



Úrslit

SuSvim Open Mai 2023

Stað: Páls Høll
Hylur: 50m

Fyrireikari: SuSvim
Stevnudagur: mai 20, 2023 til mai 21, 2023

Kapping 1, 400m Frí Kvinnur - Final

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 07.07.2016
FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 07.07.2016

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Vár Erlingsdóttir Eidesgaard	2001 Havnar Svímjifelag	672		4:29.88	
	Entry time: 4:19.59 (+10.29)					
	50m: 31.31	100m: 1:05.33 (34.02)	150m: 1:10.51 (5.18)	200m: 2:13.52 (1:03.01)		
	250m: 2:48.05 (34.53)	300m: 3:22.72 (34.67)	350m: 3:56.76 (34.04)	400m: 4:29.88 (33.12)		
2	Eyðrið Mortensen	2003 Havnar Svímjifelag	634		4:35.12	+5.24
	Entry time: 4:35.24 (-0.12)					
	50m: 31.56	100m: 1:06.11 (34.55)	150m: 1:40.66 (34.55)	200m: 2:15.45 (34.79)		
	250m: 2:50.14 (34.69)	300m: 3:25.62 (35.48)	350m: 4:00.80 (35.18)	400m: 4:35.12 (34.32)		
3	Róa Trygvadóttir	2008 Svímjifelagið Ægir	539		4:50.33	+20.45
	Entry time: 4:45.67 (+4.66)					
	50m: 31.95	100m: 1:07.15 (35.20)	150m: 1:43.73 (36.58)	200m: 2:21.70 (37.97)		
	250m: 2:58.92 (37.22)	300m: 3:36.70 (37.78)	350m: 4:13.47 (36.77)	400m: 4:50.33 (36.86)		
4	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag	484		5:00.95	+31.07
	Entry time: 5:16.14 (-15.19)					
	50m: 33.61	100m: 1:12.28 (38.67)	150m: 1:50.83 (38.55)	200m: 2:30.09 (39.26)		
	250m: 3:09.22 (39.13)	300m: 3:47.56 (38.34)	350m: 4:25.01 (37.45)	400m: 5:00.95 (35.94)		
5	Lea Petersen	2009 Svímjifelagið Ægir	483		5:01.18	+31.30
	Entry time: 5:00.65 (+0.53)					
	50m: 33.93	100m: 1:11.47 (37.54)	150m: 1:50.12 (38.65)	200m: 2:28.92 (38.80)		
	250m: 3:07.43 (38.51)	300m: 3:46.00 (38.57)	350m: 4:24.41 (38.41)	400m: 5:01.18 (36.77)		
6	Durita M. Askham	2008 Svímjifelagið Ægir	474		5:03.10	+33.22
	Entry time: 5:25.33 (-22.23)					
	50m: 34.72	100m: 1:13.07 (38.35)	150m: 1:52.26 (39.19)	200m: 2:31.01 (38.75)		
	250m: 3:09.39 (38.38)	300m: 3:47.57 (38.18)	350m: 4:25.48 (37.91)	400m: 5:03.10 (37.62)		
7	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag	450		5:08.40	+38.52
	Entry time: 5:04.13 (+4.27)					
	50m: 34.83	100m: 1:13.56 (38.73)	150m: 1:52.24 (38.68)	200m: 2:31.29 (39.05)		
	250m: 3:09.47 (38.18)	300m: 3:48.80 (39.33)		400m: 5:08.40 (5:08.40)		
8	Margit Højbro	2007 Fuglafjarðar Svímjifelag	435		5:11.82	+41.94
	Entry time: 4:50.39 (+21.43)					
	50m: 34.48	100m: 1:12.59 (38.11)	150m: 1:52.17 (39.58)	200m: 2:32.18 (40.01)		
	250m: 3:12.11 (39.93)	300m: 3:51.73 (39.62)	350m: 4:32.75 (41.02)	400m: 5:11.82 (39.07)		
9	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	360		5:32.07	+1:02.19
	Entry time: 4:56.91 (+35.16)					
	50m: 33.44	100m: 1:13.97 (40.53)	150m: 1:56.47 (42.50)	200m: 2:39.75 (43.28)		
	250m: 3:23.21 (43.46)	300m: 4:07.43 (44.22)	350m: 4:49.81 (42.38)	400m: 5:32.07 (42.26)		
10	Jórun Winther	2011 Suðuroyar Svímjifelag	342		5:37.91	+1:08.03
	Entry time: 5:37.86 (+0.05)					
	50m: 35.80		150m: 2:00.25 (2:00.25)	200m: 2:44.07 (43.82)		
	250m: 3:27.33 (43.26)	300m: 4:11.04 (43.71)	350m: 4:54.76 (43.72)	400m: 5:37.91 (43.15)		
11	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag	285		5:59.18	+1:29.30
	Entry time: 6:00.30 (-1.12)					
	50m: 40.45	100m: 1:25.16 (44.71)	150m: 2:12.30 (47.14)	200m: 2:59.48 (47.18)		
	250m: 3:45.77 (46.29)	300m: 4:31.66 (45.89)	350m: 5:17.08 (45.42)	400m: 5:59.18 (42.10)		
12	Rebecca Jacobsen	2011 Svímjifelagið Ægir	216		6:33.73	+2:03.85
	50m: 45.74	100m: 1:35.62 (49.88)	150m: 2:26.84 (51.22)	200m: 3:18.59 (51.75)		
	250m: 4:10.13 (51.54)	300m: 5:01.15 (51.02)	350m: 5:48.51 (47.36)	400m: 6:33.73 (45.22)		

Kapping 1, 400m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
13	Lilja Sørensen	2011 Havnar Svímjifelag		175	7:02.63	+2:32.75
		100m: 1:38.78 (1:38.78)			200m: 3:29.12 (3:29.12)	
		300m: 5:18.96 (5:18.96)	350m: 6:14.28 (55.32)		400m: 7:02.63 (48.35)	

Kapping almenn: 20.05.2023 09:33:42

Kapping 2, 400m Frí Menn - Final

FAR	3:46.84	Pal Joensen	1990 Suðuroyar Svímjifelag (FR)	Broenshoej (DEN)	22.03.2012
FAR.JR	3:59.67	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Dordrecht (NED)	09.07.2014

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Heini M. Askham	2006 Svímjifelagið Ægir		599	4:21.01	
	Entry time: 4:21.32 (-0.31)					
	50m: 29.30	100m: 1:01.60 (32.30)	150m: 1:34.96 (33.36)		200m: 2:08.29 (33.33)	
	250m: 2:41.43 (33.14)	300m: 3:14.81 (33.38)	350m: 3:48.53 (33.72)		400m: 4:21.01 (32.48)	
2	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag		547	4:29.03	+8.02
	Entry time: 4:24.77 (+4.26)					
	50m: 30.01	100m: 1:03.16 (33.15)	150m: 1:37.54 (34.38)		200m: 2:12.11 (34.57)	
	250m: 2:47.05 (34.94)	300m: 3:21.87 (34.82)	350m: 3:56.62 (34.75)		400m: 4:29.03 (32.41)	
3	Villiam Marius Samuelsen	2005 Havnar Svímjifelag		538	4:30.48	+9.47
	Entry time: 4:35.79 (-5.31)					
	50m: 30.53	100m: 1:04.60 (34.07)	150m: 1:39.57 (34.97)		200m: 2:14.72 (35.15)	
	250m: 2:49.78 (35.06)	300m: 3:24.70 (34.92)	350m: 3:58.65 (33.95)		400m: 4:30.48 (31.83)	
4	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		537	4:30.75	+9.74
	Entry time: 4:31.01 (-0.26)					
	50m: 30.24	100m: 1:03.92 (33.68)	150m: 1:38.86 (34.94)		200m: 2:13.95 (35.09)	
	250m: 2:48.88 (34.93)	300m: 3:23.37 (34.49)	350m: 3:57.59 (34.22)		400m: 4:30.75 (33.16)	
5	Silas Dam Lindberg	2008 Havnar Svímjifelag		480	4:41.04	+20.03
	Entry time: 4:38.99 (+2.05)					
	50m: 30.97	100m: 1:05.51 (34.54)	150m: 1:40.97 (35.46)		200m: 2:17.21 (36.24)	
	250m: 2:53.21 (36.00)	300m: 3:29.46 (36.25)	350m: 4:05.61 (36.15)		400m: 4:41.04 (35.43)	
6	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag		422	4:53.22	+32.21
	Entry time: 4:49.41 (+3.81)					
	50m: 33.31	100m: 1:09.82 (36.51)	150m: 1:46.26 (36.44)		200m: 2:23.59 (37.33)	
	250m: 3:00.74 (37.15)	300m: 3:38.81 (38.07)	350m: 4:17.00 (38.19)		400m: 4:53.22 (36.22)	
7	Símun Sámal Joensen	2009 Havnar Svímjifelag		382	5:03.10	+42.09
	Entry time: 5:02.83 (+0.27)					
	50m: 33.14	100m: 1:10.67 (37.53)	150m: 1:49.42 (38.75)		200m: 2:28.50 (39.08)	
	250m: 3:07.59 (39.09)	300m: 3:46.74 (39.15)	350m: 4:25.79 (39.05)		400m: 5:03.10 (37.31)	
8	Tórir Olsen	2011 Svímjifelagið Ægir		278	5:37.06	+1:16.05
	Entry time: 5:28.63 (+8.43)					
	50m: 37.07	100m: 1:18.74 (41.67)	150m: 2:02.84 (44.10)		200m: 2:48.07 (45.23)	
	250m: 3:33.77 (45.70)	300m: 4:17.51 (43.74)	350m: 4:58.85 (41.34)		400m: 5:37.06 (38.21)	
9	Theodor Salter	2011 Havnar Svímjifelag		252	5:48.38	+1:27.37
	Entry time: 5:34.31 (+14.07)					
	50m: 39.14	100m: 1:23.65 (44.51)	150m: 2:09.74 (46.09)		200m: 2:55.38 (45.64)	
	250m: 3:42.14 (46.76)	300m: 4:27.66 (45.52)	350m: 5:10.26 (42.60)		400m: 5:48.38 (38.12)	
10	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		153	6:50.86	+2:29.85
	Entry time: 6:50.86 (+14.07)					
	50m: 41.41	100m: 1:29.46 (48.05)	150m: 2:23.35 (53.89)		200m: 3:18.68 (55.33)	
	250m: 4:14.65 (55.97)	300m: 5:10.90 (56.25)	350m: 6:02.07 (51.17)		400m: 6:50.86 (48.79)	
11	Aron Berg Joensen	2009 Havnar Svímjifelag		148	6:56.00	+2:34.99
	Entry time: 6:56.00 (+14.07)					
	50m: 44.09	100m: 1:35.59 (51.50)	150m: 2:31.45 (55.86)		200m: 3:25.97 (54.52)	
	250m: 4:21.12 (55.15)	300m: 5:11.10 (49.98)	350m: 6:08.78 (57.68)		400m: 6:56.00 (47.22)	
12	Símun Eliassen	2011 Havnar Svímjifelag		129	7:15.20	+2:54.19
	Entry time: 7:15.20 (+14.07)					
	50m: 47.59	100m: 1:47.59 (50.00)	150m: 2:38.73 (2:38.73)		200m: 3:36.59 (57.86)	
	250m: 4:36.59 (1:00.00)	300m: 5:32.16 (55.57)	350m: 6:27.36 (55.20)		400m: 7:15.20 (47.84)	

Kapping 2, 400m Frí Menn - Final

Raðf Navn Føðia Felag R.T WA Tíð Munur
Kapping almenn: 20.05.2023 09:44:52

Kapping 3, 100m Rygg Kvinnur - Final

FAR 1:03.01 Signhild Joensen 2000 Ægir Klaksvik (FRO) Bergen (NOR) 06.04.2019
FAR.JR 1:03.38 Signhild Joensen 2000 Ægir Klaksvik (FRO) Broenshoej (DEN) 03.04.2017

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		559	1:09.74	
	Entry time: 1:09.05 (+0.69)					
	50m: 32.97	100m: 1:09.74 (36.77)				
2	Alisa Vestergård	2003 Suðuroyar Svímjifelag		461	1:14.36	+4.62
	Entry time: 1:10.40 (+3.96)					
	50m: 35.51	100m: 1:14.36 (38.85)				
3	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag		445	1:15.22	+5.48
	Entry time: 1:15.10 (+0.12)					
	50m: 35.95	100m: 1:15.22 (39.27)				
4	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		436	1:15.73	+5.99
	Entry time: 1:14.36 (+1.37)					
	50m: 36.49	100m: 1:15.73 (39.24)				
5	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		424	1:16.42	+6.68
	Entry time: 1:14.96 (+1.46)					
	50m: 37.29	100m: 1:16.42 (39.13)				
6	Jórun Winther	2011 Suðuroyar Svímjifelag		398	1:18.07	+8.33
	Entry time: 1:21.18 (-3.11)					
	50m: 37.20	100m: 1:18.07 (40.87)				
=7	Margit Højbro	2007 Fuglafjarðar Svímjifelag		362	1:20.55	+10.81
	Entry time: 1:16.19 (+4.36)					
	50m: 40.08	100m: 1:20.55 (40.47)				
=7	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		362	1:20.55	+10.81
	Entry time: 1:20.98 (-0.43)					
	50m: 38.06	100m: 1:20.55 (42.49)				
9	Naomi Friang	2010 Fuglafjarðar Svímjifelag		223	1:34.66	+24.92
	Entry time: 1:37.83 (-3.17)					
	50m: 48.05	100m: 1:34.66 (46.61)				
10	Diana Bech	2010 Suðuroyar Svímjifelag		191	1:39.72	+29.98
	Entry time: 1:43.39 (-3.67)					
	50m: 47.03	100m: 1:39.72 (52.69)				
11	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		184	1:40.87	+31.13
	Entry time: 1:35.28 (+5.59)					
	50m: 47.62	100m: 1:40.87 (53.25)				
12	Lea Bendix á Krákusteini	2011 Havnar Svímjifelag		181	1:41.40	+31.66
	Entry time: 1:51.24 (-9.84)					
	50m: 51.49	100m: 1:41.40 (49.91)				
13	Lea í Trøðini	2011 Suðuroyar Svímjifelag		164	1:44.94	+35.20
	Entry time: 1:46.72 (-1.78)					
	50m: 50.40	100m: 1:44.94 (54.54)				

Kapping almenn: 20.05.2023 09:47:50

Kapping 4, 100m Rygg Menn - Final

FAR 56.64 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 15.07.2012
FAR.JR 56.64 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 15.07.2012

Raðf Navn Føðia Felag R.T WA Tíð Munur

Kapping 4, 100m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Líggjas Joensen Entry time: 1:07.78 (-2.98) 50m: 31.78	2008 Svímjifelagið Ægir 100m: 1:04.80 (33.02)		504	1:04.80	
2	Oddvaldur Leivsson Entry time: 1:06.44 (+0.15) 50m: 32.49	2008 Havnar Svímjifelag 100m: 1:06.59 (34.10)		465	1:06.59	+1.79
3	Villiam Marius Samuelsen Entry time: 1:03.40 (+6.07) 50m: 16.18	2005 Havnar Svímjifelag 100m: 1:09.47 (53.29)		409	1:09.47	+4.67
4	Óli Mikkelsen Entry time: 1:10.59 (+0.35) 50m: 34.84	2008 Havnar Svímjifelag 100m: 1:10.94 (36.10)		384	1:10.94	+6.14
5	Jónathan L. Sørensen Entry time: 1:14.40 (+1.23) 50m: 35.64	2006 Suðuroyar Svímjifelag 100m: 1:15.63 (39.99)		317	1:15.63	+10.83
6	Teitur Winther Entry time: 1:13.14 (+4.25) 50m: 37.86	2005 Suðuroyar Svímjifelag 100m: 1:17.39 (39.53)		296	1:17.39	+12.59
7	Jóhannis í Stórustovu Entry time: 1:19.30 (+2.86) 50m: 39.45	2011 Havnar Svímjifelag 100m: 1:22.16 (42.71)		247	1:22.16	+17.36
8	Tórir Olsen Entry time: 1:27.74 (+4.17) 50m: 44.25	2011 Svímjifelagið Ægir 100m: 1:31.91 (47.66)		176	1:31.91	+27.11
9	Terji Kjørbo Entry time: 1:49.07 (-7.48) 50m: 51.96	2012 Suðuroyar Svímjifelag 100m: 1:41.59 (49.63)		131	1:41.59	+36.79
10	Dávur Eið Entry time: 1:54.15 (-11.01) 50m: 49.21	2012 Suðuroyar Svímjifelag 100m: 1:43.14 (53.93)		125	1:43.14	+38.34
11	Símun Eliassen Entry time: 1:45.54 (-1.95) 50m: 53.25	2011 Havnar Svímjifelag 100m: 1:43.59 (50.34)		123	1:43.59	+38.79
12	Nóa Róason Stakksund Entry time: 1:49.71 (-5.13) 50m: 54.91	2011 Havnar Svímjifelag 100m: 1:44.58 (49.67)		120	1:44.58	+39.78
13	Aron Berg Joensen Entry time: 1:37.96 (+10.35) 50m: 55.64	2009 Havnar Svímjifelag 100m: 1:48.31 (52.67)		108	1:48.31	+43.51
14	Elias í Lágabø Entry time: 1:54.90 (-3.00) 50m: 55.72	2014 Suðuroyar Svímjifelag 100m: 1:51.90 (56.18)		98	1:51.90	+47.10
15	Benjamin Clementsen Entry time: 1:59.36 (-3.96) 50m: 54.42	2012 Suðuroyar Svímjifelag 100m: 1:55.40 (1:00.98)		89	1:55.40	+50.60
16	Sævar Strøm Entry time: 2:02.81 (-3.69) 50m: 57.05	2014 Suðuroyar Svímjifelag 100m: 1:59.12 (1:02.07)		81	1:59.12	+54.32
17	Jonnhard Winther 50m: 59.74	2015 Suðuroyar Svímjifelag 100m: 2:04.55 (1:04.81)		71	2:04.55	+59.75

Kapping almenn: 20.05.2023 09:58:47

Kapping 5, 200m Firvald Kvinnur - Final

FAR 2:27.37 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 28.04.2019
 FAR.JR 2:28.40 Jana Bjartalíð Thomsen 2000 Ægir Klaksvík (FRO) Vagur (FRO) 04.03.2017

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag		499	2:33.53	
	Entry time: 2:23.85 (+9.68)					
	50m: 33.90	100m: 1:13.75 (39.85)	150m: 1:53.99 (40.24)	200m: 2:33.53 (39.54)		
2	Jonna Joensen	2005 Svímjifelagið Ægir		463	2:37.42	+3.89
	Entry time: 2:30.12 (+7.30)					
	50m: 32.34	100m: 1:11.21 (38.87)	150m: 1:53.11 (41.90)	200m: 2:37.42 (44.31)		

Kapping almenn: 20.05.2023 10:00:48

Kapping 6, 200m Firvald Menn - Final

FAR 2:06.05 Óli Mortensen 1996 Havnar Svímjifelag (FRO) Vagur (FRO) 13.03.2016
 FAR.JR 2:10.86 Isak Brisenfeldt 2006 Havnar Svímjifelag (FRO) Vágur (FRO) 20.05.2023

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		599	2:10.86	FAR.JR
	Entry time: 2:09.64 (+1.22)					
	50m: 29.35	100m: 1:04.00 (34.65)	150m: 1:00.21 ()	200m: 2:10.86 (1:10.65)		
2	Áki Eliassen	2006 Havnar Svímjifelag		396	2:30.18	+19.32
	Entry time: 2:21.84 (+8.34)					
	50m: 30.62	100m: 1:08.14 (37.52)	150m: 1:48.17 (40.03)	200m: 2:30.18 (42.01)		
-	Theodor Salter	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 20.05.2023 10:03:13

Kapping 7, 100m Bringu Kvinnur - Final

FAR 1:15.34 Ásbjörg Hjelm 1999 Ægir Klaksvík (FRO) Baku (AZE) 26.06.2015
 FAR.JR 1:15.34 Ásbjörg Hjelm 1999 Ægir Klaksvík (FRO) Baku (AZE) 26.06.2015

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir		581	1:16.82	
	Entry time: 1:15.61 (+1.21)					
	50m: 35.19	100m: 1:16.82 (41.63)				
2	Róa Trygvadóttir	2008 Svímjifelagið Ægir		472	1:22.31	+5.49
	Entry time: 1:21.11 (+1.20)					
	50m: 38.21	100m: 1:22.31 (44.10)				
3	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		427	1:25.13	+8.31
	Entry time: 1:22.00 (+3.13)					
	50m: 39.81	100m: 1:25.13 (45.32)				
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		406	1:26.54	+9.72
	Entry time: 1:22.10 (+4.44)					
	50m: 41.40	100m: 1:26.54 (45.14)				
5	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag		346	1:31.29	+14.47
	Entry time: 1:29.94 (+1.35)					
	50m: 41.42	100m: 1:31.29 (49.87)				
6	Silja Bech	2008 Suðuroyar Svímjifelag		245	1:42.36	+25.54
	Entry time: 1:50.59 (-8.23)					
	50m: 48.71	100m: 1:42.36 (53.65)				
7	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		233	1:44.13	+27.31
	Entry time: 1:38.00 (+6.13)					
	50m: 48.63	100m: 1:44.13 (55.50)				
8	Naomi Friang	2010 Fuglafjarðar Svímjifelag		207	1:48.25	+31.43
	Entry time: 1:51.25 (-3.00)					
	100m: 1:48.25 (1:48.25)					

Kapping 7, 100m Bringu Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
9	Bára Hansen Entry time: 1:51.21 (-0.45) 50m: 51.75 100m: 1:50.76 (59.01)	2009 Suðuroyar Svímjifelag		194	1:50.76	+33.94
10	Ninna í Hjøllum Entry time: 1:51.18 (+0.44) 50m: 51.35 100m: 1:51.62 (1:00.27)	2009 Suðuroyar Svímjifelag		189	1:51.62	+34.80
11	Diana Bech Entry time: 1:56.20 (+6.02) 50m: 53.17 100m: 2:02.22 (1:09.05)	2010 Suðuroyar Svímjifelag		144	2:02.22	+45.40
12	Lilja Strøm Winther Entry time: 1:51.78 (+11.51) 50m: 58.11 100m: 2:03.29 (1:05.18)	2009 Suðuroyar Svímjifelag		140	2:03.29	+46.47
13	Margret í Trøðini Entry time: 1:54.57 (+10.34) 50m: 1:01.25 100m: 2:04.91 (1:03.66)	2011 Suðuroyar Svímjifelag		135	2:04.91	+48.09
14	Lea í Trøðini Entry time: 2:11.39 (+5.50) 50m: 1:03.12 100m: 2:16.89 (1:13.77)	2011 Suðuroyar Svímjifelag		102	2:16.89	+1:00.07
-	Karita Tórðardóttir Høvdið kom ikki undan fyri hvørt armtak/beinspark Kapping almenn: 20.05.2023 10:29:53	2013 Suðuroyar Svímjifelag			DSQ	

Kapping 8, 100m Bringu Menn - Final

FAR 1:05.35 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 04.04.2017
 FAR.JR 1:06.14 Rókur Trygvason 2000 Svímjifelagið Reysti (FRO) Bergen (NOR) 13.04.2018

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Róland Toftum Entry time: 1:06.03 (+0.06) 50m: 30.67 100m: 1:06.09 (35.42)	1998 Suðuroyar Svímjifelag		637	1:06.09	
2	Bartal Erlingsson Eidesgaard Entry time: 1:05.70 (+3.23) 50m: 31.28 100m: 1:08.93 (37.65)	2003 Havnar Svímjifelag		561	1:08.93	+2.84
3	Fróði Hansen Entry time: 1:12.38 (+2.66) 50m: 34.38 100m: 1:15.04 (40.66)	2008 Fuglafjarðar Svímjifelag		435	1:15.04	+8.95
4	Heini M. Askham Entry time: 1:20.81 (-5.70) 50m: 34.22 100m: 1:15.11 (40.89)	2006 Svímjifelagið Ægir		434	1:15.11	+9.02
5	Bárður Ólavsson Entry time: 1:18.41 (+1.74) 50m: 37.50 100m: 1:20.15 (42.65)	2008 Fuglafjarðar Svímjifelag		357	1:20.15	+14.06
6	Markus Bárðarson Dahl Entry time: 1:18.41 (+4.72) 50m: 39.06 100m: 1:23.13 (44.07)	2005 Havnar Svímjifelag		320	1:23.13	+17.04
7	Sigbjartur J. Egholm Entry time: 1:43.35 (+1.88) 50m: 48.89 100m: 1:45.23 (56.34)	2009 Havnar Svímjifelag		157	1:45.23	+39.14
8	Tórir Olsen Entry time: 1:44.70 (+6.06) 50m: 51.97 100m: 1:50.76 (58.79)	2011 Svímjifelagið Ægir		135	1:50.76	+44.67

Kapping 8, 100m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
9	Jógvan Vesturtún	2013 Fuglafjarðar Svímjifelag		102	2:01.44	+55.35
	Entry time: 2:00.19 (+1.25)					
	50m: 57.78	100m: 2:01.44 (1:03.66)				
10	Dávur Eið	2012 Suðuroyar Svímjifelag		99	2:02.72	+56.63
	Entry time: 2:06.86 (-4.14)					
	50m: 57.17	100m: 2:02.72 (1:05.55)				
11	Símun Eliassen	2011 Havnar Svímjifelag		82	2:10.59	+1:04.50
	Entry time: 2:10.58 (+0.01)					
	50m: 53.15	100m: 2:10.59 (1:17.44)				
12	Terji Kjørbo	2012 Suðuroyar Svímjifelag		69	2:18.60	+1:12.51
	Entry time: 2:17.03 (+1.57)					
	50m: 1:07.10	100m: 2:18.60 (1:11.50)				
13	Sævar Strøm	2014 Suðuroyar Svímjifelag		63	2:22.70	+1:16.61
	Entry time: 2:25.84 (-3.14)					
	50m: 1:10.14	100m: 2:22.70 (1:12.56)				
14	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		52	2:31.99	+1:25.90
	Entry time: 2:33.19 (-1.20)					
	50m: 1:11.55	100m: 2:31.99 (1:20.44)				
15	William Holm Kilgour	2014 Suðuroyar Svímjifelag		47	2:37.27	+1:31.18
	Entry time: 2:33.29 (+3.98)					
	50m: 1:14.26	100m: 2:37.27 (1:23.01)				
-	Aron Berg Joensen	2009 Havnar Svímjifelag			DSQ	
	Ójavnt beinspark (ikki vatnrætt)					
-	Nóa Róason Stakksund	2011 Havnar Svímjifelag			DSQ	
	2 undirvatnstøk					

Kapping almenn: 20.05.2023 10:35:24

Kapping 9, 200m Blandað Kvinnur - Final

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016	
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR	Laugardalslaug (ISL)	23.01.2016	
Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Róa Trygvadóttir	2008 Svímjifelagið Ægir		546	2:34.27	
	Entry time: 2:49.08 (-14.81)					
	50m: 33.90	100m: 1:16.06 (42.16)	150m: 2:00.53 (44.47)	200m: 2:34.27 (33.74)		
2	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag		525	2:36.29	+2.02
	Entry time: 2:30.83 (+5.46)					
	50m: 28.65	100m: 1:14.34 (45.69)		200m: 2:36.29 (2:36.29)		
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		408	2:50.04	+15.77
	Entry time: 2:37.89 (+12.15)					
	50m: 36.73	100m: 1:19.52 (42.79)	150m: 2:09.12 (49.60)	200m: 2:50.04 (40.92)		
4	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag		300	3:08.31	+34.04
	Entry time: 2:57.59 (+10.72)					
	50m: 41.30	100m: 1:33.65 (52.35)	150m: 2:24.14 (50.49)	200m: 3:08.31 (44.17)		
5	Lilja Sørensen	2011 Havnar Svímjifelag		151	3:56.56	+1:22.29
	Entry time: 4:06.17 (-9.61)					
	50m: 54.55	100m: 1:56.61 (1:02.06)	150m: 3:08.07 (1:11.46)	200m: 3:56.56 (48.49)		
-	Lea Bendix á Krákusteini	2011 Havnar Svímjifelag			DSQ	
	Svímjigrein var ikki fullförd rætt. (viðmerk hvør svímjigrein)					
-	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag			DSQ	
	Svímjigrein var ikki fullförd rætt. (viðmerk hvør svímjigrein)					

Kapping 9, 200m Blandað Kvinnur - Final

Raðf Navn Føðiá Felag R.T WA Tíð Munur
Kapping almenn: 20.05.2023 10:45:14

Kapping 10, 200m Blandað Menn - Final

FAR 2:06.92 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012
FAR.JR 2:06.92 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012

Raðf	Navn	Føðiá Felag	R.T	WA	Tíð	Munur
1	Jóhannis í Stórustovu	2011 Havnar Svímjifelag		442	2:29.60	
	Entry time: 3:04.89 (-35.29)					
	50m: 42.80	100m: 3:09.10 (2:26.30)		150m: 2:29.60	()	
2	Silas Dam Lindberg	2008 Havnar Svímjifelag		408	2:33.70	+4.10
	Entry time: 2:32.91 (+0.79)					
	50m: 18.36	100m: 1:11.24 (52.88)		150m: 1:56.83 (45.59)	200m: 2:33.70 (36.87)	
3	Símun Eliassen	2011 Havnar Svímjifelag		109	3:58.35	+1:28.75
	50m: 55.37	100m: 1:57.54 (1:02.17)		150m: 3:10.24 (1:12.70)	200m: 3:58.35 (48.11)	
4	Nóa Róason Stakksund	2011 Havnar Svímjifelag		105	4:01.29	+1:31.69
	50m: 1:02.18	100m: 2:04.21 (1:02.03)			200m: 4:01.29 (4:01.29)	
-	Theodor Salter	2011 Havnar Svímjifelag			DSQ	
	Tjóvstartur (startari og yvirdómari skulu vera samdir)					
	Kapping almenn: 20.05.2023 10:52:36					

Kapping 11, 50m Frí Kvinnur - Final

FAR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Bergen (NOR) 15.04.2018
FAR.JR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Bergen (NOR) 15.04.2018

Raðf	Navn	Føðiá Felag	R.T	WA	Tíð	Munur
1	Vár Erlingsdóttir Eidesgaard	2001 Havnar Svímjifelag		659	27.20	
	Entry time: 26.94 (+0.26)					
2	Alisa Vestergård	2003 Suðuroyar Svímjifelag		627	27.65	+0.45
	Entry time: 27.67 (-0.02)					
3	Jonna Joensen	2005 Svímjifelagið Ægir		537	29.12	+1.92
	Entry time: 28.54 (+0.58)					
4	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag		529	29.26	+2.06
	Entry time: 29.01 (+0.25)					
5	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		500	29.81	+2.61
	Entry time: 29.53 (+0.28)					
6	Lea Osberg Højsted	2008 Svímjifelagið Ægir		491	30.00	+2.80
	Entry time: 29.18 (+0.82)					
7	Durita M. Askham	2008 Svímjifelagið Ægir		488	30.06	+2.86
	Entry time: 30.53 (-0.47)					
8	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		480	30.23	+3.03
	Entry time: 30.34 (-0.11)					
9	Oddvá Sæda D. Nattestad	2006 Havnar Svímjifelag		435	31.22	+4.02
	Entry time: 31.07 (+0.15)					
10	Lea Petersen	2009 Svímjifelagið Ægir		433	31.28	+4.08
	Entry time: 31.04 (+0.24)					
11	Jórun Winther	2011 Suðuroyar Svímjifelag		431	31.33	+4.13
	Entry time: 31.91 (-0.58)					
12	Margit Højbro	2007 Fuglafjarðar Svímjifelag		402	32.07	+4.87
	Entry time: 31.05 (+1.02)					

Kapping 11, 50m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
13	Sirið Vesturtún Entry time: 32.14 (+0.08)	2011 Fuglafjarðar Svímjifelag		396	32.22	+5.02
14	Jóhanna Katrína Jacobsen Entry time: 32.58 (+0.64)	2007 Havnar Svímjifelag		361	33.22	+6.02
15	Ragnhild Jacobsen Entry time: 34.45 (-0.81)	2008 Svímjifelagið Ægir		348	33.64	+6.44
16	Silja Bech Entry time: 33.53 (+0.35)	2008 Suðuroyar Svímjifelag		341	33.88	+6.68
17	Rebecca Jacobsen Entry time: 35.62 (-0.63)	2011 Svímjifelagið Ægir		309	34.99	+7.79
18	Ninna í Hjøllum Entry time: 34.94 (+0.23)	2009 Suðuroyar Svímjifelag		304	35.17	+7.97
19	Diana Bech Entry time: 35.02 (+0.35)	2010 Suðuroyar Svímjifelag		299	35.37	+8.17
20	Bára Hansen Entry time: 34.72 (+0.95)	2009 Suðuroyar Svímjifelag		292	35.67	+8.47
21	Naomi Friang Entry time: 38.05 (-1.53)	2010 Fuglafjarðar Svímjifelag		272	36.52	+9.32
22	Lilja Strøm Winther Entry time: 35.04 (+2.60)	2009 Suðuroyar Svímjifelag		248	37.64	+10.44
23	Lea Bendix á Krákusteini Entry time: 38.28 (-0.02)	2011 Havnar Svímjifelag		236	38.26	+11.06
24	Lilja Sørensen Entry time: 40.95 (+0.31)	2011 Havnar Svímjifelag		188	41.26	+14.06
25	Lea í Trøðini Entry time: 40.55 (+1.52)	2011 Suðuroyar Svímjifelag		178	42.07	+14.87
26	Margret í Trøðini Entry time: 42.87 (+0.61)	2011 Suðuroyar Svímjifelag		161	43.48	+16.28
27	Karita Tórðardóttir Entry time: 58.65 (+4.14)	2013 Suðuroyar Svímjifelag		53	1:02.79	+35.59
28	Tóta Sofía Gudmundsen Entry time: 58.22 (+4.77)	2014 Suðuroyar Svímjifelag		53	1:02.99	+35.79

Kapping almenn: 20.05.2023 10:57:14

Kapping 12, 50m Frí Menn - Final

FAR 23.48 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012
 FAR.JR 23.48 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
=1	Bartal Erlingsson Eidesgaard Entry time: 24.68 (+0.67)	2003 Havnar Svímjifelag		561	25.35	
=1	Róland Toftum Entry time: 25.63 (-0.28)	1998 Suðuroyar Svímjifelag		561	25.35	=
3	Líggjas Joensen Entry time: 26.30 (-0.32)	2008 Svímjifelagið Ægir		521	25.98	+0.63
4	Isak Brisenfeldt Entry time: 25.96 (+0.06)	2006 Havnar Svímjifelag		518	26.02	+0.67

Kapping 12, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
5	Jóni Janusarson Strøm Entry time: 30.71 (-4.21)	2006 Suðuroyar Svímjifelag	491		26.50	+1.15
6	Villiam Marius Samuelsen Entry time: 26.18 (+1.04)	2005 Havnar Svímjifelag	453		27.22	+1.87
7	Áki Eliassen Entry time: 27.10 (+0.18)	2006 Havnar Svímjifelag	450		27.28	+1.93
8	Karl Joensen Entry time: 27.41 (+0.20)	2005 Svímjifelagið Flot	434		27.61	+2.26
9	Oddvaldur Leivsson Entry time: 27.14 (+0.48)	2008 Havnar Svímjifelag	433		27.62	+2.27
10	Fróði Hansen Entry time: 27.88 (+0.23)	2008 Fuglafjarðar Svímjifelag	411		28.11	+2.76
11	Óli Mikkelsen Entry time: 28.88 (-0.13)	2008 Havnar Svímjifelag	384		28.75	+3.40
12	Sílas Dam Lindberg Entry time: 29.29 (-0.52)	2008 Havnar Svímjifelag	383		28.77	+3.42
13	Bárður Ólavsson Entry time: 28.92 (+0.16)	2008 Fuglafjarðar Svímjifelag	371		29.08	+3.73
14	Ólavur Winther Jákupsson Entry time: 29.21 (+0.46)	2008 Havnar Svímjifelag	350		29.67	+4.32
15	Jónathan L. Sørensen Entry time: 29.03 (+0.91)	2006 Suðuroyar Svímjifelag	340		29.94	+4.59
16	Teitur Winther Entry time: 29.76 (+0.74)	2005 Suðuroyar Svímjifelag	322		30.50	+5.15
17	Símun Sámal Joensen Entry time: 31.25 (-0.15)	2009 Havnar Svímjifelag	303		31.10	+5.75
18	Markus Bárðarson Dahl Entry time: 29.99 (+1.48)	2005 Havnar Svímjifelag	293		31.47	+6.12
19	Tórir Olsen Entry time: 35.44 (-3.04)	2011 Svímjifelagið Ægir	268		32.40	+7.05
20	Theodor Salter Entry time: 32.71 (-0.13)	2011 Havnar Svímjifelag	264		32.58	+7.23
21	Jóhannis í Stórustovu Entry time: 31.04 (+1.88)	2011 Havnar Svímjifelag	256		32.92	+7.57
22	Sigbjartur J. Egholm Entry time: 32.41 (+1.76)	2009 Havnar Svímjifelag	229		34.17	+8.82
23	Dávur Eið Entry time: 39.58 (-0.10)	2012 Suðuroyar Svímjifelag	148		39.48	+14.13
24	Símun Eliassen Entry time: 40.11 (-0.03)	2011 Havnar Svímjifelag	141		40.08	+14.73
25	Aron Berg Joensen Entry time: 40.14 (+0.15)	2009 Havnar Svímjifelag	139		40.29	+14.94
26	Terji Kjærbo Entry time: 43.26 (-2.73)	2012 Suðuroyar Svímjifelag	137		40.53	+15.18
27	Andrias Mellemgard	2009 Havnar Svímjifelag	127		41.56	+16.21

Kapping 12, 50m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
28	Nóa Róason Stakksund Entry time: 40.60 (+1.90)	2011 Havnar Svímjifelag		119	42.50	+17.15
29	Elias í Lágabø Entry time: 42.78 (+0.85)	2014 Suðuroyar Svímjifelag		110	43.63	+18.28
30	Jógvan Vesturtún Entry time: 44.75 (-0.31)	2013 Fuglafjarðar Svímjifelag		104	44.44	+19.09
31	Sævar Strøm Entry time: 47.69 (+2.33)	2014 Suðuroyar Svímjifelag		73	50.02	+24.67
32	Benjamin Clementsen Entry time: 50.11 (+0.55)	2012 Suðuroyar Svímjifelag		70	50.66	+25.31
33	William Holm Kilgour Entry time: 51.50 (+0.60)	2014 Suðuroyar Svímjifelag		64	52.10	+26.75
34	Jonnhard Winther Entry time: 49.10 (+3.07)	2015 Suðuroyar Svímjifelag		64	52.17	+26.82
35	Ian Strøm Entry time: 53.07 (+7.76)	2015 Suðuroyar Svímjifelag		40	1:00.83	+35.48

Kapping almenn: 20.05.2023 11:06:34

Kapping 13, 4x100m Frí Kvinnur - Final

FAR	4:03.56	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvik	Ægir Klaksvik (FRO)	Vagur (FRO)	13.03.2016
Raðf	Navn	Aldur Felag	WA	Tíð	Munur
1	SuSvim Kvinnur	20 Suðuroyar Svímjifelag	462	4:31.20	
	Bjørk L Sørensen	2004 AB604	32.41	1:03.10	1:03.10
	Bjarta í Lágabø	2009 AA609	34.68	1:09.94	2:13.04
	Jórun Winther	2011 AA411	31.82	1:08.50	3:21.54
	Alisa Vestergård	2003 AA603	3:21.54	1:09.66	4:31.20
2	Fuglafjarðar Svímjifelag	16 Fuglafjarðar Svímjifelag	432	4:37.19	+5.99
	Jóhanna Ólavsdóttir	2007 AA407	32.69	1:08.77	1:08.77
	Birita Vesturtún	2007 AA807	32.60	1:08.74	2:17.51
	Margit Højbro	2007 AA207	32.99	1:08.85	3:26.36
	Rebekka Róðinsdóttir	2007 AA607	33.24	1:10.83	4:37.19
3	Svímjefelagið Ægir	15 Svímjefelagið Ægir	387	4:47.68	+16.48
	Lea Petersen	2009 AD409	32.53	1:07.44	1:07.44
	Rebecca Jacobsen	2011 AA811	38.26	1:18.89	2:26.33
	Durita M. Askham	2008 AA408	31.64	1:06.85	3:33.18
	Ragnhild Jacobsen	2008 AA808	35.05	1:14.50	4:47.68
4	HS GENTUR	17 Havnar Svímjifelag	226	5:44.12	+1:12.9
	Jóhanna Katrina Jacobsen	2007 AB407	35.05	1:12.97	1:12.97
	Lea Bendix á Krákusteini	2011 AC211	46.90	1:36.65	2:49.62
	Lilja Sørensen	2011 AC411	47.24	1:36.81	4:26.43
	Oddvá Seda D. Nattestad	2006 AA206	35.38	1:17.69	5:44.12

Kapping 13, 4x100m Frí Kvinnur - Final

Raðf	Navn	Aldur	Felag	WA	Tíð	Munur
5	SuSvim Gentur		14 Suðuroyar Svímjifelag	192	6:02.93	+1:31.7
	Ninna í Hjøllum	2009	AB809	37.63	1:19.78	1:19.78
	Bára Hansen	2009	AB409	38.83	1:23.10	2:42.88
	Margret í Trøðini	2011	AE411	47.39	1:40.14	4:23.02
	Lea í Trøðini	2011	AE211	44.62	1:39.91	6:02.93
6	SuSvim Diddurnar		15 Suðuroyar Svímjifelag	167	6:20.09	+1:48.8
	Silja Bech	2008	AA208	36.18	1:15.58	1:15.58
	Diana Bech	2010	AA210	36.44	1:21.38	2:36.96
	Karita Tórðardóttir	2013	AC413	1:00.42	2:13.87	4:50.83
	Lilja Strøm Winther	2009	AB609	40.17	1:29.26	6:20.09

Kapping almenn: 20.05.2023 11:45:01

Kapping 14, 4x100m Frí Menn - Final

FAR	3:40.31	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	28.04.2019	
FAR.JR	3:48.83	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	05.07.2020	
Raðf	Navn	Aldur	Felag	WA	Tíð	Munur
1	HS MEN		20 Havnar Svímjifelag	512	3:55.28	
	Isak Brisenfeldt	2006	AA506	16.03	55.87	55.87
	Áki Eliassen	2006	AA706	27.67	1:00.00	1:55.87
	Oddvaldur Leivsson	2008	AB108	10.02	1:02.96	2:58.83
	Bartal Erlingsson Eidesgaard	2003	AA303	27.04	56.45	3:55.28
2	HS DREINGIR 1		18 Havnar Svímjifelag	395	4:16.50	+21.22
	Silas Dam Lindberg	2008	AB308	30.36	1:03.64	1:03.64
	Óli Mikkelsen	2008	AC508	31.35	1:05.78	2:09.42
	Ólavur Winther Jákupsson	2008	AA908	32.22	1:07.67	3:17.09
	Villiam Marius Samuelson	2005	AA905	28.18	59.41	4:16.50
3	HS DREINGIR 2		18 Havnar Svímjifelag	281	4:47.25	+51.97
	Símun Sámal Joensen	2009	AA509	32.40	1:07.94	1:07.94
	Theodor Salter	2011	AA311	36.56	1:13.94	2:21.88
	Jóhannis í Stórustovu	2011	AB911	36.08	1:17.70	3:39.58
	Markus Bárðarson Dahl	2005	AA305	31.95	1:07.67	4:47.25
4	HS DREINGIR 3		14 Havnar Svímjifelag	114	6:27.63	+2:32.3
	Nóa Róason Stakksund	2011	AC911	52.22	1:45.75	1:45.75
	Aron Berg Joensen	2009	AC509	45.72	1:38.73	3:24.48
	Símun Eliassen	2011	AB311	47.07	1:41.03	5:05.51
	Sigbjartur J. Egholm	2009	AB509	37.80	1:22.12	6:27.63
5	SuSvim Børnini Hjá Marløðøðn		11 Suðuroyar Svímjifelag	93	6:54.13	+2:58.8
	Terji Kjærbo	2012	AB512	46.83	1:36.68	1:36.68
	Dávur Eið	2012	AB312	42.18	1:31.25	3:07.93
	Elias í Lágabø	2014	AA714	47.70	1:41.54	4:49.47
	Benjamin Clementsen	2012	AC112	55.38	2:04.66	6:54.13

Kapping 14, 4x100m Frí Menn - Final

Raðf	Navn	Aldur	Felag	WA	Tíð	Munur
-	SuSvim Menn	25	Suðuroyar Svímjifelag			DSQ
	Lið í liðsvimjing svam í skeivari raðfylgju					
	Jóni Janusarson Strøm	2006	AC106	28.07	58.86	58.86
	Jónathan L. Sørensen	2006	AB906	31.13	1:05.89	2:04.75
	Teitur Winther	2005	AB105	31.84	1:10.01	3:14.76
	Róland Toftum	1998	AA398			

Kapping almenn: 20.05.2023 11:47:42

Kapping 15, 50m Bringu Kvinnur - Final

FAR	34.01	Lea Osberg Højsted	2008	Ægir Klaksvik (FRO)	Bronshoj (DEN)	03.04.2023
FAR.JR	34.01	Lea Osberg Højsted	2008	Ægir Klaksvik (FRO)	Bronshoj (DEN)	03.04.2023

Raðf	Navn	Føðia	Felag	R.T	WA	Tíð	Munur
1	Lea Osberg Højsted		2008 Svímjifelagið Ægir		593	34.87	
	Entry time: 34.01	(+0.86)					
2	Rebekka Róðinsdóttir		2007 Fuglafjarðar Svímjifelag		484	37.31	+2.44
	Entry time: 37.02	(+0.29)					
3	Róa Trygvadóttir		2008 Svímjifelagið Ægir		468	37.72	+2.85
	Entry time: 37.78	(-0.06)					
4	Ragnhild Jacobsen		2008 Svímjifelagið Ægir		421	39.07	+4.20
	Entry time: 37.72	(+1.35)					
5	Birita Vesturtún		2007 Fuglafjarðar Svímjifelag		403	39.66	+4.79
	Entry time: 38.76	(+0.90)					
6	Oddvá Sedeá D. Nattestad		2006 Havnar Svímjifelag		345	41.75	+6.88
	Entry time: 40.46	(+1.29)					
7	Sirið Vesturtún		2011 Fuglafjarðar Svímjifelag		275	45.05	+10.18
	Entry time: 44.20	(+0.85)					
8	Silja Bech		2008 Suðuroyar Svímjifelag		236	47.36	+12.49
	Entry time: 47.29	(+0.07)					
9	Bára Hansen		2009 Suðuroyar Svímjifelag		205	49.67	+14.80
	Entry time: 47.92	(+1.75)					
10	Ninna í Hjøllum		2009 Suðuroyar Svímjifelag		200	50.04	+15.17
	Entry time: 50.21	(-0.17)					
11	Naomi Friang		2010 Fuglafjarðar Svímjifelag		190	50.91	+16.04
	Entry time: 51.82	(-0.91)					
12	Lilja Strøm Winther		2009 Suðuroyar Svímjifelag		181	51.78	+16.91
	Entry time: 52.22	(-0.44)					
13	Diana Bech		2010 Suðuroyar Svímjifelag		161	53.82	+18.95
	Entry time: 52.83	(+0.99)					
14	Margret í Trøðini		2011 Suðuroyar Svímjifelag		124	58.63	+23.76
	Entry time: 53.41	(+5.22)					
15	Lea í Trøðini		2011 Suðuroyar Svímjifelag		89	1:05.55	+30.68
	Entry time: 59.74	(+5.81)					
-	Lea Bendix á Krákusteini		2011 Havnar Svímjifelag			DSQ	
	2 undirvatnstøk						
-	Karita Tórðardóttir		2013 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 20.05.2023 16:31:59

Kapping 16, 50m Bringu Menn - Final

FAR 29.36 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Reykjavik (ISL) 29.01.2023
 FAR.JR 29.81 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 17.04.2016

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Bartal Erlingsson Eidesgaard Entry time: 30.28 (+0.69)	2003 Havnar Svímjifelag		588	30.97	
2	Heini M. Askham Entry time: 32.75 (-0.28)	2006 Svímjifelagið Ægir		510	32.47	+1.50
3	Isak Brisenfeldt Entry time: 36.52 (-3.27)	2006 Havnar Svímjifelag		475	33.25	+2.28
4	Fróði Hansen Entry time: 33.98 (+0.64)	2008 Fuglafjarðar Svímjifelag		421	34.62	+3.65
5	Karl Joensen Entry time: 35.28 (+0.42)	2005 Svímjifelagið Flot		384	35.70	+4.73
6	Jóni Janusarson Strøm Entry time: 39.51 (-3.75)	2006 Suðuroyar Svímjifelag		382	35.76	+4.79
7	Bárður Ólavsson Entry time: 36.58 (+0.87)	2008 Fuglafjarðar Svímjifelag		332	37.45	+6.48
8	Markus Bárðarson Dahl Entry time: 35.91 (+2.06)	2005 Havnar Svímjifelag		319	37.97	+7.00
9	Villiam Marius Samuelson Entry time: 37.47 (+0.87)	2005 Havnar Svímjifelag		310	38.34	+7.37
10	Símun Sámal Joensen Entry time: 43.60 (-1.06)	2009 Havnar Svímjifelag		226	42.54	+11.57
11	Sigbjartur J. Egholm Entry time: 49.21 (-1.71)	2009 Havnar Svímjifelag		163	47.50	+16.53
12	Jóhannis í Stórustovu Entry time: 52.67 (-4.49)	2011 Havnar Svímjifelag		156	48.18	+17.21
13	Tórir Olsen Entry time: 48.14 (+1.56)	2011 Svímjifelagið Ægir		142	49.70	+18.73
14	Theodor Salter Entry time: 49.61 (+1.50)	2011 Havnar Svímjifelag		130	51.11	+20.14
15	Jógvan Vesturtún Entry time: 55.64 (-0.19)	2013 Fuglafjarðar Svímjifelag		102	55.45	+24.48
16	Nóa Róason Stakksund Entry time: 57.61 (+0.43)	2011 Havnar Svímjifelag		89	58.04	+27.07
17	Dávur Eið Entry time: 57.16 (+1.29)	2012 Suðuroyar Svímjifelag		87	58.45	+27.48
18	Símun Eliassen Entry time: 54.71 (+3.75)	2011 Havnar Svímjifelag		87	58.46	+27.49
19	Andrias Mellemgard Entry time: 54.71 (+3.75)	2009 Havnar Svímjifelag		85	58.81	+27.84
20	Terji Kjørbo Entry time: 1:07.31 (-7.00)	2012 Suðuroyar Svímjifelag		79	1:00.31	+29.34
21	Elias í Lágabø Entry time: 1:02.80 (+3.93)	2014 Suðuroyar Svímjifelag		58	1:06.73	+35.76
22	Sævar Strøm Entry time: 1:09.54 (-2.04)	2014 Suðuroyar Svímjifelag		56	1:07.50	+36.53

Kapping 16, 50m Bringu Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
23	William Holm Kilgour Entry time: 1:09.08 (+1.30)	2014 Suðuroyar Svímjifelag		50	1:10.38	+39.41
	- Benjamin Clementsen 2 undirvatnstøk	2012 Suðuroyar Svímjifelag			DSQ	
	- Aron Berg Joensen Meira enn eitt firvaldbeinspark áðrenn fyrsta bringubeinspark	2009 Havnar Svímjifelag			DSQ	
	- Jonnhard Winther Meira enn eitt firvaldbeinspark áðrenn fyrsta bringubeinspark	2015 Suðuroyar Svímjifelag			DSQ	
	- Róland Toftum	1998 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 20.05.2023 16:40:03

Kapping 17, 100m Frí Kvinnur - Final

FAR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 24.02.2018
 FAR.JR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Vagur (FRO) 24.02.2018

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Alisa Vestergård Entry time: 59.58 (+1.98) 50m: 29.53 100m: 1:01.56 (32.03)	2003 Suðuroyar Svímjifelag		592	1:01.56	
2	Róa Trygvadóttir Entry time: 1:01.72 (+1.07) 50m: 30.62 100m: 1:02.79 (32.17)	2008 Svímjifelagið Ægir		558	1:02.79	+1.23
3	Jonna Joensen Entry time: 1:05.07 (-0.35) 50m: 30.37 100m: 1:04.72 (34.35)	2005 Svímjifelagið Ægir		510	1:04.72	+3.16
4	Durita M. Askham Entry time: 1:06.41 (-1.06) 50m: 31.78 100m: 1:05.35 (33.57)	2008 Svímjifelagið Ægir		495	1:05.35	+3.79
5	Bjarta í Lágabø Entry time: 1:04.96 (+0.52) 50m: 31.03 100m: 1:05.48 (34.45)	2009 Suðuroyar Svímjifelag		492	1:05.48	+3.92
6	Bjørk L Sørensen Entry time: 1:03.48 (+2.36) 50m: 31.45 100m: 1:05.84 (34.39)	2004 Suðuroyar Svímjifelag		484	1:05.84	+4.28
7	Lea Osberg Højsted Entry time: 1:03.73 (+2.12) 50m: 31.42 100m: 1:05.85 (34.43)	2008 Svímjifelagið Ægir		484	1:05.85	+4.29
8	Lea Petersen Entry time: 1:06.69 (+0.59) 50m: 32.09 100m: 1:07.28 (35.19)	2009 Svímjifelagið Ægir		454	1:07.28	+5.72
9	Birita Vesturtún Entry time: 1:06.81 (+0.58) 50m: 32.27 100m: 1:07.39 (35.12)	2007 Fuglafjarðar Svímjifelag		451	1:07.39	+5.83
10	Margit Højbro Entry time: 1:06.60 (+0.95) 50m: 32.84 100m: 1:07.55 (34.71)	2007 Fuglafjarðar Svímjifelag		448	1:07.55	+5.99
11	Jórun Winther Entry time: 1:09.56 (-1.82) 50m: 32.59 100m: 1:07.74 (35.15)	2011 Suðuroyar Svímjifelag		444	1:07.74	+6.18

Kapping 17, 100m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
12	Oddvá Seda D. Nattestad Entry time: 1:10.13 (+1.10) 50m: 34.12	2006 Havnar Svímjifelag 100m: 1:11.23 (37.11)		382	1:11.23	+9.67
13	Sirið Vesturtún Entry time: 1:10.93 (+0.59) 50m: 33.73	2011 Fuglafjarðar Svímjifelag 100m: 1:11.52 (37.79)		377	1:11.52	+9.96
14	Silja Bech Entry time: 1:11.05 (+0.75) 50m: 34.60	2008 Suðuroyar Svímjifelag 100m: 1:11.80 (37.20)		373	1:11.80	+10.24
15	Ninna í Hjøllum Entry time: 1:17.14 (+1.02) 50m: 37.37	2009 Suðuroyar Svímjifelag 100m: 1:18.16 (40.79)		289	1:18.16	+16.60
16	Bára Hansen Entry time: 1:17.83 (+1.50) 50m: 38.30	2009 Suðuroyar Svímjifelag 100m: 1:19.33 (41.03)		276	1:19.33	+17.77
17	Rebecca Jacobsen Entry time: 1:23.10 (-3.64) 50m: 38.76	2011 Svímjifelagið Ægir 100m: 1:19.46 (40.70)		275	1:19.46	+17.90
18	Naomi Friang Entry time: 1:24.28 (-2.68) 50m: 40.16	2010 Fuglafjarðar Svímjifelag 100m: 1:21.60 (41.44)		254	1:21.60	+20.04
19	Diana Bech Entry time: 1:19.14 (+4.03) 50m: 38.98	2010 Suðuroyar Svímjifelag 100m: 1:23.17 (44.19)		240	1:23.17	+21.61
20	Lilja Strøm Winther Entry time: 1:24.65 (+4.80) 50m: 42.26	2009 Suðuroyar Svímjifelag 100m: 1:29.45 (47.19)		193	1:29.45	+27.89
21	Lea Bendix á Krákusteini Entry time: 1:26.15 (+5.79) 50m: 44.54	2011 Havnar Svímjifelag 100m: 1:31.94 (47.40)		177	1:31.94	+30.38
22	Lilja Sørensen Entry time: 1:31.73 (+1.22) 50m: 44.73	2011 Havnar Svímjifelag 100m: 1:32.95 (48.22)		172	1:32.95	+31.39
23	Lea í Trøðini Entry time: 1:35.58 (-1.46) 50m: 44.57	2011 Suðuroyar Svímjifelag 100m: 1:34.12 (49.55)		165	1:34.12	+32.56
24	Margret í Trøðini Entry time: 1:36.47 (+2.89) 50m: 48.52	2011 Suðuroyar Svímjifelag 100m: 1:39.36 (50.84)		140	1:39.36	+37.80

Kapping almenn: 20.05.2023 16:53:18

Kapping 18, 100m Frí Menn - Final

FAR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		10.07.2012
FAR.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		10.07.2012
Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Bartal Erlingsson Eidesgaard Entry time: 53.22 (+1.93) 50m: 26.91	2003 Havnar Svímjifelag 100m: 55.15 (28.24)		613	55.15	
2	Villiam Marius Samuelsen Entry time: 58.10 (+0.85) 50m: 27.90	2005 Havnar Svímjifelag 100m: 58.95 (31.05)		502	58.95	+3.80

Kapping 18, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
3	Oddvaldur Leivsson Entry time: 58.74 50m: 29.38	2008 Havnar Svímjifelag (+1.55) 100m: 1:00.29 (30.91)		469	1:00.29	+5.14
4	Karl Joensen Entry time: 59.80 50m: 28.76	2005 Svímjifelagið Flot (+0.60) 100m: 1:00.40 (31.64)		466	1:00.40	+5.25
5	Áki Eliassen Entry time: 58.38 50m: 28.68	2006 Havnar Svímjifelag (+2.16) 100m: 1:00.54 (31.86)		463	1:00.54	+5.39
6	Óli Mikkelsen Entry time: 1:02.65 50m: 31.06	2008 Havnar Svímjifelag (+1.72) 100m: 1:04.37 (33.31)		385	1:04.37	+9.22
7	Bárður Ólavsson Entry time: 1:01.29 50m: 31.12	2008 Fuglafjarðar Svímjifelag (+3.60) 100m: 1:04.89 (33.77)		376	1:04.89	+9.74
8	Ólavur Winther Jákupsson Entry time: 1:02.64 50m: 31.95	2008 Havnar Svímjifelag (+2.73) 100m: 1:05.37 (33.42)		368	1:05.37	+10.22
9	Jónathan L. Sørensen Entry time: 1:04.04 50m: 31.30	2006 Suðuroyar Svímjifelag (+1.47) 100m: 1:05.51 (34.21)		366	1:05.51	+10.36
10	Símun Sámal Joensen Entry time: 1:07.23 50m: 32.58	2009 Havnar Svímjifelag (+0.08) 100m: 1:07.31 (34.73)		337	1:07.31	+12.16
11	Markus Bárðarson Dahl Entry time: 1:07.28 50m: 32.19	2005 Havnar Svímjifelag (+0.61) 100m: 1:07.89 (35.70)		328	1:07.89	+12.74
12	Jóhannis í Stórustovu Entry time: 1:09.89 50m: 34.54	2011 Havnar Svímjifelag (+0.23) 100m: 1:10.12 (35.58)		298	1:10.12	+14.97
13	Tórir Olsen Entry time: 1:11.94 50m: 34.51	2011 Svímjifelagið Ægir (-0.39) 100m: 1:11.55 (37.04)		280	1:11.55	+16.40
14	Theodor Salter Entry time: 1:15.96 50m: 35.69	2011 Havnar Svímjifelag (-4.23) 100m: 1:11.73 (36.04)		278	1:11.73	+16.58
15	Teitur Winther Entry time: 1:04.31 50m: 32.70	2005 Suðuroyar Svímjifelag (+8.18) 100m: 1:12.49 (39.79)		270	1:12.49	+17.34
16	Sigbjartur J. Egholm Entry time: 1:13.11 50m: 38.92	2009 Havnar Svímjifelag (+11.85) 100m: 1:24.96 (46.04)		167	1:24.96	+29.81
17	Dávur Eið Entry time: 1:27.59 50m: 41.42	2012 Suðuroyar Svímjifelag (+0.33) 100m: 1:27.92 (46.50)		151	1:27.92	+32.77
18	Terji Kjørbo Entry time: 1:36.98 50m: 43.22	2012 Suðuroyar Svímjifelag (-6.82) 100m: 1:30.16 (46.94)		140	1:30.16	+35.01
19	Aron Berg Joensen Entry time: 1:26.26 50m: 44.94	2009 Havnar Svímjifelag (+5.01) 100m: 1:31.27 (46.33)		135	1:31.27	+36.12

Kapping 18, 100m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
20	Símun Eliassen Entry time: 1:29.24 (+5.13)	2011 Havnar Svímjifelag 100m: 1:34.37 (1:34.37)		122	1:34.37	+39.22
21	Andrias Mellemgaard 50m: 44.06	2009 Havnar Svímjifelag 100m: 1:34.51 (50.45)		121	1:34.51	+39.36
22	Jógvan Vesturtún Entry time: 1:34.55 (+0.34) 50m: 45.43	2013 Fuglafjarðar Svímjifelag 100m: 1:34.89 (49.46)		120	1:34.89	+39.74
23	Eliás Í Lágabø Entry time: 1:33.88 (+1.97) 50m: 44.59	2014 Suðuroyar Svímjifelag 100m: 1:35.85 (51.26)		116	1:35.85	+40.70
24	Nóa Róason Stakksund Entry time: 1:34.84 (+7.43) 50m: 50.49	2011 Havnar Svímjifelag 100m: 1:42.27 (51.78)		96	1:42.27	+47.12
25	Jonnhard Winther Entry time: 1:51.73 (+2.71) 50m: 55.65	2015 Suðuroyar Svímjifelag 100m: 1:54.44 (58.79)		68	1:54.44	+59.29
26	William Holm Kilgour Entry time: 1:56.80 (+6.36) 50m: 59.51	2014 Suðuroyar Svímjifelag 100m: 2:03.16 (1:03.65)		55	2:03.16	+1:08.01
27	Benjamin Clementsen Entry time: 1:57.18 (+6.92) 50m: 55.28	2012 Suðuroyar Svímjifelag 100m: 2:04.10 (1:08.82)		53	2:04.10	+1:08.95

Kapping almenn: 20.05.2023 17:01:54

Kapping 19, 400m Blandað Kvinnur - Final

FAR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 06.07.2016
 FAR.JR 4:59.73 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 06.07.2016

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Jóhanna Ólavsdóttir Entry time: 5:13.73 (+14.40) 50m: 33.27 250m: 3:25.94 (48.45)	2007 Fuglafjarðar Svímjifelag 100m: 1:13.61 (40.34) 300m: 4:14.95 (49.01)		534	5:28.13	
		150m: 1:56.30 (42.69) 350m: 4:52.26 (37.31)			200m: 2:37.49 (41.19) 400m: 5:28.13 (35.87)	

Kapping almenn: 20.05.2023 17:13:08

Kapping 20, 400m Blandað Menn - Final

FAR 4:30.17 Alvi Hjelm 1996 Ægir Klaksvik (FRO) Broenshoej (DEN) 15.04.2016
 FAR.JR 4:41.42 Óli Mortensen 1996 Havnar Svímjifelag (FRO) Amsterdam (NED) 14.12.2014

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Líggjas Joensen Entry time: 5:15.70 (-14.05) 50m: 31.43 250m: 3:10.70 (45.76)	2008 Svímjifelagið Ægir 100m: 1:09.31 (37.88) 300m: 3:55.60 (44.90)		528	5:01.65	
		150m: 1:48.73 (39.42) 350m: 4:29.73 (34.13)			200m: 2:24.94 (36.21) 400m: 5:01.65 (31.92)	
2	Bárður Ólavsson Entry time: 4:58.59 (+4.83) 50m: 31.87 250m: 3:13.33 (44.34)	2008 Fuglafjarðar Svímjifelag 100m: 1:08.57 (36.70) 300m: 3:56.19 (42.86)		519	5:03.42	+1.77
		150m: 1:49.73 (41.16) 350m: 4:30.69 (34.50)			200m: 2:28.99 (39.26) 400m: 5:03.42 (32.73)	
3	Fróði Hansen Entry time: 5:02.73 (+3.39) 50m: 32.38 250m: 3:14.47 (42.16)	2008 Fuglafjarðar Svímjifelag 100m: 1:11.20 (38.82) 300m: 3:55.49 (41.02)		505	5:06.12	+4.47
		150m: 1:52.10 (40.90) 350m: 4:31.65 (36.16)			200m: 2:32.31 (40.21) 400m: 5:06.12 (34.47)	

Kapping almenn: 20.05.2023 17:14:04

Kapping 21, 200m Rygg Kvinnur - Final

FAR 2:14.01 Signhild Joensen 2000 Ægir Klaksvik (FRO) Broenshoej (DEN) 05.04.2017
 FAR.JR 2:14.01 Signhild Joensen 2000 Ægir Klaksvik (FRO) Broenshoej (DEN) 05.04.2017

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Eyðrið Mortensen	2003 Havnar Svímjifelag		576	2:28.22	
	Entry time: 2:23.12 (+5.10)					
	50m: 34.65	100m: 1:11.84 (37.19)	150m: 1:49.70 (37.86)	200m: 2:28.22	(38.52)	
2	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		516	2:33.76	+5.54
	Entry time: 2:30.31 (+3.45)					
	50m: 35.46	100m: 1:14.53 (39.07)	150m: 1:54.49 (39.96)	200m: 2:33.76	(39.27)	
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		428	2:43.58	+15.36
	Entry time: 2:36.18 (+7.40)					
	50m: 38.45	100m: 1:20.12 (41.67)	150m: 2:02.98 (42.86)	200m: 2:43.58	(40.60)	
4	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag		422	2:44.42	+16.20
	Entry time: 2:48.84 (-4.42)					
	50m: 38.22	100m: 1:20.06 (41.84)	150m: 2:03.10 (43.04)	200m: 2:44.42	(41.32)	
5	Margit Højbro	2007 Fuglafjarðar Svímjifelag		399	2:47.42	+19.20
	Entry time: 2:45.06 (+2.36)					
	50m: 41.36	100m: 1:24.62 (43.26)	150m: 2:06.31 (41.69)	200m: 2:47.42	(41.11)	
6	Jórun Winther	2011 Suðuroyar Svímjifelag		384	2:49.59	+21.37
	Entry time: 3:14.29 (-24.70)					
	50m: 40.29	100m: 1:23.46 (43.17)	150m: 2:06.92 (43.46)	200m: 2:49.59	(42.67)	
7	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		293	3:05.66	+37.44
	Entry time: 43.52	100m: 1:31.71 (48.19)	150m: 2:19.56 (47.85)	200m: 3:05.66	(46.10)	
8	Naomi Friang	2010 Fuglafjarðar Svímjifelag		215	3:25.76	+57.54
	Entry time: 3:27.90 (-2.14)					
	50m: 50.45	100m: 1:43.49 (53.04)	150m: 2:36.81 (53.32)	200m: 3:25.76	(48.95)	
9	Lilja Sørensen	2011 Havnar Svímjifelag		157	3:48.38	+1:20.16
	Entry time: 57.18	100m: 1:55.63 (58.45)	150m: 2:54.08 (58.45)	200m: 3:48.38	(54.30)	
10	Lea í Trøðini	2011 Suðuroyar Svímjifelag		144	3:55.04	+1:26.82
	Entry time: 54.76	100m: 1:55.72 (1:00.96)	150m: 2:56.78 (1:01.06)	200m: 3:55.04	(58.26)	
-	Lea Bendix á Krákusteini	2011 Havnar Svímjifelag			DSQ	
	Ikki varandi rørsla á búkinum í vend					

Kapping almenn: 20.05.2023 17:37:27

Kapping 22, 200m Rygg Menn - Final

FAR 2:04.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 06.07.2012
 FAR.JR 2:04.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 06.07.2012

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Líggjas Joensen	2008 Svímjifelagið Ægir		499	2:21.06	
	Entry time: 2:23.22 (-2.16)					
	50m: 33.55	100m: 1:10.94 (37.39)	150m: 1:46.52 (35.58)	200m: 2:21.06	(34.54)	
2	Óli Mikkelsen	2008 Havnar Svímjifelag		347	2:39.22	+18.16
	Entry time: 2:48.14 (-8.92)					
	50m: 39.05	100m: 1:20.31 (41.26)	150m: 2:01.37 (41.06)	200m: 2:39.22	(37.85)	
3	Jónathan L. Sørensen	2006 Suðuroyar Svímjifelag		330	2:41.85	+20.79
	Entry time: 2:43.71 (-1.86)					
	50m: 38.20	100m: 1:20.22 (42.02)	150m: 2:01.63 (41.41)	200m: 2:41.85	(40.22)	
4	Teitur Winther	2005 Suðuroyar Svímjifelag		326	2:42.55	+21.49
	Entry time: 2:33.53 (+9.02)					
	50m: 38.59	100m: 1:20.51 (41.92)	150m: 2:02.42 (41.91)	200m: 2:42.55	(40.13)	

Kapping 22, 200m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
5	Jóhannis í Stórustovu Entry time: 3:02.22 (-6.87) 50m: 42.01	2011 Havnar Svímjifelag 100m: 1:26.43 (44.42) 150m: 2:13.31 (46.88)		260	2:55.35	+34.29
6	Tórir Olsen 50m: 47.85	2011 Svímjifelagið Ægir 100m: 1:38.60 (50.75) 150m: 2:30.49 (51.89)		176	3:19.47	+58.41
7	Dávur Eið 50m: 53.12	2012 Suðuroyar Svímjifelag 100m: 1:50.68 (57.56) 150m: 2:46.51 (55.83)		127	3:42.16	+1:21.10
8	Terji Kjørbo Entry time: 3:49.03 (-3.44) 50m: 54.28	2012 Suðuroyar Svímjifelag 100m: 1:51.94 (57.66) 150m: 2:50.05 (58.11)		122	3:45.59	+1:24.53
9	Aron Berg Joensen 50m: 55.55	2009 Havnar Svímjifelag 100m: 1:53.19 (57.64) 150m: 2:53.64 (1:00.45)		109	3:53.91	+1:32.85
10	Símun Eliassen 50m: 58.92	2011 Havnar Svímjifelag 100m: 2:02.72 (1:03.80) 150m: 3:04.18 (1:01.46)		95	4:04.84	+1:43.78
-	Heini M. Askham Ikki varandi røsla á búkinum í vend Kapping almenn: 20.05.2023 17:50:01	2006 Svímjifelagið Ægir			DSQ	

Kapping 23, 100m Firvald Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
FAR	1:04.58 Poula Mohr	1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP)				28.07.2013
FAR.JR	1:04.75 Sára R. Nysted	2001 Suðuroyar Svímjifelag (FR Vagur (FRO)				11.03.2016
1	Jonna Joensen Entry time: 1:06.92 (+1.69) 50m: 31.12	2005 Svímjifelagið Ægir 100m: 1:08.61 (37.49)		528	1:08.61	
2	Róa Trygvadóttir Entry time: 1:08.34 (+0.45) 50m: 32.67	2008 Svímjifelagið Ægir 100m: 1:08.79 (36.12)		524	1:08.79	+0.18
3	Jóhanna Ólavsdóttir Entry time: 1:08.21 (+4.26) 50m: 33.41	2007 Fuglafjarðar Svímjifelag 100m: 1:12.47 (39.06)		448	1:12.47	+3.86
4	Alisa Vestergård Entry time: 1:08.13 (+4.97) 50m: 32.96	2003 Suðuroyar Svímjifelag 100m: 1:13.10 (40.14)		437	1:13.10	+4.49
5	Durita M. Askham Entry time: 1:13.47 (+0.17) 50m: 34.37	2008 Svímjifelagið Ægir 100m: 1:13.64 (39.27)		427	1:13.64	+5.03
Kapping almenn: 20.05.2023 17:50:46						

Kapping 24, 100m Firvald Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
FAR	54.12 Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)			07.07.2012
FAR.JR	54.12 Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)			07.07.2012
1	Isak Brisenfeldt Entry time: 58.02 (-0.04) 50m: 27.39	2006 Havnar Svímjifelag 100m: 57.98 (30.59)		620	57.98	
2	Áki Eliassen Entry time: 1:02.20 (+2.99) 50m: 29.54	2006 Havnar Svímjifelag 100m: 1:05.19 (35.65)		436	1:05.19	+7.21

Kapping 24, 100m Firvald Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
3	Jóni Janusarson Strøm	2006 Suðuroyar Svímjifelag		366	1:09.10	+11.12
	Entry time: 1:07.43 (+1.67)					
	50m: 31.77	100m: 1:09.10 (37.33)				
4	Oddvaldur Leivsson	2008 Havnar Svímjifelag		351	1:10.06	+12.08
	Entry time: 1:08.98 (+1.08)					
	50m: 32.32	100m: 1:10.06 (37.74)				
5	Terji Kjærbo	2012 Suðuroyar Svímjifelag		49	2:14.60	+1:16.62
	50m: 1:02.62	100m: 2:14.60 (1:11.98)				
-	Theodor Salter	2011 Havnar Svímjifelag			DSQ	
	Ójavnt beinspark					
	Kapping almenn: 20.05.2023 17:53:13					

Kapping 25, 800m Frí Kvinnur - Final

FAR	9:06.88	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Debrecen (HUN)		23.04.2022
FAR.JR	9:09.34	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Broenshoej (DEN)		15.04.2016
Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Lea Petersen	2009 Svímjifelagið Ægir		480	10:19.09	
	Entry time: 10:19.80 (-0.71)					
	50m: 34.44	100m: 1:12.52 (38.08)	150m: 1:52.28 (39.76)	200m: 2:31.84 (39.56)		
	250m: 3:11.18 (39.34)	300m: 3:50.84 (39.66)	350m: 4:30.77 (39.93)	400m: 5:09.80 (39.03)		
	450m: 5:49.43 (39.63)	500m: 6:28.42 (38.99)	550m: 7:07.57 (39.15)	600m: 7:46.60 (39.03)		
	650m: 8:25.18 (38.58)	700m: 9:04.31 (39.13)	750m: 9:42.07 (37.76)	800m: 10:19.09 (37.02)		
2	Jóhanna Katrina Jacobsen	2007 Havnar Svímjifelag		458	10:28.52	+9.43
	Entry time: 10:28.54 (-0.02)					
	50m: 34.91	100m: 1:13.91 (39.00)	150m: 1:53.09 (39.18)	200m: 2:32.42 (39.33)		
	250m: 3:12.47 (40.05)	300m: 3:52.18 (39.71)	350m: 4:31.62 (39.44)	400m: 5:10.90 (39.28)		
	450m: 5:50.44 (39.54)	500m: 6:30.29 (39.85)	550m: 7:10.03 (39.74)	600m: 7:50.53 (40.50)		
	650m: 8:29.99 (39.46)	700m: 9:10.05 (40.06)	750m: 9:50.18 (40.13)	800m: 10:28.52 (38.34)		
3	Jórun Winther	2011 Suðuroyar Svímjifelag		333	11:38.94	+1:19.85
	Entry time: 11:46.56 (-7.62)					
	50m: 37.36	100m: 1:19.28 (41.92)	150m: 2:03.19 (43.91)	200m: 2:47.23 (44.04)		
	250m: 3:30.26 (43.03)	300m: 4:15.50 (45.24)	350m: 4:59.09 (43.59)	400m: 5:43.96 (44.87)		
	450m: 6:29.02 (45.06)	500m: 7:13.53 (44.51)	550m: 7:57.69 (44.16)	600m: 8:42.65 (44.96)		
	650m: 9:27.36 (44.71)	700m: 10:11.63 (44.27)	750m: 10:55.42 (43.79)	800m: 11:38.94 (43.52)		
-	Eyðrið Mortensen	2003 Havnar Svímjifelag			DNS	
	Kapping almenn: 20.05.2023 18:06:46					

Kapping 26, 1500m Frí Menn - Final

FAR	14:46.33	Pal Joensen	1990 Suðuroyar Svímjifelag (FR)	Shanghai (CHN)		31.07.2011
FAR.JR	15:51.66	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Amsterdam (NED)		12.12.2014
Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag		561	17:35.53	
	Entry time: 17:15.24 (+20.29)					
	50m: 31.32	100m: 1:06.15 (34.83)	150m: 1:41.58 (35.43)	200m: 2:17.39 (35.81)		
	250m: 2:53.07 (35.68)	300m: 3:28.51 (35.44)	350m: 4:03.70 (35.19)	400m: 4:39.03 (35.33)		
	450m: 5:14.07 (35.04)	500m: 5:50.03 (35.96)	550m: 6:25.48 (35.45)	600m: 7:01.01 (35.53)		
	650m: 7:36.87 (35.86)	700m: 8:12.19 (35.32)	750m: 8:47.86 (35.67)	800m: 9:23.73 (35.87)		
	850m: 9:59.43 (35.70)	900m: 10:34.51 (35.08)	950m: 11:09.98 (35.47)	1000m: 11:45.58 (35.60)		
	1050m: 12:21.22 (35.64)	1100m: 12:56.57 (35.35)	1150m: 13:31.85 (35.28)	1200m: 14:07.34 (35.49)		
	1250m: 14:42.55 (35.21)	1300m: 15:17.79 (35.24)	1350m: 15:52.65 (34.86)	1400m: 16:27.77 (35.12)		
	1450m: 17:02.33 (34.56)	1500m: 17:35.53 (33.20)				

Kapping 26, 1500m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
2	Sílas Dam Lindberg	2008 Havnar Svímjifelag		538	17:50.70	+15.17
	Entry time: 19:48.69	(-1:57.99)				
	50m: 31.84	100m: 1:06.68 (34.84)	150m: 1:42.16 (35.48)	200m: 2:17.93 (35.77)		
	250m: 2:53.85 (35.92)	300m: 3:29.43 (35.58)	350m: 4:05.13 (35.70)	400m: 4:40.61 (35.48)		
	450m: 5:16.47 (35.86)	500m: 5:52.24 (35.77)	550m: 6:28.14 (35.90)	600m: 7:03.75 (35.61)		
	650m: 7:39.68 (35.93)	700m: 8:15.61 (35.93)	750m: 8:51.53 (35.92)	800m: 9:27.43 (35.90)		
	850m: 10:03.50 (36.07)	900m: 10:39.34 (35.84)	950m: 11:15.20 (35.86)	1000m: 11:51.37 (36.17)		
	1050m: 12:27.75 (36.38)	1100m: 13:03.70 (35.95)	1150m: 13:39.40 (35.70)	1200m: 14:15.42 (36.02)		
	1250m: 14:51.23 (35.81)	1300m: 15:27.82 (36.59)	1350m: 16:03.89 (36.07)	1400m: 16:40.49 (36.60)		
	1450m: 17:16.15 (35.66)	1500m: 17:50.70 (34.55)				
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		517	18:04.85	+29.32
	Entry time: 17:04.03	(+1:00.82)				
	50m: 31.09	100m: 1:05.83 (34.74)	150m: 1:41.19 (35.36)	200m: 2:17.14 (35.95)		
	250m: 2:52.88 (35.74)	300m: 3:28.78 (35.90)	350m: 4:04.48 (35.70)	400m: 4:40.26 (35.78)		
	450m: 5:15.95 (35.69)	500m: 5:51.75 (35.80)	550m: 6:27.76 (36.01)	600m: 7:03.52 (35.76)		
	650m: 7:39.48 (35.96)	700m: 8:15.34 (35.86)	750m: 8:51.47 (36.13)	800m: 9:27.29 (35.82)		
	850m: 10:03.35 (36.06)	900m: 10:39.29 (35.94)	950m: 11:15.40 (36.11)	1000m: 11:51.62 (36.22)		
	1050m: 12:28.25 (36.63)	1100m: 13:05.10 (36.85)	1150m: 13:41.89 (36.79)	1200m: 14:18.77 (36.88)		
	1250m: 14:56.29 (37.52)	1300m: 15:34.04 (37.75)	1350m: 16:11.78 (37.74)	1400m: 16:49.76 (37.98)		
	1450m: 17:27.92 (38.16)	1500m: 18:04.85 (36.93)				

Kapping almenn: 20.05.2023 18:25:26

Kapping 27, 50m Rygg Kvinnur - Final

FAR	29.54	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Glasgow (GBR)	04.08.2018	
FAR.JR	29.59	Signhild Joensen	2000 Ægir Klaksvik (FRO)	Broenshoej (DEN)	04.04.2017	
Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		606	31.88	
	Entry time: 31.89	(-0.01)				
2	Jonna Joensen	2005 Svímjifelagið Ægir		533	33.27	+1.39
	Entry time: 32.27	(+1.00)				
3	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag		470	34.70	+2.82
	Entry time: 34.54	(+0.16)				
4	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		456	35.05	+3.17
	Entry time: 34.60	(+0.45)				
5	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag		451	35.16	+3.28
	Entry time: 34.19	(+0.97)				
6	Jórun Winther	2011 Suðuroyar Svímjifelag		430	35.72	+3.84
	Entry time: 37.14	(-1.42)				
7	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		401	36.58	+4.70
	Entry time: 35.63	(+0.95)				
8	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		395	36.75	+4.87
	Entry time: 37.03	(-0.28)				
9	Oddvá Seda D. Nattestad	2006 Havnar Svímjifelag		393	36.81	+4.93
	Entry time: 36.65	(+0.16)				
10	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		355	38.09	+6.21
	Entry time: 37.93	(+0.16)				
11	Silja Bech	2008 Suðuroyar Svímjifelag		296	40.46	+8.58
	Entry time: 43.13	(-2.67)				
12	Rebecca Jacobsen	2011 Svímjifelagið Ægir		267	41.86	+9.98
	Entry time: 43.83	(-1.97)				

Kapping 27, 50m Rygg Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
13	Lilja Strøm Winther Entry time: 41.38 (+0.74)	2009 Suðuroyar Svímjifelag		262	42.12	+10.24
14	Naomi Friang Entry time: 46.14 (-2.82)	2010 Fuglafjarðar Svímjifelag		241	43.32	+11.44
15	Ninna í Hjøllum Entry time: 52.61 (-8.50)	2009 Suðuroyar Svímjifelag		228	44.11	+12.23
16	Diana Bech Entry time: 46.04 (-0.26)	2010 Suðuroyar Svímjifelag		204	45.78	+13.90
17	Lea Bendix á Krákusteini Entry time: 47.23 (+0.88)	2011 Havnar Svímjifelag		176	48.11	+16.23
18	Bára Hansen Entry time: 46.37 (+1.84)	2009 Suðuroyar Svímjifelag		175	48.21	+16.33
19	Lilja Sørensen Entry time: 48.29 (+0.96)	2011 Havnar Svímjifelag		164	49.25	+17.37
20	Lea í Trøðini Entry time: 51.83 (-1.99)	2011 Suðuroyar Svímjifelag		158	49.84	+17.96
21	Tóta Sofía Gudmundsen Entry time: 1:15.04 (-12.38)	2014 Suðuroyar Svímjifelag		79	1:02.66	+30.78
-	Karita Tórðardóttir	2013 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 21.05.2023 13:07:31

Kapping 28, 50m Rygg Menn - Final

FAR 26.34 Magnús Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012
 FAR.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Óli Mikkelsen Entry time: 32.22 (-0.64)	2008 Havnar Svímjifelag		423	31.58	
2	Karl Joensen Entry time: 31.90 (=)	2005 Svímjifelagið Flot		410	31.90	+0.32
3	Jóni Janusarson Strøm Entry time: 38.03 (-5.95)	2006 Suðuroyar Svímjifelag		403	32.08	+0.50
4	Áki Eliassen Entry time: 30.63 (+1.76)	2006 Havnar Svímjifelag		392	32.39	+0.81
5	Jónathan L. Sørensen Entry time: 34.54 (-0.18)	2006 Suðuroyar Svímjifelag		328	34.36	+2.78
6	Teitur Winther Entry time: 34.40 (+0.44)	2005 Suðuroyar Svímjifelag		315	34.84	+3.26
7	Jóhannis í Stórustovu Entry time: 36.62 (-0.47)	2011 Havnar Svímjifelag		282	36.15	+4.57
8	Símun Sámal Joensen Entry time: 37.94 (+0.07)	2009 Havnar Svímjifelag		242	38.01	+6.43
9	Tórir Olsen Entry time: 45.96 (-4.35)	2011 Svímjifelagið Ægir		185	41.61	+10.03
10	Terji Kjørbo Entry time: 49.61 (-5.93)	2012 Suðuroyar Svímjifelag		159	43.68	+12.10

Kapping 28, 50m Rygg Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
11	Sigbjartur J. Egholm Entry time: 44.06 (+0.56)	2009 Havnar Svímjifelag		150	44.62	+13.04
12	Nóa Róason Stakksund Entry time: 51.13 (-5.01)	2011 Havnar Svímjifelag		135	46.12	+14.54
13	Dávur Eið Entry time: 49.46 (-2.13)	2012 Suðuroyar Svímjifelag		125	47.33	+15.75
14	Andrias Mellemgaard	2009 Havnar Svímjifelag		115	48.72	+17.14
15	Aron Berg Joensen Entry time: 45.80 (+3.84)	2009 Havnar Svímjifelag		108	49.64	+18.06
16	Símun Eliassen Entry time: 49.54 (+0.35)	2011 Havnar Svímjifelag		107	49.89	+18.31
17	Elias í Lágabø Entry time: 52.36 (-2.41)	2014 Suðuroyar Svímjifelag		106	49.95	+18.37
18	Jógvan Vesturtún Entry time: 52.17 (-1.22)	2013 Fuglafjarðar Svímjifelag		100	50.95	+19.37
19	Benjamin Clementsen Entry time: 56.79 (-1.61)	2012 Suðuroyar Svímjifelag		79	55.18	+23.60
20	Sævar Strøm Entry time: 53.73 (+2.04)	2014 Suðuroyar Svímjifelag		76	55.77	+24.19
21	Jonnhard Winther Entry time: 57.36 (-0.69)	2015 Suðuroyar Svímjifelag		73	56.67	+25.09
-	Ian Strøm Fullfórði ikki kappingina	2015 Suðuroyar Svímjifelag			DSQ	
-	William Holm Kilgour	2014 Suðuroyar Svímjifelag			DNS	

Kapping almenn: 21.05.2023 13:17:38

Kapping 29, 200m Frí Kvinnur - Final

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016
 FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Hodmezovasarhely (HUN) 08.07.2016

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Vár Erlingsdóttir Eidesgaard Entry time: 2:05.22 (+0.59) 50m: 29.96	2001 Havnar Svímjifelag		724	2:05.81	
2	Eyðrið Mortensen Entry time: 2:10.47 (+0.15) 50m: 30.63	2003 Havnar Svímjifelag		647	2:10.62	+4.81
3	Alisa Vestergård Entry time: 2:11.29 (+1.06) 50m: 30.51	2003 Suðuroyar Svímjifelag		622	2:12.35	+6.54
4	Róa Trygvadóttir Entry time: 2:15.63 (-3.10) 50m: 31.38	2008 Svímjifelagið Ægir		619	2:12.53	+6.72
5	Durita M. Askham Entry time: 2:25.69 (-2.19) 50m: 32.58	2008 Svímjifelagið Ægir		488	2:23.50	+17.69
6	Lea Petersen Entry time: 2:23.41 (+0.37) 50m: 32.40	2009 Svímjifelagið Ægir		485	2:23.78	+17.97

21-05-2023 15:53.45

Dátaviðgerð: WinGrodan 2.9

Loyvt: Suðuroyar Svímjifelag

Síða 24/31

Kapping 29, 200m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
7	Jonna Joensen	2005 Svímjifelagið Ægir		473	2:24.99	+19.18
	Entry time: 2:22.89 (+2.10)					
	50m: 31.79	100m: 1:08.46 (36.67)	150m: 1:47.20 (38.74)		200m: 2:24.99 (37.79)	
8	Margit Højbro	2007 Fuglafjarðar Svímjifelag		440	2:28.45	+22.64
	Entry time: 2:20.23 (+8.22)					
	50m: 34.06	100m: 1:12.13 (38.07)	150m: 1:50.93 (38.80)		200m: 2:28.45 (37.52)	
9	Jórun Winther	2011 Suðuroyar Svímjifelag		436	2:28.93	+23.12
	Entry time: 2:34.97 (-6.04)					
	50m: 33.83	100m: 1:12.22 (38.39)	150m: 1:51.70 (39.48)		200m: 2:28.93 (37.23)	
10	Jóhanna Katrina Jacobsen	2007 Havnar Svímjifelag		434	2:29.22	+23.41
	Entry time: 2:27.63 (+1.59)					
	50m: 34.35	100m: 1:13.38 (39.03)	150m: 1:52.01 (38.63)		200m: 2:29.22 (37.21)	
11	Oddvá Seda D. Nattestad	2006 Havnar Svímjifelag		401	2:33.18	+27.37
	Entry time: 2:44.20 (-11.02)					
	50m: 34.32	100m: 1:13.88 (39.56)	150m: 1:54.71 (40.83)		200m: 2:33.18 (38.47)	
12	Silja Bech	2008 Suðuroyar Svímjifelag		377	2:36.26	+30.45
	Entry time: 2:40.15 (-3.89)					
	50m: 35.26	100m: 1:14.65 (39.39)	150m: 1:55.51 (40.86)		200m: 2:36.26 (40.75)	
13	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag		361	2:38.58	+32.77
	Entry time: 2:33.22 (+5.36)					
	50m: 35.10	100m: 1:14.87 (39.77)	150m: 1:56.43 (41.56)		200m: 2:38.58 (42.15)	
14	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		292	2:50.26	+44.45
	Entry time: 2:49.54 (+0.72)					
	50m: 38.85	100m: 1:22.77 (43.92)	150m: 2:07.76 (44.99)		200m: 2:50.26 (42.50)	
15	Bára Hansen	2009 Suðuroyar Svímjifelag		248	2:59.65	+53.84
	Entry time: 2:55.26 (+4.39)					
	50m: 39.51	100m: 1:24.74 (45.23)	150m: 2:13.58 (48.84)		200m: 2:59.65 (46.07)	
16	Naomi Friang	2010 Fuglafjarðar Svímjifelag		225	3:05.75	+59.94
	Entry time: 3:10.01 (-4.26)					
	50m: 44.05	100m: 1:31.48 (47.43)	150m: 2:21.43 (49.95)		200m: 3:05.75 (44.32)	
17	Diana Bech	2010 Suðuroyar Svímjifelag		223	3:06.19	+1:00.38
	Entry time: 3:05.54 (+0.65)					
	50m: 40.66	100m: 1:29.12 (48.46)	150m: 2:20.25 (51.13)		200m: 3:06.19 (45.94)	
18	Lea Bendix á Krákusteini	2011 Havnar Svímjifelag		208	3:10.44	+1:04.63
	Entry time: 3:12.44 (-2.00)					
	50m: 43.05	100m: 1:33.31 (50.26)	150m: 2:23.68 (50.37)		200m: 3:10.44 (46.76)	
19	Lilja Strøm Winther	2009 Suðuroyar Svímjifelag		194	3:14.96	+1:09.15
	Entry time: 3:18.34 (-3.38)					
	50m: 43.48	100m: 1:34.31 (50.83)	150m: 2:26.34 (52.03)		200m: 3:14.96 (48.62)	
20	Lilja Sørensen	2011 Havnar Svímjifelag		171	3:23.53	+1:17.72
	Entry time: 3:25.40 (-1.87)					
	50m: 45.65	100m: 1:38.76 (53.11)	150m: 2:32.50 (53.74)		200m: 3:23.53 (51.03)	
21	Lea í Trøðini	2011 Suðuroyar Svímjifelag		167	3:24.91	+1:19.10
	Entry time: 3:32.60 (-7.69)					
	50m: 44.11	100m: 1:35.17 (51.06)	150m: 2:31.59 (56.42)		200m: 3:24.91 (53.32)	
-	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag			DSQ	
	Tjóvstartur (startari og yvirdómari skulu vera samdir)					

Kapping almenn: 21.05.2023 13:35:42

Kapping 30, 200m Frí Menn - Final

FAR 1:48.98 Pal Joensen 1990 Suðuroyar Svímjifelag (FR Broenshoej (DEN) 23.03.2012

21-05-2023 15:53:45

Dátaviðgerð: WinGrodan 2.9

Loyvt: Suðuroyar Svímjifelag

Síða 25/31

Kapping 30, 200m Frí Menn - Final

FAR.JR 1:55.21 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Isak Brisenfeldt Entry time: 1:58.14 50m: 27.50	2006 Havnar Svímjifelag (+0.73)		631	1:58.87	
		100m: 58.16 (30.66) 150m: 1:28.80 (30.64)			200m: 1:58.87 (30.07)	
2	Líggjas Joensen Entry time: 1:58.28 50m: 27.58	2008 Svímjifelagið Ægir (+0.88)		627	1:59.16	+0.29
		100m: 58.16 (30.58) 150m: 1:29.33 (31.17)			200m: 1:59.16 (29.83)	
3	Bárður Ólavsson Entry time: 2:11.02 50m: 30.33	2008 Fuglafjarðar Svímjifelag (-2.14)		495	2:08.88	+10.01
		100m: 1:03.41 (33.08) 150m: 1:36.40 (32.99)			200m: 2:08.88 (32.48)	
4	Oddvaldur Leivsson Entry time: 2:06.76 50m: 29.31	2008 Havnar Svímjifelag (+2.16)		495	2:08.92	+10.05
		100m: 1:01.51 (32.20) 150m: 1:35.45 (33.94)			200m: 2:08.92 (33.47)	
5	Fróði Hansen Entry time: 2:07.56 50m: 29.08	2008 Fuglafjarðar Svímjifelag (+2.49)		482	2:10.05	+11.18
		100m: 1:01.74 (32.66) 150m: 1:35.60 (33.86)			200m: 2:10.05 (34.45)	
6	Silas Dam Lindberg Entry time: 2:12.64 50m: 30.52	2008 Havnar Svímjifelag (+1.18)		442	2:13.82	+14.95
		100m: 1:04.45 (33.93) 150m: 1:39.39 (34.94)			200m: 2:13.82 (34.43)	
7	Karl Joensen Entry time: 2:11.95 50m: 30.16	2005 Svímjifelagið Flot (+4.36)		419	2:16.31	+17.44
		100m: 1:04.28 (34.12) 150m: 1:41.24 (36.96)			200m: 2:16.31 (35.07)	
8	Óli Mikkelsen Entry time: 2:16.81 50m: 32.18	2008 Havnar Svímjifelag (+6.60)		359	2:23.41	+24.54
		100m: 1:08.81 (36.63) 150m: 1:46.51 (37.70)			200m: 2:23.41 (36.90)	
9	Teitur Winther Entry time: 2:18.73 50m: 32.55	2005 Suðuroyar Svímjifelag (+8.83)		330	2:27.56	+28.69
		100m: 1:09.80 (37.25) 150m: 1:48.40 (38.60)			200m: 2:27.56 (39.16)	
10	Jónathan L. Sørensen Entry time: 2:24.51 50m: 32.57	2006 Suðuroyar Svímjifelag (+7.44)		302	2:31.95	+33.08
		100m: 1:09.61 (37.04) 150m: 1:50.86 (41.25)			200m: 2:31.95 (41.09)	
11	Jóhannis í Stórustovu Entry time: 2:37.43 50m: 35.08	2011 Havnar Svímjifelag (-2.79)		286	2:34.64	+35.77
		100m: 1:14.70 (39.62) 150m: 1:56.37 (41.67)			200m: 2:34.64 (38.27)	
12	Tórir Olsen Entry time: 2:35.03 50m: 35.67	2011 Svímjifelagið Ægir (+0.80)		280	2:35.83	+36.96
		100m: 1:15.28 (39.61) 150m: 1:57.34 (42.06)			200m: 2:35.83 (38.49)	
13	Dávur Eið Entry time: 3:20.92 50m: 40.34	2012 Suðuroyar Svímjifelag (-9.54)		151	3:11.38	+1:12.51
		100m: 1:28.98 (48.64) 150m: 2:21.16 (52.18)			200m: 3:11.38 (50.22)	
14	Terji Kjørbo Entry time: 3:24.60 50m: 41.62	2012 Suðuroyar Svímjifelag (-10.88)		145	3:13.72	+1:14.85
		100m: 1:34.79 (53.17) 150m: 2:28.19 (53.40)			200m: 3:13.72 (45.53)	
15	Aron Berg Joensen Entry time: 3:08.53 50m: 41.55	2009 Havnar Svímjifelag (+7.69)		140	3:16.22	+1:17.35
		100m: 1:33.96 (52.41) 150m: 2:25.28 (51.32)			200m: 3:16.22 (50.94)	
16	Símun Eliassen Entry time: 3:29.22 50m: 47.24	2011 Havnar Svímjifelag (-11.43)		137	3:17.79	+1:18.92
		100m: 1:39.45 (52.21) 150m: 2:31.50 (52.05)			200m: 3:17.79 (46.29)	

Kapping 30, 200m Frí Menn - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
17	Nóa Róason Stakksund	2011 Havnar Svímjifelag		98	3:41.11	+1:42.24
	Entry time: 3:44.39 (-3.28)					
	50m: 52.35	100m: 1:53.08 (1:00.73)	150m: 2:52.50 (59.42)		200m: 3:41.11 (48.61)	
18	Benjamin Clementsen	2012 Suðuroyar Svímjifelag		55	4:26.65	+2:27.78
	Entry time: 4:24.00 (+2.65)					
	50m: 53.46	100m: 2:04.58 (1:11.12)	150m: 3:18.19 (1:13.61)		200m: 4:26.65 (1:08.46)	
-	Theodor Salter	2011 Havnar Svímjifelag			DSQ	
	Tjóvstartur (startari og yvirdómari skulu vera samdir)					
	Kapping almenn: 21.05.2023 13:49:07					

Kapping 31, 50m Firvald Kvinnur - Final

FAR	28.29	Astrid Foldarskarð	1994 Svímjifelagið Flot (FRO)	Broenshoej (DEN)	30.03.2014
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FRO)	Bergen (NOR)	14.04.2018

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		526	30.25	
	Entry time: 30.85 (-0.60)					
2	Jonna Joensen	2005 Svímjifelagið Ægir		500	30.77	+0.52
	Entry time: 30.06 (+0.71)					
3	Alisa Vestergård	2003 Suðuroyar Svímjifelag		487	31.05	+0.80
	Entry time: 29.98 (+1.07)					
4	Róa Trygvadóttir	2008 Svímjifelagið Ægir		447	31.94	+1.69
	Entry time: 31.42 (+0.52)					
5	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag		431	32.33	+2.08
	Entry time: 31.11 (+1.22)					
6	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		406	32.97	+2.72
	Entry time: 33.06 (-0.09)					
7	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag		394	33.30	+3.05
	Entry time: 33.47 (-0.17)					
8	Durita M. Askham	2008 Svímjifelagið Ægir		368	34.08	+3.83
	Entry time: 32.86 (+1.22)					
9	Jóhanna Katrina Jacobsen	2007 Havnar Svímjifelag		247	38.91	+8.66
	Entry time: 37.24 (+1.67)					
10	Silja Bech	2008 Suðuroyar Svímjifelag		234	39.63	+9.38
	Entry time: 43.49 (-3.86)					
11	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		213	40.85	+10.60
	Entry time: 40.99 (-0.14)					
12	Diana Bech	2010 Suðuroyar Svímjifelag		171	44.00	+13.75
	Entry time: 44.66 (-0.66)					
13	Ninna í Hjøllum	2009 Suðuroyar Svímjifelag		163	44.69	+14.44
	Entry time: 55.03 (-10.34)					
14	Rebecca Jacobsen	2011 Svímjifelagið Ægir		155	45.46	+15.21
	Entry time: 46.54 (-1.08)					
15	Bára Hansen	2009 Suðuroyar Svímjifelag		138	47.25	+17.00
	Entry time: 45.23 (+2.02)					
16	Lilja Sørensen	2011 Havnar Svímjifelag		98	52.94	+22.69
	Entry time: 51.37 (+1.57)					

Kapping 31, 50m Firvald Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
-	Naomi Friang Ójavnt armtak	2010 Fuglafjarðar Svímjifelag			DSQ	
-	Lea í Trøðini Ójavnt beinspark	2011 Suðuroyar Svímjifelag			DSQ	

Kapping almenn: 21.05.2023 13:56:23

Kapping 32, 50m Firvald Menn - Final

FAR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012
 FAR.JR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Bartal Erlingsson Eidesgaard Entry time: 27.06 (=)	2003 Havnar Svímjifelag		557	27.06	
2	Áki Eliassen Entry time: 27.98 (-0.15)	2006 Havnar Svímjifelag		512	27.83	+0.77
3	Jóni Janusarson Strøm Entry time: 32.38 (-3.57)	2006 Suðuroyar Svímjifelag		461	28.81	+1.75
4	Heini M. Askham Entry time: 30.18 (-1.21)	2006 Svímjifelagið Ægir		454	28.97	+1.91
5	Bárður Ólavsson Entry time: 31.25 (-1.10)	2008 Fuglafjarðar Svímjifelag		402	30.15	+3.09
6	Silas Dam Lindberg Entry time: 31.55 (+0.69)	2008 Havnar Svímjifelag		329	32.24	+5.18
7	Ólavur Winther Jákupsson Entry time: 33.18 (-0.63)	2008 Havnar Svímjifelag		320	32.55	+5.49
8	Karl Joensen Entry time: 31.01 (+2.71)	2005 Svímjifelagið Flot		288	33.72	+6.66
9	Theodor Salter Entry time: 36.32 (-0.45)	2011 Havnar Svímjifelag		239	35.87	+8.81
10	Jónathan L. Sørensen Entry time: 37.27 (+0.35)	2006 Suðuroyar Svímjifelag		207	37.62	+10.56
11	Jóhannis í Stórustovu Entry time: 37.42 (+1.07)	2011 Havnar Svímjifelag		193	38.49	+11.43
12	Sigbjartur J. Egholm Entry time: 40.06 (+0.52)	2009 Havnar Svímjifelag		165	40.58	+13.52
13	Terji Kjærbo Entry time: 45.53 (+4.09)	2012 Suðuroyar Svímjifelag		90	49.62	+22.56
14	Símun Eliassen Entry time: 48.43 (+1.73)	2011 Havnar Svímjifelag		87	50.16	+23.10
15	Andrias Mellemegaard	2009 Havnar Svímjifelag		76	52.45	+25.39
16	Aron Berg Joensen Entry time: 50.51 (+3.18)	2009 Havnar Svímjifelag		71	53.69	+26.63
17	Nóa Róason Stakksund Entry time: 53.98 (+7.35)	2011 Havnar Svímjifelag		47	1:01.33	+34.27
-	Tórir Olsen Ójavnt armtak	2011 Svímjifelagið Ægir			DSQ	

Kapping almenn: 21.05.2023 13:59:53

Kapping 33, 200m Bringu Kvinnur - Final

FAR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Vagur (FRO) 25.05.2017
 FAR.JR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FR Vagur (FRO) 25.05.2017

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		444	3:02.05	
	Entry time: 2:59.96 (+2.09)					
	50m: 41.37	100m: 1:27.58 (46.21)	150m: 2:15.90 (48.32)	200m: 3:02.05 (46.15)		
2	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		396	3:09.18	+7.13
	Entry time: 3:02.09 (+7.09)					
	50m: 42.44	100m: 1:31.69 (49.25)	150m: 2:20.71 (49.02)	200m: 3:09.18 (48.47)		
3	Oddvá Seda D. Nattestad	2006 Havnar Svímjifelag		353	3:16.46	+14.41
	Entry time: 3:10.17 (+6.29)					
	50m: 42.71	100m: 1:33.45 (50.74)	150m: 2:25.52 (52.07)	200m: 3:16.46 (50.94)		
4	Sirið Vesturtún	2011 Fuglafjarðar Svímjifelag		237	3:44.46	+42.41
	Entry time: 3:42.37 (+2.09)					
	50m: 52.97	100m: 1:51.61 (58.64)	150m: 2:48.21 (56.60)	200m: 3:44.46 (56.25)		
5	Naomi Friang	2010 Fuglafjarðar Svímjifelag		200	3:57.33	+55.28
	Entry time: 3:57.33 (+5.28)					
	50m: 57.53	100m: 1:57.92 (1:00.39)	150m: 3:00.96 (1:03.04)	200m: 3:57.33 (56.37)		
6	Bára Hansen	2009 Suðuroyar Svímjifelag		185	4:03.73	+1:01.68
	Entry time: 4:09.61 (-5.88)					
	50m: 52.12	100m: 1:56.33 (1:04.21)	150m: 3:00.17 (1:03.84)	200m: 4:03.73 (1:03.56)		

Kapping almenn: 21.05.2023 14:21:51

Kapping 34, 200m Bringu Menn - Final

FAR 2:21.71 Pal Joensen 1990 Suðuroyar Svímjifelag (FR Bergen (NOR) 31.05.2015
 FAR.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FR Laugardalslaug (ISL) 24.01.2016

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Heini M. Askham	2006 Svímjifelagið Ægir		468	2:42.19	
	Entry time: 2:53.56 (-11.37)					
	50m: 36.09	100m: 1:18.19 (42.10)	150m: 2:00.80 (42.61)	200m: 2:42.19 (41.39)		
2	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		462	2:42.88	+0.69
	Entry time: 2:36.60 (+6.28)					
	50m: 36.48	100m: 18.24 ()	150m: 2:01.11 (1:42.87)	200m: 2:42.88 (41.77)		
3	Líggjas Joensen	2008 Svímjifelagið Ægir		377	2:54.34	+12.15
	Entry time: 2:55.99 (-1.65)					
	50m: 39.59	100m: 1:24.45 (44.86)	150m: 2:10.76 (46.31)	200m: 2:54.34 (43.58)		
4	Markus Bárðarson Dahl	2005 Havnar Svímjifelag		355	2:57.87	+15.68
	Entry time: 2:49.04 (+8.83)					
	50m: 40.13	100m: 1:25.04 (44.91)	150m: 2:11.16 (46.12)	200m: 2:57.87 (46.71)		
5	Sigbjartur J. Egholm	2009 Havnar Svímjifelag		162	3:50.88	+1:08.69
	Entry time: 3:50.88 (+1:08.69)					
	50m: 54.28	100m: 1:55.15 (1:00.87)	150m: 2:54.45 (59.30)	200m: 3:50.88 (56.43)		
6	Dávur Eið	2012 Suðuroyar Svímjifelag		91	4:39.44	+1:57.25
	Entry time: 4:34.72 (+4.72)					
	50m: 1:01.28	100m: 2:13.45 (1:12.17)	150m: 3:25.16 (1:11.71)	200m: 4:39.44 (1:14.28)		

Kapping almenn: 21.05.2023 14:33:17

Kapping 35, 1500m Frí Kvinnur - Final

FAR 17:25.28 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Broenshoej (DEN) 13.04.2016
 FAR.JR 17:25.28 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FRO) Broenshoej (DEN) 13.04.2016

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
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Kapping 35, 1500m Frí Kvinnur - Final

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Margit Højbro	2007 Fuglafjarðar Svímjifelag			461 19:51.48	
	50m: 35.22	100m: 1:13.75 (38.53)	150m: 1:52.75 (39.00)	200m: 2:32.03 (39.28)		
	250m: 3:11.34 (39.31)	300m: 3:50.97 (39.63)	350m: 4:31.02 (40.05)	400m: 5:10.58 (39.56)		
	450m: 5:50.22 (39.64)	500m: 6:30.10 (39.88)	550m: 7:09.85 (39.75)	600m: 7:49.75 (39.90)		
	650m: 8:29.85 (40.10)	700m: 9:09.44 (39.59)	750m: 9:49.35 (39.91)	800m: 10:28.88 (39.53)		
	850m: 11:08.74 (39.86)	900m: 11:48.43 (39.69)	950m: 12:28.67 (40.24)	1000m: 13:08.65 (39.98)		
	1050m: 13:49.20 (40.55)	1100m: 14:30.06 (40.86)	1150m: 15:10.35 (40.29)	1200m: 15:51.19 (40.84)		
	1250m: 16:32.40 (41.21)	1300m: 17:13.10 (40.70)	1350m: 17:53.61 (40.51)	1400m: 18:33.51 (39.90)		
	1450m: 19:13.16 (39.65)	1500m: 19:51.48 (38.32)				

Kapping almenn: 21.05.2023 14:56:07

Kapping 36, 800m Frí Menn - Final

FAR	7:45.55	Pal Joensen	1990 Suðuroyar Svímjifelag (FR)	Shanghai (CHN)	26.07.2011
FAR.JR	8:13.75	Óli Mortensen	1996 Havnar Svímjifelag (FRO)	Canet-En-Roussillon (FRA)	12.06.2014

Raðf	Navn	Føðia Felag	R.T	WA	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag			599 8:56.31	
	Entry time: 10:05.21 (-1:08.90)					
	50m: 30.47	100m: 1:04.20 (33.73)	150m: 1:39.05 (34.85)	200m: 2:13.62 (34.57)		
	250m: 2:48.35 (34.73)	300m: 3:22.01 (33.66)	350m: 3:55.84 (33.83)	400m: 4:30.05 (34.21)		
	450m: 5:03.58 (33.53)	500m: 5:37.76 (34.18)	550m: 6:11.88 (34.12)	600m: 6:45.58 (33.70)		
	650m: 7:19.11 (33.53)	700m: 7:52.88 (33.77)	750m: 8:25.04 (32.16)	800m: 8:56.31 (31.27)		
2	Ólavur Winther Jákupsson	2008 Havnar Svímjifelag			419 10:03.78	+1:07.47
	Entry time: 9:55.65 (+8.13)					
	50m: 33.94	100m: 1:11.31 (37.37)	150m: 1:49.85 (38.54)	200m: 2:28.49 (38.64)		
	250m: 3:07.17 (38.68)	300m: 3:45.48 (38.31)	350m: 4:23.85 (38.37)	400m: 5:02.92 (39.07)		
	450m: 5:40.95 (38.03)	500m: 6:18.81 (37.86)	550m: 6:56.73 (37.92)	600m: 7:34.88 (38.15)		
	650m: 8:12.20 (37.32)	700m: 8:49.61 (37.41)	750m: 9:27.23 (37.62)	800m: 10:03.78 (36.55)		
3	Símun Sámal Joensen	2009 Havnar Svímjifelag			396 10:15.37	+1:19.06
	Entry time: 10:14.93 (+0.44)					
	50m: 34.63	100m: 1:12.90 (38.27)	150m: 1:51.41 (38.51)	200m: 2:30.40 (38.99)		
	250m: 3:09.35 (38.95)	300m: 3:48.42 (39.07)	350m: 4:27.27 (38.85)	400m: 5:06.53 (39.26)		
	450m: 5:45.25 (38.72)	500m: 6:24.81 (39.56)	550m: 7:03.44 (38.63)	600m: 7:42.91 (39.47)		
	650m: 8:21.42 (38.51)	700m: 8:59.86 (38.44)	750m: 9:38.19 (38.33)	800m: 10:15.37 (37.18)		
-	Theodor Salter	2011 Havnar Svímjifelag			DNS	

Kapping almenn: 21.05.2023 14:56:21

Kapping 37, 4x100m Blandað Kvinnur - Final

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FRO)	Vagur (FRO)	26.04.2019
FAR.JR	4:39.73	Havnar Svímjifelag	Havnar Svímjifelag (FRO)	Vagur (FRO)	10.04.2021

Raðf	Navn	Aldur	Felag	WA	Tíð	Munur
1	Svímjifelagið Ægir	18	Svímjifelagið Ægir		473	4:55.65
	Róa Trygvadóttir	2008	AB208	37.10	1:14.03	1:14.03
	Ragnhild Jacobsen	2008	AA808	39.33	1:23.82	2:37.85
	Jonna Joensen	2005	AA805	31.77	1:11.82	3:49.67
	Durita M. Askham	2008	AA408	30.76	1:05.98	4:55.65
2	Fuglafjarðar Svímjifelag	16	Fuglafjarðar Svímjifelag		437	5:03.60
	Birita Vesturtún	2007	AA807	36.68	1:16.39	1:16.39
	Rebekka Róðinsdóttir	2007	AA607	40.08	1:28.01	2:44.40
	Jóhanna Ólavsdóttir	2007	AA407	32.66	1:09.77	3:54.17
	Margit Højbro	2007	AA207	34.48	1:09.43	5:03.60

Kapping 37, 4x100m Blandað Kvinnur - Final

Raðf	Navn	Aldur	Felag	WA	Tíð	Munur
3	Suðuroyar Svímjifelag		20 Suðuroyar Svímjifelag	429	5:05.41	+9.76
	Bjørk L Sørensen	2004	AB604	36.94	1:15.97	1:15.97
	Bjarta í Lágabø	2009	AA609	40.20	1:27.58	2:43.55
	Alisa Vestergård	2003	AA603	33.86	1:14.55	3:58.10
	Jórun Winther	2011	AA411	31.54	1:07.31	5:05.41
4	HS GENTUR		17 Havnar Svímjifelag	216	6:23.91	+1:28.2
	Lea Bendix á Krákusteini	2011	AC211	53.82	1:47.05	1:47.05
	Oddvá Sedeá D. Nattestad	2006	AA206	42.22	1:32.10	3:19.15
	Jóhanna Katrina Jacobsen	2007	AB407	41.45	1:34.89	4:54.04
	Lilja Sørensen	2011	AC411	40.86	1:29.87	6:23.91

Kapping almenn: 21.05.2023 15:15:27

Kapping 38, 4x100m Blandað Menn - Final

FAR 4:11.85 Havnar Svímjifelag Havnar Svímjifelag (FRO) Vagur (FRO) 08.06.2018
 FAR.JR 4:20.14 Havnar Svímjifelag Havnar Svímjifelag (FRO) Vagur (FRO) 03.07.2020

Raðf	Navn	Aldur	Felag	WA	Tíð	Munur
1	HS MEN		20 Havnar Svímjifelag	502	4:20.06	
	Oddvaldur Leivsson	2008	AB108	32.64	1:07.80	1:07.80
	Bartal Erlingsson Eidesgaard	2003	AA303	32.40	1:10.32	2:18.12
	Isak Brisenfeldt	2006	AA506	28.71	1:01.58	3:19.70
	Áki Eliassen	2006	AA706	27.87	1:00.36	4:20.06
2	HS DREINGIR 1		18 Havnar Svímjifelag	333	4:58.16	+38.10
	Óli Mikkelsen	2008	AC508	36.50	1:14.42	1:14.42
	Markus Bárðarson Dahl	2005	AA305	39.89	1:24.72	2:39.14
	Silas Dam Lindberg	2008	AB308	33.51	1:11.34	3:50.48
	Ólavur Winther Jákupsson	2008	AA908	31.84	1:07.68	4:58.16
3	HS DREINGIR 2		14 Havnar Svímjifelag	216	5:44.22	+1:24.1
	Jóhannis í Stórustovu	2011	AB911	40.05	1:22.22	1:22.22
	Símun Sámal Joensen	2009	AA509	43.15	1:34.45	2:56.67
	Theodor Salter	2011	AA311	39.54	1:24.12	4:20.79
	Sigbjartur J. Egholm	2009	AB509	39.88	1:23.43	5:44.22
4	SuSvim Menn		11 Suðuroyar Svímjifelag	55	9:03.58	+4:43.5
	Dávur Eið	2012	AB312	52.94	1:48.94	1:48.94
	Sævar Strøm	2014	AB114	1:16.18	2:40.72	4:29.66
	Terji Kjærbo	2012	AB512	59.64	2:49.28	7:18.94
	Elias í Lágabø	2014	AA714	52.97	1:44.64	9:03.58

Kapping almenn: 21.05.2023 15:32:20