

Úrslit

Lions Open

Stað: Klaksvíkar svimjihöll
Hylur: 25m

Fyrireikari
Stevnudagur:

Svimjifelagið Ægir
mar 15, 2025 til mar 16, 2025

Kapping 1, 50m Firvald Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		563	29.52	
2	Jonna Joensen	2005 Svímjifelagið Ægir		557	29.62	+0.10
3	Halla Háfoss	2009 Havnar Svímjifelag		422	32.49	+2.97
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		408	32.85	+3.33
5	Talita Johannesen	2010 Suðuroyar Svímjifelag		360	34.26	+4.74
6	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		359	34.30	+4.78
7	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		355	34.41	+4.89
8	Jórun Winther	2011 Suðuroyar Svímjifelag		285	37.01	+7.49
9	Naomi Friang	2010 Fuglafjarðar Svímjifelag		221	40.31	+10.79
10	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		200	41.62	+12.10
11	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir		186	42.70	+13.18
12	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		158	45.01	+15.49
13	Viktoria Klettskarð	2013 Svímjifelagið Ægir		139	46.98	+17.46
14	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag		137	47.25	+17.73
15	Leah Biskopstø Nielsen	2012 Havnar Svímjifelag		136	47.35	+17.83
16	Randi Brim Hvidbro	2012 Svímjifelagið Ægir		135	47.47	+17.95
17	Delaila H. Gregersen	2013 Svímjifelagið Ægir		110	50.73	+21.21
18	Olivia Johnsdóttir	2013 Svímjifelagið Ægir		91	54.18	+24.66
19	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		90	54.26	+24.74
20	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir		87	54.99	+25.47
21	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		79	56.67	+27.15
22	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir		73	58.19	+28.67
23	Urd Jákupsdóttir	2015 Havnar Svímjifelag		55	1:03.91	+34.39
-	Thorborg Joensen	2014 Havnar Svímjifelag			DSQ	
	SW 8.4. Hendurnar ikki samstundis í vegg í vending/mál					
-	Sissal Ró Petersen	2013 Svímjifelagið Ægir			DSQ	
	SW 8.3. Ójavnt beinspark					

Kapping almenn: 15.03.2025 09:20:18

Kapping 2, 50m Firvald Menn - Final

FAR 24.70 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Saint-Dizier (FRA) 18.11.2011

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		647	25.14	
2	Bárður Ólavsson	2008 Svímjifelagið Ægir		435	28.69	+3.55
3	Óli Mikkelsen	2008 Havnar Svímjifelag		414	29.17	+4.03
4	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		376	30.12	+4.98
5	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		373	30.21	+5.07
6	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		337	31.25	+6.11
7	Jens Martin Dam	2009 Havnar Svímjifelag		303	32.38	+7.24
8	Tórir Olsen	2011 Svímjifelagið Ægir		295	32.67	+7.53
9	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		284	33.08	+7.94
10	Benjamin Havn	2011 Svímjifelagið Ægir		280	33.24	+8.10
11	Símun Eliassen	2011 Havnar Svímjifelag		219	36.06	+10.92



Úrslit

Kapping 2, 50m Firvald Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
12	Terji Kjærbo	2012 Suðuroyar Svímjifelag		207	36.72	+11.58
13	Dávur Eið	2012 Suðuroyar Svímjifelag		192	37.64	+12.50
14	Nóa Róason Stakksund	2011 Havnar Svímjifelag		182	38.36	+13.22
15	Andrias Mellemgaard	2009 Havnar Svímjifelag		173	38.99	+13.85 S9
16	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag		129	42.95	+17.81
17	Sævar Strøm	2014 Suðuroyar Svímjifelag		122	43.74	+18.60
18	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		117	44.38	+19.24
19	Tien Rasmussen	2012 Havnar Svímjifelag		98	47.10	+21.96
20	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		92	48.09	+22.95
21	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti		80	50.41	+25.27
22	Bárður Rógvason	2013 Suðuroyar Svímjifelag		69	52.84	+27.70
23	Jonnhard Winther	2015 Suðuroyar Svímjifelag		49	59.19	+34.05
	- Bænadikt Helig Eliassen SW 8.2. Ójavnt armtak	2013 Fuglafjarðar Svímjifelag			DSQ	
	- Fríðálvur Eliassen SW 4.4. Tjövstartur (startari og yvirdómari skulu vera samdir)	2011 Fuglafjarðar Svímjifelag			DSQ	
	- Ian Strøm SW 8.2. Ójavnt armtak	2015 Suðuroyar Svímjifelag			DSQ	
	- Niels Jacob Thomsen SW 8.2. Ójavnt armtak	2014 Suðuroyar Svímjifelag			DSQ	
	- Elias Í Lágabø	2014 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 09:25:07

Kapping 3, 400m Blandað Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		591	5:08.55	
	50m: 31.58	100m: 1:08.60 (37.02)	150m: 1:46.75 (38.15)		200m: 2:24.57 (37.82)	
	250m: 3:10.20 (45.63)	300m: 3:56.41 (46.21)	350m: 4:33.16 (36.75)		400m: 5:08.55 (35.39)	
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		574	5:11.50	+2.95
	50m: 33.60	100m: 1:13.25 (39.65)	150m: 1:51.77 (38.52)		200m: 2:29.44 (37.67)	
	250m: 3:13.57 (44.13)	300m: 3:59.46 (45.89)	350m: 4:36.12 (36.66)		400m: 5:11.50 (35.38)	
3	Róa Trygvadóttir	2008 Svímjifelagið Ægir		532	5:19.52	+10.97
	50m: 32.77	100m: 1:10.86 (38.09)	150m: 1:52.30 (41.44)		200m: 2:33.66 (41.36)	
	250m: 3:18.48 (44.82)	300m: 4:05.22 (46.74)	350m: 4:36.12 (30.90)		400m: 5:19.52 (43.40)	

Kapping almenn: 15.03.2025 09:34:26

Kapping 4, 400m Blandað Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
	FAR 4:18.97 Pál Joensen	1990 Suðuroyar Svímjifelag (FR Torshavn (FRO))				15.04.2012
1	Heini Mohr Askham	2006 Svímjifelagið Ægir		593	4:39.36	
	50m: 28.11	100m: 1:01.61 (33.50)	150m: 1:38.45 (36.84)		200m: 2:13.71 (35.26)	
	250m: 2:54.34 (40.63)	300m: 3:36.07 (41.73)	350m: 4:07.79 (31.72)		400m: 4:39.36 (31.57)	
2	Bárður Ólavsson	2008 Svímjifelagið Ægir		591	4:39.69	+0.33
	50m: 28.99	100m: 1:01.53 (32.54)	150m: 1:38.99 (37.46)		200m: 2:15.12 (36.13)	
	250m: 2:55.21 (40.09)	300m: 3:36.40 (41.19)	350m: 4:08.97 (32.57)		400m: 4:39.69 (30.72)	
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		585	4:40.72	+1.36
	50m: 28.90	100m: 1:02.90 (34.00)	150m: 1:39.81 (36.91)		200m: 2:16.53 (36.72)	
	250m: 2:55.12 (38.59)	300m: 3:33.90 (38.78)	350m: 4:07.21 (33.31)		400m: 4:40.72 (33.51)	
4	Silas Dam Lindberg	2008 Havnar Svímjifelag		559	4:44.97	+5.61
	50m: 28.84	100m: 1:02.91 (34.07)	150m: 1:39.38 (36.47)		200m: 2:17.35 (37.97)	
	250m: 2:56.71 (39.36)	300m: 3:37.59 (40.88)	350m: 4:11.12 (33.53)		400m: 4:44.97 (33.85)	
5	Theodor Salter	2011 Havnar Svímjifelag		335	5:37.78	+58.42
	50m: 35.25	100m: 1:15.60 (40.35)	150m: 1:58.54 (42.94)		200m: 2:41.53 (42.99)	
	250m: 3:32.77 (51.24)	300m: 4:24.69 (51.92)	350m: 5:11.93 (47.24)		400m: 5:37.78 (25.85)	

16-03-2025 21:31:09

Dátaviðgerð: Swimify 2.12

Loyvt: Svímjifelagið Ægir

Síða 2/28



Úrslit

Kapping 4, 400m Blandað Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Bragi Bjarnason	2012 Havnar Svímjifelag		188	6:49.26	+2:09.90
	50m: 42.04	100m: 1:38.62 (56.58)	150m: 2:29.57 (50.95)	200m: 3:18.82 (49.25)		
	250m: 4:18.22 (59.40)	300m: 5:20.40 (1:02.18)	350m: 6:05.35 (44.95)	400m: 6:49.26 (43.91)		

Kapping almenn: 15.03.2025 10:07:01

Kapping 5, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifelag		654	57.88	
	50m: 27.64	100m: 57.88 (30.24)				
2	Jórun Winther	2011 Suðuroyar Svímjifelag		557	1:01.05	+3.17
	50m: 28.36	100m: 1:01.05 (32.69)				
3	Durita Mohr Askham	2008 Svímjifelagið Ægir		507	1:02.98	+5.10
	50m: 29.98	100m: 1:02.98 (33.00)				
4	Lea Petersen	2009 Svímjifelagið Ægir		494	1:03.55	+5.67
	50m: 30.43	100m: 1:03.55 (33.12)				
5	Jonna Joensen	2005 Svímjifelagið Ægir		490	1:03.70	+5.82
	50m: 29.79	100m: 1:03.70 (33.91)				
6	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		447	1:05.69	+7.81
	50m: 31.06	100m: 1:05.69 (34.63)				
7	Halla Háfoss	2009 Havnar Svímjifelag		444	1:05.82	+7.94
	50m: 31.42	100m: 1:05.82 (34.40)				
8	Emma Debes	2010 Suðuroyar Svímjifelag		427	1:06.69	+8.81
	50m: 31.91	100m: 1:06.69 (34.78)				
9	Mariella Henriksen	2010 Havnar Svímjifelag		423	1:06.92	+9.04
	50m: 31.70	100m: 1:06.92 (35.22)				
10	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		396	1:08.42	+10.54
	50m: 31.39	100m: 1:08.42 (37.03)				
11	Talita Johannesen	2010 Suðuroyar Svímjifelag		387	1:08.91	+11.03
	50m: 32.83	100m: 1:08.91 (36.08)				
12	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		383	1:09.19	+11.31
	50m: 32.24	100m: 1:09.19 (36.95)				
13	Lilja Sørensen	2011 Havnar Svímjifelag		349	1:11.36	+13.48
	50m: 34.23	100m: 1:11.36 (37.13)				
14	Naomi Friang	2010 Fuglafjarðar Svímjifelag		339	1:12.03	+14.15
	50m: 34.52	100m: 1:12.03 (37.51)				
15	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		321	1:13.36	+15.48
	50m: 35.13	100m: 1:13.36 (38.23)				
16	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		316	1:13.72	+15.84
	50m: 34.76	100m: 1:13.72 (38.96)				
17	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		307	1:14.42	+16.54
	50m: 35.31	100m: 1:14.42 (39.11)				
18	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		281	1:16.71	+18.83
	50m: 35.89	100m: 1:16.71 (40.82)				
19	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag		231	1:21.85	+23.97
	50m: 39.52	100m: 1:21.85 (42.33)				
20	Jonni B. Danielsen	2011 Svímjifelagið Flot		211	1:24.33	+26.45
	50m: 38.66	100m: 1:24.33 (45.67)				
21	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir		208	1:24.76	+26.88
	50m: 40.26	100m: 1:24.76 (44.50)				
22	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		203	1:25.37	+27.49
	50m: 40.12	100m: 1:25.37 (45.25)				
23	Randi Brim Hvidbro	2012 Svímjifelagið Ægir		185	1:28.06	+30.18
	50m: 42.18	100m: 1:28.06 (45.88)				
24	Simona B. Jacobsen	2012 Svímjifelagið Flot		175	1:29.80	+31.92
	50m: 42.60	100m: 1:29.80 (47.20)				
25	Leah Biskopstø Nielsen	2012 Havnar Svímjifelag		164	1:31.69	+33.81
	50m: 43.73	100m: 1:31.69 (47.96)				



Úrslit

Kapping 5, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
26	Katrina Mc Intosh	2015 Havnar Svímjifelag 100m: 1:34.41 (1:34.41)		150	1:34.41	+36.53
27	Viktoria Klettskarð 50m: 46.76	2013 Svímjifelagið Ægir 100m: 1:34.54 (47.78)		150	1:34.54	+36.66
28	Elisabet Leivsdóttir 50m: 44.29	2014 Havnar Svímjifelag 100m: 1:35.06 (50.77)		147	1:35.06	+37.18
29	Olivia Johnsdóttir 50m: 46.43	2013 Svímjifelagið Ægir 100m: 1:35.11 (48.68)		147	1:35.11	+37.23
30	Tóta Sofía Gudmundsen 50m: 48.28	2014 Suðuroyar Svímjifelag 100m: 1:39.34 (51.06)		129	1:39.34	+41.46
31	Delaila H. Gregersen 100m: 1:40.18 (1:40.18)	2013 Svímjifelagið Ægir		126	1:40.18	+42.30
32	Tabita Vón Ebbadóttir 50m: 48.92	2013 Svímjifelagið Ægir 100m: 1:40.82 (51.90)		123	1:40.82	+42.94
33	Jonna Steinberg Joensen 50m: 50.70	2014 Svímjifelagið Ægir 100m: 1:43.05 (52.35)		115	1:43.05	+45.17
34	Thorborg Joensen 100m: 1:45.06 (1:45.06)	2014 Havnar Svímjifelag		109	1:45.06	+47.18
=35	Lisa Emilsdóttir Hofgaard 50m: 51.15	2015 Havnar Svímjifelag 100m: 1:47.88 (56.73)		101	1:47.88	+50.00
=35	Karita Tórðardóttir 100m: 1:47.88 (1:47.88)	2013 Suðuroyar Svímjifelag		101	1:47.88	+50.00
37	Urd Jákupsdóttir 100m: 1:48.29 (1:48.29)	2015 Havnar Svímjifelag		99	1:48.29	+50.41
38	Røskvá Rún Bjarnadóttir 100m: 1:49.21 (1:49.21)	2015 Havnar Svímjifelag		97	1:49.21	+51.33
39	Sissal Ró Petersen 50m: 52.44	2013 Svímjifelagið Ægir 100m: 1:50.93 (58.49)		92	1:50.93	+53.05
40	Sofía Gullstein Dalbø 100m: 1:53.96 (1:53.96)	2015 Svímjifelagið Reysti		85	1:53.96	+56.08
41	Fíona Gullstein Dalbø 100m: 2:02.75 (2:02.75)	2014 Svímjifelagið Reysti		68	2:02.75	+1:04.87
42	Kaya Ziska Hofgaard 100m: 2:09.41 (2:09.41)	2014 Havnar Svímjifelag		58	2:09.41	+1:11.53
-	Annabella Henriksen SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)	2014 Havnar Svímjifelag			DSQ	
-	India Linnea Bech	2011 Havnar Svímjifelag			DNS	
-	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag			DNS	
-	Maifrið Skibenæs	2013 Svímjifelagið Flot			DNS	
-	Floria Skoradal á Húsamørk	2015 Svímjifelagið Reysti			DNS	

Kapping almenn: 15.03.2025 10:13:30

Kapping 6, 100m Frí Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Bartal Erlingsson Eidesgaard 50m: 24.54	2003 Havnar Svímjifelag 100m: 50.81 (26.27)		687	50.81	
2	Isak Brisenfeldt 50m: 25.14	2006 Havnar Svímjifelag 100m: 51.73 (26.59)		651	51.73	+0.92
3	Oddvaldur Leivsson 50m: 25.74	2008 Havnar Svímjifelag 100m: 54.73 (28.99)		549	54.73	+3.92
4	Tórir Olsen 50m: 28.51	2011 Svímjifelagið Ægir 100m: 58.62 (30.11)		447	58.62	+7.81
5	Óli Mikkelsen 50m: 28.31	2008 Havnar Svímjifelag 100m: 59.36 (31.05)		431	59.36	+8.55



Úrslit

Kapping 6, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Bjarti Ludvig 50m: 27.93	2006 Suðuroyar Svímjifelag 100m: 1:00.53 (32.60)		406	1:00.53	+9.72
7	Sigbjartur J. Egholm 50m: 29.38	2009 Havnar Svímjifelag 100m: 1:00.96 (31.58)		397	1:00.96	+10.15
8	Benjamin Havn 50m: 31.23	2011 Svímjifelagið Ægir 100m: 1:02.98 (31.75)		360	1:02.98	+12.17
9	Aron Berg Joensen 50m: 30.38	2009 Havnar Svímjifelag 100m: 1:03.57 (33.19)		350	1:03.57	+12.76
10	Haraldur Mortensen 50m: 30.41	2010 Suðuroyar Svímjifelag 100m: 1:03.77 (33.36)		347	1:03.77	+12.96
11	Jens Martin Dam 50m: 30.91	2009 Havnar Svímjifelag 100m: 1:05.24 (34.33)		324	1:05.24	+14.43
12	Jónatan Samuelsen 50m: 31.61	2010 Havnar Svímjifelag 100m: 1:05.38 (33.77)		322	1:05.38	+14.57
13	Fríðálvur Eliassen 50m: 32.26	2011 Fuglafjarðar Svímjifelag 100m: 1:05.99 (33.73)		313	1:05.99	+15.18
14	Teitur Miné Róason 50m: 30.93	2011 Havnar Svímjifelag 100m: 1:06.64 (35.71)		304	1:06.64	+15.83
15	Nóa Róason Stakksund 50m: 31.72	2011 Havnar Svímjifelag 100m: 1:08.54 (36.82)		280	1:08.54	+17.73
16	Símun Eliassen 50m: 32.23	2011 Havnar Svímjifelag 100m: 1:08.98 (36.75)		274	1:08.98	+18.17
17	Dávur Eið 50m: 33.30	2012 Suðuroyar Svímjifelag 100m: 1:10.07 (36.77)		262	1:10.07	+19.26
18	Terji Kjørbo 50m: 34.06	2012 Suðuroyar Svímjifelag 100m: 1:12.89 (38.83)		232	1:12.89	+22.08
19	Andrias Mellemgard 50m: 35.93	2009 Havnar Svímjifelag 100m: 1:16.50 (40.57)		201	1:16.50	+25.69 S9
20	Jógvan Vesturtún 50m: 37.04	2013 Fuglafjarðar Svímjifelag 100m: 1:16.89 (39.85)		198	1:16.89	+26.08
21	Kian Saiold Villanueva 50m: 36.50	2013 Fuglafjarðar Svímjifelag 100m: 1:18.55 (42.05)		186	1:18.55	+27.74
22	Sævar Strøm 100m: 1:19.69 (1:19.69)	2014 Suðuroyar Svímjifelag 100m: 1:19.69 (1:19.69)		178	1:19.69	+28.88
23	Bænadikt Helig Eliassen 100m: 1:19.93 (1:19.93)	2013 Fuglafjarðar Svímjifelag 100m: 1:19.93 (1:19.93)		176	1:19.93	+29.12
24	Atli Nolsøe 50m: 38.27	2013 Havnar Svímjifelag 100m: 1:21.27 (43.00)		167	1:21.27	+30.46
25	Aleks Uadhaw Thomsen 100m: 1:21.49 (1:21.49)	2013 Havnar Svímjifelag 100m: 1:21.49 (1:21.49)		166	1:21.49	+30.68
26	Tien Rasmussen 100m: 1:28.47 (1:28.47)	2012 Havnar Svímjifelag 100m: 1:28.47 (1:28.47)		130	1:28.47	+37.66
27	Mattias Bech 100m: 1:28.98 (1:28.98)	2012 Havnar Svímjifelag 100m: 1:28.98 (1:28.98)		127	1:28.98	+38.17
28	Sámuel Jóhannusarson 100m: 1:29.40 (1:29.40)	2011 Fuglafjarðar Svímjifelag 100m: 1:29.40 (1:29.40)		126	1:29.40	+38.59
29	Petur Eli K. á Høvdanum 100m: 1:29.94 (1:29.94)	2015 Svímjifelagið Reysti 100m: 1:29.94 (1:29.94)		123	1:29.94	+39.13
30	Tóki Niklasson Poulsen 100m: 1:32.97 (1:32.97)	2013 Svímjifelagið Flot 100m: 1:32.97 (1:32.97)		112	1:32.97	+42.16
31	Bárður Rógvason 100m: 1:33.39 (1:33.39)	2013 Suðuroyar Svímjifelag 100m: 1:33.39 (1:33.39)		110	1:33.39	+42.58
32	Jonnhard Winther 100m: 1:33.54 (1:33.54)	2015 Suðuroyar Svímjifelag 100m: 1:33.54 (1:33.54)		110	1:33.54	+42.73
33	Ian Strøm 100m: 1:33.59 (1:33.59)	2015 Suðuroyar Svímjifelag 100m: 1:33.59 (1:33.59)		109	1:33.59	+42.78



Úrslit

Kapping 6, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
34	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag 100m: 1:45.65 (1:45.65)		76	1:45.65	+54.84
35	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag 100m: 1:46.89 (1:46.89)		73	1:46.89	+56.08
36	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag 100m: 1:49.21 (1:49.21)		69	1:49.21	+58.40
37	Martin Carlsson	2013 Havnar Svímjifelag 100m: 1:54.42 (1:54.42)		60	1:54.42	+1:03.61
38	Óðin Renæsson	2015 Havnar Svímjifelag 100m: 1:55.20 (1:55.20)		58	1:55.20	+1:04.39
39	Torkil Jacobsen	2015 Havnar Svímjifelag 100m: 2:01.57 (2:01.57)		50	2:01.57	+1:10.76
-	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag			DSQ	
-	Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag			DNS	
-	Elias í Lágabø	2014 Suðuroyar Svímjifelag			DNS	
-	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 12:32:31

Kapping 7, 200m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø 50m: 31.95	2009 Suðuroyar Svímjifelag 100m: 1:07.43 (35.48) 150m: 1:44.44 (37.01)		586	2:22.06	(37.62)
-	Naomi Friang SW 6.4. Ikki varandi rørsla á búkinum í vend	2010 Fuglafjarðar Svímjifelag			DSQ	

Kapping almenn: 15.03.2025 10:53:55

Kapping 8, 200m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
FAR	1:59.98	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011
1	Bragi Bjarnason 50m: 42.84	2012 Havnar Svímjifelag 100m: 1:29.05 (46.21) 150m: 2:16.51 (47.46)		194	3:02.28	(45.77)
2	Terji Kjærbo 50m: 42.31	2012 Suðuroyar Svímjifelag 100m: 1:30.04 (47.73) 150m: 2:18.39 (48.35)		188	3:04.37	+2.09 (45.98)
3	Atli Nolsøe 50m: 49.44	2013 Havnar Svímjifelag 100m: 1:41.63 (52.19) 150m: 2:34.22 (52.59)		137	3:24.64	+22.36 (50.42)
4	Bárður Rógvason 50m: 51.24	2013 Suðuroyar Svímjifelag 100m: 1:47.56 (56.32) 150m: 2:43.54 (55.98)		114	3:37.57	+35.29 (54.03)
-	Aron Berg Joensen SW 6.4. Ikki varandi rørsla á búkinum í vend	2009 Havnar Svímjifelag			DSQ	
-	Jógvan Vesturtún SW 6.4. Ikki varandi rørsla á búkinum í vend	2013 Fuglafjarðar Svímjifelag			DSQ	
-	Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 10:54:17

Kapping 9, 50m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		648	32.77	
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		487	36.04	+3.27
3	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		472	36.42	+3.65
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		470	36.48	+3.71
5	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		464	36.64	+3.87



Úrslit

Kapping 9, 50m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Talita Johannesen	2010 Suðuroyar Svímjifelag		458	36.78	+4.01
7	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		382	39.08	+6.31
8	Durita Mohr Askham	2008 Svímjifelagið Ægir		378	39.23	+6.46
9	Mariella Henriksen	2010 Havnar Svímjifelag		355	40.06	+7.29
10	Naomi Friang	2010 Fuglafjarðar Svímjifelag		294	42.62	+9.85
11	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		282	43.25	+10.48
12	Jórun Winther	2011 Suðuroyar Svímjifelag		253	44.83	+12.06
13	India Linnea Bech	2011 Havnar Svímjifelag		249	45.04	+12.27
14	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag		219	47.04	+14.27
15	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		214	47.43	+14.66
16	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		202	48.31	+15.54
17	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		184	49.84	+17.07
18	Jonni B. Danielsen	2011 Svímjifelagið Flot		170	51.17	+18.40
19	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir		148	53.52	+20.75
20	Delaila H. Gregersen	2013 Svímjifelagið Ægir		145	53.94	+21.17
21	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir		124	56.87	+24.10
22	Olivia Johnsdóttir	2013 Svímjifelagið Ægir		112	58.78	+26.01
23	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag		107	59.64	+26.87
24	Leah Biskopstø Nielsen	2012 Havnar Svímjifelag		107	59.66	+26.89
25	Simona B. Jacobsen	2012 Svímjifelagið Flot		101	1:00.87	+28.10
26	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		99	1:01.17	+28.40
27	Urd Jákupsdóttir	2015 Havnar Svímjifelag		98	1:01.51	+28.74
28	Annabella Henriksen	2014 Havnar Svímjifelag		93	1:02.48	+29.71
29	Thorborg Joensen	2014 Havnar Svímjifelag		72	1:07.92	+35.15
30	Randi Brim Hvidbro	2012 Svímjifelagið Ægir		64	1:10.64	+37.87
31	Katrina Mc Intosh	2015 Havnar Svímjifelag		64	1:10.72	+37.95
32	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		63	1:11.07	+38.30
33	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir		63	1:11.18	+38.41
34	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag		61	1:12.00	+39.23
35	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		60	1:12.15	+39.38
36	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		60	1:12.16	+39.39
-	Sofía Gullstein Dalbø	2015 Svímjifelagið Reysti			DSQ	
	SW 7.1. Meira enn eitt firvaldbeinspark áðrenn fyrsta bringubeinspark					
-	Viktoria Klettskarð	2013 Svímjifelagið Ægir			DSQ	
	SW 7.1. 2 undirvatnstøk					
-	Sissal Ró Petersen	2013 Svímjifelagið Ægir			DSQ	
	SW 7.4. Ójavnt beinspark (ikki vatnrætt)					
-	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag			DNS	
-	Floria Skoradal á Húsamørk	2015 Svímjifelagið Reysti			DNS	

Kapping almenn: 15.03.2025 10:58:07

Kapping 10, 50m Bringu Menn - Final

FAR	28.30	Róland Toftum	1998 Suðuroyar Svímjifelag (FR Bergen (NOR)			11.12.2022
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bartal Erlingsson Eidesgaard	2003 Havnar Svímjifelag		613	29.37	
2	Heini Mohr Askham	2006 Svímjifelagið Ægir		594	29.67	+0.30
3	Jón Hofgaard	1992 Suðuroyar Svímjifelag		586	29.81	+0.44

16-03-2025 21:31.11

Dátaviðgerð: Swimify 2.12

Loyvt: Svímjifelagið Ægir

Síða 7/28



Úrslit

Kapping 10, 50m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		549	30.46	+1.09
5	Isak Brisenfeldt	2006 Havnar Svímjifelag		542	30.60	+1.23
6	Bárður Ólavsson	2008 Svímjifelagið Ægir		435	32.92	+3.55
7	Oddvaldur Leivsson	2008 Havnar Svímjifelag		369	34.78	+5.41
8	Teitur Winther	2005 Suðuroyar Svímjifelag		279	38.15	+8.78
9	Tórir Olsen	2011 Svímjifelagið Ægir		267	38.71	+9.34
10	Jónatan Samuelson	2010 Havnar Svímjifelag		239	40.15	+10.78
11	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		229	40.76	+11.39
12	Theodor Salter	2011 Havnar Svímjifelag		205	42.26	+12.89
13	Andrias Mellemgaard	2009 Havnar Svímjifelag		202	42.49	+13.12 SB8
14	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		196	42.95	+13.58
15	Teitur Miné Róason	2011 Havnar Svímjifelag		192	43.21	+13.84
16	Dávur Eið	2012 Suðuroyar Svímjifelag		180	44.16	+14.79
17	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		150	46.87	+17.50
18	Terji Kjærbo	2012 Suðuroyar Svímjifelag		149	47.00	+17.63
19	Sævar Strøm	2014 Suðuroyar Svímjifelag		138	48.17	+18.80
20	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		134	48.69	+19.32
21	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		111	51.77	+22.40
22	Tien Rasmussen	2012 Havnar Svímjifelag		110	51.94	+22.57
23	Ian Strøm	2015 Suðuroyar Svímjifelag		91	55.45	+26.08
24	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		78	58.16	+28.79
25	Jonhard Winther	2015 Suðuroyar Svímjifelag		71	1:00.04	+30.67
26	Tóki Niklasson Poulsen	2013 Svímjifelagið Flot		62	1:02.83	+33.46
27	Sámuel Jóhannusarson	2011 Fuglafjarðar Svímjifelag		59	1:03.95	+34.58
28	Óðin Renæsson	2015 Havnar Svímjifelag		43	1:10.70	+41.33
29	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		42	1:11.56	+42.19
30	Torkil Jacobsen	2015 Havnar Svímjifelag		42	1:11.60	+42.23
-	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti			DSQ	
	SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)					
-	Mattias Bech	2012 Havnar Svímjifelag			DSQ	
	SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)					
-	Martin Carlsson	2013 Havnar Svímjifelag			DSQ	
	SW 7.6. Hendurnar ikki samstundis í vegg í vending/mál					
-	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag			DSQ	
	SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)					
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DSQ	
	SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)					
-	Haraldur Mortensen	2010 Suðuroyar Svímjifelag			DSQ	
	SW 4.4 Tjónstartur (startari og yvirdómari skulu vera samdir)					
-	Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	
-	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 11:58:07

Kapping 11, 800m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
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Úrslit

Kapping 11, 800m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir		487	10:06.57	
	50m: 32.90	100m: 1:10.06 (37.16)	150m: 1:48.23 (38.17)	200m: 2:26.32 (38.09)		
	250m: 3:04.39 (38.07)	300m: 3:42.67 (38.28)	350m: 4:20.57 (37.90)	400m: 4:58.62 (38.05)		
	450m: 5:36.53 (37.91)	500m: 6:14.61 (38.08)	550m: 6:53.89 (39.28)	600m: 7:33.08 (39.19)		
	650m: 8:12.00 (38.92)	700m: 8:51.06 (39.06)	750m: 9:29.76 (38.70)	800m: 10:06.57 (36.81)		
2	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		423	10:35.87	+29.30
	50m: 35.02	100m: 1:14.21 (39.19)	150m: 1:53.27 (39.06)	200m: 2:33.05 (39.78)		
	250m: 3:12.72 (39.67)	300m: 3:53.22 (40.50)	350m: 4:33.45 (40.23)	400m: 5:13.38 (39.93)		
	450m: 5:53.38 (40.00)	500m: 6:33.39 (40.01)	550m: 7:14.10 (40.71)	600m: 7:54.87 (40.77)		
	650m: 8:35.51 (40.64)	700m: 9:16.89 (41.38)	750m: 9:57.19 (40.30)	800m: 10:35.87 (38.68)		
3	Lilja Sørensen	2011 Havnar Svímjifelag		360	11:10.55	+1:03.98
	50m: 37.53	100m: 1:18.24 (40.71)	150m: 2:00.02 (41.78)	200m: 2:42.49 (42.47)		
	250m: 3:25.18 (42.69)	300m: 4:08.30 (43.12)	350m: 4:50.56 (42.26)	400m: 5:33.55 (42.99)		
	450m: 6:15.75 (42.20)	500m: 6:58.75 (43.00)	550m: 7:41.70 (42.95)	600m: 8:24.60 (42.90)		
	650m: 9:07.55 (42.95)	700m: 9:49.92 (42.37)	750m: 10:31.33 (41.41)	800m: 11:10.55 (39.22)		

Kapping almenn: 15.03.2025 11:58:21

Kapping 12, 1500m Frí Menn - Final

FAR	14:26.54	Pál Joensen	1990 Suðuroyar Svímjifelag (FR)	Doha (QAT)	07.12.2014	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag			16:37.77	
	50m: 28.99	100m: 1:00.75 (31.76)	150m: 1:33.36 (32.61)	200m: 2:06.05 (32.69)		
	250m: 2:38.88 (32.83)	300m: 3:12.01 (33.13)	350m: 3:45.07 (33.06)	400m: 4:18.05 (32.98)		
	450m: 4:50.88 (32.83)	500m: 5:23.92 (33.04)	550m: 5:56.66 (32.74)	600m: 6:29.69 (33.03)		
	650m: 7:03.22 (33.53)	700m: 7:36.91 (33.69)	750m: 8:09.99 (33.08)	800m: 8:43.81 (33.82)		
	850m: 9:17.06 (33.25)	900m: 9:50.31 (33.25)	950m: 10:23.95 (33.64)	1000m: 10:57.49 (33.54)		
	1050m: 11:31.19 (33.70)	1100m: 12:05.01 (33.82)	1150m: 12:38.63 (33.62)	1200m: 13:12.52 (33.89)		
	1250m: 13:46.10 (33.58)	1300m: 14:20.14 (33.04)	1350m: 14:53.18 (33.04)	1400m: 15:29.81 (36.63)		
	1450m: 16:04.38 (34.57)	1500m: 16:37.77 (33.39)				

Kapping almenn: 15.03.2025 11:58:28

Kapping 13, 200m Firvald Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		618	2:20.42	
	50m: 31.81	100m: 1:07.54 (35.73)	150m: 1:43.33 (35.79)	200m: 2:20.42 (37.09)		
2	Jonna Joensen	2005 Svímjifelagið Ægir		552	2:25.74	+5.32
	50m: 31.45	100m: 1:08.02 (36.57)	150m: 1:46.18 (38.16)	200m: 2:25.74 (39.56)		
3	Halla Háfoss	2009 Havnar Svímjifelag		403	2:41.80	+21.38
	50m: 34.72	100m: 1:16.52 (41.80)	150m: 1:58.64 (42.12)	200m: 2:41.80 (43.16)		

Kapping almenn: 15.03.2025 17:12:55

Kapping 14, 200m Firvald Menn - Final

FAR	1:59.39	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Vejle (DEN)	02.12.2024	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		625	2:04.94	
	50m: 28.42	100m: 1:00.40 (31.98)	150m: 1:32.90 (32.50)	200m: 2:04.94 (32.04)		
2	Bárður Ólavsson	2008 Svímjifelagið Ægir		596	2:06.93	+1.99
	50m: 28.35	100m: 1:00.24 (31.89)	150m: 1:33.45 (33.21)	200m: 2:06.93 (33.48)		
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		267	2:45.87	+40.93
	50m: 36.84	100m: 1:18.35 (41.51)	150m: 2:02.50 (44.15)	200m: 2:45.87 (43.37)		

Kapping almenn: 15.03.2025 17:13:48

Kapping 15, 100m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		729	1:09.27	FAR
	50m: 32.91	100m: 1:09.27 (36.36)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		511	1:18.00	+8.73
	50m: 36.67	100m: 1:18.00 (41.33)				
3	Talita Johannesen	2010 Suðuroyar Svímjifelag		476	1:19.82	+10.55
	50m: 37.65	100m: 1:19.82 (42.17)				



Úrslit

Kapping 15, 100m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
4	Sissal Rógvadóttir 50m: 37.16	2010 Suðuroyar Svímjifelag 100m: 1:21.36 (44.20)		450	1:21.36	+12.09
5	Naomi Friang 50m: 42.95	2010 Fuglafjarðar Svímjifelag 100m: 1:31.62 (48.67)		315	1:31.62	+22.35
6	Rakul J Højbro 50m: 44.52	2011 Fuglafjarðar Svímjifelag 100m: 1:34.29 (49.77)		289	1:34.29	+25.02
7	India Linnea Bech 50m: 45.27	2011 Havnar Svímjifelag 100m: 1:35.72 (50.45)		276	1:35.72	+26.45
8	Felisia Florinsdóttir 50m: 47.16	2012 Fuglafjarðar Svímjifelag 100m: 1:38.37 (51.21)		254	1:38.37	+29.10
9	Noomi Hella Jacobsen 50m: 49.05	2012 Havnar Svímjifelag 100m: 1:46.27 (57.22)		202	1:46.27	+37.00
10	Sólfríð H. Johannessen 50m: 51.59	2013 Svímjifelagið Ægir 100m: 1:53.13 (1:01.54)		167	1:53.13	+43.86
11	Viktoria Klettskarð 50m: 55.21	2013 Svímjifelagið Ægir 100m: 1:57.17 (1:01.96)		150	1:57.17	+47.90
12	Delaila H. Gregersen 50m: 57.65	2013 Svímjifelagið Ægir 100m: 1:58.54 (1:00.89)		145	1:58.54	+49.27
13	Olivia Johnsdóttir 50m: 1:00.17	2013 Svímjifelagið Ægir 100m: 2:07.48 (1:07.31)		117	2:07.48	+58.21
14	Karita Tórðardóttir 50m: 1:00.42	2013 Suðuroyar Svímjifelag 100m: 2:10.57 (1:10.15)		108	2:10.57	+1:01.30
15	Elisabet Leivsdóttir 50m: 1:02.51	2014 Havnar Svímjifelag 100m: 2:10.91 (1:08.40)		108	2:10.91	+1:01.64
16	Annabella Henriksen 50m: 1:04.81	2014 Havnar Svímjifelag 100m: 2:15.61 (1:10.80)		97	2:15.61	+1:06.34
17	Urd Jákupsdóttir 50m: 1:00.08	2015 Havnar Svímjifelag 100m: 2:15.67 (1:15.59)		97	2:15.67	+1:06.40
18	Lillian Kjeld Olsen 50m: 1:07.07	2014 Havnar Svímjifelag 100m: 2:26.92 (1:19.85)		76	2:26.92	+1:17.65
19	Katrina Mc Intosh 50m: 1:11.21	2015 Havnar Svímjifelag 100m: 2:28.70 (1:17.49)		73	2:28.70	+1:19.43
20	Kaya Ziska Hofgaard 50m: 1:16.63	2014 Havnar Svímjifelag 100m: 2:32.88 (1:16.25)		67	2:32.88	+1:23.61
21	Røskvá Rún Bjarnadóttir 50m: 1:14.49	2015 Havnar Svímjifelag 100m: 2:37.27 (1:22.78)		62	2:37.27	+1:28.00
-	Lisa Emilsdóttir Hofgaard SW 7.6. Hendurnar ikki samstundis í vegg í vending/mál	2015 Havnar Svímjifelag			DSQ	
-	Thorborg Joensen SW 7.1. Meira enn eitt firvaldbeinspark áðrenn fyrsta bringubeinspark	2014 Havnar Svímjifelag			DSQ	
-	Mariella Henriksen	2010 Havnar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 17:26:42

Kapping 16, 100m Bringu Menn - Final

FAR	1:02.08	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bartal Erlingsson Eidesgaard 50m: 29.75	2003 Havnar Svímjifelag 100m: 1:03.97 (34.22)		645	1:03.97	
2	Jón Hofgaard 50m: 30.83	1992 Suðuroyar Svímjifelag 100m: 1:05.10 (34.27)		612	1:05.10	+1.13
3	Heini Mohr Askham 50m: 30.27	2006 Svímjifelagið Ægir 100m: 1:05.66 (35.39)		596	1:05.66	+1.69
4	Fróði Hansen 50m: 30.95	2008 Fuglafjarðar Svímjifelag 100m: 1:06.10 (35.15)		584	1:06.10	+2.13
5	Sigbjartur J. Egholm 50m: 38.89	2009 Havnar Svímjifelag 100m: 1:25.70 (46.81)		268	1:25.70	+21.73

16-03-2025 21:31:12

Dátaviðgerð: Swimify 2.12

Loyvt: Svímjifelagið Ægir

Síða 10/28



Úrslit

Kapping 16, 100m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
6	Dávur Eið	2012 Suðuroyar Svímjifelag		187	1:36.62	+32.65
	50m: 44.80	100m: 1:36.62 (51.82)				
7	Andrias Mellemgard	2009 Havnar Svímjifelag		180	1:37.75	+33.78 SB8
	50m: 45.87	100m: 1:37.75 (51.88)				
8	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		173	1:39.05	+35.08
	50m: 48.88	100m: 1:39.05 (50.17)				
9	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		165	1:40.78	+36.81
	50m: 47.78	100m: 1:40.78 (53.00)				
10	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		144	1:45.41	+41.44
	50m: 50.38	100m: 1:45.41 (55.03)				
11	Terji Kjærbo	2012 Suðuroyar Svímjifelag		139	1:46.60	+42.63
	50m: 50.22	100m: 1:46.60 (56.38)				
12	Sævar Strøm	2014 Suðuroyar Svímjifelag		135	1:47.63	+43.66
	50m: 50.42	100m: 1:47.63 (57.21)				
13	Tien Rasmussen	2012 Havnar Svímjifelag		110	1:55.06	+51.09
	50m: 54.40	100m: 1:55.06 (1:00.66)				
14	Mattias Bech	2012 Havnar Svímjifelag		109	1:55.59	+51.62
	50m: 56.18	100m: 1:55.59 (59.41)				
15	Ian Strøm	2015 Suðuroyar Svímjifelag		90	2:02.94	+58.97
	50m: 57.84	100m: 2:02.94 (1:05.10)				
16	Jonnhard Winther	2015 Suðuroyar Svímjifelag		81	2:07.46	+1:03.49
	50m: 1:00.42	100m: 2:07.46 (1:07.04)				
17	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		75	2:10.95	+1:06.98
	50m: 1:01.93	100m: 2:10.95 (1:09.02)				
18	Bárður Rógvason	2013 Suðuroyar Svímjifelag		65	2:17.16	+1:13.19
	50m: 1:03.91	100m: 2:17.16 (1:13.25)				
19	Sámuel Jóhannusarson	2011 Fuglafjarðar Svímjifelag		63	2:18.58	+1:14.61
	50m: 1:04.43	100m: 2:18.58 (1:14.15)				
20	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag		55	2:25.36	+1:21.39
	50m: 1:11.93	100m: 2:25.36 (1:13.43)				
21	Torkil Jacobsen	2015 Havnar Svímjifelag		54	2:25.99	+1:22.02
	50m: 1:08.65	100m: 2:25.99 (1:17.34)				
-	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag			DSQ	
	SW 7.1. Meira enn eitt firvaldbeinspark áðrenn fyrsta bringubeinspark					
-	Óðin Renésson	2015 Havnar Svímjifelag			DSQ	
	SW 7.1. 2 undirvatnstøk					
-	Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	
-	Elias í Lágabø	2014 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 17:42:58

Kapping 17, 50m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifelag		650	26.47	
2	Jórun Winther	2011 Suðuroyar Svímjifelag		541	28.13	+1.66
3	Durita Mohr Askham	2008 Svímjifelagið Ægir		518	28.55	+2.08
4	Emma Debes	2010 Suðuroyar Svímjifelag		474	29.39	+2.92
5	Lea Petersen	2009 Svímjifelagið Ægir		474	29.40	+2.93
6	Kaja Waag Kallesøe	2005 Suðuroyar Svímjifelag		473	29.42	+2.95
7	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag		471	29.47	+3.00
8	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		460	29.69	+3.22
9	Halla Háfoss	2009 Havnar Svímjifelag		429	30.39	+3.92
10	Talita Johannesen	2010 Suðuroyar Svímjifelag		396	31.20	+4.73



Úrslit

Kapping 17, 50m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
11	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		361	32.20	+5.73
12	Lilja Sørensen	2011 Havnar Svímjifelag		356	32.33	+5.86
13	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		356	32.34	+5.87
14	Naomi Friang	2010 Fuglafjarðar Svímjifelag		342	32.77	+6.30
15	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		332	33.11	+6.64
16	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		297	34.36	+7.89
17	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		284	34.86	+8.39
18	Jonni B. Danielsen	2011 Svímjifelagið Flot		277	35.15	+8.68
19	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		245	36.63	+10.16
20	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag		239	36.93	+10.46
21	Maj Munk Krøyer	2005 Suðuroyar Svímjifelag		231	37.37	+10.90
22	Randi Brim Hvidbro	2012 Svímjifelagið Ægir		211	38.49	+12.02
23	Simona B. Jacobsen	2012 Svímjifelagið Flot		197	39.38	+12.91
24	Leah Biskopstø Nielsen	2012 Havnar Svímjifelag		194	39.56	+13.09
25	Olivia Johnsdóttir	2013 Svímjifelagið Ægir		183	40.37	+13.90
26	Delaila H. Gregersen	2013 Svímjifelagið Ægir		175	40.96	+14.49
27	Viktoria Klettskarð	2013 Svímjifelagið Ægir		159	42.31	+15.84
28	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		147	43.39	+16.92
29	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir		145	43.63	+17.16
30	Tóta Sofía Gudmundsen	2014 Suðuroyar Svímjifelag		139	44.16	+17.69
31	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir		130	45.17	+18.70
32	Sissal Ró Petersen	2013 Svímjifelagið Ægir		128	45.43	+18.96
33	Thorborg Joensen	2014 Havnar Svímjifelag		122	46.16	+19.69
34	Urd Jákupsdóttir	2015 Havnar Svímjifelag		113	47.29	+20.82
35	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		112	47.48	+21.01
36	Lillian Kjeld Olsen	2014 Havnar Svímjifelag		108	48.09	+21.62
37	Fíona Gullstein Dalbø	2014 Svímjifelagið Reysti		98	49.59	+23.12
38	Annabella Henriksen	2014 Havnar Svímjifelag		98	49.72	+23.25
39	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag		96	49.93	+23.46
40	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag		91	50.85	+24.38
41	Sofía Gullstein Dalbø	2015 Svímjifelagið Reysti		85	52.11	+25.64
42	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		66	56.46	+29.99
-	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir			DSQ	
	SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)					
-	Katrina Mc Intosh	2015 Havnar Svímjifelag			DSQ	
	SW 4.4. Tjónstartur (startari og yvirdómari skulu vera samdir)					
-	India Linnea Bech	2011 Havnar Svímjifelag			DNS	
-	Maifríð Skibenæs	2013 Svímjifelagið Flot			DNS	
-	Floria Skoradal á Húsamørk	2015 Svímjifelagið Reysti			DNS	

Kapping almenn: 15.03.2025 18:19:46

Kapping 18, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
FAR	22.83	Bartal Erlingsson Eidesg	2003 Havnar Svímjifelag (FRO)	Torshavn (FRO)		09.11.2024
1	Oddvaldur Leivsson	2008 Havnar Svímjifelag		514	25.16	
2	Bárður Ólavsson	2008 Svímjifelagið Ægir		468	25.95	+0.79



Úrslit

Kapping 18, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		436	26.57	+1.41
4	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		415	27.02	+1.86
5	Tórir Olsen	2011 Svímjifelagið Ægir		412	27.08	+1.92
6	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		379	27.84	+2.68
7	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		372	28.02	+2.86
8	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		366	28.16	+3.00
9	Benjamin Havn	2011 Svímjifelagið Ægir		365	28.19	+3.03
10	Theodor Salter	2011 Havnar Svímjifelag		344	28.76	+3.60
11	Aron Berg Joensen	2009 Havnar Svímjifelag		342	28.82	+3.66
12	Teitur Winther	2005 Suðuroyar Svímjifelag		326	29.29	+4.13
13	Jónatan Samuelson	2010 Havnar Svímjifelag		323	29.36	+4.20
14	Jens Martin Dam	2009 Havnar Svímjifelag		314	29.65	+4.49
=15	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		296	30.23	+5.07
=15	Nóa Róason Stakksund	2011 Havnar Svímjifelag		296	30.23	+5.07
17	Símur Eliassen	2011 Havnar Svímjifelag		269	31.23	+6.07
18	Dávur Eið	2012 Suðuroyar Svímjifelag		256	31.73	+6.57
19	Terji Kjærbo	2012 Suðuroyar Svímjifelag		249	32.02	+6.86
20	Andrias Mellemsgaard	2009 Havnar Svímjifelag		209	33.92	+8.76 S9
21	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		204	34.20	+9.04
22	Bragi Bjarnason	2012 Havnar Svímjifelag		190	35.01	+9.85
23	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag		190	35.03	+9.87
24	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		182	35.52	+10.36
=25	Sævar Strøm	2014 Suðuroyar Svímjifelag		171	36.31	+11.15
=25	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		171	36.31	+11.15
27	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti		164	36.80	+11.64
28	Atli Nolsøe	2013 Havnar Svímjifelag		158	37.28	+12.12
29	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		151	37.81	+12.65
30	Tien Rasmussen	2012 Havnar Svímjifelag		141	38.68	+13.52
31	Mattias Bech	2012 Havnar Svímjifelag		139	38.84	+13.68
32	Sámuel Jóhannusarson	2011 Fuglafjarðar Svímjifelag		129	39.84	+14.68
=33	Tóki Niklasson Poulsen	2013 Svímjifelagið Flot		110	41.99	+16.83
=33	Jonnhard Winther	2015 Suðuroyar Svímjifelag		110	41.99	+16.83
35	Niels Jacob Thomsen	2014 Suðuroyar Svímjifelag		108	42.31	+17.15
36	Bárður Rógvason	2013 Suðuroyar Svímjifelag		107	42.40	+17.24
37	Ian Strøm	2015 Suðuroyar Svímjifelag		106	42.52	+17.36
38	Mattias Kjeld Olsen	2012 Havnar Svímjifelag		106	42.54	+17.38
39	Bjarti Karbech í Hjøllum	2015 Havnar Svímjifelag		80	46.64	+21.48
40	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag		63	50.51	+25.35
41	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		63	50.62	+25.46
42	Óðin Renésson	2015 Havnar Svímjifelag		49	54.95	+29.79
43	Torkil Jacobsen	2015 Havnar Svímjifelag		46	55.94	+30.78
-	Martin Carlsson	2013 Havnar Svímjifelag			DNS	
-	Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	
-	Elias í Lágabø	2014 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 18:20:51



Úrslit

Kapping 19, 100m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø 50m: 30.74	2009 Suðuroyar Svímjifelag 100m: 1:04.82 (34.08)		607	1:04.82	
2	Rebekka Róðinsdóttir 50m: 33.34	2007 Fuglafjarðar Svímjifelag 100m: 1:08.54 (35.20)		513	1:08.54	+3.72
3	Jórun Winther 50m: 35.96	2011 Suðuroyar Svímjifelag 100m: 1:13.85 (37.89)		410	1:13.85	+9.03
4	Sirið Vesturtún 50m: 36.01	2011 Fuglafjarðar Svímjifelag 100m: 1:14.59 (38.58)		398	1:14.59	+9.77
5	Emma Debes 50m: 36.86	2010 Suðuroyar Svímjifelag 100m: 1:18.25 (41.39)		345	1:18.25	+13.43
6	Talita Johannesen 50m: 38.82	2010 Suðuroyar Svímjifelag 100m: 1:20.53 (41.71)		316	1:20.53	+15.71
7	Naomi Friang 50m: 41.47	2010 Fuglafjarðar Svímjifelag 100m: 1:23.74 (42.27)		281	1:23.74	+18.92
8	Lea í Trøðini 50m: 42.26	2011 Suðuroyar Svímjifelag 100m: 1:27.95 (45.69)		243	1:27.95	+23.13
9	Simona B. Jacobsen 50m: 50.28	2012 Svímjifelagið Flot 100m: 1:44.41 (54.13)		145	1:44.41	+39.59
10	Leah Biskopstø Nielsen 100m: 1:47.69 (1:47.69)	2012 Havnar Svímjifelag 100m: 1:47.69 (1:47.69)		132	1:47.69	+42.87
11	Sissal Ró Petersen 50m: 59.83	2013 Svímjifelagið Ægir 100m: 2:02.51 (1:02.68)		89	2:02.51	+57.69
12	Jonna Steinberg Joensen 50m: 1:01.87	2014 Svímjifelagið Ægir 100m: 2:03.19 (1:01.32)		88	2:03.19	+58.37
13	Tabita Vón Ebbadóttir 50m: 1:01.76	2013 Svímjifelagið Ægir 100m: 2:03.73 (1:01.97)		87	2:03.73	+58.91
14	Kaya Ziska Hofgaard 50m: 1:01.39	2014 Havnar Svímjifelag 100m: 2:05.38 (1:03.99)		83	2:05.38	+1:00.56
-	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag			DNS	
-	Maifrið Skibenæs	2013 Svímjifelagið Flot			DNS	

Kapping almenn: 15.03.2025 18:39:55

Kapping 20, 100m Rygg Menn - Final

FAR	54.45	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Óli Mikkelsen 50m: 29.35	2008 Havnar Svímjifelag 100m: 59.78 (30.43)		528	59.78	
2	Oddvaldur Leivsson 50m: 29.39	2008 Havnar Svímjifelag 100m: 1:01.33 (31.94)		489	1:01.33	+1.55
3	Bjarti Ludvig 50m: 33.13	2006 Suðuroyar Svímjifelag 100m: 1:11.02 (37.89)		315	1:11.02	+11.24
4	Tórir Olsen 50m: 37.08	2011 Svímjifelagið Ægir 100m: 1:15.96 (38.88)		257	1:15.96	+16.18
5	Terji Kjærbo 50m: 40.06	2012 Suðuroyar Svímjifelag 100m: 1:24.31 (44.25)		188	1:24.31	+24.53
6	Jógvan Vesturtún 50m: 44.08	2013 Fuglafjarðar Svímjifelag 100m: 1:28.13 (44.05)		164	1:28.13	+28.35
7	Bragi Bjarnason 50m: 43.37	2012 Havnar Svímjifelag 100m: 1:28.22 (44.85)		164	1:28.22	+28.44
8	Dávur Eið 100m: 1:28.26 (1:28.26)	2012 Suðuroyar Svímjifelag 100m: 1:28.26 (1:28.26)		164	1:28.26	+28.48
9	Kian Sairoid Villanueva 50m: 43.61	2013 Fuglafjarðar Svímjifelag 100m: 1:28.52 (44.91)		162	1:28.52	+28.74
10	Aron Berg Joensen 50m: 43.29	2009 Havnar Svímjifelag 100m: 1:32.26 (48.97)		143	1:32.26	+32.48



Úrslit

Kapping 20, 100m Rygg Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
11	Fróði Bárðarson Dahl 50m: 46.99	2013 Havnar Svímjifelag 100m: 1:35.21 (48.22)		130	1:35.21	+35.43
12	Atli Nolsøe 50m: 46.42	2013 Havnar Svímjifelag 100m: 1:37.04 (50.62)		123	1:37.04	+37.26
13	Bárður Rógvason 50m: 51.16	2013 Suðuroyar Svímjifelag 100m: 1:47.28 (56.12)		91	1:47.28	+47.50
14	Tóki Niklasson Poulsen 100m: 1:52.03 (1:52.03)	2013 Svímjifelagið Flot		80	1:52.03	+52.25
15	Mattias Bech 50m: 53.55	2012 Havnar Svímjifelag 100m: 1:52.18 (58.63)		79	1:52.18	+52.40
16	Bjarti Karbech í Hjøllum 50m: 59.66	2015 Havnar Svímjifelag 100m: 2:02.94 (1:03.28)		60	2:02.94	+1:03.16
-	Bænadikt Helig Eliassen SW 6.4. Ikki varandi rørsla á búkinum í vend	2013 Fuglafjarðar Svímjifelag			DSQ	
-	Torkil Jacobsen SW 6.5. Á búkinum á mál	2015 Havnar Svímjifelag			DSQ	
-	Sofus Rúnason Johannesen SW 6.4. Setti av á búkinum aftan á vend	2012 Havnar Svímjifelag			DSQ	
-	Mattias Kjeld Olsen SW 6.4. Ikki varandi rørsla á búkinum í vend	2012 Havnar Svímjifelag			DSQ	
-	Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 18:50:49

Kapping 21, 100m Blandað Kvinnur - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted 50m: 30.65	2008 Svímjifelagið Ægir 100m: 1:05.87 (35.22)		631	1:05.87	
2	Jóhanna Ólavsdóttir 50m: 31.71	2007 Svímjifelagið Ægir 100m: 1:09.93 (38.22)		527	1:09.93	+4.06
3	Jonna Joensen 50m: 30.69	2005 Svímjifelagið Ægir 100m: 1:11.62 (40.93)		491	1:11.62	+5.75
4	Durita Mohr Askham 50m: 33.07	2008 Svímjifelagið Ægir 100m: 1:12.85 (39.78)		466	1:12.85	+6.98
5	Sissal Rógvadóttir 50m: 35.41	2010 Suðuroyar Svímjifelag 100m: 1:17.77 (42.36)		383	1:17.77	+11.90
6	Naomi Friang 50m: 40.28	2010 Fuglafjarðar Svímjifelag 100m: 1:23.86 (43.58)		305	1:23.86	+17.99
7	Lilja Sørensen 50m: 38.02	2011 Havnar Svímjifelag 100m: 1:23.93 (45.91)		305	1:23.93	+18.06
8	Lea Í Trøðini 50m: 41.15	2011 Suðuroyar Svímjifelag 100m: 1:28.89 (47.74)		256	1:28.89	+23.02
9	Rakul J Højbro 50m: 45.37	2011 Fuglafjarðar Svímjifelag 100m: 1:29.05 (43.68)		255	1:29.05	+23.18
10	Lilja Strøm Winther 50m: 42.70	2009 Suðuroyar Svímjifelag 100m: 1:32.00 (49.30)		231	1:32.00	+26.13
11	Noomi Hella Jacobsen 50m: 44.64	2012 Havnar Svímjifelag 100m: 1:34.59 (49.95)		213	1:34.59	+28.72
12	Felisia Florinsdóttir 50m: 45.72	2012 Fuglafjarðar Svímjifelag 100m: 1:34.65 (48.93)		212	1:34.65	+28.78
13	Sólfríð H. Johannessen 50m: 45.14	2013 Svímjifelagið Ægir 100m: 1:35.32 (50.18)		208	1:35.32	+29.45
14	Jonni B. Danielsen 50m: 49.70	2011 Svímjifelagið Flot 100m: 1:41.97 (52.27)		170	1:41.97	+36.10
15	Leah Biskopstø Nielsen 50m: 47.92	2012 Havnar Svímjifelag 100m: 1:44.68 (56.76)		157	1:44.68	+38.81

16-03-2025 21:31.15

Dátaviðgerð: Swimify 2.12

Loyvt: Svímjifelagið Ægir

Síða 15/28



Úrslit

Kapping 21, 100m Blandað Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
16	Viktoria Klettskarð 50m: 49.62	2013 Svímjifelagið Ægir 100m: 1:46.37 (56.75)		149	1:46.37	+40.50
17	Delaila H. Gregersen 50m: 49.63	2013 Svímjifelagið Ægir 100m: 1:47.51 (57.88)		145	1:47.51	+41.64
18	Simona B. Jacobsen 50m: 50.31	2012 Svímjifelagið Flot 100m: 1:51.02 (1:00.71)		131	1:51.02	+45.15
19	Elisabet Leivsdóttir 50m: 57.74	2014 Havnar Svímjifelag 100m: 1:54.66 (56.92)		119	1:54.66	+48.79
20	Jonna Steinberg Joensen 50m: 57.58	2014 Svímjifelagið Ægir 100m: 2:00.34 (1:02.76)		103	2:00.34	+54.47
21	Katrina Mc Intosh 50m: 58.07	2015 Havnar Svímjifelag 100m: 2:01.67 (1:03.60)		100	2:01.67	+55.80
22	Thorborg Joensen 50m: 1:00.76	2014 Havnar Svímjifelag 100m: 2:05.26 (1:04.50)		91	2:05.26	+59.39
23	Sissal Ró Petersen 50m: 59.13	2013 Svímjifelagið Ægir 100m: 2:07.47 (1:08.34)		87	2:07.47	+1:01.60
24	Urd Jákupsdóttir 50m: 59.53	2015 Havnar Svímjifelag 100m: 2:07.85 (1:08.32)		86	2:07.85	+1:01.98
-	Tóta Sofía Gudmundsen SW 5.1 Svam somu svímjigrein sum áður er svomin í blandað	2014 Suðuroyar Svímjifelag			DSQ	
-	Annabella Henriksen SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)	2014 Havnar Svímjifelag			DSQ	
-	Kaya Ziska Hofgaard SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)	2014 Havnar Svímjifelag			DSQ	
-	Lisa Emilsdóttir Hofgaard SW 10.4 Nart ikki við vegg in í vending	2015 Havnar Svímjifelag			DSQ	
-	Randi Brim Hvidbro SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)	2012 Svímjifelagið Ægir			DSQ	
-	Olivia Johnsóttir SW 9.4. Svímjigrein var ikki fullførd rætt. (viðmerk hvør svímjigrein)	2013 Svímjifelagið Ægir			DSQ	
-	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag			DNS	
-	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 19:12:50

Kapping 22, 100m Blandað Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bartal Erlingsson Eidesgaard 50m: 27.54	2003 Havnar Svímjifelag 100m: 58.69 (31.15)		591	58.69	
2	Heini Mohr Askham 50m: 28.37	2006 Svímjifelagið Ægir 100m: 1:00.88 (32.51)		530	1:00.88	+2.19
3	Fróði Hansen 50m: 28.87	2008 Fuglafjarðar Svímjifelag 100m: 1:01.42 (32.55)		516	1:01.42	+2.73
4	Bjarti Ludvig 100m: 1:10.41 (1:10.41)	2006 Suðuroyar Svímjifelag		342	1:10.41	+11.72
5	Benjamin Havn 50m: 34.21	2011 Svímjifelagið Ægir 100m: 1:15.81 (41.60)		274	1:15.81	+17.12
6	Haraldur Mortensen 50m: 34.45	2010 Suðuroyar Svímjifelag 100m: 1:16.87 (42.42)		263	1:16.87	+18.18
7	Fríðálvur Eliassen 50m: 36.93	2011 Fuglafjarðar Svímjifelag 100m: 1:17.17 (40.24)		260	1:17.17	+18.48
8	Teitur Miné Róason 50m: 35.10	2011 Havnar Svímjifelag 100m: 1:17.86 (42.76)		253	1:17.86	+19.17



Úrslit

Kapping 22, 100m Blandað Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
9	Símun Eliassen 50m: 39.67	2011 Havnar Svímjifelag 100m: 1:25.99 (46.32)		188	1:25.99	+27.30
10	Terji Kjærbo 50m: 38.76	2012 Suðuroyar Svímjifelag 100m: 1:27.47 (48.71)		178	1:27.47	+28.78
11	Andrias Mellemgard 50m: 41.75	2009 Havnar Svímjifelag 100m: 1:27.64 (45.89)		177	1:27.64	+28.95
12	Jógvan Vesturtún 50m: 44.68	2013 Fuglafjarðar Svímjifelag 100m: 1:30.91 (46.23)		159	1:30.91	+32.22
13	Bragi Bjarnason 50m: 40.90	2012 Havnar Svímjifelag 100m: 1:31.83 (50.93)		154	1:31.83	+33.14
14	Bænadikt Helig Eliassen 50m: 43.80	2013 Fuglafjarðar Svímjifelag 100m: 1:32.16 (48.36)		152	1:32.16	+33.47
15	Aleks Uadhaw Thomsen 50m: 43.27	2013 Havnar Svímjifelag 100m: 1:33.00 (49.73)		148	1:33.00	+34.31
16	Fróði Bárðarson Dahl 50m: 45.49	2013 Havnar Svímjifelag 100m: 1:35.60 (50.11)		136	1:35.60	+36.91
17	Sævar Strøm 50m: 44.42	2014 Suðuroyar Svímjifelag 100m: 1:37.00 (52.58)		131	1:37.00	+38.31
18	Petur Eli K. á Høvdanum 50m: 44.88	2015 Svímjifelagið Reysti 100m: 1:41.04 (56.16)		116	1:41.04	+42.35
19	Tien Rasmussen 50m: 48.82	2012 Havnar Svímjifelag 100m: 1:43.87 (55.05)		106	1:43.87	+45.18
20	Atli Nolsøe 50m: 48.98	2013 Havnar Svímjifelag 100m: 1:44.86 (55.88)		103	1:44.86	+46.17
21	Ian Strøm 100m: 1:51.87 (1:51.87)	2015 Suðuroyar Svímjifelag		85	1:51.87	+53.18
22	Niels Jacob Thomsen 50m: 52.78	2014 Suðuroyar Svímjifelag 100m: 1:51.97 (59.19)		85	1:51.97	+53.28
23	Tóki Niklasson Poulsen 100m: 1:59.06 (1:59.06)	2013 Svímjifelagið Flot		70	1:59.06	+1:00.37
24	Bjarti Karbech í Hjøllum 50m: 1:01.15	2015 Havnar Svímjifelag 100m: 2:05.76 (1:04.61)		60	2:05.76	+1:07.07
25	Mattias Kjeld Olsen 50m: 59.93	2012 Havnar Svímjifelag 100m: 2:09.48 (1:09.55)		55	2:09.48	+1:10.79
26	Sofus Rúnason Johannesen 50m: 1:06.98	2012 Havnar Svímjifelag 100m: 2:18.27 (1:11.29)		45	2:18.27	+1:19.58
27	Lukas Finsson Ellingsgaard 100m: 2:19.15 (2:19.15)	2016 Havnar Svímjifelag		44	2:19.15	+1:20.46
-	Óðin Renésson SW 9.4. Svímjigrein var ikki fullförd rætt. (viðmerk hvør svímjigrein)	2015 Havnar Svímjifelag			DSQ	
-	Jonhard Winther SW 9.4. Svímjigrein var ikki fullförd rætt. (viðmerk hvør svímjigrein)	2015 Suðuroyar Svímjifelag			DSQ	
-	Martin Carlsson	2013 Havnar Svímjifelag			DNS	
-	Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	
-	Elias í Lágabø	2014 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 19:24:00

Kapping 23, 400m Frí Kvinnur - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Lea Petersen 50m: 31.87 250m: 2:57.12 (37.07)	2009 Svímjifelagið Ægir 100m: 1:07.09 (35.22) 150m: 1:43.31 (36.22) 300m: 3:34.54 (37.42) 350m: 4:12.44 (37.90)		510	4:49.50	
2	Jórun Winther 50m: 32.44 250m: 3:01.79 (38.72)	2011 Suðuroyar Svímjifelag 100m: 1:08.30 (35.86) 150m: 1:45.43 (37.13) 300m: 3:41.37 (39.58) 350m: 4:21.84 (40.47)		453	5:00.96	+11.46
					200m: 2:20.05 (36.74) 400m: 4:49.50 (37.06)	
					200m: 2:23.07 (37.64) 400m: 5:00.96 (39.12)	



Úrslit

Kapping 23, 400m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Mariella Henriksen	2010 Havnar Svímjifelag		430	5:06.34	+16.84
	50m: 32.93	100m: 1:09.49 (36.56)	150m: 1:48.36 (38.87)		200m: 2:27.84 (39.48)	
	250m: 3:07.58 (39.74)	300m: 3:47.40 (39.82)	350m: 4:27.23 (39.83)		400m: 5:06.34 (39.11)	
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		424	5:07.66	+18.16
	50m: 33.08	100m: 1:10.28 (37.20)	150m: 1:48.84 (38.56)		200m: 2:27.89 (39.05)	
	250m: 3:07.78 (39.89)	300m: 3:47.48 (39.70)	350m: 4:27.63 (40.15)		400m: 5:07.66 (40.03)	
5	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		209	6:29.49	+1:39.99
	50m: 41.42	100m: 1:30.13 (48.71)	150m: 2:20.81 (50.68)		200m: 3:11.20 (50.39)	
	250m: 4:02.25 (51.05)	300m: 4:51.81 (49.56)	350m: 5:42.85 (51.04)		400m: 6:29.49 (46.64)	
6	Leah Biskopstø Nielsen	2012 Havnar Svímjifelag		124	7:42.77	+2:53.27
	50m: 45.78	100m: 1:40.39 (54.61)	150m: 2:38.82 (58.43)		200m: 3:11.20 (50.39)	
			350m: 6:42.16 (6:42.16)		400m: 7:42.77 (1:00.61)	
	- Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 19:38:24

Kapping 24, 400m Frí Menn - Final

FAR	3:40.12	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Istanbul (TUR)	10.12.2009		
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		718	3:57.02	
	50m: 26.83	100m: 56.73 (29.90)	150m: 1:26.71 (29.98)		200m: 1:57.23 (30.52)	
	250m: 2:27.75 (30.52)	300m: 2:58.09 (30.34)	350m: 3:28.08 (29.99)		400m: 3:57.02 (28.94)	
2	Silas Dam Lindberg	2008 Havnar Svímjifelag		633	4:07.07	+10.05
	50m: 27.35	100m: 57.44 (30.09)	150m: 1:28.37 (30.93)		200m: 1:59.69 (31.32)	
	250m: 2:31.52 (31.83)	300m: 3:03.27 (31.75)	350m: 3:35.39 (32.12)		400m: 4:07.07 (31.68)	
3	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		570	4:15.95	+18.93
	50m: 28.07	100m: 59.67 (31.60)	150m: 1:31.56 (31.89)		200m: 2:03.97 (32.41)	
	250m: 2:37.01 (33.04)	300m: 3:10.01 (33.00)	350m: 3:43.22 (33.21)		400m: 4:15.95 (32.73)	
4	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		478	4:31.37	+34.35
	50m: 30.01	100m: 1:03.88 (33.87)	150m: 1:38.57 (34.69)		200m: 2:13.44 (34.87)	
	250m: 2:48.22 (34.78)	300m: 3:23.75 (35.53)	350m: 3:58.03 (34.28)		400m: 4:31.37 (33.34)	
5	Tórir Olsen	2011 Svímjifelagið Ægir		454	4:35.96	+38.94
	50m: 30.21	100m: 1:04.65 (34.44)	150m: 1:40.11 (35.46)		200m: 2:15.83 (35.72)	
	250m: 2:52.07 (36.24)	300m: 3:28.16 (36.09)	350m: 4:03.45 (35.29)		400m: 4:35.96 (32.51)	
6	Benjamin Havn	2011 Svímjifelagið Ægir		377	4:53.64	+56.62
	50m: 33.07	100m: 1:10.85 (37.78)	150m: 1:49.30 (38.45)		200m: 2:27.30 (38.00)	
	250m: 3:05.19 (37.89)	300m: 3:43.36 (38.17)	350m: 4:20.18 (36.82)		400m: 4:53.64 (33.46)	
7	Jónatan Samuelsen	2010 Havnar Svímjifelag		375	4:54.26	+57.24
	50m: 33.10	100m: 1:09.59 (36.49)	150m: 1:46.83 (37.24)		200m: 2:24.18 (37.35)	
	250m: 3:02.14 (37.96)	300m: 3:40.95 (38.81)	350m: 4:18.42 (37.47)		400m: 4:54.26 (35.84)	
8	Jens Martin Dam	2009 Havnar Svímjifelag		375	4:54.32	+57.30
	50m: 32.64	100m: 1:09.97 (37.33)	150m: 1:47.65 (37.68)		200m: 2:24.63 (36.98)	
	250m: 3:02.80 (38.17)	300m: 3:41.07 (38.27)	350m: 4:18.88 (37.81)		400m: 4:54.32 (35.44)	
9	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		338	5:04.44	+1:07.42
	50m: 36.01	100m: 1:15.33 (39.32)	150m: 1:54.32 (38.99)		200m: 2:33.61 (39.29)	
	250m: 3:12.48 (38.87)	300m: 3:51.80 (39.32)	350m: 4:29.21 (37.41)		400m: 5:04.44 (35.23)	
10	Nóa Róason Stakksund	2011 Havnar Svímjifelag		249	5:37.13	+1:40.11
	50m: 37.06	100m: 1:19.74 (42.68)	150m: 2:04.18 (44.44)		200m: 2:47.88 (43.70)	
	250m: 3:31.80 (43.92)	300m: 4:14.71 (42.91)	350m: 4:58.22 (43.51)		400m: 5:37.13 (38.91)	
11	Bragi Bjarnason	2012 Havnar Svímjifelag		231	5:45.55	+1:48.53
	50m: 35.93	100m: 1:18.60 (42.67)	150m: 2:03.98 (45.38)		200m: 2:49.76 (45.78)	
	250m: 3:34.88 (45.12)	300m: 4:19.75 (44.87)	350m: 5:02.91 (43.16)		400m: 5:45.55 (42.64)	
12	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		189	6:09.28	+2:12.26
	50m: 44.37	100m: 1:31.52 (47.15)	150m: 2:19.25 (47.73)		200m: 3:05.45 (46.20)	
	250m: 3:51.49 (46.04)	300m: 4:38.76 (47.27)	350m: 5:25.75 (46.99)		400m: 6:09.28 (43.53)	
13	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		144	6:44.60	+2:47.58
	50m: 44.43	100m: 1:34.33 (49.90)	150m: 2:26.57 (52.24)		200m: 3:19.85 (53.28)	
	250m: 4:11.77 (51.92)	300m: 5:05.66 (53.89)	350m: 5:57.10 (51.44)		400m: 6:44.60 (47.50)	
14	Atli Nolsøe	2013 Havnar Svímjifelag		144	6:44.82	+2:47.80
	50m: 44.00	100m: 1:33.94 (49.94)	150m: 2:26.50 (52.56)		200m: 3:20.64 (54.14)	
	250m: 4:13.65 (53.01)	300m: 5:06.42 (52.77)	350m: 5:57.49 (51.07)		400m: 6:44.82 (47.33)	
	- Teitur Miné Róason	2011 Havnar Svímjifelag			DNS	

16-03-2025 21:31.16

Dátaviðgerð: Swimify 2.12

Loyvt: Svímjifelagið Ægir

Síða 18/28



Úrslit

Kapping 24, 400m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
-	Theodor Salter	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 15.03.2025 20:04:47

Kapping 25, 4x50m Frí Kvinnur - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	Svímjifelagið Ægir		18 Svímjifelagið Ægir	536	1:53.87	
	Lea Petersen	2009		29.55	29.55	
	Lea Osberg Højsted	2008	+0.30	26.96	56.51	
	Durita Mohr Askham	2008	+0.33	28.54	1:25.05	
	Jóhanna Ólavsdóttir	2007	+0.33	28.82	1:53.87	
2	HS Kvinnur		16 Havnar Svímjifelag	406	2:04.88	+11.01
	Mariella Henriksen	2010		30.25	30.25	
	Lilja Sørensen	2011	+0.76	33.60	1:03.85	
	Lilja Lenvig Harrysdóttir	2009	+0.70	30.83	1:34.68	
	Halla Háfoss	2009	+0.39	30.20	2:04.88	
3	Fuglafjarðar Svímjifelag		15 Fuglafjarðar Svímjifelag	323	2:14.78	+20.91
	Naomi Friang	2010		32.18	32.18	
	Felisia Florinsdóttir	2012	+0.45	37.80	1:09.98	
	Sirið Vesturtún	2011	+0.42	30.21	1:40.19	
	Rakul J Højbro	2011	+0.34	34.59	2:14.78	
4	Svímjifelagið Ægir lið 2		13 Svímjifelagið Ægir	183	2:42.77	+48.90
	Randi Brim Hvidbro	2012		37.84	37.84	
	Tabita Vón Ebbadóttir	2013	+0.46	45.26	1:23.10	
	Olivia Johnsdóttir	2013	+0.55	42.63	2:05.73	
	Sólfríð H. Johannessen	2013	+0.73	37.04	2:42.77	
5	HS Juniorar		14 Havnar Svímjifelag	160	2:50.22	+56.35
	Noomi Hella Jacobsen	2012		39.11	39.11	
	Leah Biskopstø Nielsen	2012	+0.44	40.63	1:19.74	
	Urd Jákupsdóttir	2015	+0.45	48.98	2:08.72	
	India Linnea Bech	2011	---	41.50	2:50.22	
6	Svímjifelagið Ægir lið 2		12 Svímjifelagið Ægir	142	2:56.94	+1:03.0
	Delaila H. Gregersen	2013		40.43	40.43	
	Sissal Ró Petersen	2013	---			
	Jonna Steinberg Joensen	2014	+0.63	2:17.03	2:17.03	
	Viktoria Klettskarð	2013	---	39.91	2:56.94	
7	HS Gentur		11 Havnar Svímjifelag	127	3:03.80	+1:09.9
	Katrina Mc Intosh	2015		42.57	42.57	
	Lisa Emilsdóttir Hofgaard	2015	+0.51			
	Elisabet Leivsdóttir	2014	+0.19	2:16.47	2:16.47	
	Thorborg Joensen	2014	---	47.33	3:03.80	
8	HS Smágentur		11 Havnar Svímjifelag	86	3:28.93	+1:35.0
	Annabella Henriksen	2014		50.32	50.32	
	Kaya Ziska Hofgaard	2014	---	1:00.13	1:50.45	
	Lillian Kjeld Olsen	2014	---	49.02	2:39.47	
	Røskvá Rún Bjarnadóttir	2015	---	49.46	3:28.93	



Úrslit

Kapping 25, 4x50m Frí Kvinnur - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
-	Suðuroyar Svímjifelag	16	Suðuroyar Svímjifelag		DSQ	
	SW 10.13. Lið í liðsvímjng svam í skeivari raðfylgju					
	Emma Debes	2010		40.36	40.36	
	Tóta Sofía Gudmundsen	2014	+1.00		DSQ	
	Lea í Trøðini	2011	+0.59			
	Bjarta í Lágabø	2009	+0.54			
-	Suðuroyar Svímjifelag 2	15	Suðuroyar Svímjifelag		DSQ	
	SW 10.13. Lið í liðsvímjng svam í skeivari raðfylgju					
	Sissal Rógvadóttir	2010		29.57	29.57	
	Karita Tórðardóttir	2013	+0.29		DSQ	
	Talita Johannesen	2010	+0.38			
	Jórun Winther	2011	+0.84			

Kapping almenn: 15.03.2025 20:32:22

Kapping 26, 4x50m Frí Menn - Final

FAR	1:34.25	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024	
Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
1	HS Menn	22	Havnar Svímjifelag	576	1:38.28	
	Oddvaldur Leivsson	2008		25.87	25.87	
	Isak Brisenfeldt	2006	+0.23	23.93	49.80	
	Silas Dam Lindberg	2008	+0.22	25.27	1:15.07	
	Bartal Erlingsson Eidesgaard	2003	+0.39	23.21	1:38.28	
2	Svímjeflagið Ægir	19	Svímjeflagið Ægir	471	1:45.10	+6.82
	Benjamin Havn	2011		28.41	28.41	
	Bárður Ólavsson	2008	+0.60	25.89	54.30	
	Heini Mohr Askham	2006	+0.19	23.92	1:18.22	
	Tórir Olsen	2011	+0.12	26.88	1:45.10	
3	HS Juniorar	17	Havnar Svímjifelag	417	1:49.43	+11.15
	Ólavur Winther Jákupsson	2008		27.10	27.10	
	Sigbjartur J. Egholm	2009	+0.88	28.66	55.76	
	Óli Mikkelsen	2008	+0.27	25.60	1:21.36	
	Jóhannis í Stórustovu	2011	+0.30	28.07	1:49.43	
4	HS Dreingir	16	Havnar Svímjifelag	315	2:00.15	+21.87
	Aron Berg Joensen	2009		28.77	28.77	
	Teitur Miné Róason	2011	+0.63	29.90	58.67	
	Jónatan Samuelsen	2010	+0.21	29.66	1:28.33	
	Theodor Salter	2011	+0.94	31.82	2:00.15	
5	HS Unglingar	16	Havnar Svímjifelag	246	2:10.49	+32.21
	Símun Eliassen	2011		31.25	31.25	
	Andrias Mellemsgaard	2009	S9 +0.84	35.14	1:06.39	
	Jens Martin Dam	2009	+0.97	31.92	1:38.31	
	Nóa Róason Stakksund	2011	-.--	32.18	2:10.49	
6	Fuglafjarðar Svímjifelag	14	Fuglafjarðar Svímjifelag	189	2:22.51	+44.23
	Bænadikt Helig Eliassen	2013		38.30	38.30	
	Jógván Vesturtún	2013	+0.52	37.19	1:15.49	
	Kian Sairold Villanueva	2013	+0.31	35.99	1:51.48	
	Fríðálvur Eliassen	2011	+0.02	31.03	2:22.51	



Úrslit

Kapping 26, 4x50m Frí Menn - Final

Raðf	Navn	Aldur	Felag	AQU	Tíð	Munur
7	HS Piltar		13 Havnar Svímjifelag	170	2:27.42	+49.14
	Atli Nolsøe	2013		38.61	38.61	
	Aleks Uadhaw Thomsen	2013		+0.27	38.10	1:16.71
	Fróði Bárðarson Dahl	2013		+0.51	34.45	1:51.16
	Bragi Bjarnason	2012		+0.64	36.26	2:27.42
8	HS Smádreingir		13 Havnar Svímjifelag	96	2:58.15	+1:19.8
	Tien Rasmussen	2012		38.51	38.51	
	Sofus Rúnason Johannesen	2012		+0.83	53.92	1:32.43
	Mattias Kjeld Olsen	2012		+0.54	47.02	2:19.45
	Mattias Bech	2012		+0.66	38.70	2:58.15
9	HS Kúllar		10 Havnar Svímjifelag	55	3:34.85	+1:56.5
	Bjarti Karbech í Hjøllum	2015		49.23	49.23	
	Óðin Renésson	2015		+0.23	54.24	1:43.47
	Lukas Finsson Ellingsgaard	2016		---	58.91	2:42.38
	Torkil Jacobsen	2015		---	52.47	3:34.85
-	Suðuroyar Svímjifelag		19 Suðuroyar Svímjifelag			DNS
	Sævar Strøm	2014				
	Terji Kjærbo	2012				
	Bjarti Ludvig	2006				
	Ian Strøm	2015				
-	Suðuroyar Svímjifelag lag 2		15 Suðuroyar Svímjifelag			DNS
	Dávur Eið	2012				
	Bárður Rógvason	2013				
	Haraldur Mortensen	2010				
	Niels Jacob Thomsen	2014				

Kapping almenn: 15.03.2025 20:32:50

Kapping 27, 200m Blandað Kvinnur - Final

Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		631	2:22.02	
	50m: 30.24	100m: 1:06.11 (35.87)	150m: 1:47.34 (41.23)	200m: 2:22.02 (34.68)		
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		537	2:29.90	+7.88
	50m: 32.67	100m: 1:10.07 (37.40)	150m: 1:53.79 (43.72)	200m: 2:29.90 (36.11)		
3	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		499	2:33.57	+11.55
	50m: 32.26	100m: 1:10.92 (38.66)	150m: 1:57.18 (46.26)	200m: 2:33.57 (36.39)		
4	Durita Mohr Askham	2008 Svímjifelagið Ægir		447	2:39.35	+17.33
	50m: 33.43	100m: 1:13.45 (40.02)	150m: 2:01.49 (48.04)	200m: 2:39.35 (37.86)		
5	Halla Háfoss	2009 Havnar Svímjifelag		421	2:42.56	+20.54
	50m: 34.38	100m: 1:19.14 (44.76)	150m: 2:05.45 (46.31)	200m: 2:42.56 (37.11)		
6	Talita Johannesen	2010 Suðuroyar Svímjifelag		420	2:42.72	+20.70
	50m: 35.39	100m: 1:17.40 (42.01)	150m: 2:02.83 (45.43)	200m: 2:42.72 (39.89)		
7	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		250	3:13.20	+51.18
	50m: 42.63	100m: 1:29.21 (46.58)	150m: 2:29.50 (1:00.29)	200m: 3:13.20 (43.70)		
8	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir		197	3:29.38	+1:07.36
	50m: 47.62	100m: 1:40.19 (52.57)	150m: 2:43.00 (1:02.81)	200m: 3:29.38 (46.38)		
9	Viktoria Klettskarð	2013 Svímjifelagið Ægir		185	3:33.53	+1:11.51
	50m: 49.44	100m: 1:44.09 (54.65)	150m: 2:46.06 (1:01.97)	200m: 3:33.53 (47.47)		

Kapping almenn: 16.03.2025 14:14:36

Kapping 28, 200m Blandað Menn - Final

FAR	2:01.97	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Torshavn (FRO))	14.04.2012		
Raðf	Navn	Føðiá Felag	R.T	AQU	Tíð	Munur

16-03-2025 21:31:17

Dátaviðgerð: Swimify 2.12

Loyvt: Svímjifelagið Ægir

Síða 21/28



Úrslit

Kapping 28, 200m Blandað Menn - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Heini Mohr Askham	2006 Svímjifelagið Ægir		589	2:10.73	
	50m: 27.75	100m: 1:03.33 (35.58)	150m: 1:40.33 (37.00)		200m: 2:10.73 (30.40)	
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		565	2:12.57	+1.84
	50m: 28.10	100m: 1:03.47 (35.37)	150m: 1:40.70 (37.23)		200m: 2:12.57 (31.87)	
3	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		316	2:40.82	+30.09
	50m: 35.88	100m: 1:17.67 (41.79)	150m: 2:05.39 (47.72)		200m: 2:40.82 (35.43)	
4	Terji Kjærbo	2012 Suðuroyar Svímjifelag		204	3:06.01	+55.28
	50m: 39.42	100m: 1:24.97 (45.55)	150m: 2:26.40 (1:01.43)		200m: 3:06.01 (39.61)	
5	Bragi Bjarnason	2012 Havnar Svímjifelag		180	3:13.82	+1:03.09
	50m: 42.62	100m: 1:31.26 (48.64)	150m: 2:31.33 (1:00.07)		200m: 3:13.82 (42.49)	
6	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		159	3:22.25	+1:11.52
	50m: 42.61	100m: 1:35.03 (52.42)	150m: 2:32.74 (57.71)		200m: 3:22.25 (49.51)	

Kapping almenn: 16.03.2025 14:18:33

Kapping 29, 200m Frí Kvinnur - Final

Raðf	Navn	Føðia Félag	R.T	AQU	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifelag		596	2:11.03	
	50m: 29.20	100m: 1:01.93 (32.73)	150m: 1:36.42 (34.49)		200m: 2:11.03 (34.61)	
2	Jórun Winther	2011 Suðuroyar Svímjifelag		510	2:17.99	+6.96
	50m: 29.79	100m: 1:03.62 (33.83)	150m: 1:40.82 (37.20)		200m: 2:17.99 (37.17)	
3	Lea Petersen	2009 Svímjifelagið Ægir		486	2:20.24	+9.21
	50m: 30.85	100m: 1:05.71 (34.86)	150m: 1:43.05 (37.34)		200m: 2:20.24 (37.19)	
4	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		449	2:24.00	+12.97
	50m: 32.50	100m: 1:09.15 (36.65)	150m: 1:46.49 (37.34)		200m: 2:24.00 (37.51)	
5	Emma Debes	2010 Suðuroyar Svímjifelag		378	2:32.54	+21.51
	50m: 33.79	100m: 1:11.96 (38.17)	150m: 1:52.59 (40.63)		200m: 2:32.54 (39.95)	
6	Lilja Sørensen	2011 Havnar Svímjifelag		363	2:34.63	+23.60
	50m: 35.53	100m: 1:15.46 (39.93)	150m: 1:56.05 (40.59)		200m: 2:34.63 (38.58)	
7	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		321	2:41.01	+29.98
	50m: 36.80	100m: 1:17.42 (40.62)	150m: 1:59.07 (41.65)		200m: 2:41.01 (41.94)	
8	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		289	2:46.80	+35.77
	50m: 36.80	100m: 1:17.81 (41.01)	150m: 2:02.07 (44.26)		200m: 2:46.80 (44.73)	
9	Jonni B. Danielsen	2011 Svímjifelagið Flot		194	3:10.28	+59.25
	50m: 40.22	100m: 1:27.99 (47.77)	150m: 2:20.09 (52.10)		200m: 3:10.28 (50.19)	
10	Randi Brim Hvidbro	2012 Svímjifelagið Ægir		186	3:13.22	+1:02.19
	50m: 41.99	100m: 1:32.46 (50.47)	150m: 2:24.45 (51.99)		200m: 3:13.22 (48.77)	
11	Simona B. Jacobsen	2012 Svímjifelagið Flot		174	3:17.22	+1:06.19
	50m: 44.56	100m: 1:35.51 (50.95)	150m: 2:27.17 (51.66)		200m: 3:17.22 (50.05)	
12	Leah Biskopstø Nielsen	2012 Havnar Svímjifelag		152	3:26.65	+1:15.62
	50m: 43.82	100m: 1:35.50 (51.68)	150m: 2:31.52 (56.02)		200m: 3:26.65 (55.13)	
13	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		145	3:29.70	+1:18.67
	50m: 48.05	100m: 1:40.84 (52.79)	150m: 2:36.14 (55.30)		200m: 3:29.70 (53.56)	
14	Delaila H. Gregersen	2013 Svímjifelagið Ægir		141	3:31.85	+1:20.82
	50m: 48.42	100m: 1:43.08 (54.66)	150m: 2:41.69 (58.61)		200m: 3:31.85 (50.16)	
15	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir		134	3:35.41	+1:24.38
	50m: 48.14	100m: 1:44.80 (56.66)	150m: 2:43.60 (58.80)		200m: 3:35.41 (51.81)	
16	Thorborg Joensen	2014 Havnar Svímjifelag		120	3:43.03	+1:32.00
	50m: 50.91	100m: 1:47.83 (56.92)	150m: 2:45.98 (58.15)		200m: 3:43.03 (57.05)	
17	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir		120	3:43.08	+1:32.05
		100m: 1:47.92 (1:47.92)			200m: 3:43.08 (3:43.08)	
18	Sissal Ró Petersen	2013 Svímjifelagið Ægir		107	3:51.64	+1:40.61
	50m: 52.26	100m: 1:53.59 (1:01.33)	150m: 2:55.90 (1:02.31)		200m: 3:51.64 (55.74)	
19	Urd Jákupsdóttir	2015 Havnar Svímjifelag		107	3:52.16	+1:41.13
	50m: 46.91	100m: 1:49.94 (1:03.03)	150m: 2:54.62 (1:04.68)		200m: 3:52.16 (57.54)	
20	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		107	3:52.18	+1:41.15
	50m: 51.77	100m: 1:51.73 (59.96)	150m: 2:51.66 (59.93)		200m: 3:52.18 (1:00.52)	



Úrslit

Kapping 29, 200m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
21	Annabella Henriksen	2014 Havnar Svímjifelag		97	3:59.33	+1:48.30
	50m: 51.07	100m: 1:51.47 (1:00.40)	150m: 2:55.70 (1:04.23)		200m: 3:59.33 (1:03.63)	
22	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		79	4:16.09	+2:05.06
	50m: 1:00.69	100m: 2:06.44 (1:05.75)	150m: 3:12.16 (1:05.72)		200m: 4:16.09 (1:03.93)	
-	Katrina Mc Intosh	2015 Havnar Svímjifelag			DSQ	
	SW 10.2. Fullførði ikki kappingina					
-	India Linnea Bech	2011 Havnar Svímjifelag			DNS	
-	Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag			DNS	
-	Mariella Henriksen	2010 Havnar Svímjifelag			DNS	
-	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag			DNS	
-	Maifrið Skibenæs	2013 Svímjifelagið Flot			DNS	

Kapping almenn: 16.03.2025 14:44:57

Kapping 30, 200m Frí Menn - Final

FAR 1:46.61 Pál Joensen 1990 Suðuroyar Svímjifelag (FR Rijeka (CRO) 14.12.2008

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Oddvaldur Leivsson	2008 Havnar Svímjifelag		587	1:58.67	
	50m: 26.18	100m: 55.45 (29.27)	150m: 1:26.59 (31.14)		200m: 1:58.67 (32.08)	
2	Bárður Ólavsson	2008 Svímjifelagið Ægir		507	2:04.58	+5.91
	50m: 28.35	100m: 59.41 (31.06)	150m: 1:32.14 (32.73)		200m: 2:04.58 (32.44)	
3	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		457	2:08.94	+10.27
	50m: 28.66	100m: 1:00.92 (32.26)	150m: 1:34.90 (33.98)		200m: 2:08.94 (34.04)	
4	Tórir Olsen	2011 Svímjifelagið Ægir		456	2:09.06	+10.39
	50m: 29.87	100m: 1:03.02 (33.15)	150m: 1:36.77 (33.75)		200m: 2:09.06 (32.29)	
5	Aron Berg Joensen	2009 Havnar Svímjifelag		404	2:14.36	+15.69
	50m: 30.13	100m: 1:02.27 (32.14)	150m: 1:37.26 (34.99)		200m: 2:14.36 (37.10)	
6	Benjamin Havn	2011 Svímjifelagið Ægir		385	2:16.50	+17.83
	50m: 31.22	100m: 1:06.64 (35.42)	150m: 1:42.84 (36.20)		200m: 2:16.50 (33.66)	
7	Jens Martin Dam	2009 Havnar Svímjifelag		372	2:18.05	+19.38
	50m: 31.43	100m: 1:06.77 (35.34)	150m: 1:42.73 (35.96)		200m: 2:18.05 (35.32)	
8	Jónatan Samuelsen	2010 Havnar Svímjifelag		335	2:22.98	+24.31
	50m: 32.36	100m: 1:07.97 (35.61)	150m: 1:44.88 (36.91)		200m: 2:22.98 (38.10)	
9	Theodor Salter	2011 Havnar Svímjifelag		308	2:27.04	+28.37
	50m: 33.11	100m: 1:11.28 (38.17)	150m: 1:49.64 (38.36)		200m: 2:27.04 (37.40)	
10	Teitur Miné Róason	2011 Havnar Svímjifelag		286	2:30.70	+32.03
	50m: 32.30	100m: 1:09.99 (37.69)	150m: 1:50.21 (40.22)		200m: 2:30.70 (40.49)	
11	Dávur Eið	2012 Suðuroyar Svímjifelag		286	2:30.73	+32.06
	50m: 34.35	100m: 1:13.19 (38.84)	150m: 1:53.51 (40.32)		200m: 2:30.73 (37.22)	
12	Símun Eliassen	2011 Havnar Svímjifelag		280	2:31.72	+33.05
	50m: 33.67	100m: 1:12.08 (38.41)	150m: 1:52.65 (40.57)		200m: 2:31.72 (39.07)	
13	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		217	2:45.24	+46.57
	50m: 37.13	100m: 1:19.03 (41.90)	150m: 2:02.99 (43.96)		200m: 2:45.24 (42.25)	
14	Andrias Mellemgard	2009 Havnar Svímjifelag		209	2:47.42	+48.75 S9
	50m: 35.21	100m: 1:18.11 (42.90)	150m: 2:02.69 (44.58)		200m: 2:47.42 (44.73)	
15	Kian Sairold Villanueva	2013 Fuglafjarðar Svímjifelag		190	2:52.80	+54.13
	50m: 39.20	100m: 1:23.86 (44.66)	150m: 2:09.44 (45.58)		200m: 2:52.80 (43.36)	
16	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		179	2:56.02	+57.35
	50m: 36.32	100m: 1:19.73 (43.41)	150m: 2:08.39 (48.66)		200m: 2:56.02 (47.63)	
17	Atli Nolsøe	2013 Havnar Svímjifelag		178	2:56.50	+57.83
	50m: 39.34	100m: 1:24.50 (45.16)	150m: 2:10.93 (46.43)		200m: 2:56.50 (45.57)	
18	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		173	2:58.00	+59.33
	50m: 39.30	100m: 1:22.95 (43.65)	150m: 2:05.41 (42.46)		200m: 2:58.00 (52.59)	
19	Mattias Bech	2012 Havnar Svímjifelag		135	3:13.24	+1:14.57
	50m: 44.80	100m: 1:34.39 (49.59)	150m: 2:25.28 (50.89)		200m: 3:13.24 (47.96)	



Úrslit

Kapping 30, 200m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
20	Tien Rasmussen	2012 Havnar Svímjifelag		122	3:20.23	+1:21.56
		150m: 2:34.36 (2:34.36)		200m: 3:20.23 (45.87)		
21	Jonnhard Winther	2015 Suðuroyar Svímjifelag		118	3:22.53	+1:23.86
	50m: 46.37	100m: 1:39.58 (53.21)	150m: 2:33.72 (54.14)	200m: 3:22.53 (48.81)		
22	Tóki Niklasson Poulsen	2013 Svímjifelagið Flot		89	3:42.42	+1:43.75
	50m: 47.21	100m: 1:43.74 (56.53)	150m: 2:44.52 (1:00.78)	200m: 3:42.42 (57.90)		
23	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		86	3:44.96	+1:46.29
	50m: 50.80	100m: 1:49.63 (58.83)	150m: 2:47.80 (58.17)	200m: 3:44.96 (57.16)		
24	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag		60	4:12.99	+2:14.32
	50m: 58.27	100m: 2:03.27 (1:05.00)	150m: 3:09.34 (1:06.07)	200m: 4:12.99 (1:03.65)		
25	Torkil Jacobsen	2015 Havnar Svímjifelag		57	4:17.15	+2:18.48
	50m: 55.80			200m: 4:17.15 (4:17.15)		
-	Isak Brisenfeldt	2006 Havnar Svímjifelag			DNS	
-	Martin Carlsson	2013 Havnar Svímjifelag			DNS	
-	Elias í Lágabø	2014 Suðuroyar Svímjifelag			DNS	
-	Mattias Kjeld Olsen	2012 Havnar Svímjifelag			DNS	

Kapping almenn: 16.03.2025 15:05:19

Kapping 31, 100m Firvald Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Svímjifelagið Ægir		600	1:04.07	
	50m: 30.17	100m: 1:04.07 (33.90)				
2	Jonna Joensen	2005 Svímjifelagið Ægir		519	1:07.22	+3.15
	50m: 30.35	100m: 1:07.22 (36.87)				
3	Róa Trygvadóttir	2008 Svímjifelagið Ægir		499	1:08.13	+4.06
	50m: 31.61	100m: 1:08.13 (36.52)				
4	Halla Háfoss	2009 Havnar Svímjifelag		414	1:12.49	+8.42
	50m: 33.74	100m: 1:12.49 (38.75)				
-	Randi Brim Hvidbro	2012 Svímjifelagið Ægir			DNS	

Kapping almenn: 16.03.2025 15:05:36

Kapping 32, 100m Firvald Menn - Final

FAR	53.67	Ísak Brisenfeldt	2006 Havnar Svímjifelag (FRO)	Torshavn (FRO)	09.11.2024	
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		652	55.08	
	50m: 25.89	100m: 55.08 (29.19)				
2	Áki Eliassen	2006 Havnar Svímjifelag		608	56.38	+1.30
	50m: 25.82	100m: 56.38 (30.56)				
3	Bárður Ólavsson	2008 Svímjifelagið Ægir		522	59.33	+4.25
	50m: 28.00	100m: 59.33 (31.33)				
4	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		298	1:11.46	+16.38
	50m: 32.33	100m: 1:11.46 (39.13)				
5	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		281	1:12.91	+17.83
	50m: 34.14	100m: 1:12.91 (38.77)				
6	Benjamin Havn	2011 Svímjifelagið Ægir		193	1:22.61	+27.53
	50m: 37.54	100m: 1:22.61 (45.07)				

Kapping almenn: 16.03.2025 15:06:06

Kapping 33, 50m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		612	29.73	
2	Jonna Joensen	2005 Svímjifelagið Ægir		524	31.31	+1.58
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		472	32.41	+2.68
4	Jórun Winther	2011 Suðuroyar Svímjifelag		446	33.03	+3.30



Úrslit

Kapping 33, 50m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
5	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		409	33.99	+4.26
6	Emma Debes	2010 Suðuroyar Svímjifelag		379	34.87	+5.14
7	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		325	36.69	+6.96
8	Talita Johannesen	2010 Suðuroyar Svímjifelag		318	36.99	+7.26
9	Naomi Friang	2010 Fuglafjarðar Svímjifelag		272	38.97	+9.24
10	Lilja Sørensen	2011 Havnar Svímjifelag		268	39.14	+9.41
11	Lea Í Trøðini	2011 Suðuroyar Svímjifelag		240	40.60	+10.87
12	Rakul J Højbro	2011 Fuglafjarðar Svímjifelag		238	40.74	+11.01
13	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		206	42.70	+12.97
14	Simona B. Jacobsen	2012 Svímjifelagið Flot		180	44.66	+14.93
15	Delaila H. Gregersen	2013 Svímjifelagið Ægir		173	45.27	+15.54
16	Randi Brim Hvidbro	2012 Svímjifelagið Ægir		165	45.97	+16.24
17	Leah Biskopstø Nielsen	2012 Havnar Svímjifelag		133	49.37	+19.64
18	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		110	52.58	+22.85
19	Jonna Steinberg Joensen	2014 Svímjifelagið Ægir		101	54.18	+24.45
20	Tabita Vón Ebbadóttir	2013 Svímjifelagið Ægir		98	54.72	+24.99
21	Annabella Henriksen	2014 Havnar Svímjifelag		93	55.62	+25.89
22	Sissal Ró Petersen	2013 Svímjifelagið Ægir		92	55.87	+26.14
23	Lisa Emilsdóttir Hofgaard	2015 Havnar Svímjifelag		90	56.20	+26.47
24	Thorborg Joensen	2014 Havnar Svímjifelag		80	58.43	+28.70
25	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		71	1:00.90	+31.17
-	Røskvá Rún Bjarnadóttir	2015 Havnar Svímjifelag			DNS	
-	Lillian Kjeld Olsen	2014 Havnar Svímjifelag			DNS	
-	Katrina Mc Intosh	2015 Havnar Svímjifelag			DNS	
-	Sissal Rógvadóttir	2010 Suðuroyar Svímjifelag			DNS	
-	Maifríð Skibenæs	2013 Svímjifelagið Flot			DNS	
-	Floria Skoradal á Húsamørk	2015 Svímjifelagið Reysti			DNS	

Kapping almenn: 16.03.2025 15:31:32

Kapping 34, 50m Rygg Menn - Final

FAR	25.22	Magnus Jákupsson	1994	Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		546	27.05	
2	Óli Mikkelsen	2008 Havnar Svímjifelag		511	27.64	+0.59
3	Oddvaldur Leivsson	2008 Havnar Svímjifelag		427	29.35	+2.30
4	Bjarti Ludvig	2006 Suðuroyar Svímjifelag		331	31.96	+4.91
5	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		299	33.05	+6.00
6	Aron Berg Joensen	2009 Havnar Svímjifelag		281	33.73	+6.68
7	Haraldur Mortensen	2010 Suðuroyar Svímjifelag		269	34.25	+7.20
8	Jónatan Samuelson	2010 Havnar Svímjifelag		264	34.44	+7.39
9	Benjamin Havn	2011 Svímjifelagið Ægir		253	34.94	+7.89
10	Teitur Winther	2005 Suðuroyar Svímjifelag		250	35.07	+8.02
11	Jens Martin Dam	2009 Havnar Svímjifelag		246	35.26	+8.21
12	Tórir Olsen	2011 Svímjifelagið Ægir		239	35.58	+8.53
13	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		233	35.89	+8.84
14	Fríðálvur Eliassen	2011 Fuglafjarðar Svímjifelag		210	37.14	+10.09



Úrslit

Kapping 34, 50m Rygg Menn - Final

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
15	Terji Kjærbo	2012 Suðuroyar Svímjifelag		206	37.40	+10.35
16	Teitur Miné Róason	2011 Havnar Svímjifelag		203	37.58	+10.53
=17	Dávur Eið	2012 Suðuroyar Svímjifelag		177	39.35	+12.30
=17	Símun Eliassen	2011 Havnar Svímjifelag		177	39.35	+12.30
19	Bragi Bjarnason	2012 Havnar Svímjifelag		146	41.95	+14.90
20	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		139	42.67	+15.62
21	Kian Sairoid Villanueva	2013 Fuglafjarðar Svímjifelag		133	43.29	+16.24
22	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		120	44.80	+17.75
23	Fróði Bárðarson Dahl	2013 Havnar Svímjifelag		116	45.29	+18.24
24	Bænadikt Helig Eliassen	2013 Fuglafjarðar Svímjifelag		115	45.37	+18.32
25	Jonnhard Winther	2015 Suðuroyar Svímjifelag		113	45.72	+18.67
26	Sámuel Jóhannusarson	2011 Fuglafjarðar Svímjifelag		111	45.98	+18.93
27	Atli Nolsøe	2013 Havnar Svímjifelag		108	46.29	+19.24
28	Tien Rasmussen	2012 Havnar Svímjifelag		105	46.81	+19.76
29	Petur Eli K. á Høvdanum	2015 Svímjifelagið Reysti		94	48.49	+21.44
30	Torkil Jacobsen	2015 Havnar Svímjifelag		74	52.65	+25.60
31	Mattias Bech	2012 Havnar Svímjifelag		73	52.69	+25.64
32	Sofus Rúnason Johannesen	2012 Havnar Svímjifelag		52	58.91	+31.86
33	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag		40	1:04.46	+37.41
	- Tóki Niklasson Poulsen	2013 Svímjifelagið Flot			DSQ	
	SW 6.4. Ikki varandi rørsla á búkinum í vend					
	- Martin Carlsson	2013 Havnar Svímjifelag			DNS	
	- Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	
	- Elias í Lágabø	2014 Suðuroyar Svímjifelag			DNS	
	- Mattias Kjeld Olsen	2012 Havnar Svímjifelag			DNS	

Kapping almenn: 16.03.2025 15:41:46

Kapping 35, 200m Bringu Kvinnur - Final

Raðf	Navn	Fæðia Félag	R.T	AQU	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		672	2:33.59	
	50m: 34.32	100m: 1:13.47 (39.15)	150m: 1:53.47 (40.00)	200m: 2:33.59 (40.12)		
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		425	2:58.96	+25.37
	50m: 39.49	100m: 1:25.08 (45.59)	150m: 2:11.46 (46.38)	200m: 2:58.96 (47.50)		
3	Lilja Lenvig Harrysdóttir	2009 Havnar Svímjifelag		369	3:07.53	+33.94
	50m: 42.03	100m: 1:29.85 (47.82)	150m: 2:18.96 (49.11)	200m: 3:07.53 (48.57)		
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		365	3:08.13	+34.54
	50m: 42.22	100m: 1:29.83 (47.61)	150m: 2:18.95 (49.12)	200m: 3:08.13 (49.18)		
5	India Linnea Bech	2011 Havnar Svímjifelag		280	3:25.50	+51.91
	50m: 47.73	100m: 1:40.05 (52.32)	150m: 2:32.19 (52.14)	200m: 3:25.50 (53.31)		
6	Noomi Hella Jacobsen	2012 Havnar Svímjifelag		232	3:38.78	+1:05.19
	50m: 48.50	100m: 1:45.14 (56.64)	150m: 2:42.75 (57.61)	200m: 3:38.78 (56.03)		
7	Viktoria Klettskarð	2013 Svímjifelagið Ægir		180	3:58.07	+1:24.48
	50m: 55.48	100m: 1:57.32 (1:01.84)	150m: 2:58.39 (1:01.07)	200m: 3:58.07 (59.68)		
8	Sólfríð H. Johannessen	2013 Svímjifelagið Ægir		175	4:00.51	+1:26.92
	50m: 53.91	100m: 1:56.43 (1:02.52)	150m: 2:58.42 (1:01.99)	200m: 4:00.51 (1:02.09)		
9	Elisabet Leivsdóttir	2014 Havnar Svímjifelag		108	4:42.02	+2:08.43
	50m: 1:03.54	100m: 2:14.56 (1:11.02)	150m: 3:29.57 (1:15.01)	200m: 4:42.02 (1:12.45)		
10	Annabella Henriksen	2014 Havnar Svímjifelag		106	4:43.87	+2:10.28
	50m: 1:01.58	100m: 2:15.37 (1:13.79)	150m: 3:30.92 (1:15.55)	200m: 4:43.87 (1:12.95)		



Úrslit

Kapping 35, 200m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
11	Urd Jákupsdóttir	2015 Havnar Svímjifelag		100	4:49.48	+2:15.89
	50m: 1:02.01	100m: 2:18.08 (1:16.07)	150m: 3:34.42 (1:16.34)		200m: 4:49.48 (1:15.06)	
12	Kaya Ziska Hofgaard	2014 Havnar Svímjifelag		86	5:04.27	+2:30.68
	50m: 1:11.97	100m: 2:34.05 (1:22.08)	150m: 3:47.99 (1:13.94)		200m: 5:04.27 (1:16.28)	
	- Felisia Florinsdóttir	2012 Fuglafjarðar Svímjifelag			DNS	
	- Mariella Henriksen	2010 Havnar Svímjifelag			DNS	

Kapping almenn: 16.03.2025 15:56:21

Kapping 36, 200m Bringu Menn - Final

FAR	2:14.82	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Jersey (GBR))	02.07.2015		
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svímjifelag		589	2:23.34	
	50m: 32.18	100m: 1:09.06 (36.88)	150m: 1:46.18 (37.12)		200m: 2:23.34 (37.16)	
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		587	2:23.46	+0.12
	50m: 31.70	100m: 1:08.11 (36.41)	150m: 1:45.92 (37.81)		200m: 2:23.46 (37.54)	
3	Andrias Mellemgard	2009 Havnar Svímjifelag		206	3:23.39	+1:00.05 SB8
	50m: 46.21	100m: 1:38.37 (52.16)	150m: 2:31.98 (53.61)		200m: 3:23.39 (51.41)	
4	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		188	3:29.41	+1:06.07
	50m: 49.44	100m: 1:43.60 (54.16)	150m: 2:36.34 (52.74)		200m: 3:29.41 (53.07)	
5	Dávur Eið	2012 Suðuroyar Svímjifelag		184	3:30.89	+1:07.55
	50m: 47.39	100m: 1:42.81 (55.42)	150m: 2:38.67 (55.86)		200m: 3:30.89 (52.22)	
6	Aleks Uadhaw Thomsen	2013 Havnar Svímjifelag		178	3:33.38	+1:10.04
	50m: 50.01	100m: 1:44.13 (54.12)	150m: 2:40.17 (56.04)		200m: 3:33.38 (53.21)	
7	Mattias Bech	2012 Havnar Svímjifelag		108	4:11.62	+1:48.28
	50m: 58.94	100m: 2:05.08 (1:06.14)	150m: 3:11.90 (1:06.82)		200m: 4:11.62 (59.72)	
8	Lukas Finsson Ellingsgaard	2016 Havnar Svímjifelag		44	5:39.35	+3:16.01
	50m: 1:25.67				200m: 5:39.35 (5:39.35)	
	- Heini Mohr Askham	2006 Svímjifelagið Ægir			DNS	
	- Benjamin Clementsen	2012 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 16.03.2025 16:05:54

Kapping 37, 1500m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Jonna Joensen	2005 Svímjifelagið Ægir		545	18:31.62	
	50m: 32.62	100m: 1:09.42 (36.80)	150m: 1:46.97 (37.55)		200m: 2:24.46 (37.49)	
	250m: 3:01.77 (37.31)	300m: 3:38.97 (37.20)	350m: 4:16.60 (37.63)		400m: 4:54.21 (37.61)	
	450m: 5:31.16 (36.95)	500m: 6:08.14 (36.98)	550m: 6:45.16 (37.02)		600m: 7:22.23 (37.07)	
	650m: 7:59.23 (37.00)	700m: 8:36.52 (37.29)	750m: 9:13.72 (37.20)		800m: 9:51.03 (37.31)	
	850m: 10:28.67 (37.64)	900m: 11:05.90 (37.23)	950m: 11:43.03 (37.13)		1000m: 12:20.23 (37.20)	
	1050m: 12:57.80 (37.57)	1100m: 13:35.34 (37.54)	1150m: 14:12.53 (37.19)		1200m: 14:50.33 (37.80)	
	1250m: 15:28.19 (37.86)	1300m: 16:05.33 (37.14)	1350m: 16:42.46 (37.13)		1400m: 17:19.53 (37.07)	
	1450m: 17:56.55 (37.02)	1500m: 18:31.62 (35.07)				

Kapping almenn: 16.03.2025 16:32:32

Kapping 38, 800m Frí Menn - Final

FAR	7:36.24	Pál Joensen	1990 Suðuroyar Svímjifelag (FR Atlanta (USA))	17.12.2011		
Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
1	Silas Dam Lindberg	2008 Havnar Svímjifelag		644	8:29.80	
	50m: 27.49	100m: 57.60 (30.11)	150m: 1:28.95 (31.35)		200m: 2:00.23 (31.28)	
	250m: 2:31.83 (31.60)	300m: 3:03.31 (31.48)	350m: 3:35.52 (32.21)		400m: 4:07.77 (32.25)	
	450m: 4:40.28 (32.51)	500m: 5:13.06 (32.78)	550m: 5:46.06 (33.00)		600m: 6:19.21 (33.15)	
	650m: 6:52.52 (33.31)	700m: 7:25.99 (33.47)	750m: 7:59.00 (33.01)		800m: 8:29.80 (30.80)	
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		581	8:47.65	+17.85
	50m: 28.40	100m: 59.88 (31.48)	150m: 1:32.73 (32.85)		200m: 2:06.15 (33.42)	
	250m: 2:39.24 (33.09)	300m: 3:12.39 (33.15)	350m: 3:46.02 (33.63)		400m: 4:19.54 (33.52)	
	450m: 4:53.46 (33.92)	500m: 5:26.99 (33.53)	550m: 6:00.70 (33.71)		600m: 6:34.23 (33.53)	
	650m: 7:08.07 (33.84)	700m: 7:41.66 (33.59)	750m: 8:15.24 (33.58)		800m: 8:47.65 (32.41)	



Úrslit

Kapping 38, 800m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	AQU	Tíð	Munur
3	Theodor Salter	2011 Havnar Svímjifelag		451	9:34.29	+1:04.49
	50m: 31.16	100m: 1:05.66 (34.50)	150m: 1:41.10 (35.44)		200m: 2:17.20 (36.10)	
	250m: 2:53.70 (36.50)	300m: 3:29.96 (36.26)	350m: 4:06.77 (36.81)		400m: 4:43.55 (36.78)	
	450m: 5:20.25 (36.70)	500m: 5:57.00 (36.75)	550m: 6:33.98 (36.98)		600m: 7:10.87 (36.89)	
	650m: 7:47.38 (36.51)	700m: 8:24.08 (36.70)	750m: 8:59.90 (35.82)		800m: 9:34.29 (34.39)	
4	Tórir Olsen	2011 Svímjifelagið Ægir		443	9:37.38	+1:07.58
	50m: 31.79	100m: 1:06.72 (34.93)	150m: 1:43.46 (36.74)		200m: 2:20.60 (37.14)	
	250m: 2:57.25 (36.65)	300m: 3:34.47 (37.22)	350m: 4:11.54 (37.07)		400m: 4:48.48 (36.94)	
	450m: 5:25.15 (36.67)	500m: 6:02.34 (37.19)	550m: 6:38.92 (36.58)		600m: 7:14.97 (36.05)	
	650m: 7:51.63 (36.66)	700m: 8:27.25 (35.62)	750m: 9:02.27 (35.02)		800m: 9:37.38 (35.11)	
5	Bragi Bjarnason	2012 Havnar Svímjifelag		245	11:43.71	+3:13.91
	50m: 39.41	100m: 1:25.75 (46.34)	150m: 2:12.33 (46.58)		200m: 2:57.88 (45.55)	
	250m: 3:41.88 (44.00)	300m: 4:27.30 (45.42)	350m: 5:12.13 (44.83)		400m: 5:55.88 (43.75)	
	450m: 6:40.29 (44.41)	500m: 7:25.12 (44.83)	550m: 8:08.78 (43.66)		600m: 8:52.65 (43.87)	
	650m: 9:37.28 (44.63)	700m: 10:20.24 (42.96)	750m: 11:02.81 (42.57)		800m: 11:43.71 (40.90)	

Kapping almenn: 16.03.2025 16:37:25

