



Úrslit

FM_JM á Langgeil 2025

Stað: Páls Hóll
Hylur: 50m

Fyrirtekari: Svímjísamband Føroya
Stevnudagur: jun 7, 2025 til jun 9, 2025

Kapping 1, 800m Frí Kvinnur Jr-Y - Tíðar Finala

FAR 9:06.88 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjífelag (FRO) Debrecen (HUN) 23.04.2022
FAR.JR 9:09.34 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjífelag (FRO) Broenshoej (DEN) 15.04.2016
FM-Kravtið LG: 12:04.18 - SG: 11:56.03

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjífelag	453	10:31.07	98,42 %	
Entry time: 10:21.25 (+9.82)						
	50m: 33.43	100m: 1:10.26 (36.83)	150m: 1:48.08 (37.82)	200m: 2:26.75 (38.67)		
	250m: 3:05.43 (38.68)	300m: 3:44.98 (39.55)	350m: 4:25.11 (40.13)	400m: 5:05.21 (40.10)		
	450m: 5:45.92 (40.71)	500m: 6:26.55 (40.63)	550m: 7:07.56 (41.01)	600m: 7:48.10 (40.54)		
	650m: 8:29.03 (40.93)	700m: 9:09.85 (40.82)	750m: 9:50.91 (41.06)	800m: 10:31.07 (40.16)		
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjífelag	391	11:02.96	95,86 %	
Entry time: 10:36.59 (+26.37)						
	50m: 34.24	100m: 1:13.70 (39.46)	150m: 1:54.99 (41.29)	200m: 2:36.52 (41.53)		
	250m: 3:19.27 (42.75)	300m: 4:01.53 (42.26)	350m: 4:43.64 (42.11)	400m: 5:26.25 (42.61)		
	450m: 6:08.99 (42.74)	500m: 6:51.30 (42.31)	550m: 7:33.61 (42.31)	600m: 8:15.76 (42.15)		
	650m: 8:57.92 (42.16)	700m: 9:39.59 (41.67)	750m: 10:21.90 (42.31)	800m: 11:02.96 (41.06)		
3	Ninna í Hjøllum	2009 Suðuroyar Svímjífelag	338	11:35.41	95,97 %	
Entry time: 11:08.49 (+26.92)						
	50m: 35.41	100m: 1:15.75 (40.34)	150m: 1:59.00 (43.25)	200m: 2:41.96 (42.96)		
	250m: 3:27.07 (45.11)	300m: 4:10.70 (43.63)	350m: 4:54.87 (44.17)	400m: 5:38.90 (44.03)		
	450m: 6:23.90 (45.00)	500m: 7:08.34 (44.44)	550m: 7:52.34 (44.00)	600m: 8:36.45 (44.11)		
	650m: 9:21.82 (45.37)	700m: 10:07.21 (45.39)	750m: 10:51.65 (44.44)	800m: 11:35.41 (43.76)		

Kapping almenn: 07.06.2025 09:49:55

Kapping 1, 800m Frí Kvinnur Jr-E - Tíðar Finala

FAR 9:06.88 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjífelag (FRO) Debrecen (HUN) 23.04.2022
FAR.JR 9:09.34 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjífelag (FRO) Broenshoej (DEN) 15.04.2016
FM-Kravtið LG: 12:04.18 - SG: 11:56.03

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjífelagið Ægir	522	10:01.87	95,57 %	
Entry time: 9:36.33 (+25.54)						
	50m: 32.83	100m: 1:09.41 (36.58)		200m: 2:25.00 (2:25.00)		
	250m: 3:02.13 (37.13)	300m: 3:40.26 (38.13)	350m: 4:18.35 (38.09)	400m: 4:56.72 (38.37)		
	450m: 5:34.19 (37.47)	500m: 6:12.39 (38.20)	550m: 6:50.86 (38.47)	600m: 7:29.70 (38.84)		
	650m: 8:07.62 (37.92)	700m: 8:45.72 (38.10)	750m: 9:23.81 (38.09)	800m: 10:01.87 (38.06)		

Kapping almenn: 07.06.2025 09:49:55

Kapping 1, 800m Frí Kvinnur FM - Tíðar Finala

FAR 9:06.88 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjífelag (FRO) Debrecen (HUN) 23.04.2022
FAR.JR 9:09.34 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjífelag (FRO) Broenshoej (DEN) 15.04.2016
FM-Kravtið LG: 12:04.18 - SG: 11:56.03

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjífelagið Ægir	522	10:01.87	95,57 %	
Entry time: 9:36.33 (+25.54)						
	50m: 32.83	100m: 1:09.41 (36.58)		200m: 2:25.00 (2:25.00)		
	250m: 3:02.13 (37.13)	300m: 3:40.26 (38.13)	350m: 4:18.35 (38.09)	400m: 4:56.72 (38.37)		
	450m: 5:34.19 (37.47)	500m: 6:12.39 (38.20)	550m: 6:50.86 (38.47)	600m: 7:29.70 (38.84)		
	650m: 8:07.62 (37.92)	700m: 8:45.72 (38.10)	750m: 9:23.81 (38.09)	800m: 10:01.87 (38.06)		





Úrslit

Kapping 1, 800m Frí Kvinnur FM - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		453	10:31.07	98,42 %
Entry time: 10:21.25 (+9.82)						
	50m: 33.43	100m: 1:10.26 (36.83)	150m: 1:48.08 (37.82)		200m: 2:26.75 (38.67)	
	250m: 3:05.43 (38.68)	300m: 3:44.98 (39.55)	350m: 4:25.11 (40.13)		400m: 5:05.21 (40.10)	
	450m: 5:45.92 (40.71)	500m: 6:26.55 (40.63)	550m: 7:07.56 (41.01)		600m: 7:48.10 (40.54)	
	650m: 8:29.03 (40.93)	700m: 9:09.85 (40.82)	750m: 9:50.91 (41.06)		800m: 10:31.07 (40.16)	
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		391	11:02.96	95,86 %
Entry time: 10:36.59 (+26.37)						
	50m: 34.24	100m: 1:13.70 (39.46)	150m: 1:54.99 (41.29)		200m: 2:36.52 (41.53)	
	250m: 3:19.27 (42.75)	300m: 4:01.53 (42.26)	350m: 4:43.64 (42.11)		400m: 5:26.25 (42.61)	
	450m: 6:08.99 (42.74)	500m: 6:51.30 (42.31)	550m: 7:33.61 (42.31)		600m: 8:15.76 (42.15)	
	650m: 8:57.92 (42.16)	700m: 9:39.59 (41.67)	750m: 10:21.90 (42.31)		800m: 11:02.96 (41.06)	
4	Lilja Sørensen	2011 Havnar Svímjifelag		354	11:25.16	98,45 %
Entry time: 11:14.69 (+10.47)						
	50m: 39.46	100m: 1:22.20 (42.74)	150m: 2:05.92 (43.72)		200m: 2:49.50 (43.58)	
	250m: 3:32.44 (42.94)	300m: 4:16.49 (44.05)	350m: 4:59.26 (42.77)		400m: 5:42.95 (43.69)	
	450m: 6:25.65 (42.70)	500m: 7:08.58 (42.93)	550m: 7:50.78 (42.20)		600m: 8:33.80 (43.02)	
	650m: 9:17.43 (43.63)	700m: 10:01.08 (43.65)	750m: 10:43.47 (42.39)		800m: 11:25.16 (41.69)	
5	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		338	11:35.41	95,97 %
Entry time: 11:08.49 (+26.92)						
	50m: 35.41	100m: 1:15.75 (40.34)	150m: 1:59.00 (43.25)		200m: 2:41.96 (42.96)	
	250m: 3:27.07 (45.11)	300m: 4:10.70 (43.63)	350m: 4:54.87 (44.17)		400m: 5:38.90 (44.03)	
	450m: 6:23.90 (45.00)	500m: 7:08.34 (44.44)	550m: 7:52.34 (44.00)		600m: 8:36.45 (44.11)	
	650m: 9:21.82 (45.37)	700m: 10:07.21 (45.39)	750m: 10:51.65 (44.44)		800m: 11:35.41 (43.76)	
Kapping almenn: 07.06.2025 09:49:55						

Kapping almenn: 07.06.2025 09:49:55

Kapping 2, 1500m Frí Menn Jr-E - Tíðar Finala

FRO	14:46.33	Pál Joensen	1990 Suðuroyar Svímjifelag (FR	Shanghai (CHN)	31.07.2011
FRO.JR	15:51.66	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Amsterdam (NED)	12.12.2014
FM-Kravtið LG: 21:41.13 - SG: 21:06.83					

Raðf	Navn	Fæðia Félag				R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg	2008 Havnar Svímjifelag					589	17:18.40	93,64 %
Entry time: 16:16.29 (+1:02.11)									
	50m: 29.48	100m: 1:02.54	(33.06)	150m: 1:36.37	(33.83)	200m: 2:11.04	(34.67)		
	250m: 2:45.45	(34.41)	300m: 3:20.86	(35.41)	350m: 3:56.06	(35.20)	400m: 4:31.66	(35.60)	
	450m: 5:07.33	(35.67)	500m: 5:43.58	(36.25)	550m: 6:19.64	(36.06)	600m: 6:55.82	(36.18)	
	650m: 7:31.56	(35.74)	700m: 8:07.18	(35.62)	750m: 8:40.44	(33.26)	800m: 9:14.87	(34.43)	
	850m: 9:49.09	(34.22)	900m: 10:23.59	(34.50)	950m: 10:57.95	(34.36)	1000m: 11:32.87	(34.92)	
	1050m: 12:07.89	(35.02)	1100m: 12:42.84	(34.95)	1150m: 13:17.95	(35.11)	1200m: 13:53.46	(35.51)	
	1250m: 14:28.39	(34.93)	1300m: 15:03.92	(35.53)	1350m: 15:38.46	(34.54)	1400m: 16:13.08	(34.62)	
			1500m: 17:18.40	(17:18.40)					
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag					540	17:48.74	95,25 %
Entry time: 17:00.27 (+48.47)									
	50m: 30.86	100m: 1:05.35	(34.49)	150m: 1:40.51	(35.16)	200m: 2:16.33	(35.82)		
	250m: 2:51.85	(35.52)	300m: 3:27.53	(35.68)	350m: 4:03.07	(35.54)	400m: 4:38.86	(35.79)	
	450m: 5:14.43	(35.57)	500m: 5:50.31	(35.88)	550m: 6:26.16	(35.85)	600m: 7:02.12	(35.96)	
	650m: 7:37.80	(35.68)	700m: 8:13.78	(35.98)	750m: 8:49.25	(35.47)	800m: 9:25.53	(36.28)	
	850m: 10:01.20	(35.67)	900m: 10:36.91	(35.71)	950m: 11:13.29	(36.38)	1000m: 11:49.28	(35.99)	
	1050m: 12:24.95	(35.67)	1100m: 13:01.82	(36.87)	1150m: 13:38.40	(36.58)	1200m: 14:14.69	(36.29)	
	1250m: 14:50.92	(36.23)	1300m: 15:27.37	(36.45)	1350m: 16:02.88	(35.51)	1400m: 16:38.49	(35.61)	
	1450m: 17:13.86	(35.37)	1500m: 17:48.74	(34.88)					
Kapping almenn: 07.06.2025 10:05:21									

Kapping almenn: 07.06.2025 10:05:21

Kapping 2, 1500m Frí Menn FM - Tíðar Finala

FRO	14:46.33	Pál Joensen	1990 Suðuroyar Svímjifelag (FR	Shanghai (CHN)	31.07.2011
FRO.JR	15:51.66	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Amsterdam (NED)	12.12.2014





Úrslit

Kapping 2, 1500m Frí Menn FM - Tíðar Finala

FM-Kravtið LG: 21:41.13 - SG: 21:06.83

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg	2008 Havnar Svímjifelag	589	17:18.40	93,64 %	
Entry time: 16:16.29 (+1:02.11)						
	50m: 29.48	100m: 1:02.54 (33.06)	150m: 1:36.37 (33.83)	200m: 2:11.04 (34.67)		
	250m: 2:45.45 (34.41)	300m: 3:20.86 (35.41)	350m: 3:56.06 (35.20)	400m: 4:31.66 (35.60)		
	450m: 5:07.33 (35.67)	500m: 5:43.58 (36.25)	550m: 6:19.64 (36.06)	600m: 6:55.82 (36.18)		
	650m: 7:31.56 (35.74)	700m: 8:07.18 (35.62)	750m: 8:40.44 (33.26)	800m: 9:14.87 (34.43)		
	850m: 9:49.09 (34.22)	900m: 10:23.59 (34.50)	950m: 10:57.95 (34.36)	1000m: 11:32.87 (34.92)		
	1050m: 12:07.89 (35.02)	1100m: 12:42.84 (34.95)	1150m: 13:17.95 (35.11)	1200m: 13:53.46 (35.51)		
	1250m: 14:28.39 (34.93)	1300m: 15:03.92 (35.53)	1350m: 15:38.46 (34.54)	1400m: 16:13.08 (34.62)		
		1500m: 17:18.40 (17:18.40)				
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	540	17:48.74	95,25 %	
Entry time: 17:00.27 (+48.47)						
	50m: 30.86	100m: 1:05.35 (34.49)	150m: 1:40.51 (35.16)	200m: 2:16.33 (35.82)		
	250m: 2:51.85 (35.52)	300m: 3:27.53 (35.68)	350m: 4:03.07 (35.54)	400m: 4:38.86 (35.79)		
	450m: 5:14.43 (35.57)	500m: 5:50.31 (35.88)	550m: 6:26.16 (35.85)	600m: 7:02.12 (35.96)		
	650m: 7:37.80 (35.68)	700m: 8:13.78 (35.98)	750m: 8:49.25 (35.47)	800m: 9:25.53 (36.28)		
	850m: 10:01.20 (35.67)	900m: 10:36.91 (35.71)	950m: 11:13.29 (36.38)	1000m: 11:49.28 (35.99)		
	1050m: 12:24.95 (35.67)	1100m: 13:01.82 (36.87)	1150m: 13:38.40 (36.58)	1200m: 14:14.69 (36.29)		
	1250m: 14:50.92 (36.23)	1300m: 15:27.37 (36.45)	1350m: 16:02.88 (35.51)	1400m: 16:38.49 (35.61)		
	1450m: 17:13.86 (35.37)	1500m: 17:48.74 (34.88)				

3	Theodor Salter	2011 Havnar Svímjifelag	453	18:53.61	101,44 %	
Entry time: 19:10.13 (-16.52)						
	50m: 33.14	100m: 1:10.11 (36.97)	150m: 1:48.07 (37.96)	200m: 2:26.50 (38.43)		
	250m: 3:04.25 (37.75)	300m: 3:42.97 (38.72)	350m: 4:20.94 (37.97)	400m: 4:59.55 (38.61)		
	450m: 5:37.78 (38.23)	500m: 6:16.49 (38.71)	550m: 6:54.59 (38.10)	600m: 7:33.11 (38.52)		
	650m: 8:11.73 (38.62)	700m: 8:50.16 (38.43)	750m: 9:28.37 (38.21)	800m: 10:06.92 (38.55)		
	850m: 10:45.32 (38.40)	900m: 11:23.65 (38.33)	950m: 12:01.51 (37.86)	1000m: 12:39.85 (38.34)		
	1050m: 13:17.88 (38.03)	1100m: 13:54.95 (37.07)	1150m: 14:32.95 (38.00)	1200m: 15:10.85 (37.90)		
	1250m: 15:48.52 (37.67)	1300m: 16:26.00 (37.48)	1350m: 17:03.32 (37.32)	1400m: 17:40.84 (37.52)		
	1450m: 18:17.88 (37.04)	1500m: 18:53.61 (35.73)				

Kapping almenn: 07.06.2025 10:05:21

Kapping 3, 200m Bringu Kvinnur Jr-Y - Innleiðandi

FAR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Kobenhavn (DEN)	08.04.2025
FAR.JR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Kobenhavn (DEN)	08.04.2025

FM-Kravtið LG: 03:27.80 - SG: 03:21.02

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Talita Johannesen	2010 Suðuroyar Svímjifelag	425	3:02.88	95,69 %	Q
Entry time: 2:55.32 (+7.56)						
	50m: 41.74	100m: 1:29.75 (48.01)	150m: 2:17.21 (47.46)	200m: 3:02.88 (45.67)		
2	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	332	3:18.53		Q
	50m: 44.58	100m: 1:36.32 (51.74)	150m: 2:28.30 (51.98)	200m: 3:18.53 (50.23)		
3	Naomi Friang	2010 Fuglafjarðar Svímjifelag	304	3:24.35		Q
	50m: 45.01	100m: 1:38.58 (53.57)	150m: 2:29.85 (51.27)	200m: 3:24.35 (54.50)		

Kapping almenn: 07.06.2025 10:12:53

Kapping 3, 200m Bringu Kvinnur Jr-E - Innleiðandi

FAR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Kobenhavn (DEN)	08.04.2025
FAR.JR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Kobenhavn (DEN)	08.04.2025

FM-Kravtið LG: 03:27.80 - SG: 03:21.02

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	534	2:49.44	90,82 %	Q
Entry time: 2:35.19 (+14.25)						
	50m: 38.47	100m: 1:23.03 (44.56)	150m: 2:08.32 (45.29)	200m: 2:49.44 (41.12)		
-	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag			DNS	





Úrslit

Kapping 3, 200m Bringu Kvinnur Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Kapping almenn: 07.06.2025 10:12:53

Kapping 3, 200m Bringu Kvinnur FM - Innleiðandi

FAR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	08.04.2025
FAR.JR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	08.04.2025

FM-Kravtið LG: 03:27.80 - SG: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	534	2:49.44	90,82 %	Q
	Entry time: 2:35.19 (+14.25)					
	50m: 38.47	100m: 1:23.03 (44.56)	150m: 2:08.32 (45.29)	200m: 2:49.44 (41.12)		
2	Talita Johannesen	2010 Suðuroyar Svímjifelag	425	3:02.88	95,69 %	Q
	Entry time: 2:55.32 (+7.56)					
	50m: 41.74	100m: 1:29.75 (48.01)	150m: 2:17.21 (47.46)	200m: 3:02.88 (45.67)		
3	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	332	3:18.53		Q
	50m: 44.58	100m: 1:36.32 (51.74)	150m: 2:28.30 (51.98)	200m: 3:18.53 (50.23)		
4	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag	311	3:22.93	97,49 %	Q
	Entry time: 3:17.97 (+4.96)					
	50m: 48.90	100m: 1:39.63 (50.73)	150m: 2:32.43 (52.80)	200m: 3:22.93 (50.50)		
5	Naomi Friang	2010 Fuglafjarðar Svímjifelag	304	3:24.35		Q
	50m: 45.01	100m: 1:38.58 (53.57)	150m: 2:29.85 (51.27)	200m: 3:24.35 (54.50)		
6	India Linnea Bech	2011 Havnar Svímjifelag	263	3:34.51	92,25 %	Q
	Entry time: 3:19.09 (+15.42)					
	50m: 50.46	100m: 1:44.78 (54.32)	150m: 2:40.95 (56.17)	200m: 3:34.51 (53.56)		
-	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 10:12:53

Kapping 3, 200m Bringu Kvinnur Jr-Y - Finala

FAR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	08.04.2025
FAR.JR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	08.04.2025

FM-Kravtið LG: 03:27.80 - SG: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Talita Johannesen	2010 Suðuroyar Svímjifelag	438	3:00.99	101,03 %	
	Entry time: 3:02.88 (-1.89)					
	50m: 41.32	100m: 1:28.01 (46.69)	150m: 2:15.11 (47.10)	200m: 3:00.99 (45.88)		
2	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	343	3:16.47	101,04 %	
	Entry time: 3:18.53 (-2.06)					
	50m: 45.75	100m: 1:37.19 (51.44)		200m: 3:16.47 (3:16.47)		
3	Naomi Friang	2010 Fuglafjarðar Svímjifelag	300	3:25.47	99,45 %	
	Entry time: 3:24.35 (+1.12)					
	50m: 45.63	100m: 1:39.53 (53.90)	150m: 2:31.90 (52.37)	200m: 3:25.47 (53.57)		

Kapping almenn: 07.06.2025 17:17:42

Kapping 3, 200m Bringu Kvinnur Jr-E - Finala

FAR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	08.04.2025
FAR.JR	2:36.32	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Kobenhavn (DEN)	08.04.2025

FM-Kravtið LG: 03:27.80 - SG: 03:21.02

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	643	2:39.31	105,98 %	
	Entry time: 2:49.44 (-10.13)					
	50m: 35.40	100m: 1:16.04 (40.64)	150m: 1:56.82 (40.78)	200m: 2:39.31 (42.49)		

Kapping almenn: 07.06.2025 17:17:42





Úrslit

Kapping 3, 200m Bringu Kvinnur FM - Finala

FAR 2:36.32 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 08.04.2025
FAR.JR 2:36.32 Lea Osberg Højsted 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 08.04.2025
FM-Kravtið LG: 03:27.80 - SG: 03:21.02

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		643	2:39.31	105,98 %
	Entry time: 2:49.44 (-10.13)					
	50m: 35.40	100m: 1:16.04 (40.64)	150m: 1:56.82 (40.78)		200m: 2:39.31 (42.49)	
2	Talita Johannesen	2010 Suðuroyar Svímjifelag		438	3:00.99	101,03 %
	Entry time: 3:02.88 (-1.89)					
	50m: 41.32	100m: 1:28.01 (46.69)	150m: 2:15.11 (47.10)		200m: 3:00.99 (45.88)	
3	Mariella Annbriðardóttir Henriks	2010 Havnar Svímjifelag		343	3:16.47	101,04 %
	Entry time: 3:18.53 (-2.06)					
	50m: 45.75	100m: 1:37.19 (51.44)			200m: 3:16.47 (3:16.47)	
4	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		300	3:25.41	98,78 %
	Entry time: 3:22.93 (+2.48)					
	50m: 47.60	100m: 1:39.88 (52.28)	150m: 2:34.24 (54.36)		200m: 3:25.41 (51.17)	
5	Naomi Friang	2010 Fuglafjarðar Svímjifelag		300	3:25.47	99,45 %
	Entry time: 3:24.35 (+1.12)					
	50m: 45.63	100m: 1:39.53 (53.90)	150m: 2:31.90 (52.37)		200m: 3:25.47 (53.57)	
6	India Linnea Bech	2011 Havnar Svímjifelag		285	3:28.86	102,63 %
	Entry time: 3:34.51 (-5.65)					
	50m: 47.94	100m: 1:41.55 (53.61)	150m: 2:36.11 (54.56)		200m: 3:28.86 (52.75)	

Kapping almenn: 07.06.2025 17:17:42

Kapping 4, 200m Bringu Menn Jr-Y - Innleiðandi

FRO 2:21.71 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Bergen (NOR) 31.05.2015
FRO.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Laugardalslaug (ISL) 24.01.2016
FM-Kravtið LG: 03:09.22 - SG: 02:59.49

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Andrias Mellemgaard	2009 Havnar Svímjifelag		210	3:30.92	98,30 % - SB9
	Entry time: 3:27.39 (+3.53)					
	50m: 46.06	100m: 1:39.51 (53.45)	150m: 2:35.45 (55.94)		200m: 3:30.92 (55.47)	

Kapping almenn: 07.06.2025 10:17:44

Kapping 4, 200m Bringu Menn Jr-E - Innleiðandi

FRO 2:21.71 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Bergen (NOR) 31.05.2015
FRO.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Laugardalslaug (ISL) 24.01.2016
FM-Kravtið LG: 03:09.22 - SG: 02:59.49

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		416	2:47.97	86,09 % Q
	Entry time: 2:27.46 (+20.51)					
	50m: 38.49	100m: 1:22.37 (43.88)	150m: 2:05.32 (42.95)		200m: 2:47.97 (42.65)	

Kapping almenn: 07.06.2025 10:17:44

Kapping 4, 200m Bringu Menn FM - Innleiðandi

FRO 2:21.71 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Bergen (NOR) 31.05.2015
FRO.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Laugardalslaug (ISL) 24.01.2016
FM-Kravtið LG: 03:09.22 - SG: 02:59.49

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svímjifelag		440	2:44.92	88,07 % Q
	Entry time: 2:27.34 (+17.58)					
	50m: 37.78	100m: 1:21.86 (44.08)	150m: 2:01.75 (39.89)		200m: 2:44.92 (43.17)	





Úrslit

Kapping 4, 200m Bringu Menn FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
2	Heini Mohr Askham	2006 Svímjifelagið Ægir	417	2:47.89	99,67 %	Q
	Entry time: 2:47.33 (+0.56)					
	50m: 37.20	100m: 1:20.78 (43.58)	150m: 2:03.22 (42.44)	200m: 2:47.89 (44.67)		
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	416	2:47.97	86,09 %	Q
	Entry time: 2:27.46 (+20.51)					
	50m: 38.49	100m: 1:22.37 (43.88)	150m: 2:05.32 (42.95)	200m: 2:47.97 (42.65)		
4	Andrias Mellemgard	2009 Havnar Svímjifelag	210	3:30.92	98,30 %	- SB9
	Entry time: 3:27.39 (+3.53)					
	50m: 46.06	100m: 1:39.51 (53.45)	150m: 2:35.45 (55.94)	200m: 3:30.92 (55.47)		

Kapping almenn: 07.06.2025 10:17:44

Kapping 4, 200m Bringu Menn Jr-E - Finala

FRO	2:21.71	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Bergen (NOR)	31.05.2015
FRO.JR	2:23.72	Róland Toftum	1998 Suðuroyar Svímjifelag (FR Laugardalslaug (ISL)	24.01.2016
FM-Kravtið	LG: 03:09.22	- SG: 02:59.49		

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	623	2:26.86	112,57 %	
	Entry time: 2:47.97 (-21.11)					
	50m: 33.61	100m: 1:11.73 (38.12)	150m: 1:49.48 (37.75)	200m: 2:26.86 (37.38)		

Kapping almenn: 07.06.2025 17:22:34

Kapping 4, 200m Bringu Menn FM - Finala

FRO	2:21.71	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Bergen (NOR)	31.05.2015
FRO.JR	2:23.72	Róland Toftum	1998 Suðuroyar Svímjifelag (FR Laugardalslaug (ISL)	24.01.2016
FM-Kravtið	LG: 03:09.22	- SG: 02:59.49		

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	623	2:26.86	112,57 %	
	Entry time: 2:47.97 (-21.11)					
	50m: 33.61	100m: 1:11.73 (38.12)	150m: 1:49.48 (37.75)	200m: 2:26.86 (37.38)		
2	Jón Hofgaard	1992 Suðuroyar Svímjifelag	534	2:34.59	106,26 %	
	Entry time: 2:44.92 (-10.33)					
	50m: 34.71	100m: 1:15.24 (40.53)	150m: 1:55.23 (39.99)	200m: 2:34.59 (39.36)		
3	Heini Mohr Askham	2006 Svímjifelagið Ægir	509	2:37.13	106,41 %	
	Entry time: 2:47.89 (-10.76)					
	50m: 35.69	100m: 1:15.35 (39.66)	150m: 1:55.91 (40.56)	200m: 2:37.13 (41.22)		

Kapping almenn: 07.06.2025 17:22:34

Kapping 5, 100m Firvald Kvinnur Jr-Y - Innleiðandi

FAR	1:04.58	Poula Mohr	1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP)	28.07.2013
FAR.JR	1:04.75	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Vagur (FRO)	11.03.2016
FM-Kravtið	LG: 01:22.87	- SG: 01:21.57		

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag	401	1:14.80	98,63 %	Q
	Entry time: 1:13.79 (+1.01)					
	50m: 34.33	100m: 1:14.80 (40.47)				
2	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	282	1:24.09	99,45 %	-
	Entry time: 1:23.63 (+0.46)					
	50m: 38.80	100m: 1:24.09 (45.29)				

Kapping almenn: 07.06.2025 10:22:19





Úrslit

Kapping 5, 100m Firvald Kvinnur Jr-E - Innleiðandi

FAR 1:04.58 Poula Mohr 1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP) 28.07.2013
 FAR.JR 1:04.75 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Vagur (FRO) 11.03.2016
 FM-Kravtið LG: 01:22.87 - SG: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		508	1:09.13	94,25 % Q
	Entry time: 1:05.37 (+3.76)					
	50m: 33.60	100m: 1:09.13 (35.53)				
2	Durita Mohr Askham	2008 Svímjifelagið Ægir		383	1:15.98	93,85 % Q
	Entry time: 1:11.58 (+4.40)					
	50m: 33.89	100m: 1:15.98 (42.09)				
-	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 10:22:19

Kapping 5, 100m Firvald Kvinnur FM - Innleiðandi

FAR 1:04.58 Poula Mohr 1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP) 28.07.2013
 FAR.JR 1:04.75 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Vagur (FRO) 11.03.2016
 FM-Kravtið LG: 01:22.87 - SG: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		508	1:09.13	94,25 % Q
	Entry time: 1:05.37 (+3.76)					
	50m: 33.60	100m: 1:09.13 (35.53)				
2	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		504	1:09.32	96,69 % Q
	Entry time: 1:07.10 (+2.22)					
	50m: 32.10	100m: 1:09.32 (37.22)				
3	Halla Háfoss	2009 Havnar Svímjifelag		401	1:14.80	98,63 % Q
	Entry time: 1:13.79 (+1.01)					
	50m: 34.33	100m: 1:14.80 (40.47)				
4	Durita Mohr Askham	2008 Svímjifelagið Ægir		383	1:15.98	93,85 % Q
	Entry time: 1:11.58 (+4.40)					
	50m: 33.89	100m: 1:15.98 (42.09)				
5	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		282	1:24.09	99,45 % -
	Entry time: 1:23.63 (+0.46)					
	50m: 38.80	100m: 1:24.09 (45.29)				
-	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 10:22:19

Kapping 5, 100m Firvald Kvinnur Jr-Y - Finala

FAR 1:04.58 Poula Mohr 1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP) 28.07.2013
 FAR.JR 1:04.75 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Vagur (FRO) 11.03.2016
 FM-Kravtið LG: 01:22.87 - SG: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag		412	1:14.14	100,88 %
	Entry time: 1:14.80 (-0.66)					
	50m: 35.21	100m: 1:14.14 (38.93)				

Kapping almenn: 07.06.2025 17:25:14

Kapping 5, 100m Firvald Kvinnur Jr-E - Finala

FAR 1:04.58 Poula Mohr 1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP) 28.07.2013
 FAR.JR 1:04.75 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Vagur (FRO) 11.03.2016
 FM-Kravtið LG: 01:22.87 - SG: 01:21.57

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 5, 100m Firvald Kvinnur Jr-E - Finala

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		555	1:07.13	102,89 %
	Entry time: 1:09.13 (-2.00)					
	50m: 31.87	100m: 1:07.13 (35.26)				
2	Durita Mohr Askham	2008 Svímjifelagið Ægir		424	1:13.40	103,40 %
	Entry time: 1:15.98 (-2.58)					
	50m: 33.71	100m: 1:13.40 (39.69)				

Kapping almenn: 07.06.2025 17:25:14

Kapping 5, 100m Firvald Kvinnur FM - Finala

FAR	1:04.58	Poula Mohr	1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP)	28.07.2013
FAR.JR	1:04.75	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Vagur (FRO)	11.03.2016
FM-Kravtið	LG: 01:22.87	SG: 01:21.57		

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		616	1:04.84	106,46 %
	Entry time: 1:09.32 (-4.48)					
	50m: 30.54	100m: 1:04.84 (34.30)				
2	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		555	1:07.13	102,89 %
	Entry time: 1:09.13 (-2.00)					
	50m: 31.87	100m: 1:07.13 (35.26)				
3	Durita Mohr Askham	2008 Svímjifelagið Ægir		424	1:13.40	103,40 %
	Entry time: 1:15.98 (-2.58)					
	50m: 33.71	100m: 1:13.40 (39.69)				
4	Halla Háfoss	2009 Havnar Svímjifelag		412	1:14.14	100,88 %
	Entry time: 1:14.80 (-0.66)					
	50m: 35.21	100m: 1:14.14 (38.93)				

Kapping almenn: 07.06.2025 17:25:14

Kapping 6, 100m Firvald Menn Jr-Y - Innleiðandi

FRO	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FRO.JR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FM-Kravtið	LG: 01:14.42	SG: 01:11.82			

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		299	1:13.93	98,53 % Q
	Entry time: 1:12.86 (+1.07)					
	50m: 32.16	100m: 1:13.93 (41.77)				
2	Jens Martin Dam	2009 Havnar Svímjifelag		236	1:20.00	106,93 % -
	Entry time: 1:25.96 (-5.96)					
	50m: 35.31	100m: 1:20.00 (44.69)				

Kapping almenn: 07.06.2025 10:26:14

Kapping 6, 100m Firvald Menn Jr-E - Innleiðandi

FRO	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FRO.JR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FM-Kravtið	LG: 01:14.42	SG: 01:11.82			

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir		475	1:03.37	95,65 % Q
	Entry time: 1:00.73 (+2.64)					
	50m: 29.62	100m: 1:03.37 (33.75)				
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		330	1:11.52	95,30 % Q
	Entry time: 1:08.31 (+3.21)					
	50m: 31.45	100m: 1:11.52 (40.07)				

Kapping almenn: 07.06.2025 10:26:14





Úrslit

Kapping 6, 100m Firvald Menn FM - Innleiðandi

FRO 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
 FRO.JR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
 FM-Kravtið LG: 01:14.42 - SG: 01:11.82

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		515	1:01.66	88,03 % Q
	Entry time: 55.07 (+6.59)					
	50m: 29.62	100m: 1:01.66 (32.04)				
2	Heini Mohr Askham	2006 Svímjifelagið Ægir		498	1:02.38	98,75 % Q
	Entry time: 1:01.61 (+0.77)					
	50m: 30.07	100m: 1:02.38 (32.31)				
3	Bárður Ólavsson	2008 Svímjifelagið Ægir		475	1:03.37	95,65 % Q
	Entry time: 1:00.73 (+2.64)					
	50m: 29.62	100m: 1:03.37 (33.75)				
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		330	1:11.52	95,30 % Q
	Entry time: 1:08.31 (+3.21)					
	50m: 31.45	100m: 1:11.52 (40.07)				
5	Theodor Salter	2011 Havnar Svímjifelag		326	1:11.80	95,58 % Q
	Entry time: 1:08.76 (+3.04)					
	50m: 33.08	100m: 1:11.80 (38.72)				
6	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		299	1:13.93	98,53 % Q
	Entry time: 1:12.86 (+1.07)					
	50m: 32.16	100m: 1:13.93 (41.77)				
7	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		270	1:16.48	96,09 % R1
	Entry time: 1:13.60 (+2.88)					
	50m: 35.74	100m: 1:16.48 (40.74)				
8	Jens Martin Dam	2009 Havnar Svímjifelag		236	1:20.00	106,93 % -
	Entry time: 1:25.96 (-5.96)					
	50m: 35.31	100m: 1:20.00 (44.69)				

Kapping almenn: 07.06.2025 10:26:14

Kapping 6, 100m Firvald Menn Jr-Y - Finala

FRO 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
 FRO.JR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
 FM-Kravtið LG: 01:14.42 - SG: 01:11.82

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		279	1:15.66	97,66 %
	Entry time: 1:13.93 (+1.73)					
	50m: 34.14	100m: 1:15.66 (41.52)				

Kapping almenn: 07.06.2025 17:33:22

Kapping 6, 100m Firvald Menn Jr-E - Finala

FRO 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
 FRO.JR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
 FM-Kravtið LG: 01:14.42 - SG: 01:11.82

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir		525	1:01.28	103,30 %
	Entry time: 1:03.37 (-2.09)					
	50m: 29.11	100m: 1:01.28 (32.17)				
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		372	1:08.71	103,93 %
	Entry time: 1:11.52 (-2.81)					
	50m: 31.26	100m: 1:08.71 (37.45)				

Kapping almenn: 07.06.2025 17:33:22





Úrslit

Kapping 6, 100m Firvald Menn FM - Finala

FRO 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
 FRO.JR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012
 FM-Kræftið LG: 01:14.42 - SG: 01:11.82

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		550	1:00.34	102,14 %
	Entry time: 1:01.66 (-1.32)					
	50m: 29.45	100m: 1:00.34 (30.89)				
2	Bárður Ólafsson	2008 Svímjifelagið Ægir		525	1:01.28	103,30 %
	Entry time: 1:03.37 (-2.09)					
	50m: 29.11	100m: 1:01.28 (32.17)				
3	Heini Mohr Askham	2006 Svímjifelagið Ægir		519	1:01.51	101,39 %
	Entry time: 1:02.38 (-0.87)					
	50m: 28.82	100m: 1:01.51 (32.69)				
4	Ólafur Winther Jákupsson	2008 Havnar Svímjifelag		372	1:08.71	103,93 %
	Entry time: 1:11.52 (-2.81)					
	50m: 31.26	100m: 1:08.71 (37.45)				
5	Theodor Salter	2011 Havnar Svímjifelag		346	1:10.42	101,92 %
	Entry time: 1:11.80 (-1.38)					
	50m: 32.88	100m: 1:10.42 (37.54)				
6	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		279	1:15.66	97,66 %
	Entry time: 1:13.93 (+1.73)					
	50m: 34.14	100m: 1:15.66 (41.52)				

Kapping almenn: 07.06.2025 17:33:22

Kapping 7, 4x100m Frí Mix Jr-Y - Innleiðandi

FAR 3:53.85 Ægir Klaksvík Ægir Klaksvík (FRO) Vagur (FRO) 10.05.2024
 FAR.JR 3:53.85 Ægir Klaksvík Ægir Klaksvík (FRO) Vagur (FRO) 10.05.2024

Raðf	Navn	Aldur Félag	AQU	Tíð	Munur
1	HS mix 1	16 Havnar Svímjifelag	391 Q	4:31.72	95,68 %
	Halla Háfoss	2009	32.42	1:09.05	1:09.05
	Aron Berg Joensen	2009	30.83	1:07.15	2:16.20
	Sigbjartur J. Egholm	2009	29.71	1:05.54	3:21.74
	Lilja Lenvig Harrysdóttir	2009	33.01	1:09.98	4:31.72
2	HS mix 2	16 Havnar Svímjifelag	305 Q	4:55.33	93,54 %
	Mariella Annbriardóttir Henriksen	2010	34.85	1:13.89	1:13.89
	Jens Martin Dam	2009	32.30	1:08.46	2:22.35
	Jónatan Samuelsen	2010	32.50	1:11.24	3:33.59
	Lilja Sørensen	2011	36.67	1:21.74	4:55.33
-	FS	15 Fuglafjarðar Svímjifelag	258 Q	5:11.96	89,02 %
	Sirið Vesturtún	2011	33.65	1:12.12	1:12.12
	Fríðálvur Eliassen	2011	37.04	1:14.82	2:26.94
	Jógván Vesturtún	2013	38.75	1:19.78	3:46.72
	Naomi Friang	2010	40.30	1:25.24	5:11.96

Kapping almenn: 07.06.2025 10:41:40

Kapping 7, 4x100m Frí Mix Jr-E - Innleiðandi

FAR 3:53.85 Ægir Klaksvík Ægir Klaksvík (FRO) Vagur (FRO) 10.05.2024
 FAR.JR 3:53.85 Ægir Klaksvík Ægir Klaksvík (FRO) Vagur (FRO) 10.05.2024





Úrslit

Kapping 7, 4x100m Frí Mix Jr-E - Innleiðandi

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
-	Ægir		17 Svímjifelagið Ægir		416 Q	4:26.26	89,39 %
	Bárður Ólavsson	2008		29.98	1:03.54	1:03.54	
	Lea Osberg Højsted	2008		32.53	1:08.23	2:11.77	
	Róa Trygvadóttir	2008		33.44	1:11.83	3:23.60	
	Tórir Olsen	2011		28.56	1:02.66	4:26.26	

Kapping almenn: 07.06.2025 10:41:40

Kapping 7, 4x100m Frí Mix FM - Innleiðandi

FAR	3:53.85	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	10.05.2024
FAR.JR	3:53.85	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	10.05.2024

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	SuSvim		33 Suðuroyar Svímjifelag		463 Q	4:16.89	95,11 %
	Alisa Vestergård	2003		30.94	1:05.94	1:05.94	
	Bjarti Ludvig	2006		27.93	1:01.62	2:07.56	
	Kaja Waag Kallesøe	2005		32.32	1:07.89	3:15.45	
	Jón Hofgaard	1992		29.15	1:01.44	4:16.89	
2	SuSvim team 2		27 Suðuroyar Svímjifelag		443 Q	4:20.74	99,01 %
	Haraldur Mortensen	2010		30.78	1:07.01	1:07.01	
	Róland Toftum	1998		27.26	59.67	2:06.68	
	Bjarta í Lágabø	2009		31.98	1:08.35	3:15.03	
	Jórun Winther	2011		30.88	1:05.71	4:20.74	
3	Ægir		17 Svímjifelagið Ægir		416 Q	4:26.26	89,39 %
	Bárður Ólavsson	2008		29.98	1:03.54	1:03.54	
	Lea Osberg Højsted	2008		32.53	1:08.23	2:11.77	
	Róa Trygvadóttir	2008		33.44	1:11.83	3:23.60	
	Tórir Olsen	2011		28.56	1:02.66	4:26.26	
4	HS mix 1		16 Havnar Svímjifelag		391 Q	4:31.72	95,68 %
	Halla Háfoss	2009		32.42	1:09.05	1:09.05	
	Aron Berg Joensen	2009		30.83	1:07.15	2:16.20	
	Sigbjartur J. Egholm	2009		29.71	1:05.54	3:21.74	
	Lilja Lenvig Harrysdóttir	2009		33.01	1:09.98	4:31.72	
5	HS mix 2		16 Havnar Svímjifelag		305 Q	4:55.33	93,54 %
	Mariella Annbriardóttur Henriksen	2010		34.85	1:13.89	1:13.89	
	Jens Martin Dam	2009		32.30	1:08.46	2:22.35	
	Jónatan Samuelsen	2010		32.50	1:11.24	3:33.59	
	Lilja Sørensen	2011		36.67	1:21.74	4:55.33	
6	FS		15 Fuglafjarðar Svímjifelag		258 Q	5:11.96	89,02 %
	Sirið Vesturtún	2011		33.65	1:12.12	1:12.12	
	Fríðálvur Eliassen	2011		37.04	1:14.82	2:26.94	
	Jógvan Vesturtún	2013		38.75	1:19.78	3:46.72	
	Naomi Friang	2010		40.30	1:25.24	5:11.96	

Kapping almenn: 07.06.2025 10:41:40

Kapping 7, 4x100m Frí Mix Jr-Y - Finala

09-06-2025 15:25:39

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 11/85





Úrslit

Kapping 7, 4x100m Frí Mix Jr-Y - Finala

FAR	3:53.85	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	10.05.2024
FAR.JR	3:53.85	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	10.05.2024
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1 HS mix 2		16	Havnar Svímjifelag	293	4:59.18 98,70 %
	Jónatan Samuelsen	2010		33.20 1:09.46	1:09.46
	Mariella Annbrittardóttir Henriksen	2010		35.45 1:14.17	2:23.63
	Lilja Sørensen	2011		36.55 1:17.68	3:41.31
	Aron Berg Joensen	2009		35.79 1:17.87	4:59.18

Kapping almenn: 07.06.2025 17:48:07

Kapping 7, 4x100m Frí Mix Jr-E - Finala

FAR	3:53.85	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	10.05.2024
FAR.JR	3:53.85	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	10.05.2024
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1 HS mix 1		17	Havnar Svímjifelag	462	4:17.17 105,35
	Óli Mikkelsen	2008		28.70 59.95	59.95
	Lilja Lenvig Harrysdóttir	2009		32.18 1:08.95	2:08.90
	Ólavur Winther Jákupsson	2008		28.62 1:00.09	3:08.99
	Halla Háfoss	2009		31.74 1:08.18	4:17.17

2 FS		17	Fuglafjarðar Svímjifelag	351	4:41.69 109,70
	Sirið Vesturtún	2011		31.78 1:08.47	1:08.47
	Fríðálvur Eliassen	2011		33.80 1:09.86	2:18.33
	Fróði Hansen	2008		31.77 1:07.21	3:25.54
	Naomi Friang	2010		36.83 1:16.15	4:41.69

Kapping almenn: 07.06.2025 17:48:07

Kapping 7, 4x100m Frí Mix FM - Finala

FAR	3:53.85	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	10.05.2024
FAR.JR	3:53.85	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	10.05.2024
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1 Ægir		19	Svímjifelagið Ægir	587	3:57.37 110,85
	Róa Trygvadóttir	2008		29.90 1:03.33	1:03.33
	Bárður Ólavsson	2008		26.91 56.21	1:59.54
	Lea Osberg Højsted	2008		29.03 1:01.52	3:01.06
	Heini Mohr Askham	2006		26.60 56.31	3:57.37

2 SuSvim		33	Suðuroyar Svímjifelag	561	4:01.06 106,16
	Róland Toftum	1998		30.15 1:00.99	1:00.99
	Alisa Vestergård	2003		28.23 59.36	2:00.35
	Jórun Winther	2011		29.48 1:02.42	3:02.77
	Jón Hofgaard	1992		27.88 58.29	4:01.06

3 HS mix 1		17	Havnar Svímjifelag	462	4:17.17 105,35
	Óli Mikkelsen	2008		28.70 59.95	59.95
	Lilja Lenvig Harrysdóttir	2009		32.18 1:08.95	2:08.90
	Ólavur Winther Jákupsson	2008		28.62 1:00.09	3:08.99
	Halla Háfoss	2009		31.74 1:08.18	4:17.17





Úrslit

Kapping 7, 4x100m Frí Mix FM - Finala

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
4	SuSvim team 2		20 Suðuroyar Svímjifelag	460	4:17.50	101,24
	Haraldur Mortensen	2010		30.33	1:05.64	1:05.64
	Bjarti Ludvig	2006		27.70	1:00.54	2:06.18
	Emma Debes	2010		31.20	1:06.44	3:12.62
	Kaja Waag Kallesøe	2005		31.05	1:04.88	4:17.50
5	FS		17 Fuglafjarðar Svímjifelag	351	4:41.69	109,70
	Sirið Vesturtún	2011		31.78	1:08.47	1:08.47
	Fríðálvur Eliassen	2011		33.80	1:09.86	2:18.33
	Fróði Hansen	2008		31.77	1:07.21	3:25.54
	Naomi Friang	2010		36.83	1:16.15	4:41.69
6	HS mix 2		16 Havnar Svímjifelag	293	4:59.18	98,70 %
	Jónatan Samuelsen	2010		33.20	1:09.46	1:09.46
	Mariella Annbriðardóttir	2010		35.45	1:14.17	2:23.63
	Henriksen					
	Lilja Sørensen	2011		36.55	1:17.68	3:41.31
	Aron Berg Joensen	2009		35.79	1:17.87	4:59.18

Kapping almenn: 07.06.2025 17:48:07

Kapping 8, 200m Blandað Kvinnur Jr-Y - Innleiðandi

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FM-Kravtið LG: 03:08.29 - SG: 03:02.03					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		482	2:40.84	96,30 % -
	Entry time: 2:35.10 (+5.74)					
	50m: 33.39	100m: 1:13.66 (40.27)	150m: 2:03.00 (49.34)	200m: 2:40.84 (37.84)		
2	Halla Háfoss	2009 Havnar Svímjifelag		419	2:48.42	98,21 % -
	Entry time: 2:45.46 (+2.96)					
	50m: 34.46	100m: 1:22.39 (47.93)	150m: 2:10.88 (48.49)	200m: 2:48.42 (37.54)		
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		415	2:49.05	95,19 % Q
	Entry time: 2:41.29 (+7.76)					
	50m: 37.41	100m: 1:23.01 (45.60)	150m: 2:11.37 (48.36)	200m: 2:49.05 (37.68)		
4	Naomi Friang	2010 Fuglafjarðar Svímjifelag		262	3:16.87	-
	50m: 46.66	100m: 1:39.69 (53.03)	150m: 2:34.52 (54.83)	200m: 3:16.87 (42.35)		

Kapping almenn: 07.06.2025 11:05:23

Kapping 8, 200m Blandað Kvinnur Jr-E - Innleiðandi

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FM-Kravtið LG: 03:08.29 - SG: 03:02.03					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		553	2:33.59	94,02 % Q
	Entry time: 2:24.92 (+8.67)					
	50m: 32.38	100m: 1:13.94 (41.56)	150m: 1:57.98 (44.04)	200m: 2:33.59 (35.61)		
2	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		457	2:43.67	89,46 % Q
	Entry time: 2:28.07 (+15.60)					
	50m: 35.15	100m: 1:16.23 (41.08)		200m: 2:43.67 (2:43.67)		





Úrslit

Kapping 8, 200m Blandað Kvinnur Jr-E - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
3	Durita Mohr Askham	2008 Svímjifelagið Ægir		431	2:46.91	97,13 % -
	Entry time: 2:42.25 (+4.66)					
	50m: 35.76	100m: 1:20.87 (45.11)	150m: 2:10.02 (49.15)		200m: 2:46.91 (36.89)	
-	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 11:05:23

Kapping 8, 200m Blandað Kvinnur FM - Innleiðandi

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FM-Kravtið	LG: 03:08.29	-	SG: 03:02.03		

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		553	2:33.59	94,02 % Q
	Entry time: 2:24.92 (+8.67)					
	50m: 32.38	100m: 1:13.94 (41.56)	150m: 1:57.98 (44.04)		200m: 2:33.59 (35.61)	
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		482	2:40.84	96,30 % -
	Entry time: 2:35.10 (+5.74)					
	50m: 33.39	100m: 1:13.66 (40.27)	150m: 2:03.00 (49.34)		200m: 2:40.84 (37.84)	
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		457	2:43.67	89,46 % Q
	Entry time: 2:28.07 (+15.60)					
	50m: 35.15	100m: 1:16.23 (41.08)			200m: 2:43.67 (2:43.67)	
4	Durita Mohr Askham	2008 Svímjifelagið Ægir		431	2:46.91	97,13 % -
	Entry time: 2:42.25 (+4.66)					
	50m: 35.76	100m: 1:20.87 (45.11)	150m: 2:10.02 (49.15)		200m: 2:46.91 (36.89)	
5	Halla Háfoss	2009 Havnar Svímjifelag		419	2:48.42	98,21 % -
	Entry time: 2:45.46 (+2.96)					
	50m: 34.46	100m: 1:22.39 (47.93)	150m: 2:10.88 (48.49)		200m: 2:48.42 (37.54)	
6	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		415	2:49.05	95,19 % Q
	Entry time: 2:41.29 (+7.76)					
	50m: 37.41	100m: 1:23.01 (45.60)	150m: 2:11.37 (48.36)		200m: 2:49.05 (37.68)	
7	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		403	2:50.71	97,54 % Q
	Entry time: 2:46.61 (+4.10)					
	50m: 38.11	100m: 1:22.71 (44.60)	150m: 2:13.24 (50.53)		200m: 2:50.71 (37.47)	
8	Naomi Friang	2010 Fuglafjarðar Svímjifelag		262	3:16.87	-
	50m: 46.66	100m: 1:39.69 (53.03)	150m: 2:34.52 (54.83)		200m: 3:16.87 (42.35)	
-	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 11:05:23

Kapping 8, 200m Blandað Kvinnur Jr-Y - Finala

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FM-Kravtið	LG: 03:08.29	-	SG: 03:02.03		

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		462	2:43.03	103,56 %
	Entry time: 2:49.05 (-6.02)					
	50m: 35.13	100m: 1:19.30 (44.17)	150m: 2:04.14 (44.84)		200m: 2:43.03 (38.89)	

Kapping almenn: 07.06.2025 17:56:22

Kapping 8, 200m Blandað Kvinnur Jr-E - Finala

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016
FM-Kravtið	LG: 03:08.29	-	SG: 03:02.03		





Úrslit

Kapping 8, 200m Blandað Kvinnur Jr-E - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		578	2:31.38	107,51 %
	Entry time: 2:43.67 (-12.29)					
	50m: 32.64	100m: 1:11.69 (39.05)	150m: 1:56.71 (45.02)		200m: 2:31.38 (34.67)	
2	Lea Osberg Højsted	2008 Svímjifelagið Ægir		527	2:36.05	98,40 %
	Entry time: 2:33.59 (+2.46)					
	50m: 33.58	100m: 1:14.78 (41.20)	150m: 1:58.48 (43.70)		200m: 2:36.05 (37.57)	

Kapping almenn: 07.06.2025 17:56:22

Kapping 8, 200m Blandað Kvinnur FM - Finala

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Laugardalslaug (ISL)	23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Laugardalslaug (ISL)	23.01.2016
FM-Kravtið LG: 03:08.29 - SG: 03:02.03					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		578	2:31.38	107,51 %
	Entry time: 2:43.67 (-12.29)					
	50m: 32.64	100m: 1:11.69 (39.05)	150m: 1:56.71 (45.02)		200m: 2:31.38 (34.67)	
2	Lea Osberg Højsted	2008 Svímjifelagið Ægir		527	2:36.05	98,40 %
	Entry time: 2:33.59 (+2.46)					
	50m: 33.58	100m: 1:14.78 (41.20)	150m: 1:58.48 (43.70)		200m: 2:36.05 (37.57)	
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		462	2:43.03	103,56 %
	Entry time: 2:49.05 (-6.02)					
	50m: 35.13	100m: 1:19.30 (44.17)	150m: 2:04.14 (44.84)		200m: 2:43.03 (38.89)	
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		462	2:43.13	104,44 %
	Entry time: 2:50.71 (-7.58)					
	50m: 33.80	100m: 1:15.94 (42.14)	150m: 2:06.83 (50.89)		200m: 2:43.13 (36.30)	

Kapping almenn: 07.06.2025 17:56:22

Kapping 9, 200m Blandað Menn Jr-Y - Innleiðandi

FRO	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FRO.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM-Kravtið LG: 02:50.29 - SG: 02:43.76					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jens Martin Dam	2009 Havnar Svímjifelag		250	3:00.79	99,68 % -
	Entry time: 3:00.22 (+0.57)					
	50m: 38.00	100m: 1:26.72 (48.72)	150m: 2:22.27 (55.55)		200m: 3:00.79 (38.52)	
-	Haraldur Mortensen	2010 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 11:16:46

Kapping 9, 200m Blandað Menn Jr-E - Innleiðandi

FRO	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FRO.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM-Kravtið LG: 02:50.29 - SG: 02:43.76					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		536	2:20.31	96,53 % Q
	Entry time: 2:15.60 (+4.71)					
	50m: 28.96	100m: 1:06.68 (37.72)	150m: 1:46.92 (40.24)		200m: 2:20.31 (33.39)	
2	Bárður Ólavsson	2008 Svímjifelagið Ægir		451	2:28.58	91,54 % -
	Entry time: 2:16.99 (+11.59)					
	50m: 30.04	100m: 1:10.19 (40.15)	150m: 1:54.37 (44.18)		200m: 2:28.58 (34.21)	





Úrslit

Kapping 9, 200m Blandað Menn Jr-E - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
3	Silas Dam Lindberg	2008 Havnar Svímjifelag		414	2:32.92	86,54 % Q
	Entry time: 2:14.78 (+18.14)					
	50m: 33.00	100m: 1:13.63 (40.63)	150m: 1:57.93 (44.30)	200m: 2:32.92 (34.99)		
Kapping almenn: 07.06.2025 11:16:46						

Kapping 9, 200m Blandað Menn FM - Innleiðandi

FRO	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FRO.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM-Kravtið LG: 02:50.29 - SG: 02:43.76					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir		588	2:16.02	96,58 % -
	Entry time: 2:11.52 (+4.50)					
	50m: 29.39	100m: 1:06.89 (37.50)	150m: 1:45.71 (38.82)	200m: 2:16.02 (30.31)		
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		536	2:20.31	96,53 % Q
	Entry time: 2:15.60 (+4.71)					
	50m: 28.96	100m: 1:06.68 (37.72)	150m: 1:46.92 (40.24)	200m: 2:20.31 (33.39)		
3	Isak Brisenfeldt	2006 Havnar Svímjifelag		503	2:23.30	87,48 % Q
	Entry time: 2:07.36 (+15.94)					
	50m: 30.72	100m: 1:08.81 (38.09)	150m: 1:50.23 (41.42)	200m: 2:23.30 (33.07)		
4	Bárður Ólavsson	2008 Svímjifelagið Ægir		451	2:28.58	91,54 % -
	Entry time: 2:16.99 (+11.59)					
	50m: 30.04	100m: 1:10.19 (40.15)	150m: 1:54.37 (44.18)	200m: 2:28.58 (34.21)		
5	Silas Dam Lindberg	2008 Havnar Svímjifelag		414	2:32.92	86,54 % Q
	Entry time: 2:14.78 (+18.14)					
	50m: 33.00	100m: 1:13.63 (40.63)	150m: 1:57.93 (44.30)	200m: 2:32.92 (34.99)		
6	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		364	2:39.52	102,02 % Q
	Entry time: 2:42.81 (-3.29)					
	50m: 31.17	100m: 1:12.27 (41.10)	150m: 2:03.98 (51.71)	200m: 2:39.52 (35.54)		
7	Tórir Olsen	2011 Svímjifelagið Ægir		317	2:47.18	93,50 % -
	Entry time: 2:36.97 (+10.21)					
	50m: 35.89	100m: 1:18.91 (43.02)	150m: 2:10.61 (51.70)	200m: 2:47.18 (36.57)		
8	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		282	2:53.71	93,35 % Q
	Entry time: 2:42.88 (+10.83)					
	50m: 38.83	100m: 1:26.15 (47.32)	150m: 2:16.29 (50.14)	200m: 2:53.71 (37.42)		
9	Jens Martin Dam	2009 Havnar Svímjifelag		250	3:00.79	99,68 % -
	Entry time: 3:00.22 (+0.57)					
	50m: 38.00	100m: 1:26.72 (48.72)	150m: 2:22.27 (55.55)	200m: 3:00.79 (38.52)		
-	Haraldur Mortensen	2010 Suðuroyar Svímjifelag			DNS	
Kapping almenn: 07.06.2025 11:16:46						

Kapping 9, 200m Blandað Menn Jr-E - Finala

FRO	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FRO.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM-Kravtið LG: 02:50.29 - SG: 02:43.76					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		593	2:15.65	103,32 %
	Entry time: 2:20.31 (-4.66)					
	50m: 29.12	100m: 1:05.90 (36.78)	150m: 1:44.16 (38.26)	200m: 2:15.65 (31.49)		





Úrslit

Kapping 9, 200m Blandað Menn Jr-E - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
2	Silas Dam Lindberg	2008 Havnar Svímjifelag		499	2:23.72	106,02 %
	Entry time: 2:32.92 (-9.20)					
	50m: 29.65	100m: 1:06.46 (36.81)	150m: 1:47.77 (41.31)	200m: 2:23.72 (35.95)		
Kapping almenn: 07.06.2025 18:02:40						

Kapping 9, 200m Blandað Menn FM - Finala

FRO	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FRO.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM-Kravtið LG: 02:50.29 - SG: 02:43.76					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		716	2:07.37	111,12 %
	Entry time: 2:23.30 (-15.93)					
	50m: 27.97	100m: 1:01.89 (33.92)	150m: 1:38.28 (36.39)	200m: 2:07.37 (29.09)		
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		593	2:15.65	103,32 %
	Entry time: 2:20.31 (-4.66)					
	50m: 29.12	100m: 1:05.90 (36.78)	150m: 1:44.16 (38.26)	200m: 2:15.65 (31.49)		
3	Silas Dam Lindberg	2008 Havnar Svímjifelag		499	2:23.72	106,02 %
	Entry time: 2:32.92 (-9.20)					
	50m: 29.65	100m: 1:06.46 (36.81)	150m: 1:47.77 (41.31)	200m: 2:23.72 (35.95)		
4	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		302	2:49.82	102,24 %
	Entry time: 2:53.71 (-3.89)					
	50m: 37.11	100m: 1:25.28 (48.17)	150m: 2:13.93 (48.65)	200m: 2:49.82 (35.89)		
-	Jóhannis í Stórustovu	2011 Havnar Svímjifelag			DSQ	
SW 10.2. Fullfórði ekki kappingina						
Kapping almenn: 07.06.2025 18:02:40						

Kapping 10, 50m Rygg Kvinnur Jr-Y - Innleiðandi

FAR	29.47	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	13.04.2024
FAR.JR	29.59	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Broenshoej (DEN)	04.04.2017
FM-Kravtið LG: 00:40.30 - SG: 00:38.34					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		609	31.68	93,58 % Q
	Entry time: 29.77 (+1.91)					
2	Emma Debes	2010 Suðuroyar Svímjifelag		397	36.52	93,62 % Q
	Entry time: 34.33 (+2.19)					
3	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		373	37.30	97,81 % Q
	Entry time: 36.50 (+0.80)					
4	Talita Johannesen	2010 Suðuroyar Svímjifelag		320	39.23	95,91 % R1
	Entry time: 37.69 (+1.54)					
5	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag		299	40.14	R2
6	Naomi Friang	2010 Fuglafjarðar Svímjifelag		255	42.32	90,98 %
	Entry time: 38.82 (+3.50)					
Kapping almenn: 07.06.2025 11:19:23						

Kapping 10, 50m Rygg Kvinnur Jr-E - Innleiðandi

FAR	29.47	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	13.04.2024
FAR.JR	29.59	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Broenshoej (DEN)	04.04.2017
FM-Kravtið LG: 00:40.30 - SG: 00:38.34					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 10, 50m Rygg Kvinnur Jr-E - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		473	34.45	94,62 % -
	Entry time: 32.69	(+1.76)				
-	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 11:19:23

Kapping 10, 50m Rygg Kvinnur FM - Innleiðandi

FAR	29.47	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	13.04.2024
FAR.JR	29.59	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	04.04.2017
FM-Kravtið LG: 00:40.30 - SG: 00:38.34					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		621	31.48	93,47 % Q
	Entry time: 29.55	(+1.93)				
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		609	31.68	93,58 % Q
	Entry time: 29.77	(+1.91)				
3	Jórun Winther	2011 Suðuroyar Svímjifelag		495	33.95	97,99 % Q
	Entry time: 33.28	(+0.67)				
4	Lea Osberg Højsted	2008 Svímjifelagið Ægir		473	34.45	94,62 % -
	Entry time: 32.69	(+1.76)				
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		413	36.06	96,05 % Q
	Entry time: 34.69	(+1.37)				
6	Emma Debes	2010 Suðuroyar Svímjifelag		397	36.52	93,62 % Q
	Entry time: 34.33	(+2.19)				
7	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		373	37.30	97,81 % Q
	Entry time: 36.50	(+0.80)				
8	Talita Johannesen	2010 Suðuroyar Svímjifelag		320	39.23	95,91 % R1
	Entry time: 37.69	(+1.54)				
9	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag		299	40.14	R2
10	Lilja Sørensen	2011 Havnar Svímjifelag		285	40.77	92,37 %
	Entry time: 37.88	(+2.89)				
11	Naomi Friang	2010 Fuglafjarðar Svímjifelag		255	42.32	90,98 %
	Entry time: 38.82	(+3.50)				
-	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 11:19:23

Kapping 10, 50m Rygg Kvinnur Jr-Y - Finala

FAR	29.47	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	13.04.2024
FAR.JR	29.59	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	04.04.2017
FM-Kravtið LG: 00:40.30 - SG: 00:38.34					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		621	31.47	100,66 %
	Entry time: 31.68	(-0.21)				
2	Emma Debes	2010 Suðuroyar Svímjifelag		399	36.48	100,11 %
	Entry time: 36.52	(-0.04)				
3	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		357	37.84	98,55 %
	Entry time: 37.30	(+0.54)				

Kapping almenn: 07.06.2025 18:10:09





Úrslit

Kapping 10, 50m Rygg Kvinnur FM - Finala

FAR 29.47 Elisabeth Erlendsdóttir 2005 Havnar Svímjifelag (FRO) Kobenhavn (DEN) 13.04.2024
 FAR.JR 29.59 Signhild Joensen 2000 Ægir Klaksvik (FRO) Broenshoej (DEN) 04.04.2017
 FM-Kravtið LG: 00:40.30 - SG: 00:38.34

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		734	29.77	105,43 %
	Entry time: 31.48 (-1.71)					
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		621	31.47	100,66 %
	Entry time: 31.68 (-0.21)					
3	Jórun Winther	2011 Suðuroyar Svímjifelag		514	33.53	101,24 %
	Entry time: 33.95 (-0.42)					
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		407	36.23	99,53 %
	Entry time: 36.06 (+0.17)					
5	Emma Debes	2010 Suðuroyar Svímjifelag		399	36.48	100,11 %
	Entry time: 36.52 (-0.04)					
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		357	37.84	98,55 %
	Entry time: 37.30 (+0.54)					

Kapping almenn: 07.06.2025 18:10:09

Kapping 11, 50m Rygg Menn Jr-Y - Innleiðandi

FRO 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
 FRO.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
 FM-Kravtið LG: 00:35.85 - SG: 00:33.19

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Aron Berg Joensen	2009 Havnar Svímjifelag		310	34.79	98,95 % Q
	Entry time: 34.43 (+0.36)					
2	Jónatan Samuelsen	2010 Havnar Svímjifelag		290	35.54	95,41 % R1
	Entry time: 33.98 (+1.56)					
3	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		222	38.84	94,14 % -
	Entry time: 36.69 (+2.15)					
4	Andrias Mellemgaard	2009 Havnar Svímjifelag		180	41.66	94,72 % - S9
	Entry time: 39.57 (+2.09)					
-	Haraldur Mortensen	2010 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 11:23:44

Kapping 11, 50m Rygg Menn Jr-E - Innleiðandi

FRO 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
 FRO.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
 FM-Kravtið LG: 00:35.85 - SG: 00:33.19

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag		516	29.35	96,80 % Q
	Entry time: 28.44 (+0.91)					

Kapping almenn: 07.06.2025 11:23:44

Kapping 11, 50m Rygg Menn FM - Innleiðandi

FRO 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
 FRO.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
 FM-Kravtið LG: 00:35.85 - SG: 00:33.19

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 11, 50m Rygg Menn FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag		516	29.35	96,80 % Q
	Entry time: 28.44 (+0.91)					
2	Isak Brisenfeldt	2006 Havnar Svímjifelag		428	31.24	84,08 % Q
	Entry time: 26.95 (+4.29)					
3	Heini Mohr Askham	2006 Svímjifelagið Ægir		416	31.53	97,23 % Q
	Entry time: 30.68 (+0.85)					
4	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		355	33.24	98,53 % Q
	Entry time: 32.76 (+0.48)					
5	Aron Berg Joensen	2009 Havnar Svímjifelag		310	34.79	98,95 % Q
	Entry time: 34.43 (+0.36)					
6	Theodor Salter	2011 Havnar Svímjifelag		296	35.31	94,50 % Q
	Entry time: 33.47 (+1.84)					
7	Jónatan Samuelsen	2010 Havnar Svímjifelag		290	35.54	95,41 % R1
	Entry time: 33.98 (+1.56)					
8	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		222	38.84	94,14 % -
	Entry time: 36.69 (+2.15)					
9	Andrias Mellemgaard	2009 Havnar Svímjifelag		180	41.66	94,72 % - S9
	Entry time: 39.57 (+2.09)					
10	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		124	47.13	57,14 % R2
	Entry time: 32.99 (+14.14)					
-	Haraldur Mortensen	2010 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 07.06.2025 11:23:44

Kapping 11, 50m Rygg Menn Jr-Y - Finala

FRO	26.34	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FRO.JR	26.34	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012

FM-Kravtið LG: 00:35.85 - SG: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Aron Berg Joensen	2009 Havnar Svímjifelag		319	34.45	100,98 %
	Entry time: 34.79 (-0.34)					

Kapping almenn: 07.06.2025 18:13:28

Kapping 11, 50m Rygg Menn Jr-E - Finala

FRO	26.34	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FRO.JR	26.34	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012

FM-Kravtið LG: 00:35.85 - SG: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag		517	29.34	100,03 %
	Entry time: 29.35 (-0.01)					

Kapping almenn: 07.06.2025 18:13:28

Kapping 11, 50m Rygg Menn FM - Finala

FRO	26.34	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FRO.JR	26.34	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012

FM-Kravtið LG: 00:35.85 - SG: 00:33.19

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		541	28.90	107,49 %
	Entry time: 31.24 (-2.34)					





Úrslit

Kapping 11, 50m Rygg Menn FM - Finala

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Óli Mikkelsen	2008 Havnar Svímjifelag		517	29.34	100,03 %
	Entry time: 29.35 (-0.01)					
3	Heini Mohr Askham	2006 Svímjifelagið Ægir		423	31.35	100,57 %
	Entry time: 31.53 (-0.18)					
4	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		379	32.52	102,17 %
	Entry time: 33.24 (-0.72)					
5	Aron Berg Joensen	2009 Havnar Svímjifelag		319	34.45	100,98 %
	Entry time: 34.79 (-0.34)					
6	Theodor Salter	2011 Havnar Svímjifelag		311	34.74	101,61 %
	Entry time: 35.31 (-0.57)					

Kapping almenn: 07.06.2025 18:13:28

Kapping 12, 200m Frí Kvinnur Jr-Y - Innleiðandi

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016
 FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016
 FM-Kravtið LG: 02:48.77 - SG: 02:44.96

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir		454	2:25.97	96,72 % Q
	Entry time: 2:21.34 (+4.63)					
	50m: 33.00 100m: 1:09.39 (36.39) 150m: 1:47.59 (38.20) 200m: 2:25.97 (38.38)					
2	Halla Háfoss	2009 Havnar Svímjifelag		417	2:30.15	98,46 % Q
	Entry time: 2:27.88 (+2.27)					
	50m: 33.33 100m: 1:10.96 (37.63) 150m: 1:50.97 (40.01) 200m: 2:30.15 (39.18)					
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		403	2:31.92	99,26 % R1
	Entry time: 2:30.80 (+1.12)					
	50m: 33.80 100m: 1:11.84 (38.04) 150m: 1:51.95 (40.11) 200m: 2:31.92 (39.97)					
4	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		398	2:32.52	94,27 % R2
	Entry time: 2:24.26 (+8.26)					
	50m: 35.36 100m: 1:14.71 (39.35) 150m: 1:54.44 (39.73) 200m: 2:32.52 (38.08)					
5	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		355	2:38.41	93,83 %
	Entry time: 2:29.21 (+9.20)					
	50m: 35.34 100m: 1:15.44 (40.10) 150m: 1:57.53 (42.09) 200m: 2:38.41 (40.88)					
6	Emma Debes	2010 Suðuroyar Svímjifelag		339	2:40.83	91,90 %
	Entry time: 2:28.78 (+12.05)					
	50m: 35.34 100m: 1:15.35 (40.01) 150m: 1:58.39 (43.04) 200m: 2:40.83 (42.44)					
7	Naomi Friang	2010 Fuglafjarðar Svímjifelag		331	2:42.11	99,03 %
	Entry time: 2:40.55 (+1.56)					
	50m: 37.22 100m: 1:19.54 (42.32) 150m: 2:01.71 (42.17) 200m: 2:42.11 (40.40)					
8	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag		325	2:43.07	89,51 %
	Entry time: 2:27.59 (+15.48)					
	50m: 36.99 100m: 1:19.10 (42.11) 150m: 2:01.94 (42.84) 200m: 2:43.07 (41.13)					
9	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		267	2:54.09	103,53 % -
	Entry time: 3:00.46 (-6.37)					
	50m: 36.21 100m: 1:20.28 (44.07) 150m: 2:07.77 (47.49) 200m: 2:54.09 (46.32)					

Kapping almenn: 07.06.2025 11:37:33

Kapping 12, 200m Frí Kvinnur Jr-E - Innleiðandi

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016
 FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016
 FM-Kravtið LG: 02:48.77 - SG: 02:44.96





Úrslit

Kapping 12, 200m Frí Kvinnur Jr-E - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifelagið Ægir		449	2:26.54	88,49 % Q
	Entry time: 2:11.42 (+15.12)					
	50m: 33.83	100m: 1:10.46 (36.63)	150m: 1:48.32 (37.86)	200m: 2:26.54 (38.22)		
2	Durita Mohr Askham	2008 Svímjifelagið Ægir		433	2:28.28	96,74 % Q
	Entry time: 2:23.60 (+4.68)					
	50m: 34.41	100m: 1:12.27 (37.86)	150m: 1:50.18 (37.91)	200m: 2:28.28 (38.10)		

Kapping almenn: 07.06.2025 11:37:33

Kapping 12, 200m Frí Kvinnur FM - Innleiðandi

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 08.07.2016
 FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 08.07.2016
 FM-Kravtið LG: 02:48.77 - SG: 02:44.96

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifelag		470	2:24.27	88,81 % Q
	Entry time: 2:09.75 (+14.52)					
	50m: 33.15	100m: 1:10.22 (37.07)	150m: 1:47.27 (37.05)	200m: 2:24.27 (37.00)		
2	Lea Petersen	2009 Svímjifelagið Ægir		454	2:25.97	96,72 % Q
	Entry time: 2:21.34 (+4.63)					
	50m: 33.00	100m: 1:09.39 (36.39)	150m: 1:47.59 (38.20)	200m: 2:25.97 (38.38)		
3	Róa Trygvadóttir	2008 Svímjifelagið Ægir		449	2:26.54	88,49 % Q
	Entry time: 2:11.42 (+15.12)					
	50m: 33.83	100m: 1:10.46 (36.63)	150m: 1:48.32 (37.86)	200m: 2:26.54 (38.22)		
4	Jórun Winther	2011 Suðuroyar Svímjifelag		434	2:28.19	92,42 % Q
	Entry time: 2:17.75 (+10.44)					
	50m: 32.53	100m: 1:10.16 (37.63)	150m: 1:49.40 (39.24)	200m: 2:28.19 (38.79)		
5	Durita Mohr Askham	2008 Svímjifelagið Ægir		433	2:28.28	96,74 % Q
	Entry time: 2:23.60 (+4.68)					
	50m: 34.41	100m: 1:12.27 (37.86)	150m: 1:50.18 (37.91)	200m: 2:28.28 (38.10)		
6	Halla Háfoss	2009 Havnar Svímjifelag		417	2:30.15	98,46 % Q
	Entry time: 2:27.88 (+2.27)					
	50m: 33.33	100m: 1:10.96 (37.63)	150m: 1:50.97 (40.01)	200m: 2:30.15 (39.18)		
7	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		403	2:31.92	99,26 % R1
	Entry time: 2:30.80 (+1.12)					
	50m: 33.80	100m: 1:11.84 (38.04)	150m: 1:51.95 (40.11)	200m: 2:31.92 (39.97)		
8	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		398	2:32.52	94,27 % R2
	Entry time: 2:24.26 (+8.26)					
	50m: 35.36	100m: 1:14.71 (39.35)	150m: 1:54.44 (39.73)	200m: 2:32.52 (38.08)		
9	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		355	2:38.41	93,83 %
	Entry time: 2:29.21 (+9.20)					
	50m: 35.34	100m: 1:15.44 (40.10)	150m: 1:57.53 (42.09)	200m: 2:38.41 (40.88)		
10	Emma Debes	2010 Suðuroyar Svímjifelag		339	2:40.83	91,90 %
	Entry time: 2:28.78 (+12.05)					
	50m: 35.34	100m: 1:15.35 (40.01)	150m: 1:58.39 (43.04)	200m: 2:40.83 (42.44)		
11	Naomi Friang	2010 Fuglafjarðar Svímjifelag		331	2:42.11	99,03 %
	Entry time: 2:40.55 (+1.56)					
	50m: 37.22	100m: 1:19.54 (42.32)	150m: 2:01.71 (42.17)	200m: 2:42.11 (40.40)		
12	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag		325	2:43.07	89,51 %
	Entry time: 2:27.59 (+15.48)					
	50m: 36.99	100m: 1:19.10 (42.11)	150m: 2:01.94 (42.84)	200m: 2:43.07 (41.13)		





Úrslit

Kapping 12, 200m Frí Kvinnur FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
13	Rakul J Højbro	2011 Fuglafjarðar Svímjifélag		304	2:46.81	97,16 %
	Entry time: 2:42.21 (+4.60)					
	50m: 37.05	100m: 1:19.79 (42.74)	150m: 2:03.46 (43.67)	200m: 2:46.81 (43.35)		
14	Lilja Sørensen	2011 Havnar Svímjifélag		304	2:46.87	94,07 %
	Entry time: 2:37.53 (+9.34)					
	50m: 38.71	100m: 1:21.63 (42.92)	150m: 2:05.93 (44.30)	200m: 2:46.87 (40.94)		
15	Lea Í Trøðini	2011 Suðuroyar Svímjifélag		299	2:47.65	97,71 %
	Entry time: 2:43.90 (+3.75)					
	50m: 36.03	100m: 1:17.39 (41.36)	150m: 2:01.97 (44.58)	200m: 2:47.65 (45.68)		
16	Lilja Strøm Winther	2009 Suðuroyar Svímjifélag		267	2:54.09	103,53 % -
	Entry time: 3:00.46 (-6.37)					
	50m: 36.21	100m: 1:20.28 (44.07)	150m: 2:07.77 (47.49)	200m: 2:54.09 (46.32)		
17	India Linnea Bech	2011 Havnar Svímjifélag		254	2:57.01	93,72 %
	Entry time: 2:46.55 (+10.46)					
	50m: 40.10	100m: 1:24.58 (44.48)	150m: 2:12.44 (47.86)	200m: 2:57.01 (44.57)		

Kapping almenn: 07.06.2025 11:37:33

Kapping 12, 200m Frí Kvinnur Jr-Y - Finala

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifélag (FR Hodmezovasarhely (HUN) 08.07.2016
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifélag (FR Hodmezovasarhely (HUN) 08.07.2016
FM-Kravtið LG: 02:48.77 - SG: 02:44.96

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifélagið Ægir		459	2:25.41	100,38 %
	Entry time: 2:25.97 (-0.56)					
	50m: 31.95	100m: 1:07.94 (35.99)	150m: 1:46.25 (38.31)	200m: 2:25.41 (39.16)		
2	Halla Háfoss	2009 Havnar Svímjifélag		404	2:31.79	98,91 %
	Entry time: 2:30.15 (+1.64)					
	50m: 33.42	100m: 1:11.37 (37.95)	150m: 1:51.81 (40.44)	200m: 2:31.79 (39.98)		

Kapping almenn: 07.06.2025 18:22:09

Kapping 12, 200m Frí Kvinnur Jr-E - Finala

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifélag (FR Hodmezovasarhely (HUN) 08.07.2016
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifélag (FR Hodmezovasarhely (HUN) 08.07.2016
FM-Kravtið LG: 02:48.77 - SG: 02:44.96

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifélagið Ægir		540	2:17.81	105,96 %
	Entry time: 2:26.54 (-8.73)					
	50m: 31.80	100m: 1:06.76 (34.96)	150m: 1:42.46 (35.70)	200m: 2:17.81 (35.35)		
2	Durita Mohr Askham	2008 Svímjifélagið Ægir		452	2:26.23	101,38 %
	Entry time: 2:28.28 (-2.05)					
	50m: 32.05	100m: 1:08.36 (36.31)	150m: 1:47.28 (38.92)	200m: 2:26.23 (38.95)		

Kapping almenn: 07.06.2025 18:22:09

Kapping 12, 200m Frí Kvinnur FM - Finala

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifélag (FR Hodmezovasarhely (HUN) 08.07.2016
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifélag (FR Hodmezovasarhely (HUN) 08.07.2016
FM-Kravtið LG: 02:48.77 - SG: 02:44.96

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifélag		572	2:15.15	106,32 %
	Entry time: 2:24.27 (-9.12)					
	50m: 30.02	100m: 1:04.11 (34.09)	150m: 1:39.21 (35.10)	200m: 2:15.15 (35.94)		





Úrslit

Kapping 12, 200m Frí Kvinnur FM - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		540	2:17.81	105,96 %
	Entry time: 2:26.54 (-8.73)					
	50m: 31.80	100m: 1:06.76 (34.96)	150m: 1:42.46 (35.70)		200m: 2:17.81 (35.35)	
3	Jórun Winther	2011 Suðuroyar Svímjifelag		506	2:20.81	104,98 %
	Entry time: 2:28.19 (-7.38)					
	50m: 31.41	100m: 1:06.51 (35.10)	150m: 1:43.90 (37.39)		200m: 2:20.81 (36.91)	
4	Lea Petersen	2009 Svímjifelagið Ægir		459	2:25.41	100,38 %
	Entry time: 2:25.97 (-0.56)					
	50m: 31.95	100m: 1:07.94 (35.99)	150m: 1:46.25 (38.31)		200m: 2:25.41 (39.16)	
5	Durita Mohr Askham	2008 Svímjifelagið Ægir		452	2:26.23	101,38 %
	Entry time: 2:28.28 (-2.05)					
	50m: 32.05	100m: 1:08.36 (36.31)	150m: 1:47.28 (38.92)		200m: 2:26.23 (38.95)	
6	Halla Háfoss	2009 Havnar Svímjifelag		404	2:31.79	98,91 %
	Entry time: 2:30.15 (+1.64)					
	50m: 33.42	100m: 1:11.37 (37.95)	150m: 1:51.81 (40.44)		200m: 2:31.79 (39.98)	

Kapping almenn: 07.06.2025 18:22:09

Kapping 13, 200m Frí Menn Jr-Y - Innleiðandi

FRO	1:48.98	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	23.03.2012
FRO.JR	1:53.14	Líggjas Joensen	2008 Ægir Klaksvík (FRO)	Helsinki (FIN)	02.07.2024
FM-Kravtið	LG: 02:32.36	SG: 02:28.43			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jens Martin Dam	2009 Havnar Svímjifelag		335	2:26.74	96,11 % R1
	Entry time: 2:21.25 (+5.49)					
	50m: 32.60	100m: 1:10.00 (37.40)	150m: 1:49.38 (39.38)		200m: 2:26.74 (37.36)	
2	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		311	2:30.42	97,09 % R2
	Entry time: 2:26.16 (+4.26)					
	50m: 32.81	100m: 1:11.44 (38.63)	150m: 1:53.11 (41.67)		200m: 2:30.42 (37.31)	
3	Jónatan Samuelsen	2010 Havnar Svímjifelag		278	2:36.10	91,01 %
	Entry time: 2:23.23 (+12.87)					
	50m: 33.97	100m: 1:13.87 (39.90)	150m: 1:55.92 (42.05)		200m: 2:36.10 (40.18)	
4	Aron Berg Joensen	2009 Havnar Svímjifelag		182	2:59.75	69,33 %
	Entry time: 2:17.56 (+42.19)					
	50m: 38.70	100m: 1:23.51 (44.81)	150m: 2:12.11 (48.60)		200m: 2:59.75 (47.64)	
5	Andrias Mellemgaard	2009 Havnar Svímjifelag		170	3:03.97	87,47 % - S9
	Entry time: 2:43.49 (+20.48)					
	50m: 39.52	100m: 1:27.23 (47.71)	150m: 2:16.76 (49.53)		200m: 3:03.97 (47.21)	

Kapping almenn: 07.06.2025 11:45:54

Kapping 13, 200m Frí Menn Jr-E - Innleiðandi

FRO	1:48.98	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	23.03.2012
FRO.JR	1:53.14	Líggjas Joensen	2008 Ægir Klaksvík (FRO)	Helsinki (FIN)	02.07.2024
FM-Kravtið	LG: 02:32.36	SG: 02:28.43			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Oddvaldur Leivsson	2008 Havnar Svímjifelag		577	2:02.52	99,47 % Q
	Entry time: 2:01.87 (+0.65)					
	50m: 28.17	100m: 59.47 (31.30)	150m: 1:31.22 (31.75)		200m: 2:02.52 (31.30)	
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		546	2:04.77	97,33 % Q
	Entry time: 2:01.53 (+3.24)					
	50m: 28.10	100m: 59.52 (31.42)	150m: 1:32.08 (32.56)		200m: 2:04.77 (32.69)	





Úrslit

Kapping 13, 200m Frí Menn Jr-E - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
3	Silas Dam Lindberg	2008 Havnar Svímjifelag	495	2:08.87	91,83 %	Q
	Entry time: 1:59.14 (+9.73)					
	50m: 28.72	100m: 1:01.23 (32.51)	150m: 1:35.39 (34.16)	200m: 2:08.87 (33.48)		
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	420	2:16.10	96,04 %	Q
	Entry time: 2:10.92 (+5.18)					
	50m: 31.04	100m: 1:05.76 (34.72)	150m: 1:41.52 (35.76)	200m: 2:16.10 (34.58)		

Kapping almenn: 07.06.2025 11:45:54

Kapping 13, 200m Frí Menn FM - Innleiðandi

FRO	1:48.98	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	23.03.2012
FRO.JR	1:53.14	Líggjas Joensen	2008 Ægir Klaksvík (FRO)	Helsinki (FIN)	02.07.2024
FM-Kravtið	LG: 02:32.36	SG: 02:28.43			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Oddvaldur Leivsson	2008 Havnar Svímjifelag	577	2:02.52	99,47 %	Q
	Entry time: 2:01.87 (+0.65)					
	50m: 28.17	100m: 59.47 (31.30)	150m: 1:31.22 (31.75)	200m: 2:02.52 (31.30)		
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	546	2:04.77	97,33 %	Q
	Entry time: 2:01.53 (+3.24)					
	50m: 28.10	100m: 59.52 (31.42)	150m: 1:32.08 (32.56)	200m: 2:04.77 (32.69)		
3	Isak Brisenfeldt	2006 Havnar Svímjifelag	517	2:07.06	88,80 %	-
	Entry time: 1:54.26 (+12.80)					
	50m: 29.27	100m: 1:01.39 (32.12)	150m: 1:34.54 (33.15)	200m: 2:07.06 (32.52)		
4	Silas Dam Lindberg	2008 Havnar Svímjifelag	495	2:08.87	91,83 %	Q
	Entry time: 1:59.14 (+9.73)					
	50m: 28.72	100m: 1:01.23 (32.51)	150m: 1:35.39 (34.16)	200m: 2:08.87 (33.48)		
5	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	420	2:16.10	96,04 %	Q
	Entry time: 2:10.92 (+5.18)					
	50m: 31.04	100m: 1:05.76 (34.72)	150m: 1:41.52 (35.76)	200m: 2:16.10 (34.58)		
6	Tórir Olsen	2011 Svímjifelagið Ægir	414	2:16.82	96,23 %	Q
	Entry time: 2:11.85 (+4.97)					
	50m: 31.39	100m: 1:06.15 (34.76)	150m: 1:41.68 (35.53)	200m: 2:16.82 (35.14)		
7	Jóhannis í Stórustovu	2011 Havnar Svímjifelag	391	2:19.45	93,54 %	Q
	Entry time: 2:10.99 (+8.46)					
	50m: 30.35	100m: 1:04.43 (34.08)	150m: 1:40.88 (36.45)	200m: 2:19.45 (38.57)		
8	Jens Martin Dam	2009 Havnar Svímjifelag	335	2:26.74	96,11 %	R1
	Entry time: 2:21.25 (+5.49)					
	50m: 32.60	100m: 1:10.00 (37.40)	150m: 1:49.38 (39.38)	200m: 2:26.74 (37.36)		
9	Sigbjartur J. Egholm	2009 Havnar Svímjifelag	311	2:30.42	97,09 %	R2
	Entry time: 2:26.16 (+4.26)					
	50m: 32.81	100m: 1:11.44 (38.63)	150m: 1:53.11 (41.67)	200m: 2:30.42 (37.31)		
10	Theodor Salter	2011 Havnar Svímjifelag	290	2:34.01	87,52 %	
	Entry time: 2:16.92 (+17.09)					
	50m: 35.87	100m: 1:15.91 (40.04)	150m: 1:57.03 (41.12)	200m: 2:34.01 (36.98)		
11	Jónatan Samuelsen	2010 Havnar Svímjifelag	278	2:36.10	91,01 %	
	Entry time: 2:23.23 (+12.87)					
	50m: 33.97	100m: 1:13.87 (39.90)	150m: 1:55.92 (42.05)	200m: 2:36.10 (40.18)		
12	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag	275	2:36.71	96,14 %	
	Entry time: 2:30.89 (+5.82)					
	50m: 36.56	150m: 1:59.78 (1:59.78)	200m: 2:36.71 (36.93)			





Úrslit

Kapping 13, 200m Frí Menn FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
13	Teitur Miné Róason	2011 Havnar Svímjifelag	253	2:41.13	93,62 %	
	Entry time: 2:31.47 (+9.66)					
	50m: 34.97	100m: 1:16.92 (41.95)	150m: 1:59.97 (43.05)	200m: 2:41.13 (41.16)		
14	Aron Berg Joensen	2009 Havnar Svímjifelag	182	2:59.75	69,33 %	
	Entry time: 2:17.56 (+42.19)					
	50m: 38.70	100m: 1:23.51 (44.81)	150m: 2:12.11 (48.60)	200m: 2:59.75 (47.64)		
15	Andrias Mellemgaard	2009 Havnar Svímjifelag	170	3:03.97	87,47 % -	S9
	Entry time: 2:43.49 (+20.48)					
	50m: 39.52	100m: 1:27.23 (47.71)	150m: 2:16.76 (49.53)	200m: 3:03.97 (47.21)		

Kapping almenn: 07.06.2025 11:45:54

Kapping 13, 200m Frí Menn Jr-E - Finala

FRO	1:48.98	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	23.03.2012
FRO.JR	1:53.14	Líggjas Joensen	2008 Ægir Klaksvík (FRO)	Helsinki (FIN)	02.07.2024
FM-Kravtið	LG: 02:32.36	SG: 02:28.43			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg	2008 Havnar Svímjifelag	597	2:01.08	106,04 %	
	Entry time: 2:08.87 (-7.79)					
	50m: 28.21	100m: 59.57 (31.36)	150m: 1:30.93 (31.36)	200m: 2:01.08 (30.15)		
2	Oddvaldur Leivsson	2008 Havnar Svímjifelag	589	2:01.64	100,72 %	
	Entry time: 2:02.52 (-0.88)					
	50m: 28.02	100m: 59.33 (31.31)	150m: 1:30.86 (31.53)	200m: 2:01.64 (30.78)		
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	558	2:03.84	100,75 %	
	Entry time: 2:04.77 (-0.93)					
	50m: 28.60	100m: 1:00.02 (31.42)	150m: 1:32.11 (32.09)	200m: 2:03.84 (31.73)		
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	430	2:15.12	100,72 %	
	Entry time: 2:16.10 (-0.98)					
	50m: 30.92	100m: 1:05.31 (34.39)	150m: 1:40.46 (35.15)	200m: 2:15.12 (34.66)		

Kapping almenn: 07.06.2025 18:26:49

Kapping 13, 200m Frí Menn FM - Finala

FRO	1:48.98	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	23.03.2012
FRO.JR	1:53.14	Líggjas Joensen	2008 Ægir Klaksvík (FRO)	Helsinki (FIN)	02.07.2024
FM-Kravtið	LG: 02:32.36	SG: 02:28.43			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg	2008 Havnar Svímjifelag	597	2:01.08	106,04 %	
	Entry time: 2:08.87 (-7.79)					
	50m: 28.21	100m: 59.57 (31.36)	150m: 1:30.93 (31.36)	200m: 2:01.08 (30.15)		
2	Oddvaldur Leivsson	2008 Havnar Svímjifelag	589	2:01.64	100,72 %	
	Entry time: 2:02.52 (-0.88)					
	50m: 28.02	100m: 59.33 (31.31)	150m: 1:30.86 (31.53)	200m: 2:01.64 (30.78)		
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	558	2:03.84	100,75 %	
	Entry time: 2:04.77 (-0.93)					
	50m: 28.60	100m: 1:00.02 (31.42)	150m: 1:32.11 (32.09)	200m: 2:03.84 (31.73)		
4	Tórir Olsen	2011 Svímjifelagið Ægir	455	2:12.52	103,14 %	
	Entry time: 2:16.82 (-4.30)					
	50m: 29.99	100m: 1:03.09 (33.10)	150m: 1:38.06 (34.97)	200m: 2:12.52 (34.46)		
5	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	430	2:15.12	100,72 %	
	Entry time: 2:16.10 (-0.98)					
	50m: 30.92	100m: 1:05.31 (34.39)	150m: 1:40.46 (35.15)	200m: 2:15.12 (34.66)		

09-06-2025 15:25.41

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 26/85





Úrslit

Kapping 13, 200m Frí Menn FM - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
6	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		398	2:18.59	100,62 %
Entry time: 2:19.45 (-0.86)						
50m: 30.55 100m: 1:04.87 (34.32) 150m: 1:41.27 (36.40) 200m: 2:18.59 (37.32)						
Kapping almenn: 07.06.2025 18:26:49						

Kapping 14, 4x100m Blandað Kvinnur Jr-Y - Innleiðandi

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	26.04.2019
Raðf	Navn	Aldur	Félag	AQU	Tíð Munur
1	HS Kvinnur	16	Havnar Svímjifelag	352 Q	5:24.93 99,33 %
	Lilja Sørensen	2011		43.42 1:28.44	1:28.44
	Mariella Annbrittardóttir	2010		43.70 1:32.07	3:00.51
	Henriksen				
	Halla Háfoss	2009		35.40 1:16.08	4:16.59
	Lilja Lenvig Harrysdóttir	2009		32.22 1:08.34	5:24.93
2	SuSvim	16	Suðuroyar Svímjifelag	318 Q	5:36.26 90,35 %
	Jórun Winther	2011		37.14 1:15.84	1:15.84
	Lilja Strøm Winther	2009		47.85 1:45.02	3:00.86
	Talita Johannesen	2010		37.81 1:27.70	4:28.56
	Emma Debes	2010		31.49 1:07.70	5:36.26
3	SuSvim team 2	16	Suðuroyar Svímjifelag	309 Q	5:39.60 95,91 %
	Bjarta í Lágabø	2009		33.35 1:11.41	1:11.41
	Lea í Trøðini	2011		49.18 1:49.92	3:01.33
	Sissal Rógvadóttir	2010		34.83 1:25.55	4:26.88
	Ninna í Hjøllum	2009		34.13 1:12.72	5:39.60
Kapping almenn: 07.06.2025 12:14:54					

Kapping 14, 4x100m Blandað Kvinnur Jr-E - Innleiðandi

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	26.04.2019
Raðf	Navn	Aldur	Félag	AQU	Tíð Munur
1	Ægir	18	Svímjeflagið Ægir	405 Q	5:10.34 89,52 %
	Jóhanna Ólavsdóttir	2007		37.53 1:16.66	1:16.66
	Lea Osberg Højsted	2008		40.46 1:26.12	2:42.78
	Róa Trygvadóttir	2008		36.07 1:17.10	3:59.88
	Durita Mohr Askham	2008		33.15 1:10.46	5:10.34
-	FS	18	Fuglafjarðar Svímjifelag		DNS
	Sirið Vesturtún	2011			
	Rakul J Højbro	2011			
	Rebekka Róðinsdóttir	2007			
	Naomi Friang	2010			
Kapping almenn: 07.06.2025 12:14:54					

Kapping 14, 4x100m Blandað Kvinnur FM - Innleiðandi

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	26.04.2019
Raðf	Navn	Aldur	Félag	AQU	Tíð Munur





Úrslit

Kapping 14, 4x100m Blandað Kvinnur FM - Innleiðandi

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir		405 Q	5:10.34	89,52 %
	Jóhanna Ólavsdóttir	2007		37.53	1:16.66	1:16.66	
	Lea Osberg Højsted	2008		40.46	1:26.12	2:42.78	
	Róa Trygvadóttir	2008		36.07	1:17.10	3:59.88	
	Durita Mohr Askham	2008		33.15	1:10.46	5:10.34	
2	HS Kvinnur		16 Havnar Svímjifelag		352 Q	5:24.93	99,33 %
	Lilja Sørensen	2011		43.42	1:28.44	1:28.44	
	Mariella Annbrittardóttir Henriksen	2010		43.70	1:32.07	3:00.51	
	Halla Háfoss	2009		35.40	1:16.08	4:16.59	
	Lilja Lenvig Harrysdóttir	2009		32.22	1:08.34	5:24.93	
3	SuSvim		16 Suðuroyar Svímjifelag		318 Q	5:36.26	90,35 %
	Jórun Winther	2011		37.14	1:15.84	1:15.84	
	Lilja Strøm Winther	2009		47.85	1:45.02	3:00.86	
	Talita Johannesen	2010		37.81	1:27.70	4:28.56	
	Emma Debes	2010		31.49	1:07.70	5:36.26	
4	SuSvim team 2		16 Suðuroyar Svímjifelag		309 Q	5:39.60	95,91 %
	Bjarta í Lágabø	2009		33.35	1:11.41	1:11.41	
	Lea í Trøðini	2011		49.18	1:49.92	3:01.33	
	Sissal Rógvadóttir	2010		34.83	1:25.55	4:26.88	
	Ninna í Hjøllum	2009		34.13	1:12.72	5:39.60	
-	FS		18 Fuglafjarðar Svímjifelag			DNS	
	Sirið Vesturtún	2011					
	Rakul J Højbro	2011					
	Rebekka Róðinsdóttir	2007					
	Naomi Friang	2010					

Kapping almenn: 07.06.2025 12:14:54

Kapping 14, 4x100m Blandað Kvinnur Jr-Y - Finala

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	26.04.2019
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	SuSvim team 2		16 Suðuroyar Svímjifelag	311	5:38.73 100,26
	Lilja Strøm Winther	2009		44.62	1:32.51
	Talita Johannesen	2010		39.31	1:24.48
	Emma Debes	2010		40.34	1:29.67
	Ninna í Hjøllum	2009		33.50	1:12.07

Kapping almenn: 07.06.2025 18:47:03

Kapping 14, 4x100m Blandað Kvinnur Jr-E - Finala

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	26.04.2019
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur





Úrslit

Kapping 14, 4x100m Blandað Kvinnur Jr-E - Finala

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir	18	Svimjifelagið Ægir	527	4:44.13	108,45
	Jóhanna Ólavsdóttir	2007		36.03 1:13.91	1:13.91	
	Lea Osberg Højsted	2008		34.63 1:16.21	2:30.12	
	Róa Trygvadóttir	2008		32.11 1:09.59	3:39.71	
	Durita Mohr Askham	2008		30.25 1:04.42	4:44.13	

Kapping almenn: 07.06.2025 18:47:03

Kapping 14, 4x100m Blandað Kvinnur FM - Finala

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	26.04.2019
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	SuSvim	22	Suðuroyar Svímjifelag	534	4:42.95 115,85
	Bjarta í Lágabø	2009		33.27 1:10.85	1:10.85
	Sissal Rógvadóttir	2010		36.49 1:21.56	2:32.41
	Alisa Vestergård	2003		31.64 1:08.01	3:40.42
	Jórun Winther	2011		29.36 1:02.53	4:42.95
2	Ægir	18	Svimjifelagið Ægir	527	4:44.13 108,45
	Jóhanna Ólavsdóttir	2007		36.03 1:13.91	1:13.91
	Lea Osberg Højsted	2008		34.63 1:16.21	2:30.12
	Róa Trygvadóttir	2008		32.11 1:09.59	3:39.71
	Durita Mohr Askham	2008		30.25 1:04.42	4:44.13
3	HS Kvinnur	20	Havnar Svímjifelag	400	5:11.59 104,11
	Elisabeth Erlendsdóttir	2005		29.68 1:09.96	1:09.96
	Mariella Annbrittardóttur Henriksen	2010		43.60 1:32.91	2:42.87
	Halla Háfoss	2009		34.84 1:16.97	3:59.84
	Lilja Lenvig Harrysdóttir	2009		33.52 1:11.75	5:11.59
4	SuSvim team 2	16	Suðuroyar Svímjifelag	311	5:38.73 100,26
	Lilja Strøm Winther	2009		44.62 1:32.51	1:32.51
	Talita Johannesen	2010		39.31 1:24.48	2:56.99
	Emma Debes	2010		40.34 1:29.67	4:26.66
	Ninna í Hjøllum	2009		33.50 1:12.07	5:38.73

Kapping almenn: 07.06.2025 18:47:03

Kapping 15, 4x100m Blandað Menn Jr-Y - Innleiðandi

FRO	4:01.88	Havnar Svímjifelag	Havnar Svímjifelag (FRO)		Torshavn (FRO)	26.04.2025	
Raðf	Navn	Aldur	Felag	AQU		Tíð	Munur
1	HS Dreingir 1	16	Havnar Svímjifelag		228 Q	5:38.12	90,54 %
	Jónatan Samuelsen	2010		39.70	1:20.95	1:20.95	
	Andrias Mellemgaard	2009	SB9	46.45	1:40.42	3:01.37	
	Jens Martin Dam	2009		39.50	1:28.92	4:30.29	
	Aron Berg Joensen	2009		33.53	1:07.83	5:38.12	

Kapping almenn: 07.06.2025 12:12:21

Kapping 15, 4x100m Blandað Menn Jr-E - Innleiðandi

FRO	4:01.88	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.04.2025	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur





Úrslit

Kapping 15, 4x100m Blandað Menn Jr-E - Innleiðandi

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS Menn	17	Havnar Svímjifelag	391 Q	4:42.60	92,22 %
	Óli Mikkelsen	2008		30.23	1:11.64	1:11.64
	Silas Dam Lindberg	2008		38.97	1:20.24	2:31.88
	Oddvaldur Leivsson	2008		28.13	1:02.74	3:34.62
	Ólavur Winther Jákupsson	2008		31.40	1:07.98	4:42.60

Kapping almenn: 07.06.2025 12:12:21

Kapping 15, 4x100m Blandað Menn FM - Innleiðandi

FRO	4:01.88	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.04.2025
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	HS Menn	17	Havnar Svímjifelag	391 Q	4:42.60 92,22 %
	Óli Mikkelsen	2008		30.23 1:11.64	1:11.64
	Silas Dam Lindberg	2008		38.97 1:20.24	2:31.88
	Oddvaldur Leivsson	2008		28.13 1:02.74	3:34.62
	Ólavur Winther Jákupsson	2008		31.40 1:07.98	4:42.60
2	SuSvim	33	Suðuroyar Svímjifelag	350 Q	4:53.32
	Haraldur Mortensen	2010		38.49 1:19.12	1:19.12
	Róland Toftum	1998		36.98 1:18.12	2:37.24
	Jón Hofgaard	1992		34.32 1:14.23	3:51.47
	Bjarti Ludvig	2006		28.88 1:01.85	4:53.32
3	HS Dreingir 1	16	Havnar Svímjifelag	228 Q	5:38.12 90,54 %
	Jónatan Samuelsen	2010		39.70 1:20.95	1:20.95
	Andrias Mellemsgaard	2009	SB9	46.45 1:40.42	3:01.37
	Jens Martin Dam	2009		39.50 1:28.92	4:30.29
	Aron Berg Joensen	2009		33.53 1:07.83	5:38.12
4	HS Piltar	14	Havnar Svímjifelag	225 Q	5:39.95
	Theodor Salter	2011		38.81 1:19.10	1:19.10
	Nóa Róason Stakksund	2011		43.67 1:35.46	2:54.56
	Símun Eliassen	2011		42.17 1:35.00	4:29.56
	Teitur Miné Róason	2011		33.39 1:10.39	5:39.95

Kapping almenn: 07.06.2025 12:12:21

Kapping 15, 4x100m Blandað Menn Jr-Y - Finala

FRO	4:01.88	Havnar Svímjifelag	Havnar Svímjifelag (FRO)		Torshavn (FRO)	26.04.2025	
Raðf	Navn	Aldur	Felag	AQU		Tíð	Munur
1	HS Piltar	16	Havnar Svímjifelag	231		5:36.61	100,98
	Teitur Miné Róason	2011		39.37	1:20.65	1:20.65	
	Nóa Róason Stakksund	2011		43.69	1:34.68	2:55.33	
	Jens Martin Dam	2009		36.59	1:22.96	4:18.29	
	Símun Eliassen	2011		36.49	1:18.32	5:36.61	

Kapping almenn: 07.06.2025 18:54:35

Kapping 15, 4x100m Blandað Menn Jr-E - Finala

FRO	4:01.88	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.04.2025	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur





Úrslit

Kapping 15, 4x100m Blandað Menn Jr-E - Finala

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS Dreingir 1	17	Havnar Svímjifelag	312	5:04.76	109,87
	Jóhannis í Stórustovu	2011		40.23	1:21.99	1:21.99
	Sigbjartur J. Egholm	2009		40.30	1:29.51	2:51.50
	Theodor Salter	2011		33.66	1:11.57	4:03.07
	Ólavur Winther Jákupsson	2008		29.21	1:01.69	5:04.76

Kapping almenn: 07.06.2025 18:54:35

Kapping 15, 4x100m Blandað Menn FM - Finala

FRO	4:01.88	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	26.04.2025	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS Menn	19	Havnar Svímjifelag	482	4:23.60	106,72
	Óli Mikkelsen	2008		31.60	1:05.98	1:05.98
	Silas Dam Lindberg	2008		35.32	1:14.92	2:20.90
	Isak Brisenfeldt	2006		31.49	1:05.22	3:26.12
	Oddvaldur Leivsson	2008		26.98	57.48	4:23.60
2	SuSvim	33	Suðuroyar Svímjifelag	396	4:41.42	104,06
	Haraldur Mortensen	2010		37.40	1:16.61	1:16.61
	Róland Toftum	1998		35.33	1:17.07	2:33.68
	Jón Hofgaard	1992		30.01	1:06.53	3:40.21
	Bjarti Ludvig	2006		29.24	1:01.21	4:41.42
3	HS Dreingir 1	17	Havnar Svímjifelag	312	5:04.76	109,87
	Jóhannis í Stórustovu	2011		40.23	1:21.99	1:21.99
	Sigbjartur J. Egholm	2009		40.30	1:29.51	2:51.50
	Theodor Salter	2011		33.66	1:11.57	4:03.07
	Ólavur Winther Jákupsson	2008		29.21	1:01.69	5:04.76
4	HS Piltar	16	Havnar Svímjifelag	231	5:36.61	100,98
	Teitur Miné Róason	2011		39.37	1:20.65	1:20.65
	Nóa Róason Stakksund	2011		43.69	1:34.68	2:55.33
	Jens Martin Dam	2009		36.59	1:22.96	4:18.29
	Símun Eliassen	2011		36.49	1:18.32	5:36.61

Kapping almenn: 07.06.2025 18:54:35

Kapping 16, 400m Frí Kvinnur Jr-Y - Innleiðandi

FAR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	07.07.2016
FAR.JR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	07.07.2016
FM-Kravtið	LG: 05:53.22	SG: 05:49.43			

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		504	4:55.71	97,65 % -
	Entry time: 4:48.91	(+6.80)				
	50m: 32.12	100m: 1:07.96 (35.84)	150m: 1:44.88 (36.92)	200m: 2:22.86 (37.98)		
	250m: 3:00.90 (38.04)	300m: 3:39.43 (38.53)	350m: 4:17.40 (37.97)	400m: 4:55.71 (38.31)		
2	Lea Petersen	2009 Svímjifelagið Ægir		450	5:07.12	95,89 % Q
	Entry time: 4:55.00	(+12.12)				
	50m: 34.36	100m: 1:12.16 (37.80)	150m: 1:50.89 (38.73)	200m: 2:30.43 (39.54)		
	250m: 3:09.25 (38.82)	300m: 3:48.48 (39.23)	350m: 4:27.57 (39.09)	400m: 5:07.12 (39.55)		





Úrslit

Kapping 16, 400m Frí Kvinnur Jr-Y - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	402	5:18.70	100,16 %	Q
	Entry time: 5:19.22 (-0.52)					
	50m: 34.59	100m: 1:13.75 (39.16)	150m: 1:54.11 (40.36)	200m: 2:35.20 (41.09)		
	250m: 3:16.55 (41.35)	300m: 3:57.24 (40.69)	350m: 4:38.85 (41.61)	400m: 5:18.70 (39.85)		
4	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag	364	5:29.63	97,77 %	Q
	Entry time: 5:22.45 (+7.18)					
	50m: 36.21	100m: 1:17.32 (41.11)	150m: 1:59.29 (41.97)	200m: 2:41.68 (42.39)		
	250m: 3:24.49 (42.81)	300m: 4:06.77 (42.28)	350m: 4:49.25 (42.48)	400m: 5:29.63 (40.38)		
5	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	362	5:30.23	94,10 %	-
	Entry time: 5:11.84 (+18.39)					
	50m: 36.43	100m: 1:18.03 (41.60)	150m: 2:00.19 (42.16)	200m: 2:41.62 (41.43)		
	250m: 3:23.94 (42.32)	300m: 4:06.76 (42.82)	350m: 4:49.18 (42.42)	400m: 5:30.23 (41.05)		
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	352	5:33.25	94,50 %	Q
	Entry time: 5:15.88 (+17.37)					
	50m: 37.22	100m: 1:20.78 (43.56)	150m: 2:03.33 (42.55)	200m: 2:47.31 (43.98)		
	250m: 3:29.58 (42.27)	300m: 4:12.34 (42.76)	350m: 4:53.53 (41.19)	400m: 5:33.25 (39.72)		
7	Emma Debes	2010 Suðuroyar Svímjifelag	337	5:38.03	96,27 %	R1
	Entry time: 5:25.87 (+12.16)					
	50m: 36.66	100m: 1:18.39 (41.73)	150m: 2:02.13 (43.74)	200m: 2:46.07 (43.94)		
	250m: 3:29.24 (43.17)	300m: 4:13.07 (43.83)	350m: 4:56.32 (43.25)	400m: 5:38.03 (41.71)		

Kapping almenn: 08.06.2025 09:42:42

Kapping 16, 400m Frí Kvinnur Jr-E - Innleiðandi

FAR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	07.07.2016
FAR.JR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	07.07.2016
FM-Kravtið	LG: 05:53.22	SG: 05:49.43			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifelagið Ægir	429	5:12.01	90,90 %	Q
	Entry time: 4:45.99 (+26.02)					
	50m: 34.65	100m: 1:13.72 (39.07)	150m: 1:52.70 (38.98)	200m: 2:32.39 (39.69)		
	250m: 3:11.54 (39.15)	300m: 3:51.80 (40.26)	350m: 4:31.76 (39.96)	400m: 5:12.01 (40.25)		

Kapping almenn: 08.06.2025 09:42:42

Kapping 16, 400m Frí Kvinnur FM - Innleiðandi

FAR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	07.07.2016
FAR.JR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	07.07.2016
FM-Kravtið	LG: 05:53.22	SG: 05:49.43			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	504	4:55.71	97,65 %	-
	Entry time: 4:48.91 (+6.80)					
	50m: 32.12	100m: 1:07.96 (35.84)	150m: 1:44.88 (36.92)	200m: 2:22.86 (37.98)		
	250m: 3:00.90 (38.04)	300m: 3:39.43 (38.53)	350m: 4:17.40 (37.97)	400m: 4:55.71 (38.31)		
2	Lea Petersen	2009 Svímjifelagið Ægir	450	5:07.12	95,89 %	Q
	Entry time: 4:55.00 (+12.12)					
	50m: 34.36	100m: 1:12.16 (37.80)	150m: 1:50.89 (38.73)	200m: 2:30.43 (39.54)		
	250m: 3:09.25 (38.82)	300m: 3:48.48 (39.23)	350m: 4:27.57 (39.09)	400m: 5:07.12 (39.55)		
3	Róa Trygvadóttir	2008 Svímjifelagið Ægir	429	5:12.01	90,90 %	Q
	Entry time: 4:45.99 (+26.02)					
	50m: 34.65	100m: 1:13.72 (39.07)	150m: 1:52.70 (38.98)	200m: 2:32.39 (39.69)		
	250m: 3:11.54 (39.15)	300m: 3:51.80 (40.26)	350m: 4:31.76 (39.96)	400m: 5:12.01 (40.25)		
4	Jórun Winther	2011 Suðuroyar Svímjifelag	418	5:14.58	92,73 %	Q
	Entry time: 4:53.27 (+21.31)					
	50m: 34.24	100m: 1:12.92 (38.68)	150m: 1:52.70 (39.78)	200m: 2:32.48 (39.78)		
	250m: 3:12.96 (40.48)	300m: 3:53.81 (40.85)	350m: 4:34.31 (40.50)	400m: 5:14.58 (40.27)		

09-06-2025 15:25.42

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 32/85





Úrslit

Kapping 16, 400m Frí Kvinnur FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
5	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	402	5:18.70	100,16 %	Q
	Entry time: 5:19.22 (-0.52)					
	50m: 34.59	100m: 1:13.75 (39.16)	150m: 1:54.11 (40.36)	200m: 2:35.20 (41.09)		
	250m: 3:16.55 (41.35)	300m: 3:57.24 (40.69)	350m: 4:38.85 (41.61)	400m: 5:18.70 (39.85)		
6	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag	364	5:29.63	97,77 %	Q
	Entry time: 5:22.45 (+7.18)					
	50m: 36.21	100m: 1:17.32 (41.11)	150m: 1:59.29 (41.97)	200m: 2:41.68 (42.39)		
	250m: 3:24.49 (42.81)	300m: 4:06.77 (42.28)	350m: 4:49.25 (42.48)	400m: 5:29.63 (40.38)		
7	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	362	5:30.23	94,10 %	-
	Entry time: 5:11.84 (+18.39)					
	50m: 36.43	100m: 1:18.03 (41.60)	150m: 2:00.19 (42.16)	200m: 2:41.62 (41.43)		
	250m: 3:23.94 (42.32)	300m: 4:06.76 (42.82)	350m: 4:49.18 (42.42)	400m: 5:30.23 (41.05)		
8	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	352	5:33.25	94,50 %	Q
	Entry time: 5:15.88 (+17.37)					
	50m: 37.22	100m: 1:20.78 (43.56)	150m: 2:03.33 (42.55)	200m: 2:47.31 (43.98)		
	250m: 3:29.58 (42.27)	300m: 4:12.34 (42.76)	350m: 4:53.53 (41.19)	400m: 5:33.25 (39.72)		
9	Emma Debbs	2010 Suðuroyar Svímjifelag	337	5:38.03	96,27 %	R1
	Entry time: 5:25.87 (+12.16)					
	50m: 36.66	100m: 1:18.39 (41.73)	150m: 2:02.13 (43.74)	200m: 2:46.07 (43.94)		
	250m: 3:29.24 (43.17)	300m: 4:13.07 (43.83)	350m: 4:56.32 (43.25)	400m: 5:38.03 (41.71)		
10	Lilja Sørensen	2011 Havnar Svímjifelag	332	5:39.66	97,96 %	R2
	Entry time: 5:32.88 (+6.78)					
	50m: 38.69	100m: 1:21.13 (42.44)	150m: 2:04.88 (43.75)	200m: 2:48.17 (43.29)		
	250m: 3:32.90 (44.73)	300m: 4:15.93 (43.03)	350m: 4:59.22 (43.29)	400m: 5:39.66 (40.44)		
11	India Linnea Bech	2011 Havnar Svímjifelag	257	6:09.88	94,02 %	
	Entry time: 5:49.00 (+20.88)					
	50m: 41.95	100m: 1:27.01 (45.06)	150m: 2:14.04 (47.03)	200m: 3:02.20 (48.16)		
	250m: 3:50.19 (47.99)	300m: 4:37.15 (46.96)	350m: 5:25.23 (48.08)	400m: 6:09.88 (44.65)		

Kapping almenn: 08.06.2025 09:42:42

Kapping 16, 400m Frí Kvinnur Jr-Y - Finala

FAR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	07.07.2016
FAR.JR	4:22.79	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR)	Hodmezovasarhely (HUN)	07.07.2016
FM-Kravtið	LG: 05:53.22	SG: 05:49.43			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir	479	5:00.82	102,05 %	
	Entry time: 5:07.12 (-6.30)					
	50m: 33.90	100m: 1:11.82 (37.92)	150m: 1:49.75 (37.93)	200m: 2:28.24 (38.49)		
	250m: 3:05.89 (37.65)	300m: 3:44.40 (38.51)	350m: 4:22.71 (38.31)	400m: 5:00.82 (38.11)		
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	425	5:13.05	101,77 %	
	Entry time: 5:18.70 (-5.65)					
	50m: 34.70	100m: 1:14.21 (39.51)	150m: 1:53.63 (39.42)	200m: 2:33.97 (40.34)		
	250m: 3:13.71 (39.74)	300m: 3:53.85 (40.14)	350m: 4:34.02 (40.17)	400m: 5:13.05 (39.03)		
3	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	403	5:18.59	104,40 %	
	Entry time: 5:33.25 (-14.66)					
	50m: 36.31	100m: 1:17.09 (40.78)	150m: 1:57.81 (40.72)	200m: 2:38.25 (40.44)		
	250m: 3:19.41 (41.16)	300m: 3:59.00 (39.59)	350m: 4:39.83 (40.83)	400m: 5:18.59 (38.76)		
4	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag	374	5:26.57	100,93 %	
	Entry time: 5:29.63 (-3.06)					
	50m: 35.09	100m: 1:14.89 (39.80)	150m: 1:56.49 (41.60)	200m: 2:38.65 (42.16)		
	250m: 3:20.98 (42.33)	300m: 4:03.75 (42.77)	350m: 4:45.56 (41.81)	400m: 5:26.57 (41.01)		

Kapping almenn: 08.06.2025 17:09:12

Kapping 16, 400m Frí Kvinnur Jr-E - Finala





Úrslit

Kapping 16, 400m Frí Kvinnur Jr-E - Finala

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 07.07.2016
 FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 07.07.2016
 FM-Kravtið LG: 05:53.22 - SG: 05:49.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifelagið Ægir	534	4:50.05	107,04 %	
Entry time: 5:12.01 (-21.96)						
	50m: 32.24	100m: 1:07.92 (35.68)	150m: 1:44.23 (36.31)	200m: 2:21.73 (37.50)		
	250m: 2:58.70 (36.97)	300m: 3:36.36 (37.66)	350m: 4:13.80 (37.44)	400m: 4:50.05 (36.25)		

Kapping almenn: 08.06.2025 17:09:12

Kapping 16, 400m Frí Kvinnur FM - Finala

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 07.07.2016
 FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 07.07.2016
 FM-Kravtið LG: 05:53.22 - SG: 05:49.43

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifelagið Ægir	534	4:50.05	107,04 %	
Entry time: 5:12.01 (-21.96)						
	50m: 32.24	100m: 1:07.92 (35.68)	150m: 1:44.23 (36.31)	200m: 2:21.73 (37.50)		
	250m: 2:58.70 (36.97)	300m: 3:36.36 (37.66)	350m: 4:13.80 (37.44)	400m: 4:50.05 (36.25)		
2	Lea Petersen	2009 Svímjifelagið Ægir	479	5:00.82	102,05 %	
Entry time: 5:07.12 (-6.30)						
	50m: 33.90	100m: 1:11.82 (37.92)	150m: 1:49.75 (37.93)	200m: 2:28.24 (38.49)		
	250m: 3:05.89 (37.65)	300m: 3:44.40 (38.51)	350m: 4:22.71 (38.31)	400m: 5:00.82 (38.11)		
3	Jórun Winther	2011 Suðuroyar Svímjifelag	460	5:04.84	103,10 %	
Entry time: 5:14.58 (-9.74)						
	50m: 33.24	100m: 1:11.05 (37.81)	150m: 1:49.45 (38.40)	200m: 2:28.57 (39.12)		
	250m: 3:07.47 (38.90)	300m: 3:47.58 (40.11)	350m: 4:26.94 (39.36)	400m: 5:04.84 (37.90)		
4	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	425	5:13.05	101,77 %	
Entry time: 5:18.70 (-5.65)						
	50m: 34.70	100m: 1:14.21 (39.51)	150m: 1:53.63 (39.42)	200m: 2:33.97 (40.34)		
	250m: 3:13.71 (39.74)	300m: 3:53.85 (40.14)	350m: 4:34.02 (40.17)	400m: 5:13.05 (39.03)		
5	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag	403	5:18.59	104,40 %	
Entry time: 5:33.25 (-14.66)						
	50m: 36.31	100m: 1:17.09 (40.78)	150m: 1:57.81 (40.72)	200m: 2:38.25 (40.44)		
	250m: 3:19.41 (41.16)	300m: 3:59.00 (39.59)	350m: 4:39.83 (40.83)	400m: 5:18.59 (38.76)		
6	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag	374	5:26.57	100,93 %	
Entry time: 5:29.63 (-3.06)						
	50m: 35.09	100m: 1:14.89 (39.80)	150m: 1:56.49 (41.60)	200m: 2:38.65 (42.16)		
	250m: 3:20.98 (42.33)	300m: 4:03.75 (42.77)	350m: 4:45.56 (41.81)	400m: 5:26.57 (41.01)		

Kapping almenn: 08.06.2025 17:09:12

Kapping 17, 400m Frí Menn Jr-Y - Innleiðandi

FRO 3:46.84 Pál Joensen 1990 Suðuroyar Svímjifelag (FR) Broenshoej (DEN) 22.03.2012
 FRO.JR 3:59.21 Liggias Joensen 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 08.04.2025
 FM-Kravtið LG: 05:28.74 - SG: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelsen	2010 Havnar Svímjifelag	348	5:12.59	95,93 % Q	
Entry time: 5:00.36 (+12.23)						
	50m: 33.99	100m: 1:11.83 (37.84)	150m: 1:52.35 (40.52)	200m: 2:31.81 (39.46)		
	250m: 3:12.78 (40.97)	300m: 3:52.68 (39.90)	350m: 4:33.71 (41.03)	400m: 5:12.59 (38.88)		
2	Jens Martin Dam	2009 Havnar Svímjifelag	348	5:12.69	95,92 % R1	
Entry time: 5:00.42 (+12.27)						
	50m: 32.81	100m: 1:11.04 (38.23)	150m: 1:51.61 (40.57)	200m: 2:32.71 (41.10)		
	250m: 3:13.71 (41.00)	300m: 3:53.57 (39.86)	350m: 4:34.30 (40.73)	400m: 5:12.69 (38.39)		

Kapping almenn: 08.06.2025 09:55:55





Úrslit

Kapping 17, 400m Frí Menn Jr-E - Innleiðandi

FRO 3:46.84 Pál Joensen 1990 Suðuroyar Svímjifelag (FR) Broenshoej (DEN) 22.03.2012
FRO.JR 3:59.21 Líggjas Joensen 2008 Ægir Klaksvík (FRO) Kobenhavn (DEN) 08.04.2025
FM-Kravtið LG: 05:28.74 - SG: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir		541	4:29.92	Q
	50m: 30.52	100m: 1:04.12 (33.60)	150m: 1:38.35 (34.23)	200m: 2:13.25 (34.90)		
	250m: 2:48.66 (35.41)	300m: 3:23.59 (34.93)	350m: 3:57.93 (34.34)	400m: 4:29.92 (31.99)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		528	4:32.13	96,15 % Q
	Entry time: 4:22.05 (+10.08)					
	50m: 30.44	100m: 1:04.28 (33.84)	150m: 1:38.58 (34.30)	200m: 2:14.02 (35.44)		
	250m: 2:48.32 (34.30)	300m: 3:24.01 (35.69)	350m: 3:58.56 (34.55)	400m: 4:32.13 (33.57)		

Kapping almenn: 08.06.2025 09:55:55

Kapping 17, 400m Frí Menn FM - Innleiðandi

FRO 3:46.84 Pál Joensen 1990 Suðuroyar Svímjifelag (FR) Broenshoej (DEN) 22.03.2012
FRO.JR 3:59.21 Líggjas Joensen 2008 Ægir Klaksvík (FRO) Kobenhavn (DEN) 08.04.2025
FM-Kravtið LG: 05:28.74 - SG: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir		541	4:29.92	Q
	50m: 30.52	100m: 1:04.12 (33.60)	150m: 1:38.35 (34.23)	200m: 2:13.25 (34.90)		
	250m: 2:48.66 (35.41)	300m: 3:23.59 (34.93)	350m: 3:57.93 (34.34)	400m: 4:29.92 (31.99)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		528	4:32.13	96,15 % Q
	Entry time: 4:22.05 (+10.08)					
	50m: 30.44	100m: 1:04.28 (33.84)	150m: 1:38.58 (34.30)	200m: 2:14.02 (35.44)		
	250m: 2:48.32 (34.30)	300m: 3:24.01 (35.69)	350m: 3:58.56 (34.55)	400m: 4:32.13 (33.57)		
3	Isak Brisenfeldt	2006 Havnar Svímjifelag		527	4:32.37	87,97 % Q
	Entry time: 4:03.12 (+29.25)					
	50m: 29.91	100m: 1:03.90 (33.99)	150m: 1:38.59 (34.69)	200m: 2:13.60 (35.01)		
	250m: 2:48.81 (35.21)	300m: 3:23.79 (34.98)	350m: 3:58.28 (34.49)	400m: 4:32.37 (34.09)		
4	Theodor Salter	2011 Havnar Svímjifelag		458	4:45.36	100,06 % Q
	Entry time: 4:45.52 (-0.16)					
	50m: 30.67	100m: 1:05.41 (34.74)	150m: 1:42.06 (36.65)	200m: 2:19.05 (36.99)		
	250m: 2:55.96 (36.91)	300m: 3:33.34 (37.38)	350m: 4:10.20 (36.86)	400m: 4:45.36 (35.16)		
5	Tórir Olsen	2011 Svímjifelagið Ægir		453	4:46.45	96,93 % Q
	Entry time: 4:37.92 (+8.53)					
	50m: 32.36	100m: 1:07.86 (35.50)	150m: 1:44.22 (36.36)	200m: 2:21.05 (36.83)		
	250m: 2:58.00 (36.95)	300m: 3:34.47 (36.47)	350m: 4:11.17 (36.70)	400m: 4:46.45 (35.28)		
6	Jónatan Samuelsen	2010 Havnar Svímjifelag		348	5:12.59	95,93 % Q
	Entry time: 5:00.36 (+12.23)					
	50m: 33.99	100m: 1:11.83 (37.84)	150m: 1:52.35 (40.52)	200m: 2:31.81 (39.46)		
	250m: 3:12.78 (40.97)	300m: 3:52.68 (39.90)	350m: 4:33.71 (41.03)	400m: 5:12.59 (38.88)		
7	Jens Martin Dam	2009 Havnar Svímjifelag		348	5:12.69	95,92 % R1
	Entry time: 5:00.42 (+12.27)					
	50m: 32.81	100m: 1:11.04 (38.23)	150m: 1:51.61 (40.57)	200m: 2:32.71 (41.10)		
	250m: 3:13.71 (41.00)	300m: 3:53.57 (39.86)	350m: 4:34.30 (40.73)	400m: 5:12.69 (38.39)		
8	Nóa Róason Stakksund	2011 Havnar Svímjifelag		285	5:34.16	96,32 % R2
	Entry time: 5:22.31 (+11.85)					
	50m: 37.01	100m: 1:19.11 (42.10)	150m: 2:01.98 (42.87)	200m: 2:45.14 (43.16)		
	250m: 3:29.11 (43.97)	300m: 4:12.95 (43.84)	350m: 4:55.46 (42.51)	400m: 5:34.16 (38.70)		
9	Bragi Bjarnason	2012 Havnar Svímjifelag		277	5:37.25	95,14 %
	Entry time: 5:21.63 (+15.62)					
	50m: 35.45	100m: 1:17.39 (41.94)	150m: 2:01.15 (43.76)	200m: 2:44.95 (43.80)		
	250m: 3:27.91 (42.96)	300m: 4:11.26 (43.35)	350m: 4:53.48 (42.22)	400m: 5:37.25 (43.77)		
-	Jóhannis í Stórustovu	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 08.06.2025 09:55:55





Úrslit

Kapping 17, 400m Frí Menn Jr-Y - Finala

FRO 3:46.84 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 22.03.2012
 FRO.JR 3:59.21 Líggjas Joensen 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 08.04.2025
 FM-Kravtið LG: 05:28.74 - SG: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelsen	2010 Havnar Svímjifelag	325	5:19.92	97,66 %	
	Entry time: 5:12.59 (+7.33)					
	50m: 32.72	100m: 1:09.88 (37.16)	150m: 1:51.52 (41.64)	200m: 2:32.47 (40.95)		
	250m: 3:15.59 (43.12)	300m: 3:56.94 (41.35)	350m: 4:38.68 (41.74)	400m: 5:19.92 (41.24)		
Kapping almenn: 08.06.2025 17:16:16						

Kapping 17, 400m Frí Menn Jr-E - Finala

FRO 3:46.84 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 22.03.2012
 FRO.JR 3:59.21 Líggjas Joensen 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 08.04.2025
 FM-Kravtið LG: 05:28.74 - SG: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	588	4:22.63	102,70 %	
	Entry time: 4:29.92 (-7.29)					
	50m: 30.06	100m: 1:02.76 (32.70)	150m: 1:36.08 (33.32)	200m: 2:09.95 (33.87)		
	250m: 2:43.69 (33.74)	300m: 3:17.36 (33.67)	350m: 3:50.69 (33.33)	400m: 4:22.63 (31.94)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	504	4:36.36	98,45 %	
	Entry time: 4:32.13 (+4.23)					
	50m: 30.98	100m: 1:04.65 (33.67)	150m: 1:39.40 (34.75)	200m: 2:14.59 (35.19)		
	250m: 2:50.52 (35.93)	300m: 3:26.34 (35.82)	350m: 4:01.67 (35.33)	400m: 4:36.36 (34.69)		
Kapping almenn: 08.06.2025 17:16:16						

Kapping 17, 400m Frí Menn FM - Finala

FRO 3:46.84 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 22.03.2012
 FRO.JR 3:59.21 Líggjas Joensen 2008 Ægir Klaksvik (FRO) Kobenhavn (DEN) 08.04.2025
 FM-Kravtið LG: 05:28.74 - SG: 05:17.05

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag	600	4:20.79	104,25 %	
	Entry time: 4:32.37 (-11.58)					
	50m: 28.99	100m: 1:01.32 (32.33)	150m: 1:34.37 (33.05)	200m: 2:07.95 (33.58)		
	250m: 2:41.42 (33.47)	300m: 3:15.49 (34.07)	350m: 3:48.32 (32.83)	400m: 4:20.79 (32.47)		
2	Bárður Ólavsson	2008 Svímjifelagið Ægir	588	4:22.63	102,70 %	
	Entry time: 4:29.92 (-7.29)					
	50m: 30.06	100m: 1:02.76 (32.70)	150m: 1:36.08 (33.32)	200m: 2:09.95 (33.87)		
	250m: 2:43.69 (33.74)	300m: 3:17.36 (33.67)	350m: 3:50.69 (33.33)	400m: 4:22.63 (31.94)		
3	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	504	4:36.36	98,45 %	
	Entry time: 4:32.13 (+4.23)					
	50m: 30.98	100m: 1:04.65 (33.67)	150m: 1:39.40 (34.75)	200m: 2:14.59 (35.19)		
	250m: 2:50.52 (35.93)	300m: 3:26.34 (35.82)	350m: 4:01.67 (35.33)	400m: 4:36.36 (34.69)		
4	Tórir Olsen	2011 Svímjifelagið Ægir	481	4:40.75	101,99 %	
	Entry time: 4:46.45 (-5.70)					
	50m: 32.24	100m: 1:06.83 (34.59)	150m: 1:42.32 (35.49)	200m: 2:18.31 (35.99)		
	250m: 2:54.59 (36.28)	300m: 3:31.00 (36.41)	350m: 4:06.37 (35.37)	400m: 4:40.75 (34.38)		
5	Theodor Salter	2011 Havnar Svímjifelag	474	4:42.16	101,12 %	
	Entry time: 4:45.36 (-3.20)					
	50m: 31.45	100m: 1:06.60 (35.15)	150m: 1:42.22 (35.62)	200m: 2:18.31 (36.09)		
	250m: 2:54.82 (36.51)	300m: 3:31.31 (36.49)	350m: 4:07.44 (36.13)	400m: 4:42.16 (34.72)		
6	Jónatan Samuelsen	2010 Havnar Svímjifelag	325	5:19.92	97,66 %	
	Entry time: 5:12.59 (+7.33)					
	50m: 32.72	100m: 1:09.88 (37.16)	150m: 1:51.52 (41.64)	200m: 2:32.47 (40.95)		
	250m: 3:15.59 (43.12)	300m: 3:56.94 (41.35)	350m: 4:38.68 (41.74)	400m: 5:19.92 (41.24)		
Kapping almenn: 08.06.2025 17:16:16						





Úrslit

Kapping 18, 50m Firvald Kvinnur Jr-Y - Innleiðandi

FAR 28.29 Astrid Foldarskarð 1994 Svímjifelagið Flot (FRO) Broenshoej (DEN) 30.03.2014
FAR.JR 28.44 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Bergen (NOR) 14.04.2018
FM-Kravtið LG: 00:36.49 - SG: 00:36.41

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		480	31.18	95,12 % Q
	Entry time: 29.73 (+1.45)					
2	Halla Háfoss	2009 Havnar Svímjifelag		401	33.11	100,24 % Q
	Entry time: 33.19 (-0.08)					
3	Talita Johannesen	2010 Suðuroyar Svímjifelag		357	34.42	101,54 % -
	Entry time: 34.96 (-0.54)					
4	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		355	34.47	95,89 % R1
	Entry time: 33.11 (+1.36)					
5	Mariella Annbriardóttir Henriks	2010 Havnar Svímjifelag		327	35.44	95,98 % R2
	Entry time: 34.07 (+1.37)					
6	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		284	37.16	90,77 % -
	Entry time: 34.02 (+3.14)					
7	Naomi Friang	2010 Fuglafjarðar Svímjifelag		190	42.48	96,42 % -
	Entry time: 41.01 (+1.47)					

Kapping almenn: 08.06.2025 09:59:39

Kapping 18, 50m Firvald Kvinnur Jr-E - Innleiðandi

FAR 28.29 Astrid Foldarskarð 1994 Svímjifelagið Flot (FRO) Broenshoej (DEN) 30.03.2014
FAR.JR 28.44 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Bergen (NOR) 14.04.2018
FM-Kravtið LG: 00:36.49 - SG: 00:36.41

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		477	31.25	96,59 % Q
	Entry time: 30.22 (+1.03)					
2	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		446	31.96	96,37 % Q
	Entry time: 30.84 (+1.12)					
3	Durita Mohr Askham	2008 Svímjifelagið Ægir		403	33.07	98,34 % Q
	Entry time: 32.53 (+0.54)					

Kapping almenn: 08.06.2025 09:59:39

Kapping 18, 50m Firvald Kvinnur FM - Innleiðandi

FAR 28.29 Astrid Foldarskarð 1994 Svímjifelagið Flot (FRO) Broenshoej (DEN) 30.03.2014
FAR.JR 28.44 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Bergen (NOR) 14.04.2018
FM-Kravtið LG: 00:36.49 - SG: 00:36.41

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		480	31.18	95,12 % Q
	Entry time: 29.73 (+1.45)					
2	Lea Osberg Højsted	2008 Svímjifelagið Ægir		477	31.25	96,59 % Q
	Entry time: 30.22 (+1.03)					
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		446	31.96	96,37 % Q
	Entry time: 30.84 (+1.12)					
4	Durita Mohr Askham	2008 Svímjifelagið Ægir		403	33.07	98,34 % Q
	Entry time: 32.53 (+0.54)					
5	Halla Háfoss	2009 Havnar Svímjifelag		401	33.11	100,24 % Q
	Entry time: 33.19 (-0.08)					





Úrslit

Kapping 18, 50m Firvald Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		392	33.36	95,46 % Q
	Entry time: 31.91 (+1.45)					
7	Talita Johannesen	2010 Suðuroyar Svímjifelag		357	34.42	101,54 % -
	Entry time: 34.96 (-0.54)					
8	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		355	34.47	95,89 % R1
	Entry time: 33.11 (+1.36)					
9	Mariella Annbriðardóttir Henriks	2010 Havnar Svímjifelag		327	35.44	95,98 % R2
	Entry time: 34.07 (+1.37)					
10	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		284	37.16	90,77 % -
	Entry time: 34.02 (+3.14)					
11	Naomi Friang	2010 Fuglafjarðar Svímjifelag		190	42.48	96,42 % -
	Entry time: 41.01 (+1.47)					

Kapping almenn: 08.06.2025 09:59:39

Kapping 18, 50m Firvald Kvinnur Jr-Y - Finala

FAR	28.29	Astrid Foldarskarð	1994 Svímjifelagið Flot (FRO)	Broenshoej (DEN)	30.03.2014
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	14.04.2018
FM-Kravtið LG: 00:36.49 - SG: 00:36.41					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		531	30.16	103,27 %
	Entry time: 31.18 (-1.02)					
2	Halla Háfoss	2009 Havnar Svímjifelag		384	33.59	98,55 %
	Entry time: 33.11 (+0.48)					

Kapping almenn: 08.06.2025 17:25:11

Kapping 18, 50m Firvald Kvinnur Jr-E - Finala

FAR	28.29	Astrid Foldarskarð	1994 Svímjifelagið Flot (FRO)	Broenshoej (DEN)	30.03.2014
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	14.04.2018
FM-Kravtið LG: 00:36.49 - SG: 00:36.41					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		527	30.23	103,26 %
	Entry time: 31.25 (-1.02)					
2	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		518	30.41	104,85 %
	Entry time: 31.96 (-1.55)					
3	Durita Mohr Askham	2008 Svímjifelagið Ægir		411	32.84	100,70 %
	Entry time: 33.07 (-0.23)					

Kapping almenn: 08.06.2025 17:25:11

Kapping 18, 50m Firvald Kvinnur FM - Finala

FAR	28.29	Astrid Foldarskarð	1994 Svímjifelagið Flot (FRO)	Broenshoej (DEN)	30.03.2014
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	14.04.2018
FM-Kravtið LG: 00:36.49 - SG: 00:36.41					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		531	30.16	103,27 %
	Entry time: 31.18 (-1.02)					
2	Lea Osberg Højsted	2008 Svímjifelagið Ægir		527	30.23	103,26 %
	Entry time: 31.25 (-1.02)					





Úrslit

Kapping 18, 50m Firvald Kvinnur FM - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		518	30.41	104,85 %
	Entry time: 31.96 (-1.55)					
4	Durita Mohr Askham	2008 Svímjifelagið Ægir		411	32.84	100,70 %
	Entry time: 33.07 (-0.23)					
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		407	32.95	101,23 %
	Entry time: 33.36 (-0.41)					
6	Halla Háfoss	2009 Havnar Svímjifelag		384	33.59	98,55 %
	Entry time: 33.11 (+0.48)					

Kapping almenn: 08.06.2025 17:25:11

Kapping 19, 50m Firvald Menn Jr-Y - Innleiðandi

FRO	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FRO.JR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FM-Kravtið LG: 00:33.26 - SG: 00:32.49					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		338	31.94	98,67 %
	Entry time: 31.52 (+0.42)					
2	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		305	33.05	99,18 %
	Entry time: 32.78 (+0.27)					
3	Jens Martin Dam	2009 Havnar Svímjifelag		285	33.82	98,07 %
	Entry time: 33.18 (+0.64)					
4	Andrias Mellemgaard	2009 Havnar Svímjifelag		170	40.14	95,96 % - S9
	Entry time: 38.58 (+1.56)					

Kapping almenn: 08.06.2025 10:04:51

Kapping 19, 50m Firvald Menn Jr-E - Innleiðandi

FRO	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FRO.JR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FM-Kravtið LG: 00:33.26 - SG: 00:32.49					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		528	27.54	99,01 % Q
	Entry time: 27.27 (+0.27)					
2	Oddvaldur Leivsson	2008 Havnar Svímjifelag		488	28.27	98,31 % Q
	Entry time: 27.80 (+0.47)					
3	Bárður Ólavsson	2008 Svímjifelagið Ægir		484	28.35	100,77 % Q
	Entry time: 28.57 (-0.22)					
4	Silas Dam Lindberg	2008 Havnar Svímjifelag		450	29.05	101,32 % Q
	Entry time: 29.44 (-0.39)					

Kapping almenn: 08.06.2025 10:04:51

Kapping 19, 50m Firvald Menn FM - Innleiðandi

FRO	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FRO.JR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FM-Kravtið LG: 00:33.26 - SG: 00:32.49					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		594	26.48	97,44 % Q
	Entry time: 25.82 (+0.66)					





Úrslit

Kapping 19, 50m Firvald Menn FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
2	Áki Eliassen	2006 Havnar Svímjifelag		554	27.11	97,35 % -
	Entry time: 26.41 (+0.70)					
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		528	27.54	99,01 % Q
	Entry time: 27.27 (+0.27)					
4	Heini Mohr Askham	2006 Svímjifelagið Ægir		497	28.11	97,03 % Q
	Entry time: 27.30 (+0.81)					
5	Oddvaldur Leivsson	2008 Havnar Svímjifelag		488	28.27	98,31 % Q
	Entry time: 27.80 (+0.47)					
6	Bárður Ólavsson	2008 Svímjifelagið Ægir		484	28.35	100,77 % Q
	Entry time: 28.57 (-0.22)					
7	Silas Dam Lindberg	2008 Havnar Svímjifelag		450	29.05	101,32 % Q
	Entry time: 29.44 (-0.39)					
8	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		352	31.53	98,03 % R1
	Entry time: 30.92 (+0.61)					
9	Theodor Salter	2011 Havnar Svímjifelag		340	31.88	96,59 % R2
	Entry time: 30.83 (+1.05)					
10	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		338	31.94	98,67 %
	Entry time: 31.52 (+0.42)					
=11	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		309	32.92	97,76 %
	Entry time: 32.20 (+0.72)					
=11	Tórir Olsen	2011 Svímjifelagið Ægir		309	32.92	99,45 %
	Entry time: 32.74 (+0.18)					
13	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		305	33.05	99,18 %
	Entry time: 32.78 (+0.27)					
14	Jens Martin Dam	2009 Havnar Svímjifelag		285	33.82	98,07 %
	Entry time: 33.18 (+0.64)					
15	Símur Eliassen	2011 Havnar Svímjifelag		211	37.37	98,06 % -
	Entry time: 36.66 (+0.71)					
=16	Bragi Bjarnason	2012 Havnar Svímjifelag		170	40.14	96,87 % -
	Entry time: 38.92 (+1.22)					
=16	Andrias Mellemgaard	2009 Havnar Svímjifelag		170	40.14	95,96 % - S9
	Entry time: 38.58 (+1.56)					
-	Jóhannis í Stórustovu	2011 Havnar Svímjifelag			DSQ	
	SW 4.4. Tjóvstartur (startari og yvirdómari skulu vera samdir)					

Kapping almenn: 08.06.2025 10:04:51

Kapping 19, 50m Firvald Menn Jr-E - Finala

FRO	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FRO.JR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012

FM-Kravtið LG: 00:33.26 - SG: 00:32.49

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		547	27.22	101,16 %
	Entry time: 27.54 (-0.32)					
2	Bárður Ólavsson	2008 Svímjifelagið Ægir		482	28.39	99,86 %
	Entry time: 28.35 (+0.04)					

09-06-2025 15:25.42

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 40/85





Úrslit

Kapping 19, 50m Firvald Menn Jr-E - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
3	Oddvaldur Leivsson	2008 Havnar Svímjifelag		481	28.42	99,47 %
	Entry time: 28.27 (+0.15)					
4	Silas Dam Lindberg	2008 Havnar Svímjifelag		444	29.19	99,52 %
	Entry time: 29.05 (+0.14)					
Kapping almenn: 08.06.2025 17:26:54						

Kapping 19, 50m Firvald Menn FM - Finala

FRO	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FRO.JR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FM-Kravtið LG: 00:33.26 - SG: 00:32.49					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		624	26.05	101,62 %
	Entry time: 26.48 (-0.43)					
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		547	27.22	101,16 %
	Entry time: 27.54 (-0.32)					
3	Heini Mohr Askham	2006 Svímjifelagið Ægir		520	27.68	101,53 %
	Entry time: 28.11 (-0.43)					
4	Bárður Ólafsson	2008 Svímjifelagið Ægir		482	28.39	99,86 %
	Entry time: 28.35 (+0.04)					
5	Oddvaldur Leivsson	2008 Havnar Svímjifelag		481	28.42	99,47 %
	Entry time: 28.27 (+0.15)					
6	Silas Dam Lindberg	2008 Havnar Svímjifelag		444	29.19	99,52 %
	Entry time: 29.05 (+0.14)					
Kapping almenn: 08.06.2025 17:26:54						

Kapping 20, 100m Rygg Kvinnur Jr-Y - Innleiðandi

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Broenshoej (DEN)	03.04.2017
FM-Kravtið LG: 01:26.64 - SG: 01:22.20					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		489	1:12.50	88,77 % Q
	Entry time: 1:05.18 (+7.32)					
	50m: 34.49 100m: 1:12.50 (38.01)					
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		319	1:23.57	94,89 % -
	Entry time: 1:19.51 (+4.06)					
	50m: 40.42 100m: 1:23.57 (43.15)					
3	Emma Debes	2010 Suðuroyar Svímjifelag		316	1:23.79	92,93 % Q
	Entry time: 1:18.26 (+5.53)					
	50m: 39.73 100m: 1:23.79 (44.06)					
4	Talita Johannesen	2010 Suðuroyar Svímjifelag		309	1:24.49	95,45 % -
	Entry time: 1:20.81 (+3.68)					
	50m: 41.03 100m: 1:24.49 (43.46)					
5	Naomi Friang	2010 Fuglafjarðar Svímjifelag		266	1:28.83	91,97 % Q
	Entry time: 1:22.23 (+6.60)					
	50m: 44.19 100m: 1:28.83 (44.64)					
Kapping almenn: 08.06.2025 10:09:24						

Kapping 20, 100m Rygg Kvinnur Jr-E - Innleiðandi

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Broenshoej (DEN)	03.04.2017





Úrslit

Kapping 20, 100m Rygg Kvinnur Jr-E - Innleiðandi

FM-Kravtið LG: 01:26.64 - SG: 01:22.20

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifélag		473	1:13.32	95,02 % Q
	Entry time: 1:09.84 (+3.48)					
	50m: 35.29	100m: 1:13.32 (38.03)				
Kapping almenn: 08.06.2025 10:09:24						

Kapping 20, 100m Rygg Kvinnur FM - Innleiðandi

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Broenshoej (DEN)	03.04.2017
FM-Kravtið LG: 01:26.64 - SG: 01:22.20					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Elisabeth Erlendsdóttir	2005 Havnar Svímjifélag		522	1:10.93	91,63 % Q
	Entry time: 1:05.45 (+5.48)					
	50m: 33.77	100m: 1:10.93 (37.16)				
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifélag		489	1:12.50	88,77 % Q
	Entry time: 1:05.18 (+7.32)					
	50m: 34.49	100m: 1:12.50 (38.01)				
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifélag		473	1:13.32	95,02 % Q
	Entry time: 1:09.84 (+3.48)					
	50m: 35.29	100m: 1:13.32 (38.03)				
4	Jórun Winther	2011 Suðuroyar Svímjifélag		413	1:16.70	94,22 % Q
	Entry time: 1:12.51 (+4.19)					
	50m: 36.88	100m: 1:16.70 (39.82)				
5	Sissal Rógvadóttir	2010 Suðuroyar Svímjifélag		319	1:23.57	94,89 % -
	Entry time: 1:19.51 (+4.06)					
	50m: 40.42	100m: 1:23.57 (43.15)				
6	Emma Debes	2010 Suðuroyar Svímjifélag		316	1:23.79	92,93 % Q
	Entry time: 1:18.26 (+5.53)					
	50m: 39.73	100m: 1:23.79 (44.06)				
7	Talita Johannesen	2010 Suðuroyar Svímjifélag		309	1:24.49	95,45 % -
	Entry time: 1:20.81 (+3.68)					
	50m: 41.03	100m: 1:24.49 (43.46)				
8	Naomi Friang	2010 Fuglafjarðar Svímjifélag		266	1:28.83	91,97 % Q
	Entry time: 1:22.23 (+6.60)					
	50m: 44.19	100m: 1:28.83 (44.64)				
Kapping almenn: 08.06.2025 10:09:24						

Kapping 20, 100m Rygg Kvinnur Jr-Y - Finala

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvík (FRO)	Broenshoej (DEN)	03.04.2017
FM-Kravtið LG: 01:26.64 - SG: 01:22.20					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifélag		558	1:09.37	104,32 %
	Entry time: 1:12.50 (-3.13)					
	50m: 32.76	100m: 1:09.37 (36.61)				
2	Emma Debes	2010 Suðuroyar Svímjifélag		336	1:22.13	101,98 %
	Entry time: 1:23.79 (-1.66)					
	50m: 38.95	100m: 1:22.13 (43.18)				
3	Naomi Friang	2010 Fuglafjarðar Svímjifélag		300	1:25.27	104,01 %
	Entry time: 1:28.83 (-3.56)					
	50m: 42.22	100m: 1:25.27 (43.05)				





Úrslit

Kapping 20, 100m Rygg Kvinnur Jr-Y - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
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Kapping almenn: 08.06.2025 17:30:27

Kapping 20, 100m Rygg Kvinnur Jr-E - Finala

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	03.04.2017

FM-Kravtið LG: 01:26.64 - SG: 01:22.20

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
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1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		509	1:11.54	102,43 %
	Entry time: 1:13.32 (-1.78)					
	50m: 34.73	100m: 1:11.54 (36.81)				

Kapping almenn: 08.06.2025 17:30:27

Kapping 20, 100m Rygg Kvinnur FM - Finala

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	03.04.2017

FM-Kravtið LG: 01:26.64 - SG: 01:22.20

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
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1	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		667	1:05.36	107,85 %
	Entry time: 1:10.93 (-5.57)					
	50m: 31.46	100m: 1:05.36 (33.90)				

2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		558	1:09.37	104,32 %
	Entry time: 1:12.50 (-3.13)					
	50m: 32.76	100m: 1:09.37 (36.61)				

3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		509	1:11.54	102,43 %
	Entry time: 1:13.32 (-1.78)					
	50m: 34.73	100m: 1:11.54 (36.81)				

4	Jórun Winther	2011 Suðuroyar Svímjifelag		465	1:13.74	103,86 %
	Entry time: 1:16.70 (-2.96)					
	50m: 35.98	100m: 1:13.74 (37.76)				

5	Emma Debes	2010 Suðuroyar Svímjifelag		336	1:22.13	101,98 %
	Entry time: 1:23.79 (-1.66)					
	50m: 38.95	100m: 1:22.13 (43.18)				

6	Naomi Friang	2010 Fuglafjarðar Svímjifelag		300	1:25.27	104,01 %
	Entry time: 1:28.83 (-3.56)					
	50m: 42.22	100m: 1:25.27 (43.05)				

Kapping almenn: 08.06.2025 17:30:27

Kapping 21, 100m Rygg Menn Jr-Y - Innleiðandi

FRO	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012
FRO.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012

FM-Kravtið LG: 01:17.45 - SG: 01:13.01

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
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1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		203	1:27.78	85,07 % Q
	Entry time: 1:16.38 (+11.40)					
	50m: 42.62	100m: 1:27.78 (45.16)				

Kapping almenn: 08.06.2025 10:10:56

Kapping 21, 100m Rygg Menn Jr-E - Innleiðandi

FRO	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012
FRO.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012

FM-Kravtið LG: 01:17.45 - SG: 01:13.01

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
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09-06-2025 15:25.43 Dátaviðgerð: Swimify 2.12 Loyvt: Suðuroyar Svímjifelag

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Úrslit

Kapping 21, 100m Rygg Menn Jr-E - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag		242	1:22.71	64,81 % Q
	Entry time: 1:01.18 (+21.53)					
	50m: 38.78	100m: 1:22.71 (43.93)				
Kapping almenn: 08.06.2025 10:10:56						

Kapping 21, 100m Rygg Menn FM - Innleiðandi

FRO	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		15.07.2012
FRO.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		15.07.2012
FM-Kravtið LG: 01:17.45 - SG: 01:13.01						

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag		242	1:22.71	64,81 % Q
	Entry time: 1:01.18 (+21.53)					
	50m: 38.78	100m: 1:22.71 (43.93)				
2	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		203	1:27.78	85,07 % Q
	Entry time: 1:16.38 (+11.40)					
	50m: 42.62	100m: 1:27.78 (45.16)				
Kapping almenn: 08.06.2025 10:10:56						

Kapping 21, 100m Rygg Menn Jr-Y - Finala

FRO	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		15.07.2012
FRO.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		15.07.2012
FM-Kravtið LG: 01:17.45 - SG: 01:13.01						

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		290	1:17.93	111,22 %
	Entry time: 1:27.78 (-9.85)					
	50m: 37.46	100m: 1:17.93 (40.47)				
Kapping almenn: 08.06.2025 17:41:17						

Kapping 21, 100m Rygg Menn Jr-E - Finala

FRO	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		15.07.2012
FRO.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		15.07.2012
FM-Kravtið LG: 01:17.45 - SG: 01:13.01						

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag		494	1:05.26	121,10 %
	Entry time: 1:22.71 (-17.45)					
	50m: 31.51	100m: 1:05.26 (33.75)				
Kapping almenn: 08.06.2025 17:41:17						

Kapping 21, 100m Rygg Menn FM - Finala

FRO	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		15.07.2012
FRO.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		15.07.2012
FM-Kravtið LG: 01:17.45 - SG: 01:13.01						

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen	2008 Havnar Svímjifelag		494	1:05.26	121,10 %
	Entry time: 1:22.71 (-17.45)					
	50m: 31.51	100m: 1:05.26 (33.75)				
2	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		290	1:17.93	111,22 %
	Entry time: 1:27.78 (-9.85)					
	50m: 37.46	100m: 1:17.93 (40.47)				
Kapping almenn: 08.06.2025 17:41:17						

Kapping 22, 4x100m Blandað Mix Jr-Y - Innleiðandi





Úrslit

Kapping 22, 4x100m Blandað Mix Jr-Y - Innleiðandi

FAR	4:16.85	Havnar Svímjifélag	Havnar Svímjifélag (FRO)	Vágur (FRO)	05.06.2022
FAR.JR	4:30.95	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vágur (FRO)	25.04.2022
Raðf	Navn	Aldur	Félag	AQU	Tíð Munur
1	HS mix 1		16 Havnar Svímjifélag	284 Q	5:30.73 92,29 %
	Jónatan Samuelson	2010		38.53 1:18.70	1:18.70
	Mariella Annbrittardóttir Henriksen	2010		44.64 1:33.93	2:52.63
	Theodor Salter	2011		38.92 1:21.54	4:14.17
	Lilja Lenvig Harrysdóttir	2009		36.87 1:16.56	5:30.73
2	HS mix 2		16 Havnar Svímjifélag	240 Q	5:49.80
	Andrias Mellemgaard	2009	S9	45.58 1:32.62	1:32.62
	Sigbjartur J. Egholm	2009		43.52 1:32.78	3:05.40
	Halla Háfoss	2009		40.26 1:27.64	4:33.04
	Lilja Sørensen	2011		37.17 1:16.76	5:49.80
-	FS		15 Fuglafjarðar Svímjifélag	211 Q	6:05.18 88,96 %
	Sirið Vesturtún	2011		42.51 1:28.44	1:28.44
	Jógvan Vesturtún	2013		52.67 1:47.99	3:16.43
	Fríðálvur Eliassen	2011		37.45 1:22.44	4:38.87
	Naomi Friang	2010		41.03 1:26.31	6:05.18

Kapping almenn: 08.06.2025 10:28:16

Kapping 22, 4x100m Blandað Mix FM - Innleiðandi

FAR	4:16.85	Havnar Svímjifélag	Havnar Svímjifélag (FRO)	Vágur (FRO)	05.06.2022
FAR.JR	4:30.95	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vágur (FRO)	25.04.2022
Raðf	Navn	Aldur	Félag	AQU	Tíð Munur
1	Ægir		19 Svímjifélagið Ægir	333 Q	5:13.43 87,69 %
	Tórir Olsen	2011		37.64 1:16.81	1:16.81
	Heini Mohr Askham	2006		38.97 1:21.58	2:38.39
	Durita Mohr Askham	2008		34.83 1:19.80	3:58.19
	Lea Petersen	2009		35.41 1:15.24	5:13.43
2	SuSvim		33 Suðuroyar Svímjifélag	321 Q	5:17.47 88,67 %
	Bjarta í Lágabø	2009		37.90 1:21.21	1:21.21
	Jón Hofgaard	1992		36.79 1:18.57	2:39.78
	Sissal Rógvadóttir	2010		41.47 1:28.70	4:08.48
	Róland Toftum	1998		33.04 1:08.99	5:17.47
3	HS mix 1		16 Havnar Svímjifélag	284 Q	5:30.73 92,29 %
	Jónatan Samuelson	2010		38.53 1:18.70	1:18.70
	Mariella Annbrittardóttir Henriksen	2010		44.64 1:33.93	2:52.63
	Theodor Salter	2011		38.92 1:21.54	4:14.17
	Lilja Lenvig Harrysdóttir	2009		36.87 1:16.56	5:30.73





Úrslit

Kapping 22, 4x100m Blandað Mix FM - Innleiðandi

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
4	HS mix 2		16	Havnar Svímjifelag	240 Q	5:49.80	
	Andrias Mellemgaard	2009	S9	45.58	1:32.62	1:32.62	
	Sigbjartur J. Egholm	2009		43.52	1:32.78	3:05.40	
	Halla Háfoss	2009		40.26	1:27.64	4:33.04	
	Lilja Sørensen	2011		37.17	1:16.76	5:49.80	
5	SuSvim team 2		22	Suðuroyar Svímjifelag	226 Q	5:56.73	
	Haraldur Mortensen	2010		44.74	1:33.17	1:33.17	
	Bjarti Ludvig	2006		44.79	1:41.33	3:14.50	
	Alisa Vestergård	2003		36.11	1:20.92	4:35.42	
	Jórun Winther	2011		37.83	1:21.31	5:56.73	
6	FS		15	Fuglafjarðar Svímjifelag	211 Q	6:05.18	88,96 %
	Sirið Vesturtún	2011		42.51	1:28.44	1:28.44	
	Jógvan Vesturtún	2013		52.67	1:47.99	3:16.43	
	Fríðálvur Eliassen	2011		37.45	1:22.44	4:38.87	
	Naomi Friang	2010		41.03	1:26.31	6:05.18	

Kapping almenn: 08.06.2025 10:28:16

Kapping 22, 4x100m Blandað Mix Jr-Y - Finala

FAR	4:16.85	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vágur (FRO)	05.06.2022	
FAR.JR	4:30.95	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	25.04.2022	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS mix 2	16	Havnar Svímjifelag	304	5:23.27	107,58
	Lilja Sørensen	2011		42.71	1:27.91	1:27.91
	India Linnea Bech	2011		45.98	1:38.71	3:06.62
	Sigbjartur J. Egholm	2009		31.87	1:12.38	4:19.00
	Aron Berg Joensen	2009		30.15	1:04.27	5:23.27
2	FS	15	Fuglafjarðar Svímjifelag	273	5:34.83	108,31
	Sirið Vesturtún	2011		38.33	1:19.89	1:19.89
	Jógvan Vesturtún	2013		50.75	1:46.43	3:06.32
	Fríðálvur Eliassen	2011		35.79	1:14.76	4:21.08
	Naomi Friang	2010		35.26	1:13.75	5:34.83

Kapping almenn: 08.06.2025 17:53:53

Kapping 22, 4x100m Blandað Mix Jr-E - Finala

FAR	4:16.85	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vágur (FRO)	05.06.2022	
FAR.JR	4:30.95	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	25.04.2022	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir	17	Svímjifelagið Ægir	390	4:57.42	105,11
	Tórir Olsen	2011		37.77	1:17.26	1:17.26
	Lea Petersen	2009		42.52	1:34.11	2:51.37
	Bárður Ólavsson	2008		28.96	1:01.70	3:53.07
	Durita Mohr Askham	2008		30.20	1:04.35	4:57.42

Kapping almenn: 08.06.2025 17:53:53

Kapping 22, 4x100m Blandað Mix FM - Finala





Úrslit

Kapping 22, 4x100m Blandað Mix FM - Finala

FAR 4:16.85 Havnar Svímjifelag Havnar Svímjifelag (FRO) Vágur (FRO) 05.06.2022
FAR.JR 4:30.95 Ægir Klaksvík Ægir Klaksvík (FRO) Vágur (FRO) 25.04.2022

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	SuSvim		33 Suðuroyar Svímjifelag	550	4:25.25	116,45
	Bjarta í Lágabø	2009		33.28	1:10.42	1:10.42
	Jón Hofgaard	1992		31.72	1:07.42	2:17.84
	Alisa Vestergård	2003		30.65	1:07.81	3:25.65
	Róland Toftum	1998		28.92	59.60	4:25.25
2	HS mix 1		20 Havnar Svímjifelag	524	4:29.68	118,46
	Elisabeth Erlandsdóttir	2005		32.99	1:07.56	1:07.56
	Silas Dam Lindberg	2008		33.63	1:13.35	2:20.91
	Halla Háfoss	2009		34.02	1:15.61	3:36.52
	Isak Brisenfeldt	2006		25.35	53.16	4:29.68
3	Ægir		17 Svímjefelagið Ægir	390	4:57.42	105,11
	Tórir Olsen	2011		37.77	1:17.26	1:17.26
	Lea Petersen	2009		42.52	1:34.11	2:51.37
	Bárður Ólavsson	2008		28.96	1:01.70	3:53.07
	Durita Mohr Askham	2008		30.20	1:04.35	4:57.42
4	SuSvim team 2		19 Suðuroyar Svímjifelag	310	5:21.02	110,01
	Haraldur Mortensen	2010		39.60	1:18.90	1:18.90
	Sissal Rógvadóttir	2010		39.40	1:27.17	2:46.07
	Jórun Winther	2011		40.46	1:36.39	4:22.46
	Bjarti Ludvig	2006		25.02	58.56	5:21.02
5	HS mix 2		16 Havnar Svímjifelag	304	5:23.27	107,58
	Lilja Sørensen	2011		42.71	1:27.91	1:27.91
	India Linnea Bech	2011		45.98	1:38.71	3:06.62
	Sigbjartur J. Egholm	2009		31.87	1:12.38	4:19.00
	Aron Berg Joensen	2009		30.15	1:04.27	5:23.27
6	FS		15 Fuglafjarðar Svímjifelag	273	5:34.83	108,31
	Sirið Vesturtún	2011		38.33	1:19.89	1:19.89
	Jógvan Vesturtún	2013		50.75	1:46.43	3:06.32
	Fríðálvur Eliassen	2011		35.79	1:14.76	4:21.08
	Naomi Friang	2010		35.26	1:13.75	5:34.83

Kapping almenn: 08.06.2025 17:53:53

Kapping 23, 100m Bringu Kvinnur Jr-Y - Innleiðandi

FAR 1:12.20 Lea Osberg Højsted 2008 Ægir Klaksvík (FRO) Torshavn (FRO) 25.04.2025
FAR.JR 1:12.20 Lea Osberg Højsted 2008 Ægir Klaksvík (FRO) Torshavn (FRO) 25.04.2025

FM-Kravtið LG: 01:35.79 - SG: 01:33.15

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Talita Johannesen	2010 Suðuroyar Svímjifelag		431	1:24.86	96,03 % Q
	Entry time: 1:21.62 (+3.24)					
	50m: 39.55	100m: 1:24.86 (45.31)				
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		424	1:25.32	95,79 % Q
	Entry time: 1:21.87 (+3.45)					
	50m: 39.79	100m: 1:25.32 (45.53)				





Úrslit

Kapping 23, 100m Bringu Kvinnur Jr-Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag		342	1:31.62	95,67 % Q
	Entry time: 1:27.82 (+3.80)					
	50m: 43.46	100m: 1:31.62 (48.16)				
4	Naomi Friang	2010 Fuglafjarðar Svímjifelag		279	1:38.09	95,00 % R1
	Entry time: 1:33.42 (+4.67)					
	50m: 47.58	100m: 1:38.09 (50.51)				

Kapping almenn: 08.06.2025 10:52:28

Kapping 23, 100m Bringu Kvinnur Jr-E - Innleiðandi

FAR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Torshavn (FRO)	25.04.2025
FAR.JR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Torshavn (FRO)	25.04.2025
FM-Kravtið	LG: 01:35.79 - SG: 01:33.15				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		489	1:21.37	85,51 % Q
	Entry time: 1:11.07 (+10.30)					
	50m: 38.81	100m: 1:21.37 (42.56)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		434	1:24.69	93,38 % -
	Entry time: 1:19.43 (+5.26)					
	50m: 39.37	100m: 1:24.69 (45.32)				
3	Róa Trygvadóttir	2008 Svímjifelagið Ægir		368	1:29.49	86,35 % Q
	Entry time: 1:18.74 (+10.75)					
	50m: 42.68	100m: 1:29.49 (46.81)				

Kapping almenn: 08.06.2025 10:52:28

Kapping 23, 100m Bringu Kvinnur FM - Innleiðandi

FAR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Torshavn (FRO)	25.04.2025
FAR.JR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvík (FRO)	Torshavn (FRO)	25.04.2025
FM-Kravtið	LG: 01:35.79 - SG: 01:33.15				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		489	1:21.37	85,51 % Q
	Entry time: 1:11.07 (+10.30)					
	50m: 38.81	100m: 1:21.37 (42.56)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		434	1:24.69	93,38 % -
	Entry time: 1:19.43 (+5.26)					
	50m: 39.37	100m: 1:24.69 (45.32)				
3	Talita Johannesen	2010 Suðuroyar Svímjifelag		431	1:24.86	96,03 % Q
	Entry time: 1:21.62 (+3.24)					
	50m: 39.55	100m: 1:24.86 (45.31)				
4	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		424	1:25.32	95,79 % Q
	Entry time: 1:21.87 (+3.45)					
	50m: 39.79	100m: 1:25.32 (45.53)				
5	Róa Trygvadóttir	2008 Svímjifelagið Ægir		368	1:29.49	86,35 % Q
	Entry time: 1:18.74 (+10.75)					
	50m: 42.68	100m: 1:29.49 (46.81)				
6	Mariella Annbrittardóttur Henriks	2010 Havnar Svímjifelag		342	1:31.62	95,67 % Q
	Entry time: 1:27.82 (+3.80)					
	50m: 43.46	100m: 1:31.62 (48.16)				
7	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		319	1:33.82	92,86 % Q
	Entry time: 1:27.57 (+6.25)					
	50m: 43.94	100m: 1:33.82 (49.88)				





Úrslit

Kapping 23, 100m Bringu Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
8	Naomi Friang	2010 Fuglafjarðar Svímjifelag		279	1:38.09	95,00 % R1
	Entry time: 1:33.42 (+4.67)					
	50m: 47.58	100m: 1:38.09 (50.51)				
9	India Linnea Bech	2011 Havnar Svímjifelag	261		1:40.27	93,59 % R2
	Entry time: 1:34.23 (+6.04)					
	50m: 47.78	100m: 1:40.27 (52.49)				
-	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag			DSQ	
	SW 7.5. Firvaldabeinspark (Tó ikki áðrenn fyrsta bringubeinspark)					

Kapping almenn: 08.06.2025 10:52:28

Kapping 23, 100m Bringu Kvinnur Jr-Y - Finala

FAR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	25.04.2025
FAR.JR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	25.04.2025

FM-Kravtið LG: 01:35.79 - SG: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	494		1:21.11	104,93 %
	Entry time: 1:25.32 (-4.21)					
	50m: 37.12	100m: 1:21.11 (43.99)				
2	Talita Johannesen	2010 Suðuroyar Svímjifelag	472		1:22.33	102,98 %
	Entry time: 1:24.86 (-2.53)					
	50m: 38.68	100m: 1:22.33 (43.65)				
3	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag	340		1:31.86	99,74 %
	Entry time: 1:31.62 (+0.24)					
	50m: 43.36	100m: 1:31.86 (48.50)				

Kapping almenn: 08.06.2025 18:03:46

Kapping 23, 100m Bringu Kvinnur Jr-E - Finala

FAR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	25.04.2025
FAR.JR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	25.04.2025

FM-Kravtið LG: 01:35.79 - SG: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	666		1:13.41	109,78 %
	Entry time: 1:21.37 (-7.96)					
	50m: 34.20	100m: 1:13.41 (39.21)				
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir	497		1:20.93	109,57 %
	Entry time: 1:29.49 (-8.56)					
	50m: 39.33	100m: 1:20.93 (41.60)				

Kapping almenn: 08.06.2025 18:03:46

Kapping 23, 100m Bringu Kvinnur FM - Finala

FAR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	25.04.2025
FAR.JR	1:12.20	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	25.04.2025

FM-Kravtið LG: 01:35.79 - SG: 01:33.15

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	666		1:13.41	109,78 %
	Entry time: 1:21.37 (-7.96)					
	50m: 34.20	100m: 1:13.41 (39.21)				
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir	497		1:20.93	109,57 %
	Entry time: 1:29.49 (-8.56)					
	50m: 39.33	100m: 1:20.93 (41.60)				





Úrslit

Kapping 23, 100m Bringu Kvinnur FM - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		494	1:21.11	104,93 %
	Entry time: 1:25.32 (-4.21)					
	50m: 37.12	100m: 1:21.11 (43.99)				
4	Talita Johannesen	2010 Suðuroyar Svímjifelag		472	1:22.33	102,98 %
	Entry time: 1:24.86 (-2.53)					
	50m: 38.68	100m: 1:22.33 (43.65)				
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		351	1:30.85	103,17 %
	Entry time: 1:33.82 (-2.97)					
	50m: 42.13	100m: 1:30.85 (48.72)				
6	Mariella Annbriðardóttir Henriks	2010 Havnar Svímjifelag		340	1:31.86	99,74 %
	Entry time: 1:31.62 (+0.24)					
	50m: 43.36	100m: 1:31.86 (48.50)				

Kapping almenn: 08.06.2025 18:03:46

Kapping 24, 100m Bringu Menn Jr-Y - Innleiðandi

FRO	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	04.04.2017
FRO.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FRO)	Bergen (NOR)	13.04.2018
FM-Kravtið	LG: 01:25.29	SG: 01:23.07			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Andrias Mellemgaard	2009 Havnar Svímjifelag		173	1:42.00	90,63 % - SB9
	Entry time: 1:33.26 (+8.74)					
	50m: 46.98	100m: 1:42.00 (55.02)				

Kapping almenn: 08.06.2025 10:54:34

Kapping 24, 100m Bringu Menn Jr-E - Innleiðandi

FRO	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	04.04.2017
FRO.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FRO)	Bergen (NOR)	13.04.2018
FM-Kravtið	LG: 01:25.29	SG: 01:23.07			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		297	1:25.22	75,04 % Q
	Entry time: 1:08.20 (+17.02)					
	50m: 41.51	100m: 1:25.22 (43.71)				

Kapping almenn: 08.06.2025 10:54:34

Kapping 24, 100m Bringu Menn FM - Innleiðandi

FRO	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	04.04.2017
FRO.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FRO)	Bergen (NOR)	13.04.2018
FM-Kravtið	LG: 01:25.29	SG: 01:23.07			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svímjifelag		324	1:22.75	75,36 % Q
	Entry time: 1:06.39 (+16.36)					
	50m: 39.22	100m: 1:22.75 (43.53)				
2	Heini Mohr Askham	2006 Svímjifelagið Ægir		304	1:24.54	74,22 % Q
	Entry time: 1:07.21 (+17.33)					
	50m: 40.67	100m: 1:24.54 (43.87)				
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		297	1:25.22	75,04 % Q
	Entry time: 1:08.20 (+17.02)					
	50m: 41.51	100m: 1:25.22 (43.71)				
4	Andrias Mellemgaard	2009 Havnar Svímjifelag		173	1:42.00	90,63 % - SB9
	Entry time: 1:33.26 (+8.74)					
	50m: 46.98	100m: 1:42.00 (55.02)				

Kapping almenn: 08.06.2025 10:54:34





Úrslit

Kapping 24, 100m Bringu Menn Jr-E - Finala

FRO 1:05.35 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 04.04.2017
 FRO.JR 1:06.14 Rókur Trygvason 2000 Svímjifelagið Reysti (FRO) Bergen (NOR) 13.04.2018
 FM-Kravtið LG: 01:25.29 - SG: 01:23.07

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		525	1:10.49	117,28 %
	Entry time: 1:25.22 (-14.73)					
	50m: 32.59	100m: 1:10.49 (37.90)				

Kapping almenn: 08.06.2025 18:07:14

Kapping 24, 100m Bringu Menn FM - Finala

FRO 1:05.35 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 04.04.2017
 FRO.JR 1:06.14 Rókur Trygvason 2000 Svímjifelagið Reysti (FRO) Bergen (NOR) 13.04.2018
 FM-Kravtið LG: 01:25.29 - SG: 01:23.07

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir		593	1:07.70	119,92 %
	Entry time: 1:24.54 (-16.84)					
	50m: 31.72	100m: 1:07.70 (35.98)				

2	Jón Hofgaard	1992 Suðuroyar Svímjifelag		580	1:08.19	117,60 %
	Entry time: 1:22.75 (-14.56)					
	50m: 32.55	100m: 1:08.19 (35.64)				

3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		525	1:10.49	117,28 %
	Entry time: 1:25.22 (-14.73)					
	50m: 32.59	100m: 1:10.49 (37.90)				

Kapping almenn: 08.06.2025 18:07:14

Kapping 25, 100m Frí Kvinnur Jr-Y - Innleiðandi

FAR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 24.02.2018
 FAR.JR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 24.02.2018
 FM-Kravtið LG: 01:17.24 - SG: 01:15.06

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		516	1:04.43	97,24 % Q
	Entry time: 1:02.70 (+1.73)					
	50m: 29.85	100m: 1:04.43 (34.58)				
2	Lea Petersen	2009 Svímjifelagið Ægir		439	1:08.02	95,40 % Q
	Entry time: 1:05.03 (+2.99)					
	50m: 32.02	100m: 1:08.02 (36.00)				
3	Emma Debes	2010 Suðuroyar Svímjifelag		429	1:08.53	97,21 % R1
	Entry time: 1:06.67 (+1.86)					
	50m: 32.40	100m: 1:08.53 (36.13)				
4	Halla Háfoss	2009 Havnar Svímjifelag		412	1:09.49	96,78 % R2
	Entry time: 1:07.32 (+2.17)					
	50m: 32.69	100m: 1:09.49 (36.80)				
5	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		398	1:10.28	101,25 %
	Entry time: 1:11.17 (-0.89)					
	50m: 33.47	100m: 1:10.28 (36.81)				
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		392	1:10.64	93,71 %
	Entry time: 1:06.46 (+4.18)					
	50m: 33.56	100m: 1:10.64 (37.08)				
7	Talita Johannesen	2010 Suðuroyar Svímjifelag		379	1:11.43	98,55 %
	Entry time: 1:10.41 (+1.02)					
	50m: 33.82	100m: 1:11.43 (37.61)				





Úrslit

Kapping 25, 100m Frí Kvinnur Jr-Y - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
8	Naomi Friang	2010 Fuglafjarðar Svímjifélag		341	1:14.00	99,21 %
	Entry time: 1:13.42 (+0.58)					
	50m: 35.85	100m: 1:14.00 (38.15)				
9	Lilja Strøm Winther	2009 Suðuroyar Svímjifélag		316	1:15.85	99,82 %
	Entry time: 1:15.71 (+0.14)					
	50m: 34.91	100m: 1:15.85 (40.94)				
10	Mariella Annbriðardóttir Henriks	2010 Havnar Svímjifélag		291	1:18.03	83,07 %
	Entry time: 1:06.73 (+11.30)					
	50m: 35.91	100m: 1:18.03 (42.12)				

Kapping almenn: 08.06.2025 11:04:03

Kapping 25, 100m Frí Kvinnur Jr-E - Innleiðandi

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifélag (FRO)	Vagur (FRO)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifélag (FRO)	Vagur (FRO)	24.02.2018

FM-Kravtið LG: 01:17.24 - SG: 01:15.06

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Durita Mohr Askham	2008 Svímjifélagið Ægir		489	1:05.63	97,13 % Q
	Entry time: 1:03.80 (+1.83)					
	50m: 31.17	100m: 1:05.63 (34.46)				

Kapping almenn: 08.06.2025 11:04:03

Kapping 25, 100m Frí Kvinnur FM - Innleiðandi

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifélag (FRO)	Vagur (FRO)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifélag (FRO)	Vagur (FRO)	24.02.2018

FM-Kravtið LG: 01:17.24 - SG: 01:15.06

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifélag		518	1:04.35	91,17 % Q
	Entry time: 59.13 (+5.22)					
	50m: 31.25	100m: 1:04.35 (33.10)				
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifélag		516	1:04.43	97,24 % Q
	Entry time: 1:02.70 (+1.73)					
	50m: 29.85	100m: 1:04.43 (34.58)				
3	Durita Mohr Askham	2008 Svímjifélagið Ægir		489	1:05.63	97,13 % Q
	Entry time: 1:03.80 (+1.83)					
	50m: 31.17	100m: 1:05.63 (34.46)				
4	Kaja Waag Kallesøe	2005 Suðuroyar Svímjifélag		453	1:07.32	99,10 % Q
	Entry time: 1:06.72 (+0.60)					
	50m: 32.44	100m: 1:07.32 (34.88)				
5	Lea Petersen	2009 Svímjifélagið Ægir		439	1:08.02	95,40 % Q
	Entry time: 1:05.03 (+2.99)					
	50m: 32.02	100m: 1:08.02 (36.00)				
6	Sirið Vesturtún	2011 Fuglafjarðar Svímjifélag		430	1:08.50	98,97 % Q
	Entry time: 1:07.80 (+0.70)					
	50m: 32.28	100m: 1:08.50 (36.22)				
7	Emma Debes	2010 Suðuroyar Svímjifélag		429	1:08.53	97,21 % R1
	Entry time: 1:06.67 (+1.86)					
	50m: 32.40	100m: 1:08.53 (36.13)				
8	Halla Háfoss	2009 Havnar Svímjifélag		412	1:09.49	96,78 % R2
	Entry time: 1:07.32 (+2.17)					
	50m: 32.69	100m: 1:09.49 (36.80)				





Úrslit

Kapping 25, 100m Frí Kvinnur FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
9	Ninna í Hjöllum	2009 Suðuroyar Svímjifelag		398	1:10.28	101,25 %
	Entry time: 1:11.17 (-0.89)					
	50m: 33.47	100m: 1:10.28 (36.81)				
10	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		392	1:10.64	93,71 %
	Entry time: 1:06.46 (+4.18)					
	50m: 33.56	100m: 1:10.64 (37.08)				
11	Talita Johannesen	2010 Suðuroyar Svímjifelag		379	1:11.43	98,55 %
	Entry time: 1:10.41 (+1.02)					
	50m: 33.82	100m: 1:11.43 (37.61)				
12	Naomi Friang	2010 Fuglafjarðar Svímjifelag		341	1:14.00	99,21 %
	Entry time: 1:13.42 (+0.58)					
	50m: 35.85	100m: 1:14.00 (38.15)				
13	Lilja Sørensen	2011 Havnar Svímjifelag		337	1:14.24	97,54 %
	Entry time: 1:12.46 (+1.78)					
	50m: 36.26	100m: 1:14.24 (37.98)				
14	Lea í Trøðini	2011 Suðuroyar Svímjifelag		326	1:15.12	101,05 %
	Entry time: 1:15.92 (-0.80)					
	50m: 35.58	100m: 1:15.12 (39.54)				
15	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		316	1:15.85	99,82 %
	Entry time: 1:15.71 (+0.14)					
	50m: 34.91	100m: 1:15.85 (40.94)				
16	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag		291	1:18.03	83,07 %
	Entry time: 1:06.73 (+11.30)					
	50m: 35.91	100m: 1:18.03 (42.12)				
17	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		284	1:18.63	94,96 %
	Entry time: 1:14.86 (+3.77)					
	50m: 37.94	100m: 1:18.63 (40.69)				
18	India Linnea Bech	2011 Havnar Svímjifelag		250	1:21.99	91,93 %
	Entry time: 1:15.87 (+6.12)					
	50m: 38.73	100m: 1:21.99 (43.26)				
-	Jórun Winther	2011 Suðuroyar Svímjifelag			DSQ	
	SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)					

Kapping almenn: 08.06.2025 11:04:03

Kapping 25, 100m Frí Kvinnur Jr-Y - Finala

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Vagur (FRO)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Vagur (FRO)	24.02.2018

FM-Kravtið LG: 01:17.24 - SG: 01:15.06

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		539	1:03.52	101,41 %
	Entry time: 1:04.43 (-0.91)					
	50m: 30.27	100m: 1:03.52 (33.25)				
2	Lea Petersen	2009 Svímjeflagið Ægir		432	1:08.40	99,44 %
	Entry time: 1:08.02 (+0.38)					
	50m: 32.24	100m: 1:08.40 (36.16)				

Kapping almenn: 08.06.2025 18:19:46

Kapping 25, 100m Frí Kvinnur Jr-E - Finala

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Vagur (FRO)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Vagur (FRO)	24.02.2018

FM-Kravtið LG: 01:17.24 - SG: 01:15.06





Úrslit

Kapping 25, 100m Frí Kvinnur Jr-E - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Durita Mohr Askham	2008 Svímjifelagið Ægir		502	1:05.03	100,91 %
	Entry time: 1:05.63 (-0.60)					
	50m: 31.02	100m: 1:05.03 (34.01)				
Kapping almenn: 08.06.2025 18:19:46						

Kapping 25, 100m Frí Kvinnur FM - Finala

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Vagur (FRO)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Vagur (FRO)	24.02.2018
FM-Kravtið LG: 01:17.24 - SG: 01:15.06					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifelag		603	1:01.19	104,91 %
	Entry time: 1:04.35 (-3.16)					
	50m: 28.94	100m: 1:01.19 (32.25)				
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		539	1:03.52	101,41 %
	Entry time: 1:04.43 (-0.91)					
	50m: 30.27	100m: 1:03.52 (33.25)				
3	Durita Mohr Askham	2008 Svímjifelagið Ægir		502	1:05.03	100,91 %
	Entry time: 1:05.63 (-0.60)					
	50m: 31.02	100m: 1:05.03 (34.01)				
4	Kaja Waag Kallesøe	2005 Suðuroyar Svímjifelag		495	1:05.36	102,91 %
	Entry time: 1:07.32 (-1.96)					
	50m: 31.34	100m: 1:05.36 (34.02)				
5	Lea Petersen	2009 Svímjifelagið Ægir		432	1:08.40	99,44 %
	Entry time: 1:08.02 (+0.38)					
	50m: 32.24	100m: 1:08.40 (36.16)				
6	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		430	1:08.47	100,04 %
	Entry time: 1:08.50 (-0.03)					
	50m: 32.26	100m: 1:08.47 (36.21)				
Kapping almenn: 08.06.2025 18:19:46						

Kapping 26, 100m Frí Menn Jr-Y - Innleiðandi

FRO	51.89	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FM-Kravtið LG: 01:10.07 - SG: 01:07.13					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		391	1:03.42	98,79 % R1
	Entry time: 1:02.66 (+0.76)					
	50m: 30.78	100m: 1:03.42 (32.64)				
2	Aron Berg Joensen	2009 Havnar Svímjifelag		361	1:05.12	98,85 %
	Entry time: 1:04.38 (+0.74)					
	50m: 30.93	100m: 1:05.12 (34.19)				
3	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		339	1:06.50	98,43 %
	Entry time: 1:05.47 (+1.03)					
	50m: 31.00	100m: 1:06.50 (35.50)				
4	Jónatan Samuelsen	2010 Havnar Svímjifelag		303	1:09.02	94,40 %
	Entry time: 1:05.36 (+3.66)					
	50m: 31.68	100m: 1:09.02 (37.34)				
5	Jens Martin Dam	2009 Havnar Svímjifelag		298	1:09.45	93,06 %
	Entry time: 1:04.94 (+4.51)					
	50m: 32.61	100m: 1:09.45 (36.84)				





Úrslit

Kapping 26, 100m Frí Menn Jr-Y - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur	
6	Andrias Mellemgaard	2009 Havnar Svímjifelag		179	1:22.28	89,71 %	- S9
	Entry time: 1:14.60 (+7.68)						
	50m: 37.50	100m: 1:22.28 (44.78)					
Kapping almenn: 08.06.2025 11:14:08							

Kapping 26, 100m Frí Menn Jr-E - Innleiðandi

FRO	51.89	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FM-Kravtið LG: 01:10.07 - SG: 01:07.13					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur	
1	Oddvaldur Leivsson	2008 Havnar Svímjifelag		500	58.45	96,38 %	Q
	Entry time: 56.41 (+2.04)						
	50m: 27.67	100m: 58.45 (30.78)					
2	Óli Mikkelsen	2008 Havnar Svímjifelag		490	58.85	100,81 %	Q
	Entry time: 59.33 (-0.48)						
	50m: 28.08	100m: 58.85 (30.77)					
3	Ólavor Winther Jákupsson	2008 Havnar Svímjifelag		384	1:03.82	95,39 %	R2
	Entry time: 1:01.01 (+2.81)						
	50m: 30.58	100m: 1:03.82 (33.24)					
Kapping almenn: 08.06.2025 11:14:08							

Kapping 26, 100m Frí Menn FM - Innleiðandi

FRO	51.89	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FM-Kravtið LG: 01:10.07 - SG: 01:07.13					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur	
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		506	58.20	88,36 %	Q
	Entry time: 52.13 (+6.07)						
	50m: 27.25	100m: 58.20 (30.95)					
2	Oddvaldur Leivsson	2008 Havnar Svímjifelag		500	58.45	96,38 %	Q
	Entry time: 56.41 (+2.04)						
	50m: 27.67	100m: 58.45 (30.78)					
3	Óli Mikkelsen	2008 Havnar Svímjifelag		490	58.85	100,81 %	Q
	Entry time: 59.33 (-0.48)						
	50m: 28.08	100m: 58.85 (30.77)					
4	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		440	1:00.96	96,99 %	Q
	Entry time: 59.18 (+1.78)						
	50m: 29.00	100m: 1:00.96 (31.96)					
5	Tórir Olsen	2011 Svímjifelagið Ægir		423	1:01.80	97,55 %	Q
	Entry time: 1:00.32 (+1.48)						
	50m: 29.66	100m: 1:01.80 (32.14)					
6	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		413	1:02.30	99,89 %	Q
	Entry time: 1:02.23 (+0.07)						
	50m: 28.38	100m: 1:02.30 (33.92)					
7	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		391	1:03.42	98,79 %	R1
	Entry time: 1:02.66 (+0.76)						
	50m: 30.78	100m: 1:03.42 (32.64)					
8	Ólavor Winther Jákupsson	2008 Havnar Svímjifelag		384	1:03.82	95,39 %	R2
	Entry time: 1:01.01 (+2.81)						
	50m: 30.58	100m: 1:03.82 (33.24)					





Úrslit

Kapping 26, 100m Frí Menn FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
9	Aron Berg Joensen	2009 Havnar Svímjifelag		361	1:05.12	98,85 %
	Entry time: 1:04.38 (+0.74)					
	50m: 30.93	100m: 1:05.12 (34.19)				
10	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		339	1:06.50	98,43 %
	Entry time: 1:05.47 (+1.03)					
	50m: 31.00	100m: 1:06.50 (35.50)				
11	Theodor Salter	2011 Havnar Svímjifelag		332	1:06.98	91,69 %
	Entry time: 1:01.84 (+5.14)					
	50m: 31.52	100m: 1:06.98 (35.46)				
12	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		305	1:08.89	98,23 %
	Entry time: 1:07.69 (+1.20)					
	50m: 34.62	100m: 1:08.89 (34.27)				
13	Jónatan Samuelsen	2010 Havnar Svímjifelag		303	1:09.02	94,40 %
	Entry time: 1:05.36 (+3.66)					
	50m: 31.68	100m: 1:09.02 (37.34)				
14	Jens Martin Dam	2009 Havnar Svímjifelag		298	1:09.45	93,06 %
	Entry time: 1:04.94 (+4.51)					
	50m: 32.61	100m: 1:09.45 (36.84)				
15	Nóa Róason Stakksund	2011 Havnar Svímjifelag		289	1:10.11	99,66 %
	Entry time: 1:09.87 (+0.24)					
	50m: 33.50	100m: 1:10.11 (36.61)				
16	Símun Eliassen	2011 Havnar Svímjifelag		277	1:11.12	99,38 % -
	Entry time: 1:10.68 (+0.44)					
	50m: 33.62	100m: 1:11.12 (37.50)				
17	Bragi Bjarnason	2012 Havnar Svímjifelag		251	1:13.47	102,64 % -
	Entry time: 1:15.46 (-1.99)					
	50m: 34.60	100m: 1:13.47 (38.87)				
18	Andrias Mellemggaard	2009 Havnar Svímjifelag		179	1:22.28	89,71 % - S9
	Entry time: 1:14.60 (+7.68)					
	50m: 37.50	100m: 1:22.28 (44.78)				
-	Teitur Miné Róason	2011 Havnar Svímjifelag			DSQ	
	SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)					

Kapping almenn: 08.06.2025 11:14:08

Kapping 26, 100m Frí Menn Jr-E - Finala

FRO	51.89	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012

FM-Kravtið LG: 01:10.07 - SG: 01:07.13

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Oddvaldur Leivsson	2008 Havnar Svímjifelag		561	56.24	103,78 %
	Entry time: 58.45 (-2.21)					
	50m: 26.68	100m: 56.24 (29.56)				
2	Óli Mikkelsen	2008 Havnar Svímjifelag		415	1:02.16	94,38 %
	Entry time: 58.85 (+3.31)					
	50m: 29.22	100m: 1:02.16 (32.94)				

Kapping almenn: 08.06.2025 18:22:56

Kapping 26, 100m Frí Menn FM - Finala

FRO	51.89	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012

09-06-2025 15:25.44

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 56/85





Úrslit

Kapping 26, 100m Frí Menn FM - Finala

FM-Kravtið LG: 01:10.07 - SG: 01:07.13

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		630	54.10	107,04 %
	Entry time: 58.20 (-4.10)					
	50m: 26.34	100m: 54.10 (27.76)				
2	Oddvaldur Leivsson	2008 Havnar Svímjifelag		561	56.24	103,78 %
	Entry time: 58.45 (-2.21)					
	50m: 26.68	100m: 56.24 (29.56)				
3	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		463	59.96	101,64 %
	Entry time: 1:00.96 (-1.00)					
	50m: 28.94	100m: 59.96 (31.02)				
4	Tórir Olsen	2011 Svímjifelagið Ægir		437	1:01.10	101,13 %
	Entry time: 1:01.80 (-0.70)					
	50m: 29.33	100m: 1:01.10 (31.77)				
5	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		426	1:01.64	101,06 %
	Entry time: 1:02.30 (-0.66)					
	50m: 28.37	100m: 1:01.64 (33.27)				
6	Óli Mikkelsen	2008 Havnar Svímjifelag		415	1:02.16	94,38 %
	Entry time: 58.85 (+3.31)					
	50m: 29.22	100m: 1:02.16 (32.94)				

Kapping almenn: 08.06.2025 18:22:56

Kapping 27, 400m Blandað Kvinnur Jr-Y - Innleiðandi

FAR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 06.07.2016

FAR.JR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 06.07.2016

FM-Kravtið LG: 06:37.88 - SG: 06:26.80

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag		378	6:05.37	Q
	50m: 37.84	100m: 1:25.17 (47.33)	150m: 2:13.61 (48.44)	200m: 3:03.43 (49.82)		
	250m: 3:51.72 (48.29)	300m: 4:42.23 (50.51)	350m: 5:23.67 (41.44)	400m: 6:05.37 (41.70)		

Kapping almenn: 08.06.2025 11:20:00

Kapping 27, 400m Blandað Kvinnur Jr-E - Innleiðandi

FAR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 06.07.2016

FAR.JR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 06.07.2016

FM-Kravtið LG: 06:37.88 - SG: 06:26.80

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		492	5:34.82	94,54 % Q
	Entry time: 5:17.50 (+17.32)					
	50m: 35.60	100m: 1:19.41 (43.81)	150m: 1:59.70 (40.29)	200m: 2:39.92 (40.22)		
	250m: 3:28.27 (48.35)	300m: 4:15.95 (47.68)	350m: 4:54.95 (39.00)	400m: 5:34.82 (39.87)		
2	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		443	5:46.61	88,24 % Q
	Entry time: 5:10.14 (+36.47)					
	50m: 34.85	100m: 1:16.77 (41.92)	150m: 1:58.92 (42.15)	200m: 2:42.04 (43.12)		
	250m: 3:33.11 (51.07)	300m: 4:25.62 (52.51)	350m: 5:06.29 (40.67)	400m: 5:46.61 (40.32)		

Kapping almenn: 08.06.2025 11:20:00

Kapping 27, 400m Blandað Kvinnur FM - Innleiðandi

FAR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 06.07.2016

FAR.JR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR) Hodmezovasarhely (HUN) 06.07.2016

FM-Kravtið LG: 06:37.88 - SG: 06:26.80

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 27, 400m Blandað Kvinnur FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifélag	492	5:34.82	94,54 %	Q
	Entry time: 5:17.50 (+17.32)					
	50m: 35.60	100m: 1:19.41 (43.81)	150m: 1:59.70 (40.29)	200m: 2:39.92 (40.22)		
	250m: 3:28.27 (48.35)	300m: 4:15.95 (47.68)	350m: 4:54.95 (39.00)	400m: 5:34.82 (39.87)		
2	Jóhanna Ólavsdóttir	2007 Svímjifélagið Ægir	443	5:46.61	88,24 %	Q
	Entry time: 5:10.14 (+36.47)					
	50m: 34.85	100m: 1:16.77 (41.92)	150m: 1:58.92 (42.15)	200m: 2:42.04 (43.12)		
	250m: 3:33.11 (51.07)	300m: 4:25.62 (52.51)	350m: 5:06.29 (40.67)	400m: 5:46.61 (40.32)		
3	Halla Háfoss	2009 Havnar Svímjifélag	378	6:05.37		Q
	50m: 37.84	100m: 1:25.17 (47.33)	150m: 2:13.61 (48.44)	200m: 3:03.43 (49.82)		
	250m: 3:51.72 (48.29)	300m: 4:42.23 (50.51)	350m: 5:23.67 (41.44)	400m: 6:05.37 (41.70)		

Kapping almenn: 08.06.2025 11:20:00

Kapping 27, 400m Blandað Kvinnur Jr-Y - Finala

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifélag (FR)	Hodmezovasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifélag (FR)	Hodmezovasarhely (HUN)	06.07.2016
FM-Kravtið	LG: 06:37.88	SG: 06:26.80			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifélag	401	5:58.26	101,95 %	
	Entry time: 6:05.37 (-7.11)					
	50m: 37.18	100m: 1:21.48 (44.30)	150m: 2:10.25 (48.77)	200m: 3:00.02 (49.77)		
	250m: 3:47.91 (47.89)	300m: 4:38.89 (50.98)	350m: 5:18.32 (39.43)	400m: 5:58.26 (39.94)		

Kapping almenn: 08.06.2025 18:36:44

Kapping 27, 400m Blandað Kvinnur Jr-E - Finala

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifélag (FR)	Hodmezovasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifélag (FR)	Hodmezovasarhely (HUN)	06.07.2016
FM-Kravtið	LG: 06:37.88	SG: 06:26.80			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifélagið Ægir	588	5:15.56	108,96 %	
	Entry time: 5:46.61 (-31.05)					
	50m: 32.37	100m: 1:10.22 (37.85)	150m: 1:49.83 (39.61)	200m: 2:29.03 (39.20)		
	250m: 3:14.87 (45.84)	300m: 4:01.78 (46.91)	350m: 4:39.29 (37.51)	400m: 5:15.56 (36.27)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifélag	516	5:29.52	101,58 %	
	Entry time: 5:34.82 (-5.30)					
	50m: 34.63	100m: 1:16.44 (41.81)	150m: 1:56.69 (40.25)	200m: 2:37.43 (40.74)		
	250m: 3:25.23 (47.80)	300m: 4:13.43 (48.20)	350m: 4:51.76 (38.33)	400m: 5:29.52 (37.76)		

Kapping almenn: 08.06.2025 18:36:44

Kapping 27, 400m Blandað Kvinnur FM - Finala

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifélag (FR)	Hodmezovasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifélag (FR)	Hodmezovasarhely (HUN)	06.07.2016
FM-Kravtið	LG: 06:37.88	SG: 06:26.80			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifélagið Ægir	588	5:15.56	108,96 %	
	Entry time: 5:46.61 (-31.05)					
	50m: 32.37	100m: 1:10.22 (37.85)	150m: 1:49.83 (39.61)	200m: 2:29.03 (39.20)		
	250m: 3:14.87 (45.84)	300m: 4:01.78 (46.91)	350m: 4:39.29 (37.51)	400m: 5:15.56 (36.27)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifélag	516	5:29.52	101,58 %	
	Entry time: 5:34.82 (-5.30)					
	50m: 34.63	100m: 1:16.44 (41.81)	150m: 1:56.69 (40.25)	200m: 2:37.43 (40.74)		
	250m: 3:25.23 (47.80)	300m: 4:13.43 (48.20)	350m: 4:51.76 (38.33)	400m: 5:29.52 (37.76)		





Úrslit

Kapping 27, 400m Blandað Kvinnur FM - Finala

Raðf	Navn	Fæðia Félag				R.T	AQU	Tíð	Munur
3	Halla Háfoss	2009 Havnar Svímjifelag					401	5:58.26	101,95 %
Entry time: 6:05.37 (-7.11)									
	50m: 37.18	100m: 1:21.48	(44.30)	150m: 2:10.25	(48.77)	200m: 3:00.02	(49.77)		
	250m: 3:47.91	(47.89)	300m: 4:38.89	(50.98)	350m: 5:18.32	(39.43)	400m: 5:58.26	(39.94)	
Kapping almenn: 08.06.2025 18:36:44									

Kapping 28, 400m Blandað Menn Jr-E - Innleiðandi

FRO	4:30.17	Alvi Hjelm	1996 Ægir Klaksvik (FRO)	Broenshoej (DEN)	15.04.2016
FRO.JR	4:41.42	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Amsterdam (NED)	14.12.2014
FM-Kravtið LG: 06:04.24 - SG: 05:51.79					

Raðf	Navn	Fæðia Félag				R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg	2008 Havnar Svímjifelag					530	4:59.50	96,15 % -
	Entry time: 4:48.39 (+11.11)								
	50m: 31.26	100m: 1:09.33	(38.07)	150m: 1:49.87	(40.54)	200m: 2:28.34	(38.47)		
	250m: 3:10.27	(41.93)	300m: 3:53.26	(42.99)	350m: 4:30.43	(37.17)	400m: 4:59.50	(29.07)	
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag					370	5:37.78	82,52 % Q
	Entry time: 4:47.52 (+50.26)								
	50m: 34.37	100m: 1:15.83	(41.46)	150m: 2:01.54	(45.71)	200m: 2:46.00	(44.46)		
	250m: 3:31.04	(45.04)	300m: 4:17.68	(46.64)	350m: 4:57.72	(40.04)	400m: 5:37.78	(40.06)	
Kapping almenn: 08.06.2025 11:26:42									

Kapping 28, 400m Blandað Menn FM - Innleiðandi

FRO	4:30.17	Alvi Hjelm	1996 Ægir Klaksvik (FRO)	Broenshoej (DEN)	15.04.2016
FRO.JR	4:41.42	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Amsterdam (NED)	14.12.2014
FM-Kravtið LG: 06:04.24 - SG: 05:51.79					

Raðf	Navn	Fæðia Félag				R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg	2008 Havnar Svímjifelag					530	4:59.50	96,15 % -
	Entry time: 4:48.39 (+11.11)								
	50m: 31.26	100m: 1:09.33	(38.07)	150m: 1:49.87	(40.54)	200m: 2:28.34	(38.47)		
	250m: 3:10.27	(41.93)	300m: 3:53.26	(42.99)	350m: 4:30.43	(37.17)	400m: 4:59.50	(29.07)	
2	Heini Mohr Askham	2006 Svímjifelagið Ægir					394	5:30.78	81,19 % Q
	Entry time: 4:38.42 (+52.36)								
	50m: 32.72	100m: 1:12.11	(39.39)	150m: 1:55.19	(43.08)	200m: 2:40.21	(45.02)		
	250m: 3:26.84	(46.63)	300m: 4:14.41	(47.57)	350m: 4:52.04	(37.63)	400m: 5:30.78	(38.74)	
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag					370	5:37.78	82,52 % Q
	Entry time: 4:47.52 (+50.26)								
	50m: 34.37	100m: 1:15.83	(41.46)	150m: 2:01.54	(45.71)	200m: 2:46.00	(44.46)		
	250m: 3:31.04	(45.04)	300m: 4:17.68	(46.64)	350m: 4:57.72	(40.04)	400m: 5:37.78	(40.06)	
Kapping almenn: 08.06.2025 11:26:42									

Kapping 28, 400m Blandað Menn Jr-E - Finala

FRO	4:30.17	Alvi Hjelm	1996 Ægir Klaksvik (FRO)	Broenshoej (DEN)	15.04.2016
FRO.JR	4:41.42	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Amsterdam (NED)	14.12.2014
FM-Kravtið LG: 06:04.24 - SG: 05:51.79					

Raðf	Navn	Fæðia Félag				R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag					551	4:55.79	112,43 %
Entry time: 5:37.78 (-41.99)									
	50m: 30.60	100m: 1:07.25	(36.65)	150m: 1:46.85	(39.60)	200m: 2:26.31	(39.46)		
	250m: 3:06.55	(40.24)	300m: 3:47.64	(41.09)	350m: 4:21.37	(33.73)	400m: 4:55.79	(34.42)	
Kapping almenn: 08.06.2025 18:43:52									





Úrslit

Kapping 28, 400m Blandað Menn FM - Finala

FRO	4:30.17	Alvi Hjelm	1996	Ægir Klaksvik (FRO)	Broenshoej (DEN)	15.04.2016
FRO.JR	4:41.42	Óli Mortensen	1996	Havnar Svímjifelag (FRO)	Amsterdam (NED)	14.12.2014
FM-Kravtið LG: 06:04.24 - SG: 05:51.79						

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir		570	4:52.40	111,60 %
	Entry time: 5:30.78 (-38.38)					
	50m: 30.46	100m: 1:07.27 (36.81)	150m: 1:46.95 (39.68)	200m: 2:26.91 (39.96)		
	250m: 3:07.12 (40.21)	300m: 3:49.16 (42.04)	350m: 4:20.94 (31.78)	400m: 4:52.40 (31.46)		
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		551	4:55.79	112,43 %
	Entry time: 5:37.78 (-41.99)					
	50m: 30.60	100m: 1:07.25 (36.65)	150m: 1:46.85 (39.60)	200m: 2:26.31 (39.46)		
	250m: 3:06.55 (40.24)	300m: 3:47.64 (41.09)	350m: 4:21.37 (33.73)	400m: 4:55.79 (34.42)		

Kapping almenn: 08.06.2025 18:43:52

Kapping 29, 4x200m Frí Kvinnur Jr-Y - Innleiðandi

FAR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016	
FAR.JR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	SuSvim	16	Suðuroyar Svímjifelag	410 Q	10:15.75	99,23 %
	Jórun Winther	2011		32.54	1:10.61	2:29.37
	Emma Debes	2010		35.02	1:15.90	2:39.19
	Bjarta í Lágabø	2009		31.63	1:08.30	2:25.55
	Sissal Rógvdóttir	2010		35.64	1:16.40	2:41.64
2	HS Kvinnur	16	Havnar Svímjifelag	362 Q	10:41.82	95,13 %
	Halla Háfoss	2009		35.73	1:16.39	2:36.13
	Lilja Sørensen	2011		38.21	1:20.75	2:44.84
	Mariella Annbrittardóttur	2010		37.49	1:19.60	2:44.70
	Henriksen					8:05.67
	Lilja Lenvig Harrysdóttir	2009		33.83	1:13.26	2:36.15
3	SuSvim team 2	16	Suðuroyar Svímjifelag	321 Q	11:07.63	97,76 %
	Talita Johannesen	2010		35.72	1:16.32	2:38.60
	Lea í Trøðini	2011		36.04	1:18.84	2:49.44
	Ninna í Hjøllum	2009		35.09	1:15.49	2:38.49
	Lilja Strøm Winther	2009		38.71	1:25.74	3:01.10

Kapping almenn: 08.06.2025 11:50:02

Kapping 29, 4x200m Frí Kvinnur Jr-E - Innleiðandi

FAR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016	
FAR.JR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Ægir	18	Svimjifelagið Ægir	355 Q	10:45.89	
	Jóhanna Ólavsdóttir	2007		36.10	1:16.58	2:35.28
	Lea Osberg Højsted	2008		36.40	1:16.65	2:39.79
	Durita Mohr Askham	2008		36.07	1:18.85	2:45.63
	Róa Trygvadóttir	2008		36.94	1:18.63	2:45.19

Kapping almenn: 08.06.2025 11:50:02

Kapping 29, 4x200m Frí Kvinnur FM - Innleiðandi





Úrslit

Kapping 29, 4x200m Frí Kvinnur FM - Innleiðandi

FAR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016
FAR.JR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	SuSvim	16	Suðuroyar Svímjifelag	410 Q	10:15.75 99,23 %
	Jórun Winther	2011		32.54 1:10.61 2:29.37	2:29.37
	Emma Debes	2010		35.02 1:15.90 2:39.19	5:08.56
	Bjarta í Lágabø	2009		31.63 1:08.30 2:25.55	7:34.11
	Sissal Rógvadóttir	2010		35.64 1:16.40 2:41.64	10:15.75
2	HS Kvinnur	16	Havnar Svímjifelag	362 Q	10:41.82 95,13 %
	Halla Háfoss	2009		35.73 1:16.39 2:36.13	2:36.13
	Lilja Sørensen	2011		38.21 1:20.75 2:44.84	5:20.97
	Mariella Annbrittardóttir	2010		37.49 1:19.60 2:44.70	8:05.67
	Henriksen				
	Lilja Lenvig Harrysdóttir	2009		33.83 1:13.26 2:36.15	10:41.82
3	Ægir	18	Svímjifelagið Ægir	355 Q	10:45.89
	Jóhanna Ólavsdóttir	2007		36.10 1:16.58 2:35.28	2:35.28
	Lea Osberg Højsted	2008		36.40 1:16.65 2:39.79	5:15.07
	Durita Mohr Askham	2008		36.07 1:18.85 2:45.63	8:00.70
	Róa Trygvadóttir	2008		36.94 1:18.63 2:45.19	10:45.89
4	SuSvim team 2	16	Suðuroyar Svímjifelag	321 Q	11:07.63 97,76 %
	Talita Johannesen	2010		35.72 1:16.32 2:38.60	2:38.60
	Lea í Trøðini	2011		36.04 1:18.84 2:49.44	5:28.04
	Ninna í Hjøllum	2009		35.09 1:15.49 2:38.49	8:06.53
	Lilja Strøm Winther	2009		38.71 1:25.74 3:01.10	11:07.63

Kapping almenn: 08.06.2025 11:50:02

Kapping 29, 4x200m Frí Kvinnur Jr-Y - Finala

FAR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016
FAR.JR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	SuSvim team 2	16	Suðuroyar Svímjifelag	366	10:39.25 104,25
	Talita Johannesen	2010		34.58 1:14.22 2:37.52	2:37.52
	Lea í Trøðini	2011		36.35 1:18.02 2:47.64	5:25.16
	Ninna í Hjøllum	2009		35.69 1:16.22 2:41.17	8:06.33
	Emma Debes	2010		33.40 1:13.41 2:32.92	10:39.25

Kapping almenn: 08.06.2025 19:14:02

Kapping 29, 4x200m Frí Kvinnur Jr-E - Finala

FAR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016
FAR.JR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	12.03.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	Ægir	18	Svímjifelagið Ægir	556	9:16.28 113,87
	Jóhanna Ólavsdóttir	2007		31.76 1:07.49 2:18.40	2:18.40
	Lea Osberg Højsted	2008		29.02 1:02.13 2:12.88	4:31.28
	Durita Mohr Askham	2008		31.06 1:07.26 2:26.24	6:57.52
	Róa Trygvadóttir	2008		30.32 1:04.63 2:18.76	9:16.28

Kapping almenn: 08.06.2025 19:14:02





Úrslit

Kapping 29, 4x200m Frí Kvinnur FM - Finala

FAR	8:55.15	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	12.03.2016
FAR.JR	8:55.15	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	12.03.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	Ægir	18	Svimjifelagið Ægir	556	9:16.28 113,87
	Jóhanna Ólavsdóttir	2007		31.76 1:07.49 2:18.40 2:18.40	
	Lea Osberg Højsted	2008		29.02 1:02.13 2:12.88 4:31.28	
	Durita Mohr Askham	2008		31.06 1:07.26 2:26.24 6:57.52	
	Róa Trygvadóttir	2008		30.32 1:04.63 2:18.76 9:16.28	
2	SuSvim	22	Suðuroyar Svímjifelag	492	9:39.30 105,92
	Jórun Winther	2011		30.77 1:06.49 2:20.67 2:20.67	
	Sissal Rógvadóttir	2010		32.62 1:10.24 2:29.70 4:50.37	
	Bjarta í Lágabø	2009		31.27 1:07.71 2:26.20 7:16.57	
	Alisa Vestergård	2003		30.47 1:06.18 2:22.73 9:39.30	
3	HS Kvinnur	20	Havnar Svímjifelag	436	10:03.19 106,02
	Elisabeth Erlendsdóttir	2005		31.40 1:06.46 2:18.02 2:18.02	
	Halla Háfoss	2009		33.83 1:13.52 2:31.93 4:49.95	
	Mariella Annbrittardóttir	2010		34.94 1:15.82 2:38.81 7:28.76	
	Henriksen				
	Lilja Lenvig Harrysdóttir	2009		35.14 1:14.93 2:34.43 10:03.19	
4	SuSvim team 2	16	Suðuroyar Svímjifelag	366	10:39.25 104,25
	Talita Johannesen	2010		34.58 1:14.22 2:37.52 2:37.52	
	Lea í Trøðini	2011		36.35 1:18.02 2:47.64 5:25.16	
	Ninna í Hjøllum	2009		35.69 1:16.22 2:41.17 8:06.33	
	Emma Debes	2010		33.40 1:13.41 2:32.92 10:39.25	

Kapping almenn: 08.06.2025 19:14:02

Kapping 30, 4x200m Frí Menn Jr-Y - Innleiðandi

FRO.JR	8:12.20	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	11.05.2024
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	HS Dreingir1	16	Havnar Svímjifelag	244 Q	11:08.93 85,10 %
	Jens Martin Dam	2009		31.81 1:09.63 2:26.59 2:26.59	
	Jónatan Samuelsen	2010		36.16 1:18.65 2:46.50 5:13.09	
	Aron Berg Joensen	2009		38.94 1:23.84 2:58.27 8:11.36	
	Sigbjartur J. Egholm	2009		39.19 1:24.64 2:57.57 11:08.93	

Kapping almenn: 08.06.2025 12:02:05

Kapping 30, 4x200m Frí Menn Jr-E - Innleiðandi

FRO.JR	8:12.20	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	11.05.2024
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	HS Menn	17	Havnar Svímjifelag	381 Q	9:37.33 84,98 %
	Ólavur Winther Jákupsson	2008		32.34 1:08.71 2:21.63 2:21.63	
	Silas Dam Lindberg	2008		34.61 1:04.14 2:15.44 4:37.07	
	Óli Mikkelsen	2008		35.78 1:16.48 2:33.19 7:10.26	
	Oddvaldur Leivsson	2008		33.79 1:12.32 2:27.07 9:37.33	

Kapping almenn: 08.06.2025 12:02:05

Kapping 30, 4x200m Frí Menn FM - Innleiðandi





Úrslit

Kapping 30, 4x200m Frí Menn FM - Innleiðandi

FRO.JR	8:12.20	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	11.05.2024	
Raðf	Navn	Aldur Felag			AQU	Tíð Munur
1	HS Menn	17 Havnar Svímjifelag			381 Q	9:37.33 84,98 %
	Ólavur Winther Jákupsson	2008	32.34	1:08.71	2:21.63	2:21.63
	Silas Dam Lindberg	2008	34.61	1:04.14	2:15.44	4:37.07
	Óli Mikkelsen	2008	35.78	1:16.48	2:33.19	7:10.26
	Oddvaldur Leivsson	2008	33.79	1:12.32	2:27.07	9:37.33
2	SuSvim	33 Suðuroyar Svímjifelag			343 Q	9:57.52
	Bjarti Ludvig	2006	32.13	1:09.66	2:28.28	2:28.28
	Róland Toftum	1998	32.65	1:10.98	2:30.92	4:59.20
	Haraldur Mortensen	2010	33.40	1:12.94	2:32.33	7:31.53
	Jón Hofgaard	1992	32.93	1:10.41	2:25.99	9:57.52
3	HS Dreingir1	16 Havnar Svímjifelag			244 Q	11:08.93 85,10 %
	Jens Martin Dam	2009	31.81	1:09.63	2:26.59	2:26.59
	Jónatan Samuelsen	2010	36.16	1:18.65	2:46.50	5:13.09
	Aron Berg Joensen	2009	38.94	1:23.84	2:58.27	8:11.36
	Sigbjartur J. Egholm	2009	39.19	1:24.64	2:57.57	11:08.93
4	HS Piltar	14 Havnar Svímjifelag			232 Q	11:20.29
	Bragi Bjarnason	2012	37.41	1:20.39	2:43.47	2:43.47
	Nóa Róason Stakksund	2011	39.32	1:23.56	2:51.66	5:35.13
	Símun Eliassen	2011	42.77	1:31.38	2:59.31	8:34.44
	Teitur Miné Róason	2011	38.07	1:21.00	2:45.85	11:20.29

Kapping almenn: 08.06.2025 12:02:05

Kapping 30, 4x200m Frí Menn Jr-E - Finala

FRO.JR	8:12.20	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	11.05.2024	
Raðf	Navn	Aldur Felag			AQU	Tíð Munur
1	HS Menn	17 Havnar Svímjifelag			565	8:26.09 112,34
	Silas Dam Lindberg	2008	27.63	58.01	2:00.87	2:00.87
	Ólavur Winther Jákupsson	2008	28.89	1:01.21	2:09.65	4:10.52
	Oddvaldur Leivsson	2008	27.36	58.55	2:04.73	6:15.25
	Óli Mikkelsen	2008	28.52	1:01.55	2:10.84	8:26.09

Kapping almenn: 08.06.2025 19:27:28

Kapping 30, 4x200m Frí Menn FM - Finala

FRO.JR	8:12.20	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	11.05.2024	
Raðf	Navn	Aldur Felag			AQU	Tíð Munur
1	HS Menn	17 Havnar Svímjifelag			565	8:26.09 112,34
	Silas Dam Lindberg	2008	27.63	58.01	2:00.87	2:00.87
	Ólavur Winther Jákupsson	2008	28.89	1:01.21	2:09.65	4:10.52
	Oddvaldur Leivsson	2008	27.36	58.55	2:04.73	6:15.25
	Óli Mikkelsen	2008	28.52	1:01.55	2:10.84	8:26.09





Úrslit

Kapping 30, 4x200m Frí Menn FM - Finala

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
2	HS Dreingir1		19	Havnar Svímjifelag	422	9:17.99	116,58
	Theodor Salter	2011			29.97	1:04.21	2:15.08
	Jóhannis í Stórustovu	2011			31.01	1:07.02	2:26.02
	Jónatan Samuelsen	2010			32.65	1:10.72	2:28.43
	Isak Brisenfeldt	2006			28.81	1:01.63	2:08.46
3	SuSvim		33	Suðuroyar Svímjifelag	390	9:32.50	104,19
	Haraldur Mortensen	2010			31.10	1:08.85	2:27.80
	Bjarti Ludvig	2006			32.50	1:09.20	2:24.74
	Róland Toftum	1998			31.28	1:07.21	2:22.41
	Jón Hofgaard	1992			30.62	1:03.79	2:17.55
4	HS Piltar		14	Havnar Svímjifelag	269	10:47.87	104,77
	Teitur Miné Róason	2011			33.07	1:12.45	2:34.78
	Símun Eliassen	2011			37.23	1:21.78	2:53.56
	Bragi Bjarnason	2012			34.88	1:15.13	2:39.35
	Nóa Róason Stakksund	2011			34.26	1:14.65	2:40.18

Kapping almenn: 08.06.2025 19:27:28

Kapping 31, 1500m Frí Kvinnur Jr-Y - Tíðar Finala

FAR	17:25.28	Vár Erlingsdóttir Eidesga	2001	Havnar Svímjifelag (FRO)	Broenshoej (DEN)	13.04.2016
FAR.JR	17:25.28	Vár Erlingsdóttir Eidesga	2001	Havnar Svímjifelag (FRO)	Broenshoej (DEN)	13.04.2016
FM-Kravtið	LG: 22:55.01	SG: 22:53.86				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir		423	20:25.38	
	50m: 36.17	100m: 1:16.60 (40.43)	150m: 1:57.89 (41.29)	200m: 2:40.12 (42.23)		
	250m: 3:22.16 (42.04)	300m: 4:04.58 (42.42)	350m: 4:46.03 (41.45)	400m: 5:28.07 (42.04)		
	450m: 6:09.51 (41.44)	500m: 6:51.11 (41.60)	550m: 7:32.90 (41.79)	600m: 8:14.59 (41.69)		
	650m: 8:56.09 (41.50)	700m: 9:36.94 (40.85)	750m: 10:17.55 (40.61)	800m: 10:58.39 (40.84)		
	850m: 11:38.95 (40.56)	900m: 12:19.99 (41.04)	950m: 13:00.74 (40.75)	1000m: 13:41.38 (40.64)		
	1050m: 14:22.36 (40.98)	1100m: 15:02.67 (40.31)	1150m: 15:43.29 (40.62)	1200m: 16:23.96 (40.67)		
	1250m: 17:04.42 (40.46)	1300m: 17:44.92 (40.50)	1350m: 18:25.68 (40.76)	1400m: 19:06.04 (40.36)		
	1450m: 19:46.14 (40.10)	1500m: 20:25.38 (39.24)				
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		383	21:07.46	95,04 %
	Entry time: 20:07.52 (+59.94)					
	50m: 35.88	100m: 1:16.43 (40.55)	150m: 1:57.86 (41.43)	200m: 2:39.77 (41.91)		
	250m: 3:22.45 (42.68)	300m: 4:04.62 (42.17)	350m: 4:46.48 (41.86)	400m: 5:28.26 (41.78)		
	450m: 6:09.75 (41.49)	500m: 6:51.56 (41.81)	550m: 7:33.19 (41.63)	600m: 8:15.46 (42.27)		
	650m: 8:57.82 (42.36)	700m: 9:40.41 (42.59)	750m: 10:22.87 (42.46)	800m: 11:05.75 (42.88)		
	850m: 11:49.09 (43.34)	900m: 12:31.91 (42.82)	950m: 13:14.65 (42.74)	1000m: 13:57.56 (42.91)		
	1050m: 14:41.78 (44.22)	1100m: 15:24.90 (43.12)	1150m: 16:07.53 (42.63)	1200m: 16:50.43 (42.90)		
	1250m: 17:33.30 (42.87)	1300m: 18:16.47 (43.17)	1350m: 18:59.40 (42.93)	1400m: 19:42.83 (43.43)		
	1450m: 20:25.27 (42.44)	1500m: 21:07.46 (42.19)				
3	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		334	22:05.78	101,48 %
	Entry time: 22:25.76 (-19.98)					
	50m: 37.22	100m: 1:19.42 (42.20)	150m: 2:03.57 (44.15)	200m: 2:47.70 (44.13)		
	250m: 3:31.91 (44.21)	300m: 4:15.74 (43.83)	350m: 4:59.85 (44.11)	400m: 5:43.90 (44.05)		
	450m: 6:28.49 (44.59)	500m: 7:12.33 (43.84)	550m: 7:56.54 (44.21)	600m: 8:41.53 (44.99)		
	650m: 9:25.99 (44.46)	700m: 10:10.77 (44.78)	750m: 10:55.14 (44.37)	800m: 11:39.90 (44.76)		
	850m: 12:24.69 (44.79)	900m: 13:09.36 (44.67)	950m: 13:54.16 (44.80)	1000m: 14:38.64 (44.48)		
	1050m: 15:23.37 (44.73)	1100m: 16:08.14 (44.77)	1150m: 16:53.26 (45.12)	1200m: 17:38.17 (44.91)		
	1250m: 18:23.57 (45.40)	1300m: 19:08.90 (45.33)	1350m: 19:53.39 (44.49)	1400m: 20:38.19 (44.80)		
	1450m: 21:22.69 (44.50)	1500m: 22:05.78 (43.09)				

Kapping almenn: 09.06.2025 08:55:54





Úrslit

Kapping 31, 1500m Frí Kvinnur FM - Tíðar Finala

FAR	17:25.28	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Broenshoej (DEN)	13.04.2016
FAR.JR	17:25.28	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Broenshoej (DEN)	13.04.2016

FM-Kravtið LG: 22:55.01 - SG: 22:53.86

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir	423	20:25.38		
	50m: 36.17	100m: 1:16.60 (40.43)	150m: 1:57.89 (41.29)	200m: 2:40.12 (42.23)		
	250m: 3:22.16 (42.04)	300m: 4:04.58 (42.42)	350m: 4:46.03 (41.45)	400m: 5:28.07 (42.04)		
	450m: 6:09.51 (41.44)	500m: 6:51.11 (41.60)	550m: 7:32.90 (41.79)	600m: 8:14.59 (41.69)		
	650m: 8:56.09 (41.50)	700m: 9:36.94 (40.85)	750m: 10:17.55 (40.61)	800m: 10:58.39 (40.84)		
	850m: 11:38.95 (40.56)	900m: 12:19.99 (41.04)	950m: 13:00.74 (40.75)	1000m: 13:41.38 (40.64)		
	1050m: 14:22.36 (40.98)	1100m: 15:02.67 (40.31)	1150m: 15:43.29 (40.62)	1200m: 16:23.96 (40.67)		
	1250m: 17:04.42 (40.46)	1300m: 17:44.92 (40.50)	1350m: 18:25.68 (40.76)	1400m: 19:06.04 (40.36)		
	1450m: 19:46.14 (40.10)	1500m: 20:25.38 (39.24)				
2	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag	383	21:07.46	95,04 %	
	Entry time: 20:07.52 (+59.94)					
	50m: 35.88	100m: 1:16.43 (40.55)	150m: 1:57.86 (41.43)	200m: 2:39.77 (41.91)		
	250m: 3:22.45 (42.68)	300m: 4:04.62 (42.17)	350m: 4:46.48 (41.86)	400m: 5:28.26 (41.78)		
	450m: 6:09.75 (41.49)	500m: 6:51.56 (41.81)	550m: 7:33.19 (41.63)	600m: 8:15.46 (42.27)		
	650m: 8:57.82 (42.36)	700m: 9:40.41 (42.59)	750m: 10:22.87 (42.46)	800m: 11:05.75 (42.88)		
	850m: 11:49.09 (43.34)	900m: 12:31.91 (42.82)	950m: 13:14.65 (42.74)	1000m: 13:57.56 (42.91)		
	1050m: 14:41.78 (44.22)	1100m: 15:24.90 (43.12)	1150m: 16:07.53 (42.63)	1200m: 16:50.43 (42.90)		
	1250m: 17:33.30 (42.87)	1300m: 18:16.47 (43.17)	1350m: 18:59.40 (42.93)	1400m: 19:42.83 (43.43)		
	1450m: 20:25.27 (42.44)	1500m: 21:07.46 (42.19)				
3	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag	334	22:05.78	101,48 %	
	Entry time: 22:25.76 (-19.98)					
	50m: 37.22	100m: 1:19.42 (42.20)	150m: 2:03.57 (44.15)	200m: 2:47.70 (44.13)		
	250m: 3:31.91 (44.21)	300m: 4:15.74 (43.83)	350m: 4:59.85 (44.11)	400m: 5:43.90 (44.05)		
	450m: 6:28.49 (44.59)	500m: 7:12.33 (43.84)	550m: 7:56.54 (44.21)	600m: 8:41.53 (44.99)		
	650m: 9:25.99 (44.46)	700m: 10:10.77 (44.78)	750m: 10:55.14 (44.37)	800m: 11:39.90 (44.76)		
	850m: 12:24.69 (44.79)	900m: 13:09.36 (44.67)	950m: 13:54.16 (44.80)	1000m: 14:38.64 (44.48)		
	1050m: 15:23.37 (44.73)	1100m: 16:08.14 (44.77)	1150m: 16:53.26 (45.12)	1200m: 17:38.17 (44.91)		
	1250m: 18:23.57 (45.40)	1300m: 19:08.90 (45.33)	1350m: 19:53.39 (44.49)	1400m: 20:38.19 (44.80)		
	1450m: 21:22.69 (44.50)	1500m: 22:05.78 (43.09)				

Kapping almenn: 09.06.2025 08:55:54

Kapping 32, 800m Frí Menn Jr-E - Tíðar Finala

FRO	7:45.55	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Shanghai (CHN)	26.07.2011
FRO.JR	8:13.75	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Canet-En-Roussillon (FRA)	12.06.2014

FM-Kravtið LG: 11:15.37 - SG: 11:02.38

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Bárður Ólavsson	2008 Svímjifelagið Ægir	546	9:12.92		
	50m: 30.42	100m: 1:03.83 (33.41)	150m: 1:37.98 (34.15)	200m: 2:12.64 (34.66)		
	250m: 2:47.54 (34.90)	300m: 3:22.92 (35.38)	350m: 3:58.12 (35.20)	400m: 4:33.47 (35.35)		
	450m: 5:08.97 (35.50)	500m: 5:43.76 (34.79)	550m: 6:19.75 (35.99)	600m: 6:54.63 (34.88)		
	650m: 7:29.87 (35.24)	700m: 8:05.11 (35.24)	750m: 8:39.39 (34.28)	800m: 9:12.92 (33.53)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag	505	9:27.54	94,83 %	
	Entry time: 8:59.65 (+27.89)					
	50m: 30.47	100m: 1:04.05 (33.58)	150m: 1:38.10 (34.05)	200m: 2:12.84 (34.74)		
	250m: 2:48.11 (35.27)	300m: 3:24.10 (35.99)	350m: 3:59.98 (35.88)	400m: 4:36.16 (36.18)		
	450m: 5:12.63 (36.47)	500m: 5:49.58 (36.95)	550m: 6:26.16 (36.58)	600m: 7:03.20 (37.04)		
	650m: 7:39.13 (35.93)	700m: 8:15.75 (36.62)	750m: 8:52.18 (36.43)	800m: 9:27.54 (35.36)		

Kapping almenn: 09.06.2025 09:09:37

Kapping 32, 800m Frí Menn FM - Tíðar Finala

FRO	7:45.55	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Shanghai (CHN)	26.07.2011
FRO.JR	8:13.75	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Canet-En-Roussillon (FRA)	12.06.2014

FM-Kravtið LG: 11:15.37 - SG: 11:02.38





Úrslit

Kapping 32, 800m Frí Menn FM - Tíðar Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bárður Ólafsson	2008 Svímjifelagið Ægir		546	9:12.92	
	50m: 30.42	100m: 1:03.83 (33.41)	150m: 1:37.98 (34.15)		200m: 2:12.64 (34.66)	
	250m: 2:47.54 (34.90)	300m: 3:22.92 (35.38)	350m: 3:58.12 (35.20)		400m: 4:33.47 (35.35)	
	450m: 5:08.97 (35.50)	500m: 5:43.76 (34.79)	550m: 6:19.75 (35.99)		600m: 6:54.63 (34.88)	
	650m: 7:29.87 (35.24)	700m: 8:05.11 (35.24)	750m: 8:39.39 (34.28)		800m: 9:12.92 (33.53)	
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		505	9:27.54	94,83 %
	Entry time: 8:59.65 (+27.89)					
	50m: 30.47	100m: 1:04.05 (33.58)	150m: 1:38.10 (34.05)		200m: 2:12.84 (34.74)	
	250m: 2:48.11 (35.27)	300m: 3:24.10 (35.99)	350m: 3:59.98 (35.88)		400m: 4:36.16 (36.18)	
	450m: 5:12.63 (36.47)	500m: 5:49.58 (36.95)	550m: 6:26.16 (36.58)		600m: 7:03.20 (37.04)	
	650m: 7:39.13 (35.93)	700m: 8:15.75 (36.62)	750m: 8:52.18 (36.43)		800m: 9:27.54 (35.36)	
3	Tórir Olsen	2011 Svímjifelagið Ægir		449	9:50.19	95,40 %
	Entry time: 9:24.26 (+25.93)					
	50m: 30.79	100m: 1:08.19 (35.40)	150m: 1:45.25 (37.06)		200m: 2:22.63 (37.38)	
	250m: 3:00.11 (37.48)	300m: 3:37.61 (37.50)	350m: 4:15.67 (38.06)		400m: 4:53.28 (37.61)	
	450m: 5:31.67 (38.39)	500m: 6:08.98 (37.31)	550m: 6:46.49 (37.51)		600m: 7:23.86 (37.37)	
	650m: 8:01.20 (37.34)	700m: 8:38.18 (36.98)	750m: 9:14.68 (36.50)		800m: 9:50.19 (35.51)	
4	Nóa Róason Staksund	2011 Havnar Svímjifelag		238	12:09.56	90,77 %
	Entry time: 11:07.94 (+1:01.62)					
	50m: 37.84	100m: 1:22.73 (44.89)	150m: 2:08.83 (46.10)		200m: 2:54.57 (45.74)	
	250m: 3:41.09 (46.52)	300m: 4:29.63 (48.54)	350m: 5:15.52 (45.89)		400m: 6:02.65 (47.13)	
	450m: 6:48.89 (46.24)	500m: 7:35.92 (47.03)	550m: 8:21.83 (45.91)		600m: 9:09.03 (47.20)	
	650m: 9:54.04 (45.01)	700m: 10:40.79 (46.75)			800m: 12:09.56 (12:09.56)	

Kapping almenn: 09.06.2025 09:09:37

Kapping 33, 200m Firvald Kvinnur Jr-Y - Innleiðandi

FAR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FAR.JR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FM-Kravtið	LG: 03:01.96	SG: 02:58.67		

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag		308	3:00.35	90,16 % Q
	Entry time: 2:44.20 (+16.15)					
	50m: 38.57	100m: 1:25.77 (47.20)	150m: 2:14.27 (48.50)		200m: 3:00.35 (46.08)	

Kapping almenn: 09.06.2025 09:13:51

Kapping 33, 200m Firvald Kvinnur Jr-E - Innleiðandi

FAR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FAR.JR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FM-Kravtið	LG: 03:01.96	SG: 02:58.67		

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		418	2:42.79	86,02 % Q
	Entry time: 2:22.82 (+19.97)					
	50m: 35.93	100m: 1:19.51 (43.58)	150m: 2:03.52 (44.01)		200m: 2:42.79 (39.27)	
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		413	2:43.47	-
	50m: 36.56	100m: 1:20.56 (44.00)	150m: 2:05.13 (44.57)		200m: 2:43.47 (38.34)	

Kapping almenn: 09.06.2025 09:13:51

Kapping 33, 200m Firvald Kvinnur FM - Innleiðandi

FAR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FAR.JR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FM-Kravtið	LG: 03:01.96	SG: 02:58.67		

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 33, 200m Firvald Kvinnur FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		418	2:42.79	86,02 % Q
	Entry time: 2:22.82 (+19.97)					
	50m: 35.93	100m: 1:19.51 (43.58)	150m: 2:03.52 (44.01)	200m: 2:42.79 (39.27)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		413	2:43.47	-
	50m: 36.56	100m: 1:20.56 (44.00)	150m: 2:05.13 (44.57)	200m: 2:43.47 (38.34)		
3	Halla Háfoss	2009 Havnar Svímjifelag		308	3:00.35	90,16 % Q
	Entry time: 2:44.20 (+16.15)					
	50m: 38.57	100m: 1:25.77 (47.20)	150m: 2:14.27 (48.50)	200m: 3:00.35 (46.08)		
Kapping almenn: 09.06.2025 09:13:51						

Kapping 33, 200m Firvald Kvinnur Jr-Y - Finala

FAR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FAR.JR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FM-Kravtið LG: 03:01.96 - SG: 02:58.67				

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Halla Háfoss	2009 Havnar Svímjifelag		369	2:49.75	105,88 %
	Entry time: 3:00.35 (-10.60)					
	50m: 35.98	100m: 1:19.52 (43.54)	150m: 2:05.09 (45.57)	200m: 2:49.75 (44.66)		
Kapping almenn: 09.06.2025 14:07:07						

Kapping 33, 200m Firvald Kvinnur Jr-E - Finala

FAR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FAR.JR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FM-Kravtið LG: 03:01.96 - SG: 02:58.67				

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		549	2:28.74	108,63 %
	Entry time: 2:42.79 (-14.05)					
	50m: 32.19	100m: 1:09.89 (37.70)	150m: 1:49.42 (39.53)	200m: 2:28.74 (39.32)		
Kapping almenn: 09.06.2025 14:07:07						

Kapping 33, 200m Firvald Kvinnur FM - Finala

FAR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FAR.JR	2:25.71	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag (F Reykjavík (ISL)	26.01.2025
FM-Kravtið LG: 03:01.96 - SG: 02:58.67				

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		549	2:28.74	108,63 %
	Entry time: 2:42.79 (-14.05)					
	50m: 32.19	100m: 1:09.89 (37.70)	150m: 1:49.42 (39.53)	200m: 2:28.74 (39.32)		
2	Halla Háfoss	2009 Havnar Svímjifelag		369	2:49.75	105,88 %
	Entry time: 3:00.35 (-10.60)					
	50m: 35.98	100m: 1:19.52 (43.54)	150m: 2:05.09 (45.57)	200m: 2:49.75 (44.66)		
Kapping almenn: 09.06.2025 14:07:07						

Kapping 34, 200m Firvald Menn Jr-E - Innleiðandi

FRO	2:03.85	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	2:05.22	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vilnius (LTU)	02.07.2024
FM-Kravtið LG: 02:46.57 - SG: 02:41.68					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 34, 200m Firvald Menn Jr-E - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bárður Ólafsson	2008 Svímjifelagið Ægir		454	2:23.54	89,27 % Q
	Entry time: 2:09.63 (+13.91)					
	50m: 30.68	100m: 1:07.53 (36.85)	150m: 1:45.87 (38.34)	200m: 2:23.54 (37.67)		
2	Óli Mikkelsen	2008 Havnar Svímjifelag		335	2:38.83	Q
	50m: 32.80	100m: 1:13.09 (40.29)	150m: 1:56.05 (42.96)	200m: 2:38.83 (42.78)		

Kapping almenn: 09.06.2025 09:17:16

Kapping 34, 200m Firvald Menn FM - Innleiðandi

FRO	2:03.85	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	2:05.22	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vilnius (LTU)	02.07.2024
FM-Kravtið	LG: 02:46.57	SG: 02:41.68			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bárður Ólafsson	2008 Svímjifelagið Ægir		454	2:23.54	89,27 % Q
	Entry time: 2:09.63 (+13.91)					
	50m: 30.68	100m: 1:07.53 (36.85)	150m: 1:45.87 (38.34)	200m: 2:23.54 (37.67)		
2	Isak Brisenfeldt	2006 Havnar Svímjifelag		411	2:28.38	78,47 % Q
	Entry time: 2:02.09 (+26.29)					
	50m: 34.52	100m: 1:14.25 (39.73)	150m: 1:52.94 (38.69)	200m: 2:28.38 (35.44)		
3	Óli Mikkelsen	2008 Havnar Svímjifelag		335	2:38.83	Q
	50m: 32.80	100m: 1:13.09 (40.29)	150m: 1:56.05 (42.96)	200m: 2:38.83 (42.78)		
4	Theodor Salter	2011 Havnar Svímjifelag		224	3:01.51	85,16 % -
	Entry time: 2:38.06 (+23.45)					
	50m: 41.44	100m: 1:28.13 (46.69)	150m: 2:15.48 (47.35)	200m: 3:01.51 (46.03)		

Kapping almenn: 09.06.2025 09:17:16

Kapping 34, 200m Firvald Menn Jr-E - Finala

FRO	2:03.85	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	2:05.22	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vilnius (LTU)	02.07.2024
FM-Kravtið	LG: 02:46.57	SG: 02:41.68			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bárður Ólafsson	2008 Svímjifelagið Ægir		574	2:12.72	107,54 %
	Entry time: 2:23.54 (-10.82)					
	50m: 29.48	100m: 1:04.62 (35.14)	150m: 1:38.23 (33.61)	200m: 2:12.72 (34.49)		
2	Óli Mikkelsen	2008 Havnar Svímjifelag		345	2:37.31	100,96 %
	Entry time: 2:38.83 (-1.52)					
	50m: 31.81	100m: 1:11.80 (39.99)	150m: 1:54.52 (42.72)	200m: 2:37.31 (42.79)		

Kapping almenn: 09.06.2025 14:17:47

Kapping 34, 200m Firvald Menn FM - Finala

FRO	2:03.85	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	07.04.2025
FRO.JR	2:05.22	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vilnius (LTU)	02.07.2024
FM-Kravtið	LG: 02:46.57	SG: 02:41.68			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		599	2:10.87	111,80 %
	Entry time: 2:28.38 (-17.51)					
	50m: 29.60	100m: 1:04.57 (34.97)	150m: 1:38.16 (33.59)	200m: 2:10.87 (32.71)		
2	Bárður Ólafsson	2008 Svímjifelagið Ægir		574	2:12.72	107,54 %
	Entry time: 2:23.54 (-10.82)					
	50m: 29.48	100m: 1:04.62 (35.14)	150m: 1:38.23 (33.61)	200m: 2:12.72 (34.49)		





Úrslit

Kapping 34, 200m Firvald Menn FM - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
3	Óli Mikkelsen	2008 Havnar Svímjifelag		345	2:37.31	100,96 %
Entry time: 2:38.83 (-1.52)						
50m: 31.81 100m: 1:11.80 (39.99) 150m: 1:54.52 (42.72) 200m: 2:37.31 (42.79)						
Kapping almenn: 09.06.2025 14:17:47						

Kapping 35, 50m Frí Kvinnur Jr-Y - Innleiðandi

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FM-Kravtið LG: 00:35.35 - SG: 00:34.25					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Emma Debes	2010 Suðuroyar Svímjifelag		494	29.86	101,06 % Q
Entry time: 30.18 (-0.32)						
2	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		470	30.36	98,29 % R2
Entry time: 29.85 (+0.51)						
3	Talita Johannesen	2010 Suðuroyar Svímjifelag		417	31.59	100,63 %
Entry time: 31.79 (-0.20)						
4	Lea Petersen	2009 Svímjifelagið Ægir		399	32.06	93,59 %
Entry time: 30.13 (+1.93)						
5	Halla Háfoss	2009 Havnar Svímjifelag		394	32.20	96,76 %
Entry time: 31.19 (+1.01)						
6	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag		370	32.87	92,41 %
Entry time: 30.55 (+2.32)						
7	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		370	32.88	100,78 %
Entry time: 33.14 (-0.26)						
8	Naomi Friang	2010 Fuglafjarðar Svímjifelag		362	33.11	99,61 %
Entry time: 32.98 (+0.13)						
9	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		360	33.16	97,05 %
Entry time: 32.21 (+0.95)						
-	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag			DSQ	
SW 4.4. Tjóvstartur (startari og yvirdómari skulu vera samdir)						
Kapping almenn: 09.06.2025 09:26:11						

Kapping 35, 50m Frí Kvinnur Jr-E - Innleiðandi

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FM-Kravtið LG: 00:35.35 - SG: 00:34.25					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		576	28.37	97,47 % Q
Entry time: 27.67 (+0.70)						
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		504	29.65	96,83 % -
Entry time: 28.74 (+0.91)						
3	Durita Mohr Askham	2008 Svímjifelagið Ægir		484	30.07	97,55 % R1
Entry time: 29.35 (+0.72)						

Kapping almenn: 09.06.2025 09:26:11

Kapping 35, 50m Frí Kvinnur FM - Innleiðandi

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018





Úrslit

Kapping 35, 50m Frí Kvinnur FM - Innleiðandi

FM-Kravtið LG: 00:35.35 - SG: 00:34.25

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård Entry time: 27.05 (+0.75)	2003 Suðuroyar Svímjifelag		612	27.80	97,23 % Q
2	Lea Osberg Højsted Entry time: 27.67 (+0.70)	2008 Svímjifelagið Ægir		576	28.37	97,47 % Q
3	Elisabeth Erlendsdóttir Entry time: 27.93 (+0.99)	2005 Havnar Svímjifelag		544	28.92	96,46 % Q
4	Jórun Winther Entry time: 28.91 (+0.18)	2011 Suðuroyar Svímjifelag		534	29.09	99,38 % Q
5	Kaja Waag Kallesøe Entry time: 30.22 (-0.83)	2005 Suðuroyar Svímjifelag		518	29.39	102,75 % Q
6	Róa Trygvadóttir Entry time: 28.74 (+0.91)	2008 Svímjifelagið Ægir		504	29.65	96,83 % -
7	Emma Debes Entry time: 30.18 (-0.32)	2010 Suðuroyar Svímjifelag		494	29.86	101,06 % Q
8	Durita Mohr Askham Entry time: 29.35 (+0.72)	2008 Svímjifelagið Ægir		484	30.07	97,55 % R1
9	Lilja Lenvig Harrysdóttir Entry time: 29.85 (+0.51)	2009 Havnar Svímjifelag		470	30.36	98,29 % R2
10	Sirið Vesturtún Entry time: 30.02 (+0.69)	2011 Fuglafjarðar Svímjifelag		454	30.71	97,70 %
11	Talita Johannesen Entry time: 31.79 (-0.20)	2010 Suðuroyar Svímjifelag		417	31.59	100,63 %
12	Lea Petersen Entry time: 30.13 (+1.93)	2009 Svímjifelagið Ægir		399	32.06	93,59 %
13	Halla Háfoss Entry time: 31.19 (+1.01)	2009 Havnar Svímjifelag		394	32.20	96,76 %
14	Mariella Annbriðardóttir Henriks Entry time: 30.55 (+2.32)	2010 Havnar Svímjifelag		370	32.87	92,41 %
15	Lilja Strøm Winther Entry time: 33.14 (-0.26)	2009 Suðuroyar Svímjifelag		370	32.88	100,78 %
16	Naomi Friang Entry time: 32.98 (+0.13)	2010 Fuglafjarðar Svímjifelag		362	33.11	99,61 %
17	Ninna í Hjøllum Entry time: 32.21 (+0.95)	2009 Suðuroyar Svímjifelag		360	33.16	97,05 %
18	Lilja Sørensen Entry time: 32.74 (+0.43)	2011 Havnar Svímjifelag		360	33.17	98,69 %
19	Rakul J Højbro Entry time: 34.17 (+0.35)	2011 Fuglafjarðar Svímjifelag		319	34.52	98,98 %
20	Lea í Trøðini Entry time: 35.05 (+0.70)	2011 Suðuroyar Svímjifelag		288	35.75	98,00 %
21	India Linnea Bech Entry time: 34.96 (+1.08)	2011 Havnar Svímjifelag		281	36.04	96,91 %
-	Bjarta í Lágabø SW 4.4. Tjovstartur (startari og yvirdómari skulu vera samdir)	2009 Suðuroyar Svímjifelag			DSQ	

Kapping almenn: 09.06.2025 09:26:11





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Kapping 35, 50m Frí Kvinnur Jr-Y - Finala

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FM-Kravtið LG: 00:35.35 - SG: 00:34.25					

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Emma Debes	2010 Suðuroyar Svímjifelag		495	29.84	100,07 %
	Entry time: 29.86	(-0.02)				

Kapping almenn: 09.06.2025 14:21:56

Kapping 35, 50m Frí Kvinnur Jr-E - Finala

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FM-Kravtið LG: 00:35.35 - SG: 00:34.25					

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		588	28.17	100,71 %
	Entry time: 28.37	(-0.20)				

Kapping almenn: 09.06.2025 14:21:56

Kapping 35, 50m Frí Kvinnur FM - Finala

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	15.04.2018
FM-Kravtið LG: 00:35.35 - SG: 00:34.25					

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		634	27.47	105,01 %
	Entry time: 28.92	(-1.45)				
2	Alisa Vestergård	2003 Suðuroyar Svímjifelag		634	27.48	101,15 %
	Entry time: 27.80	(-0.32)				
3	Lea Osberg Højsted	2008 Svímjifelagið Ægir		588	28.17	100,71 %
	Entry time: 28.37	(-0.20)				
4	Jórun Winther	2011 Suðuroyar Svímjifelag		542	28.94	100,52 %
	Entry time: 29.09	(-0.15)				
5	Kaja Waag Kallesøe	2005 Suðuroyar Svímjifelag		537	29.03	101,22 %
	Entry time: 29.39	(-0.36)				
6	Emma Debes	2010 Suðuroyar Svímjifelag		495	29.84	100,07 %
	Entry time: 29.86	(-0.02)				

Kapping almenn: 09.06.2025 14:21:56

Kapping 36, 50m Frí Menn Jr-Y - Innleiðandi

FRO	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FRO.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM-Kravtið LG: 00:31.23 - SG: 00:30.26					

Raðf	Navn	Fæðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		432	27.64	102,98 % R2
	Entry time: 28.49	(-0.85)				
2	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		372	29.05	99,55 %
	Entry time: 28.92	(+0.13)				
3	Jónatan Samuelsen	2010 Havnar Svímjifelag		328	30.29	97,53 %
	Entry time: 29.56	(+0.73)				
4	Aron Berg Joensen	2009 Havnar Svímjifelag		325	30.41	97,51 %
	Entry time: 29.67	(+0.74)				





Úrslit

Kapping 36, 50m Frí Menn Jr-Y - Innleiðandi

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur	
5	Andrias Mellemgaard	2009 Havnar Svímjifelag		213	35.01	97,99 %	S9
Entry time: 34.32		(+0.69)					
Kapping almenn: 09.06.2025 09:29:35							

Kapping 36, 50m Frí Menn Jr-E - Innleiðandi

FRO	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012
FRO.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012
FM-Kravtið LG: 00:31.23 - SG: 00:30.26						

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		492	26.48	99,81 % Q
	Entry time: 26.43	(+0.05)				
2	Silas Dam Lindberg	2008 Havnar Svímjifelag		489	26.53	98,20 % Q
	Entry time: 26.06	(+0.47)				
3	Oddvaldur Leivsson	2008 Havnar Svímjifelag		476	26.78	97,24 % Q
	Entry time: 26.06	(+0.72)				
4	Óli Mikkelsen	2008 Havnar Svímjifelag		440	27.48	95,55 % R1
	Entry time: 26.31	(+1.17)				
5	Bárður Ólavsson	2008 Svímjifelagið Ægir		406	28.22	94,90 %
	Entry time: 26.85	(+1.37)				
Kapping almenn: 09.06.2025 09:29:35						

Kapping 36, 50m Frí Menn FM - Innleiðandi

FRO	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012
FRO.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012
FM-Kravtið LG: 00:31.23 - SG: 00:30.26						

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur	
1	Heini Mohr Askham	2006 Svímjifelagið Ægir		555	25.44	97,34 %	Q
Entry time: 24.78		(+0.66)					
2	Isak Brisenfeldt	2006 Havnar Svímjifelag		530	25.83	94,40 %	Q
Entry time: 24.46		(+1.37)					
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		492	26.48	99,81 %	Q
Entry time: 26.43		(+0.05)					
4	Silas Dam Lindberg	2008 Havnar Svímjifelag		489	26.53	98,20 %	Q
Entry time: 26.06		(+0.47)					
5	Oddvaldur Leivsson	2008 Havnar Svímjifelag		476	26.78	97,24 %	Q
Entry time: 26.06		(+0.72)					
6	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		470	26.88	102,15 %	Q
Entry time: 27.47		(-0.59)					
7	Óli Mikkelsen	2008 Havnar Svímjifelag		440	27.48	95,55 %	R1
Entry time: 26.31		(+1.17)					
8	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		432	27.64	102,98 %	R2
Entry time: 28.49		(-0.85)					
9	Tórir Olsen	2011 Svímjifelagið Ægir		407	28.20	99,21 %	
Entry time: 27.98		(+0.22)					
10	Bárður Ólavsson	2008 Svímjifelagið Ægir		406	28.22	94,90 %	
Entry time: 26.85		(+1.37)					





Úrslit

Kapping 36, 50m Frí Menn FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
11	Jóhannis í Stórustovu Entry time: 27.02 (+1.22)	2011 Havnar Svímjifelag		405	28.24	95,48 %
12	Haraldur Mortensen Entry time: 28.92 (+0.13)	2010 Suðuroyar Svímjifelag		372	29.05	99,55 %
13	Teitur Miné Róason Entry time: 29.57 (-0.07)	2011 Havnar Svímjifelag		356	29.50	100,24 %
14	Theodor Salter Entry time: 28.67 (+0.99)	2011 Havnar Svímjifelag		350	29.66	96,55 %
15	Fríðálvur Eliassen Entry time: 29.72 (+0.51)	2011 Fuglafjarðar Svímjifelag		330	30.23	98,28 %
16	Jónatan Samuelsen Entry time: 29.56 (+0.73)	2010 Havnar Svímjifelag		328	30.29	97,53 %
17	Aron Berg Joensen Entry time: 29.67 (+0.74)	2009 Havnar Svímjifelag		325	30.41	97,51 %
18	Nóa Róason Stakksund Entry time: 30.58 (+0.65)	2011 Havnar Svímjifelag		300	31.23	97,87 %
19	Símun Eliassen Entry time: 31.06 (+0.85)	2011 Havnar Svímjifelag		281	31.91	97,26 %
20	Andrias Mellemgard Entry time: 34.32 (+0.69)	2009 Havnar Svímjifelag		213	35.01	97,99 % S9

Kapping almenn: 09.06.2025 09:29:35

Kapping 36, 50m Frí Menn Jr-E - Finala

FRO	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FRO.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM-Kravtið LG: 00:31.23 - SG: 00:30.26					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen Entry time: 26.48 (-0.47)	2008 Fuglafjarðar Svímjifelag		519	26.01	101,77 %
2	Silas Dam Lindberg Entry time: 26.53 (-0.12)	2008 Havnar Svímjifelag		496	26.41	100,45 %
3	Oddvaldur Leivsson Entry time: 26.78 (-0.14)	2008 Havnar Svímjifelag		483	26.64	100,52 %

Kapping almenn: 09.06.2025 14:27:47

Kapping 36, 50m Frí Menn FM - Finala

FRO	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FRO.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM-Kravtið LG: 00:31.23 - SG: 00:30.26					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt Entry time: 25.83 (-1.18)	2006 Havnar Svímjifelag		610	24.65	104,57 %
2	Heini Mohr Askham Entry time: 25.44 (-0.60)	2006 Svímjifelagið Ægir		596	24.84	102,36 %
3	Fróði Hansen Entry time: 26.48 (-0.47)	2008 Fuglafjarðar Svímjifelag		519	26.01	101,77 %





Úrslit

Kapping 36, 50m Frí Menn FM - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
4	Silas Dam Lindberg	2008 Havnar Svímjifelag		496	26.41	100,45 %
	Entry time: 26.53	(-0.12)				
5	Oddvaldur Leivsson	2008 Havnar Svímjifelag		483	26.64	100,52 %
	Entry time: 26.78	(-0.14)				
6	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		466	26.97	99,67 %
	Entry time: 26.88	(+0.09)				

Kapping almenn: 09.06.2025 14:27:47

Kapping 37, 200m Rygg Kvinnur Jr-Y - Innleiðandi

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FM-Kravtið	LG: 03:05.32	- SG: 02:58.10			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		413	2:45.29	84,84 % Q
	Entry time: 2:23.53	(+21.76)				
	50m: 36.54	100m: 1:17.93 (41.39)	150m: 2:01.33 (43.40)	200m: 2:45.29 (43.96)		
2	Naomi Friang	2010 Fuglafjarðar Svímjifelag		314	3:01.06	96,64 % Q
	Entry time: 2:55.18	(+5.88)				
	50m: 43.31	100m: 1:28.98 (45.67)	150m: 2:15.83 (46.85)	200m: 3:01.06 (45.23)		
3	Emma Debes	2010 Suðuroyar Svímjifelag		298	3:04.22	Q
	50m: 40.51	100m: 1:28.01 (47.50)	150m: 2:17.76 (49.75)	200m: 3:04.22 (46.46)		

Kapping almenn: 09.06.2025 09:54:14

Kapping 37, 200m Rygg Kvinnur Jr-E - Innleiðandi

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FM-Kravtið	LG: 03:05.32	- SG: 02:58.10			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		334	2:57.33	81,86 % Q
	Entry time: 2:30.10	(+27.23)				
	50m: 41.61	100m: 1:26.51 (44.90)	150m: 2:11.38 (44.87)	200m: 2:57.33 (45.95)		

Kapping almenn: 09.06.2025 09:54:14

Kapping 37, 200m Rygg Kvinnur FM - Innleiðandi

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FM-Kravtið	LG: 03:05.32	- SG: 02:58.10			

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		413	2:45.29	84,84 % Q
	Entry time: 2:23.53	(+21.76)				
	50m: 36.54	100m: 1:17.93 (41.39)	150m: 2:01.33 (43.40)	200m: 2:45.29 (43.96)		
2	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		354	2:54.06	79,00 % Q
	Entry time: 2:23.85	(+30.21)				
	50m: 38.50	100m: 1:22.23 (43.73)	150m: 2:07.60 (45.37)	200m: 2:54.06 (46.46)		
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		334	2:57.33	81,86 % Q
	Entry time: 2:30.10	(+27.23)				
	50m: 41.61	100m: 1:26.51 (44.90)	150m: 2:11.38 (44.87)	200m: 2:57.33 (45.95)		
4	Naomi Friang	2010 Fuglafjarðar Svímjifelag		314	3:01.06	96,64 % Q
	Entry time: 2:55.18	(+5.88)				
	50m: 43.31	100m: 1:28.98 (45.67)	150m: 2:15.83 (46.85)	200m: 3:01.06 (45.23)		





Úrslit

Kapping 37, 200m Rygg Kvinnur FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
5	Jórun Winther	2011 Suðuroyar Svímjifelag		305	3:02.84	87,23 % Q
	Entry time: 2:42.13 (+20.71)					
	50m: 39.80	100m: 1:25.97 (46.17)	150m: 2:15.30 (49.33)		200m: 3:02.84 (47.54)	
6	Emma Debes	2010 Suðuroyar Svímjifelag		298	3:04.22	Q
	50m: 40.51	100m: 1:28.01 (47.50)	150m: 2:17.76 (49.75)		200m: 3:04.22 (46.46)	
Kapping almenn: 09.06.2025 09:54:14						

Kapping 37, 200m Rygg Kvinnur Jr-Y - Finala

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FM-Kravtið LG: 03:05.32 - SG: 02:58.10					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		544	2:30.83	108,75 %
	Entry time: 2:45.29 (-14.46)					
	50m: 33.77	100m: 1:11.56 (37.79)	150m: 1:51.15 (39.59)		200m: 2:30.83 (39.68)	
2	Naomi Friang	2010 Fuglafjarðar Svímjifelag		334	2:57.32	102,07 %
	Entry time: 3:01.06 (-3.74)					
	50m: 42.37	100m: 1:26.77 (44.40)	150m: 2:12.74 (45.97)		200m: 2:57.32 (44.58)	
3	Emma Debes	2010 Suðuroyar Svímjifelag		313	3:01.31	101,58 %
	Entry time: 3:04.22 (-2.91)					
	50m: 40.70	100m: 1:27.22 (46.52)	150m: 2:15.69 (48.47)		200m: 3:01.31 (45.62)	
Kapping almenn: 09.06.2025 14:40:16						

Kapping 37, 200m Rygg Kvinnur Jr-E - Finala

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FM-Kravtið LG: 03:05.32 - SG: 02:58.10					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		523	2:32.77	113,85 %
	Entry time: 2:57.33 (-24.56)					
	50m: 35.14	100m: 1:13.67 (38.53)	150m: 1:53.60 (39.93)		200m: 2:32.77 (39.17)	
Kapping almenn: 09.06.2025 14:40:16						

Kapping 37, 200m Rygg Kvinnur FM - Finala

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	05.04.2017
FM-Kravtið LG: 03:05.32 - SG: 02:58.10					

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag		578	2:27.75	115,12 %
	Entry time: 2:54.06 (-26.31)					
	50m: 33.66	100m: 1:10.91 (37.25)	150m: 1:49.31 (38.40)		200m: 2:27.75 (38.44)	
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		544	2:30.83	108,75 %
	Entry time: 2:45.29 (-14.46)					
	50m: 33.77	100m: 1:11.56 (37.79)	150m: 1:51.15 (39.59)		200m: 2:30.83 (39.68)	
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		523	2:32.77	113,85 %
	Entry time: 2:57.33 (-24.56)					
	50m: 35.14	100m: 1:13.67 (38.53)	150m: 1:53.60 (39.93)		200m: 2:32.77 (39.17)	
4	Jórun Winther	2011 Suðuroyar Svímjifelag		428	2:43.35	110,66 %
	Entry time: 3:02.84 (-19.49)					
	50m: 37.49	100m: 1:18.78 (41.29)	150m: 2:01.48 (42.70)		200m: 2:43.35 (41.87)	





Úrslit

Kapping 37, 200m Rygg Kvinnur FM - Finala

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Naomi Friang	2010 Fuglafjarðar Svímjifelag	334	2:57.32	102,07 %	
	Entry time: 3:01.06 (-3.74)					
	50m: 42.37	100m: 1:26.77 (44.40)	150m: 2:12.74 (45.97)	200m: 2:57.32 (44.58)		
6	Emma Debes	2010 Suðuroyar Svímjifelag	313	3:01.31	101,58 %	
	Entry time: 3:04.22 (-2.91)					
	50m: 40.70	100m: 1:27.22 (46.52)	150m: 2:15.69 (48.47)	200m: 3:01.31 (45.62)		

Kapping almenn: 09.06.2025 14:40:16

Kapping 38, 200m Rygg Menn Jr-Y - Innleiðandi

FRO	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FRO.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FM-Kravtið	LG: 02:47.18 - SG: 02:37.79				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelsen	2010 Havnar Svímjifelag	300	2:47.10	96,04 % Q	
	Entry time: 2:40.73 (+6.37)					
	50m: 39.05	100m: 1:22.31 (43.26)	150m: 2:04.33 (42.02)	200m: 2:47.10 (42.77)		

Kapping almenn: 09.06.2025 09:58:33

Kapping 38, 200m Rygg Menn FM - Innleiðandi

FRO	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FRO.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FM-Kravtið	LG: 02:47.18 - SG: 02:37.79				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir	333	2:41.39	80,99 % Q	
	Entry time: 2:15.61 (+25.78)					
	50m: 38.73	100m: 1:20.95 (42.22)	150m: 2:01.47 (40.52)	200m: 2:41.39 (39.92)		
2	Jónatan Samuelsen	2010 Havnar Svímjifelag	300	2:47.10	96,04 % Q	
	Entry time: 2:40.73 (+6.37)					
	50m: 39.05	100m: 1:22.31 (43.26)	150m: 2:04.33 (42.02)	200m: 2:47.10 (42.77)		

Kapping almenn: 09.06.2025 09:58:33

Kapping 38, 200m Rygg Menn Jr-Y - Finala

FRO	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FRO.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FM-Kravtið	LG: 02:47.18 - SG: 02:37.79				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jónatan Samuelsen	2010 Havnar Svímjifelag	342	2:39.97	104,27 %	
	Entry time: 2:47.10 (-7.13)					
	50m: 37.30	100m: 1:18.01 (40.71)	150m: 1:59.65 (41.64)	200m: 2:39.97 (40.32)		

Kapping almenn: 09.06.2025 14:49:16

Kapping 38, 200m Rygg Menn FM - Finala

FRO	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FRO.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FM-Kravtið	LG: 02:47.18 - SG: 02:37.79				

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir	368	2:36.16	103,24 %	
	Entry time: 2:41.39 (-5.23)					
	50m: 36.13	100m: 1:15.95 (39.82)	150m: 1:56.92 (40.97)	200m: 2:36.16 (39.24)		

09-06-2025 15:25.47

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

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Úrslit

Kapping 38, 200m Rygg Menn FM - Finala

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
2	Jónatan Samuelsen	2010 Havnar Svímjifelag		342	2:39.97	104,27 %
Entry time: 2:47.10 (-7.13)						
50m: 37.30 100m: 1:18.01 (40.71) 150m: 1:59.65 (41.64) 200m: 2:39.97 (40.32)						
Kapping almenn: 09.06.2025 14:49:16						

Kapping 39, 50m Bringu Kvinnur Jr-Y - Innleiðandi

FAR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FAR.JR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FM-Kravtið LG: 00:43.91 - SG: 00:42.66					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		482	37.18	100,59 % Q
Entry time: 37.40 (-0.22)						
2	Talita Johannesen	2010 Suðuroyar Svímjifelag		437	38.40	98,17 % Q
Entry time: 37.71 (+0.69)						
3	Mariella Annbriðardóttir Henriks	2010 Havnar Svímjifelag		355	41.17	98,22 % R1
Entry time: 40.45 (+0.72)						
4	Lea Petersen	2009 Svímjifelagið Ægir		326	42.36	92,76 %
Entry time: 39.50 (+2.86)						
5	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		312	42.98	93,11 %
Entry time: 40.21 (+2.77)						
6	Naomi Friang	2010 Fuglafjarðar Svímjifelag		268	45.18	96,42 %
Entry time: 43.62 (+1.56)						
Kapping almenn: 09.06.2025 10:02:02						

Kapping 39, 50m Bringu Kvinnur Jr-E - Innleiðandi

FAR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FAR.JR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FM-Kravtið LG: 00:43.91 - SG: 00:42.66					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		547	35.64	94,05 % Q
Entry time: 33.64 (+2.00)						
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		495	36.86	97,01 % Q
Entry time: 35.79 (+1.07)						
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		456	37.86	95,90 % Q
Entry time: 36.37 (+1.49)						
4	Durita Mohr Askham	2008 Svímjifelagið Ægir		370	40.61	95,93 % Q
Entry time: 39.02 (+1.59)						
Kapping almenn: 09.06.2025 10:02:02						

Kapping 39, 50m Bringu Kvinnur FM - Innleiðandi

FAR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FAR.JR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FM-Kravtið LG: 00:43.91 - SG: 00:42.66					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		547	35.64	94,05 % Q
Entry time: 33.64 (+2.00)						
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		495	36.86	97,01 % Q
Entry time: 35.79 (+1.07)						





Úrslit

Kapping 39, 50m Bringu Kvinnur FM - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		482	37.18	100,59 % Q
	Entry time: 37.40 (-0.22)					
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		456	37.86	95,90 % Q
	Entry time: 36.37 (+1.49)					
5	Talita Johannesen	2010 Suðuroyar Svímjifelag		437	38.40	98,17 % Q
	Entry time: 37.71 (+0.69)					
6	Durita Mohr Askham	2008 Svímjifelagið Ægir		370	40.61	95,93 % Q
	Entry time: 39.02 (+1.59)					
7	Mariella Annbrittardóttir Henriks	2010 Havnar Svímjifelag		355	41.17	98,22 % R1
	Entry time: 40.45 (+0.72)					
8	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		345	41.54	95,60 % R2
	Entry time: 39.79 (+1.75)					
9	Lea Petersen	2009 Svímjifelagið Ægir		326	42.36	92,76 %
	Entry time: 39.50 (+2.86)					
10	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		312	42.98	93,11 %
	Entry time: 40.21 (+2.77)					
11	Naomi Friang	2010 Fuglafjarðar Svímjifelag		268	45.18	96,42 %
	Entry time: 43.62 (+1.56)					
12	India Linnea Bech	2011 Havnar Svímjifelag		264	45.41	95,85 %
	Entry time: 43.60 (+1.81)					

Kapping almenn: 09.06.2025 10:02:02

Kapping 39, 50m Bringu Kvinnur Jr-Y - Finala

FAR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FAR.JR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025

FM-Kravtið LG: 00:43.91 - SG: 00:42.66

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		489	37.01	100,46 %
	Entry time: 37.18 (-0.17)					
2	Talita Johannesen	2010 Suðuroyar Svímjifelag		450	38.04	100,94 %
	Entry time: 38.40 (-0.36)					

Kapping almenn: 09.06.2025 14:52:19

Kapping 39, 50m Bringu Kvinnur Jr-E - Finala

FAR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FAR.JR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025

FM-Kravtið LG: 00:43.91 - SG: 00:42.66

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		647	33.71	105,42 %
	Entry time: 35.64 (-1.93)					
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		517	36.32	101,47 %
	Entry time: 36.86 (-0.54)					
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		504	36.64	103,22 %
	Entry time: 37.86 (-1.22)					
4	Durita Mohr Askham	2008 Svímjifelagið Ægir		384	40.09	101,28 %
	Entry time: 40.61 (-0.52)					

Kapping almenn: 09.06.2025 14:52:19





Úrslit

Kapping 39, 50m Bringu Kvinnur FM - Finala

FAR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FAR.JR	33.11	Lea Osberg Højsted	2008 Ægir Klaksvik (FRO)	Torshavn (FRO)	24.04.2025
FM-Kravtið LG: 00:43.91 - SG: 00:42.66					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		647	33.71	105,42 %
	Entry time: 35.64 (-1.93)					
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		517	36.32	101,47 %
	Entry time: 36.86 (-0.54)					
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		504	36.64	103,22 %
	Entry time: 37.86 (-1.22)					
4	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		489	37.01	100,46 %
	Entry time: 37.18 (-0.17)					
5	Talita Johannesen	2010 Suðuroyar Svímjifelag		450	38.04	100,94 %
	Entry time: 38.40 (-0.36)					
6	Durita Mohr Askham	2008 Svímjifelagið Ægir		384	40.09	101,28 %
	Entry time: 40.61 (-0.52)					

Kapping almenn: 09.06.2025 14:52:19

Kapping 40, 50m Bringu Menn Jr-Y - Innleiðandi

FRO	29.16	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	06.04.2025
FRO.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	17.04.2016
FM-Kravtið LG: 00:38.76 - SG: 00:37.71					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		328	37.59	98,16 % Q
	Entry time: 36.91 (+0.68)					
2	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		217	43.15	97,07 % -
	Entry time: 41.92 (+1.23)					
3	Andrias Mellemgaard	2009 Havnar Svímjifelag		209	43.66	97,73 % - SB9
	Entry time: 42.69 (+0.97)					

Kapping almenn: 09.06.2025 10:05:10

Kapping 40, 50m Bringu Menn Jr-E - Innleiðandi

FRO	29.16	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	06.04.2025
FRO.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	17.04.2016
FM-Kravtið LG: 00:38.76 - SG: 00:37.71					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		533	32.00	98,61 % Q
	Entry time: 31.56 (+0.44)					
2	Silas Dam Lindberg	2008 Havnar Svímjifelag		435	34.24	100,90 % Q
	Entry time: 34.55 (-0.31)					

Kapping almenn: 09.06.2025 10:05:10

Kapping 40, 50m Bringu Menn FM - Innleiðandi

FRO	29.16	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	06.04.2025
FRO.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	17.04.2016
FM-Kravtið LG: 00:38.76 - SG: 00:37.71					

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir		544	31.77	94,59 % Q
	Entry time: 30.14 (+1.63)					





Úrslit

Kapping 40, 50m Bringu Menn FM - Innleiðandi

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		533	32.00	98,61 % Q
	Entry time: 31.56 (+0.44)					
3	Jón Hofgaard	1992 Suðuroyar Svímjifelag		464	33.50	89,33 % Q
	Entry time: 30.27 (+3.23)					
4	Silas Dam Lindberg	2008 Havnar Svímjifelag		435	34.24	100,90 % Q
	Entry time: 34.55 (-0.31)					
5	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		328	37.59	98,16 % Q
	Entry time: 36.91 (+0.68)					
6	Tórir Olsen	2011 Svímjifelagið Ægir		264	40.43	93,66 % Q
	Entry time: 38.02 (+2.41)					
7	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		217	43.15	97,07 % -
	Entry time: 41.92 (+1.23)					
8	Andrias Mellemgard	2009 Havnar Svímjifelag		209	43.66	97,73 % - SB9
	Entry time: 42.69 (+0.97)					

Kapping almenn: 09.06.2025 10:05:10

Kapping 40, 50m Bringu Menn Jr-Y - Finala

FRO	29.16	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	06.04.2025
FRO.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	17.04.2016

FM-Kravtið LG: 00:38.76 - SG: 00:37.71

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		304	38.56	97,42 %
	Entry time: 37.59 (+0.97)					

Kapping almenn: 09.06.2025 15:06:10

Kapping 40, 50m Bringu Menn Jr-E - Finala

FRO	29.16	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	06.04.2025
FRO.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	17.04.2016

FM-Kravtið LG: 00:38.76 - SG: 00:37.71

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		575	31.19	102,53 %
	Entry time: 32.00 (-0.81)					
2	Silas Dam Lindberg	2008 Havnar Svímjifelag		422	34.59	98,98 %
	Entry time: 34.24 (+0.35)					

Kapping almenn: 09.06.2025 15:06:10

Kapping 40, 50m Bringu Menn FM - Finala

FRO	29.16	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Kobenhavn (DEN)	06.04.2025
FRO.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	17.04.2016

FM-Kravtið LG: 00:38.76 - SG: 00:37.71

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svímjifelag		628	30.29	109,58 %
	Entry time: 33.50 (-3.21)					
2	Heini Mohr Askham	2006 Svímjifelagið Ægir		615	30.50	104,00 %
	Entry time: 31.77 (-1.27)					
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		575	31.19	102,53 %
	Entry time: 32.00 (-0.81)					





Úrslit

Kapping 40, 50m Bringu Menn FM - Finala

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
4	Silas Dam Lindberg	2008 Havnar Svímjifelag		422	34.59	98,98 %
	Entry time: 34.24	(+0.35)				
5	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		304	38.56	97,42 %
	Entry time: 37.59	(+0.97)				
6	Tórir Olsen	2011 Svímjifelagið Ægir		299	38.80	104,03 %
	Entry time: 40.43	(-1.63)				

Kapping almenn: 09.06.2025 15:06:10

Kapping 41, 4x100m Frí Kvinnur Jr-Y - Innleiðandi

FAR	4:03.56	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	13.03.2016

Raðf	Navn	Aldur	Félag		AQU	Tíð	Munur
1	SuSvim		16 Suðuroyar Svímjifelag		450 Q	4:31.23	100,64
	Jórun Winther	2011		29.95	1:03.37	1:03.37	
	Bjarta í Lágabø	2009		30.86	1:06.59	2:09.96	
	Emma Debes	2010		33.66	1:11.86	3:21.82	
	Talita Johannesen	2010		32.41	1:09.41	4:31.23	
2	HS Kvinnur		16 Havnar Svímjifelag		358 Q	4:52.75	95,64 %
	Lilja Lenvig Harrýsdóttir	2009		34.19	1:13.30	1:13.30	
	Halla Háfoss	2009		33.61	1:12.19	2:25.49	
	Lilja Sørensen	2011		35.72	1:15.16	3:40.65	
	Mariella Annbriðardóttir	2010		34.27	1:12.10	4:52.75	
	Henriksen						
3	SuSvim team 2		16 Suðuroyar Svímjifelag		317 Q	5:04.91	93,51 %
	Lea í Trøðini	2011		37.16	1:18.07	1:18.07	
	Ninna í Hjølum	2009		34.85	1:16.48	2:34.55	
	Lilja Strøm Winther	2009		35.95	1:18.12	3:52.67	
	Sissal Rógvadóttir	2010		33.78	1:12.24	5:04.91	

Kapping almenn: 09.06.2025 10:18:26

Kapping 41, 4x100m Frí Kvinnur Jr-E - Innleiðandi

FAR	4:03.56	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	13.03.2016

Raðf	Navn	Aldur	Félag		AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir		328 Q	5:01.45	80,75 %
	Róa Trygvadóttir	2008		37.04	1:16.15	1:16.15	
	Lea Osberg Højsted	2008		36.02	1:13.90	2:30.05	
	Jóhanna Ólavsdóttir	2007		37.03	1:16.40	3:46.45	
	Durita Mohr Askham	2008		35.90	1:15.00	5:01.45	
-	FS		18 Fuglafjarðar Svímjifelag		269 Q	5:21.84	85,16 %
	Sirið Vesturtún	2011		37.23	1:19.11	1:19.11	
	Naomi Friang	2010		41.84	1:27.31	2:46.42	
	Rebekka Róðinsdóttir	2007		36.33	1:18.73	4:05.15	
	Rakul J Højbro	2011		36.27	1:16.69	5:21.84	

Kapping almenn: 09.06.2025 10:18:26





Úrslit

Kapping 41, 4x100m Frí Kvinnur FM - Innleiðandi

FAR	4:03.56	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	13.03.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	SuSvim		16 Suðuroyar Svímjifelag	450 Q	4:31.23 100,64
	Jórun Winther	2011		29.95 1:03.37	1:03.37
	Bjarta í Lágabø	2009		30.86 1:06.59	2:09.96
	Emma Debes	2010		33.66 1:11.86	3:21.82
	Talita Johannesen	2010		32.41 1:09.41	4:31.23
2	HS Kvinnur		16 Havnar Svímjifelag	358 Q	4:52.75 95,64 %
	Lilja Lenvig Harrysdóttir	2009		34.19 1:13.30	1:13.30
	Halla Háfoss	2009		33.61 1:12.19	2:25.49
	Lilja Sørensen	2011		35.72 1:15.16	3:40.65
	Mariella Annbrittardóttir	2010		34.27 1:12.10	4:52.75
	Henriksen				
3	Ægir		18 Svímjifelagið Ægir	328 Q	5:01.45 80,75 %
	Róa Trygvadóttir	2008		37.04 1:16.15	1:16.15
	Lea Osberg Højsted	2008		36.02 1:13.90	2:30.05
	Jóhanna Ólavsdóttir	2007		37.03 1:16.40	3:46.45
	Durita Mohr Askham	2008		35.90 1:15.00	5:01.45
4	SuSvim team 2		16 Suðuroyar Svímjifelag	317 Q	5:04.91 93,51 %
	Lea í Trøðini	2011		37.16 1:18.07	1:18.07
	Ninna í Hjøllum	2009		34.85 1:16.48	2:34.55
	Lilja Strøm Winther	2009		35.95 1:18.12	3:52.67
	Sissal Rógvadóttir	2010		33.78 1:12.24	5:04.91
5	FS		18 Fuglafjarðar Svímjifelag	269 Q	5:21.84 85,16 %
	Sirið Vesturtún	2011		37.23 1:19.11	1:19.11
	Naomi Friang	2010		41.84 1:27.31	2:46.42
	Rebekka Róðinsdóttir	2007		36.33 1:18.73	4:05.15
	Rakul J Højbro	2011		36.27 1:16.69	5:21.84

Kapping almenn: 09.06.2025 10:18:26

Kapping 41, 4x100m Frí Kvinnur Jr-Y - Finala

FAR	4:03.56	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	13.03.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	SuSvim team 2		16 Suðuroyar Svímjifelag	406	4:40.71 107,94
	Talita Johannesen	2010		33.79 1:11.78	1:11.78
	Ninna í Hjøllum	2009		33.90 1:11.85	2:23.63
	Sissal Rógvadóttir	2010		33.19 1:09.90	3:33.53
	Emma Debes	2010		31.80 1:07.18	4:40.71

Kapping almenn: 09.06.2025 15:15:10

Kapping 41, 4x100m Frí Kvinnur Jr-E - Finala

FAR	4:03.56	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	13.03.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur





Úrslit

Kapping 41, 4x100m Frí Kvinnur Jr-E - Finala

Raðf	Navn	Aldur	Felag		AQU	Tíð	Munur
1	Ægir		18 Svímjifelagið Ægir		570	4:10.70	116,84
	Durita Mohr Askham	2008		30.49	1:04.68	1:04.68	
	Jóhanna Ólavsdóttir	2007		30.65	1:04.42	2:09.10	
	Róa Trygvadóttir	2008		28.95	1:01.15	3:10.25	
	Lea Osberg Højsted	2008		28.31	1:00.45	4:10.70	
2	FS		18 Fuglafjarðar Svímjifelag		410	4:39.86	113,04
	Rebekka Róðinsdóttir	2007		31.91	1:07.07	1:07.07	
	Sirið Vesturtún	2011		30.63	1:06.46	2:13.53	
	Rakul J Højbro	2011		34.39	1:13.28	3:26.81	
	Naomi Friang	2010		34.33	1:13.05	4:39.86	

Kapping almenn: 09.06.2025 15:15:10

Kapping 41, 4x100m Frí Kvinnur FM - Finala

FAR	4:03.56	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	13.03.2016
Raðf	Navn	Aldur	Felag	AQU	Tíð Munur
1	SuSvim	22	Suðuroyar Svímjifelag	590	4:07.84 108,62
	Jórun Winther	2011		29.92 1:02.74	1:02.74
	Bjarta í Lágabø	2009		29.23 1:01.94	2:04.68
	Kaja Waag Kallesøe	2005		30.39 1:04.85	3:09.53
	Alisa Vestergård	2003		27.54 58.31	4:07.84
2	Ægir	18	Svímjifelagið Ægir	570	4:10.70 116,84
	Durita Mohr Askham	2008		30.49 1:04.68	1:04.68
	Jóhanna Ólavsdóttir	2007		30.65 1:04.42	2:09.10
	Róa Trygvadóttir	2008		28.95 1:01.15	3:10.25
	Lea Osberg Højsted	2008		28.31 1:00.45	4:10.70
3	HS Kvinnur	20	Havnar Svímjifelag	448	4:31.68 107,20
	Elisabeth Erlendsdóttir	2005		29.98 1:02.23	1:02.23
	Halla Háfoss	2009		32.83 1:11.30	2:13.53
	Mariella Annbriardóttur Henriksen	2010		33.78 1:10.52	3:24.05
	Lilja Lenvig Harrysdóttir	2009		31.30 1:07.63	4:31.68
4	FS	18	Fuglafjarðar Svímjifelag	410	4:39.86 113,04
	Rebekka Róðinsdóttir	2007		31.91 1:07.07	1:07.07
	Sirið Vesturtún	2011		30.63 1:06.46	2:13.53
	Rakul J Højbro	2011		34.39 1:13.28	3:26.81
	Naomi Friang	2010		34.33 1:13.05	4:39.86
5	SuSvim team 2	16	Suðuroyar Svímjifelag	406	4:40.71 107,94
	Talita Johannesen	2010		33.79 1:11.78	1:11.78
	Ninna í Hjøllum	2009		33.90 1:11.85	2:23.63
	Sissal Rógvadóttir	2010		33.19 1:09.90	3:33.53
	Emma Debes	2010		31.80 1:07.18	4:40.71

Kapping almenn: 09.06.2025 15:15:10

Kapping 42, 4x100m Frí Menn Jr-Y - Innleiðandi

09-06-2025 15:25.48

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 83/85





Úrslit

Kapping 42, 4x100m Frí Menn Jr-Y - Innleiðandi

FRO	3:36.51	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	25.04.2025
Raðf	Navn	Aldur Felag	AQU	Tíð Munur	
1 HS Dreingir 1		16 Havnar Svímjifelag	319 Q	4:35.39 94,50 %	
	Aron Berg Joensen	2009	32.60 1:08.75	1:08.75	
	Sigbjartur J. Egholm	2009	34.19 1:09.85	2:18.60	
	Theodor Salter	2011	31.98 1:06.34	3:24.94	
	Jónatan Samuelsen	2010	1:10.45	4:35.39	

Kapping almenn: 09.06.2025 10:24:37

Kapping 42, 4x100m Frí Menn Jr-E - Innleiðandi

FRO	3:36.51	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	25.04.2025
Raðf	Navn	Aldur Felag	AQU	Tíð Munur	
1 HS Menn		17 Havnar Svímjifelag	316 Q	4:36.19 80,24 %	
	Ólavur Winther Jákupsson	2008	32.33 1:05.37	1:05.37	
	Oddvaldur Leivsson	2008	31.92 1:06.58	2:11.95	
	Óli Mikkelsen	2008	36.48 1:12.64	3:24.59	
	Silas Dam Lindberg	2008	42.06 1:11.60	4:36.19	

Kapping almenn: 09.06.2025 10:24:37

Kapping 42, 4x100m Frí Menn FM - Innleiðandi

FRO	3:36.51	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	25.04.2025
Raðf	Navn	Aldur Felag	AQU	Tíð Munur	
1 HS Dreingir 1		16 Havnar Svímjifelag	319 Q	4:35.39 94,50 %	
	Aron Berg Joensen	2009	32.60 1:08.75	1:08.75	
	Sigbjartur J. Egholm	2009	34.19 1:09.85	2:18.60	
	Theodor Salter	2011	31.98 1:06.34	3:24.94	
	Jónatan Samuelsen	2010	1:10.45	4:35.39	
2 HS Menn		17 Havnar Svímjifelag	316 Q	4:36.19 80,24 %	
	Ólavur Winther Jákupsson	2008	32.33 1:05.37	1:05.37	
	Oddvaldur Leivsson	2008	31.92 1:06.58	2:11.95	
	Óli Mikkelsen	2008	36.48 1:12.64	3:24.59	
	Silas Dam Lindberg	2008	42.06 1:11.60	4:36.19	
3 SuSvim		33 Suðuroyar Svímjifelag	283 Q	4:46.70 85,66 %	
	Haraldur Mortensen	2010	34.17 1:13.96	1:13.96	
	Róland Toftum	1998	33.67 1:09.75	2:23.71	
	Bjarti Ludvig	2006	32.03 1:08.05	3:31.76	
	Jón Hofgaard	1992	37.51 1:14.94	4:46.70	
4 HS Piltar		14 Havnar Svímjifelag	278 Q	4:48.27 99,53 %	
	Teitur Miné Róason	2011	30.97 1:06.28	1:06.28	
	Símun Eliassen	2011	34.57 1:15.23	2:21.51	
	Bragi Bjarnason	2012	33.98 1:12.35	3:33.86	
	Nóa Róason Stakksund	2011	32.99 1:14.41	4:48.27	

Kapping almenn: 09.06.2025 10:24:37

Kapping 42, 4x100m Frí Menn Jr-Y - Finala

FRO	3:36.51	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	25.04.2025
Raðf	Navn	Aldur Felag	AQU	Tíð Munur	

09-06-2025 15:25.48

Dátaviðgerð: Swimify 2.12

Loyvt: Suðuroyar Svímjifelag

Síða 84/85





Úrslit

Kapping 42, 4x100m Frí Menn Jr-Y - Finala

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS Piltar		16 Havnar Svímjifelag	312	4:37.52	103,73
	Teitur Miné Róason	2011		31.16	1:05.68	1:05.68
	Jónatan Samuelsen	2010		32.68	1:09.41	2:15.09
	Andrias Mellemgaard	2009	S9	35.70	1:17.06	3:32.15
	Aron Berg Joensen	2009		30.92	1:05.37	4:37.52

Kapping almenn: 09.06.2025 15:21:05

Kapping 42, 4x100m Frí Menn Jr-E - Finala

FRO	3:36.51	Havnar Svímjifelag	Havnar Svímjifelag (FRO)		Torshavn (FRO)	25.04.2025	
Raðf	Navn	Aldur	Felag	AQU		Tíð	Munur
1	HS Dreingir 1	17	Havnar Svímjifelag	464		4:03.04	111,75
	Theodor Salter	2011		28.66	1:00.77	1:00.77	
	Sigbjartur J. Egholm	2009		30.55	1:03.95	2:04.72	
	Ólavur Winther Jakupsson	2008		28.54	1:00.26	3:04.98	
	Óli Mikkelsen	2008		27.85	58.06	4:03.04	

Kapping almenn: 09.06.2025 15:21:05

Kapping 42, 4x100m Frí Menn FM - Finala

FRO	3:36.51	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	25.04.2025	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS Menn	19	Havnar Svímjifelag	566	3:47.55	117,61
	Oddvaldur Leivsson	2008		26.62	56.19	56.19
	Silas Dam Lindberg	2008		26.64	55.95	1:52.14
	Jóhannis í Stórustovu	2011		29.00	1:02.03	2:54.17
	Isak Brisenfeldt	2006		25.77	53.38	3:47.55
2	SuSvim	33	Suðuroyar Svímjifelag	471	4:01.83	115,65
	Haraldur Mortensen	2010		30.17	1:04.31	1:04.31
	Róland Toftum	1998		29.74	1:00.46	2:04.77
	Bjarti Ludvig	2006		27.54	1:00.97	3:05.74
	Jón Hofgaard	1992		27.36	56.09	4:01.83
3	HS Dreingir 1	17	Havnar Svímjifelag	464	4:03.04	111,75
	Theodor Salter	2011		28.66	1:00.77	1:00.77
	Sigbjartur J. Egholm	2009		30.55	1:03.95	2:04.72
	Ólavur Winther Jakupsson	2008		28.54	1:00.26	3:04.98
	Óli Mikkelsen	2008		27.85	58.06	4:03.04
4	HS Piltar	16	Havnar Svímjifelag	312	4:37.52	103,73
	Teitur Miné Róason	2011		31.16	1:05.68	1:05.68
	Jónatan Samuelsen	2010		32.68	1:09.41	2:15.09
	Andrias Mellemgaard	2009	S9	35.70	1:17.06	3:32.15
	Aron Berg Joensen	2009		30.92	1:05.37	4:37.52

Kapping almenn: 09.06.2025 15:21:05

