnar Svímjifelag	+0.62	161	1:32.25	+30.87
	50m: 43.83	100m: 1:32.25 (48.42)				
22	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag	+0.88	157	1:33.07	+31.69
	50m: 43.97	100m: 1:33.07 (49.10)				
23	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag	+0.83	147	1:35.19	+33.81
	50m: 44.75	100m: 1:35.19 (50.44)				
24	Maifríð Skibenæs	2013 Svímjifelagið Flot	+0.78	141	1:36.45	+35.07
	50m: 44.32	100m: 1:36.45 (52.13)				
25	Helena Jacobsen	2015 Svímjifelagið Hellufossur	+0.77	138	1:37.04	+35.66
	50m: 45.09	100m: 1:37.04 (51.95)				
26	Urd Jákupsdóttir	2015 Havnar Svímjifelag	---	127	1:39.96	+38.58
	50m: 46.31	100m: 1:39.96 (53.65)				
27	Abigail V. Christiansen	2014 Svímjifelagið Hellufossur	+0.87	124	1:40.56	+39.18
	50m: 46.77	100m: 1:40.56 (53.79)				
28	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag	---	123	1:40.77	+39.39
	50m: 47.23	100m: 1:40.77 (53.54)				
29	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag	---	121	1:41.35	+39.97
	50m: 49.14	100m: 1:41.35 (52.21)				
30	Sissal Ró Petersen	2013 Svímjifelagið Ægir	+0.61	119	1:41.99	+40.61
	50m: 48.80	100m: 1:41.99 (53.19)				
31	Anna K. Lydersen	2013 Svímjifelagið Ægir	+0.68	111	1:44.34	+42.96
	50m: 48.51	100m: 1:44.34 (55.83)				
32	Annabella Annbrittardóttur Henrik	2014 Havnar Svímjifelag	+0.60	105	1:46.29	+44.91
	50m: 47.69	100m: 1:46.29 (58.60)				
33	Ingeborg Vinther	2015 Suðuroyar Svímjifelag	---	105	1:46.35	+44.97
	50m: 48.22	100m: 1:46.35 (58.13)				
34	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag	---	100	1:48.13	+46.75
	50m: 50.16	100m: 1:48.13 (57.97)				
35	Mira Sumberg	2014 Havnar Svímjifelag	+0.92	95	1:49.80	+48.42
	50m: 51.10	100m: 1:49.80 (58.70)				
36	Lilja Thomsen	2011 Havnar Svímjifelag	---	94	1:50.29	+48.91
	50m: 50.58	100m: 1:50.29 (59.71)				
37	Guðrun Fornagarð	2013 Suðuroyar Svímjifelag	+0.98	67	2:03.40	+1:02.02
	50m: 58.80	100m: 2:03.40 (1:04.60)				
38	Judit Ørvarodd	2015 Svímjifelagið Hellufossur	+0.98	53	2:13.35	+1:11.97
	50m: 1:03.81	100m: 2:13.35 (1:09.54)				
39	Emilia G. Madsen	2015 Svímjifelagið Hellufossur	---	41	2:25.37	+1:23.99
	50m: 1:01.91	100m: 2:25.37 (1:23.46)				
-	Ingrid M. Midjord	2016 Svímjifelagið Hellufossur	---		DSQ	
	SW 4.4. Tjóvstartur (startari og yvirdómari skulu vera samdir)					

Kapping almenn: 25.10.2025 17:26:47

Kapping 30, 100m Frí Menn - Final

FAR	49.27		2003 Havnar Svímjifelag (FRO)	Kirkwall (GBR)	16.07.2025	
FAR.JR	50.43	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	08.11.2024	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.65	495	56.68	
	50m: 27.63	100m: 56.68 (29.05)				
2	Tórir Olsen	2011 Svímjifelagið Ægir	+0.72	471	57.62	+0.94
	50m: 27.79	100m: 57.62 (29.83)				
3	Lukas Besson	2007 Svímjifelagið Ægir	---	453	58.36	+1.68
	50m: 27.41	100m: 58.36 (30.95)				
4	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.56	445	58.72	+2.04
	50m: 27.98	100m: 58.72 (30.74)				
5	Benjamin Havn	2011 Svímjifelagið Ægir	+0.60	397	1:00.98	+4.30
	50m: 29.41	100m: 1:00.98 (31.57)				

Úrslit

Kapping 30, 100m Frí Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
6	Teitur Miné Róason 50m: 30.25	2011 Havnar Svímjifelag 100m: 1:03.92 (33.67)	+0.61	345	1:03.92	+7.24
7	Fríðálvur Eliassen 50m: 31.23	2011 Fuglafjarðar Svímjifelag 100m: 1:04.33 (33.10)	+0.82	338	1:04.33	+7.65
8	Jens Martin Dam 50m: 31.27	2009 Havnar Svímjifelag 100m: 1:06.32 (35.05)	+0.87	309	1:06.32	+9.64
9	Dávur Eið 50m: 32.11	2012 Suðuroyar Svímjifelag 100m: 1:07.16 (35.05)	+0.67	297	1:07.16	+10.48
10	Símun Eliassen 50m: 32.04	2011 Havnar Svímjifelag 100m: 1:08.84 (36.80)	+0.55	276	1:08.84	+12.16
11	Terji Kjærbo 50m: 33.36	2012 Suðuroyar Svímjifelag 100m: 1:09.24 (35.88)	+0.75	271	1:09.24	+12.56
12	Nóa Róason Stakksund 50m: 32.70	2011 Havnar Svímjifelag 100m: 1:09.58 (36.88)	---	267	1:09.58	+12.90
13	Jógvan Vesturtún 50m: 34.09	2013 Fuglafjarðar Svímjifelag 100m: 1:10.11 (36.02)	+0.70	261	1:10.11	+13.43
14	Kian Sairol Villanueva 50m: 34.63	2013 Fuglafjarðar Svímjifelag 100m: 1:10.39 (35.76)	+0.74	258	1:10.39	+13.71
15	Fróði Bárðarson Dahl 50m: 33.69	2013 Havnar Svímjifelag 100m: 1:10.57 (36.88)	+0.72	256	1:10.57	+13.89
16	Aleks Uadhaw Thomsen 50m: 34.39	2013 Havnar Svímjifelag 100m: 1:12.22 (37.83)	+0.64	239	1:12.22	+15.54
17	Eliás Í Lágabø 50m: 36.78	2014 Suðuroyar Svímjifelag 100m: 1:18.16 (41.38)	+0.74	188	1:18.16	+21.48
18	Tien Rasmussen 50m: 38.39	2012 Havnar Svímjifelag 100m: 1:19.11 (40.72)	+0.88	182	1:19.11	+22.43
19	Petur Eli K. á Høvdanum 50m: 38.24	2015 Svímjifelagið Reysti 100m: 1:20.19 (41.95)	---	174	1:20.19	+23.51
20	Sævar Strøm 50m: 38.20	2014 Suðuroyar Svímjifelag 100m: 1:22.06 (43.86)	---	163	1:22.06	+25.38
21	Bænadikt Helig Eliassen 50m: 39.37	2013 Fuglafjarðar Svímjifelag 100m: 1:22.64 (43.27)	+0.62	159	1:22.64	+25.96
22	Bjarni Pálsson 50m: 36.59	2013 Svímjifelagið Flot 100m: 1:25.15 (48.56)	+0.89	146	1:25.15	+28.47
23	Jonhard Winther 50m: 41.18	2015 Suðuroyar Svímjifelag 100m: 1:27.31 (46.13)	+0.79	135	1:27.31	+30.63
24	Bárður Rógvason 50m: 42.67	2013 Suðuroyar Svímjifelag 100m: 1:29.63 (46.96)	+0.65	125	1:29.63	+32.95
25	Benjamin Clementsen 50m: 42.19	2012 Suðuroyar Svímjifelag 100m: 1:32.73 (50.54)	+0.88	113	1:32.73	+36.05
26	Ian Strøm 50m: 43.04	2015 Suðuroyar Svímjifelag 100m: 1:35.88 (52.84)	+0.57	102	1:35.88	+39.20
27	Sofus Rúnason Johannesen 50m: 43.60	2012 Havnar Svímjifelag 100m: 1:36.98 (53.38)	---	98	1:36.98	+40.30
28	Bjarti Karbech í Hjøllum 50m: 48.13	2015 Havnar Svímjifelag 100m: 1:39.13 (51.00)	+0.58	92	1:39.13	+42.45
29	Magni S. Olsen 50m: 44.86	2013 Svímjifelagið Flot 100m: 1:39.14 (54.28)	---	92	1:39.14	+42.46
30	Óðin Renésson 50m: 48.63	2015 Havnar Svímjifelag 100m: 1:39.24 (50.61)	+1.01	92	1:39.24	+42.56
31	Tóki Niklasson Poulsen 50m: 46.16	2013 Svímjifelagið Flot 100m: 1:42.17 (56.01)	---	84	1:42.17	+45.49
32	Lukas Finsson Ellingsgaard 50m: 49.73	2016 Havnar Svímjifelag 100m: 1:49.01 (59.28)	---	69	1:49.01	+52.33
33	Kári P. Debess 50m: 1:07.12	2016 Svímjifelagið Hellufossur 100m: 2:24.26 (1:17.14)	---	30	2:24.26	+1:27.58
-	Bragi Bjarnason	2012 Havnar Svímjifelag	---		DNS	
-	Andrias Mellemegaard	S9 2009 Havnar Svímjifelag	---		DNS	
-	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	---		DNS	

Úrslit

Kapping 30, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
	Kapping almenn: 25.10.2025 17:44:24					

Kapping 31, 400m Blandað Kvinnur - Final

FAR	4:50.30	Sára R. Nysted	2001	Bergen (NOR)		12.12.2015
FAR.JR	4:50.30	Sára R. Nysted	2001	Bergen (NOR)		12.12.2015

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.65	488	5:24.42	
	50m: 35.05	100m: 1:17.09 (42.04)	150m: 1:58.03 (40.94)	200m: 2:38.48 (40.45)		
	250m: 3:24.72 (46.24)	300m: 4:11.48 (46.76)	350m: 4:48.73 (37.25)	400m: 5:24.42 (35.69)		
	Kapping almenn: 25.10.2025 17:52:49					

Kapping 32, 400m Blandað Menn - Final

FAR	4:18.97	Pál Joensen	1990	Torshavn (FRO)		15.04.2012
FAR.JR	4:26.12	Alvi Hjelm	1996 Ægir Klaksvik (FRO)	Upplands Vaesby (SWE)		13.12.2014

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bragi Bjarnason	2012 Havnar Svímjifelag	+0.79	209	6:35.14	
	50m: 40.46	100m: 1:33.77 (53.31)	150m: 2:22.51 (48.74)	200m: 3:11.29 (48.78)		
	250m: 4:10.71 (59.42)	300m: 5:09.92 (59.21)	350m: 5:53.08 (43.16)	400m: 6:35.14 (42.06)		
	Kapping almenn: 25.10.2025 17:52:28					

Kapping 33, 50m Firvald Kvinnur - Final

FAR	27.67	Kristina Elin Thomsen	1998	Torshavn (FRO)		11.05.2012
FAR.JR	27.67	Kristina Elin Thomsen	1998	Torshavn (FRO)		11.05.2012

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.73	547	29.27	
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	+0.70	503	30.10	+0.83
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir	---	488	30.39	+1.12
4	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag	+0.77	415	32.08	+2.81
5	Durita Mohr Askham	2008 Svímjifelagið Ægir	+0.74	408	32.26	+2.99
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	+0.74	396	32.58	+3.31
7	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.60	393	32.68	+3.41
8	Halla Háfoss	2009 Havnar Svímjifelag	+0.77	379	33.07	+3.80
9	Talita Johannesen	2010 Suðuroyar Svímjifelag	---	363	33.53	+4.26
10	Emma Debes	2010 Suðuroyar Svímjifelag	+0.71	346	34.09	+4.82
11	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	+0.50	336	34.41	+5.14
12	Lilja Sørensen	2011 Havnar Svímjifelag	+0.83	275	36.79	+7.52
13	Noomi Hella Jacobsen	2012 Havnar Svímjifelag	+0.70	234	38.83	+9.56
14	Delaila H. Gregersen	2013 Svímjifelagið Ægir	---	185	41.95	+12.68
15	Viktoria Klettskarð	2013 Svímjifelagið Ægir	+0.87	134	46.71	+17.44
16	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag	---	92	53.01	+23.74
17	Katrina Mc Intosh	2015 Havnar Svímjifelag	+0.88	86	54.12	+24.85
18	Annabella Annbrittardóttur Henrik	2014 Havnar Svímjifelag	+0.80	69	58.28	+29.01
19	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag	+0.84	53	1:03.35	+34.08
-	Hanna Lilja Jacobsen	2015 Svímjifelagið Ægir	+0.87		DSQ	
	SW 8.3. Ójavnt beinspark					
-	Anna K. Lydersen	2013 Svímjifelagið Ægir	---		DSQ	
	SW 8.2. Ójavnt armtak					
	Kapping almenn: 25.10.2025 17:52:20					

Kapping 34, 50m Firvald Menn - Final

FAR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)		18.11.2011
FAR.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)		18.11.2011

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag	+0.67	583	25.52	
2	Óli Mikkelsen	2008 Havnar Svímjifelag	+0.70	482	27.18	+1.66

Úrslit

Kapping 34, 50m Firvald Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
3	Bárður Ólavsson	2008 Svímjifelagið Ægir	+0.67	429	28.25	+2.73
4	Natanael A. Matras	2002 Svímjifelagið Ægir	+0.74	412	28.63	+3.11
5	Theodor Salter	2011 Havnar Svímjifelag	+0.70	402	28.88	+3.36
6	Bjarti Ludvig	2006 Suðuroyar Svímjifelag	+0.74	381	29.39	+3.87
7	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	+0.72	372	29.63	+4.11
8	Lukas Bessason	2007 Svímjifelagið Ægir	+0.71	351	30.20	+4.68
9	Haraldur Mortensen	2010 Suðuroyar Svímjifelag	+0.65	345	30.39	+4.87
10	Teitur Miné Róason	2011 Havnar Svímjifelag	+0.58	343	30.44	+4.92
11	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	+0.79	310	31.50	+5.98
12	Tórir Olsen	2011 Svímjifelagið Ægir	+0.73	309	31.52	+6.00
13	Benjamin Havn	2011 Svímjifelagið Ægir	+0.60	291	32.17	+6.65
14	Terji Kjærbo	2012 Suðuroyar Svímjifelag	+0.60	244	34.11	+8.59
15	Símun Eliassen	2011 Havnar Svímjifelag	+0.53	187	37.23	+11.71
16	Dávur Eið	2012 Suðuroyar Svímjifelag	+0.68	185	37.36	+11.84
17	Kian Saiold Villanueva	2013 Fuglafjarðar Svímjifelag	---	169	38.56	+13.04
18	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag	+0.81	164	38.88	+13.36
19	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag	+0.75	154	39.75	+14.23
20	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag	+0.74	150	40.09	+14.57
21	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag	---	137	41.27	+15.75
22	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti	+0.53	127	42.37	+16.85
23	Elias Í Lágabø	2014 Suðuroyar Svímjifelag	+0.82	96	46.51	+20.99
24	Sævar Strøm	2014 Suðuroyar Svímjifelag	+0.59	94	46.85	+21.33
25	Ian Strøm	2015 Suðuroyar Svímjifelag	+0.57	80	49.44	+23.92
26	Bárður Rógvason	2013 Suðuroyar Svímjifelag	+0.93	78	49.86	+24.34
27	Benjamin Clementsen	2012 Suðuroyar Svímjifelag	+0.88	69	51.96	+26.44
28	Jonnhard Winther	2015 Suðuroyar Svímjifelag	+0.66	59	54.46	+28.94
29	Tóki Niklasson Poulsen	2013 Svímjifelagið Flot	+1.14	42	1:01.24	+35.72
30	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag	---	35	1:04.62	+39.10
31	Óðin Renésson	2015 Havnar Svímjifelag	+0.85	27	1:10.72	+45.20
-	Jens Martin Dam	2009 Havnar Svímjifelag	+0.80		DSQ	
	SW 8.2. Armar ikki yvir vatni					
-	Magni S. Olsen	2013 Svímjifelagið Flot	+0.84		DSQ	
	SW 8.2. Ójavnt armtak					
-	Andrias Mellemgard	S9 2009 Havnar Svímjifelag	---		DNS	
-	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag	---		DNS	

Kapping almenn: 25.10.2025 18:20:06