



# Úrslit

## JM - FM á Langgeil

Stað: Páls Høll  
Hylur: 50m

Fyrireikari: Svimmisamband Føroya  
Stevnudagur: jul 9, 2021 til jul 11, 2021

### Kapping 1, 800m Frí Kvinnur Jr. Y - Tíðar Finala

FAR 9:08.50 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FAR) Bergen (NOR) 05.04.2019  
FAR.JR 9:09.34 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FAR) Broenshoej (DEN) 15.04.2016  
FM Kravtíð - 300 FINA stig: 12:04.18 - 11:56.03

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Margit Højbro	2007 Fuglafjarðar Svimmifelag	414	10:50.38	96,56 %	
	Entry time: 10:28.77 (+21.61)					
	50m: 36.16	100m: 1:16.25 (40.09)	150m: 1:56.86 (40.61)	200m: 2:38.19 (41.33)	400m: 5:22.75 (40.97)	
	250m: 3:19.84 (41.65)	300m: 4:00.45 (40.61)	350m: 4:41.78 (41.33)	400m: 5:22.75 (40.97)	600m: 8:06.25 (40.75)	
	450m: 6:03.27 (40.52)	500m: 6:44.28 (41.01)	550m: 7:25.50 (41.22)	600m: 8:06.25 (40.75)	800m: 10:50.38 (41.06)	
	650m: 8:47.90 (41.65)	700m: 9:28.21 (40.31)	750m: 10:09.32 (41.11)	800m: 10:50.38 (41.06)		
2	Jóhanna Katrina Jacobsen	2007 Havnar Svimmifelag	299	12:04.69	98,09 %	
	Entry time: 11:51.08 (+13.61)					
	50m: 38.10	100m: 1:23.28 (45.18)	150m: 2:09.10 (45.82)	200m: 2:54.08 (44.98)	400m: 5:57.53 (45.67)	
	250m: 3:39.88 (45.80)	300m: 4:25.08 (45.20)	350m: 5:11.86 (46.78)	400m: 5:57.53 (45.67)	600m: 9:02.69 (46.69)	
	450m: 6:43.57 (46.04)	500m: 7:29.68 (46.11)	550m: 8:16.00 (46.32)	600m: 9:02.69 (46.69)	800m: 12:04.69 (43.97)	
	650m: 9:48.54 (45.85)	700m: 10:34.93 (46.39)	750m: 11:20.72 (45.79)	800m: 12:04.69 (43.97)		

Kapping almenn: 09.07.2021 09:43:11

### Kapping 1, 800m Frí Kvinnur Jr. E - Tíðar Finala

FAR 9:08.50 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FAR) Bergen (NOR) 05.04.2019  
FAR.JR 9:09.34 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FAR) Broenshoej (DEN) 15.04.2016  
FM Kravtíð - 300 FINA stig: 12:04.18 - 11:56.03

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Jonna Joensen	2005 Svimmifelagið Ægir	508	10:07.42	104,06 %	
	Entry time: 10:33.15 (-25.73)					
	50m: 33.89	100m: 1:11.63 (37.74)	150m: 1:49.79 (38.16)	200m: 2:27.99 (38.20)	400m: 5:00.81 (38.38)	
	250m: 3:05.99 (38.00)	300m: 3:44.20 (38.21)	350m: 4:22.43 (38.23)	400m: 5:00.81 (38.38)	600m: 7:33.69 (38.19)	
	450m: 5:38.92 (38.11)	500m: 6:17.52 (38.60)	550m: 6:55.50 (37.98)	600m: 7:33.69 (38.19)	800m: 10:07.42 (37.69)	
	650m: 8:12.09 (38.40)	700m: 8:50.89 (38.80)	750m: 9:29.73 (38.84)	800m: 10:07.42 (37.69)		
2	Bjørt A. Sigurðsson	2004 Svimmifelagið Ægir	455	10:30.20	94,78 %	
	Entry time: 9:58.91 (+31.29)					
	50m: 33.88	100m: 1:11.32 (37.44)	150m: 1:49.51 (38.19)	200m: 2:28.06 (38.55)	400m: 5:05.06 (39.99)	
	250m: 3:06.66 (38.60)	300m: 3:45.73 (39.07)	350m: 4:25.07 (39.34)	400m: 5:05.06 (39.99)	600m: 7:46.95 (40.71)	
	450m: 5:45.04 (39.98)	500m: 6:25.56 (40.52)	550m: 7:06.24 (40.68)	600m: 7:46.95 (40.71)	800m: 10:30.20 (40.14)	
	650m: 8:28.35 (41.40)	700m: 9:09.42 (41.07)	750m: 9:50.06 (40.64)	800m: 10:30.20 (40.14)		

Kapping almenn: 09.07.2021 09:43:11

### Kapping 1, 800m Frí Kvinnur Opin Bólkur - Tíðar Finala

FAR 9:08.50 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FAR) Bergen (NOR) 05.04.2019  
FAR.JR 9:09.34 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmifelag (FAR) Broenshoej (DEN) 15.04.2016  
FM Kravtíð - 300 FINA stig: 12:04.18 - 11:56.03

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Vár E. Eidesgaard	2001 Havnar Svimmifelag	544	9:53.61	92,90 %	
	Entry time: 9:14.27 (+39.34)					
	50m: 32.69	100m: 1:09.43 (36.74)	150m: 1:46.97 (37.54)	200m: 2:24.86 (37.89)	400m: 4:55.62 (37.73)	
	250m: 3:02.36 (37.50)	300m: 3:39.97 (37.61)	350m: 4:17.89 (37.92)	400m: 4:55.62 (37.73)	600m: 7:25.64 (37.50)	
	450m: 5:33.21 (37.59)	500m: 6:10.60 (37.39)	550m: 6:48.14 (37.54)	600m: 7:25.64 (37.50)	800m: 9:53.61 (36.30)	
	650m: 8:02.98 (37.34)	700m: 8:40.02 (37.04)	750m: 9:17.31 (37.29)	800m: 9:53.61 (36.30)		





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## Kapping 1, 800m Frí Kvinnur Opin Bólkur - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir	508		<b>10:07.42</b>	104,06 %
	Entry time: 10:33.15 (-25.73)					
	50m: 33.89	100m: 1:11.63 (37.74)	150m: 1:49.79 (38.16)	200m: 2:27.99 (38.20)		
	250m: 3:05.99 (38.00)	300m: 3:44.20 (38.21)	350m: 4:22.43 (38.23)	400m: 5:00.81 (38.38)		
	450m: 5:38.92 (38.11)	500m: 6:17.52 (38.60)	550m: 6:55.50 (37.98)	600m: 7:33.69 (38.19)		
	650m: 8:12.09 (38.40)	700m: 8:50.89 (38.80)	750m: 9:29.73 (38.84)	800m: 10:07.42 (37.69)		
3	<b>Björt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	455		<b>10:30.20</b>	94,78 %
	Entry time: 9:58.91 (+31.29)					
	50m: 33.88	100m: 1:11.32 (37.44)	150m: 1:49.51 (38.19)	200m: 2:28.06 (38.55)		
	250m: 3:06.66 (38.60)	300m: 3:45.73 (39.07)	350m: 4:25.07 (39.34)	400m: 5:05.06 (39.99)		
	450m: 5:45.04 (39.98)	500m: 6:25.56 (40.52)	550m: 7:06.24 (40.68)	600m: 7:46.95 (40.71)		
	650m: 8:28.35 (41.40)	700m: 9:09.42 (41.07)	750m: 9:50.06 (40.64)	800m: 10:30.20 (40.14)		
4	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag	414		<b>10:50.38</b>	96,56 %
	Entry time: 10:28.77 (+21.61)					
	50m: 36.16	100m: 1:16.25 (40.09)	150m: 1:56.86 (40.61)	200m: 2:38.19 (41.33)		
	250m: 3:19.84 (41.65)	300m: 4:00.45 (40.61)	350m: 4:41.78 (41.33)	400m: 5:22.75 (40.97)		
	450m: 6:03.27 (40.52)	500m: 6:44.28 (41.01)	550m: 7:25.50 (41.22)	600m: 8:06.25 (40.75)		
	650m: 8:47.90 (41.65)	700m: 9:28.21 (40.31)	750m: 10:09.32 (41.11)	800m: 10:50.38 (41.06)		
5	<b>Jóhanna Katrina Jacobsen</b>	2007 Havnar Svímjifelag	299		<b>12:04.69</b>	98,09 %
	Entry time: 11:51.08 (+13.61)					
	50m: 38.10	100m: 1:23.28 (45.18)	150m: 2:09.10 (45.82)	200m: 2:54.08 (44.98)		
	250m: 3:39.88 (45.80)	300m: 4:25.08 (45.20)	350m: 5:11.86 (46.78)	400m: 5:57.53 (45.67)		
	450m: 6:43.57 (46.04)	500m: 7:29.68 (46.11)	550m: 8:16.00 (46.32)	600m: 9:02.69 (46.69)		
	650m: 9:48.54 (45.85)	700m: 10:34.93 (46.39)	750m: 11:20.72 (45.79)	800m: 12:04.69 (43.97)		

Kapping almenn: 09.07.2021 09:43:11

## Kapping 2, 1500m Frí Menn Jr. Y - Tíðar Finala

FAR	14:46.33	Pal Joensen	1990 Suðuroyar Svímjifelag (FA)	Shanghai (CHN)	31.07.2011
FAR.JR	15:51.66	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Amsterdam (NED)	12.12.2014

FM Kravtíð - 300 FINA stig: 21:41.13 - 21:06.83

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir	503		<b>18:15.16</b>	97,63 %
	Entry time: 17:49.76 (+25.40)					
	50m: 31.91	100m: 1:08.15 (36.24)	150m: 1:44.99 (36.84)	200m: 2:21.73 (36.74)		
	250m: 2:59.03 (37.30)	300m: 3:36.23 (37.20)	350m: 4:13.60 (37.37)	400m: 4:51.14 (37.54)		
	450m: 5:28.39 (37.25)	500m: 6:05.61 (37.22)	550m: 6:42.48 (36.87)	600m: 7:19.38 (36.90)		
	650m: 7:56.92 (37.54)	700m: 8:34.17 (37.25)	750m: 9:11.85 (37.68)	800m: 9:49.50 (37.65)		
	850m: 10:26.20 (36.70)	900m: 11:03.40 (37.20)	950m: 11:39.76 (36.36)	1000m: 12:16.19 (36.43)		
	1050m: 12:52.79 (36.60)	1100m: 13:29.20 (36.41)	1150m: 14:05.31 (36.11)	1200m: 14:41.37 (36.06)		
	1250m: 15:17.74 (36.37)	1300m: 15:54.31 (36.57)	1350m: 16:30.30 (35.99)	1400m: 17:06.44 (36.14)		
	1450m: 17:40.78 (34.34)	1500m: 18:15.16 (34.38)				
2	<b>Dávid Gíslason</b>	2005 Havnar Svímjifelag	462		<b>18:46.40</b>	99,84 %
	Entry time: 18:44.55 (+1.85)					
	50m: 32.89	100m: 1:08.58 (35.69)	150m: 1:45.42 (36.84)	200m: 2:22.59 (37.17)		
	250m: 3:00.49 (37.90)	300m: 3:38.17 (37.68)	350m: 4:15.67 (37.50)	400m: 4:53.30 (37.63)		
	450m: 5:31.25 (37.95)	500m: 6:08.79 (37.54)	550m: 6:46.29 (37.50)	600m: 7:23.62 (37.33)		
	650m: 8:01.37 (37.75)	700m: 8:38.72 (37.35)	750m: 9:16.39 (37.67)	800m: 9:54.05 (37.66)		
	850m: 10:31.39 (37.34)	900m: 11:08.23 (36.84)	950m: 11:45.58 (37.35)	1000m: 12:23.20 (37.62)		
	1050m: 13:01.06 (37.86)	1100m: 13:38.99 (37.93)	1150m: 14:17.55 (38.56)	1200m: 14:55.48 (37.93)		
	1250m: 15:34.04 (38.56)	1300m: 16:12.72 (38.68)	1350m: 16:51.39 (38.67)	1400m: 17:30.41 (39.02)		
	1450m: 18:09.25 (38.84)	1500m: 18:46.40 (37.15)				





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### Kapping 2, 1500m Frí Menn Jr. Y - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
3	Teitur Winther	2005 Suðuroyar Svímjifelag	394	19:47.70	97,45 %	
Entry time: 19:18.18 (+29.52)						
	50m: 33.96	100m: 1:11.23 (37.27)	150m: 1:49.49 (38.26)	200m: 2:28.13 (38.64)		
	250m: 3:06.73 (38.60)	300m: 3:45.90 (39.17)	350m: 4:24.82 (38.92)	400m: 5:04.56 (39.74)		
	450m: 5:43.96 (39.40)	500m: 6:23.31 (39.35)	550m: 7:02.79 (39.48)	600m: 7:42.17 (39.38)		
	650m: 8:21.98 (39.81)	700m: 9:01.63 (39.65)	750m: 9:41.26 (39.63)	800m: 10:21.16 (39.90)		
	850m: 11:00.79 (39.63)	900m: 11:40.70 (39.91)	950m: 12:21.04 (40.34)	1000m: 13:01.95 (40.91)		
	1050m: 13:40.67 (38.72)	1100m: 14:20.32 (39.65)	1150m: 15:00.79 (40.47)	1200m: 15:42.21 (41.42)		
	1250m: 16:22.89 (40.68)	1300m: 17:04.20 (41.31)	1350m: 17:45.40 (41.20)	1400m: 18:26.46 (41.06)		
	1450m: 19:07.49 (41.03)	1500m: 19:47.70 (40.21)				

Kapping almenn: 09.07.2021 10:04:01

### Kapping 2, 1500m Frí Menn Opin Bólkur - Tíðar Finala

FAR	14:46.33	Pal Joensen	1990 Suðuroyar Svímjifelag (FA	Shanghai (CHN)	31.07.2011
FAR.JR	15:51.66	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Amsterdam (NED)	12.12.2014

FM Kravtíð - 300 FINA stig: 21:41.13 - 21:06.83

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Johan Nónskarð Dam	2002 Havnar Svímjifelag	530	17:55.86	91,48 %	
Entry time: 16:31.39 (+1:24.47)						
	50m: 30.95	100m: 1:04.58 (33.63)	150m: 1:38.97 (34.39)	200m: 2:13.87 (34.90)		
	250m: 2:49.31 (35.44)	300m: 3:24.85 (35.54)	350m: 4:00.60 (35.75)	400m: 4:36.42 (35.82)		
	450m: 5:12.25 (35.83)	500m: 5:48.66 (36.41)	550m: 6:24.71 (36.05)	600m: 7:00.95 (36.24)		
	650m: 7:37.28 (36.33)	700m: 8:13.75 (36.47)	750m: 8:49.94 (36.19)	800m: 9:26.63 (36.69)		
	850m: 10:03.37 (36.74)	900m: 10:40.03 (36.66)	950m: 11:16.29 (36.26)	1000m: 11:52.64 (36.35)		
	1050m: 12:29.09 (36.45)	1100m: 13:05.58 (36.49)	1150m: 13:42.16 (36.58)	1200m: 14:18.79 (36.63)		
	1250m: 14:55.15 (36.36)	1300m: 15:31.49 (36.34)	1350m: 16:07.80 (36.31)	1400m: 16:44.06 (36.26)		
	1450m: 17:20.30 (36.24)	1500m: 17:55.86 (35.56)				
2	Heini M. Askham	2006 Svímjeflagið Ægir	503	18:15.16	97,63 %	
Entry time: 17:49.76 (+25.40)						
	50m: 31.91	100m: 1:08.15 (36.24)	150m: 1:44.99 (36.84)	200m: 2:21.73 (36.74)		
	250m: 2:59.03 (37.30)	300m: 3:36.23 (37.20)	350m: 4:13.60 (37.37)	400m: 4:51.14 (37.54)		
	450m: 5:28.39 (37.25)	500m: 6:05.61 (37.22)	550m: 6:42.48 (36.87)	600m: 7:19.38 (36.90)		
	650m: 7:56.92 (37.54)	700m: 8:34.17 (37.25)	750m: 9:11.85 (37.68)	800m: 9:49.50 (37.65)		
	850m: 10:26.20 (36.70)	900m: 11:03.40 (37.20)	950m: 11:39.76 (36.36)	1000m: 12:16.19 (36.43)		
	1050m: 12:52.79 (36.60)	1100m: 13:29.20 (36.41)	1150m: 14:05.31 (36.11)	1200m: 14:41.37 (36.06)		
	1250m: 15:17.74 (36.37)	1300m: 15:54.31 (36.57)	1350m: 16:30.30 (35.99)	1400m: 17:06.44 (36.14)		
	1450m: 17:40.78 (34.34)	1500m: 18:15.16 (34.38)				
3	Líggjas Joensen	2008 Svímjeflagið Ægir	474	18:36.55	109,54 %	
Entry time: 20:34.36 (-1:57.81)						
	50m: 33.04	100m: 1:09.80 (36.76)	150m: 1:47.22 (37.42)	200m: 2:25.41 (38.19)		
	250m: 3:03.26 (37.85)	300m: 3:41.27 (38.01)	350m: 4:19.28 (38.01)	400m: 4:57.64 (38.36)		
	450m: 5:35.95 (38.31)	500m: 6:14.13 (38.18)	550m: 6:51.01 (36.88)	600m: 7:28.49 (37.48)		
	650m: 8:05.50 (37.01)	700m: 8:42.68 (37.18)	750m: 9:20.03 (37.35)	800m: 9:56.81 (36.78)		
	850m: 10:33.54 (36.73)	900m: 11:10.71 (37.17)	950m: 11:47.64 (36.93)	1000m: 12:24.86 (37.22)		
	1050m: 13:01.76 (36.90)	1100m: 13:39.10 (37.34)	1150m: 14:16.06 (36.96)	1200m: 14:53.38 (37.32)		
	1250m: 15:31.13 (37.75)	1300m: 16:08.53 (37.40)	1350m: 16:46.51 (37.98)	1400m: 17:24.07 (37.56)		
	1450m: 18:01.26 (37.19)	1500m: 18:36.55 (35.29)				
4	Dávid Gíslason	2005 Havnar Svímjifelag	462	18:46.40	99,84 %	
Entry time: 18:44.55 (+1.85)						
	50m: 32.89	100m: 1:08.58 (35.69)	150m: 1:45.42 (36.84)	200m: 2:22.59 (37.17)		
	250m: 3:00.49 (37.90)	300m: 3:38.17 (37.68)	350m: 4:15.67 (37.50)	400m: 4:53.30 (37.63)		
	450m: 5:31.25 (37.95)	500m: 6:08.79 (37.54)	550m: 6:46.29 (37.50)	600m: 7:23.62 (37.33)		
	650m: 8:01.37 (37.75)	700m: 8:38.72 (37.35)	750m: 9:16.39 (37.67)	800m: 9:54.05 (37.66)		
	850m: 10:31.39 (37.34)	900m: 11:08.23 (36.84)	950m: 11:45.58 (37.35)	1000m: 12:23.20 (37.62)		
	1050m: 13:01.06 (37.86)	1100m: 13:38.99 (37.93)	1150m: 14:17.55 (38.56)	1200m: 14:55.48 (37.93)		
	1250m: 15:34.04 (38.56)	1300m: 16:12.72 (38.68)	1350m: 16:51.39 (38.67)	1400m: 17:30.41 (39.02)		
	1450m: 18:09.25 (38.84)	1500m: 18:46.40 (37.15)				





# Úrslit

## Kapping 2, 1500m Frí Menn Opin Bólkur - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	<b>Fróði Hansen</b>	2008 Fuglafjarðar Svímjifelag	439		<b>19:05.82</b>	100,30 %
Entry time: 19:09.25 (-3.43)						
	50m: 33.71	100m: 1:10.81 (37.10)	150m: 1:48.35 (37.54)	200m: 2:26.44 (38.09)		
	250m: 3:04.06 (37.62)	300m: 3:42.05 (37.99)	350m: 4:19.77 (37.72)	400m: 4:57.88 (38.11)		
	450m: 5:36.00 (38.12)	500m: 6:13.81 (37.81)	550m: 6:51.58 (37.77)	600m: 7:29.84 (38.26)		
	650m: 8:08.07 (38.23)	700m: 8:46.04 (37.97)	750m: 9:24.56 (38.52)	800m: 10:03.20 (38.64)		
	850m: 10:41.78 (38.58)	900m: 11:20.37 (38.59)	950m: 11:59.03 (38.66)	1000m: 12:37.73 (38.70)		
	1050m: 13:16.66 (38.93)	1100m: 13:55.69 (39.03)	1150m: 14:35.13 (39.44)	1200m: 15:14.70 (39.57)		
	1250m: 15:53.94 (39.24)	1300m: 16:33.49 (39.55)	1350m: 17:12.37 (38.88)	1400m: 17:51.09 (38.72)		
	1450m: 18:28.85 (37.76)	1500m: 19:05.82 (36.97)				
6	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag	394		<b>19:47.70</b>	97,45 %
Entry time: 19:18.18 (+29.52)						
	50m: 33.96	100m: 1:11.23 (37.27)	150m: 1:49.49 (38.26)	200m: 2:28.13 (38.64)		
	250m: 3:06.73 (38.60)	300m: 3:45.90 (39.17)	350m: 4:24.82 (38.92)	400m: 5:04.56 (39.74)		
	450m: 5:43.96 (39.40)	500m: 6:23.31 (39.35)	550m: 7:02.79 (39.48)	600m: 7:42.17 (39.38)		
	650m: 8:21.98 (39.81)	700m: 9:01.63 (39.65)	750m: 9:41.26 (39.63)	800m: 10:21.16 (39.90)		
	850m: 11:00.79 (39.63)	900m: 11:40.70 (39.91)	950m: 12:21.04 (40.34)	1000m: 13:01.95 (40.91)		
	1050m: 13:40.67 (38.72)	1100m: 14:20.32 (39.65)	1150m: 15:00.79 (40.47)	1200m: 15:42.21 (41.42)		
	1250m: 16:22.89 (40.68)	1300m: 17:04.20 (41.31)	1350m: 17:45.40 (41.20)	1400m: 18:26.46 (41.06)		
	1450m: 19:07.49 (41.03)	1500m: 19:47.70 (40.21)				

Kapping almenn: 09.07.2021 10:04:01

## Kapping 3, 200m Bringu Kvinnur Jr. Y - Innleiðandi

FAR	2:42.03	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Vagur (FAR))	25.05.2017
FAR.JR	2:42.03	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Vagur (FAR))	25.05.2017

FM Kravtíð - 300 FINA stig: 03:27.80 - 03:21.02

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Sofía Toftegaard</b>	2006 Svímjifelagið Ægir	444		<b>3:02.27</b>	99,28 % Q
Entry time: 3:00.97 (+1.30)						
	50m: 39.93	100m: 1:28.03 (48.10)	150m: 2:15.56 (47.53)	200m: 3:02.27 (46.71)		
2	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag	389		<b>3:10.56</b>	99,78 % Q
Entry time: 3:10.15 (+0.41)						
	50m: 42.65	100m: 1:30.79 (48.14)	150m: 2:20.31 (49.52)	200m: 3:10.56 (50.25)		
3	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag	387		<b>3:10.89</b>	96,91 % Q
Entry time: 3:05.17 (+5.72)						
	50m: 43.50	100m: 1:32.09 (48.59)	150m: 2:23.03 (50.94)	200m: 3:10.89 (47.86)		
4	<b>Oddvá Sedeá D. Nattestad</b>	2006 Havnar Svímjifelag	280		<b>3:32.43</b>	92,93 %
Entry time: 3:18.40 (+14.03)						
	50m: 44.33	100m: 1:37.65 (53.32)	150m: 2:35.41 (57.76)	200m: 3:32.43 (57.02)		

Kapping almenn: 09.07.2021 10:14:48

## Kapping 3, 200m Bringu Kvinnur Jr. E - Innleiðandi

FAR	2:42.03	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Vagur (FAR))	25.05.2017
FAR.JR	2:42.03	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Vagur (FAR))	25.05.2017

FM Kravtíð - 300 FINA stig: 03:27.80 - 03:21.02

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bjørn A. Sigurðsson</b>	2004 Svímjifelagið Ægir	414		<b>3:06.59</b>	95,33 % Q
Entry time: 2:58.27 (+8.32)						
	50m: 42.06	100m: 1:28.84 (46.78)	150m: 2:17.66 (48.82)	200m: 3:06.59 (48.93)		
2	<b>Elin Christiansen</b>	2004 Suðuroyar Svímjifelag	384		<b>3:11.27</b>	
	50m: 42.35	100m: 1:31.76 (49.41)	150m: 2:20.88 (49.12)	200m: 3:11.27 (50.39)		
3	<b>Björg Ólavsdóttir</b>	2004 Havnar Svímjifelag	271		<b>3:34.92</b>	90,59 %
Entry time: 3:16.43 (+18.49)						
	50m: 48.29	100m: 1:42.85 (54.56)	150m: 2:40.39 (57.54)	200m: 3:34.92 (54.53)		

Kapping almenn: 09.07.2021 10:14:48





## Úrslit

### Kapping 3, 200m Bringu Kvinnur Opin Bólkur - Innleiðandi

FAR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 25.05.2017  
FAR.JR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 25.05.2017  
FM Kravtíð - 300 FINA stig: 03:27.80 - 03:21.02

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Eyðrið Mortensen</b>	2003 Havnar Svímjifelag		450	<b>3:01.42</b>	94,24 % Q
	Entry time: 2:51.54 (+9.88)					
	50m: 42.79	100m: 1:30.61 (47.82)	150m: 2:16.34 (45.73)		200m: 3:01.42 (45.08)	
2	<b>Sofía Toftegaard</b>	2006 Svímjifelagið Ægir		444	<b>3:02.27</b>	99,28 % Q
	Entry time: 3:00.97 (+1.30)					
	50m: 39.93	100m: 1:28.03 (48.10)	150m: 2:15.56 (47.53)		200m: 3:02.27 (46.71)	
3	<b>Róa Trygvadóttir</b>	2008 Svímjifelagið Ægir		430	<b>3:04.28</b>	99,63 % Q
	Entry time: 3:03.60 (+0.68)					
	50m: 44.11	100m: 1:33.47 (49.36)	150m: 2:18.18 (44.71)		200m: 3:04.28 (46.10)	
4	<b>Bjørn A. Sigurðsson</b>	2004 Svímjifelagið Ægir		414	<b>3:06.59</b>	95,33 % Q
	Entry time: 2:58.27 (+8.32)					
	50m: 42.06	100m: 1:28.84 (46.78)	150m: 2:17.66 (48.82)		200m: 3:06.59 (48.93)	
5	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		389	<b>3:10.56</b>	99,78 % Q
	Entry time: 3:10.15 (+0.41)					
	50m: 42.65	100m: 1:30.79 (48.14)	150m: 2:20.31 (49.52)		200m: 3:10.56 (50.25)	
6	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag		387	<b>3:10.89</b>	96,91 % Q
	Entry time: 3:05.17 (+5.72)					
	50m: 43.50	100m: 1:32.09 (48.59)	150m: 2:23.03 (50.94)		200m: 3:10.89 (47.86)	
7	<b>Elin Christiansen</b>	2004 Suðuroyar Svímjifelag		384	<b>3:11.27</b>	
	Entry time: 3:05.17 (+5.72)					
	50m: 42.35	100m: 1:31.76 (49.41)	150m: 2:20.88 (49.12)		200m: 3:11.27 (50.39)	
8	<b>Ragnhild Jacobsen</b>	2008 Svímjifelagið Ægir		316	<b>3:24.05</b>	97,11 %
	Entry time: 3:18.31 (+5.74)					
	50m: 46.34	100m: 1:39.03 (52.69)	150m: 2:32.64 (53.61)		200m: 3:24.05 (51.41)	
9	<b>Oddvá Sedeá D. Nattestad</b>	2006 Havnar Svímjifelag		280	<b>3:32.43</b>	92,93 %
	Entry time: 3:18.40 (+14.03)					
	50m: 44.33	100m: 1:37.65 (53.32)	150m: 2:35.41 (57.76)		200m: 3:32.43 (57.02)	
10	<b>Bjørn Ólavsdóttir</b>	2004 Havnar Svímjifelag		271	<b>3:34.92</b>	90,59 %
	Entry time: 3:16.43 (+18.49)					
	50m: 48.29	100m: 1:42.85 (54.56)	150m: 2:40.39 (57.54)		200m: 3:34.92 (54.53)	

Kapping almenn: 09.07.2021 10:14:48

### Kapping 3, 200m Bringu Kvinnur Jr. Y - Finala

FAR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 25.05.2017  
FAR.JR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 25.05.2017  
FM Kravtíð - 300 FINA stig: 03:27.80 - 03:21.02

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Sofía Toftegaard</b>	2006 Svímjifelagið Ægir		484	<b>2:57.09</b>	102,84 %
	Entry time: 3:02.27 (-5.18)					
	50m: 39.05	100m: 1:24.78 (45.73)	150m: 2:12.32 (47.54)		200m: 2:57.09 (44.77)	
2	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		429	<b>3:04.34</b>	103,26 %
	Entry time: 3:10.56 (-6.22)					
	50m: 43.05	100m: 1:30.14 (47.09)	150m: 2:18.27 (48.13)		200m: 3:04.34 (46.07)	
3	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag		424	<b>3:05.06</b>	103,05 %
	Entry time: 3:10.89 (-5.83)					
	50m: 43.81	100m: 1:30.72 (46.91)	150m: 2:18.56 (47.84)		200m: 3:05.06 (46.50)	

Kapping almenn: 09.07.2021 17:17:16

### Kapping 3, 200m Bringu Kvinnur Jr. E - Finala





## Úrslit

### Kapping 3, 200m Bringu Kvinnur Jr. E - Finala

FAR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 25.05.2017  
FAR.JR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 25.05.2017  
FM Kravtíð - 300 FINA stig: 03:27.80 - 03:21.02

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bjørnt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	413	<b>3:06.73</b>	99,92 %	
	Entry time: 3:06.59 (+0.14)					
	50m: 41.86	100m: 1:28.99 (47.13)	150m: 2:18.06 (49.07)	200m: 3:06.73 (48.67)		

Kapping almenn: 09.07.2021 17:17:16

### Kapping 3, 200m Bringu Kvinnur Opin Bólkur - Finala

FAR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 25.05.2017  
FAR.JR 2:42.03 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 25.05.2017  
FM Kravtíð - 300 FINA stig: 03:27.80 - 03:21.02

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Sofía Toftegaard</b>	2006 Svímjifelagið Ægir	484	<b>2:57.09</b>	102,84 %	
	Entry time: 3:02.27 (-5.18)					
	50m: 39.05	100m: 1:24.78 (45.73)	150m: 2:12.32 (47.54)	200m: 2:57.09 (44.77)		
2	<b>Róa Trygvadóttir</b>	2008 Svímjifelagið Ægir	461	<b>2:59.95</b>	102,35 %	
	Entry time: 3:04.28 (-4.33)					
	50m: 42.66	100m: 1:29.44 (46.78)	150m: 2:14.76 (45.32)	200m: 2:59.95 (45.19)		
3	<b>Eyðrið Mortensen</b>	2003 Havnar Svímjifelag	457	<b>3:00.49</b>	100,51 %	
	Entry time: 3:01.42 (-0.93)					
	50m: 41.31	100m: 1:27.28 (45.97)	150m: 2:12.84 (45.56)	200m: 3:00.49 (47.65)		
4	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag	429	<b>3:04.34</b>	103,26 %	
	Entry time: 3:10.56 (-6.22)					
	50m: 43.05	100m: 1:30.14 (47.09)	150m: 2:18.27 (48.13)	200m: 3:04.34 (46.07)		
5	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag	424	<b>3:05.06</b>	103,05 %	
	Entry time: 3:10.89 (-5.83)					
	50m: 43.81	100m: 1:30.72 (46.91)	150m: 2:18.56 (47.84)	200m: 3:05.06 (46.50)		
6	<b>Bjørnt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	413	<b>3:06.73</b>	99,92 %	
	Entry time: 3:06.59 (+0.14)					
	50m: 41.86	100m: 1:28.99 (47.13)	150m: 2:18.06 (49.07)	200m: 3:06.73 (48.67)		

Kapping almenn: 09.07.2021 17:17:16

### Kapping 4, 200m Bringu Menn Jr. Y - Innleiðandi

FAR 2:21.71 Pal Joensen 1990 Suðuroyar Svímjifelag (FA Bergen (NOR) 31.05.2015  
FAR.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 24.01.2016  
FM Kravtíð - 300 FINA stig: 03:09.22 - 02:59.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Karl Joensen</b>	2005 Svímjifelagið Flot	347	<b>2:59.31</b>	98,11 % Q	
	Entry time: 2:55.99 (+3.32)					
	50m: 39.99	100m: 1:25.07 (45.08)	150m: 2:11.59 (46.52)	200m: 2:59.31 (47.72)		
2	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag	347	<b>2:59.42</b>	98,99 % -	
	Entry time: 2:57.62 (+1.80)					
	50m: 41.12	100m: 1:26.83 (45.71)	150m: 2:12.64 (45.81)	200m: 2:59.42 (46.78)		
3	<b>Markus Bárðarson Dahl</b>	2005 Havnar Svímjifelag	303	<b>3:07.64</b>	97,36 %	
	Entry time: 3:02.82 (+4.82)					
	50m: 40.05	100m: 1:25.60 (45.55)	150m: 2:14.52 (48.92)	200m: 3:07.64 (53.12)		

Kapping almenn: 09.07.2021 10:21:59

### Kapping 4, 200m Bringu Menn Jr. E - Innleiðandi

FAR 2:21.71 Pal Joensen 1990 Suðuroyar Svímjifelag (FA Bergen (NOR) 31.05.2015  
FAR.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 24.01.2016

11-07-2021 15:23:55

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svímjifelag

Síða 6/95





## Úrslit

### Kapping 4, 200m Bringu Menn Jr. E - Innleiðandi

FM Kravtíð - 300 FINA stig: 03:09.22 - 02:59.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rúni Dahl	2004 Suðuroyar Svímjifelag		425	<b>2:47.65</b>	103,86 % Q
	Entry time: 2:54.39 (-6.74)					
	50m: 36.06	100m: 1:18.53 (42.47)	150m: 2:02.47 (43.94)		200m: 2:47.65 (45.18)	
2	Heini Hansen	2003 Suðuroyar Svímjifelag		353	<b>2:58.34</b>	94,86 % Q
	Entry time: 2:49.62 (+8.72)					
	50m: 40.18	100m: 1:25.57 (45.39)	150m: 2:12.16 (46.59)		200m: 2:58.34 (46.18)	
3	Jákup Í Jákupsstovu	2004 Svímjifelagið Flot		316	<b>3:04.97</b>	103,29 % Q
	Entry time: 3:11.27 (-6.30)					
	50m: 42.58	100m: 1:28.78 (46.20)	150m: 2:17.55 (48.77)		200m: 3:04.97 (47.42)	

Kapping almenn: 09.07.2021 10:21:59

### Kapping 4, 200m Bringu Menn Opin Bólkur - Innleiðandi

FAR 2:21.71 Pal Joensen 1990 Suðuroyar Svímjifelag (FA Bergen (NOR) 31.05.2015

FAR.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 24.01.2016

FM Kravtíð - 300 FINA stig: 03:09.22 - 02:59.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rúni Dahl	2004 Suðuroyar Svímjifelag		425	<b>2:47.65</b>	103,86 % Q
	Entry time: 2:54.39 (-6.74)					
	50m: 36.06	100m: 1:18.53 (42.47)	150m: 2:02.47 (43.94)		200m: 2:47.65 (45.18)	
2	Jón Hofgaard	1992 Suðuroyar Svímjifelag		418	<b>2:48.56</b>	Q
	Entry time: 2:54.39 (-6.74)					
	50m: 38.35	100m: 1:21.77 (43.42)	150m: 2:06.45 (44.68)		200m: 2:48.56 (42.11)	
3	Rani Jacobsen	2001 Suðuroyar Svímjifelag		383	<b>2:53.64</b>	Q
	Entry time: 2:54.39 (-6.74)					
	50m: 40.83	100m: 1:25.35 (44.52)	150m: 2:10.32 (44.97)		200m: 2:53.64 (43.32)	
4	Heini Hansen	2003 Suðuroyar Svímjifelag		353	<b>2:58.34</b>	94,86 % Q
	Entry time: 2:49.62 (+8.72)					
	50m: 40.18	100m: 1:25.57 (45.39)	150m: 2:12.16 (46.59)		200m: 2:58.34 (46.18)	
5	Karl Joensen	2005 Svímjifelagið Flot		347	<b>2:59.31</b>	98,11 % Q
	Entry time: 2:55.99 (+3.32)					
	50m: 39.99	100m: 1:25.07 (45.08)	150m: 2:11.59 (46.52)		200m: 2:59.31 (47.72)	
6	Villiam Marius Samuelsen	2005 Havnar Svímjifelag		347	<b>2:59.42</b>	98,99 % -
	Entry time: 2:57.62 (+1.80)					
	50m: 41.12	100m: 1:26.83 (45.71)	150m: 2:12.64 (45.81)		200m: 2:59.42 (46.78)	
7	Jákup Í Jákupsstovu	2004 Svímjifelagið Flot		316	<b>3:04.97</b>	103,29 % Q
	Entry time: 3:11.27 (-6.30)					
	50m: 42.58	100m: 1:28.78 (46.20)	150m: 2:17.55 (48.77)		200m: 3:04.97 (47.42)	
8	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		312	<b>3:05.85</b>	97,34 %
	Entry time: 3:01.04 (+4.81)					
	50m: 43.28	100m: 1:31.57 (48.29)	150m: 2:18.45 (46.88)		200m: 3:05.85 (47.40)	
9	Markus Bárðarson Dahl	2005 Havnar Svímjifelag		303	<b>3:07.64</b>	97,36 %
	Entry time: 3:02.82 (+4.82)					
	50m: 40.05	100m: 1:25.60 (45.55)	150m: 2:14.52 (48.92)		200m: 3:07.64 (53.12)	

Kapping almenn: 09.07.2021 10:21:59

### Kapping 4, 200m Bringu Menn Jr. Y - Finala

FAR 2:21.71 Pal Joensen 1990 Suðuroyar Svímjifelag (FA Bergen (NOR) 31.05.2015

FAR.JR 2:23.72 Róland Toftum 1998 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 24.01.2016

FM Kravtíð - 300 FINA stig: 03:09.22 - 02:59.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
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## Úrslit

### Kapping 4, 200m Bringu Menn Jr. Y - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Karl Joensen	2005 Svímjifelagið Flot		342	<b>3:00.18</b>	99,51 %
	Entry time: 2:59.31 (+0.87)					
	50m: 40.18	100m: 1:27.02 (46.84)	150m: 2:14.25 (47.23)		200m: 3:00.18 (45.93)	

Kapping almenn: 09.07.2021 17:27:56

### Kapping 4, 200m Bringu Menn Jr. E - Finala

FAR	2:21.71	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Bergen (NOR)	31.05.2015
FAR.JR	2:23.72	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL)	24.01.2016

FM Kravtíð - 300 FINA stig: 03:09.22 - 02:59.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rúni Dahl	2004 Suðuroyar Svímjifelag		413	<b>2:49.32</b>	99,00 %
	Entry time: 2:47.65 (+1.67)					
	50m: 36.83	100m: 1:18.32 (41.49)	150m: 2:03.46 (45.14)		200m: 2:49.32 (45.86)	
2	Heini Hansen	2003 Suðuroyar Svímjifelag		337	<b>3:01.08</b>	98,46 %
	Entry time: 2:58.34 (+2.74)					
	50m: 39.58	100m: 1:26.33 (46.75)	150m: 2:14.79 (48.46)		200m: 3:01.08 (46.29)	
3	Jákup Í Jákupsstovu	2004 Svímjifelagið Flot		311	<b>3:06.07</b>	99,41 %
	Entry time: 3:04.97 (+1.10)					
	50m: 42.98	100m: 1:29.49 (46.51)	150m: 2:17.68 (48.19)		200m: 3:06.07 (48.39)	

Kapping almenn: 09.07.2021 17:27:56

### Kapping 4, 200m Bringu Menn Opin Bólkur - Finala

FAR	2:21.71	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Bergen (NOR)	31.05.2015
FAR.JR	2:23.72	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL)	24.01.2016

FM Kravtíð - 300 FINA stig: 03:09.22 - 02:59.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svímjifelag		511	<b>2:37.68</b>	106,45 %
	Entry time: 2:48.56 (-10.88)					
	50m: 34.80	100m: 1:14.95 (40.15)	150m: 1:56.15 (41.20)		200m: 2:37.68 (41.53)	
2	Rani Jacobsen	2001 Suðuroyar Svímjifelag		457	<b>2:43.69</b>	105,73 %
	Entry time: 2:53.64 (-9.95)					
	50m: 36.59	100m: 1:19.16 (42.57)	150m: 2:01.08 (41.92)		200m: 2:43.69 (42.61)	
3	Rúni Dahl	2004 Suðuroyar Svímjifelag		413	<b>2:49.32</b>	99,00 %
	Entry time: 2:47.65 (+1.67)					
	50m: 36.83	100m: 1:18.32 (41.49)	150m: 2:03.46 (45.14)		200m: 2:49.32 (45.86)	
4	Karl Joensen	2005 Svímjifelagið Flot		342	<b>3:00.18</b>	99,51 %
	Entry time: 2:59.31 (+0.87)					
	50m: 40.18	100m: 1:27.02 (46.84)	150m: 2:14.25 (47.23)		200m: 3:00.18 (45.93)	
5	Heini Hansen	2003 Suðuroyar Svímjifelag		337	<b>3:01.08</b>	98,46 %
	Entry time: 2:58.34 (+2.74)					
	50m: 39.58	100m: 1:26.33 (46.75)	150m: 2:14.79 (48.46)		200m: 3:01.08 (46.29)	
6	Jákup Í Jákupsstovu	2004 Svímjifelagið Flot		311	<b>3:06.07</b>	99,41 %
	Entry time: 3:04.97 (+1.10)					
	50m: 42.98	100m: 1:29.49 (46.51)	150m: 2:17.68 (48.19)		200m: 3:06.07 (48.39)	

Kapping almenn: 09.07.2021 17:27:56

### Kapping 5, 100m Firvald Kvinnur Jr. Y - Innleiðandi

FAR	1:04.58	Poula Mohr	1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP)	28.07.2013
FAR.JR	1:04.75	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Vagur (FAR)	11.03.2016

FM Kravtíð - 300 FINA stig: 01:22.87 - 01:21.57

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
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## Úrslit

### Kapping 5, 100m Firvald Kvinnur Jr. Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Sofía Toftegaard</b>	2006 Svímjifelagið Ægir		363	<b>1:17.75</b>	88,87 % -
	Entry time: 1:09.96 (+7.79)					
	50m: 37.74	100m: 1:17.75 (40.01)				
2	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svímjifelag		158	<b>1:42.48</b>	99,74 % Q
	Entry time: 1:42.21 (+0.27)					
	50m: 45.27	100m: 1:42.48 (57.21)				

Kapping almenn: 09.07.2021 10:26:59

### Kapping 5, 100m Firvald Kvinnur Jr. E - Innleiðandi

FAR	1:04.58	Poula Mohr	1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP)	28.07.2013
FAR.JR	1:04.75	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Vagur (FAR)	11.03.2016

FM Kravtíð - 300 FINA stig: 01:22.87 - 01:21.57

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		511	<b>1:09.39</b>	101,81 % Q
	Entry time: 1:10.67 (-1.28)					
	50m: 31.71	100m: 1:09.39 (37.68)				
2	<b>Malan Jóhansdóttir</b>	2004 Svímjifelagið Ægir		484	<b>1:10.66</b>	99,17 % Q
	Entry time: 1:10.08 (+0.58)					
	50m: 31.97	100m: 1:10.66 (38.69)				

Kapping almenn: 09.07.2021 10:26:59

### Kapping 5, 100m Firvald Kvinnur Opin Bólkur - Innleiðandi

FAR	1:04.58	Poula Mohr	1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP)	28.07.2013
FAR.JR	1:04.75	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Vagur (FAR)	11.03.2016

FM Kravtíð - 300 FINA stig: 01:22.87 - 01:21.57

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		511	<b>1:09.39</b>	101,81 % Q
	Entry time: 1:10.67 (-1.28)					
	50m: 31.71	100m: 1:09.39 (37.68)				
2	<b>Malan Jóhansdóttir</b>	2004 Svímjifelagið Ægir		484	<b>1:10.66</b>	99,17 % Q
	Entry time: 1:10.08 (+0.58)					
	50m: 31.97	100m: 1:10.66 (38.69)				
3	<b>Alisa Vestergård</b>	2003 Suðuroyar Svímjifelag		434	<b>1:13.25</b>	104,50 % Q
	Entry time: 1:16.70 (-3.45)					
	50m: 33.71	100m: 1:13.25 (39.54)				
4	<b>Róa Trygvadóttir</b>	2008 Svímjifelagið Ægir		410	<b>1:14.67</b>	98,77 % Q
	Entry time: 1:13.76 (+0.91)					
	50m: 36.96	100m: 1:14.67 (37.71)				
5	<b>Durita M. Askham</b>	2008 Svímjifelagið Ægir		369	<b>1:17.30</b>	99,86 % Q
	Entry time: 1:17.19 (+0.11)					
	50m: 35.95	100m: 1:17.30 (41.35)				
6	<b>Sofía Toftegaard</b>	2006 Svímjifelagið Ægir		363	<b>1:17.75</b>	88,87 % -
	Entry time: 1:09.96 (+7.79)					
	50m: 37.74	100m: 1:17.75 (40.01)				
7	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svímjifelag		158	<b>1:42.48</b>	99,74 % Q
	Entry time: 1:42.21 (+0.27)					
	50m: 45.27	100m: 1:42.48 (57.21)				

Kapping almenn: 09.07.2021 10:26:59

### Kapping 5, 100m Firvald Kvinnur Jr. Y - Finala

FAR	1:04.58	Poula Mohr	1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP)	28.07.2013
FAR.JR	1:04.75	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Vagur (FAR)	11.03.2016





# Úrslit

## Kapping 5, 100m Firvald Kvinnur Jr. Y - Finala

FM Kravtíð - 300 FINA stig: 01:22.87 - 01:21.57

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
-	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag			DSQ	

SW 8.3 Ójavnt beinspark

Kapping almenn: 09.07.2021 17:31:33

## Kapping 5, 100m Firvald Kvinnur Jr. E - Finala

FAR 1:04.58 Poula Mohr 1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP) 28.07.2013  
FAR.JR 1:04.75 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 11.03.2016

FM Kravtíð - 300 FINA stig: 01:22.87 - 01:21.57

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Jonna Joensen	2005 Svímjifelagið Ægir		526	1:08.70	100,99 %
	Entry time: 1:09.39 (-0.69)					
	50m: 31.60	100m: 1:08.70 (37.10)				
2	Malan Jóhansdóttir	2004 Svímjifelagið Ægir		500	1:09.86	101,13 %
	Entry time: 1:10.66 (-0.80)					
	50m: 32.18	100m: 1:09.86 (37.68)				

Kapping almenn: 09.07.2021 17:31:33

## Kapping 5, 100m Firvald Kvinnur Opin Bólkur - Finala

FAR 1:04.58 Poula Mohr 1995 Fuglafjarðar Svímjifelag (F Barcelona (ESP) 28.07.2013  
FAR.JR 1:04.75 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Vagur (FAR) 11.03.2016

FM Kravtíð - 300 FINA stig: 01:22.87 - 01:21.57

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifelag		528	1:08.62	106,32 %
	Entry time: 1:13.25 (-4.63)					
	50m: 31.92	100m: 1:08.62 (36.70)				
2	Jonna Joensen	2005 Svímjifelagið Ægir		526	1:08.70	100,99 %
	Entry time: 1:09.39 (-0.69)					
	50m: 31.60	100m: 1:08.70 (37.10)				
3	Malan Jóhansdóttir	2004 Svímjifelagið Ægir		500	1:09.86	101,13 %
	Entry time: 1:10.66 (-0.80)					
	50m: 32.18	100m: 1:09.86 (37.68)				
4	Róa Trygvadóttir	2008 Svímjifelagið Ægir		440	1:12.94	102,32 %
	Entry time: 1:14.67 (-1.73)					
	50m: 36.08	100m: 1:12.94 (36.86)				
5	Durita M. Askham	2008 Svímjifelagið Ægir		330	1:20.22	96,22 %
	Entry time: 1:17.30 (+2.92)					
	50m: 38.03	100m: 1:20.22 (42.19)				
-	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag			DSQ	

SW 8.3 Ójavnt beinspark

Kapping almenn: 09.07.2021 17:31:33

## Kapping 6, 100m Firvald Menn Jr. Y - Innleiðandi

FAR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012  
FAR.JR 54.12 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 07.07.2012

FM Kravtíð - 300 FINA stig: 01:14.42 - 01:11.82

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Isak Brisenfeldt	2006 Havnar Svímjifelag		430	1:05.58	98,69 % Q
	Entry time: 1:04.73 (+0.85)					
	50m: 30.22	100m: 1:05.58 (35.36)				





## Úrslit

### Kapping 6, 100m Firvald Menn Jr. Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	Áki Eliassen	2006 Havnar Svímjifelag		396	1:07.38	101,16 % Q
	Entry time: 1:08.17 (-0.79)					
	50m: 31.14	100m: 1:07.38 (36.24)				
3	Heini M. Askham	2006 Svímjifelagið Ægir		395	1:07.41	105,31 % -
	Entry time: 1:11.19 (-3.78)					
	50m: 30.73	100m: 1:07.41 (36.68)				
4	Ari Rasmussen Weihe	2005 Havnar Svímjifelag		328	1:11.75	102,42 % Q
	Entry time: 1:13.53 (-1.78)					
	50m: 32.94	100m: 1:11.75 (38.81)				

Kapping almenn: 09.07.2021 10:31:00

### Kapping 6, 100m Firvald Menn Jr. E - Innleiðandi

FAR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FAR.JR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012

FM Kravtíð - 300 FINA stig: 01:14.42 - 01:11.82

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag		367	1:09.12	98,43 % Q
	Entry time: 1:08.05 (+1.07)					
	50m: 31.07	100m: 1:09.12 (38.05)				

Kapping almenn: 09.07.2021 10:31:00

### Kapping 6, 100m Firvald Menn Opin Bólkur - Innleiðandi

FAR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FAR.JR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012

FM Kravtíð - 300 FINA stig: 01:14.42 - 01:11.82

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Johan Nónskarð Dam	2002 Havnar Svímjifelag		476	1:03.39	96,99 % Q
	Entry time: 1:01.54 (+1.85)					
	50m: 30.13	100m: 1:03.39 (33.26)				
2	Isak Brisenfeldt	2006 Havnar Svímjifelag		430	1:05.58	98,69 % Q
	Entry time: 1:04.73 (+0.85)					
	50m: 30.22	100m: 1:05.58 (35.36)				
3	Martin V. Sivertsen	2002 Svímjifelagið Ægir		417	1:06.22	99,41 % Q
	Entry time: 1:05.83 (+0.39)					
	50m: 30.33	100m: 1:06.22 (35.89)				
4	Áki Eliassen	2006 Havnar Svímjifelag		396	1:07.38	101,16 % Q
	Entry time: 1:08.17 (-0.79)					
	50m: 31.14	100m: 1:07.38 (36.24)				
5	Heini M. Askham	2006 Svímjifelagið Ægir		395	1:07.41	105,31 % -
	Entry time: 1:11.19 (-3.78)					
	50m: 30.73	100m: 1:07.41 (36.68)				
6	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag		367	1:09.12	98,43 % Q
	Entry time: 1:08.05 (+1.07)					
	50m: 31.07	100m: 1:09.12 (38.05)				
7	Ari Rasmussen Weihe	2005 Havnar Svímjifelag		328	1:11.75	102,42 % Q
	Entry time: 1:13.53 (-1.78)					
	50m: 32.94	100m: 1:11.75 (38.81)				
8	Lukas Besson	2007 Svímjifelagið Flot		276	1:15.96	92,91 %
	Entry time: 1:10.93 (+5.03)					
	50m: 32.65	100m: 1:15.96 (43.31)				

Kapping almenn: 09.07.2021 10:31:00





## Úrslit

### Kapping 6, 100m Firvald Menn Jr. Y - Finala

FAR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FAR.JR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012

FM Kravtíð - 300 FINA stig: 01:14.42 - 01:11.82

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Isak Brisenfeldt</b>	2006 Havnar Svímjifelag		492	<b>1:02.68</b>	104,42 %
	Entry time: 1:05.58 (-2.90)					
	50m: 29.48	100m: 1:02.68 (33.20)				
2	<b>Áki Eliassen</b>	2006 Havnar Svímjifelag		358	<b>1:09.66</b>	96,62 %
	Entry time: 1:07.38 (+2.28)					
	50m: 32.42	100m: 1:09.66 (37.24)				
3	<b>Ari Rasmussen Weihe</b>	2005 Havnar Svímjifelag		331	<b>1:11.55</b>	100,28 %
	Entry time: 1:11.75 (-0.20)					
	50m: 32.16	100m: 1:11.55 (39.39)				

Kapping almenn: 09.07.2021 17:39:16

### Kapping 6, 100m Firvald Menn Jr. E - Finala

FAR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FAR.JR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012

FM Kravtíð - 300 FINA stig: 01:14.42 - 01:11.82

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Hans Jacob Hjelm</b>	2003 Suðuroyar Svímjifelag		347	<b>1:10.39</b>	98,16 %
	Entry time: 1:09.12 (+1.27)					
	50m: 31.74	100m: 1:10.39 (38.65)				

Kapping almenn: 09.07.2021 17:39:16

### Kapping 6, 100m Firvald Menn Opin Bólkur - Finala

FAR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012
FAR.JR	54.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	07.07.2012

FM Kravtíð - 300 FINA stig: 01:14.42 - 01:11.82

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Johan Nónskarð Dam</b>	2002 Havnar Svímjifelag		539	<b>1:00.79</b>	104,10 %
	Entry time: 1:03.39 (-2.60)					
	50m: 28.78	100m: 1:00.79 (32.01)				
2	<b>Isak Brisenfeldt</b>	2006 Havnar Svímjifelag		492	<b>1:02.68</b>	104,42 %
	Entry time: 1:05.58 (-2.90)					
	50m: 29.48	100m: 1:02.68 (33.20)				
3	<b>Martin V. Sivertsen</b>	2002 Svímjifelagið Ægir		442	<b>1:04.95</b>	101,92 %
	Entry time: 1:06.22 (-1.27)					
	50m: 29.69	100m: 1:04.95 (35.26)				
4	<b>Áki Eliassen</b>	2006 Havnar Svímjifelag		358	<b>1:09.66</b>	96,62 %
	Entry time: 1:07.38 (+2.28)					
	50m: 32.42	100m: 1:09.66 (37.24)				
5	<b>Hans Jacob Hjelm</b>	2003 Suðuroyar Svímjifelag		347	<b>1:10.39</b>	98,16 %
	Entry time: 1:09.12 (+1.27)					
	50m: 31.74	100m: 1:10.39 (38.65)				
6	<b>Ari Rasmussen Weihe</b>	2005 Havnar Svímjifelag		331	<b>1:11.55</b>	100,28 %
	Entry time: 1:11.75 (-0.20)					
	50m: 32.16	100m: 1:11.55 (39.39)				

Kapping almenn: 09.07.2021 17:39:16

### Kapping 7, 4x100m Frí Mix Jr. Y - Innleiðandi

FAR	3:56.41	Hs Mix 1	2006 Havnar Svímjifelag (FAR)	Páls Høll (FAR)	09.07.2021
FAR.JR	4:14.26	Svímjifelagið Ægir	Svímjifelagið Ægir (FAR)	Vagur (FAR)	12.06.2021

11-07-2021 15:23:56

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svímjifelag

Síða 12/95





## Úrslit

### Kapping 7, 4x100m Frí Mix Jr. Y - Innleiðandi

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Ægir 2</b>	15		Q	<b>4:20.27</b>	
	Róa Trygvadóttir	2008		30.94		
	Hanus Lydersen	2006		1:34.56	2:08.31	2:08.31
	Sofía Toftegaard	2006		33.92	1:13.57	3:21.88
	Heini M. Askham	2006		25.61	58.39	4:20.27
<b>2</b>	<b>Hs Mix 1</b>	16		Q	<b>4:27.70</b>	
	Villiam Marius Samuelsen	2005		28.51	59.87	59.87
	Dorteia Dam	2007		32.95	1:10.91	2:10.78
	Snorri Fríðheim Mortensen	2005		29.68	1:01.32	3:12.10
	Jóhanna Katrína Jacobsen	2007		35.78	1:15.60	4:27.70
-	<b>1 FS</b>	14		Q	<b>4:44.40</b>	
	Rebekka Róðinsdóttir	2007		34.84	1:14.51	1:14.51
	Fróði Hansen	2008		32.91	1:10.20	2:24.71
	Margit Højbro	2007		34.20	1:12.04	3:36.75
	Bárður Ólavsson	2008		32.01	1:07.65	4:44.40
-	<b>Hs Mix 2</b>	15		Q	<b>5:15.76</b>	
	Isak Brisenfeldt	2006		30.22	1:02.90	1:02.90
	Oddvá Sedeá D. Nattestad	2006		35.48	1:16.00	2:18.90
	Natasja F. Ellingsgaard	2010		53.24	1:54.80	4:13.70
	Áki Eliassen	2006		27.14	1:02.06	5:15.76

Kapping almenn: 09.07.2021 10:53:31

### Kapping 7, 4x100m Frí Mix Jr. E - Innleiðandi

FAR	3:56.41	Hs Mix 1	2006 Havnar Svímjifelag (FAR)	Páls Høll (FAR)	09.07.2021	
FAR.JR	4:14.26	Svímjifelagið Ægir	Svímjifelagið Ægir (FAR)	Vagur (FAR)	12.06.2021	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Susvim Mix</b>	18		Q	<b>4:34.36</b>	
	Elin Christiansen	2004		34.61		
	Hans Jacob Hjelm	2003		1:42.95	2:17.40	2:17.40
	Bjørk L Sørensen	2004		33.33	2:17.40	
	Heini Hansen	2003		3:57.85	4:34.36	4:34.36
-	<b>Hs Mix 1</b>	16		Q	<b>4:27.70</b>	
	Villiam Marius Samuelsen	2005		28.51	59.87	59.87
	Dorteia Dam	2007		32.95	1:10.91	2:10.78
	Snorri Fríðheim Mortensen	2005		29.68	1:01.32	3:12.10
	Jóhanna Katrína Jacobsen	2007		35.78	1:15.60	4:27.70

Kapping almenn: 09.07.2021 10:53:31

### Kapping 7, 4x100m Frí Mix Opin Bólkur - Innleiðandi

FAR	3:56.41	Hs Mix 1	2006 Havnar Svímjifelag (FAR)	Páls Høll (FAR)	09.07.2021	
FAR.JR	4:14.26	Svímjifelagið Ægir	Svímjifelagið Ægir (FAR)	Vagur (FAR)	12.06.2021	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur



# Úrslit

## Kapping 7, 4x100m Frí Mix Opn Bólkur - Innleiðandi

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>1</b>	<b>Ægir 2</b>	15			Q	<b>4:20.27</b>	
	Róa Trygvadóttir	2008		30.94			
	Hanus Lydersen	2006		1:34.56	2:08.31	2:08.31	
	Sofía Toftegaard	2006		33.92	1:13.57	3:21.88	
	Heini M. Askham	2006		25.61	58.39	4:20.27	
<b>2</b>	<b>Hs Mix 1</b>	16			Q	<b>4:27.70</b>	
	Villiam Marius Samuelsen	2005		28.51	59.87	59.87	
	Dorteia Dam	2007		32.95	1:10.91	2:10.78	
	Snorri Fríðheim Mortensen	2005		29.68	1:01.32	3:12.10	
	Jóhanna Katrína Jacobsen	2007		35.78	1:15.60	4:27.70	
<b>3</b>	<b>Susvim Mix</b>	18			Q	<b>4:34.36</b>	
	Elin Christiansen	2004		34.61			
	Hans Jacob Hjelm	2003		1:42.95	2:17.40	2:17.40	
	Bjørk L Sørensen	2004		33.33	2:17.40		
	Heini Hansen	2003		3:57.85	4:34.36	4:34.36	
<b>4</b>	<b>Ægir 1</b>	19			Q	<b>4:36.20</b>	
	Durita M. Askham	2008		34.69			
	Martin V. Sivertsen	2002		1:41.27	2:14.36	2:14.36	
	Ragnhild Jacobsen	2008		36.05	1:16.16	3:30.52	
	Líggjas Joensen	2008		30.80	1:05.68	4:36.20	
<b>5</b>	<b>1 FS</b>	14			Q	<b>4:44.40</b>	
	Rebekka Róðinsdóttir	2007		34.84	1:14.51	1:14.51	
	Fróði Hansen	2008		32.91	1:10.20	2:24.71	
	Margit Højbro	2007		34.20	1:12.04	3:36.75	
	Bárður Ólavsson	2008		32.01	1:07.65	4:44.40	
<b>6</b>	<b>Hs Mix 2</b>	15			Q	<b>5:15.76</b>	
	Isak Brisenfeldt	2006		30.22	1:02.90	1:02.90	
	Oddvá Sedeá D. Nattestad	2006		35.48	1:16.00	2:18.90	
	Natasja F. Ellingsgaard	2010		53.24	1:54.80	4:13.70	
	Áki Eliassen	2006		27.14	1:02.06	5:15.76	

Kapping almenn: 09.07.2021 10:53:31

## Kapping 7, 4x100m Frí Mix Jr. Y - Finala

FAR	3:56.41	Hs Mix 1	2006	Havnar Svímjifelag (FAR)	Páls Høll (FAR)	09.07.2021	
FAR.JR	4:14.26	Svímjifelagið Ægir		Svímjifelagið Ægir (FAR)	Vagur (FAR)	12.06.2021	
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>1</b>	<b>Hs Mix 2</b>	16				<b>4:38.57</b>	111,78
	Isak Brisenfeldt	2006		29.53	1:01.99	1:01.99	
	Dorteia Dam	2007		34.08	1:12.84	2:14.83	
	Jóhanna Katrína Jacobsen	2007		37.07	1:17.38	3:32.21	
	Ari Rasmussen Weihe	2005		32.60	1:06.36	4:38.57	





# Úrslit

## Kapping 7, 4x100m Frí Mix Jr. Y - Finala

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
-	<b>Hs Mix 1</b>	20			<b>3:56.41</b>	111,69 FAR
	Ronja Ró í Dímun	2004		28.96 1:00.83	1:00.83	
	Johan Nónskarð Dam	2002		27.47 56.98	1:57.81	
	Villiam Marius Samuelsen	2005		27.54 58.25	2:56.06	
	Vár E. Eidesgaard	2001		29.20 1:00.35	3:56.41	

Kapping almenn: 09.07.2021 18:00:02

## Kapping 7, 4x100m Frí Mix Jr. E - Finala

FAR	3:56.41	Hs Mix 1	2006 Havnar Svímjifelag (FAR)	Páls Høll (FAR)	09.07.2021	
FAR.JR	4:14.26	Svímjifelagið Ægir	Svímjifelagið Ægir (FAR)	Vagur (FAR)	12.06.2021	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Ægir 1</b>	17			<b>4:27.95</b>	102,99
	Líggjas Joensen	2008		28.98 1:00.25	1:00.25	
	Malan Jóhansdóttir	2004		31.50 1:06.50	2:06.75	
	Hanus Lydersen	2006		30.70 1:05.87	3:12.62	
	Ragnhild Jacobsen	2008		35.26 1:15.33	4:27.95	
<b>2</b>	<b>Hs Mix 2</b>	16			<b>4:38.57</b>	111,78
	Isak Brisenfeldt	2006		29.53 1:01.99	1:01.99	
	Dorteá Dam	2007		34.08 1:12.84	2:14.83	
	Jóhanna Katrína Jacobsen	2007		37.07 1:17.38	3:32.21	
	Ari Rasmussen Weihe	2005		32.60 1:06.36	4:38.57	

Kapping almenn: 09.07.2021 18:00:02

## Kapping 7, 4x100m Frí Mix Opin Bólkur - Finala

FAR	3:56.41	Hs Mix 1	2006 Havnar Svímjifelag (FAR)	Páls Høll (FAR)	09.07.2021	
FAR.JR	4:14.26	Svímjifelagið Ægir	Svímjifelagið Ægir (FAR)	Vagur (FAR)	12.06.2021	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Hs Mix 1</b>	20			<b>3:56.41</b>	111,69 FAR
	Ronja Ró í Dímun	2004		28.96 1:00.83	1:00.83	
	Johan Nónskarð Dam	2002		27.47 56.98	1:57.81	
	Villiam Marius Samuelsen	2005		27.54 58.25	2:56.06	
	Vár E. Eidesgaard	2001		29.20 1:00.35	3:56.41	
<b>2</b>	<b>Susvim Mix</b>	29			<b>4:06.10</b>	110,30
	Bjørk L Sørensen	2004		32.76 1:07.94	1:07.94	
	Jón Hofgaard	1992		28.81 1:00.07	2:08.01	
	Alisa Vestergård	2003		29.81 1:02.22	3:10.23	
	Bartal Debess	2002		26.35 55.87	4:06.10	
<b>3</b>	<b>Ægir 2</b>	19			<b>4:07.25</b>	105,00
	Jonna Joensen	2005		30.31 1:05.35	1:05.35	
	Martin V. Sivertsen	2002		27.97 59.20	2:04.55	
	Róa Trygvadóttir	2008		31.52 1:04.84	3:09.39	
	Heini M. Askham	2006		27.75 57.86	4:07.25	





## Úrslit

### Kapping 7, 4x100m Frí Mix Opin Bólkur - Finala

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>4</b>	<b>Ægir 1</b>		17		<b>4:27.95</b>	102,99
	Líggjas Joensen	2008		28.98 1:00.25	1:00.25	
	Malan Jóhansdóttir	2004		31.50 1:06.50	2:06.75	
	Hanus Lydersen	2006		30.70 1:05.87	3:12.62	
	Ragnhild Jacobsen	2008		35.26 1:15.33	4:27.95	
<b>5</b>	<b>1 FS</b>		25		<b>4:33.55</b>	103,82
	Jóhanna Egholm	1996		31.34 1:07.85	1:07.85	
	Bárður Ólavsson	2008		31.67 1:07.50	2:15.35	
	Margit Højbro	2007		33.70 1:10.49	3:25.84	
	Fróði Hansen	2008		32.23 1:07.71	4:33.55	
<b>6</b>	<b>Hs Mix 2</b>		16		<b>4:38.57</b>	111,78
	Isak Brisenfeldt	2006		29.53 1:01.99	1:01.99	
	Dorteia Dam	2007		34.08 1:12.84	2:14.83	
	Jóhanna Katrína Jacobsen	2007		37.07 1:17.38	3:32.21	
	Ari Rasmussen Weihe	2005		32.60 1:06.36	4:38.57	

Kapping almenn: 09.07.2021 18:00:02

### Kapping 8, 200m Blandað Kvinnur Opin Bólkur - Innleiðandi

FAR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 23.01.2016  
FAR.JR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 23.01.2016

FM Kravtíð - 300 FINA stig: 03:08.29 - 03:02.03

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
<b>1</b>	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		496	<b>2:39.27</b>	100,79 % Q
	Entry time: 2:40.54 (-1.27)					
	50m: 33.45	100m: 1:14.32 (40.87)	150m: 2:02.51 (48.19)	200m: 2:39.27 (36.76)		
<b>2</b>	<b>Eyðrið Mortensen</b>	2003 Havnar Svímjifelag		466	<b>2:42.56</b>	93,99 % Q
	Entry time: 2:33.35 (+9.21)					
	50m: 34.31	100m: 1:16.86 (42.55)	150m: 2:04.97 (48.11)	200m: 2:42.56 (37.59)		
<b>3</b>	<b>Bjørn A. Sigurðsson</b>	2004 Svímjifelagið Ægir		418	<b>2:48.63</b>	96,84 % Q
	Entry time: 2:43.47 (+5.16)					
	50m: 36.92	100m: 1:21.08 (44.16)	150m: 2:09.97 (48.89)	200m: 2:48.63 (38.66)		
<b>4</b>	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag		393	<b>2:52.08</b>	95,99 % Q
	Entry time: 2:45.45 (+6.63)					
	50m: 39.66	100m: 1:22.27 (42.61)	150m: 2:11.68 (49.41)	200m: 2:52.08 (40.40)		
<b>5</b>	<b>Durita M. Askham</b>	2008 Svímjifelagið Ægir		354	<b>2:58.20</b>	98,97 % Q
	Entry time: 2:56.38 (+1.82)					
	50m: 39.03	100m: 1:24.23 (45.20)	150m: 2:19.13 (54.90)	200m: 2:58.20 (39.07)		
<b>6</b>	<b>Oddvá Sedeá D. Nattestad</b>	2006 Havnar Svímjifelag		286	<b>3:11.30</b>	94,81 % Q
	Entry time: 3:01.87 (+9.43)					
	50m: 41.30	100m: 1:32.95 (51.65)	150m: 2:29.37 (56.42)	200m: 3:11.30 (41.93)		
<b>7</b>	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svímjifelag		239	<b>3:23.22</b>	97,35 %
	Entry time: 3:17.97 (+5.25)					
	50m: 46.84	100m: 1:42.70 (55.86)	150m: 2:41.74 (59.04)	200m: 3:23.22 (41.48)		
-	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag			<b>DSQ</b>	
	SW 4.4 Tjónvstartur (startari og yvirdómari skulu vera samdir)					

Kapping almenn: 09.07.2021 11:22:17

### Kapping 8, 200m Blandað Kvinnur Jr. Y - Innleiðandi







## Úrslit

### Kapping 8, 200m Blandað Kvinnur Jr. Y - Innleiðandi

FAR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 23.01.2016  
FAR.JR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 23.01.2016  
FM Kravtíð - 300 FINA stig: 03:08.29 - 03:02.03

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag		393	<b>2:52.08</b>	95,99 % Q
	Entry time: 2:45.45 (+6.63)					
	50m: 39.66	100m: 1:22.27 (42.61)	150m: 2:11.68 (49.41)		200m: 2:52.08 (40.40)	
2	<b>Oddvá Sedeá D. Nattestad</b>	2006 Havnar Svímjifelag		286	<b>3:11.30</b>	94,81 % Q
	Entry time: 3:01.87 (+9.43)					
	50m: 41.30	100m: 1:32.95 (51.65)	150m: 2:29.37 (56.42)		200m: 3:11.30 (41.93)	
3	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svímjifelag		239	<b>3:23.22</b>	97,35 %
	Entry time: 3:17.97 (+5.25)					
	50m: 46.84	100m: 1:42.70 (55.86)	150m: 2:41.74 (59.04)		200m: 3:23.22 (41.48)	
-	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag			<b>DSQ</b>	
	SW 4.4 Tjövstartur (startari og yvirdómari skulu vera samdir)					
	Kapping almenn: 09.07.2021 11:22:17					

### Kapping 8, 200m Blandað Kvinnur Jr. E - Innleiðandi

FAR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 23.01.2016  
FAR.JR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 23.01.2016  
FM Kravtíð - 300 FINA stig: 03:08.29 - 03:02.03

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		496	<b>2:39.27</b>	100,79 % Q
	Entry time: 2:40.54 (-1.27)					
	50m: 33.45	100m: 1:14.32 (40.87)	150m: 2:02.51 (48.19)		200m: 2:39.27 (36.76)	
2	<b>Bjørn A. Sigurðsson</b>	2004 Svímjifelagið Ægir		418	<b>2:48.63</b>	96,84 % Q
	Entry time: 2:43.47 (+5.16)					
	50m: 36.92	100m: 1:21.08 (44.16)	150m: 2:09.97 (48.89)		200m: 2:48.63 (38.66)	
	Kapping almenn: 09.07.2021 11:22:17					

### Kapping 8, 200m Blandað Kvinnur Opin Bólkur - Finala

FAR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 23.01.2016  
FAR.JR 2:20.41 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 23.01.2016  
FM Kravtíð - 300 FINA stig: 03:08.29 - 03:02.03

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Eyðrið Mortensen</b>	2003 Havnar Svímjifelag		519	<b>2:36.87</b>	103,50 %
	Entry time: 2:42.56 (-5.69)					
	50m: 33.33	100m: 1:13.90 (40.57)	150m: 2:01.03 (47.13)		200m: 2:36.87 (35.84)	
2	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		519	<b>2:36.89</b>	101,49 %
	Entry time: 2:39.27 (-2.38)					
	50m: 32.59	100m: 1:14.00 (41.41)	150m: 2:02.69 (48.69)		200m: 2:36.89 (34.20)	
3	<b>Bjørn A. Sigurðsson</b>	2004 Svímjifelagið Ægir		448	<b>2:44.74</b>	102,31 %
	Entry time: 2:48.63 (-3.89)					
	50m: 35.73	100m: 1:19.17 (43.44)	150m: 2:06.59 (47.42)		200m: 2:44.74 (38.15)	
4	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag		422	<b>2:48.04</b>	102,35 %
	Entry time: 2:52.08 (-4.04)					
	50m: 38.39	100m: 1:21.18 (42.79)	150m: 2:09.28 (48.10)		200m: 2:48.04 (38.76)	
5	<b>Durita M. Askham</b>	2008 Svímjifelagið Ægir		381	<b>2:53.96</b>	102,38 %
	Entry time: 2:58.20 (-4.24)					
	50m: 36.76	100m: 1:21.66 (44.90)	150m: 2:15.34 (53.68)		200m: 2:53.96 (38.62)	





# Úrslit

## Kapping 8, 200m Blandað Kvinnur Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
6	<b>Oddvá Sedeá D. Nattestad</b>	2006 Havnar Svímjifelag		257	<b>3:18.26</b>	96,36 %
	Entry time: 3:11.30 (+6.96)					
	50m: 42.52	100m: 1:34.52 (52.00)	150m: 2:33.19 (58.67)		200m: 3:18.26 (45.07)	
Kapping almenn: 09.07.2021 18:10:00						

## Kapping 8, 200m Blandað Kvinnur Jr. Y - Finala

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Laugardalslaug (ISL)	23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Laugardalslaug (ISL)	23.01.2016
FM Kravtíð - 300 FINA stig: 03:08.29 - 03:02.03					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag		422	<b>2:48.04</b>	102,35 %
	Entry time: 2:52.08 (-4.04)					
	50m: 38.39	100m: 1:21.18 (42.79)	150m: 2:09.28 (48.10)		200m: 2:48.04 (38.76)	
2	<b>Oddvá Sedeá D. Nattestad</b>	2006 Havnar Svímjifelag		257	<b>3:18.26</b>	96,36 %
	Entry time: 3:11.30 (+6.96)					
	50m: 42.52	100m: 1:34.52 (52.00)	150m: 2:33.19 (58.67)		200m: 3:18.26 (45.07)	
Kapping almenn: 09.07.2021 18:10:00						

## Kapping 8, 200m Blandað Kvinnur Jr. E - Finala

FAR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Laugardalslaug (ISL)	23.01.2016
FAR.JR	2:20.41	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Laugardalslaug (ISL)	23.01.2016
FM Kravtíð - 300 FINA stig: 03:08.29 - 03:02.03					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		519	<b>2:36.89</b>	101,49 %
	Entry time: 2:39.27 (-2.38)					
	50m: 32.59	100m: 1:14.00 (41.41)	150m: 2:02.69 (48.69)		200m: 2:36.89 (34.20)	
2	<b>Bjørn A. Sigurðsson</b>	2004 Svímjifelagið Ægir		448	<b>2:44.74</b>	102,31 %
	Entry time: 2:48.63 (-3.89)					
	50m: 35.73	100m: 1:19.17 (43.44)	150m: 2:06.59 (47.42)		200m: 2:44.74 (38.15)	
Kapping almenn: 09.07.2021 18:10:00						

## Kapping 9, 200m Blandað Menn Opin Bólkur - Innleiðandi

FAR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FM Kravtíð - 300 FINA stig: 02:50.29 - 02:43.76					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir		450	<b>2:28.74</b>	99,48 % Q
	Entry time: 2:27.97 (+0.77)					
	50m: 31.65	100m: 1:12.89 (41.24)	150m: 1:56.22 (43.33)		200m: 2:28.74 (32.52)	
2	<b>Isak Brisenfeldt</b>	2006 Havnar Svímjifelag		410	<b>2:33.36</b>	100,16 % Q
	Entry time: 2:33.61 (-0.25)					
	50m: 30.82	100m: 1:11.94 (41.12)	150m: 1:59.77 (47.83)		200m: 2:33.36 (33.59)	
3	<b>Rúni Dahl</b>	2004 Suðuroyar Svímjifelag		395	<b>2:35.37</b>	98,56 % Q
	Entry time: 2:33.17 (+2.20)					
	50m: 33.43	100m: 1:13.86 (40.43)	150m: 1:57.53 (43.67)		200m: 2:35.37 (37.84)	
4	<b>Martin V. Sivertsen</b>	2002 Svímjifelagið Ægir		379	<b>2:37.44</b>	96,19 % Q
	Entry time: 2:31.66 (+5.78)					
	50m: 30.79	100m: 1:15.21 (44.42)	150m: 2:02.13 (46.92)		200m: 2:37.44 (35.31)	
5	<b>Dávid Gíslason</b>	2005 Havnar Svímjifelag		373	<b>2:38.28</b>	102,08 % Q
	Entry time: 2:41.64 (-3.36)					
	50m: 32.85	100m: 1:15.63 (42.78)	150m: 2:03.22 (47.59)		200m: 2:38.28 (35.06)	





## Úrslit

### Kapping 9, 200m Blandað Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
6	Jákup Í Jákupsstovu	2004 Svímjifelagið Flot		332	<b>2:44.62</b>	100,52 % Q
	Entry time: 2:45.48 (-0.86)					
	50m: 35.28	100m: 1:17.66 (42.38)	150m: 2:06.33 (48.67)		200m: 2:44.62 (38.29)	
7	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag		331	<b>2:44.76</b>	101,26 %
	Entry time: 2:46.87 (-2.11)					
	50m: 35.29	100m: 1:19.87 (44.58)	150m: 2:08.08 (48.21)		200m: 2:44.76 (36.68)	
8	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		311	<b>2:48.17</b>	94,64 %
	Entry time: 2:39.61 (+8.56)					
	50m: 35.58	100m: 1:22.32 (46.74)	150m: 2:10.26 (47.94)		200m: 2:48.17 (37.91)	

Kapping almenn: 09.07.2021 11:29:49

### Kapping 9, 200m Blandað Menn Jr. Y - Innleiðandi

FAR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 02:50.29 - 02:43.76

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Heini M. Askham	2006 Svímjifelagið Ægir		450	<b>2:28.74</b>	99,48 % Q
	Entry time: 2:27.97 (+0.77)					
	50m: 31.65	100m: 1:12.89 (41.24)	150m: 1:56.22 (43.33)		200m: 2:28.74 (32.52)	
2	Isak Brisenfeldt	2006 Havnar Svímjifelag		410	<b>2:33.36</b>	100,16 % Q
	Entry time: 2:33.61 (-0.25)					
	50m: 30.82	100m: 1:11.94 (41.12)	150m: 1:59.77 (47.83)		200m: 2:33.36 (33.59)	
3	Dávid Gíslason	2005 Havnar Svímjifelag		373	<b>2:38.28</b>	102,08 % Q
	Entry time: 2:41.64 (-3.36)					
	50m: 32.85	100m: 1:15.63 (42.78)	150m: 2:03.22 (47.59)		200m: 2:38.28 (35.06)	

Kapping almenn: 09.07.2021 11:29:49

### Kapping 9, 200m Blandað Menn Jr. E - Innleiðandi

FAR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 02:50.29 - 02:43.76

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rúni Dahl	2004 Suðuroyar Svímjifelag		395	<b>2:35.37</b>	98,56 % Q
	Entry time: 2:33.17 (+2.20)					
	50m: 33.43	100m: 1:13.86 (40.43)	150m: 1:57.53 (43.67)		200m: 2:35.37 (37.84)	
2	Jákup Í Jákupsstovu	2004 Svímjifelagið Flot		332	<b>2:44.62</b>	100,52 % Q
	Entry time: 2:45.48 (-0.86)					
	50m: 35.28	100m: 1:17.66 (42.38)	150m: 2:06.33 (48.67)		200m: 2:44.62 (38.29)	

Kapping almenn: 09.07.2021 11:29:49

### Kapping 9, 200m Blandað Menn Opin Bólkur - Finala

FAR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 02:50.29 - 02:43.76

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Heini M. Askham	2006 Svímjifelagið Ægir		448	<b>2:28.90</b>	99,89 %
	Entry time: 2:28.74 (+0.16)					
	50m: 32.89	100m: 1:14.99 (42.10)	150m: 1:57.33 (42.34)		200m: 2:28.90 (31.57)	
2	Isak Brisenfeldt	2006 Havnar Svímjifelag		432	<b>2:30.72</b>	101,72 %
	Entry time: 2:33.36 (-2.64)					
	50m: 30.38	100m: 1:10.38 (40.00)	150m: 1:57.09 (46.71)		200m: 2:30.72 (33.63)	





## Úrslit

### Kapping 9, 200m Blandað Menn Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	<b>Martin V. Sivertsen</b>	2002 Svímjifelagið Ægir		432	<b>2:30.72</b>	104,27 %
	Entry time: 2:37.44 (-6.72)					
	50m: 31.17	100m: 1:13.06 (41.89)	150m: 1:57.78 (44.72)		200m: 2:30.72 (32.94)	
4	<b>Rúni Dahl</b>	2004 Suðuroyar Svímjifelag		396	<b>2:35.20</b>	100,11 %
	Entry time: 2:35.37 (-0.17)					
	50m: 34.03	100m: 1:15.54 (41.51)	150m: 1:58.78 (43.24)		200m: 2:35.20 (36.42)	
5	<b>Dávid Gislason</b>	2005 Havnar Svímjifelag		391	<b>2:35.85</b>	101,54 %
	Entry time: 2:38.28 (-2.43)					
	50m: 31.82	100m: 1:12.31 (40.49)	150m: 2:00.41 (48.10)		200m: 2:35.85 (35.44)	
6	<b>Jákup Í Jákupsstovu</b>	2004 Svímjifelagið Flot		327	<b>2:45.34</b>	99,56 %
	Entry time: 2:44.62 (+0.72)					
	50m: 36.99	100m: 1:19.84 (42.85)	150m: 2:06.62 (46.78)		200m: 2:45.34 (38.72)	

Kapping almenn: 09.07.2021 18:14:57

### Kapping 9, 200m Blandað Menn Jr. Y - Finala

FAR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 02:50.29 - 02:43.76

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir		448	<b>2:28.90</b>	99,89 %
	Entry time: 2:28.74 (+0.16)					
	50m: 32.89	100m: 1:14.99 (42.10)	150m: 1:57.33 (42.34)		200m: 2:28.90 (31.57)	
2	<b>Isak Brisenfeldt</b>	2006 Havnar Svímjifelag		432	<b>2:30.72</b>	101,72 %
	Entry time: 2:33.36 (-2.64)					
	50m: 30.38	100m: 1:10.38 (40.00)	150m: 1:57.09 (46.71)		200m: 2:30.72 (33.63)	
3	<b>Dávid Gislason</b>	2005 Havnar Svímjifelag		391	<b>2:35.85</b>	101,54 %
	Entry time: 2:38.28 (-2.43)					
	50m: 31.82	100m: 1:12.31 (40.49)	150m: 2:00.41 (48.10)		200m: 2:35.85 (35.44)	

Kapping almenn: 09.07.2021 18:14:57

### Kapping 9, 200m Blandað Menn Jr. E - Finala

FAR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	2:06.92	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 02:50.29 - 02:43.76

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rúni Dahl</b>	2004 Suðuroyar Svímjifelag		396	<b>2:35.20</b>	100,11 %
	Entry time: 2:35.37 (-0.17)					
	50m: 34.03	100m: 1:15.54 (41.51)	150m: 1:58.78 (43.24)		200m: 2:35.20 (36.42)	
2	<b>Jákup Í Jákupsstovu</b>	2004 Svímjifelagið Flot		327	<b>2:45.34</b>	99,56 %
	Entry time: 2:44.62 (+0.72)					
	50m: 36.99	100m: 1:19.84 (42.85)	150m: 2:06.62 (46.78)		200m: 2:45.34 (38.72)	

Kapping almenn: 09.07.2021 18:14:57

### Kapping 10, 50m Rygg Kvinnur Opin Bólkur - Innleiðandi

FAR	29.54	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Glasgow (GBR)	04.08.2018
FAR.JR	29.59	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	04.04.2017

FM Kravtíð - 300 FINA stig: 00:40.30 - 00:38.34

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Signhild Joensen</b>	2000 Svímjifelagið Ægir		698	<b>30.41</b>	97,40 % Q
	Entry time: 29.64 (+0.77)					





## Úrslit

### Kapping 10, 50m Rygg Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	Ronja Ró í Dímun Entry time: 33.58 (-1.19)	2004 Havnar Svimmifelag		577	<b>32.39</b>	103,54 % Q
3	Jonna Joensen Entry time: 32.60 (+0.15)	2005 Svimmifelagið Ægir		559	<b>32.75</b>	99,54 % Q
4	Jóhanna Egholm Entry time: 32.92 (+0.19)	1996 Fuglafjarðar Svimmifelag		541	<b>33.11</b>	99,42 % Q
5	Elin Christiansen Entry time: 34.33 (-0.13)	2004 Suðuroyar Svimmifelag		490	<b>34.20</b>	100,38 % Q
6	Bjørk L Sørensen Entry time: 35.35 (+0.90)	2004 Suðuroyar Svimmifelag		412	<b>36.25</b>	97,45 % Q
7	Sofía Toftegaard Entry time: 35.72 (+0.86)	2006 Svimmifelagið Ægir		401	<b>36.58</b>	97,59 % -
8	Björg Ólavsdóttir Entry time: 34.84 (+1.89)	2004 Havnar Svimmifelag		396	<b>36.73</b>	94,58 %
9	Dorteia Dam Entry time: 36.93 (+0.17)	2007 Havnar Svimmifelag		384	<b>37.10</b>	99,54 %
10	Rebekka Róðinsdóttir Entry time: 36.53 (+1.77)	2007 Fuglafjarðar Svimmifelag		349	<b>38.30</b>	95,15 %
11	Birita Vesturtún Entry time: 37.19 (+1.19)	2007 Fuglafjarðar Svimmifelag		347	<b>38.38</b>	96,80 %
12	Bjarta í Lágabø Entry time: 38.15 (+0.47)	2009 Suðuroyar Svimmifelag		340	<b>38.62</b>	98,77 %
13	Margit Højbro Entry time: 37.50 (+2.01)	2007 Fuglafjarðar Svimmifelag		318	<b>39.51</b>	94,64 %
14	Ragnhild Jacobsen Entry time: 39.51 (+0.90)	2008 Svimmifelagið Ægir		297	<b>40.41</b>	97,72 %

Kapping almenn: 09.07.2021 11:36:13

### Kapping 10, 50m Rygg Kvinnur Jr. Y - Innleiðandi

FAR	29.54	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Glasgow (GBR)	04.08.2018
FAR.JR	29.59	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	04.04.2017

FM Kravtíð - 300 FINA stig: 00:40.30 - 00:38.34

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Sofía Toftegaard Entry time: 35.72 (+0.86)	2006 Svimmifelagið Ægir		401	<b>36.58</b>	97,59 % -
2	Dorteia Dam Entry time: 36.93 (+0.17)	2007 Havnar Svimmifelag		384	<b>37.10</b>	99,54 %
3	Rebekka Róðinsdóttir Entry time: 36.53 (+1.77)	2007 Fuglafjarðar Svimmifelag		349	<b>38.30</b>	95,15 %
4	Birita Vesturtún Entry time: 37.19 (+1.19)	2007 Fuglafjarðar Svimmifelag		347	<b>38.38</b>	96,80 %
5	Margit Højbro Entry time: 37.50 (+2.01)	2007 Fuglafjarðar Svimmifelag		318	<b>39.51</b>	94,64 %

Kapping almenn: 09.07.2021 11:36:13

### Kapping 10, 50m Rygg Kvinnur Jr. E - Innleiðandi

FAR	29.54	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Glasgow (GBR)	04.08.2018
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11-07-2021 15:23:57

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svimmifelag

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# Úrslit

## Kapping 10, 50m Rygg Kvinnur Jr. E - Innleiðandi

FAR.JR 29.59 Signhild Joensen 2000 Ægir Klaksvik (FAR)  
FM Kravtíð - 300 FINA stig: 00:40.30 - 00:38.34

Broenshoej (DEN) 04.04.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun Entry time: 33.58 (-1.19)	2004 Havnar Svímjifelag		577	<b>32.39</b>	103,54 % Q
2	Jonna Joensen Entry time: 32.60 (+0.15)	2005 Svímjifelagið Ægir		559	<b>32.75</b>	99,54 % Q
3	Elin Christiansen Entry time: 34.33 (-0.13)	2004 Suðuroyar Svímjifelag		490	<b>34.20</b>	100,38 % Q
4	Bjørk L Sørensen Entry time: 35.35 (+0.90)	2004 Suðuroyar Svímjifelag		412	<b>36.25</b>	97,45 % Q
5	Björg Ólavsdóttir Entry time: 34.84 (+1.89)	2004 Havnar Svímjifelag		396	<b>36.73</b>	94,58 %

Kapping almenn: 09.07.2021 11:36:13

## Kapping 10, 50m Rygg Kvinnur Opín Bólkur - Finala

FAR 29.54 Signhild Joensen 2000 Ægir Klaksvik (FAR)  
FAR.JR 29.59 Signhild Joensen 2000 Ægir Klaksvik (FAR)  
FM Kravtíð - 300 FINA stig: 00:40.30 - 00:38.34

Glasgow (GBR) 04.08.2018  
Broenshoej (DEN) 04.04.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Signhild Joensen Entry time: 30.41 (-0.27)	2000 Svímjifelagið Ægir		717	<b>30.14</b>	100,89 %
2	Ronja Ró í Dímun Entry time: 32.39 (+0.19)	2004 Havnar Svímjifelag		567	<b>32.58</b>	99,41 %
3	Jóhanna Egholm Entry time: 33.11 (-0.32)	1996 Fuglafjarðar Svímjifelag		557	<b>32.79</b>	100,97 %
4	Jonna Joensen Entry time: 32.75 (+0.64)	2005 Svímjifelagið Ægir		527	<b>33.39</b>	98,05 %
5	Elin Christiansen Entry time: 34.20 (+0.78)	2004 Suðuroyar Svímjifelag		458	<b>34.98</b>	97,72 %
6	Bjørk L Sørensen Entry time: 36.25 (+0.06)	2004 Suðuroyar Svímjifelag		410	<b>36.31</b>	99,83 %

Kapping almenn: 09.07.2021 18:26:19

## Kapping 10, 50m Rygg Kvinnur Jr. E - Finala

FAR 29.54 Signhild Joensen 2000 Ægir Klaksvik (FAR)  
FAR.JR 29.59 Signhild Joensen 2000 Ægir Klaksvik (FAR)  
FM Kravtíð - 300 FINA stig: 00:40.30 - 00:38.34

Glasgow (GBR) 04.08.2018  
Broenshoej (DEN) 04.04.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun Entry time: 32.39 (+0.19)	2004 Havnar Svímjifelag		567	<b>32.58</b>	99,41 %
2	Jonna Joensen Entry time: 32.75 (+0.64)	2005 Svímjifelagið Ægir		527	<b>33.39</b>	98,05 %
3	Elin Christiansen Entry time: 34.20 (+0.78)	2004 Suðuroyar Svímjifelag		458	<b>34.98</b>	97,72 %
4	Bjørk L Sørensen Entry time: 36.25 (+0.06)	2004 Suðuroyar Svímjifelag		410	<b>36.31</b>	99,83 %





# Úrslit

## Kapping 10, 50m Rygg Kvinnur Jr. E - Finala

Raðf Navn Føðia Felag R.T FINA Tíð Munur  
Kapping almenn: 09.07.2021 18:26:19

## Kapping 11, 50m Rygg Menn Opin Bólkur - Innleiðandi

FAR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FAR.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012

FM Kravtíð - 300 FINA stig: 00:35.85 - 00:33.19

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bartal Debess</b> Entry time: 29.75 (+1.08)	2002 Suðuroyar Svímjifelag	471		<b>30.83</b>	96,37 % Q
2	<b>Villiam Marius Samuelsen</b> Entry time: 32.71 (-0.87)	2005 Havnar Svímjifelag	428		<b>31.84</b>	102,66 % Q
3	<b>Lukas Besson</b> Entry time: 32.02 (-0.11)	2007 Svímjefelagið Flot	425		<b>31.91</b>	100,34 % Q
4	<b>Líggjas Joensen</b> Entry time: 32.68 (-0.07)	2008 Svímjefelagið Ægir	398		<b>32.61</b>	100,21 % Q
5	<b>Karl Joensen</b> Entry time: 32.73 (+0.08)	2005 Svímjefelagið Flot	391		<b>32.81</b>	99,76 % Q
6	<b>Isak Brisenfeldt</b> Entry time: 32.64 (+0.77)	2006 Havnar Svímjifelag	370		<b>33.41</b>	97,64 % -
7	<b>Teitur Winther</b> Entry time: 34.43 (+0.32)	2005 Suðuroyar Svímjifelag	329		<b>34.75</b>	99,07 % Q
8	<b>Snorri Fríðheim Mortensen</b> Entry time: 34.77 (+0.92)	2005 Havnar Svímjifelag	304		<b>35.69</b>	97,35 %
9	<b>Ari Rasmussen Weihe</b> Entry time: 37.19 (-1.45)	2005 Havnar Svímjifelag	302		<b>35.74</b>	103,90 %

Kapping almenn: 09.07.2021 11:39:13

## Kapping 11, 50m Rygg Menn Jr. Y - Innleiðandi

FAR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FAR.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012

FM Kravtíð - 300 FINA stig: 00:35.85 - 00:33.19

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Villiam Marius Samuelsen</b> Entry time: 32.71 (-0.87)	2005 Havnar Svímjifelag	428		<b>31.84</b>	102,66 % Q
2	<b>Karl Joensen</b> Entry time: 32.73 (+0.08)	2005 Svímjefelagið Flot	391		<b>32.81</b>	99,76 % Q
3	<b>Isak Brisenfeldt</b> Entry time: 32.64 (+0.77)	2006 Havnar Svímjifelag	370		<b>33.41</b>	97,64 % -
4	<b>Teitur Winther</b> Entry time: 34.43 (+0.32)	2005 Suðuroyar Svímjifelag	329		<b>34.75</b>	99,07 % Q
5	<b>Snorri Fríðheim Mortensen</b> Entry time: 34.77 (+0.92)	2005 Havnar Svímjifelag	304		<b>35.69</b>	97,35 %
6	<b>Ari Rasmussen Weihe</b> Entry time: 37.19 (-1.45)	2005 Havnar Svímjifelag	302		<b>35.74</b>	103,90 %

Kapping almenn: 09.07.2021 11:39:13

## Kapping 11, 50m Rygg Menn Opin Bólkur - Finala

11-07-2021 15:23:57

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svímjifelag

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## Úrslit

### Kapping 11, 50m Rygg Menn Opin Bólkur - Finala

FAR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FAR.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FM Kravtíð - 300 FINA stig: 00:35.85 - 00:33.19

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bartal Debess</b> Entry time: 30.83 (-0.78)	2002 Suðuroyar Svímjifelag		509	<b>30.05</b>	102,53 %
2	<b>Villiam Marius Samuelsen</b> Entry time: 31.84 (-0.64)	2005 Havnar Svímjifelag		455	<b>31.20</b>	102,01 %
3	<b>Lukas Besson</b> Entry time: 31.91 (-0.47)	2007 Svímjifelagið Flot		444	<b>31.44</b>	101,47 %
4	<b>Líggjas Joensen</b> Entry time: 32.61 (-0.01)	2008 Svímjifelagið Ægir		399	<b>32.60</b>	100,03 %
5	<b>Karl Joensen</b> Entry time: 32.81 (+0.61)	2005 Svímjifelagið Flot		370	<b>33.42</b>	98,14 %
6	<b>Teitur Winther</b> Entry time: 34.75 (-0.25)	2005 Suðuroyar Svímjifelag		336	<b>34.50</b>	100,72 %

Kapping almenn: 09.07.2021 18:27:12

### Kapping 11, 50m Rygg Menn Jr. Y - Finala

FAR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FAR.JR 26.34 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FM Kravtíð - 300 FINA stig: 00:35.85 - 00:33.19

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Villiam Marius Samuelsen</b> Entry time: 31.84 (-0.64)	2005 Havnar Svímjifelag		455	<b>31.20</b>	102,01 %
2	<b>Karl Joensen</b> Entry time: 32.81 (+0.61)	2005 Svímjifelagið Flot		370	<b>33.42</b>	98,14 %
3	<b>Teitur Winther</b> Entry time: 34.75 (-0.25)	2005 Suðuroyar Svímjifelag		336	<b>34.50</b>	100,72 %

Kapping almenn: 09.07.2021 18:27:12

### Kapping 12, 200m Frí Kvinnur Opin Bólkur - Innleiðandi

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN)) 08.07.2016  
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN)) 08.07.2016  
FM Kravtíð - 300 FINA stig: 02:48.77 - 02:44.96

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Róa Trygvadóttir</b> Entry time: 2:19.96 (+2.33) 50m: 33.43	2008 Svímjifelagið Ægir		500	<b>2:22.29</b>	98,34 % Q
2	<b>Alisa Vestergård</b> Entry time: 2:14.07 (+12.24) 50m: 32.94	2003 Suðuroyar Svímjifelag		460	<b>2:26.31</b>	90,87 % Q
3	<b>Jonna Joensen</b> Entry time: 2:22.89 (+5.58) 50m: 33.51	2005 Svímjifelagið Ægir		440	<b>2:28.47</b>	96,09 % -
4	<b>Jóhanna Egholm</b> Entry time: 2:21.39 (+9.68) 50m: 32.95	1996 Fuglafjarðar Svímjifelag		418	<b>2:31.07</b>	93,15 % Q







## Úrslit

### Kapping 12, 200m Frí Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	<b>Margit Højbro</b> Entry time: 2:25.53 (+9.90) 50m: 35.96	2007 Fuglafjarðar Svímjifelag 100m: 1:14.67 (38.71) 150m: 1:55.26 (40.59)		384	<b>2:35.43</b>	93,20 % Q
6	<b>Durita M. Askham</b> Entry time: 2:41.92 (-3.86) 50m: 35.97	2008 Svímjifelagið Ægir 100m: 1:17.86 (41.89) 150m: 1:58.88 (41.02)		365	<b>2:38.06</b>	102,38 % Q
7	<b>Bjørk L Sørensen</b> Entry time: 2:35.03 (+4.83) 50m: 35.60	2004 Suðuroyar Svímjifelag 100m: 1:16.40 (40.80) 150m: 1:58.43 (42.03)		353	<b>2:39.86</b>	96,88 % Q
8	<b>Bjarta í Lágabø</b> Entry time: 2:41.20 (-1.22) 50m: 36.54	2009 Suðuroyar Svímjifelag 100m: 1:17.73 (41.19) 150m: 1:59.69 (41.96)		352	<b>2:39.98</b>	100,76 %
9	<b>Dorteia Dam</b> Entry time: 2:42.37 (-0.90) 50m: 36.56	2007 Havnar Svímjifelag 100m: 1:19.25 (42.69) 150m: 2:02.57 (43.32)		342	<b>2:41.47</b>	100,55 %
10	<b>Silja Bech</b> Entry time: 2:46.48 (+5.26) 50m: 38.05	2008 Suðuroyar Svímjifelag 100m: 1:22.78 (44.73) 150m: 2:08.67 (45.89)		284	<b>2:51.74</b>	96,84 %
11	<b>Jóhanna Katrína Jacobsen</b> Entry time: 2:49.68 (+8.05) 50m: 39.83	2007 Havnar Svímjifelag 100m: 1:26.24 (46.41) 150m: 2:13.59 (47.35)		256	<b>2:57.73</b>	95,26 %

Kapping almenn: 09.07.2021 11:54:11

### Kapping 12, 200m Frí Kvinnur Jr. Y - Innleiðandi

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FM Kravtíð - 300 FINA stig: 02:48.77 - 02:44.96

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Margit Højbro</b> Entry time: 2:25.53 (+9.90) 50m: 35.96	2007 Fuglafjarðar Svímjifelag 100m: 1:14.67 (38.71) 150m: 1:55.26 (40.59)		384	<b>2:35.43</b>	93,20 % Q
2	<b>Dorteia Dam</b> Entry time: 2:42.37 (-0.90) 50m: 36.56	2007 Havnar Svímjifelag 100m: 1:19.25 (42.69) 150m: 2:02.57 (43.32)		342	<b>2:41.47</b>	100,55 %
3	<b>Jóhanna Katrína Jacobsen</b> Entry time: 2:49.68 (+8.05) 50m: 39.83	2007 Havnar Svímjifelag 100m: 1:26.24 (46.41) 150m: 2:13.59 (47.35)		256	<b>2:57.73</b>	95,26 %

Kapping almenn: 09.07.2021 11:54:11

### Kapping 12, 200m Frí Kvinnur Jr. E - Innleiðandi

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FM Kravtíð - 300 FINA stig: 02:48.77 - 02:44.96

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b> Entry time: 2:22.89 (+5.58) 50m: 33.51	2005 Svímjifelagið Ægir 100m: 1:11.36 (37.85) 150m: 1:49.60 (38.24)		440	<b>2:28.47</b>	96,09 % -
2	<b>Bjørk L Sørensen</b> Entry time: 2:35.03 (+4.83) 50m: 35.60	2004 Suðuroyar Svímjifelag 100m: 1:16.40 (40.80) 150m: 1:58.43 (42.03)		353	<b>2:39.86</b>	96,88 % Q

Kapping almenn: 09.07.2021 11:54:11





## Úrslit

### Kapping 12, 200m Frí Kvinnur Opin Bólkur - Finala

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FM Kravtíð - 300 FINA stig: 02:48.77 - 02:44.96

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Alisa Vestergård</b>	2003 Suðuroyar Svímjifelag	582	<b>2:15.27</b>	107,55 %	
	Entry time: 2:26.31 (-11.04)					
	50m: 31.38	100m: 1:06.77 (35.39)	150m: 1:42.35 (35.58)	200m: 2:15.27 (32.92)		
2	<b>Róa Trygvadóttir</b>	2008 Svímjifelagið Ægir	572	<b>2:16.10</b>	104,35 %	
	Entry time: 2:22.29 (-6.19)					
	50m: 31.89	100m: 1:06.55 (34.66)	150m: 1:42.03 (35.48)	200m: 2:16.10 (34.07)		
3	<b>Jóhanna Egholm</b>	1996 Fuglafjarðar Svímjifelag	436	<b>2:28.96</b>	101,40 %	
	Entry time: 2:31.07 (-2.11)					
	50m: 32.83	100m: 1:09.29 (36.46)	150m: 1:48.55 (39.26)	200m: 2:28.96 (40.41)		
4	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag	418	<b>2:31.04</b>	102,82 %	
	Entry time: 2:35.43 (-4.39)					
	50m: 34.93	100m: 1:12.84 (37.91)	150m: 1:52.31 (39.47)	200m: 2:31.04 (38.73)		
5	<b>Durita M. Askham</b>	2008 Svímjifelagið Ægir	369	<b>2:37.48</b>	100,37 %	
	Entry time: 2:38.06 (-0.58)					
	50m: 36.06	100m: 1:17.36 (41.30)	150m: 1:58.00 (40.64)	200m: 2:37.48 (39.48)		
6	<b>Bjørk L Sørensen</b>	2004 Suðuroyar Svímjifelag	269	<b>2:54.90</b>	90,59 %	
	Entry time: 2:39.86 (+15.04)					
	50m: 39.67	100m: 1:24.46 (44.79)	150m: 2:09.73 (45.27)	200m: 2:54.90 (45.17)		

Kapping almenn: 09.07.2021 18:37:36

### Kapping 12, 200m Frí Kvinnur Jr. Y - Finala

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FM Kravtíð - 300 FINA stig: 02:48.77 - 02:44.96

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag	418	<b>2:31.04</b>	102,82 %	
	Entry time: 2:35.43 (-4.39)					
	50m: 34.93	100m: 1:12.84 (37.91)	150m: 1:52.31 (39.47)	200m: 2:31.04 (38.73)		

Kapping almenn: 09.07.2021 18:37:36

### Kapping 12, 200m Frí Kvinnur Jr. E - Finala

FAR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FAR.JR 2:05.66 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 08.07.2016  
FM Kravtíð - 300 FINA stig: 02:48.77 - 02:44.96

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bjørk L Sørensen</b>	2004 Suðuroyar Svímjifelag	269	<b>2:54.90</b>	90,59 %	
	Entry time: 2:39.86 (+15.04)					
	50m: 39.67	100m: 1:24.46 (44.79)	150m: 2:09.73 (45.27)	200m: 2:54.90 (45.17)		

Kapping almenn: 09.07.2021 18:37:36

### Kapping 13, 200m Frí Menn Opin Bólkur - Innleiðandi

FAR 1:48.98 Pal Joensen 1990 Suðuroyar Svímjifelag (FA Broenshoej (DEN) 23.03.2012  
FAR.JR 1:55.21 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012  
FM Kravtíð - 300 FINA stig: 02:32.36 - 02:28.43

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Johan Nónskarð Dam</b>	2002 Havnar Svímjifelag	522	<b>2:06.67</b>	94,81 % Q	
	Entry time: 2:00.42 (+6.25)					
	50m: 29.16	100m: 1:01.30 (32.14)	150m: 1:34.34 (33.04)	200m: 2:06.67 (32.33)		





## Úrslit

### Kapping 13, 200m Frí Menn Opín Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	Heini M. Askham	2006 Svímjifelagið Ægir		500	2:08.45	102,04 % Q
	Entry time: 2:11.12 (-2.67)					
	50m: 29.26	100m: 1:01.20 (31.94)	150m: 1:34.99 (33.79)		200m: 2:08.45 (33.46)	
3	Bartal Debess	2002 Suðuroyar Svímjifelag		471	2:11.06	98,14 % -
	Entry time: 2:08.67 (+2.39)					
	50m: 28.88	100m: 1:02.05 (33.17)	150m: 1:37.44 (35.39)		200m: 2:11.06 (33.62)	
4	Villiam Marius Samuelsen	2005 Havnar Svímjifelag		461	2:12.02	101,61 % Q
	Entry time: 2:14.18 (-2.16)					
	50m: 29.62	100m: 1:02.94 (33.32)	150m: 1:38.44 (35.50)		200m: 2:12.02 (33.58)	
5	Líggjas Joensen	2008 Svímjifelagið Ægir		405	2:17.79	96,88 % Q
	Entry time: 2:13.62 (+4.17)					
	50m: 30.70	100m: 1:05.89 (35.19)	150m: 1:42.52 (36.63)		200m: 2:17.79 (35.27)	
6	Karl Joensen	2005 Svímjifelagið Flot		394	2:19.12	100,71 % Q
	Entry time: 2:20.11 (-0.99)					
	50m: 31.06	100m: 1:05.93 (34.87)	150m: 1:43.52 (37.59)		200m: 2:19.12 (35.60)	
7	Áki Eliassen	2006 Havnar Svímjifelag		388	2:19.76	102,02 % Q
	Entry time: 2:22.64 (-2.88)					
	50m: 32.64	100m: 1:08.13 (35.49)	150m: 1:44.57 (36.44)		200m: 2:19.76 (35.19)	
8	Snorri Fríðheim Mortensen	2005 Havnar Svímjifelag		375	2:21.43	101,82 %
	Entry time: 2:24.05 (-2.62)					
	50m: 30.95	100m: 1:06.07 (35.12)	150m: 1:44.52 (38.45)		200m: 2:21.43 (36.91)	
9	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag		345	2:25.34	99,00 %
	Entry time: 2:23.90 (+1.44)					
	50m: 33.18	100m: 1:10.38 (37.20)	150m: 1:48.51 (38.13)		200m: 2:25.34 (36.83)	
10	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		327	2:27.92	94,08 %
	Entry time: 2:19.65 (+8.27)					
	50m: 33.46	100m: 1:11.24 (37.78)	150m: 1:50.08 (38.84)		200m: 2:27.92 (37.84)	
11	Oddvaldur Leivsson	2008 Havnar Svímjifelag		320	2:29.00	102,01 %
	Entry time: 2:32.06 (-3.06)					
	50m: 34.30	100m: 1:11.70 (37.40)	150m: 1:51.84 (40.14)		200m: 2:29.00 (37.16)	
12	Heini Hansen	2003 Suðuroyar Svímjifelag		316	2:29.67	91,75 %
	Entry time: 2:18.26 (+11.41)					
	50m: 33.45	100m: 1:11.59 (38.14)	150m: 1:50.82 (39.23)		200m: 2:29.67 (38.85)	
13	Silas Dam Lindberg	2008 Havnar Svímjifelag		313	2:30.10	99,73 %
	Entry time: 2:29.70 (+0.40)					
	50m: 33.64	100m: 1:11.92 (38.28)	150m: 1:51.35 (39.43)		200m: 2:30.10 (38.75)	
14	Markus Bárðarson Dahl	2005 Havnar Svímjifelag		284	2:35.05	99,23 %
	Entry time: 2:33.86 (+1.19)					
	50m: 33.40	100m: 1:13.14 (39.74)	150m: 1:54.18 (41.04)		200m: 2:35.05 (40.87)	
15	Jákup í Jákupsstovu	2004 Svímjifelagið Flot		260	2:39.74	97,26 %
	Entry time: 2:35.48 (+4.26)					
	50m: 36.19	100m: 1:16.58 (40.39)	150m: 1:59.16 (42.58)		200m: 2:39.74 (40.58)	
16	Jóannes Clementsen	2007 Suðuroyar Svímjifelag		188	2:58.00	95,86 %
	Entry time: 2:50.93 (+7.07)					
	50m: 39.81	100m: 1:25.80 (45.99)	150m: 2:14.23 (48.43)		200m: 2:58.00 (43.77)	

Kapping almenn: 09.07.2021 11:59:53

### Kapping 13, 200m Frí Menn Jr. Y - Innleiðandi

FAR	1:48.98	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	23.03.2012
FAR.JR	1:55.21	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN) Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 02:32.36 - 02:28.43





## Úrslit

### Kapping 13, 200m Frí Menn Jr. Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir		500	<b>2:08.45</b>	102,04 % Q
	Entry time: 2:11.12 (-2.67)					
	50m: 29.26	100m: 1:01.20 (31.94)	150m: 1:34.99 (33.79)		200m: 2:08.45 (33.46)	
2	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		461	<b>2:12.02</b>	101,61 % Q
	Entry time: 2:14.18 (-2.16)					
	50m: 29.62	100m: 1:02.94 (33.32)	150m: 1:38.44 (35.50)		200m: 2:12.02 (33.58)	
3	<b>Karl Joensen</b>	2005 Svímjifelagið Flot		394	<b>2:19.12</b>	100,71 % Q
	Entry time: 2:20.11 (-0.99)					
	50m: 31.06	100m: 1:05.93 (34.87)	150m: 1:43.52 (37.59)		200m: 2:19.12 (35.60)	
4	<b>Áki Eliassen</b>	2006 Havnar Svímjifelag		388	<b>2:19.76</b>	102,02 % Q
	Entry time: 2:22.64 (-2.88)					
	50m: 32.64	100m: 1:08.13 (35.49)	150m: 1:44.57 (36.44)		200m: 2:19.76 (35.19)	
5	<b>Snorri Fríðheim Mortensen</b>	2005 Havnar Svímjifelag		375	<b>2:21.43</b>	101,82 %
	Entry time: 2:24.05 (-2.62)					
	50m: 30.95	100m: 1:06.07 (35.12)	150m: 1:44.52 (38.45)		200m: 2:21.43 (36.91)	
6	<b>Markus Bárðarson Dahl</b>	2005 Havnar Svímjifelag		284	<b>2:35.05</b>	99,23 %
	Entry time: 2:33.86 (+1.19)					
	50m: 33.40	100m: 1:13.14 (39.74)	150m: 1:54.18 (41.04)		200m: 2:35.05 (40.87)	

Kapping almenn: 09.07.2021 11:59:53

### Kapping 13, 200m Frí Menn Jr. E - Innleiðandi

FAR	1:48.98	Pal Joensen	1990 Suðuroyar Svímjifelag (FA)	Broenshoej (DEN)	23.03.2012
FAR.JR	1:55.21	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 02:32.36 - 02:28.43

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini Hansen</b>	2003 Suðuroyar Svímjifelag		316	<b>2:29.67</b>	91,75 %
	Entry time: 2:18.26 (+11.41)					
	50m: 33.45	100m: 1:11.59 (38.14)	150m: 1:50.82 (39.23)		200m: 2:29.67 (38.85)	
2	<b>Jákup í Jákupsstovu</b>	2004 Svímjifelagið Flot		260	<b>2:39.74</b>	97,26 %
	Entry time: 2:35.48 (+4.26)					
	50m: 36.19	100m: 1:16.58 (40.39)	150m: 1:59.16 (42.58)		200m: 2:39.74 (40.58)	

Kapping almenn: 09.07.2021 11:59:53

### Kapping 13, 200m Frí Menn Opin Bólkur - Finala

FAR	1:48.98	Pal Joensen	1990 Suðuroyar Svímjifelag (FA)	Broenshoej (DEN)	23.03.2012
FAR.JR	1:55.21	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 02:32.36 - 02:28.43

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Johan Nónskarð Dam</b>	2002 Havnar Svímjifelag		526	<b>2:06.35</b>	100,25 %
	Entry time: 2:06.67 (-0.32)					
	50m: 28.79	100m: 1:00.46 (31.67)	150m: 1:33.36 (32.90)		200m: 2:06.35 (32.99)	
2	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir		476	<b>2:10.61</b>	98,32 %
	Entry time: 2:08.45 (+2.16)					
	50m: 29.75	100m: 1:02.66 (32.91)	150m: 1:36.68 (34.02)		200m: 2:10.61 (33.93)	
3	<b>Líggjas Joensen</b>	2008 Svímjifelagið Ægir		476	<b>2:10.62</b>	105,20 %
	Entry time: 2:17.79 (-7.17)					
	50m: 30.30	100m: 1:04.17 (33.87)	150m: 1:38.74 (34.57)		200m: 2:10.62 (31.88)	
4	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		457	<b>2:12.42</b>	99,70 %
	Entry time: 2:12.02 (+0.40)					
	50m: 30.09	100m: 1:03.40 (33.31)	150m: 1:38.74 (35.34)		200m: 2:12.42 (33.68)	





## Úrslit

### Kapping 13, 200m Frí Menn Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	Karl Joensen	2005 Svímjifelagið Flot		407	<b>2:17.63</b>	101,07 %
	Entry time: 2:19.12 (-1.49)					
	50m: 31.36	100m: 1:05.94 (34.58)	150m: 1:42.53 (36.59)		200m: 2:17.63 (35.10)	
6	Áki Eliassen	2006 Havnar Svímjifelag		399	<b>2:18.55</b>	100,87 %
	Entry time: 2:19.76 (-1.21)					
	50m: 31.79	100m: 1:06.97 (35.18)	150m: 1:42.91 (35.94)		200m: 2:18.55 (35.64)	

Kapping almenn: 09.07.2021 18:41:44

### Kapping 13, 200m Frí Menn Jr. Y - Finala

FAR	1:48.98	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	23.03.2012
FAR.JR	1:55.21	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN) Esbjerg (DEN)	13.07.2012
FM Kravtíð - 300 FINA stig:	02:32.36	02:28.43		

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Heini M. Askham	2006 Svímjifelagið Ægir		476	<b>2:10.61</b>	98,32 %
	Entry time: 2:08.45 (+2.16)					
	50m: 29.75	100m: 1:02.66 (32.91)	150m: 1:36.68 (34.02)		200m: 2:10.61 (33.93)	
2	Villiam Marius Samuelsen	2005 Havnar Svímjifelag		457	<b>2:12.42</b>	99,70 %
	Entry time: 2:12.02 (+0.40)					
	50m: 30.09	100m: 1:03.40 (33.31)	150m: 1:38.74 (35.34)		200m: 2:12.42 (33.68)	
3	Karl Joensen	2005 Svímjifelagið Flot		407	<b>2:17.63</b>	101,07 %
	Entry time: 2:19.12 (-1.49)					
	50m: 31.36	100m: 1:05.94 (34.58)	150m: 1:42.53 (36.59)		200m: 2:17.63 (35.10)	
4	Áki Eliassen	2006 Havnar Svímjifelag		399	<b>2:18.55</b>	100,87 %
	Entry time: 2:19.76 (-1.21)					
	50m: 31.79	100m: 1:06.97 (35.18)	150m: 1:42.91 (35.94)		200m: 2:18.55 (35.64)	

Kapping almenn: 09.07.2021 18:41:44

### Kapping 14, 4x100m Blandað Kvinnur Opin Bólkur - Innleiðandi

FAR	4:33.08	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	26.04.2019
FAR.JR	4:39.73	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	10.04.2021

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
1	Ægir 1	17		465 Q	<b>4:57.37</b>	
	Jonna Joensen	2005		35.44	1:14.51	1:14.51
	Sofía Toftegaard	2006		39.81	1:24.38	2:38.89
	Malan Jóhansdóttir	2004		31.89	1:12.86	3:51.75
	Björt A. Sigurðsson	2004		29.51	1:05.62	4:57.37
2	Hs Kvinnur 1	20		441 Q	<b>5:02.66</b>	
	Björg Ólavsdóttir	2004		40.60	1:21.31	1:21.31
	Ronja Ró í Dímun	2004		38.60	1:25.52	2:46.83
	Vár E. Eidesgaard	2001		32.89	1:10.17	3:57.00
	Eyðrið Mortensen	2003		30.80	1:05.66	5:02.66
3	Ægir 2	21		409 Q	<b>5:10.35</b>	
	Sighild Joensen	2000		32.86	1:08.37	1:08.37
	Ragnhild Jacobsen	2008		43.79	1:35.04	2:43.41
	Durita M. Askham	2008		36.27	1:19.74	4:03.15
	Róa Trygvadóttir	2008		32.20	1:07.20	5:10.35





# Úrslit

## Kapping 14, 4x100m Blandað Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>4 1 FS</b>		25		369 Q	<b>5:21.07</b>	
	Jóhanna Egholm	1996		34.78 1:12.85	1:12.85	
	Birita Vesturtún	2007		42.57 1:12.85		
	Rebekka Róðinsdóttir	2007		3:24.56		
	Margit Højbro	2007		4:43.18 5:21.07	5:21.07	
<b>5 1 LD Susvim Gentur</b>		18		331 Q	<b>5:32.83</b>	
	Bjørk L Sørensen	2004		40.44		
	Elin Christiansen	2004		2:06.44 2:54.59	2:54.59	
	Alisa Vestergård	2003		34.63 1:18.20	4:12.79	
	Silja Bech	2008		37.44 1:20.04	5:32.83	
<b>6 Hs Kvinnur 2</b>		15		173 Q	<b>6:52.83</b>	52,42 %
	Dorte Dam	2007		40.72		
	Jóhanna Katrina Jacobsen	2007		2:09.34		
	Oddvá Sede D. Nattestad	2006		3:53.82 4:52.85	4:52.85	
	Natasja F. Ellingsgaard	2010		57.81 1:59.98	6:52.83	

Kapping almenn: 09.07.2021 12:27:06

## Kapping 14, 4x100m Blandað Kvinnur Jr. Y - Innleiðandi

FAR	4:33.08	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	26.04.2019	
FAR.JR	4:39.73	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	10.04.2021	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1 Hs Kvinnur 2</b>		15		173 Q	<b>6:52.83</b>	52,42 %
	Dorte Dam	2007		40.72		
	Jóhanna Katrina Jacobsen	2007		2:09.34		
	Oddvá Sede D. Nattestad	2006		3:53.82 4:52.85	4:52.85	
	Natasja F. Ellingsgaard	2010		57.81 1:59.98	6:52.83	
<b>- Hs Kvinnur 1</b>		20		441 Q	<b>5:02.66</b>	
	Björg Ólavsdóttir	2004		40.60 1:21.31	1:21.31	
	Ronja Ró í Dímun	2004		38.60 1:25.52	2:46.83	
	Vár E. Eidesgaard	2001		32.89 1:10.17	3:57.00	
	Eyðrið Mortensen	2003		30.80 1:05.66	5:02.66	

Kapping almenn: 09.07.2021 12:27:06

## Kapping 14, 4x100m Blandað Kvinnur Jr. E - Innleiðandi

FAR	4:33.08	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	26.04.2019	
FAR.JR	4:39.73	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	10.04.2021	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1 Ægir 1</b>		17		465 Q	<b>4:57.37</b>	
	Jonna Joensen	2005		35.44 1:14.51	1:14.51	
	Sofía Toftegaard	2006		39.81 1:24.38	2:38.89	
	Malan Jóhansdóttir	2004		31.89 1:12.86	3:51.75	
	Björt A. Sigurðsson	2004		29.51 1:05.62	4:57.37	

Kapping almenn: 09.07.2021 12:27:06

## Kapping 14, 4x100m Blandað Kvinnur Opin Bólkur - Finala





# Úrslit

## Kapping 14, 4x100m Blandað Kvinnur Opin Bólkur - Finala

FAR 4:33.08 Ægir Klaksvik Ægir Klaksvik (FAR) Vagur (FAR) 26.04.2019  
FAR.JR 4:39.73 Havnar Svímjifelag Havnar Svímjifelag (FAR) Vagur (FAR) 10.04.2021

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>1</b>	<b>Ægir 1</b>	21			552	<b>4:40.82</b>	105,57
	Signhild Joensen	2000		31.34	1:04.78	1:04.78	
	Sofía Toftegaard	2006		37.20	1:04.78		
	Jonna Joensen	2005		2:57.31			
	Róa Trygvadóttir	2008		4:07.82	4:40.82	4:40.82	
<b>2</b>	<b>Hs Kvinnur 1</b>	20			488	<b>4:52.55</b>	103,34
	Björg Ólavsdóttir	2004		38.28	1:19.18	1:19.18	
	Ronja Ró í Dímun	2004		38.14	1:19.18		
	Vár E. Eidesgaard	2001		3:12.18	3:48.24	3:48.24	
	Eyðrið Mortensen	2003		30.53	1:04.31	4:52.55	
<b>3</b>	<b>1 FS</b>	25			412	<b>5:09.40</b>	103,63
	Jóhanna Egholm	1996		35.54	1:14.89	1:14.89	
	Birita Vesturtún	2007		40.92	1:27.39	2:42.28	
	Rebekka Róðinsdóttir	2007		38.24	1:19.23	4:01.51	
	Margit Højbro	2007		32.81	1:07.89	5:09.40	
<b>4</b>	<b>Ægir 2</b>	17			409	<b>5:10.32</b>	100,01
	Ragnhild Jacobsen	2008		40.19	1:23.30	1:23.30	
	Bjørt A. Sigurðsson	2004		41.16	1:27.47	2:50.77	
	Malan Jóhansdóttir	2004		31.72	1:09.69	4:00.46	
	Durita M. Askham	2008		32.72	1:09.86	5:10.32	
<b>5</b>	<b>1 LD Susvim Gentur</b>	18			368	<b>5:21.26</b>	103,48
	Bjørk L Sørensen	2004		40.22			
	Elin Christiansen	2004		2:04.04	2:50.75	2:50.75	
	Alisa Vestergård	2003		34.80	1:18.79	4:09.54	
	Bjarta í Lágabø	2009		32.31	1:11.72	5:21.26	
-	<b>Hs Kvinnur 2</b>	15				<b>DNS</b>	
	Dorteia Dam	2007					
	Jóhanna Katrína Jacobsen	2007					
	Oddvá Sedeá D. Nattestad	2006					
	Natasja F. Ellingsgaard	2010					

Kapping almenn: 09.07.2021 19:10:19

## Kapping 14, 4x100m Blandað Kvinnur Jr. Y - Finala

FAR 4:33.08 Ægir Klaksvik Ægir Klaksvik (FAR) Vagur (FAR) 26.04.2019  
FAR.JR 4:39.73 Havnar Svímjifelag Havnar Svímjifelag (FAR) Vagur (FAR) 10.04.2021

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
-	<b>Hs Kvinnur 1</b>	20			488	<b>4:52.55</b>	103,34
	Björg Ólavsdóttir	2004		38.28	1:19.18	1:19.18	
	Ronja Ró í Dímun	2004		38.14	1:19.18		
	Vár E. Eidesgaard	2001		3:12.18	3:48.24	3:48.24	
	Eyðrið Mortensen	2003		30.53	1:04.31	4:52.55	





# Úrslit

## Kapping 14, 4x100m Blandað Kvinnur Jr. Y - Finala

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
-	<b>Hs Kvinnur 2</b>	15			DNS	
	Dorteia Dam	2007				
	Jóhanna Katrína Jacobsen	2007				
	Oddvá Sedeá D. Nattestad	2006				
	Natasja F. Ellingsgaard	2010				

Kapping almenn: 09.07.2021 19:10:19

## Kapping 14, 4x100m Blandað Kvinnur Jr. E - Finala

FAR	4:33.08	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)		26.04.2019
FAR.JR	4:39.73	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)		10.04.2021
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Ægir 2</b>	17		409		<b>5:10.32</b> 100,01
	Ragnhild Jacobsen	2008		40.19	1:23.30	1:23.30
	Björt A. Sigurðsson	2004		41.16	1:27.47	2:50.77
	Malan Jóhansdóttir	2004		31.72	1:09.69	4:00.46
	Durita M. Askham	2008		32.72	1:09.86	5:10.32

Kapping almenn: 09.07.2021 19:10:19

## Kapping 15, 4x100m Blandað Menn Opin Bólkur - Innleiðandi

FAR	4:11.85	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)		08.06.2018
FAR.JR	4:20.14	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)		03.07.2020
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Harrar Susvim</b>	29		371 Q		<b>4:48.36</b>
	Bartal Debess	2002		32.20	1:07.48	1:07.48
	Jón Hofgaard	1992		34.84	1:14.60	2:22.08
	Rani Jacobsen	2001		32.96	1:14.13	3:36.21
	Jóannes Clementsen	2007		34.58	1:12.15	4:48.36
<b>2</b>	<b>Hs Menn 2</b>	16		367 Q		<b>4:49.27</b>
	Ari Rasmussen Weihe	2005				
	Markus Bárðarson Dahl	2005		1:59.46	2:42.37	2:42.37
	Isak Brisenfeldt	2006		30.73	1:05.31	3:47.68
	Snorri Fríðheim Mortensen	2005		29.23	1:01.59	4:49.27
<b>3</b>	<b>Susvim Dreingir</b>	18		353 Q		<b>4:53.18</b>
	Teitur Winther	2005		38.08	1:16.94	1:16.94
	Heini Hansen	2003		41.09	1:25.33	2:42.27
	Hans Jacob Hjelm	2003		32.81	1:09.68	3:51.95
	Rúni Dahl	2004		28.53	1:01.23	4:53.18
<b>4</b>	<b>Ægir 1</b>	19		342 Q		<b>4:56.17</b>
	Líggjas Joensen	2008		35.62	1:13.41	1:13.41
	Heini M. Askham	2006		42.64	1:13.41	
	Martin V. Sivertsen	2002		3:14.89	3:50.71	3:50.71
	Hanus Lydersen	2006		31.22	1:05.46	4:56.17







# Úrslit

## Kapping 15, 4x100m Blandað Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
5	<b>Hs Menn 1</b>	16		340 Q	<b>4:56.71</b>	
	Villiam Marius Samuelsen	2005		34.32	1:11.70	1:11.70
	Dávid Gislason	2005		39.64	1:25.61	2:37.31
	Áki Eliassen	2006		32.08	1:09.83	3:47.14
	Silas Dam Lindberg	2008		33.23	1:09.57	4:56.71

Kapping almenn: 09.07.2021 12:34:48

## Kapping 15, 4x100m Blandað Menn Jr. Y - Innleiðandi

FAR	4:11.85	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	08.06.2018	
FAR.JR	4:20.14	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	03.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
1	<b>Hs Menn 2</b>	16		367 Q	<b>4:49.27</b>	
	Ari Rasmussen Weihe	2005				
	Markus Bárðarson Dahl	2005		1:59.46	2:42.37	2:42.37
	Isak Brisenfeldt	2006		30.73	1:05.31	3:47.68
	Snorri Fríðheim Mortensen	2005		29.23	1:01.59	4:49.27

2	<b>Hs Menn 1</b>	16		340 Q	<b>4:56.71</b>	
	Villiam Marius Samuelsen	2005		34.32	1:11.70	1:11.70
	Dávid Gislason	2005		39.64	1:25.61	2:37.31
	Áki Eliassen	2006		32.08	1:09.83	3:47.14
	Silas Dam Lindberg	2008		33.23	1:09.57	4:56.71

Kapping almenn: 09.07.2021 12:34:48

## Kapping 15, 4x100m Blandað Menn Jr. E - Innleiðandi

FAR	4:11.85	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	08.06.2018	
FAR.JR	4:20.14	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	03.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
1	<b>Susvim Dreingir</b>	18		353 Q	<b>4:53.18</b>	
	Teitur Winther	2005		38.08	1:16.94	1:16.94
	Heini Hansen	2003		41.09	1:25.33	2:42.27
	Hans Jacob Hjelm	2003		32.81	1:09.68	3:51.95
	Rúni Dahl	2004		28.53	1:01.23	4:53.18

Kapping almenn: 09.07.2021 12:34:48

## Kapping 15, 4x100m Blandað Menn Opin Bólkur - Finala

FAR	4:11.85	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	08.06.2018	
FAR.JR	4:20.14	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	03.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
1	<b>Harrar Susvim</b>	29		484	<b>4:24.00</b>	108,45
	Bartal Debess	2002		31.30	1:04.92	1:04.92
	Jón Hofgaard	1992		32.64	1:04.92	
	Hans Jacob Hjelm	2003		2:45.96	3:20.90	3:20.90
	Rúni Dahl	2004		28.16	1:03.10	4:24.00





# Úrslit

## Kapping 15, 4x100m Blandað Menn Opin Bólkur - Finala

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>2</b>	<b>Hs Menn 2</b>	19		447	<b>4:30.94</b>	106,34
	Villiam Marius Samuelsen	2005		33.42	1:09.94	1:09.94
	Markus Bárðarson Dahl	2005		35.51	1:19.31	2:29.25
	Isak Brisenfeldt	2006		30.33	1:04.80	3:34.05
	Johan Nónskarð Dam	2002		27.08	56.89	4:30.94
<b>3</b>	<b>Ægir 1</b>	19		401	<b>4:40.99</b>	105,13
	Líggjas Joensen	2008		35.36	1:12.06	1:12.06
	Heini M. Askham	2006		35.57	1:18.48	2:30.54
	Martin V. Sivertsen	2002		29.46	1:04.13	3:34.67
	Hanus Lydersen	2006		30.05	1:06.32	4:40.99
<b>4</b>	<b>Susvim Dreingir</b>	20		305	<b>5:07.87</b>	94,99 %
	Teitur Winther	2005		35.89	1:14.54	1:14.54
	Heini Hansen	2003		38.81	1:24.52	2:39.06
	Rani Jacobsen	2001		34.82	1:16.39	3:55.45
	Jóannes Clementsen	2007		33.59	1:12.42	5:07.87
-	<b>Hs Menn 1</b>	16			<b>DSQ</b>	
	SW 6.4 Ikki varandi rørsla á búkinum í vend					
	Ari Rasmussen Weihe	2005				
	Dávid Gislason	2005				
	Áki Eliassen	2006				
	Snorri Fríðheim Mortensen	2005				

Kapping almenn: 09.07.2021 19:17:37

## Kapping 15, 4x100m Blandað Menn Jr. Y - Finala

FAR	4:11.85	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	08.06.2018	
FAR.JR	4:20.14	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	03.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
-	<b>Hs Menn 2</b>	19		447	<b>4:30.94</b>	106,34
	Villiam Marius Samuelsen	2005		33.42	1:09.94	1:09.94
	Markus Bárðarson Dahl	2005		35.51	1:19.31	2:29.25
	Isak Brisenfeldt	2006		30.33	1:04.80	3:34.05
	Johan Nónskarð Dam	2002		27.08	56.89	4:30.94
-	<b>Hs Menn 1</b>	16			<b>DSQ</b>	
	SW 6.4 Ikki varandi rørsla á búkinum í vend					
	Ari Rasmussen Weihe	2005				
	Dávid Gislason	2005				
	Áki Eliassen	2006				
	Snorri Fríðheim Mortensen	2005				

Kapping almenn: 09.07.2021 19:17:37

## Kapping 15, 4x100m Blandað Menn Jr. E - Finala

FAR	4:11.85	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	08.06.2018	
FAR.JR	4:20.14	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	03.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur





# Úrslit

## Kapping 15, 4x100m Blandað Menn Jr. E - Finala

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
-	<b>Susvim Dreingir</b>	20		305	<b>5:07.87</b>	94,99 %
	Teitur Winther	2005		35.89	1:14.54	1:14.54
	Heini Hansen	2003		38.81	1:24.52	2:39.06
	Rani Jacobsen	2001		34.82	1:16.39	3:55.45
	Jóannes Clementsen	2007		33.59	1:12.42	5:07.87

Kapping almenn: 09.07.2021 19:17:37

## Kapping 16, 400m Frí Kvinnur Opin Bólkur - Innleiðandi

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016

FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016

FM Kravtíð - 300 FINA stig: 05:53.22 - 05:49.43

Raðf	Navn	Føðia	Felag	R.T	FINA	Tíð	Munur
<b>1</b>	<b>Róa Trygvadóttir</b>		2008 Svímjifelagið Ægir	520	<b>4:53.90</b>	99,82 %	Q
	Entry time: 4:53.37	(+0.53)					
	50m: 33.61		100m: 1:10.31 (36.70)		150m: 1:48.18 (37.87)	200m: 2:26.38 (38.20)	
	250m: 3:03.86 (37.48)		300m: 3:41.95 (38.09)		350m: 4:18.17 (36.22)	400m: 4:53.90 (35.73)	
<b>2</b>	<b>Vár E. Eidesgaard</b>		2001 Havnar Svímjifelag	514	<b>4:55.14</b>	92,83 %	Q
	Entry time: 4:35.39	(+19.75)					
	50m: 32.87		100m: 1:09.87 (37.00)		150m: 1:48.04 (38.17)	200m: 2:25.24 (37.20)	
	250m: 3:02.93 (37.69)		300m: 3:40.34 (37.41)		350m: 4:18.14 (37.80)	400m: 4:55.14 (37.00)	
<b>3</b>	<b>Eyðrið Mortensen</b>		2003 Havnar Svímjifelag	506	<b>4:56.72</b>	99,53 %	-
	Entry time: 4:55.34	(+1.38)					
	50m: 34.12		100m: 1:11.98 (37.86)		150m: 1:49.85 (37.87)	200m: 2:27.54 (37.69)	
	250m: 3:04.91 (37.37)		300m: 3:42.46 (37.55)		350m: 4:19.49 (37.03)	400m: 4:56.72 (37.23)	
<b>4</b>	<b>Björt A. Sigurðsson</b>		2004 Svímjifelagið Ægir	434	<b>5:12.14</b>	93,95 %	Q
	Entry time: 4:54.34	(+17.80)					
	50m: 34.90		100m: 1:13.30 (38.40)		150m: 1:53.00 (39.70)	200m: 2:32.63 (39.63)	
	250m: 3:12.59 (39.96)		300m: 3:52.38 (39.79)		350m: 4:32.78 (40.40)	400m: 5:12.14 (39.36)	
<b>5</b>	<b>Jóhanna Egholm</b>		1996 Fuglafjarðar Svímjifelag	419	<b>5:15.92</b>	97,07 %	-
	Entry time: 5:06.92	(+9.00)					
	50m: 34.44		100m: 1:12.32 (37.88)		150m: 1:52.05 (39.73)	200m: 2:32.23 (40.18)	
	250m: 3:12.55 (40.32)		300m: 3:53.69 (41.14)		350m: 4:35.66 (41.97)	400m: 5:15.92 (40.26)	
<b>6</b>	<b>Margit Højbro</b>		2007 Fuglafjarðar Svímjifelag	415	<b>5:16.82</b>	96,35 %	Q
	Entry time: 5:05.66	(+11.16)					
	50m: 36.22		100m: 1:15.49 (39.27)		150m: 1:55.68 (40.19)	200m: 2:36.86 (41.18)	
	250m: 3:17.59 (40.73)		300m: 3:57.88 (40.29)		350m: 4:37.99 (40.11)	400m: 5:16.82 (38.83)	
<b>7</b>	<b>Durita M. Askham</b>		2008 Svímjifelagið Ægir	375	<b>5:27.67</b>	99,28 %	Q
	Entry time: 5:25.33	(+2.34)					
	50m: 37.46		100m: 1:19.35 (41.89)		150m: 2:01.58 (42.23)	200m: 2:42.97 (41.39)	
	250m: 3:24.89 (41.92)		300m: 4:06.67 (41.78)		350m: 4:47.72 (41.05)	400m: 5:27.67 (39.95)	
<b>8</b>	<b>Rebekka Róðinsdóttir</b>		2007 Fuglafjarðar Svímjifelag	348	<b>5:35.92</b>	96,00 %	Q
	Entry time: 5:22.99	(+12.93)					
	50m: 36.53		100m: 1:16.93 (40.40)		150m: 1:58.42 (41.49)	200m: 2:40.45 (42.03)	
	250m: 3:23.45 (43.00)		300m: 4:06.53 (43.08)		350m: 4:51.68 (45.15)	400m: 5:35.92 (44.24)	
<b>9</b>	<b>Silja Bech</b>		2008 Suðuroyar Svímjifelag	285	<b>5:59.12</b>	98,19 %	
	Entry time: 5:52.73	(+6.39)					
	50m: 38.62		100m: 1:24.53 (45.91)		150m: 2:10.93 (46.40)	200m: 2:55.97 (45.04)	
	250m: 3:44.17 (48.20)		300m: 4:29.87 (45.70)		350m: 5:16.48 (46.61)	400m: 5:59.12 (42.64)	

Kapping almenn: 10.07.2021 09:43:46

## Kapping 16, 400m Frí Kvinnur Jr. Y - Innleiðandi

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016

FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016

11-07-2021 15:23:58

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svímjifelag

Síða 35/95





## Úrslit

### Kapping 16, 400m Frí Kvinnur Jr. Y - Innleiðandi

FM Kravtíð - 300 FINA stig: 05:53.22 - 05:49.43

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag	415		<b>5:16.82</b>	96,35 % Q
	Entry time: 5:05.66 (+11.16)					
	50m: 36.22	100m: 1:15.49 (39.27)	150m: 1:55.68 (40.19)	200m: 2:36.86 (41.18)		
	250m: 3:17.59 (40.73)	300m: 3:57.88 (40.29)	350m: 4:37.99 (40.11)	400m: 5:16.82 (38.83)		
2	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag	348		<b>5:35.92</b>	96,00 % Q
	Entry time: 5:22.99 (+12.93)					
	50m: 36.53	100m: 1:16.93 (40.40)	150m: 1:58.42 (41.49)	200m: 2:40.45 (42.03)		
	250m: 3:23.45 (43.00)	300m: 4:06.53 (43.08)	350m: 4:51.68 (45.15)	400m: 5:35.92 (44.24)		

Kapping almenn: 10.07.2021 09:43:46

### Kapping 16, 400m Frí Kvinnur Jr. E - Innleiðandi

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016

FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016

FM Kravtíð - 300 FINA stig: 05:53.22 - 05:49.43

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bjørnt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	434		<b>5:12.14</b>	93,95 % Q
	Entry time: 4:54.34 (+17.80)					
	50m: 34.90	100m: 1:13.30 (38.40)	150m: 1:53.00 (39.70)	200m: 2:32.63 (39.63)		
	250m: 3:12.59 (39.96)	300m: 3:52.38 (39.79)	350m: 4:32.78 (40.40)	400m: 5:12.14 (39.36)		

Kapping almenn: 10.07.2021 09:43:46

### Kapping 16, 400m Frí Kvinnur Opin Bólkur - Finala

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016

FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016

FM Kravtíð - 300 FINA stig: 05:53.22 - 05:49.43

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Vár E. Eidesgaard</b>	2001 Havnar Svímjifelag	645		<b>4:33.56</b>	107,31 %
	Entry time: 4:55.14 (-21.58)					
	50m: 31.33	100m: 1:06.05 (34.72)	150m: 1:40.35 (34.30)	200m: 2:15.15 (34.80)		
	250m: 2:50.41 (35.26)	300m: 3:25.35 (34.94)	350m: 3:59.78 (34.43)	400m: 4:33.56 (33.78)		
2	<b>Róa Trygvadóttir</b>	2008 Svímjifelagið Ægir	521		<b>4:53.85</b>	100,02 %
	Entry time: 4:53.90 (-0.05)					
	50m: 32.81	100m: 1:09.88 (37.07)	150m: 1:47.41 (37.53)	200m: 2:25.08 (37.67)		
	250m: 3:02.77 (37.69)	300m: 3:40.05 (37.28)	350m: 4:17.48 (37.43)	400m: 4:53.85 (36.37)		
3	<b>Bjørnt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	460		<b>5:06.24</b>	101,89 %
	Entry time: 5:12.14 (-5.90)					
	50m: 33.54	100m: 1:11.08 (37.54)	150m: 1:49.80 (38.72)	200m: 2:29.06 (39.26)		
	250m: 3:08.03 (38.97)	300m: 3:47.54 (39.51)	350m: 4:27.22 (39.68)	400m: 5:06.24 (39.02)		
4	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag	413		<b>5:17.29</b>	99,85 %
	Entry time: 5:16.82 (+0.47)					
	50m: 34.87	100m: 1:13.45 (38.58)	150m: 1:54.06 (40.61)	200m: 2:34.97 (40.91)		
	250m: 3:15.66 (40.69)	300m: 3:56.60 (40.94)	350m: 4:37.82 (41.22)	400m: 5:17.29 (39.47)		
5	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag	395		<b>5:22.20</b>	104,08 %
	Entry time: 5:35.92 (-13.72)					
	50m: 35.15	100m: 1:14.92 (39.77)	150m: 1:57.53 (42.61)	200m: 2:38.33 (40.80)		
	250m: 3:20.36 (42.03)	300m: 4:01.86 (41.50)	350m: 4:42.63 (40.77)	400m: 5:22.20 (39.57)		
6	<b>Durita M. Askham</b>	2008 Svímjifelagið Ægir	358		<b>5:32.82</b>	98,43 %
	Entry time: 5:27.67 (+5.15)					
	50m: 36.74	100m: 1:17.98 (41.24)	150m: 2:01.42 (43.44)	200m: 2:44.49 (43.07)		
	250m: 3:26.57 (42.08)	300m: 4:09.27 (42.70)	350m: 4:51.96 (42.69)	400m: 5:32.82 (40.86)		

Kapping almenn: 10.07.2021 17:08:20

### Kapping 16, 400m Frí Kvinnur Jr. Y - Finala

11-07-2021 15:23:58

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svímjifelag

Síða 36/95





# Úrslit

## Kapping 16, 400m Frí Kvinnur Jr. Y - Finala

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016  
FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016  
FM Kravtíð - 300 FINA stig: 05:53.22 - 05:49.43

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag	413	<b>5:17.29</b>	99,85 %	
	Entry time: 5:16.82 (+0.47)					
	50m: 34.87	100m: 1:13.45 (38.58)	150m: 1:54.06 (40.61)	200m: 2:34.97 (40.91)		
	250m: 3:15.66 (40.69)	300m: 3:56.60 (40.94)	350m: 4:37.82 (41.22)	400m: 5:17.29 (39.47)		
2	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag	395	<b>5:22.20</b>	104,08 %	
	Entry time: 5:35.92 (-13.72)					
	50m: 35.15	100m: 1:14.92 (39.77)	150m: 1:57.53 (42.61)	200m: 2:38.33 (40.80)		
	250m: 3:20.36 (42.03)	300m: 4:01.86 (41.50)	350m: 4:42.63 (40.77)	400m: 5:22.20 (39.57)		

Kapping almenn: 10.07.2021 17:08:20

## Kapping 16, 400m Frí Kvinnur Jr. E - Finala

FAR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016  
FAR.JR 4:22.79 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA Hodmezovasarhely (HUN) 07.07.2016  
FM Kravtíð - 300 FINA stig: 05:53.22 - 05:49.43

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Björt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	460	<b>5:06.24</b>	101,89 %	
	Entry time: 5:12.14 (-5.90)					
	50m: 33.54	100m: 1:11.08 (37.54)	150m: 1:49.80 (38.72)	200m: 2:29.06 (39.26)		
	250m: 3:08.03 (38.97)	300m: 3:47.54 (39.51)	350m: 4:27.22 (39.68)	400m: 5:06.24 (39.02)		

Kapping almenn: 10.07.2021 17:08:20

## Kapping 17, 400m Frí Menn Opin Bólkur - Innleiðandi

FAR 3:46.84 Pal Joensen 1990 Suðuroyar Svímjifelag (FA Broenshoej (DEN) 22.03.2012  
FAR.JR 3:59.67 Óli Mortensen 1996 Havnar Svímjifelag (FAR) Dordrecht (NED) 09.07.2014  
FM Kravtíð - 300 FINA stig: 05:28.74 - 05:17.05

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Johan Nónskarð Dam</b>	2002 Havnar Svímjifelag	538	<b>4:30.54</b>	93,50 % Q	
	Entry time: 4:14.04 (+16.50)					
	50m: 30.36	100m: 1:03.68 (33.32)	150m: 1:37.50 (33.82)	200m: 2:12.02 (34.52)		
	250m: 2:46.79 (34.77)	300m: 3:21.40 (34.61)	350m: 3:56.30 (34.90)	400m: 4:30.54 (34.24)		
2	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir	510	<b>4:35.34</b>	98,15 % Q	
	Entry time: 4:30.33 (+5.01)					
	50m: 30.68	100m: 1:04.95 (34.27)	150m: 1:41.19 (36.24)	200m: 2:15.96 (34.77)		
	250m: 2:50.86 (34.90)	300m: 3:25.25 (34.39)	350m: 4:00.20 (34.95)	400m: 4:35.34 (35.14)		
3	<b>Áki Eliassen</b>	2006 Havnar Svímjifelag	493	<b>4:38.56</b>	102,58 % Q	
	Entry time: 4:45.95 (-7.39)					
	50m: 31.42	100m: 1:06.29 (34.87)	150m: 1:41.73 (35.44)	200m: 2:16.87 (35.14)		
	250m: 2:51.86 (34.99)	300m: 3:27.36 (35.50)	350m: 4:03.76 (36.40)	400m: 4:38.56 (34.80)		
4	<b>Líggjas Joensen</b>	2008 Svímjifelagið Ægir	452	<b>4:46.61</b>	98,77 % Q	
	Entry time: 4:43.12 (+3.49)					
	50m: 33.36	100m: 1:09.68 (36.32)	150m: 1:46.64 (36.96)	200m: 2:23.64 (37.00)		
	250m: 2:59.76 (36.12)	300m: 3:36.08 (36.32)	350m: 4:11.46 (35.38)	400m: 4:46.61 (35.15)		
5	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag	441	<b>4:48.95</b>	101,01 % Q	
	Entry time: 4:51.91 (-2.96)					
	50m: 31.70	100m: 1:06.67 (34.97)	150m: 1:42.76 (36.09)	200m: 2:19.84 (37.08)		
	250m: 2:57.60 (37.76)	300m: 3:34.68 (37.08)	350m: 4:11.91 (37.23)	400m: 4:48.95 (37.04)		
6	<b>Bárður Ólavsson</b>	2008 Fuglafjarðar Svímjifelag	413	<b>4:55.29</b>	102,75 % Q	
	Entry time: 5:03.64 (-8.35)					
	50m: 33.51	100m: 1:10.43 (36.92)	150m: 1:47.97 (37.54)	200m: 2:25.06 (37.09)		
	250m: 3:02.73 (37.67)	300m: 3:40.86 (38.13)	350m: 4:18.11 (37.25)	400m: 4:55.29 (37.18)		





## Úrslit

### Kapping 17, 400m Frí Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
7	<b>Fróði Hansen</b>	2008 Fuglafjarðar Svimmifelag		401	<b>4:58.42</b>	97,84 %
	Entry time: 4:52.11 (+6.31)					
	50m: 34.39	100m: 1:11.69 (37.30)			150m: 1:49.45 (37.76)	200m: 2:27.76 (38.31)
	250m: 3:06.13 (38.37)	300m: 3:44.50 (38.37)			350m: 4:21.87 (37.37)	400m: 4:58.42 (36.55)
8	<b>Silas Dam Lindberg</b>	2008 Havnar Svimmifelag		335	<b>5:16.80</b>	100,27 %
	Entry time: 5:17.65 (-0.85)					
	50m: 34.77	100m: 1:14.05 (39.28)			150m: 1:54.65 (40.60)	200m: 2:36.41 (41.76)
	250m: 3:16.59 (40.18)	300m: 3:57.63 (41.04)			350m: 4:37.00 (39.37)	400m: 5:16.80 (39.80)

Kapping almenn: 10.07.2021 09:57:27

### Kapping 17, 400m Frí Menn Jr. Y - Innleiðandi

FAR	3:46.84	Pal Joensen	1990 Suðuroyar Svimmifelag (FA)	Broenshoej (DEN)	22.03.2012
FAR.JR	3:59.67	Óli Mortensen	1996 Havnar Svimmifelag (FAR)	Dordrecht (NED)	09.07.2014

FM Kravtíð - 300 FINA stig: 05:28.74 - 05:17.05

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b>	2006 Svimmifelagið Ægir		510	<b>4:35.34</b>	98,15 % Q
	Entry time: 4:30.33 (+5.01)					
	50m: 30.68	100m: 1:04.95 (34.27)			150m: 1:41.19 (36.24)	200m: 2:15.96 (34.77)
	250m: 2:50.86 (34.90)	300m: 3:25.25 (34.39)			350m: 4:00.20 (34.95)	400m: 4:35.34 (35.14)
2	<b>Áki Eliassen</b>	2006 Havnar Svimmifelag		493	<b>4:38.56</b>	102,58 % Q
	Entry time: 4:45.95 (-7.39)					
	50m: 31.42	100m: 1:06.29 (34.87)			150m: 1:41.73 (35.44)	200m: 2:16.87 (35.14)
	250m: 2:51.86 (34.99)	300m: 3:27.36 (35.50)			350m: 4:03.76 (36.40)	400m: 4:38.56 (34.80)
3	<b>Teitur Winther</b>	2005 Suðuroyar Svimmifelag		441	<b>4:48.95</b>	101,01 % Q
	Entry time: 4:51.91 (-2.96)					
	50m: 31.70	100m: 1:06.67 (34.97)			150m: 1:42.76 (36.09)	200m: 2:19.84 (37.08)
	250m: 2:57.60 (37.76)	300m: 3:34.68 (37.08)			350m: 4:11.91 (37.23)	400m: 4:48.95 (37.04)

Kapping almenn: 10.07.2021 09:57:27

### Kapping 17, 400m Frí Menn Opin Bólkur - Finala

FAR	3:46.84	Pal Joensen	1990 Suðuroyar Svimmifelag (FA)	Broenshoej (DEN)	22.03.2012
FAR.JR	3:59.67	Óli Mortensen	1996 Havnar Svimmifelag (FAR)	Dordrecht (NED)	09.07.2014

FM Kravtíð - 300 FINA stig: 05:28.74 - 05:17.05

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Johan Nónskarð Dam</b>	2002 Havnar Svimmifelag		550	<b>4:28.45</b>	100,77 %
	Entry time: 4:30.54 (-2.09)					
	50m: 29.61	100m: 1:02.28 (32.67)			150m: 1:35.81 (33.53)	200m: 2:10.19 (34.38)
	250m: 2:44.73 (34.54)	300m: 3:19.92 (35.19)			350m: 3:54.57 (34.65)	400m: 4:28.45 (33.88)
2	<b>Heini M. Askham</b>	2006 Svimmifelagið Ægir		534	<b>4:31.20</b>	101,50 %
	Entry time: 4:35.34 (-4.14)					
	50m: 29.86	100m: 1:03.94 (34.08)			150m: 1:38.55 (34.61)	200m: 2:13.68 (35.13)
	250m: 2:48.60 (34.92)	300m: 3:24.18 (35.58)			350m: 3:58.68 (34.50)	400m: 4:31.20 (32.52)
3	<b>Líggjas Joensen</b>	2008 Svimmifelagið Ægir		489	<b>4:39.15</b>	102,60 %
	Entry time: 4:46.61 (-7.46)					
	50m: 31.31	100m: 1:06.67 (35.36)			150m: 1:42.51 (35.84)	200m: 2:18.89 (36.38)
	250m: 2:54.97 (36.08)	300m: 3:31.38 (36.41)			350m: 4:06.32 (34.94)	400m: 4:39.15 (32.83)
4	<b>Áki Eliassen</b>	2006 Havnar Svimmifelag		483	<b>4:40.36</b>	99,35 %
	Entry time: 4:38.56 (+1.80)					
	50m: 31.44	100m: 1:06.20 (34.76)			150m: 1:42.03 (35.83)	200m: 2:17.74 (35.71)
	250m: 2:54.12 (36.38)	300m: 3:30.26 (36.14)			350m: 4:06.30 (36.04)	400m: 4:40.36 (34.06)





## Úrslit

### Kapping 17, 400m Frí Menn Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	Bárður Ólavsson	2008 Fuglafjarðar Svimmifelag	425		<b>4:52.52</b>	100,94 %
	Entry time: 4:55.29	(-2.77)				
	50m: 32.70	100m: 1:09.33 (36.63)	150m: 1:46.75 (37.42)	200m: 2:24.69 (37.94)		
	250m: 3:02.60 (37.91)	300m: 3:39.83 (37.23)	350m: 4:16.93 (37.10)	400m: 4:52.52 (35.59)		
6	Teitur Winther	2005 Suðuroyar Svimmifelag	403		<b>4:57.86</b>	96,92 %
	Entry time: 4:48.95	(+8.91)				
	50m: 31.79	100m: 1:07.67 (35.88)	150m: 1:45.10 (37.43)	200m: 2:23.66 (38.56)		
	250m: 3:02.50 (38.84)	300m: 3:41.43 (38.93)	350m: 4:19.73 (38.30)	400m: 4:57.86 (38.13)		

Kapping almenn: 10.07.2021 17:14:53

### Kapping 17, 400m Frí Menn Jr. Y - Finala

FAR	3:46.84	Pal Joensen	1990 Suðuroyar Svimmifelag (FA	Broenshoej (DEN)	22.03.2012
FAR.JR	3:59.67	Óli Mortensen	1996 Havnar Svimmifelag (FAR)	Dordrecht (NED)	09.07.2014

FM Kravtíð - 300 FINA stig: 05:28.74 - 05:17.05

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Heini M. Askham	2006 Svimmifelagið Ægir	534		<b>4:31.20</b>	101,50 %
	Entry time: 4:35.34	(-4.14)				
	50m: 29.86	100m: 1:03.94 (34.08)	150m: 1:38.55 (34.61)	200m: 2:13.68 (35.13)		
	250m: 2:48.60 (34.92)	300m: 3:24.18 (35.58)	350m: 3:58.68 (34.50)	400m: 4:31.20 (32.52)		
2	Áki Eliassen	2006 Havnar Svimmifelag	483		<b>4:40.36</b>	99,35 %
	Entry time: 4:38.56	(+1.80)				
	50m: 31.44	100m: 1:06.20 (34.76)	150m: 1:42.03 (35.83)	200m: 2:17.74 (35.71)		
	250m: 2:54.12 (36.38)	300m: 3:30.26 (36.14)	350m: 4:06.30 (36.04)	400m: 4:40.36 (34.06)		
3	Teitur Winther	2005 Suðuroyar Svimmifelag	403		<b>4:57.86</b>	96,92 %
	Entry time: 4:48.95	(+8.91)				
	50m: 31.79	100m: 1:07.67 (35.88)	150m: 1:45.10 (37.43)	200m: 2:23.66 (38.56)		
	250m: 3:02.50 (38.84)	300m: 3:41.43 (38.93)	350m: 4:19.73 (38.30)	400m: 4:57.86 (38.13)		

Kapping almenn: 10.07.2021 17:14:53

### Kapping 18, 50m Firvald Kvinnur Opin Bólkur - Innleiðandi

FAR	28.29	Astrid Foldarskarð	1994 Svimmifelagið Flot (FAR)	Broenshoej (DEN)	30.03.2014
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svimmifelag (FAR)	Bergen (NOR)	14.04.2018

FM Kravtíð - 300 FINA stig: 00:36.49 - 00:36.41

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Jonna Joensen	2005 Svimmifelagið Ægir	500		<b>30.77</b>	102,75 % Q
	Entry time: 31.64	(-0.87)				
2	Ronja Ró í Dímun	2004 Havnar Svimmifelag	470		<b>31.40</b>	96,51 % Q
	Entry time: 30.34	(+1.06)				
3	Malan Jóhansdóttir	2004 Svimmifelagið Ægir	459		<b>31.66</b>	100,19 % Q
	Entry time: 31.72	(-0.06)				
4	Alisa Vestergård	2003 Suðuroyar Svimmifelag	458		<b>31.69</b>	99,17 % Q
	Entry time: 31.43	(+0.26)				
5	Sofía Toftegaard	2006 Svimmifelagið Ægir	435		<b>32.22</b>	96,43 % -
	Entry time: 31.11	(+1.11)				
6	Elin Christiansen	2004 Suðuroyar Svimmifelag	431		<b>32.33</b>	99,78 % Q
	Entry time: 32.26	(+0.07)				
7	Durita M. Askham	2008 Svimmifelagið Ægir	323		<b>35.58</b>	98,34 % Q
	Entry time: 35.00	(+0.58)				





# Úrslit

## Kapping 18, 50m Firvald Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
8	<b>Birita Vesturtún</b> Entry time: 34.82 (+1.17)	2007 Fuglafjarðar Svimmjifelag		312	<b>35.99</b>	96,64 %
9	<b>Bjarta í Lágabø</b> Entry time: 36.34 (-0.31)	2009 Suðuroyar Svimmjifelag		311	<b>36.03</b>	100,85 %
10	<b>Rebekka Róðinsdóttir</b> Entry time: 35.83 (+0.27)	2007 Fuglafjarðar Svimmjifelag		309	<b>36.10</b>	99,25 %
11	<b>Margit Højbro</b> Entry time: 35.08 (+2.16)	2007 Fuglafjarðar Svimmjifelag		282	<b>37.24</b>	93,84 %
12	<b>Oddvá Sedeá D. Nattestad</b> Entry time: 37.90 (+0.60)	2006 Havnar Svimmjifelag		255	<b>38.50</b>	98,42 %
13	<b>Jóhanna Katrína Jacobsen</b> Entry time: 40.89 (+1.67)	2007 Havnar Svimmjifelag		189	<b>42.56</b>	95,92 %

Kapping almenn: 10.07.2021 10:01:02

## Kapping 18, 50m Firvald Kvinnur Jr. Y - Innleiðandi

FAR	28.29	Astrid Foldarskarð	1994 Svimmjifelagið Flot (FAR)	Broenshoej (DEN)	30.03.2014
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svimmjifelag (FAR)	Bergen (NOR)	14.04.2018
FM Kravtíð - 300 FINA stig:	00:36.49	-	00:36.41		

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Sofía Toftegaard</b> Entry time: 31.11 (+1.11)	2006 Svimmjifelagið Ægir		435	<b>32.22</b>	96,43 % -
2	<b>Birita Vesturtún</b> Entry time: 34.82 (+1.17)	2007 Fuglafjarðar Svimmjifelag		312	<b>35.99</b>	96,64 %
3	<b>Rebekka Róðinsdóttir</b> Entry time: 35.83 (+0.27)	2007 Fuglafjarðar Svimmjifelag		309	<b>36.10</b>	99,25 %
4	<b>Margit Højbro</b> Entry time: 35.08 (+2.16)	2007 Fuglafjarðar Svimmjifelag		282	<b>37.24</b>	93,84 %
5	<b>Oddvá Sedeá D. Nattestad</b> Entry time: 37.90 (+0.60)	2006 Havnar Svimmjifelag		255	<b>38.50</b>	98,42 %
6	<b>Jóhanna Katrína Jacobsen</b> Entry time: 40.89 (+1.67)	2007 Havnar Svimmjifelag		189	<b>42.56</b>	95,92 %

Kapping almenn: 10.07.2021 10:01:02

## Kapping 18, 50m Firvald Kvinnur Jr. E - Innleiðandi

FAR	28.29	Astrid Foldarskarð	1994 Svimmjifelagið Flot (FAR)	Broenshoej (DEN)	30.03.2014
FAR.JR	28.44	Vár Erlingsdóttir Eidesga	2001 Havnar Svimmjifelag (FAR)	Bergen (NOR)	14.04.2018
FM Kravtíð - 300 FINA stig:	00:36.49	-	00:36.41		

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b> Entry time: 31.64 (-0.87)	2005 Svimmjifelagið Ægir		500	<b>30.77</b>	102,75 % Q
2	<b>Ronja Ró í Dímun</b> Entry time: 30.34 (+1.06)	2004 Havnar Svimmjifelag		470	<b>31.40</b>	96,51 % Q
3	<b>Malan Jóhansdóttir</b> Entry time: 31.72 (-0.06)	2004 Svimmjifelagið Ægir		459	<b>31.66</b>	100,19 % Q
4	<b>Elin Christiansen</b> Entry time: 32.26 (+0.07)	2004 Suðuroyar Svimmjifelag		431	<b>32.33</b>	99,78 % Q

Kapping almenn: 10.07.2021 10:01:02







## Úrslit

### Kapping 18, 50m Firvald Kvinnur Opin Bólkur - Finala

FAR 28.29 Astrid Foldarskarð 1994 Svimmjifelagið Flot (FAR) Broenshoej (DEN) 30.03.2014  
FAR.JR 28.44 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmjifelag (FAR) Bergen (NOR) 14.04.2018  
FM Kravtíð - 300 FINA stig: 00:36.49 - 00:36.41

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun Entry time: 31.40 (-2.17)	2004 Havnar Svimmjifelag		583	29.23	106,91 %
2	Jonna Joensen Entry time: 30.77 (+0.05)	2005 Svimmjifelagið Ægir		498	30.82	99,84 %
3	Alisa Vestergård Entry time: 31.69 (-0.30)	2003 Suðuroyar Svimmjifelag		471	31.39	100,95 %
4	Malan Jóhansdóttir Entry time: 31.66 (+0.06)	2004 Svimmjifelagið Ægir		456	31.72	99,81 %
5	Elin Christiansen Entry time: 32.33 (+0.54)	2004 Suðuroyar Svimmjifelag		410	32.87	98,33 %
6	Durita M. Askham Entry time: 35.58 (-0.17)	2008 Svimmjifelagið Ægir		328	35.41	100,48 %

Kapping almenn: 10.07.2021 17:17:40

### Kapping 18, 50m Firvald Kvinnur Jr. E - Finala

FAR 28.29 Astrid Foldarskarð 1994 Svimmjifelagið Flot (FAR) Broenshoej (DEN) 30.03.2014  
FAR.JR 28.44 Vár Erlingsdóttir Eidesga 2001 Havnar Svimmjifelag (FAR) Bergen (NOR) 14.04.2018  
FM Kravtíð - 300 FINA stig: 00:36.49 - 00:36.41

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun Entry time: 31.40 (-2.17)	2004 Havnar Svimmjifelag		583	29.23	106,91 %
2	Jonna Joensen Entry time: 30.77 (+0.05)	2005 Svimmjifelagið Ægir		498	30.82	99,84 %
3	Malan Jóhansdóttir Entry time: 31.66 (+0.06)	2004 Svimmjifelagið Ægir		456	31.72	99,81 %
4	Elin Christiansen Entry time: 32.33 (+0.54)	2004 Suðuroyar Svimmjifelag		410	32.87	98,33 %

Kapping almenn: 10.07.2021 17:17:40

### Kapping 19, 50m Firvald Menn Opin Bólkur - Innleiðandi

FAR 24.69 Magnus Jákupsson 1994 Havnar Svimmjifelag (DEN) Antwerp (BEL) 04.07.2012  
FAR.JR 24.69 Magnus Jákupsson 1994 Havnar Svimmjifelag (DEN) Antwerp (BEL) 04.07.2012  
FM Kravtíð - 300 FINA stig: 00:33.26 - 00:32.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum Entry time: 26.80 (+1.36)	1998 Suðuroyar Svimmjifelag		494	28.16	94,93 % Q
2	Hans Jacob Hjelm Entry time: 28.37 (+0.02)	2003 Suðuroyar Svimmjifelag		482	28.39	99,93 % Q
3	Martin V. Sivertsen Entry time: 28.24 (+0.17)	2002 Svimmjifelagið Ægir		481	28.41	99,40 % Q
4	Isak Brisenfeldt Entry time: 28.92 (+0.45)	2006 Havnar Svimmjifelag		435	29.37	98,44 % Q





## Úrslit

### Kapping 19, 50m Firvald Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	<b>Heini M. Askham</b> Entry time: 30.78 (-0.47)	2006 Svímjifelagið Ægir		396	<b>30.31</b>	101,53 % -
6	<b>Áki Eliassen</b> Entry time: 30.25 (+0.14)	2006 Havnar Svímjifelag		393	<b>30.39</b>	99,54 % Q
7	<b>Snorri Fríðheim Mortensen</b> Entry time: 30.76 (-0.27)	2005 Havnar Svímjifelag		389	<b>30.49</b>	100,88 % Q
8	<b>Dávid Gíslason</b> Entry time: 32.16 (-1.62)	2005 Havnar Svímjifelag		387	<b>30.54</b>	105,04 %
9	<b>Lukas Bessason</b> Entry time: 31.03 (-0.07)	2007 Svímjifelagið Flot		372	<b>30.96</b>	100,23 %
10	<b>Ari Rasmussen Weihe</b> Entry time: 32.82 (-1.24)	2005 Havnar Svímjifelag		350	<b>31.58</b>	103,78 %
11	<b>Karl Joensen</b> Entry time: 33.31 (-0.58)	2005 Svímjifelagið Flot		315	<b>32.73</b>	101,74 %
12	<b>Markus Bárðarson Dahl</b> Entry time: 34.70 (-1.25)	2005 Havnar Svímjifelag		295	<b>33.45</b>	103,60 %
13	<b>Jákup Í Jákupsstovu</b> Entry time: 33.58 (+0.13)	2004 Svímjifelagið Flot		288	<b>33.71</b>	99,61 %
14	<b>Oddvaldur Leivsson</b> Entry time: 38.96 (-3.60)	2008 Havnar Svímjifelag		249	<b>35.36</b>	109,24 %

Kapping almenn: 10.07.2021 10:06:42

### Kapping 19, 50m Firvald Menn Jr. Y - Innleiðandi

FAR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
FAR.JR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012

FM Kravtíð - 300 FINA stig: 00:33.26 - 00:32.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Isak Brisenfeldt</b> Entry time: 28.92 (+0.45)	2006 Havnar Svímjifelag		435	<b>29.37</b>	98,44 % Q
2	<b>Heini M. Askham</b> Entry time: 30.78 (-0.47)	2006 Svímjifelagið Ægir		396	<b>30.31</b>	101,53 % -
3	<b>Áki Eliassen</b> Entry time: 30.25 (+0.14)	2006 Havnar Svímjifelag		393	<b>30.39</b>	99,54 % Q
4	<b>Snorri Fríðheim Mortensen</b> Entry time: 30.76 (-0.27)	2005 Havnar Svímjifelag		389	<b>30.49</b>	100,88 % Q
5	<b>Dávid Gíslason</b> Entry time: 32.16 (-1.62)	2005 Havnar Svímjifelag		387	<b>30.54</b>	105,04 %
6	<b>Ari Rasmussen Weihe</b> Entry time: 32.82 (-1.24)	2005 Havnar Svímjifelag		350	<b>31.58</b>	103,78 %
7	<b>Karl Joensen</b> Entry time: 33.31 (-0.58)	2005 Svímjifelagið Flot		315	<b>32.73</b>	101,74 %
8	<b>Markus Bárðarson Dahl</b> Entry time: 34.70 (-1.25)	2005 Havnar Svímjifelag		295	<b>33.45</b>	103,60 %

Kapping almenn: 10.07.2021 10:06:42

### Kapping 19, 50m Firvald Menn Jr. E - Innleiðandi

FAR	24.69	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	04.07.2012
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## Úrslit

### Kapping 19, 50m Firvald Menn Jr. E - Innleiðandi

FAR.JR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

FM Kravtíð - 300 FINA stig: 00:33.26 - 00:32.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Hans Jacob Hjelm</b> Entry time: 28.37 (+0.02)	2003 Suðuroyar Svímjifelag		482	<b>28.39</b>	99,93 % Q
2	<b>Jákup Í Jákupsstovu</b> Entry time: 33.58 (+0.13)	2004 Svímjifelagið Flot		288	<b>33.71</b>	99,61 %

Kapping almenn: 10.07.2021 10:06:42

### Kapping 19, 50m Firvald Menn Opin Bólkur - Finala

FAR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

FAR.JR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

FM Kravtíð - 300 FINA stig: 00:33.26 - 00:32.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Róland Toftum</b> Entry time: 28.16 (-1.99)	1998 Suðuroyar Svímjifelag		616	<b>26.17</b>	107,07 %
2	<b>Martin V. Sivertsen</b> Entry time: 28.41 (-0.43)	2002 Svímjifelagið Ægir		504	<b>27.98</b>	101,51 %
3	<b>Hans Jacob Hjelm</b> Entry time: 28.39 (+0.02)	2003 Suðuroyar Svímjifelag		481	<b>28.41</b>	99,93 %
4	<b>Isak Brisenfeldt</b> Entry time: 29.37 (-0.68)	2006 Havnar Svímjifelag		467	<b>28.69</b>	102,32 %
5	<b>Snorri Fríðheim Mortensen</b> Entry time: 30.49 (-0.93)	2005 Havnar Svímjifelag		427	<b>29.56</b>	103,05 %
6	<b>Áki Eliassen</b> Entry time: 30.39 (-0.02)	2006 Havnar Svímjifelag		394	<b>30.37</b>	100,07 %

Kapping almenn: 10.07.2021 17:25:46

### Kapping 19, 50m Firvald Menn Jr. Y - Finala

FAR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

FAR.JR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

FM Kravtíð - 300 FINA stig: 00:33.26 - 00:32.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Isak Brisenfeldt</b> Entry time: 29.37 (-0.68)	2006 Havnar Svímjifelag		467	<b>28.69</b>	102,32 %
2	<b>Snorri Fríðheim Mortensen</b> Entry time: 30.49 (-0.93)	2005 Havnar Svímjifelag		427	<b>29.56</b>	103,05 %
3	<b>Áki Eliassen</b> Entry time: 30.39 (-0.02)	2006 Havnar Svímjifelag		394	<b>30.37</b>	100,07 %

Kapping almenn: 10.07.2021 17:25:46

### Kapping 19, 50m Firvald Menn Jr. E - Finala

FAR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

FAR.JR 24.69 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Antwerp (BEL) 04.07.2012

FM Kravtíð - 300 FINA stig: 00:33.26 - 00:32.49

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Hans Jacob Hjelm</b> Entry time: 28.39 (+0.02)	2003 Suðuroyar Svímjifelag		481	<b>28.41</b>	99,93 %

Kapping almenn: 10.07.2021 17:25:46





## Úrslit

### Kapping 20, 100m Rygg Kvinnur Opin Bólkur - Innleiðandi

FAR 1:03.01 Signhild Joensen 2000 Ægir Klaksvik (FAR) Bergen (NOR) 06.04.2019  
FAR.JR 1:03.38 Signhild Joensen 2000 Ægir Klaksvik (FAR) Broenshoej (DEN) 03.04.2017  
FM Kravtíð - 300 FINA stig: 01:26.64 - 01:22.20

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Signhild Joensen</b> Entry time: 1:03.54 (+4.06) 50m: 32.82	2000 Svímjifelagið Ægir 100m: 1:07.60 (34.78)		617	<b>1:07.60</b>	93,61 % Q
2	<b>Jonna Joensen</b> Entry time: 1:10.71 (+3.30) 50m: 34.58	2005 Svímjifelagið Ægir 100m: 1:14.01 (39.43)		470	<b>1:14.01</b>	95,33 % Q
3	<b>Jóhanna Egholm</b> Entry time: 1:10.75 (+3.47) 50m: 35.13	1996 Fuglafjarðar Svímjifelag 100m: 1:14.22 (39.09)		466	<b>1:14.22</b>	95,10 % Q
4	<b>Elin Christiansen</b> Entry time: 1:13.88 (+3.32) 50m: 37.32	2004 Suðuroyar Svímjifelag 100m: 1:17.20 (39.88)		414	<b>1:17.20</b>	95,51 % -
5	<b>Sofía Toftegaard</b> Entry time: 1:18.24 (+0.97) 50m: 38.81	2006 Svímjifelagið Ægir 100m: 1:19.21 (40.40)		383	<b>1:19.21</b>	98,76 % -
6	<b>Rebekka Róðinsdóttir</b> Entry time: 1:18.28 (+1.27) 50m: 38.82	2007 Fuglafjarðar Svímjifelag 100m: 1:19.55 (40.73)		379	<b>1:19.55</b>	98,38 % Q
7	<b>Björg Ólavsdóttir</b> Entry time: 1:16.91 (+3.41) 50m: 38.12	2004 Havnar Svímjifelag 100m: 1:20.32 (42.20)		368	<b>1:20.32</b>	95,57 % Q
8	<b>Dorteia Dam</b> Entry time: 1:19.08 (+1.93) 50m: 38.84	2007 Havnar Svímjifelag 100m: 1:21.01 (42.17)		358	<b>1:21.01</b>	97,56 % Q
9	<b>Birita Vesturtún</b> Entry time: 1:17.99 (+3.19) 50m: 40.05	2007 Fuglafjarðar Svímjifelag 100m: 1:21.18 (41.13)		356	<b>1:21.18</b>	95,91 %
10	<b>Bjørk L Sørensen</b> Entry time: 1:20.34 (+0.92) 50m: 39.78	2004 Suðuroyar Svímjifelag 100m: 1:21.26 (41.48)		355	<b>1:21.26</b>	98,85 %
11	<b>Ragnhild Jacobsen</b> Entry time: 1:24.83 (-2.17) 50m: 40.09	2008 Svímjifelagið Ægir 100m: 1:22.66 (42.57)		337	<b>1:22.66</b>	102,56 %
12	<b>Jóhanna Katrína Jacobsen</b> Entry time: 1:33.60 (+4.29) 50m: 48.17	2007 Havnar Svímjifelag 100m: 1:37.89 (49.72)		203	<b>1:37.89</b>	95,42 %

Kapping almenn: 10.07.2021 10:12:06

### Kapping 20, 100m Rygg Kvinnur Jr. Y - Innleiðandi

FAR 1:03.01 Signhild Joensen 2000 Ægir Klaksvik (FAR) Bergen (NOR) 06.04.2019  
FAR.JR 1:03.38 Signhild Joensen 2000 Ægir Klaksvik (FAR) Broenshoej (DEN) 03.04.2017  
FM Kravtíð - 300 FINA stig: 01:26.64 - 01:22.20

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Sofía Toftegaard</b> Entry time: 1:18.24 (+0.97) 50m: 38.81	2006 Svímjifelagið Ægir 100m: 1:19.21 (40.40)		383	<b>1:19.21</b>	98,76 % -





## Úrslit

### Kapping 20, 100m Rygg Kvinnur Jr. Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		379	1:19.55	98,38 % Q
	Entry time: 1:18.28 (+1.27)					
	50m: 38.82	100m: 1:19.55 (40.73)				
3	Dorteia Dam	2007 Havnar Svímjifelag		358	1:21.01	97,56 % Q
	Entry time: 1:19.08 (+1.93)					
	50m: 38.84	100m: 1:21.01 (42.17)				
4	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		356	1:21.18	95,91 %
	Entry time: 1:17.99 (+3.19)					
	50m: 40.05	100m: 1:21.18 (41.13)				
5	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag		203	1:37.89	95,42 %
	Entry time: 1:33.60 (+4.29)					
	50m: 48.17	100m: 1:37.89 (49.72)				

Kapping almenn: 10.07.2021 10:12:06

### Kapping 20, 100m Rygg Kvinnur Jr. E - Innleiðandi

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Broenshoej (DEN)	03.04.2017
FM Kravtíð - 300 FINA stig: 01:26.64 - 01:22.20					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Jonna Joensen	2005 Svímjifelagið Ægir		470	1:14.01	95,33 % Q
	Entry time: 1:10.71 (+3.30)					
	50m: 34.58	100m: 1:14.01 (39.43)				
2	Elin Christiansen	2004 Suðuroyar Svímjifelag		414	1:17.20	95,51 % -
	Entry time: 1:13.88 (+3.32)					
	50m: 37.32	100m: 1:17.20 (39.88)				
3	Björg Ólavsdóttir	2004 Havnar Svímjifelag		368	1:20.32	95,57 % Q
	Entry time: 1:16.91 (+3.41)					
	50m: 38.12	100m: 1:20.32 (42.20)				
4	Björk L Sørensen	2004 Suðuroyar Svímjifelag		355	1:21.26	98,85 %
	Entry time: 1:20.34 (+0.92)					
	50m: 39.78	100m: 1:21.26 (41.48)				

Kapping almenn: 10.07.2021 10:12:06

### Kapping 20, 100m Rygg Kvinnur Opin Bólkur - Finala

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Broenshoej (DEN)	03.04.2017
FM Kravtíð - 300 FINA stig: 01:26.64 - 01:22.20					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Signhild Joensen	2000 Svímjifelagið Ægir		702	1:04.75	104,22 %
	Entry time: 1:07.60 (-2.85)					
	50m: 31.34	100m: 1:04.75 (33.41)				
2	Jonna Joensen	2005 Svímjifelagið Ægir		519	1:11.63	103,22 %
	Entry time: 1:14.01 (-2.38)					
	50m: 34.17	100m: 1:11.63 (37.46)				
3	Jóhanna Egholm	1996 Fuglafjarðar Svímjifelag		504	1:12.30	102,59 %
	Entry time: 1:14.22 (-1.92)					
	50m: 34.91	100m: 1:12.30 (37.39)				
4	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		364	1:20.57	98,72 %
	Entry time: 1:19.55 (+1.02)					
	50m: 39.46	100m: 1:20.57 (41.11)				





# Úrslit

## Kapping 20, 100m Rygg Kvinnur Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	<b>Björg Ólavsdóttir</b>	2004 Havnar Svímjifelag		305	<b>1:25.47</b>	93,59 %
	Entry time: 1:20.32 (+5.15)					
	50m: 41.65	100m: 1:25.47 (43.82)				
6	<b>Dorteá Dam</b>	2007 Havnar Svímjifelag		223	<b>1:34.85</b>	82,92 %
	Entry time: 1:21.01 (+13.84)					
	50m: 46.58	100m: 1:34.85 (48.27)				
Kapping almenn: 10.07.2021 17:34:50						

## Kapping 20, 100m Rygg Kvinnur Jr. Y - Finala

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Broenshoej (DEN)	03.04.2017
FM Kravtíð - 300 FINA stig: 01:26.64 - 01:22.20					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		364	<b>1:20.57</b>	98,72 %
	Entry time: 1:19.55 (+1.02)					
	50m: 39.46	100m: 1:20.57 (41.11)				
2	<b>Dorteá Dam</b>	2007 Havnar Svímjifelag		223	<b>1:34.85</b>	82,92 %
	Entry time: 1:21.01 (+13.84)					
	50m: 46.58	100m: 1:34.85 (48.27)				
Kapping almenn: 10.07.2021 17:34:50						

## Kapping 20, 100m Rygg Kvinnur Jr. E - Finala

FAR	1:03.01	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Bergen (NOR)	06.04.2019
FAR.JR	1:03.38	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Broenshoej (DEN)	03.04.2017
FM Kravtíð - 300 FINA stig: 01:26.64 - 01:22.20					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		519	<b>1:11.63</b>	103,22 %
	Entry time: 1:14.01 (-2.38)					
	50m: 34.17	100m: 1:11.63 (37.46)				
2	<b>Björg Ólavsdóttir</b>	2004 Havnar Svímjifelag		305	<b>1:25.47</b>	93,59 %
	Entry time: 1:20.32 (+5.15)					
	50m: 41.65	100m: 1:25.47 (43.82)				
Kapping almenn: 10.07.2021 17:34:50						

## Kapping 21, 100m Rygg Menn Opin Bólkur - Innleiðandi

FAR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012
FAR.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012
FM Kravtíð - 300 FINA stig: 01:17.45 - 01:13.01					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bartal Debess</b>	2002 Suðuroyar Svímjifelag		422	<b>1:09.09</b>	94,36 % Q
	Entry time: 1:05.40 (+3.69)					
	50m: 33.65	100m: 1:09.09 (35.44)				
2	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		404	<b>1:10.11</b>	99,27 % Q
	Entry time: 1:09.60 (+0.51)					
	50m: 33.28	100m: 1:10.11 (36.83)				
3	<b>Líggjas Joensen</b>	2008 Svímjifelagið Ægir		378	<b>1:11.66</b>	100,31 % Q
	Entry time: 1:11.88 (-0.22)					
	50m: 35.08	100m: 1:11.66 (36.58)				
4	<b>Lukas Besson</b>	2007 Svímjifelagið Flot		340	<b>1:14.22</b>	94,54 % Q
	Entry time: 1:10.38 (+3.84)					
	50m: 36.22	100m: 1:14.22 (38.00)				





# Úrslit

## Kapping 21, 100m Rygg Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	<b>Isak Brisenfeldt</b>	2006 Havnar Svímjifelag		336	<b>1:14.51</b>	99,70 % Q
	Entry time: 1:14.29 (+0.22)					
	50m: 35.74	100m: 1:14.51 (38.77)				
6	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag		299	<b>1:17.50</b>	96,22 % Q
	Entry time: 1:14.68 (+2.82)					
	50m: 37.39	100m: 1:17.50 (40.11)				

Kapping almenn: 10.07.2021 10:16:03

## Kapping 21, 100m Rygg Menn Jr. Y - Innleiðandi

FAR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012
FAR.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012

FM Kravtíð - 300 FINA stig: 01:17.45 - 01:13.01

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		404	<b>1:10.11</b>	99,27 % Q
	Entry time: 1:09.60 (+0.51)					
	50m: 33.28	100m: 1:10.11 (36.83)				
2	<b>Isak Brisenfeldt</b>	2006 Havnar Svímjifelag		336	<b>1:14.51</b>	99,70 % Q
	Entry time: 1:14.29 (+0.22)					
	50m: 35.74	100m: 1:14.51 (38.77)				
3	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag		299	<b>1:17.50</b>	96,22 % Q
	Entry time: 1:14.68 (+2.82)					
	50m: 37.39	100m: 1:17.50 (40.11)				

Kapping almenn: 10.07.2021 10:16:03

## Kapping 21, 100m Rygg Menn Opin Bólkur - Finala

FAR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012
FAR.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012

FM Kravtíð - 300 FINA stig: 01:17.45 - 01:13.01

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bartal Debess</b>	2002 Suðuroyar Svímjifelag		486	<b>1:05.94</b>	104,56 %
	Entry time: 1:09.09 (-3.15)					
	50m: 31.10	100m: 1:05.94 (34.84)				
2	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		442	<b>1:08.05</b>	102,94 %
	Entry time: 1:10.11 (-2.06)					
	50m: 32.35	100m: 1:08.05 (35.70)				
3	<b>Lukas Besson</b>	2007 Svímjeflagið Flot		419	<b>1:09.25</b>	106,70 %
	Entry time: 1:14.22 (-4.97)					
	50m: 32.80	100m: 1:09.25 (36.45)				
4	<b>Líggjas Joensen</b>	2008 Svímjeflagið Ægir		412	<b>1:09.63</b>	102,83 %
	Entry time: 1:11.66 (-2.03)					
	50m: 34.43	100m: 1:09.63 (35.20)				
5	<b>Isak Brisenfeldt</b>	2006 Havnar Svímjifelag		335	<b>1:14.65</b>	99,81 %
	Entry time: 1:14.51 (+0.14)					
	50m: 35.44	100m: 1:14.65 (39.21)				
6	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag		319	<b>1:15.82</b>	102,17 %
	Entry time: 1:17.50 (-1.68)					
	50m: 36.46	100m: 1:15.82 (39.36)				

Kapping almenn: 10.07.2021 17:37:39

## Kapping 21, 100m Rygg Menn Jr. Y - Finala





# Úrslit

## Kapping 21, 100m Rygg Menn Jr. Y - Finala

FAR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012
FAR.JR	56.64	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	15.07.2012

FM Kravtíð - 300 FINA stig: 01:17.45 - 01:13.01

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		442	<b>1:08.05</b>	102,94 %
	Entry time: 1:10.11 (-2.06)					
	50m: 32.35	100m: 1:08.05 (35.70)				
2	<b>Isak Brisenfeldt</b>	2006 Havnar Svímjifelag		335	<b>1:14.65</b>	99,81 %
	Entry time: 1:14.51 (+0.14)					
	50m: 35.44	100m: 1:14.65 (39.21)				
3	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag		319	<b>1:15.82</b>	102,17 %
	Entry time: 1:17.50 (-1.68)					
	50m: 36.46	100m: 1:15.82 (39.36)				

Kapping almenn: 10.07.2021 17:37:39

## Kapping 22, 4x100m Blandað Mix Opín Bólkur - Innleiðandi

FAR	4:29.30	Ægir 1	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021
FAR.JR	4:49.13	Ægir 2	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
1	<b>Ægir 1</b>	21		Q	<b>4:45.78</b>	
	Signhild Joensen	2000		32.43	1:07.63	1:07.63
	Bjørnt A. Sigurðsson	2004		41.77	1:29.01	2:36.64
	Martin V. Sivertsen	2002		30.65	1:05.56	3:42.20
	Líggjas Joensen	2008		30.74	1:03.58	4:45.78
2	<b>Ægir 2</b>	15		Q	<b>4:55.43</b>	FAR.JR
	Heini M. Askham	2006		36.32	1:14.34	1:14.34
	Sofía Toftegaard	2006		40.45	1:24.10	2:38.44
	Róa Trygvadóttir	2008		33.49	1:11.56	3:50.00
	Hanus Lydersen	2006		30.80	1:05.43	4:55.43
3	<b>1 FS</b>	14		Q	<b>5:13.56</b>	
	Birita Vesturtún	2007		40.46	1:22.69	1:22.69
	Fróði Hansen	2008		40.29	1:25.20	2:47.89
	Bárður Ólavsson	2008		35.54	1:16.05	4:03.94
	Margit Højbro	2007		33.40	1:09.62	5:13.56
4	<b>Hs Mix 1</b>	16		Q	<b>5:16.32</b>	
	Snorri Fríðheim Mortensen	2005		38.56	1:18.19	1:18.19
	Dorteá Dam	2007		45.43	1:36.56	2:54.75
	Isak Brisenfeldt	2006		30.19	1:05.36	4:00.11
	Jóhanna Katrína Jacobsen	2007		36.16	1:16.21	5:16.32
5	<b>Hs Mix 2</b>	16		Q	<b>5:19.98</b>	
	Villiam Marius Samuelsen	2005		33.81	1:10.22	1:10.22
	Oddvá Sedeá D. Nattestad	2006		44.34	1:35.65	2:45.87
	Áki Eliassen	2006		32.02	1:09.82	3:55.69
	Tórun H. Weihe	2009		37.80	1:24.29	5:19.98







# Úrslit

## Kapping 22, 4x100m Blandað Mix Opín Bólkur - Innleiðandi

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>6</b>	<b>Susvim Mix</b>		20			
	Teitur Winther	2005		36.57 1:13.80	1:13.80	
	Bjarta í Lágabø	2009		45.82 1:38.64	2:52.44	
	Rani Jacobsen	2001		35.87 1:19.44	4:11.88	
	Silja Bech	2008		36.81 1:19.39	5:31.27	
<b>-</b>	<b>SuSvim Mix2</b>		18			<b>DSQ</b>
	SW 10.11 Tjóvstartur í liðsvimjing. _ svimjari3					
	Elin Christiansen	2004				
	Rúni Dahl	2004				
	Hans Jacob Hjelm	2003				
	Bjørk L Sørensen	2004				

Kapping almenn: 10.07.2021 10:37:01

## Kapping 22, 4x100m Blandað Mix Jr. Y - Innleiðandi

FAR	4:29.30	Ægir 1	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021	
FAR.JR	4:49.13	Ægir 2	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Ægir 2</b>		15			
	Heini M. Askham	2006		36.32 1:14.34	1:14.34	
	Sofía Toftegaard	2006		40.45 1:24.10	2:38.44	
	Róa Trygvadóttir	2008		33.49 1:11.56	3:50.00	
	Hanus Lydersen	2006		30.80 1:05.43	4:55.43	
<b>2</b>	<b>Hs Mix 1</b>		16			
	Snorri Fríðheim Mortensen	2005		38.56 1:18.19	1:18.19	
	Dorteia Dam	2007		45.43 1:36.56	2:54.75	
	Isak Brisenfeldt	2006		30.19 1:05.36	4:00.11	
	Jóhanna Katrina Jacobsen	2007		36.16 1:16.21	5:16.32	
<b>3</b>	<b>Hs Mix 2</b>		16			
	Villiam Marius Samuelsen	2005		33.81 1:10.22	1:10.22	
	Oddvá Sedeá D. Nattestad	2006		44.34 1:35.65	2:45.87	
	Áki Eliassen	2006		32.02 1:09.82	3:55.69	
	Tórun H. Weihe	2009		37.80 1:24.29	5:19.98	
<b>-</b>	<b>1 FS</b>		14			
	Birita Vesturtún	2007		40.46 1:22.69	1:22.69	
	Fróði Hansen	2008		40.29 1:25.20	2:47.89	
	Bárður Ólavsson	2008		35.54 1:16.05	4:03.94	
	Margit Højbro	2007		33.40 1:09.62	5:13.56	

Kapping almenn: 10.07.2021 10:37:01

## Kapping 22, 4x100m Blandað Mix Jr. E - Innleiðandi

FAR	4:29.30	Ægir 1	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021	
FAR.JR	4:49.13	Ægir 2	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur





# Úrslit

## Kapping 22, 4x100m Blandað Mix Jr. E - Innleiðandi

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
-	<b>Hs Mix 1</b>	16			Q	<b>5:16.32</b>	
	Snorri Fríðheim Mortensen	2005		38.56	1:18.19	1:18.19	
	Dorteia Dam	2007		45.43	1:36.56	2:54.75	
	Isak Brisenfeldt	2006		30.19	1:05.36	4:00.11	
	Jóhanna Katrína Jacobsen	2007		36.16	1:16.21	5:16.32	
-	<b>Hs Mix 2</b>	16			Q	<b>5:19.98</b>	
	Villiam Marius Samuelsen	2005		33.81	1:10.22	1:10.22	
	Oddvá Sedeá D. Nattestad	2006		44.34	1:35.65	2:45.87	
	Áki Eliassen	2006		32.02	1:09.82	3:55.69	
	Tórun H. Weihe	2009		37.80	1:24.29	5:19.98	
-	<b>SuSvim Mix2</b>	18				<b>DSQ</b>	
	SW 10.11 Tjóvstartur í liðsvimjing. _ svimjari3						
	Elin Christiansen	2004					
	Rúni Dahl	2004					
	Hans Jacob Hjelm	2003					
	Bjørk L Sørensen	2004					

Kapping almenn: 10.07.2021 10:37:01

## Kapping 22, 4x100m Blandað Mix Opín Bólkur - Finala

FAR	4:29.30	Ægir 1	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021		
FAR.JR	4:49.13	Ægir 2	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021		
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>1</b>	<b>Ægir 1</b>	21				<b>4:29.30</b>	105,77 FAR
	Signhild Joensen	2000		31.72	1:05.09	1:05.09	
	Heini M. Askham	2006		35.29	1:17.41	2:22.50	
	Malan Jóhansdóttir	2004		31.00	1:09.40	3:31.90	
	Martin V. Sivertsen	2002		26.74	57.40	4:29.30	
<b>2</b>	<b>Hs Mix 1</b>	20				<b>4:32.74</b>	113,78
	Villiam Marius Samuelsen	2005		34.10	1:10.28	1:10.28	
	Ronja Ró í Dímun	2004		39.26	1:20.55	2:30.83	
	Johan Nónskarð Dam	2002		29.01	1:01.59	3:32.42	
	Vár E. Eidesgaard	2001		28.80	1:00.32	4:32.74	
<b>3</b>	<b>Ægir 2</b>	16				<b>4:49.13</b>	102,13 FAR.JR
	Líggjas Joensen	2008		34.46	1:09.20	1:09.20	
	Sofía Toftegaard	2006		38.30	1:22.87	2:32.07	
	Jonna Joensen	2005		32.72	2:32.07		
	Hanus Lydersen	2006		4:15.19	4:49.13	4:49.13	
<b>4</b>	<b>Susvim Mix</b>	20				<b>4:50.80</b>	112,22
	Elin Christiansen	2004		37.53	1:17.72	1:17.72	
	Rani Jacobsen	2001		35.89	1:17.51	2:35.23	
	Hans Jacob Hjelm	2003		30.72	1:08.42	3:43.65	
	Bjørk L Sørensen	2004		32.02	1:07.15	4:50.80	





# Úrslit

## Kapping 22, 4x100m Blandað Mix Opin Bólkur - Finala

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
5	<b>1 FS</b>	25				<b>5:05.70</b>	102,51
	Jóhanna Egholm	1996		35.95	1:14.68	1:14.68	
	Fróði Hansen	2008		37.97	1:23.53	2:38.21	
	Bárður Ólavsson	2008		35.90	1:14.65	3:52.86	
	Margit Højbro	2007		34.67	1:12.84	5:05.70	
6	<b>Hs Mix 2</b>	16				<b>5:37.70</b>	94,46 %
	Dorte Dam	2007		38.49			
	Jóhanna Katrina Jacobsen	2007		2:13.23	3:11.77	3:11.77	
	Ari Rasmussen Weihe	2005		33.56	1:13.87	4:25.64	
	Silas Dam Lindberg	2008		33.39	1:12.06	5:37.70	

Kapping almenn: 10.07.2021 17:55:07

## Kapping 22, 4x100m Blandað Mix Jr. Y - Finala

FAR	4:29.30	Ægir 1	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021		
FAR.JR	4:49.13	Ægir 2	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021		
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
1	<b>Ægir 2</b>	16				<b>4:49.13</b>	102,13 FAR.JR
	Líggjas Joensen	2008		34.46	1:09.20	1:09.20	
	Sofía Toftegaard	2006		38.30	1:22.87	2:32.07	
	Jonna Joensen	2005		32.72	2:32.07		
	Hanus Lydersen	2006		4:15.19	4:49.13	4:49.13	
2	<b>Hs Mix 2</b>	16				<b>5:37.70</b>	94,46 %
	Dorte Dam	2007		38.49			
	Jóhanna Katrina Jacobsen	2007		2:13.23	3:11.77	3:11.77	
	Ari Rasmussen Weihe	2005		33.56	1:13.87	4:25.64	
	Silas Dam Lindberg	2008		33.39	1:12.06	5:37.70	
-	<b>Hs Mix 1</b>	20				<b>4:32.74</b>	113,78
	Villiam Marius Samuelsen	2005		34.10	1:10.28	1:10.28	
	Ronja Ró í Dímun	2004		39.26	1:20.55	2:30.83	
	Johan Nónskarð Dam	2002		29.01	1:01.59	3:32.42	
	Vár E. Eidesgaard	2001		28.80	1:00.32	4:32.74	

Kapping almenn: 10.07.2021 17:55:07

## Kapping 22, 4x100m Blandað Mix Jr. E - Finala

FAR	4:29.30	Ægir 1	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021		
FAR.JR	4:49.13	Ægir 2	2000 Svímjifelagið Ægir (FAR)	Páls Høll (FAR)	10.07.2021		
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
1	<b>Ægir 2</b>	16				<b>4:49.13</b>	102,13 FAR.JR
	Líggjas Joensen	2008		34.46	1:09.20	1:09.20	
	Sofía Toftegaard	2006		38.30	1:22.87	2:32.07	
	Jonna Joensen	2005		32.72	2:32.07		
	Hanus Lydersen	2006		4:15.19	4:49.13	4:49.13	





# Úrslit

## Kapping 22, 4x100m Blandað Mix Jr. E - Finala

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
2	Hs Mix 2	16				5:37.70 94,46 %
	Dorteia Dam	2007		38.49		
	Jóhanna Katrína Jacobsen	2007		2:13.23	3:11.77	3:11.77
	Ari Rasmussen Weihe	2005		33.56	1:13.87	4:25.64
	Silas Dam Lindberg	2008		33.39	1:12.06	5:37.70

Kapping almenn: 10.07.2021 17:55:07

## Kapping 23, 100m Bringu Kvinnur Opin Bólkur - Innleiðandi

FAR	1:15.34	Ásbjörg Hjelm	1999 Ægir Klaksvík (FAR)	Baku (AZE)	26.06.2015
FAR.JR	1:15.34	Ásbjörg Hjelm	1999 Ægir Klaksvík (FAR)	Baku (AZE)	26.06.2015

FM Kravtíð - 300 FINA stig: 01:35.79 - 01:33.15

Raðf	Navn	Føðia	Felag	R.T	FINA	Tíð	Munur
1	Sofía Toftegaard	2006	Svimjifelagið Ægir	423	1:25.40	95,27 %	Q
	Entry time: 1:21.54	(+3.86)					
	50m: 41.26	100m: 1:25.40	(44.14)				
2	Malan Jóhansdóttir	2004	Svimjifelagið Ægir	408	1:26.42	98,70 %	Q
	Entry time: 1:25.31	(+1.11)					
	50m: 39.67	100m: 1:26.42	(46.75)				
3	Rebekka Róðinsdóttir	2007	Fuglafjarðar Svímjifelag	405	1:26.62	98,60 %	Q
	Entry time: 1:25.42	(+1.20)					
	50m: 41.64	100m: 1:26.62	(44.98)				
4	Róa Trygvadóttir	2008	Svimjifelagið Ægir	402	1:26.83	96,82 %	Q
	Entry time: 1:24.15	(+2.68)					
	50m: 41.74	100m: 1:26.83	(45.09)				
5	Elin Christiansen	2004	Suðuroyar Svímjifelag	356	1:30.42	98,98 %	Q
	Entry time: 1:29.51	(+0.91)					
	50m: 43.88	100m: 1:30.42	(46.54)				
6	Oddvá Seda D. Nattestad	2006	Havnar Svímjifelag	300	1:35.71	99,31 %	-
	Entry time: 1:35.05	(+0.66)					
	50m: 45.71	100m: 1:35.71	(50.00)				
7	Ragnhild Jacobsen	2008	Svimjifelagið Ægir	297	1:36.03	96,71 %	Q
	Entry time: 1:32.97	(+3.06)					
	50m: 44.60	100m: 1:36.03	(51.43)				
8	Lea Petersen	2009	Svimjifelagið Reysti	288	1:37.03	110,24 %	
	Entry time: 1:48.10	(-11.07)					
	50m: 45.00	100m: 1:37.03	(52.03)				
9	Dorteia Dam	2007	Havnar Svímjifelag	280	1:37.94	95,83 %	
	Entry time: 1:34.02	(+3.92)					
	50m: 45.67	100m: 1:37.94	(52.27)				
10	Björg Ólavsdóttir	2004	Havnar Svímjifelag	260	1:40.40	90,51 %	
	Entry time: 1:31.70	(+8.70)					
	50m: 47.58	100m: 1:40.40	(52.82)				
-	Birita Vesturtún	2007	Fuglafjarðar Svímjifelag			DSQ	
	SW 7.1 2 undirvatnstøk						
-	Eyðrið Mortensen	2003	Havnar Svímjifelag			DNS	

Kapping almenn: 10.07.2021 11:00:25

## Kapping 23, 100m Bringu Kvinnur Jr. Y - Innleiðandi

FAR	1:15.34	Ásbjörg Hjelm	1999 Ægir Klaksvík (FAR)	Baku (AZE)	26.06.2015
FAR.JR	1:15.34	Ásbjörg Hjelm	1999 Ægir Klaksvík (FAR)	Baku (AZE)	26.06.2015

11-07-2021 15:24:00

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svímjifelag

Síða 52/95





## Úrslit

### Kapping 23, 100m Bringu Kvinnur Jr. Y - Innleiðandi

FM Kravtíð - 300 FINA stig: 01:35.79 - 01:33.15

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Sofía Toftegaard</b>	2006 Svímjifelagið Ægir		423	<b>1:25.40</b>	95,27 % Q
	Entry time: 1:21.54 (+3.86)					
	50m: 41.26	100m: 1:25.40 (44.14)				
2	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		405	<b>1:26.62</b>	98,60 % Q
	Entry time: 1:25.42 (+1.20)					
	50m: 41.64	100m: 1:26.62 (44.98)				
3	<b>Oddvá Sedeá D. Nattestad</b>	2006 Havnar Svímjifelag		300	<b>1:35.71</b>	99,31 % -
	Entry time: 1:35.05 (+0.66)					
	50m: 45.71	100m: 1:35.71 (50.00)				
4	<b>Dorteá Dam</b>	2007 Havnar Svímjifelag		280	<b>1:37.94</b>	95,83 %
	Entry time: 1:34.02 (+3.92)					
	50m: 45.67	100m: 1:37.94 (52.27)				
-	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag			<b>DSQ</b>	
	SW 7.1 2 undirvatnstøk					

Kapping almenn: 10.07.2021 11:00:25

### Kapping 23, 100m Bringu Kvinnur Jr. E - Innleiðandi

FAR 1:15.34 Ásbjörg Hjelm 1999 Ægir Klaksvík (FAR) Baku (AZE) 26.06.2015  
FAR.JR 1:15.34 Ásbjörg Hjelm 1999 Ægir Klaksvík (FAR) Baku (AZE) 26.06.2015

FM Kravtíð - 300 FINA stig: 01:35.79 - 01:33.15

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Malan Jóhansdóttir</b>	2004 Svímjifelagið Ægir		408	<b>1:26.42</b>	98,70 % Q
	Entry time: 1:25.31 (+1.11)					
	50m: 39.67	100m: 1:26.42 (46.75)				
2	<b>Elin Christiansen</b>	2004 Suðuroyar Svímjifelag		356	<b>1:30.42</b>	98,98 % Q
	Entry time: 1:29.51 (+0.91)					
	50m: 43.88	100m: 1:30.42 (46.54)				
3	<b>Björg Ólavsdóttir</b>	2004 Havnar Svímjifelag		260	<b>1:40.40</b>	90,51 %
	Entry time: 1:31.70 (+8.70)					
	50m: 47.58	100m: 1:40.40 (52.82)				

Kapping almenn: 10.07.2021 11:00:25

### Kapping 23, 100m Bringu Kvinnur Opin Bólkur - Finala

FAR 1:15.34 Ásbjörg Hjelm 1999 Ægir Klaksvík (FAR) Baku (AZE) 26.06.2015  
FAR.JR 1:15.34 Ásbjörg Hjelm 1999 Ægir Klaksvík (FAR) Baku (AZE) 26.06.2015

FM Kravtíð - 300 FINA stig: 01:35.79 - 01:33.15

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Sofía Toftegaard</b>	2006 Svímjifelagið Ægir		448	<b>1:23.75</b>	101,93 %
	Entry time: 1:25.40 (-1.65)					
	50m: 40.11	100m: 1:23.75 (43.64)				
2	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		426	<b>1:25.17</b>	101,67 %
	Entry time: 1:26.62 (-1.45)					
	50m: 40.05	100m: 1:25.17 (45.12)				
3	<b>Róa Trygvadóttir</b>	2008 Svímjifelagið Ægir		424	<b>1:25.35</b>	101,70 %
	Entry time: 1:26.83 (-1.48)					
	50m: 42.14	100m: 1:25.35 (43.21)				
4	<b>Malan Jóhansdóttir</b>	2004 Svímjifelagið Ægir		400	<b>1:26.97</b>	99,36 %
	Entry time: 1:26.42 (+0.55)					
	50m: 41.11	100m: 1:26.97 (45.86)				





# Úrslit

## Kapping 23, 100m Bringu Kvinnur Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	Elin Christiansen	2004 Suðuroyar Svímjifelag		327	1:33.02	97,12 %
	Entry time: 1:30.42 (+2.60)					
	50m: 44.76	100m: 1:33.02 (48.26)				
6	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		321	1:33.58	102,55 %
	Entry time: 1:36.03 (-2.45)					
	50m: 44.03	100m: 1:33.58 (49.55)				

Kapping almenn: 10.07.2021 18:02:13

## Kapping 23, 100m Bringu Kvinnur Jr. Y - Finala

FAR	1:15.34	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Baku (AZE)	26.06.2015
FAR.JR	1:15.34	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Baku (AZE)	26.06.2015

FM Kravtíð - 300 FINA stig: 01:35.79 - 01:33.15

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Sofía Toftegaard	2006 Svímjifelagið Ægir		448	1:23.75	101,93 %
	Entry time: 1:25.40 (-1.65)					
	50m: 40.11	100m: 1:23.75 (43.64)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		426	1:25.17	101,67 %
	Entry time: 1:26.62 (-1.45)					
	50m: 40.05	100m: 1:25.17 (45.12)				

Kapping almenn: 10.07.2021 18:02:13

## Kapping 23, 100m Bringu Kvinnur Jr. E - Finala

FAR	1:15.34	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Baku (AZE)	26.06.2015
FAR.JR	1:15.34	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Baku (AZE)	26.06.2015

FM Kravtíð - 300 FINA stig: 01:35.79 - 01:33.15

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Malan Jóhansdóttir	2004 Svímjifelagið Ægir		400	1:26.97	99,36 %
	Entry time: 1:26.42 (+0.55)					
	50m: 41.11	100m: 1:26.97 (45.86)				
2	Elin Christiansen	2004 Suðuroyar Svímjifelag		327	1:33.02	97,12 %
	Entry time: 1:30.42 (+2.60)					
	50m: 44.76	100m: 1:33.02 (48.26)				

Kapping almenn: 10.07.2021 18:02:13

## Kapping 24, 100m Bringu Menn Opin Bólkur - Innleiðandi

FAR	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FA	Broenshoej (DEN)	04.04.2017
FAR.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FAR)	Bergen (NOR)	13.04.2018

FM Kravtíð - 300 FINA stig: 01:25.29 - 01:23.07

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svímjifelag		398	1:17.30	90,62 % Q
	Entry time: 1:10.67 (+6.63)					
	50m: 36.82	100m: 1:17.30 (40.48)				
2	Rani Jacobsen	2001 Suðuroyar Svímjifelag		353	1:20.46	94,86 % Q
	Entry time: 1:16.53 (+3.93)					
	50m: 37.73	100m: 1:20.46 (42.73)				
3	Heini Hansen	2003 Suðuroyar Svímjifelag		345	1:21.08	99,22 % Q
	Entry time: 1:20.45 (+0.63)					
	50m: 38.02	100m: 1:21.08 (43.06)				
4	Markus Bárðarson Dahl	2005 Havnar Svímjifelag		319	1:23.24	98,26 % Q
	Entry time: 1:21.82 (+1.42)					
	50m: 37.82	100m: 1:23.24 (45.42)				





## Úrslit

### Kapping 24, 100m Bringu Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	<b>Fróði Hansen</b> Entry time: 1:24.02 (+2.42) 50m: 41.78	2008 Fuglafjarðar Svímjifelag 100m: 1:26.44 (44.66)		284	<b>1:26.44</b>	97,12 % Q
6	<b>Dávid Gislason</b> Entry time: 1:22.82 (+4.64) 50m: 40.64	2005 Havnar Svímjifelag 100m: 1:27.46 (46.82)		275	<b>1:27.46</b>	94,40 % Q
7	<b>Jákup Í Jákupsstovu</b> Entry time: 1:27.40 (+2.47) 50m: 41.39	2004 Svímjifelagið Flot 100m: 1:29.87 (48.48)		253	<b>1:29.87</b>	97,17 %
-	<b>Rúni Dahl</b> SW 4.4 Tjónstartur (startari og yvirdómari skulu vera samdir)	2004 Suðuroyar Svímjifelag			<b>DSQ</b>	
-	<b>Karl Joensen</b> SW 4.4 Tjónstartur (startari og yvirdómari skulu vera samdir)	2005 Svímjifelagið Flot			<b>DSQ</b>	

Kapping almenn: 10.07.2021 11:06:41

### Kapping 24, 100m Bringu Menn Jr. Y - Innleiðandi

FAR	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FA)	Broenshoej (DEN)	04.04.2017
FAR.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FAR)	Bergen (NOR)	13.04.2018

FM Kravtíð - 300 FINA stig: 01:25.29 - 01:23.07

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Markus Bárðarson Dahl</b> Entry time: 1:21.82 (+1.42) 50m: 37.82	2005 Havnar Svímjifelag 100m: 1:23.24 (45.42)		319	<b>1:23.24</b>	98,26 % Q
2	<b>Dávid Gislason</b> Entry time: 1:22.82 (+4.64) 50m: 40.64	2005 Havnar Svímjifelag 100m: 1:27.46 (46.82)		275	<b>1:27.46</b>	94,40 % Q
-	<b>Karl Joensen</b> SW 4.4 Tjónstartur (startari og yvirdómari skulu vera samdir)	2005 Svímjifelagið Flot			<b>DSQ</b>	

Kapping almenn: 10.07.2021 11:06:41

### Kapping 24, 100m Bringu Menn Jr. E - Innleiðandi

FAR	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FA)	Broenshoej (DEN)	04.04.2017
FAR.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FAR)	Bergen (NOR)	13.04.2018

FM Kravtíð - 300 FINA stig: 01:25.29 - 01:23.07

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini Hansen</b> Entry time: 1:20.45 (+0.63) 50m: 38.02	2003 Suðuroyar Svímjifelag 100m: 1:21.08 (43.06)		345	<b>1:21.08</b>	99,22 % Q
2	<b>Jákup Í Jákupsstovu</b> Entry time: 1:27.40 (+2.47) 50m: 41.39	2004 Svímjifelagið Flot 100m: 1:29.87 (48.48)		253	<b>1:29.87</b>	97,17 %
-	<b>Rúni Dahl</b> SW 4.4 Tjónstartur (startari og yvirdómari skulu vera samdir)	2004 Suðuroyar Svímjifelag			<b>DSQ</b>	

Kapping almenn: 10.07.2021 11:06:41

### Kapping 24, 100m Bringu Menn Opin Bólkur - Finala

FAR	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FA)	Broenshoej (DEN)	04.04.2017
FAR.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FAR)	Bergen (NOR)	13.04.2018

FM Kravtíð - 300 FINA stig: 01:25.29 - 01:23.07

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
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## Úrslit

### Kapping 24, 100m Bringu Menn Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Jón Hofgaard	1992 Suðuroyar Svímjifelag		502	1:11.56	107,43 %
	Entry time: 1:17.30 (-5.74)					
	50m: 34.18	100m: 1:11.56 (37.38)				
2	Rani Jacobsen	2001 Suðuroyar Svímjifelag		422	1:15.81	105,78 %
	Entry time: 1:20.46 (-4.65)					
	50m: 34.82	100m: 1:15.81 (40.99)				
3	Heini Hansen	2003 Suðuroyar Svímjifelag		365	1:19.54	101,90 %
	Entry time: 1:21.08 (-1.54)					
	50m: 35.94	100m: 1:19.54 (43.60)				
4	Markus Bárðarson Dahl	2005 Havnar Svímjifelag		318	1:23.32	99,90 %
	Entry time: 1:23.24 (+0.08)					
	50m: 37.68	100m: 1:23.32 (45.64)				
5	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		307	1:24.25	102,53 %
	Entry time: 1:26.44 (-2.19)					
	50m: 40.40	100m: 1:24.25 (43.85)				
6	Dávid Gislason	2005 Havnar Svímjifelag		288	1:26.09	101,57 %
	Entry time: 1:27.46 (-1.37)					
	50m: 40.04	100m: 1:26.09 (46.05)				

Kapping almenn: 10.07.2021 18:05:31

### Kapping 24, 100m Bringu Menn Jr. Y - Finala

FAR	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FA)	Broenshoej (DEN)	04.04.2017
FAR.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FAR)	Bergen (NOR)	13.04.2018

FM Kravtíð - 300 FINA stig: 01:25.29 - 01:23.07

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Markus Bárðarson Dahl	2005 Havnar Svímjifelag		318	1:23.32	99,90 %
	Entry time: 1:23.24 (+0.08)					
	50m: 37.68	100m: 1:23.32 (45.64)				
2	Dávid Gislason	2005 Havnar Svímjifelag		288	1:26.09	101,57 %
	Entry time: 1:27.46 (-1.37)					
	50m: 40.04	100m: 1:26.09 (46.05)				

Kapping almenn: 10.07.2021 18:05:31

### Kapping 24, 100m Bringu Menn Jr. E - Finala

FAR	1:05.35	Róland Toftum	1998 Suðuroyar Svímjifelag (FA)	Broenshoej (DEN)	04.04.2017
FAR.JR	1:06.14	Rókur Trygvason	2000 Svímjifelagið Reysti (FAR)	Bergen (NOR)	13.04.2018

FM Kravtíð - 300 FINA stig: 01:25.29 - 01:23.07

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Heini Hansen	2003 Suðuroyar Svímjifelag		365	1:19.54	101,90 %
	Entry time: 1:21.08 (-1.54)					
	50m: 35.94	100m: 1:19.54 (43.60)				

Kapping almenn: 10.07.2021 18:05:31

### Kapping 25, 100m Frí Kvinnur Opin Bólkur - Innleiðandi

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Vagur (FAR)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Vagur (FAR)	24.02.2018

FM Kravtíð - 300 FINA stig: 01:17.24 - 01:15.06

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag		564	1:02.56	97,64 % Q
	Entry time: 1:01.12 (+1.44)					
	50m: 29.36	100m: 1:02.56 (33.20)				







## Úrslit

### Kapping 25, 100m Frí Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	<b>Róa Trygvadóttir</b> Entry time: 1:04.26 50m: 31.23	2008 Svímjifelagið Ægir (+0.81) 100m: 1:05.07 (33.84)		501	<b>1:05.07</b>	98,74 % Q
3	<b>Alisa Vestergård</b> Entry time: 59.58 50m: 31.29	2003 Suðuroyar Svímjifelag (+6.00) 100m: 1:05.58 (34.29)		490	<b>1:05.58</b>	89,93 % Q
4	<b>Jonna Joensen</b> Entry time: 1:05.78 50m: 31.10	2005 Svímjifelagið Ægir (+0.33) 100m: 1:06.11 (35.01)		478	<b>1:06.11</b>	99,50 % Q
5	<b>Jóhanna Egholm</b> Entry time: 1:04.23 50m: 31.82	1996 Fuglafjarðar Svímjifelag (+3.86) 100m: 1:08.09 (36.27)		437	<b>1:08.09</b>	93,99 % Q
6	<b>Bjørk L Sørensen</b> Entry time: 1:08.63 50m: 33.57	2004 Suðuroyar Svímjifelag (+0.39) 100m: 1:09.02 (35.45)		420	<b>1:09.02</b>	99,43 % Q
7	<b>Margit Højbro</b> Entry time: 1:08.70 50m: 34.34	2007 Fuglafjarðar Svímjifelag (+1.52) 100m: 1:10.22 (35.88)		399	<b>1:10.22</b>	97,79 %
8	<b>Durita M. Askham</b> Entry time: 1:11.22 50m: 33.74	2008 Svímjifelagið Ægir (-0.12) 100m: 1:11.10 (37.36)		384	<b>1:11.10</b>	100,17 %
9	<b>Dorteia Dam</b> Entry time: 1:11.34 50m: 34.98	2007 Havnar Svímjifelag (+1.61) 100m: 1:12.95 (37.97)		356	<b>1:12.95</b>	97,74 %
10	<b>Bjarta í Lágabø</b> Entry time: 1:13.02 50m: 34.92	2009 Suðuroyar Svímjifelag (+0.29) 100m: 1:13.31 (38.39)		350	<b>1:13.31</b>	99,60 %
11	<b>Birita Vesturtún</b> Entry time: 1:10.18 50m: 35.65	2007 Fuglafjarðar Svímjifelag (+5.29) 100m: 1:15.47 (39.82)		321	<b>1:15.47</b>	92,46 %
12	<b>Jóhanna Katrína Jacobsen</b> Entry time: 1:15.29 50m: 38.21	2007 Havnar Svímjifelag (+4.67) 100m: 1:19.96 (41.75)		270	<b>1:19.96</b>	93,80 %
13	<b>Silja Bech</b> Entry time: 1:17.71 50m: 38.69	2008 Suðuroyar Svímjifelag (+3.27) 100m: 1:20.98 (42.29)		260	<b>1:20.98</b>	95,79 %

Kapping almenn: 10.07.2021 11:11:39

### Kapping 25, 100m Frí Kvinnur Jr. Y - Innleiðandi

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Vagur (FAR)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Vagur (FAR)	24.02.2018

FM Kravtíð - 300 FINA stig: 01:17.24 - 01:15.06

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Margit Højbro</b> Entry time: 1:08.70 50m: 34.34	2007 Fuglafjarðar Svímjifelag (+1.52) 100m: 1:10.22 (35.88)		399	<b>1:10.22</b>	97,79 %
2	<b>Dorteia Dam</b> Entry time: 1:11.34 50m: 34.98	2007 Havnar Svímjifelag (+1.61) 100m: 1:12.95 (37.97)		356	<b>1:12.95</b>	97,74 %





## Úrslit

### Kapping 25, 100m Frí Kvinnur Jr. Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
3	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svimmifelag		321	<b>1:15.47</b>	92,46 %
	Entry time: 1:10.18 (+5.29)					
	50m: 35.65	100m: 1:15.47 (39.82)				
4	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svimmifelag		270	<b>1:19.96</b>	93,80 %
	Entry time: 1:15.29 (+4.67)					
	50m: 38.21	100m: 1:19.96 (41.75)				

Kapping almenn: 10.07.2021 11:11:39

### Kapping 25, 100m Frí Kvinnur Jr. E - Innleiðandi

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svimmifelag (FAR)	Vagur (FAR)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svimmifelag (FAR)	Vagur (FAR)	24.02.2018

FM Kravtíð - 300 FINA stig: 01:17.24 - 01:15.06

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Ronja Ró í Dímun</b>	2004 Havnar Svimmifelag		564	<b>1:02.56</b>	97,64 % Q
	Entry time: 1:01.12 (+1.44)					
	50m: 29.36	100m: 1:02.56 (33.20)				
2	<b>Jonna Joensen</b>	2005 Svimmifelagið Ægir		478	<b>1:06.11</b>	99,50 % Q
	Entry time: 1:05.78 (+0.33)					
	50m: 31.10	100m: 1:06.11 (35.01)				
3	<b>Bjørk L Sørensen</b>	2004 Suðuroyar Svimmifelag		420	<b>1:09.02</b>	99,43 % Q
	Entry time: 1:08.63 (+0.39)					
	50m: 33.57	100m: 1:09.02 (35.45)				

Kapping almenn: 10.07.2021 11:11:39

### Kapping 25, 100m Frí Kvinnur Opin Bólkur - Finala

FAR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svimmifelag (FAR)	Vagur (FAR)	24.02.2018
FAR.JR	58.12	Vár Erlingsdóttir Eidesga	2001 Havnar Svimmifelag (FAR)	Vagur (FAR)	24.02.2018

FM Kravtíð - 300 FINA stig: 01:17.24 - 01:15.06

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Alisa Vestergård</b>	2003 Suðuroyar Svimmifelag		622	<b>1:00.57</b>	107,64 %
	Entry time: 1:05.58 (-5.01)					
	50m: 30.10	100m: 1:00.57 (30.47)				
2	<b>Ronja Ró í Dímun</b>	2004 Havnar Svimmifelag		608	<b>1:01.02</b>	102,46 %
	Entry time: 1:02.56 (-1.54)					
	50m: 29.69	100m: 1:01.02 (31.33)				
3	<b>Róa Trygvadóttir</b>	2008 Svimmifelagið Ægir		530	<b>1:03.86</b>	101,86 %
	Entry time: 1:05.07 (-1.21)					
	50m: 30.54	100m: 1:03.86 (33.32)				
4	<b>Jóhanna Egholm</b>	1996 Fuglafjarðar Svimmifelag		493	<b>1:05.44</b>	103,89 %
	Entry time: 1:08.09 (-2.65)					
	50m: 31.36	100m: 1:05.44 (34.08)				
5	<b>Jonna Joensen</b>	2005 Svimmifelagið Ægir		482	<b>1:05.91</b>	100,30 %
	Entry time: 1:06.11 (-0.20)					
	50m: 31.05	100m: 1:05.91 (34.86)				
6	<b>Bjørk L Sørensen</b>	2004 Suðuroyar Svimmifelag		468	<b>1:06.58</b>	103,54 %
	Entry time: 1:09.02 (-2.44)					
	50m: 32.33	100m: 1:06.58 (34.25)				

Kapping almenn: 10.07.2021 18:15:04

### Kapping 25, 100m Frí Kvinnur Jr. E - Finala





# Úrslit

## Kapping 25, 100m Frí Kvinnur Jr. E - Finala

FAR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Vagur (FAR) 24.02.2018  
FAR.JR 58.12 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Vagur (FAR) 24.02.2018  
FM Kravtíð - 300 FINA stig: 01:17.24 - 01:15.06

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Ronja Ró í Dímun</b> Entry time: 1:02.56 (-1.54) 50m: 29.69	2004 Havnar Svímjifelag 100m: 1:01.02 (31.33)		608	<b>1:01.02</b>	102,46 %
2	<b>Jonna Joensen</b> Entry time: 1:06.11 (-0.20) 50m: 31.05	2005 Svímjifelagið Ægir 100m: 1:05.91 (34.86)		482	<b>1:05.91</b>	100,30 %
3	<b>Bjørk L Sørensen</b> Entry time: 1:09.02 (-2.44) 50m: 32.33	2004 Suðuroyar Svímjifelag 100m: 1:06.58 (34.25)		468	<b>1:06.58</b>	103,54 %

Kapping almenn: 10.07.2021 18:15:04

## Kapping 26, 100m Frí Menn Opín Bólkur - Innleiðandi

FAR 51.91 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FAR.JR 51.91 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FM Kravtíð - 300 FINA stig: 01:10.07 - 01:07.13

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Johan Nónskarð Dam</b> Entry time: 56.17 (+1.01) 50m: 27.86	2002 Havnar Svímjifelag 100m: 57.18 (29.32)		552	<b>57.18</b>	98,20 % Q
2	<b>Heini M. Askham</b> Entry time: 59.56 (-1.55) 50m: 28.04	2006 Svímjifelagið Ægir 100m: 58.01 (29.97)		528	<b>58.01</b>	102,60 % Q
3	<b>Bartal Debess</b> Entry time: 56.38 (+1.76) 50m: 27.64	2002 Suðuroyar Svímjifelag 100m: 58.14 (30.50)		525	<b>58.14</b>	96,88 % Q
4	<b>Villiam Marius Samuelsen</b> Entry time: 59.27 (-0.22) 50m: 28.17	2005 Havnar Svímjifelag 100m: 59.05 (30.88)		501	<b>59.05</b>	100,37 % Q
5	<b>Martin V. Sivertsen</b> Entry time: 59.03 (+0.35) 50m: 28.22	2002 Svímjifelagið Ægir 100m: 59.38 (31.16)		493	<b>59.38</b>	99,41 % Q
6	<b>Líggjas Joensen</b> Entry time: 1:01.24 (-0.96) 50m: 28.94	2008 Svímjifelagið Ægir 100m: 1:00.28 (31.34)		471	<b>1:00.28</b>	101,57 % Q
7	<b>Snorri Fríðheim Mortensen</b> Entry time: 1:00.98 (-0.64) 50m: 29.17	2005 Havnar Svímjifelag 100m: 1:00.34 (31.17)		469	<b>1:00.34</b>	101,05 %
8	<b>Lukas Bessason</b> Entry time: 1:01.82 (-1.20) 50m: 28.96	2007 Svímjifelagið Flot 100m: 1:00.62 (31.66)		463	<b>1:00.62</b>	101,94 %
9	<b>Karl Joensen</b> Entry time: 1:00.82 (-0.13) 50m: 28.81	2005 Svímjifelagið Flot 100m: 1:00.69 (31.88)		461	<b>1:00.69</b>	100,21 %
10	<b>Isak Brisenfeldt</b> Entry time: 1:01.63 (+1.21) 50m: 29.91	2006 Havnar Svímjifelag 100m: 1:02.84 (32.93)		415	<b>1:02.84</b>	98,04 %





## Úrslit

### Kapping 26, 100m Frí Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
11	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag		414	<b>1:02.90</b>	99,73 %
	Entry time: 1:02.73 (+0.17)					
	50m: 29.43	100m: 1:02.90 (33.47)				
12	Rúni Dahl	2004 Suðuroyar Svímjifelag		401	<b>1:03.60</b>	96,95 %
	Entry time: 1:01.72 (+1.88)					
	50m: 29.38	100m: 1:03.60 (34.22)				
13	Otto Jacobsen	1999 Svímjifelagið Flot		396	<b>1:03.85</b>	100,59 %
	Entry time: 1:04.23 (-0.38)					
	50m: 29.86	100m: 1:03.85 (33.99)				
14	Ari Rasmussen Weihe	2005 Havnar Svímjifelag		369	<b>1:05.39</b>	100,64 %
	Entry time: 1:05.81 (-0.42)					
		100m: 1:05.39 (1:05.39)				
15	Heini Hansen	2003 Suðuroyar Svímjifelag		365	<b>1:05.63</b>	94,11 %
	Entry time: 1:01.98 (+3.65)					
	50m: 30.64	100m: 1:05.63 (34.99)				
16	Teitur Winther	2005 Suðuroyar Svímjifelag		344	<b>1:06.91</b>	98,79 %
	Entry time: 1:06.11 (+0.80)					
	50m: 31.73	100m: 1:06.91 (35.18)				
17	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag		328	<b>1:08.00</b>	102,62 %
	Entry time: 1:09.83 (-1.83)					
	50m: 33.16	100m: 1:08.00 (34.84)				
18	Jákup í Jákupsstovu	2004 Svímjifelagið Flot		321	<b>1:08.50</b>	97,79 %
	Entry time: 1:07.02 (+1.48)					
	50m: 32.74	100m: 1:08.50 (35.76)				
19	Silas Dam Lindberg	2008 Havnar Svímjifelag		319	<b>1:08.64</b>	100,88 %
	Entry time: 1:09.25 (-0.61)					
	50m: 33.17	100m: 1:08.64 (35.47)				
20	Markus Bárðarson Dahl	2005 Havnar Svímjifelag		312	<b>1:09.11</b>	97,28 %
	Entry time: 1:07.28 (+1.83)					
	50m: 32.76	100m: 1:09.11 (36.35)				
21	Oddvaldur Leivsson	2008 Havnar Svímjifelag		290	<b>1:10.83</b>	104,28 %
	Entry time: 1:14.00 (-3.17)					
	50m: 33.92	100m: 1:10.83 (36.91)				
22	Hanus Lydersen	2006 Svímjifelagið Ægir		283	<b>1:11.38</b>	97,15 %
	Entry time: 1:09.40 (+1.98)					
	50m: 33.70	100m: 1:11.38 (37.68)				
23	Jóannes Clementsen	2007 Suðuroyar Svímjifelag		262	<b>1:13.30</b>	95,05 %
	Entry time: 1:09.84 (+3.46)					
	50m: 35.68	100m: 1:13.30 (37.62)				

Kapping almenn: 10.07.2021 11:19:07

### Kapping 26, 100m Frí Menn Jr. Y - Innleiðandi

FAR 51.91 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012  
FAR.JR 51.91 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 10.07.2012

FM Kravtíð - 300 FINA stig: 01:10.07 - 01:07.13

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Heini M. Askham	2006 Svímjifelagið Ægir		528	<b>58.01</b>	102,60 % Q
	Entry time: 59.56 (-1.55)					
	50m: 28.04	100m: 58.01 (29.97)				





## Úrslit

### Kapping 26, 100m Frí Menn Jr. Y - Innleiðandi

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
2	Villiam Marius Samuelson	2005 Havnar Svímjifelag		501	59.05	100,37 % Q
	Entry time: 59.27 (-0.22)					
	50m: 28.17	100m: 59.05 (30.88)				
3	Snorri Fríðheim Mortensen	2005 Havnar Svímjifelag	469		1:00.34	101,05 %
	Entry time: 1:00.98 (-0.64)					
	50m: 29.17	100m: 1:00.34 (31.17)				
4	Karl Joensen	2005 Svímjifelagið Flot	461		1:00.69	100,21 %
	Entry time: 1:00.82 (-0.13)					
	50m: 28.81	100m: 1:00.69 (31.88)				
5	Isak Brisenfeldt	2006 Havnar Svímjifelag	415		1:02.84	98,04 %
	Entry time: 1:01.63 (+1.21)					
	50m: 29.91	100m: 1:02.84 (32.93)				
6	Ari Rasmussen Weihe	2005 Havnar Svímjifelag	369		1:05.39	100,64 %
	Entry time: 1:05.81 (-0.42)					
		100m: 1:05.39 (1:05.39)				
7	Teitur Winther	2005 Suðuroyar Svímjifelag	344		1:06.91	98,79 %
	Entry time: 1:06.11 (+0.80)					
	50m: 31.73	100m: 1:06.91 (35.18)				
8	Markus Bárðarson Dahl	2005 Havnar Svímjifelag	312		1:09.11	97,28 %
	Entry time: 1:07.28 (+1.83)					
	50m: 32.76	100m: 1:09.11 (36.35)				
9	Hanus Lydersen	2006 Svímjifelagið Ægir	283		1:11.38	97,15 %
	Entry time: 1:09.40 (+1.98)					
	50m: 33.70	100m: 1:11.38 (37.68)				

Kapping almenn: 10.07.2021 11:19:07

### Kapping 26, 100m Frí Menn Jr. E - Innleiðandi

FAR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FAR.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012

FM Kravtíð - 300 FINA stig: 01:10.07 - 01:07.13

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
1	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag	414		1:02.90	99,73 %
	Entry time: 1:02.73 (+0.17)					
	50m: 29.43	100m: 1:02.90 (33.47)				
2	Rúni Dahl	2004 Suðuroyar Svímjifelag	401		1:03.60	96,95 %
	Entry time: 1:01.72 (+1.88)					
	50m: 29.38	100m: 1:03.60 (34.22)				
3	Heini Hansen	2003 Suðuroyar Svímjifelag	365		1:05.63	94,11 %
	Entry time: 1:01.98 (+3.65)					
	50m: 30.64	100m: 1:05.63 (34.99)				
4	Jákup í Jákupsstovu	2004 Svímjifelagið Flot	321		1:08.50	97,79 %
	Entry time: 1:07.02 (+1.48)					
	50m: 32.74	100m: 1:08.50 (35.76)				

Kapping almenn: 10.07.2021 11:19:07

### Kapping 26, 100m Frí Menn Opin Bólkur - Finala

FAR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FAR.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012

FM Kravtíð - 300 FINA stig: 01:10.07 - 01:07.13

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
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## Úrslit

### Kapping 26, 100m Frí Menn Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bartal Deboss</b>	2002 Suðuroyar Svímjifelag		579	<b>56.26</b>	103,23 %
	Entry time: 58.14 (-1.88)					
	50m: 26.80	100m: 56.26 (29.46)				
2	<b>Johan Nónskarð Dam</b>	2002 Havnar Svímjifelag		563	<b>56.80</b>	100,66 %
	Entry time: 57.18 (-0.38)					
	50m: 27.48	100m: 56.80 (29.32)				
3	<b>Martin V. Sivertsen</b>	2002 Svímjifelagið Ægir		516	<b>58.46</b>	101,55 %
	Entry time: 59.38 (-0.92)					
	50m: 27.81	100m: 58.46 (30.65)				
4	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir		511	<b>58.66</b>	98,88 %
	Entry time: 58.01 (+0.65)					
	50m: 28.05	100m: 58.66 (30.61)				
5	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		506	<b>58.84</b>	100,36 %
	Entry time: 59.05 (-0.21)					
	50m: 28.23	100m: 58.84 (30.61)				
6	<b>Líggjas Joensen</b>	2008 Svímjifelagið Ægir		406	<b>1:03.32</b>	94,96 %
	Entry time: 1:00.28 (+3.04)					
	50m: 29.80	100m: 1:03.32 (33.52)				

Kapping almenn: 10.07.2021 18:18:10

### Kapping 26, 100m Frí Menn Jr. Y - Finala

FAR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012
FAR.JR	51.91	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	10.07.2012

FM Kravtíð - 300 FINA stig: 01:10.07 - 01:07.13

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir		511	<b>58.66</b>	98,88 %
	Entry time: 58.01 (+0.65)					
	50m: 28.05	100m: 58.66 (30.61)				
2	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		506	<b>58.84</b>	100,36 %
	Entry time: 59.05 (-0.21)					
	50m: 28.23	100m: 58.84 (30.61)				

Kapping almenn: 10.07.2021 18:18:10

### Kapping 27, 400m Blandað Kvinnur Opin Bólkur - Innleiðandi

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA)	Hodmezovasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA)	Hodmezovasarhely (HUN)	06.07.2016

FM Kravtíð - 300 FINA stig: 06:37.88 - 06:26.80

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		477	<b>5:40.85</b>	98,79 % Q
	Entry time: 5:36.78 (+4.07)					
	50m: 34.36	100m: 1:16.83 (42.47)	150m: 2:00.29 (43.46)	200m: 2:43.90 (43.61)		
	250m: 3:32.50 (48.60)	300m: 4:23.44 (50.94)	350m: 5:01.75 (38.31)	400m: 5:40.85 (39.10)		
2	<b>Björt A. Sigurðsson</b>	2004 Svímjifelagið Ægir		432	<b>5:52.26</b>	95,10 % Q
	Entry time: 5:35.82 (+16.44)					
	50m: 38.10	100m: 1:23.98 (45.88)	150m: 2:09.16 (45.18)	200m: 2:54.83 (45.67)		
	250m: 3:43.56 (48.73)	300m: 4:33.52 (49.96)	350m: 5:13.87 (40.35)	400m: 5:52.26 (38.39)		
3	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		396	<b>6:02.45</b>	97,03 % Q
	Entry time: 5:51.99 (+10.46)					
	250m: 3:49.19 (50.03)	100m: 1:28.36 (1:28.36)	150m: 2:13.84 (45.48)	200m: 2:59.16 (45.32)		
		300m: 4:39.54 (50.35)	350m: 5:21.66 (42.12)	400m: 6:02.45 (40.79)		





# Úrslit

## Kapping 27, 400m Blandað Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
-	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag			DSQ	Ójovn beinspark í fi

Kapping almenn: 10.07.2021 11:28:50

## Kapping 27, 400m Blandað Kvinnur Jr. Y - Innleiðandi

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Hodmezoasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Hodmezoasarhely (HUN)	06.07.2016

FM Kravtíð - 300 FINA stig: 06:37.88 - 06:26.80

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur	
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	396		6:02.45	97,03 % Q	
Entry time: 5:51.99 (+10.46)							
	250m: 3:49.19 (50.03)	100m: 1:28.36 (1:28.36)	150m: 2:13.84 (45.48)	200m: 2:59.16 (45.32)	300m: 4:39.54 (50.35)	350m: 5:21.66 (42.12)	400m: 6:02.45 (40.79)
-	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag			DSQ	Ójovn beinspark í fi	

Kapping almenn: 10.07.2021 11:28:50

## Kapping 27, 400m Blandað Kvinnur Jr. E - Innleiðandi

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Hodmezoasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Hodmezoasarhely (HUN)	06.07.2016

FM Kravtíð - 300 FINA stig: 06:37.88 - 06:26.80

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur		
1	Jonna Joensen	2005 Svímjifelagið Ægir	477		5:40.85	98,79 % Q		
Entry time: 5:36.78 (+4.07)								
	50m: 34.36	100m: 1:16.83 (42.47)	150m: 2:00.29 (43.46)	200m: 2:43.90 (43.61)	250m: 3:32.50 (48.60)	300m: 4:23.44 (50.94)	350m: 5:01.75 (38.31)	400m: 5:40.85 (39.10)
2	Bjørn A. Sigurðsson	2004 Svímjifelagið Ægir	432		5:52.26	95,10 % Q		
Entry time: 5:35.82 (+16.44)								
	50m: 38.10	100m: 1:23.98 (45.88)	150m: 2:09.16 (45.18)	200m: 2:54.83 (45.67)	250m: 3:43.56 (48.73)	300m: 4:33.52 (49.96)	350m: 5:13.87 (40.35)	400m: 5:52.26 (38.39)

Kapping almenn: 10.07.2021 11:28:50

## Kapping 27, 400m Blandað Kvinnur Opin Bólkur - Finala

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Hodmezoasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Hodmezoasarhely (HUN)	06.07.2016

FM Kravtíð - 300 FINA stig: 06:37.88 - 06:26.80

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur		
1	Jonna Joensen	2005 Svímjifelagið Ægir	491		5:37.57	100,96 %		
Entry time: 5:40.85 (-3.28)								
	50m: 35.20	100m: 1:15.12 (39.92)	150m: 1:59.06 (43.94)	200m: 2:41.50 (42.44)	250m: 3:31.95 (50.45)	300m: 4:21.44 (49.49)	350m: 4:59.23 (37.79)	400m: 5:37.57 (38.34)
2	Bjørn A. Sigurðsson	2004 Svímjifelagið Ægir	432		5:52.29	99,99 %		
Entry time: 5:52.26 (+0.03)								
	50m: 36.53	100m: 1:22.94 (46.41)	150m: 2:07.76 (44.82)	200m: 2:52.55 (44.79)	250m: 3:42.27 (49.72)	300m: 4:32.17 (49.90)	350m: 5:12.71 (40.54)	400m: 5:52.29 (39.58)
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	406		5:59.53	100,81 %		
Entry time: 6:02.45 (-2.92)								
	50m: 41.30	100m: 1:28.69 (47.39)	150m: 2:13.14 (44.45)	200m: 2:57.92 (44.78)	250m: 3:48.49 (50.57)	300m: 4:39.21 (50.72)	350m: 5:19.16 (39.95)	400m: 5:59.53 (40.37)

Kapping almenn: 10.07.2021 18:30:47

## Kapping 27, 400m Blandað Kvinnur Jr. Y - Finala

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Hodmezoasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA	Hodmezoasarhely (HUN)	06.07.2016

FM Kravtíð - 300 FINA stig: 06:37.88 - 06:26.80





## Úrslit

### Kapping 27, 400m Blandað Kvinnur Jr. Y - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		406	5:59.53	100,81 %
Entry time: 6:02.45 (-2.92)						
	50m: 41.30	100m: 1:28.69 (47.39)		150m: 2:13.14 (44.45)	200m: 2:57.92 (44.78)	
	250m: 3:48.49 (50.57)	300m: 4:39.21 (50.72)		350m: 5:19.16 (39.95)	400m: 5:59.53 (40.37)	
Kapping almenn: 10.07.2021 18:30:47						

### Kapping 27, 400m Blandað Kvinnur Jr. E - Finala

FAR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA)	Hodmezovasarhely (HUN)	06.07.2016
FAR.JR	4:59.73	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA)	Hodmezovasarhely (HUN)	06.07.2016
FM Kravtíð - 300 FINA stig: 06:37.88 - 06:26.80					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Jonna Joensen	2005 Svímjifelagið Ægir		491	5:37.57	100,96 %
Entry time: 5:40.85 (-3.28)						
	50m: 35.20	100m: 1:15.12 (39.92)		150m: 1:59.06 (43.94)	200m: 2:41.50 (42.44)	
	250m: 3:31.95 (50.45)	300m: 4:21.44 (49.49)		350m: 4:59.23 (37.79)	400m: 5:37.57 (38.34)	
2	Bjørn A. Sigurðsson	2004 Svímjifelagið Ægir		432	5:52.29	99,99 %
Entry time: 5:52.26 (+0.03)						
	50m: 36.53	100m: 1:22.94 (46.41)		150m: 2:07.76 (44.82)	200m: 2:52.55 (44.79)	
	250m: 3:42.27 (49.72)	300m: 4:32.17 (49.90)		350m: 5:12.71 (40.54)	400m: 5:52.29 (39.58)	
Kapping almenn: 10.07.2021 18:30:47						

### Kapping 28, 400m Blandað Menn Opin Bólkur - Innleiðandi

FAR	4:30.17	Alvi Hjelm	1996 Ægir Klaksvik (FAR)	Broenshoej (DEN)	15.04.2016
FAR.JR	4:41.42	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Amsterdam (NED)	14.12.2014
FM Kravtíð - 300 FINA stig: 06:04.24 - 05:51.79					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Johan Nónskarð Dam	2002 Havnar Svímjifelag		351	5:45.63	82,91 % Q
Entry time: 4:55.19 (+50.44)						
	50m: 32.17	100m: 1:08.77 (36.60)		150m: 1:59.14 (50.37)	200m: 2:45.47 (46.33)	
	250m: 3:35.22 (49.75)	300m: 4:26.11 (50.89)		350m: 5:06.96 (40.85)	400m: 5:45.63 (38.67)	
2	Rúni Dahl	2004 Suðuroyar Svímjifelag		329	5:52.90	95,46 % Q
Entry time: 5:37.58 (+15.32)						
	50m: 36.74	100m: 1:24.24 (47.50)		150m: 2:11.57 (47.33)	200m: 2:58.26 (46.69)	
	250m: 3:44.54 (46.28)	300m: 4:32.76 (48.22)		350m: 5:13.78 (41.02)	400m: 5:52.90 (39.12)	
3	Fróði Hansen	2008 Fuglafjarðar Svímjifelag		313	5:59.04	92,80 % Q
Entry time: 5:34.93 (+24.11)						
	50m: 40.79	100m: 1:28.37 (47.58)		150m: 2:14.96 (46.59)	200m: 3:00.53 (45.57)	
	250m: 3:49.15 (48.62)	300m: 4:38.43 (49.28)		350m: 5:18.95 (40.52)	400m: 5:59.04 (40.09)	
Kapping almenn: 10.07.2021 11:33:50						

### Kapping 28, 400m Blandað Menn Jr. E - Innleiðandi

FAR	4:30.17	Alvi Hjelm	1996 Ægir Klaksvik (FAR)	Broenshoej (DEN)	15.04.2016
FAR.JR	4:41.42	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Amsterdam (NED)	14.12.2014
FM Kravtíð - 300 FINA stig: 06:04.24 - 05:51.79					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rúni Dahl	2004 Suðuroyar Svímjifelag		329	5:52.90	95,46 % Q
Entry time: 5:37.58 (+15.32)						
	50m: 36.74	100m: 1:24.24 (47.50)		150m: 2:11.57 (47.33)	200m: 2:58.26 (46.69)	
	250m: 3:44.54 (46.28)	300m: 4:32.76 (48.22)		350m: 5:13.78 (41.02)	400m: 5:52.90 (39.12)	
Kapping almenn: 10.07.2021 11:33:50						

### Kapping 28, 400m Blandað Menn Opin Bólkur - Finala







## Úrslit

### Kapping 28, 400m Blandað Menn Opin Bólkur - Finala

FAR 4:30.17 Alvi Hjelm 1996 Ægir Klaksvik (FAR) Broenshoej (DEN) 15.04.2016  
FAR.JR 4:41.42 Óli Mortensen 1996 Havnar Svímjifelag (FAR) Amsterdam (NED) 14.12.2014  
FM Kravtíð - 300 FINA stig: 06:04.24 - 05:51.79

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Johan Nónskarð Dam</b>	2002 Havnar Svímjifelag	448	<b>5:18.47</b>	107,86 %	
	Entry time: 5:45.63 (-27.16)					
	50m: 32.85	100m: 1:08.48 (35.63)	150m: 1:52.48 (44.00)	200m: 2:34.62 (42.14)		
	250m: 3:20.95 (46.33)	300m: 4:07.56 (46.61)	350m: 4:43.01 (35.45)	400m: 5:18.47 (35.46)		
2	<b>Rúni Dahl</b>	2004 Suðuroyar Svímjifelag	418	<b>5:26.04</b>	107,61 %	
	Entry time: 5:52.90 (-26.86)					
	50m: 32.87	100m: 1:14.16 (41.29)	150m: 1:56.09 (41.93)	200m: 2:37.70 (41.61)		
	250m: 3:20.34 (42.64)	300m: 4:07.14 (46.80)	350m: 4:46.10 (38.96)	400m: 5:26.04 (39.94)		
3	<b>Fróði Hansen</b>	2008 Fuglafjarðar Svímjifelag	364	<b>5:41.35</b>	104,93 %	
	Entry time: 5:59.04 (-17.69)					
	50m: 37.19	100m: 1:23.09 (45.90)	150m: 2:07.73 (44.64)	200m: 2:51.02 (43.29)		
	250m: 3:38.91 (47.89)	300m: 4:26.04 (47.13)	350m: 5:04.67 (38.63)	400m: 5:41.35 (36.68)		

Kapping almenn: 10.07.2021 18:38:15

### Kapping 28, 400m Blandað Menn Jr. E - Finala

FAR 4:30.17 Alvi Hjelm 1996 Ægir Klaksvik (FAR) Broenshoej (DEN) 15.04.2016  
FAR.JR 4:41.42 Óli Mortensen 1996 Havnar Svímjifelag (FAR) Amsterdam (NED) 14.12.2014  
FM Kravtíð - 300 FINA stig: 06:04.24 - 05:51.79

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rúni Dahl</b>	2004 Suðuroyar Svímjifelag	418	<b>5:26.04</b>	107,61 %	
	Entry time: 5:52.90 (-26.86)					
	50m: 32.87	100m: 1:14.16 (41.29)	150m: 1:56.09 (41.93)	200m: 2:37.70 (41.61)		
	250m: 3:20.34 (42.64)	300m: 4:07.14 (46.80)	350m: 4:46.10 (38.96)	400m: 5:26.04 (39.94)		

Kapping almenn: 10.07.2021 18:38:15

### Kapping 29, 4x200m Frí Kvinnur Opin Bólkur - Innleiðandi

FAR 8:55.15 Ægir Klaksvik Ægir Klaksvik (FAR) Vagur (FAR) 12.03.2016  
FAR.JR 8:55.15 Ægir Klaksvik Ægir Klaksvik (FAR) Vagur (FAR) 12.03.2016

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur	
1	<b>Hs Kvinnur 2</b>	20		445 Q	<b>10:04.07</b>		
	Eyðrið Mortensen	2003		33.34	1:10.49	2:25.22	2:25.22
	Ronja Ró í Dímun	2004		34.69	1:13.68	2:31.68	4:56.90
	Björg Ólavsdóttir	2004		37.57	1:19.26	2:44.07	7:40.97
	Vár E. Eidesgaard	2001		32.46	1:09.30	2:23.10	10:04.07
2	<b>Ægir 1</b>	21		429 Q	<b>10:11.74</b>		
	Ragnhild Jacobsen	2008		37.84	1:20.83	2:45.30	2:45.30
	Signhild Joensen	2000		32.40	1:08.79	2:21.69	5:06.99
	Durita M. Askham	2008		36.11	1:17.54	5:06.99	
	Róa Trygvadóttir	2008		8:20.97	8:58.13	10:11.74	10:11.74
3	<b>Ægir 2</b>	17		424 Q	<b>10:13.96</b>		
	Björt A. Sigurðsson	2004		34.20	1:11.58	2:29.06	2:29.06
	Sofía Toftegaard	2006		36.98	2:29.06	2:29.06	
	Malan Jóhansdóttir	2004		5:44.37	6:22.63	7:39.22	7:39.22
	Jonna Joensen	2005		35.45	1:15.75	2:34.74	10:13.96





# Úrslit

## Kapping 29, 4x200m Frí Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>4</b>	<b>1 FS</b>	25			349 Q	<b>10:55.18</b>	
	Jóhanna Egholm	1996		33.72	1:11.61	2:31.39	2:31.39
	Margit Højbro	2007		36.54	1:17.25	2:36.35	5:07.74
	Rebekka Róðinsdóttir	2007		36.62	1:21.23	2:52.60	8:00.34
	Birita Vesturtún	2007		38.96	1:23.74	2:54.84	10:55.18
<b>5</b>	<b>1 LD Susvim Gentur</b>	17			307 -	<b>11:23.93</b>	
	Bjarta í Lágabø	2009		38.68	1:22.64	2:51.45	2:51.45
	Silja Bech	2008		39.23	1:24.27	2:56.06	5:47.51
	Bjørk L Sørensen	2004		37.66	1:21.08	5:47.51	
	Elin Christiansen	2004		9:12.46	9:55.45	11:23.93	11:23.93
<b>6</b>	<b>Hs Kvinnur 1</b>	15			246 -	<b>12:15.80</b>	
	Oddvá Sedeá D. Nattestad	2006		39.37	1:26.43		
	Tórun H. Weihe	2009		3:50.72	4:43.71	6:29.40	6:29.40
	Dorteá Dam	2007		38.67	1:23.38	2:48.70	9:18.10
	Jóhanna Katrína Jacobsen	2007		39.51	1:26.73	2:57.70	12:15.80

Kapping almenn: 10.07.2021 12:12:01

## Kapping 29, 4x200m Frí Kvinnur Jr. Y - Innleiðandi

FAR	8:55.15	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)	12.03.2016	
FAR.JR	8:55.15	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)	12.03.2016	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Hs Kvinnur 1</b>	15		246 -	<b>12:15.80</b>	
	Oddvá Sedeá D. Nattestad	2006		39.37	1:26.43	
	Tórun H. Weihe	2009		3:50.72	4:43.71	6:29.40
	Dorteá Dam	2007		38.67	1:23.38	2:48.70
	Jóhanna Katrína Jacobsen	2007		39.51	1:26.73	2:57.70
-	<b>Hs Kvinnur 2</b>	20		445 Q	<b>10:04.07</b>	
	Eyðrið Mortensen	2003		33.34	1:10.49	2:25.22
	Ronja Ró í Dímun	2004		34.69	1:13.68	2:31.68
	Björg Ólavsdóttir	2004		37.57	1:19.26	2:44.07
	Vár E. Eidesgaard	2001		32.46	1:09.30	2:23.10

Kapping almenn: 10.07.2021 12:12:01

## Kapping 29, 4x200m Frí Kvinnur Jr. E - Innleiðandi

FAR	8:55.15	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)	12.03.2016	
FAR.JR	8:55.15	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)	12.03.2016	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Ægir 2</b>	17		424 Q	<b>10:13.96</b>	
	Björt A. Sigurðsson	2004		34.20	1:11.58	2:29.06
	Sofía Toftegaard	2006		36.98	2:29.06	2:29.06
	Malan Jóhansdóttir	2004		5:44.37	6:22.63	7:39.22
	Jonna Joensen	2005		35.45	1:15.75	2:34.74



## Úrslit

### Kapping 29, 4x200m Frí Kvinnur Jr. E - Innleiðandi

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
2	1 LD Susvim Gentur	17			307 -	11:23.93	
	Bjarta Í Lágabø	2009		38.68	1:22.64	2:51.45	2:51.45
	Silja Bech	2008		39.23	1:24.27	2:56.06	5:47.51
	Bjørk L Sørensen	2004		37.66	1:21.08	5:47.51	
	Elin Christiansen	2004		9:12.46	9:55.45	11:23.93	11:23.93

Kapping almenn: 10.07.2021 12:12:01

### Kapping 29, 4x200m Frí Kvinnur Opin Bólkur - Finala

FAR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)		12.03.2016	
FAR.JR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)		12.03.2016	
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
1	Ægir 1	21			555	9:21.57	108,20
	Malan Jóhansdóttir	2004		33.08	1:09.80	2:25.43	2:25.43
	Róa Trygvadóttir	2008		32.14	1:07.62	2:19.15	4:44.58
	Signhild Joensen	2000		30.72	1:04.69	2:15.76	7:00.34
	Jonna Joensen	2005		31.26	1:07.35	2:21.23	9:21.57
2	Hs Kvinnur 2	20			527	9:31.22	105,44
	Ronja Ró Í Dímun	2004		32.05	1:08.04	2:21.32	2:21.32
	Björg Ólavsdóttir	2004		34.90	1:14.57	2:42.80	5:04.12
	Eyðrið Mortensen	2003		29.77	1:04.33	2:17.64	7:21.76
	Vár E. Eidesgaard	2001		28.63	1:01.86	2:09.46	9:31.22
3	1 FS	25			424	10:14.11	106,27
	Jóhanna Egholm	1996		32.91	1:09.43	2:30.18	2:30.18
	Margit Højbro	2007		33.20	1:11.69	2:30.65	5:00.83
	Rebekka Róðinsdóttir	2007		35.16	1:16.15	2:37.24	7:38.07
	Birita Vesturtún	2007		34.24	1:14.05	2:36.04	10:14.11
4	Ægir 2	17			398	10:27.36	97,82 %
	Bjørn A. Sigurðsson	2004		33.26	1:10.81	3:02.20	3:02.20
	Durita M. Askham	2008		3:02.20	41.06	2:04.38	5:06.58
	Ragnhild Jacobsen	2008		35.84	1:17.27	2:43.41	7:49.99
	Sofía Toftegaard	2006		34.22	1:14.47	2:37.37	10:27.36

Kapping almenn: 10.07.2021 19:09:07

### Kapping 29, 4x200m Frí Kvinnur Jr. Y - Finala

FAR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)		12.03.2016	
FAR.JR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)		12.03.2016	
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
-	Hs Kvinnur 2	20			527	9:31.22	105,44
	Ronja Ró Í Dímun	2004		32.05	1:08.04	2:21.32	2:21.32
	Björg Ólavsdóttir	2004		34.90	1:14.57	2:42.80	5:04.12
	Eyðrið Mortensen	2003		29.77	1:04.33	2:17.64	7:21.76
	Vár E. Eidesgaard	2001		28.63	1:01.86	2:09.46	9:31.22

Kapping almenn: 10.07.2021 19:09:07

### Kapping 29, 4x200m Frí Kvinnur Jr. E - Finala





# Úrslit

## Kapping 29, 4x200m Frí Kvinnur Jr. E - Finala

FAR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	12.03.2016
FAR.JR	8:55.15	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	12.03.2016
<b>Raðf</b>	<b>Navn</b>	<b>Aldur</b>	<b>Felag</b>	<b>FINA</b>	<b>Tíð Munur</b>
<b>1</b>	<b>Ægir 2</b>	17		398	<b>10:27.36</b> 97,82 %
	Bjørt A. Sigurðsson	2004		33.26	1:10.81 3:02.20 3:02.20
	Durita M. Askham	2008		3:02.20	41.06 2:04.38 5:06.58
	Ragnhild Jacobsen	2008		35.84	1:17.27 2:43.41 7:49.99
	Sofía Toftegaard	2006		34.22	1:14.47 2:37.37 10:27.36

Kapping almenn: 10.07.2021 19:09:07

## Kapping 30, 4x200m Frí Menn Opin Bólkur - Innleiðandi

FAR	8:01.67	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	26.04.2019
FAR.JR	8:38.50	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	04.07.2020
<b>Raðf</b>	<b>Navn</b>	<b>Aldur</b>	<b>Felag</b>	<b>FINA</b>	<b>Tíð Munur</b>
<b>1</b>	<b>Hs Menn 1</b>	16		412 Q	<b>9:22.09</b>
	Dávid Gislason	2005		32.02	1:06.95 2:17.64 2:17.64
	Villiam Marius Samuelsen	2005		30.84	1:06.91 2:18.66 4:36.30
	Áki Eliassen	2006		31.75	1:09.09 4:36.30
	Isak Brisenfeldt	2006		7:31.67	8:09.30 9:22.09 9:22.09
<b>2</b>	<b>Susvim Dreingir</b>	18		316 -	<b>10:14.41</b>
	Rúni Dahl	2004		35.43	1:13.97 2:31.43 2:31.43
	Heini Hansen	2003		35.61	1:17.08 2:31.43
	Teitur Winther	2005		5:46.54	6:28.12 7:46.70 7:46.70
	Hans Jacob Hjelm	2003		33.15	1:10.68 2:27.71 10:14.41
<b>3</b>	<b>Harrar Susvim</b>	29		313 Q	<b>10:15.92</b>
	Rani Jacobsen	2001		34.26	1:14.46 2:33.85 2:33.85
	Jón Hofgaard	1992		35.16	1:13.04 2:33.07 5:06.92
	Jóannes Clementsen	2007		40.64	1:27.30 2:58.77 8:05.69
	Bartal Debess	2002		29.97	1:03.47 2:10.23 10:15.92
<b>4</b>	<b>Hs Menn 2</b>	16		300 Q	<b>10:24.68</b>
	Silas Dam Lindberg	2008		34.99	1:15.02 2:32.09 2:32.09
	Snorri Fríðheim Mortensen	2005		35.07	1:13.56 2:28.40 5:00.49
	Ari Rasmussen Weihe	2005		38.90	1:22.38 2:46.33 7:46.82
	Markus Bárðarson Dahl	2005		7:46.82	1:16.66 2:37.86 10:24.68
<b>5</b>	<b>Flot</b>	22		286 Q	<b>10:34.76</b>
	Karl Joensen	2005		32.16	1:07.69 2:18.78 2:18.78
	Lukas Bessason	2007		33.57	1:10.75 2:28.20 4:46.98
	Jákup Í Jákupsstovu	2004		39.12	1:21.19 2:48.10 7:35.08
	Otto Jacobsen	1999		41.31	1:26.27 2:59.68 10:34.76
<b>6</b>	<b>Ægir 1</b>	19		227 Q	<b>11:26.04</b>
	Hanus Lydersen	2006		37.14	1:20.02 2:48.75 2:48.75
	Líggjas Joensen	2008		35.87	2:48.75 1:58.21 4:46.96
	Heini M. Askham	2006		4:46.96	1:17.16 3:03.11 7:50.07
	Martin V. Sivertsen	2002		48.95	2:17.35 3:35.97 11:26.04

Kapping almenn: 10.07.2021 12:26:46





# Úrslit

## Kapping 30, 4x200m Frí Menn Jr. Y - Innleiðandi

FAR	8:01.67	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	26.04.2019	
FAR.JR	8:38.50	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	04.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Hs Menn 1</b>	16		412 Q	<b>9:22.09</b>	
	Dávid Gislason	2005		32.02	1:06.95	2:17.64
	Villiam Marius Samuelsen	2005		30.84	1:06.91	2:18.66
	Áki Eliassen	2006		31.75	1:09.09	4:36.30
	Isak Brisenfeldt	2006		7:31.67	8:09.30	9:22.09
<b>2</b>	<b>Hs Menn 2</b>	16		300 Q	<b>10:24.68</b>	
	Silas Dam Lindberg	2008		34.99	1:15.02	2:32.09
	Snorri Fríðheim Mortensen	2005		35.07	1:13.56	2:28.40
	Ari Rasmussen Weihe	2005		38.90	1:22.38	2:46.33
	Markus Bárðarson Dahl	2005		7:46.82	1:16.66	2:37.86

Kapping almenn: 10.07.2021 12:26:46

## Kapping 30, 4x200m Frí Menn Jr. E - Innleiðandi

FAR	8:01.67	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	26.04.2019	
FAR.JR	8:38.50	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	04.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Susvim Dreingir</b>	18		316 -	<b>10:14.41</b>	
	Rúni Dahl	2004		35.43	1:13.97	2:31.43
	Heini Hansen	2003		35.61	1:17.08	2:31.43
	Teitur Winther	2005		5:46.54	6:28.12	7:46.70
	Hans Jacob Hjelm	2003		33.15	1:10.68	2:27.71

Kapping almenn: 10.07.2021 12:26:46

## Kapping 30, 4x200m Frí Menn Opin Bólkur - Finala

FAR	8:01.67	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	26.04.2019	
FAR.JR	8:38.50	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	04.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Hs Menn 1</b>	19		509	<b>8:44.18</b>	106,74
	Áki Eliassen	2006		30.50	1:04.97	2:16.43
	Isak Brisenfeldt	2006		30.72	1:05.47	2:11.44
	Villiam Marius Samuelsen	2005		28.83	1:01.63	2:09.92
	Johan Nónskarð Dam	2002		28.54	1:00.68	2:06.39
<b>2</b>	<b>Harrar Susvim</b>	29		472	<b>8:57.56</b>	112,72
	Rúni Dahl	2004		30.13	1:04.39	2:17.96
	Jón Hofgaard	1992		29.72	1:02.19	2:10.47
	Teitur Winther	2005		30.18	1:05.06	2:19.01
	Bartal Debess	2002		28.57	1:00.96	2:10.12
<b>3</b>	<b>Ægir 1</b>	19		447	<b>9:07.05</b>	120,26
	Martin V. Sivertsen	2002		29.24	1:02.67	2:12.16
	Heini M. Askham	2006		28.63	1:00.78	2:10.98
	Líggjas Joensen	2008		30.60	1:05.67	2:16.77
	Hanus Lydersen	2006		30.61	1:08.76	2:27.14





## Úrslit

### Kapping 30, 4x200m Frí Menn Opín Bólkur - Finala

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>4</b>	<b>Hs Menn 2</b>	16		373	<b>9:41.30</b>	106,94
	Snorri Fríðheim Mortensen	2005		32.51	1:09.16	2:22.75
	Dávid Gíslason	2005		31.21	1:05.25	2:15.21
	Ari Rasmussen Weihe	2005		4:37.96	1:16.67	2:34.23
	Markus Bárðarson Dahl	2005		32.87	1:11.16	2:29.11
<b>5</b>	<b>Flot</b>	22		372	<b>9:41.81</b>	108,34
	Karl Joensen	2005		30.36	1:05.27	2:18.22
	Lukas Bessason	2007		29.43	1:03.61	2:22.23
	Jákup Í Jákupsstovu	2004		33.75	1:11.56	2:32.48
	Otto Jacobsen	1999		32.68	1:11.17	2:28.88

Kapping almenn: 10.07.2021 19:20:36

### Kapping 30, 4x200m Frí Menn Jr. Y - Finala

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
FAR	8:01.67	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	26.04.2019	
FAR.JR	8:38.50	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	04.07.2020	
<b>1</b>	<b>Hs Menn 2</b>	16		373	<b>9:41.30</b>	106,94
	Snorri Fríðheim Mortensen	2005		32.51	1:09.16	2:22.75
	Dávid Gíslason	2005		31.21	1:05.25	2:15.21
	Ari Rasmussen Weihe	2005		4:37.96	1:16.67	2:34.23
	Markus Bárðarson Dahl	2005		32.87	1:11.16	2:29.11
<b>-</b>	<b>Hs Menn 1</b>	19		509	<b>8:44.18</b>	106,74
	Áki Eliassen	2006		30.50	1:04.97	2:16.43
	Isak Brisenfeldt	2006		30.72	1:05.47	2:11.44
	Villiam Marius Samuelsen	2005		28.83	1:01.63	2:09.92
	Johan Nónskarð Dam	2002		28.54	1:00.68	2:06.39

Kapping almenn: 10.07.2021 19:20:36

### Kapping 31, 1500m Frí Kvinnur Opín Bólkur - Tíðar Finala

FAR	17:25.28	Vár Erlingsdóttir Eidesga	2001	Havnar Svímjifelag (FAR)	Broenshoej (DEN)	13.04.2016
FAR.JR	17:25.28	Vár Erlingsdóttir Eidesga	2001	Havnar Svímjifelag (FAR)	Broenshoej (DEN)	13.04.2016

FM Kravtíð - 300 FINA stig: 22:55.01 - 22:53.86

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
<b>1</b>	<b>Vár E. Eidesgaard</b>	2001 Havnar Svímjifelag	522	<b>19:02.64</b>	90,98 %	
	Entry time: 17:28.07	(+1:34.57)				
	50m: 32.96	100m: 1:10.00 (37.04)		150m: 1:48.15 (38.15)	200m: 2:26.37 (38.22)	
	250m: 3:04.50 (38.13)	300m: 3:42.81 (38.31)		350m: 4:21.06 (38.25)	400m: 4:59.11 (38.05)	
	450m: 5:37.52 (38.41)	500m: 6:16.00 (38.48)		550m: 6:54.46 (38.46)	600m: 7:32.64 (38.18)	
	650m: 8:11.08 (38.44)	700m: 8:48.96 (37.88)		750m: 9:27.17 (38.21)	800m: 10:05.93 (38.76)	
	850m: 10:44.68 (38.75)	900m: 11:23.02 (38.34)		950m: 12:01.90 (38.88)	1000m: 12:40.15 (38.25)	
	1050m: 13:19.02 (38.87)	1100m: 13:57.85 (38.83)		1150m: 14:36.64 (38.79)	1200m: 15:15.12 (38.48)	
	1250m: 15:54.03 (38.91)	1300m: 16:32.48 (38.45)		1350m: 17:10.79 (38.31)	1400m: 17:48.65 (37.86)	
	1450m: 18:25.80 (37.15)	1500m: 19:02.64 (36.84)				





# Úrslit

## Kapping 31, 1500m Frí Kvinnur Opin Bólkur - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	<b>Björt A. Sigurðsson</b>	2004 Svímjifelagið Ægir		422	<b>20:26.26</b>	96,52 %
Entry time: 19:45.03 (+41.23)						
	50m: 35.41	100m: 1:14.59 (39.18)	150m: 1:54.49 (39.90)		200m: 2:35.03 (40.54)	
	250m: 3:15.22 (40.19)	300m: 3:55.80 (40.58)	350m: 4:36.67 (40.87)		400m: 5:17.94 (41.27)	
	450m: 5:58.75 (40.81)	500m: 6:39.76 (41.01)	550m: 7:21.21 (41.45)		600m: 8:03.01 (41.80)	
	650m: 8:44.36 (41.35)	700m: 9:25.78 (41.42)	750m: 10:07.13 (41.35)		800m: 10:48.67 (41.54)	
	850m: 11:30.49 (41.82)	900m: 12:12.30 (41.81)	950m: 12:54.08 (41.78)		1000m: 13:35.84 (41.76)	
	1050m: 14:17.85 (42.01)	1100m: 14:59.36 (41.51)	1150m: 15:40.75 (41.39)		1200m: 16:22.36 (41.61)	
	1250m: 17:04.10 (41.74)	1300m: 17:45.24 (41.14)	1350m: 18:26.10 (40.86)		1400m: 19:07.32 (41.22)	
	1450m: 19:47.59 (40.27)	1500m: 20:26.26 (38.67)				
3	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		341	<b>21:57.19</b>	
	50m: 36.64	100m: 1:18.58 (41.94)	150m: 2:01.71 (43.13)		200m: 2:44.09 (42.38)	
	250m: 3:27.45 (43.36)	300m: 4:10.49 (43.04)	350m: 4:54.85 (44.36)		400m: 5:38.83 (43.98)	
	450m: 6:23.62 (44.79)	500m: 7:07.71 (44.09)	550m: 7:51.69 (43.98)		600m: 8:36.23 (44.54)	
	650m: 9:21.15 (44.92)	700m: 10:05.68 (44.53)	750m: 10:50.65 (44.97)		800m: 11:34.42 (43.77)	
	850m: 12:20.03 (45.61)	900m: 13:03.55 (43.52)	950m: 13:48.81 (45.26)		1000m: 14:33.99 (45.18)	
	1050m: 15:19.23 (45.24)	1100m: 16:04.97 (45.74)	1150m: 16:50.38 (45.41)		1200m: 17:35.42 (45.04)	
	1250m: 18:21.27 (45.85)	1300m: 19:05.78 (44.51)	1350m: 19:46.95 (41.17)		1400m: 20:29.71 (42.76)	
	1450m: 21:13.47 (43.76)	1500m: 21:57.19 (43.72)				
4	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svímjifelag		250	<b>24:19.52</b>	
	50m: 39.49	100m: 1:28.00 (48.51)	150m: 2:15.29 (47.29)		200m: 3:02.96 (47.67)	
	250m: 3:52.26 (49.30)	300m: 4:40.41 (48.15)	350m: 5:28.13 (47.72)		400m: 6:15.89 (47.76)	
	450m: 7:05.61 (49.72)	500m: 7:55.87 (50.26)	550m: 8:44.58 (48.71)		600m: 9:34.12 (49.54)	
	650m: 10:23.87 (49.75)	700m: 11:11.51 (47.64)	750m: 12:01.48 (49.97)		800m: 12:52.12 (50.64)	
	850m: 13:42.43 (50.31)	900m: 14:31.24 (48.81)	950m: 15:21.96 (50.72)		1000m: 16:12.74 (50.78)	
	1050m: 17:01.69 (48.95)	1100m: 17:50.85 (49.16)	1150m: 18:40.28 (49.43)		1200m: 19:30.36 (50.08)	
	1250m: 20:19.63 (49.27)	1300m: 21:09.23 (49.60)	1350m: 21:58.10 (48.87)		1400m: 22:46.24 (48.14)	
	1450m: 23:33.62 (47.38)	1500m: 24:19.52 (45.90)				

Kapping almenn: 11.07.2021 08:58:43

## Kapping 31, 1500m Frí Kvinnur Jr. Y - Tíðar Finala

FAR	17:25.28	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Broenshoej (DEN)	13.04.2016
FAR.JR	17:25.28	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Broenshoej (DEN)	13.04.2016
FM Kravtíð	- 300 FINA stig: 22:55.01 - 22:53.86				

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		341	<b>21:57.19</b>	
	50m: 36.64	100m: 1:18.58 (41.94)	150m: 2:01.71 (43.13)		200m: 2:44.09 (42.38)	
	250m: 3:27.45 (43.36)	300m: 4:10.49 (43.04)	350m: 4:54.85 (44.36)		400m: 5:38.83 (43.98)	
	450m: 6:23.62 (44.79)	500m: 7:07.71 (44.09)	550m: 7:51.69 (43.98)		600m: 8:36.23 (44.54)	
	650m: 9:21.15 (44.92)	700m: 10:05.68 (44.53)	750m: 10:50.65 (44.97)		800m: 11:34.42 (43.77)	
	850m: 12:20.03 (45.61)	900m: 13:03.55 (43.52)	950m: 13:48.81 (45.26)		1000m: 14:33.99 (45.18)	
	1050m: 15:19.23 (45.24)	1100m: 16:04.97 (45.74)	1150m: 16:50.38 (45.41)		1200m: 17:35.42 (45.04)	
	1250m: 18:21.27 (45.85)	1300m: 19:05.78 (44.51)	1350m: 19:46.95 (41.17)		1400m: 20:29.71 (42.76)	
	1450m: 21:13.47 (43.76)	1500m: 21:57.19 (43.72)				
2	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svímjifelag		250	<b>24:19.52</b>	
	50m: 39.49	100m: 1:28.00 (48.51)	150m: 2:15.29 (47.29)		200m: 3:02.96 (47.67)	
	250m: 3:52.26 (49.30)	300m: 4:40.41 (48.15)	350m: 5:28.13 (47.72)		400m: 6:15.89 (47.76)	
	450m: 7:05.61 (49.72)	500m: 7:55.87 (50.26)	550m: 8:44.58 (48.71)		600m: 9:34.12 (49.54)	
	650m: 10:23.87 (49.75)	700m: 11:11.51 (47.64)	750m: 12:01.48 (49.97)		800m: 12:52.12 (50.64)	
	850m: 13:42.43 (50.31)	900m: 14:31.24 (48.81)	950m: 15:21.96 (50.72)		1000m: 16:12.74 (50.78)	
	1050m: 17:01.69 (48.95)	1100m: 17:50.85 (49.16)	1150m: 18:40.28 (49.43)		1200m: 19:30.36 (50.08)	
	1250m: 20:19.63 (49.27)	1300m: 21:09.23 (49.60)	1350m: 21:58.10 (48.87)		1400m: 22:46.24 (48.14)	
	1450m: 23:33.62 (47.38)	1500m: 24:19.52 (45.90)				

Kapping almenn: 11.07.2021 08:58:43

## Kapping 31, 1500m Frí Kvinnur Jr. E - Tíðar Finala

FAR	17:25.28	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Broenshoej (DEN)	13.04.2016
FAR.JR	17:25.28	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Broenshoej (DEN)	13.04.2016
FM Kravtíð	- 300 FINA stig: 22:55.01 - 22:53.86				

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
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11-07-2021 15:24:02

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svímjifelag

Síða 71/95





## Úrslit

### Kapping 31, 1500m Frí Kvinnur Jr. E - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Björt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	422		<b>20:26.26</b>	96,52 %
Entry time: 19:45.03 (+41.23)						
	50m: 35.41	100m: 1:14.59 (39.18)	150m: 1:54.49 (39.90)	200m: 2:35.03 (40.54)		
	250m: 3:15.22 (40.19)	300m: 3:55.80 (40.58)	350m: 4:36.67 (40.87)	400m: 5:17.94 (41.27)		
	450m: 5:58.75 (40.81)	500m: 6:39.76 (41.01)	550m: 7:21.21 (41.45)	600m: 8:03.01 (41.80)		
	650m: 8:44.36 (41.35)	700m: 9:25.78 (41.42)	750m: 10:07.13 (41.35)	800m: 10:48.67 (41.54)		
	850m: 11:30.49 (41.82)	900m: 12:12.30 (41.81)	950m: 12:54.08 (41.78)	1000m: 13:35.84 (41.76)		
	1050m: 14:17.85 (42.01)	1100m: 14:59.36 (41.51)	1150m: 15:40.75 (41.39)	1200m: 16:22.36 (41.61)		
	1250m: 17:04.10 (41.74)	1300m: 17:45.24 (41.14)	1350m: 18:26.10 (40.86)	1400m: 19:07.32 (41.22)		
	1450m: 19:47.59 (40.27)	1500m: 20:26.26 (38.67)				

Kapping almenn: 11.07.2021 08:58:43

### Kapping 32, 800m Frí Menn Opin Bólkur - Tíðar Finala

FAR	7:45.55	Pal Joensen	1990 Suðuroyar Svímjifelag (FA)	Shanghai (CHN)	26.07.2011
FAR.JR	8:13.75	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Canet-En-Roussillon (FRA)	12.06.2014
FM Kravtíð - 300 FINA stig: 11:15.37 - 11:02.38					

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Johan Nónskarð Dam</b>	2002 Havnar Svímjifelag	561		<b>9:07.90</b>	95,83 %
Entry time: 8:45.96 (+21.94)						
	50m: 30.75	100m: 1:04.49 (33.74)	150m: 1:38.82 (34.33)	200m: 2:13.53 (34.71)		
	250m: 2:48.50 (34.97)	300m: 3:23.92 (35.42)	350m: 3:59.00 (35.08)	400m: 4:33.79 (34.79)		
	450m: 5:08.40 (34.61)	500m: 5:43.35 (34.95)	550m: 6:17.47 (34.12)	600m: 6:52.00 (34.53)		
	650m: 7:26.52 (34.52)	700m: 8:01.09 (34.57)	750m: 8:35.11 (34.02)	800m: 9:07.90 (32.79)		
2	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir	504		<b>9:27.90</b>	100,15 %
Entry time: 9:28.73 (-0.83)						
	50m: 31.49	100m: 1:06.80 (35.31)	150m: 1:43.29 (36.49)	200m: 2:20.16 (36.87)		
	250m: 2:56.61 (36.45)	300m: 3:33.10 (36.49)	350m: 4:09.01 (35.91)	400m: 4:45.20 (36.19)		
	450m: 5:21.46 (36.26)	500m: 5:57.73 (36.27)	550m: 6:33.68 (35.95)	600m: 7:09.14 (35.46)		
	650m: 7:44.24 (35.10)	700m: 8:19.83 (35.59)	750m: 8:54.30 (34.47)	800m: 9:27.90 (33.60)		
3	<b>Dávid Gislasón</b>	2005 Havnar Svímjifelag	460		<b>9:45.29</b>	101,41 %
Entry time: 9:53.64 (-8.35)						
	50m: 32.30	100m: 1:08.16 (35.86)	150m: 1:45.40 (37.24)	200m: 2:22.08 (36.68)		
	250m: 2:59.49 (37.41)	300m: 3:36.61 (37.12)	350m: 4:13.73 (37.12)	400m: 4:50.82 (37.09)		
	450m: 5:28.23 (37.41)	500m: 6:05.49 (37.26)	550m: 6:42.57 (37.08)	600m: 7:19.84 (37.27)		
	650m: 7:57.13 (37.29)	700m: 8:34.04 (36.91)	750m: 9:10.11 (36.07)	800m: 9:45.29 (35.18)		
4	<b>Líggjas Joensen</b>	2008 Svímjifelagið Ægir	454		<b>9:47.85</b>	104,23 %
Entry time: 10:13.84 (-25.99)						
	50m: 34.09	100m: 1:11.69 (37.60)	150m: 1:49.54 (37.85)	200m: 2:27.04 (37.50)		
	250m: 3:04.34 (37.30)	300m: 3:41.98 (37.64)	350m: 4:19.07 (37.09)	400m: 4:56.66 (37.59)		
	450m: 5:33.97 (37.31)	500m: 6:11.40 (37.43)	550m: 6:49.10 (37.70)	600m: 7:26.35 (37.25)		
	650m: 8:03.44 (37.09)	700m: 8:40.42 (36.98)	750m: 9:16.15 (35.73)	800m: 9:47.85 (31.70)		
5	<b>Fróði Hansen</b>	2008 Fuglafjarðar Svímjifelag	414		<b>10:06.14</b>	97,94 %
Entry time: 9:53.89 (+12.25)						
	50m: 33.48	100m: 1:10.77 (37.29)	150m: 1:48.47 (37.70)	200m: 2:26.47 (38.00)		
	250m: 3:05.01 (38.54)	300m: 3:43.66 (38.65)	350m: 4:22.21 (38.55)	400m: 5:00.83 (38.62)		
	450m: 5:39.23 (38.40)	500m: 6:18.01 (38.78)	550m: 6:56.89 (38.88)	600m: 7:35.83 (38.94)		
	650m: 8:14.23 (38.40)	700m: 8:53.10 (38.87)	750m: 9:30.21 (37.11)	800m: 10:06.14 (35.93)		
6	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag	405		<b>10:10.99</b>	100,43 %
Entry time: 10:13.62 (-2.63)						
	50m: 34.13	100m: 1:12.13 (38.00)	150m: 1:50.44 (38.31)	200m: 2:27.24 (36.80)		
	250m: 3:05.09 (37.85)	300m: 3:43.19 (38.10)	350m: 4:21.57 (38.38)	400m: 5:00.59 (39.02)		
	450m: 5:39.93 (39.34)	500m: 6:19.31 (39.38)	550m: 6:59.10 (39.79)	600m: 7:38.80 (39.70)		
	650m: 8:16.71 (37.91)	700m: 8:55.01 (38.30)	750m: 9:33.68 (38.67)	800m: 10:10.99 (37.31)		







## Úrslit

### Kapping 32, 800m Frí Menn Opin Bólkur - Tíðar Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
7	<b>Bárður Ólavsson</b>	2008 Fuglafjarðar Svímjifelag	374		<b>10:27.19</b>	97,14 %
	Entry time: 10:09.76 (+17.43)					
	50m: 33.89	100m: 1:11.91 (38.02)	150m: 1:51.12 (39.21)	200m: 2:30.38 (39.26)		
	250m: 3:09.76 (39.38)	300m: 3:49.82 (40.06)	350m: 4:30.58 (40.76)	400m: 5:10.85 (40.27)		
	450m: 5:50.80 (39.95)	500m: 6:30.64 (39.84)	550m: 7:10.88 (40.24)	600m: 7:51.32 (40.44)		
	650m: 8:30.51 (39.19)	700m: 9:09.36 (38.85)	750m: 9:48.94 (39.58)	800m: 10:27.19 (38.25)		
8	<b>Sílas Dam Lindberg</b>	2008 Havnar Svímjifelag	305		<b>11:11.11</b>	99,15 %
	Entry time: 11:05.48 (+5.63)					
	50m: 35.64	100m: 1:16.29 (40.65)	150m: 1:59.47 (43.18)	200m: 2:42.22 (42.75)		
	250m: 3:26.35 (44.13)	300m: 4:09.75 (43.40)	350m: 4:53.46 (43.71)	400m: 5:36.30 (42.84)		
	450m: 6:17.78 (41.48)	500m: 7:01.43 (43.65)	550m: 7:43.82 (42.39)	600m: 8:26.41 (42.59)		
	650m: 9:08.44 (42.03)	700m: 9:47.75 (39.31)	750m: 10:30.89 (43.14)	800m: 11:11.11 (40.22)		

Kapping almenn: 11.07.2021 09:20:22

### Kapping 32, 800m Frí Menn Jr. Y - Tíðar Finala

FAR	7:45.55	Pal Joensen	1990 Suðuroyar Svímjifelag (FA)	Shanghai (CHN)	26.07.2011
FAR.JR	8:13.75	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Canet-En-Roussillon (FRA)	12.06.2014

FM Kravtíð - 300 FINA stig: 11:15.37 - 11:02.38

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir	504		<b>9:27.90</b>	100,15 %
	Entry time: 9:28.73 (-0.83)					
	50m: 31.49	100m: 1:06.80 (35.31)	150m: 1:43.29 (36.49)	200m: 2:20.16 (36.87)		
	250m: 2:56.61 (36.45)	300m: 3:33.10 (36.49)	350m: 4:09.01 (35.91)	400m: 4:45.20 (36.19)		
	450m: 5:21.46 (36.26)	500m: 5:57.73 (36.27)	550m: 6:33.68 (35.95)	600m: 7:09.14 (35.46)		
	650m: 7:44.24 (35.10)	700m: 8:19.83 (35.59)	750m: 8:54.30 (34.47)	800m: 9:27.90 (33.60)		
2	<b>Dávid Gíslason</b>	2005 Havnar Svímjifelag	460		<b>9:45.29</b>	101,41 %
	Entry time: 9:53.64 (-8.35)					
	50m: 32.30	100m: 1:08.16 (35.86)	150m: 1:45.40 (37.24)	200m: 2:22.08 (36.68)		
	250m: 2:59.49 (37.41)	300m: 3:36.61 (37.12)	350m: 4:13.73 (37.12)	400m: 4:50.82 (37.09)		
	450m: 5:28.23 (37.41)	500m: 6:05.49 (37.26)	550m: 6:42.57 (37.08)	600m: 7:19.84 (37.27)		
	650m: 7:57.13 (37.29)	700m: 8:34.04 (36.91)	750m: 9:10.11 (36.07)	800m: 9:45.29 (35.18)		
3	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag	405		<b>10:10.99</b>	100,43 %
	Entry time: 10:13.62 (-2.63)					
	50m: 34.13	100m: 1:12.13 (38.00)	150m: 1:50.44 (38.31)	200m: 2:27.24 (36.80)		
	250m: 3:05.09 (37.85)	300m: 3:43.19 (38.10)	350m: 4:21.57 (38.38)	400m: 5:00.59 (39.02)		
	450m: 5:39.93 (39.34)	500m: 6:19.31 (39.38)	550m: 6:59.10 (39.79)	600m: 7:38.80 (39.70)		
	650m: 8:16.71 (37.91)	700m: 8:55.01 (38.30)	750m: 9:33.68 (38.67)	800m: 10:10.99 (37.31)		

Kapping almenn: 11.07.2021 09:20:22

### Kapping 33, 200m Firvald Kvinnur Opin Bólkur - Innleiðandi

FAR	2:27.37	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Vagur (FAR)	28.04.2019
FAR.JR	2:28.40	Jana Bjartalíð Thomsen	2000 Ægir Klaksvík (FAR)	Vagur (FAR)	04.03.2017

FM Kravtíð - 300 FINA stig: 03:01.96 - 02:58.67

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Malan Jóhansdóttir</b>	2004 Svímjifelagið Ægir	465		<b>2:37.14</b>	98,08 % Q
	Entry time: 2:34.18 (+2.96)					
	50m: 34.04	100m: 1:13.44 (39.40)	150m: 1:54.68 (41.24)	200m: 2:37.14 (42.46)		
2	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir	424		<b>2:42.11</b>	96,57 % Q
	Entry time: 2:36.74 (+5.37)					
	50m: 34.78	100m: 1:17.11 (42.33)	150m: 1:59.07 (41.96)	200m: 2:42.11 (43.04)		
3	<b>Róa Trygvadóttir</b>	2008 Svímjifelagið Ægir	355		<b>2:51.97</b>	99,60 % Q
	Entry time: 2:51.29 (+0.68)					
	50m: 38.15	100m: 1:23.96 (45.81)		200m: 2:51.97 (2:51.97)		

Kapping almenn: 11.07.2021 09:24:15





# Úrslit

## Kapping 33, 200m Firvald Kvinnur Jr. E - Innleiðandi

FAR 2:27.37 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Vagur (FAR) 28.04.2019  
FAR.JR 2:28.40 Jana Bjartalíð Thomsen 2000 Ægir Klaksvík (FAR) Vagur (FAR) 04.03.2017  
FM Kravtíð - 300 FINA stig: 03:01.96 - 02:58.67

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Malan Jóhansdóttir</b>	2004 Svímjifelagið Ægir	465		<b>2:37.14</b>	98,08 % Q
	Entry time: 2:34.18 (+2.96)					
	50m: 34.04	100m: 1:13.44 (39.40)	150m: 1:54.68 (41.24)	200m: 2:37.14 (42.46)		
2	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir	424		<b>2:42.11</b>	96,57 % Q
	Entry time: 2:36.74 (+5.37)					
	50m: 34.78	100m: 1:17.11 (42.33)	150m: 1:59.07 (41.96)	200m: 2:42.11 (43.04)		

Kapping almenn: 11.07.2021 09:24:15

## Kapping 33, 200m Firvald Kvinnur Opin Bólkur - Finala

FAR 2:27.37 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Vagur (FAR) 28.04.2019  
FAR.JR 2:28.40 Jana Bjartalíð Thomsen 2000 Ægir Klaksvík (FAR) Vagur (FAR) 04.03.2017  
FM Kravtíð - 300 FINA stig: 03:01.96 - 02:58.67

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir	523		<b>2:31.17</b>	106,75 %
	Entry time: 2:42.11 (-10.94)					
	50m: 32.80	100m: 1:10.66 (37.86)	150m: 1:50.90 (40.24)	200m: 2:31.17 (40.27)		
2	<b>Malan Jóhansdóttir</b>	2004 Svímjifelagið Ægir	463		<b>2:37.42</b>	99,82 %
	Entry time: 2:37.14 (+0.28)					
	50m: 33.80	100m: 1:12.40 (38.60)	150m: 1:54.02 (41.62)	200m: 2:37.42 (43.40)		
3	<b>Róa Trygvadóttir</b>	2008 Svímjifelagið Ægir	396		<b>2:45.84</b>	103,56 %
	Entry time: 2:51.97 (-6.13)					
	50m: 38.03	100m: 1:21.35 (43.32)		200m: 2:45.84 (2:45.84)		

Kapping almenn: 11.07.2021 14:04:45

## Kapping 33, 200m Firvald Kvinnur Jr. E - Finala

FAR 2:27.37 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Vagur (FAR) 28.04.2019  
FAR.JR 2:28.40 Jana Bjartalíð Thomsen 2000 Ægir Klaksvík (FAR) Vagur (FAR) 04.03.2017  
FM Kravtíð - 300 FINA stig: 03:01.96 - 02:58.67

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir	523		<b>2:31.17</b>	106,75 %
	Entry time: 2:42.11 (-10.94)					
	50m: 32.80	100m: 1:10.66 (37.86)	150m: 1:50.90 (40.24)	200m: 2:31.17 (40.27)		
2	<b>Malan Jóhansdóttir</b>	2004 Svímjifelagið Ægir	463		<b>2:37.42</b>	99,82 %
	Entry time: 2:37.14 (+0.28)					
	50m: 33.80	100m: 1:12.40 (38.60)	150m: 1:54.02 (41.62)	200m: 2:37.42 (43.40)		

Kapping almenn: 11.07.2021 14:04:45

## Kapping 34, 200m Firvald Menn Opin Bólkur - Innleiðandi

FAR 2:06.05 Óli Mortensen 1996 Havnar Svímjifelag (FAR) Vagur (FAR) 13.03.2016  
FAR.JR 2:11.04 Óli Mortensen 1996 Havnar Svímjifelag (FAR) Barcelona (ESP) 14.06.2014  
FM Kravtíð - 300 FINA stig: 02:46.57 - 02:41.68

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Áki Eliassen</b>	2006 Havnar Svímjifelag	364		<b>2:34.95</b>	96,78 % Q
	Entry time: 2:30.12 (+4.83)					
	50m: 33.44	100m: 1:12.80 (39.36)	150m: 1:53.91 (41.11)	200m: 2:34.95 (41.04)		





# Úrslit

## Kapping 34, 200m Firvald Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	<b>Bárður Ólavsson</b>	2008 Fuglafjarðar Svímjifelag		338	<b>2:38.91</b>	98,83 % Q
	Entry time: 2:37.07 (+1.84)					
	50m: 36.36	100m: 1:16.77 (40.41)	150m: 1:59.46 (42.69)		200m: 2:38.91 (39.45)	
3	<b>Hans Jacob Hjelm</b>	2003 Suðuroyar Svímjifelag		246	<b>2:56.67</b>	102,21 % Q
	Entry time: 3:00.66 (-3.99)					
	50m: 37.27	100m: 1:22.01 (44.74)	150m: 2:10.83 (48.82)		200m: 2:56.67 (45.84)	
-	<b>Johan Nónskarð Dam</b>	2002 Havnar Svímjifelag			<b>DNS</b>	

Kapping almenn: 11.07.2021 09:28:00

## Kapping 34, 200m Firvald Menn Jr. Y - Innleiðandi

FAR	2:06.05	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Vagur (FAR)	13.03.2016
FAR.JR	2:11.04	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Barcelona (ESP)	14.06.2014

FM Kravtíð - 300 FINA stig: 02:46.57 - 02:41.68

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Áki Eliassen</b>	2006 Havnar Svímjifelag		364	<b>2:34.95</b>	96,78 % Q
	Entry time: 2:30.12 (+4.83)					
	50m: 33.44	100m: 1:12.80 (39.36)	150m: 1:53.91 (41.11)		200m: 2:34.95 (41.04)	

Kapping almenn: 11.07.2021 09:28:00

## Kapping 34, 200m Firvald Menn Jr. E - Innleiðandi

FAR	2:06.05	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Vagur (FAR)	13.03.2016
FAR.JR	2:11.04	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Barcelona (ESP)	14.06.2014

FM Kravtíð - 300 FINA stig: 02:46.57 - 02:41.68

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Hans Jacob Hjelm</b>	2003 Suðuroyar Svímjifelag		246	<b>2:56.67</b>	102,21 % Q
	Entry time: 3:00.66 (-3.99)					
	50m: 37.27	100m: 1:22.01 (44.74)	150m: 2:10.83 (48.82)		200m: 2:56.67 (45.84)	

Kapping almenn: 11.07.2021 09:28:00

## Kapping 34, 200m Firvald Menn Opin Bólkur - Finala

FAR	2:06.05	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Vagur (FAR)	13.03.2016
FAR.JR	2:11.04	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Barcelona (ESP)	14.06.2014

FM Kravtíð - 300 FINA stig: 02:46.57 - 02:41.68

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Áki Eliassen</b>	2006 Havnar Svímjifelag		413	<b>2:28.68</b>	104,05 %
	Entry time: 2:34.95 (-6.27)					
	50m: 32.40	100m: 1:09.96 (37.56)	150m: 1:49.30 (39.34)		200m: 2:28.68 (39.38)	
2	<b>Bárður Ólavsson</b>	2008 Fuglafjarðar Svímjifelag		352	<b>2:36.80</b>	101,33 %
	Entry time: 2:38.91 (-2.11)					
	50m: 35.47	100m: 1:15.55 (40.08)	150m: 1:56.28 (40.73)		200m: 2:36.80 (40.52)	
3	<b>Hans Jacob Hjelm</b>	2003 Suðuroyar Svímjifelag		260	<b>2:53.37</b>	101,87 %
	Entry time: 2:56.67 (-3.30)					
	50m: 31.31	100m: 1:11.38 (40.07)			200m: 2:53.37 (2:53.37)	

Kapping almenn: 11.07.2021 14:12:02

## Kapping 34, 200m Firvald Menn Jr. Y - Finala

FAR	2:06.05	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Vagur (FAR)	13.03.2016
FAR.JR	2:11.04	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Barcelona (ESP)	14.06.2014

FM Kravtíð - 300 FINA stig: 02:46.57 - 02:41.68

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
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## Úrslit

### Kapping 34, 200m Firvald Menn Jr. Y - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Áki Eliassen	2006 Havnar Svímjifelag		413	<b>2:28.68</b>	104,05 %
	Entry time: 2:34.95				(-6.27)	
	50m: 32.40	100m: 1:09.96 (37.56)	150m: 1:49.30 (39.34)		200m: 2:28.68 (39.38)	

Kapping almenn: 11.07.2021 14:12:02

### Kapping 34, 200m Firvald Menn Jr. E - Finala

FAR	2:06.05	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Vagur (FAR)		13.03.2016
FAR.JR	2:11.04	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Barcelona (ESP)		14.06.2014

FM Kravtíð - 300 FINA stig: 02:46.57 - 02:41.68

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag		260	<b>2:53.37</b>	101,87 %
	Entry time: 2:56.67				(-3.30)	
	50m: 31.31	100m: 1:11.38 (40.07)			200m: 2:53.37 (2:53.37)	

Kapping almenn: 11.07.2021 14:12:02

### Kapping 35, 50m Frí Kvinnur Opn Bólkur - Innleiðandi

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Bergen (NOR)		15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Bergen (NOR)		15.04.2018

FM Kravtíð - 300 FINA stig: 00:35.35 - 00:34.25

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag		602	<b>28.03</b>	100,14 % Q
	Entry time: 28.07				(-0.04)	
2	Alisa Vestergård	2003 Suðuroyar Svímjifelag		557	<b>28.76</b>	96,06 % Q
	Entry time: 27.67				(+1.09)	
3	Jóhanna Egholm	1996 Fuglafjarðar Svímjifelag		507	<b>29.68</b>	99,32 % Q
	Entry time: 29.48				(+0.20)	
4	Jonna Joensen	2005 Svímjifelagið Ægir		490	<b>30.02</b>	96,84 % -
	Entry time: 29.10				(+0.92)	
5	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag		480	<b>30.22</b>	99,63 % Q
	Entry time: 30.11				(+0.11)	
6	Róa Trygvadóttir	2008 Svímjifelagið Ægir		461	<b>30.63</b>	98,81 % -
	Entry time: 30.27				(+0.36)	
7	Malan Jóhansdóttir	2004 Svímjifelagið Ægir		442	<b>31.07</b>	97,12 % -
	Entry time: 30.20				(+0.87)	
8	Sofía Toftegaard	2006 Svímjifelagið Ægir		406	<b>31.94</b>	96,53 % -
	Entry time: 30.87				(+1.07)	
9	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		404	<b>32.01</b>	98,99 % Q
	Entry time: 31.69				(+0.32)	
10	Dorteia Dam	2007 Havnar Svímjifelag		401	<b>32.08</b>	98,61 % Q
	Entry time: 31.64				(+0.44)	
11	Bjarta í Lágabø	2009 Suðuroyar Svímjifelag		395	<b>32.24</b>	101,50 %
	Entry time: 32.73				(-0.49)	
12	Durita M. Askham	2008 Svímjifelagið Ægir		390	<b>32.37</b>	100,68 %
	Entry time: 32.59				(-0.22)	
13	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		373	<b>32.88</b>	97,82 %
	Entry time: 32.18				(+0.70)	
14	Oddvá Sedeia D. Nattestad	2006 Havnar Svímjifelag		368	<b>33.01</b>	96,81 %
	Entry time: 31.99				(+1.02)	





## Úrslit

### Kapping 35, 50m Frí Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
15	Lea Petersen	2009 Svímjifelagið Reysti		348	33.65	102,72 %
	Entry time: 34.59 (-0.94)					
16	Ragnhild Jacobsen	2008 Svímjifelagið Ægir		322	34.51	102,02 %
	Entry time: 35.22 (-0.71)					
17	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag		315	34.78	97,13 %
	Entry time: 33.81 (+0.97)					
-	Margit Højbro	2007 Fuglafjarðar Svímjifelag			DSQ	
	SW 4.4 Tjövstartur (startari og yvirdómari skulu vera samdir)					
	Kapping almenn: 11.07.2021 09:32:08					

### Kapping 35, 50m Frí Kvinnur Jr. Y - Innleiðandi

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Bergen (NOR)		15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Bergen (NOR)		15.04.2018
FM Kravtíð - 300 FINA stig:	00:35.35	-	00:34.25			

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Sofía Toftegaard	2006 Svímjifelagið Ægir		406	31.94	96,53 % -
	Entry time: 30.87 (+1.07)					
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		404	32.01	98,99 % Q
	Entry time: 31.69 (+0.32)					
3	Dorteá Dam	2007 Havnar Svímjifelag		401	32.08	98,61 % Q
	Entry time: 31.64 (+0.44)					
4	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		373	32.88	97,82 %
	Entry time: 32.18 (+0.70)					
5	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag		368	33.01	96,81 %
	Entry time: 31.99 (+1.02)					
6	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag		315	34.78	97,13 %
	Entry time: 33.81 (+0.97)					
-	Margit Højbro	2007 Fuglafjarðar Svímjifelag			DSQ	
	SW 4.4 Tjövstartur (startari og yvirdómari skulu vera samdir)					
	Kapping almenn: 11.07.2021 09:32:08					

### Kapping 35, 50m Frí Kvinnur Jr. E - Innleiðandi

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Bergen (NOR)		15.04.2018
FAR.JR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Bergen (NOR)		15.04.2018
FM Kravtíð - 300 FINA stig:	00:35.35	-	00:34.25			

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag		602	28.03	100,14 % Q
	Entry time: 28.07 (-0.04)					
2	Jonna Joensen	2005 Svímjifelagið Ægir		490	30.02	96,84 % -
	Entry time: 29.10 (+0.92)					
3	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag		480	30.22	99,63 % Q
	Entry time: 30.11 (+0.11)					
4	Malan Jóhansdóttir	2004 Svímjifelagið Ægir		442	31.07	97,12 % -
	Entry time: 30.20 (+0.87)					
	Kapping almenn: 11.07.2021 09:32:08					

### Kapping 35, 50m Frí Kvinnur Opin Bólkur - Finala

FAR	26.52	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Bergen (NOR)		15.04.2018
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11-07-2021 15:24:02

Dátaviðgerð: WinGrodan 2.8

Loyvt: Suðuroyar Svímjifelag

Síða 77/95





## Úrslit

### Kapping 35, 50m Frí Kvinnur Opin Bólkur - Finala

FAR.JR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Bergen (NOR) 15.04.2018  
FM Kravtíð - 300 FINA stig: 00:35.35 - 00:34.25

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun Entry time: 28.03 (-0.68)	2004 Havnar Svímjifelag		648	27.35	102,43 %
2	Alisa Vestergård Entry time: 28.76 (-0.99)	2003 Suðuroyar Svímjifelag		619	27.77	103,44 %
3	Jóhanna Egholm Entry time: 29.68 (-0.11)	1996 Fuglafjarðar Svímjifelag		512	29.57	100,37 %
4	Bjørk L Sørensen Entry time: 30.22 (-0.46)	2004 Suðuroyar Svímjifelag		503	29.76	101,52 %
5	Rebekka Róðinsdóttir Entry time: 32.01 (+0.01)	2007 Fuglafjarðar Svímjifelag		403	32.02	99,97 %
6	Dorteia Dam Entry time: 32.08 (+0.47)	2007 Havnar Svímjifelag		384	32.55	98,53 %

Kapping almenn: 11.07.2021 14:14:24

### Kapping 35, 50m Frí Kvinnur Jr. Y - Finala

FAR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Bergen (NOR) 15.04.2018  
FAR.JR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Bergen (NOR) 15.04.2018  
FM Kravtíð - 300 FINA stig: 00:35.35 - 00:34.25

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rebekka Róðinsdóttir Entry time: 32.01 (+0.01)	2007 Fuglafjarðar Svímjifelag		403	32.02	99,97 %
2	Dorteia Dam Entry time: 32.08 (+0.47)	2007 Havnar Svímjifelag		384	32.55	98,53 %

Kapping almenn: 11.07.2021 14:14:24

### Kapping 35, 50m Frí Kvinnur Jr. E - Finala

FAR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Bergen (NOR) 15.04.2018  
FAR.JR 26.52 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Bergen (NOR) 15.04.2018  
FM Kravtíð - 300 FINA stig: 00:35.35 - 00:34.25

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun Entry time: 28.03 (-0.68)	2004 Havnar Svímjifelag		648	27.35	102,43 %
2	Bjørk L Sørensen Entry time: 30.22 (-0.46)	2004 Suðuroyar Svímjifelag		503	29.76	101,52 %

Kapping almenn: 11.07.2021 14:14:24

### Kapping 36, 50m Frí Menn Opin Bólkur - Innleiðandi

FAR 23.48 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012  
FAR.JR 23.48 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 13.07.2012  
FM Kravtíð - 300 FINA stig: 00:31.23 - 00:30.26

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal Debess Entry time: 25.57 (+0.17)	2002 Suðuroyar Svímjifelag		536	25.74	99,34 % Q
2	Martin V. Sivertsen Entry time: 26.15 (-0.20)	2002 Svímjifelagið Ægir		523	25.95	100,76 % Q





## Úrslit

### Kapping 36, 50m Frí Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
3	Heini M. Askham Entry time: 27.06 (-0.49)	2006 Svímjifelagið Ægir		487	26.57	101,81 % Q
4	Villiam Marius Samuelsen Entry time: 27.01 (+0.08)	2005 Havnar Svímjifelag		459	27.09	99,70 % Q
5	Rúni Dahl Entry time: 28.11 (-0.73)	2004 Suðuroyar Svímjifelag		445	27.38	102,60 % Q
6	Snorri Fríðheim Mortensen Entry time: 28.11 (-0.51)	2005 Havnar Svímjifelag		434	27.60	101,81 % Q
7	Lukas Bessason Entry time: 27.44 (+0.31)	2007 Svímjifelagið Flot		427	27.75	98,87 %
8	Karl Joensen Entry time: 28.12 (-0.34)	2005 Svímjifelagið Flot		426	27.78	101,21 %
9	Otto Jacobsen Entry time: 27.96 (+0.08)	1999 Svímjifelagið Flot		414	28.04	99,71 %
10	Ari Rasmussen Weihe Entry time: 28.31 (-0.16)	2005 Havnar Svímjifelag		409	28.15	100,57 %
11	Isak Brisenfeldt Entry time: 28.29 (-0.12)	2006 Havnar Svímjifelag		408	28.17	100,42 %
12	Hans Jacob Hjelm Entry time: 28.57 (-0.28)	2003 Suðuroyar Svímjifelag		403	28.29	100,98 %
13	Líggjas Joensen Entry time: 28.61 (-0.30)	2008 Svímjifelagið Ægir		402	28.31	101,05 %
14	Áki Eliassen Entry time: 28.60 (+0.08)	2006 Havnar Svímjifelag		387	28.68	99,72 %
15	Heini Hansen Entry time: 28.91 (+0.01)	2003 Suðuroyar Svímjifelag		377	28.92	99,97 %
16	Hanus Lydersen Entry time: 29.75 (+0.13)	2006 Svímjifelagið Ægir		342	29.88	99,56 %
17	Markus Bárðarson Dahl Entry time: 30.08 (-0.08)	2005 Havnar Svímjifelag		338	30.00	100,27 %
18	Jákup í Jákupsstovu Entry time: 30.64 (+0.14)	2004 Svímjifelagið Flot		313	30.78	99,54 %
19	Fróði Hansen Entry time: 30.81 (+0.49)	2008 Fuglafjarðar Svímjifelag		298	31.30	98,41 %
20	Jóannes Clementsen Entry time: 30.85 (+0.60)	2007 Suðuroyar Svímjifelag		293	31.45	98,06 %

Kapping almenn: 11.07.2021 09:38:07

### Kapping 36, 50m Frí Menn Jr. Y - Innleiðandi

FAR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 00:31.23 - 00:30.26

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Heini M. Askham Entry time: 27.06 (-0.49)	2006 Svímjifelagið Ægir		487	26.57	101,81 % Q





## Úrslit

### Kapping 36, 50m Frí Menn Jr. Y - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	Villiam Marius Samuelsen	2005 Havnar Svímjifelag		459	27.09	99,70 % Q
	Entry time: 27.01	(+0.08)				
3	Snorri Fríðheim Mortensen	2005 Havnar Svímjifelag		434	27.60	101,81 % Q
	Entry time: 28.11	(-0.51)				
4	Karl Joensen	2005 Svímjifelagið Flot		426	27.78	101,21 %
	Entry time: 28.12	(-0.34)				
5	Ari Rasmussen Weihe	2005 Havnar Svímjifelag		409	28.15	100,57 %
	Entry time: 28.31	(-0.16)				
6	Isak Brisenfeldt	2006 Havnar Svímjifelag		408	28.17	100,42 %
	Entry time: 28.29	(-0.12)				
7	Áki Eliassen	2006 Havnar Svímjifelag		387	28.68	99,72 %
	Entry time: 28.60	(+0.08)				
8	Hanus Lydersen	2006 Svímjifelagið Ægir		342	29.88	99,56 %
	Entry time: 29.75	(+0.13)				
9	Markus Bárðarson Dahl	2005 Havnar Svímjifelag		338	30.00	100,27 %
	Entry time: 30.08	(-0.08)				

Kapping almenn: 11.07.2021 09:38:07

### Kapping 36, 50m Frí Menn Jr. E - Innleiðandi

FAR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012
FAR.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012

FM Kravtíð - 300 FINA stig: 00:31.23 - 00:30.26

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rúni Dahl	2004 Suðuroyar Svímjifelag		445	27.38	102,60 % Q
	Entry time: 28.11	(-0.73)				
2	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag		403	28.29	100,98 %
	Entry time: 28.57	(-0.28)				
3	Heini Hansen	2003 Suðuroyar Svímjifelag		377	28.92	99,97 %
	Entry time: 28.91	(+0.01)				
4	Jákup í Jákupsstovu	2004 Svímjifelagið Flot		313	30.78	99,54 %
	Entry time: 30.64	(+0.14)				

Kapping almenn: 11.07.2021 09:38:07

### Kapping 36, 50m Frí Menn Opin Bólkur - Finala

FAR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012
FAR.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		13.07.2012

FM Kravtíð - 300 FINA stig: 00:31.23 - 00:30.26

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal Debess	2002 Suðuroyar Svímjifelag		566	25.27	101,83 %
	Entry time: 25.74	(-0.47)				
2	Martin V. Sivertsen	2002 Svímjifelagið Ægir		518	26.02	99,73 %
	Entry time: 25.95	(+0.07)				
3	Heini M. Askham	2006 Svímjifelagið Ægir		472	26.84	98,98 %
	Entry time: 26.57	(+0.27)				
4	Rúni Dahl	2004 Suðuroyar Svímjifelag		460	27.08	101,10 %
	Entry time: 27.38	(-0.30)				







## Úrslit

### Kapping 36, 50m Frí Menn Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
5	<b>Snorri Fríðheim Mortensen</b> Entry time: 27.60 (-0.01)	2005 Havnar Svímjifelag		435	<b>27.59</b>	100,04 %
6	<b>Villiam Marius Samuelsen</b> Entry time: 27.09 (+0.84)	2005 Havnar Svímjifelag		419	<b>27.93</b>	96,90 %

Kapping almenn: 11.07.2021 14:21:29

### Kapping 36, 50m Frí Menn Jr. Y - Finala

FAR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 00:31.23 - 00:30.26

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b> Entry time: 26.57 (+0.27)	2006 Svímjifelagið Ægir		472	<b>26.84</b>	98,98 %
2	<b>Snorri Fríðheim Mortensen</b> Entry time: 27.60 (-0.01)	2005 Havnar Svímjifelag		435	<b>27.59</b>	100,04 %
3	<b>Villiam Marius Samuelsen</b> Entry time: 27.09 (+0.84)	2005 Havnar Svímjifelag		419	<b>27.93</b>	96,90 %

Kapping almenn: 11.07.2021 14:21:29

### Kapping 36, 50m Frí Menn Jr. E - Finala

FAR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012
FAR.JR	23.48	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	13.07.2012

FM Kravtíð - 300 FINA stig: 00:31.23 - 00:30.26

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rúni Dahl</b> Entry time: 27.38 (-0.30)	2004 Suðuroyar Svímjifelag		460	<b>27.08</b>	101,10 %

Kapping almenn: 11.07.2021 14:21:29

### Kapping 37, 200m Rygg Kvinnur Opin Bólkur - Innleiðandi

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017

FM Kravtíð - 300 FINA stig: 03:05.32 - 02:58.10

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Signhild Joensen</b> Entry time: 2:18.50 (+9.02) 50m: 33.91	2000 Svímjifelagið Ægir		584	<b>2:27.52</b>	93,49 % Q
2	<b>Eyðrið Mortensen</b> Entry time: 2:32.95 (+3.54) 50m: 37.04	2003 Havnar Svímjifelag		489	<b>2:36.49</b>	97,69 % Q
3	<b>Jonna Joensen</b> Entry time: 2:35.11 (+4.74) 50m: 36.44	2005 Svímjifelagið Ægir		459	<b>2:39.85</b>	96,94 % Q
4	<b>Jóhanna Egholm</b> Entry time: 2:40.31 (+7.54) 50m: 38.04	1996 Fuglafjarðar Svímjifelag		396	<b>2:47.85</b>	95,30 % Q
5	<b>Rebekka Róðinsdóttir</b> Entry time: 2:47.40 (+3.85) 50m: 40.26	2007 Fuglafjarðar Svímjifelag		373	<b>2:51.25</b>	97,70 % Q
6	<b>Elin Christiansen</b> 50m: 37.77	2004 Suðuroyar Svímjifelag		366	<b>2:52.36</b>	-





## Úrslit

### Kapping 37, 200m Rygg Kvinnur Opín Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
7	<b>Dortea Dam</b>	2007 Havnar Svímjifelag		360	<b>2:53.34</b>	98,47 % Q
	Entry time: 2:50.72 (+2.62)					
	50m: 42.49	100m: 1:26.43 (43.94)	150m: 2:11.26 (44.83)		200m: 2:53.34 (42.08)	
8	<b>Bjarta í Lágabø</b>	2009 Suðuroyar Svímjifelag		342	<b>2:56.33</b>	101,36 %
	Entry time: 2:58.76 (-2.43)					
	50m: 41.44	100m: 1:26.70 (45.26)	150m: 2:12.65 (45.95)		200m: 2:56.33 (43.68)	
9	<b>Bjørg Ólavsdóttir</b>	2004 Havnar Svímjifelag		308	<b>3:02.59</b>	86,60 %
	Entry time: 2:41.01 (+21.58)					
	50m: 44.43	100m: 1:31.22 (46.79)	150m: 2:16.88 (45.66)		200m: 3:02.59 (45.71)	

Kapping almenn: 11.07.2021 10:04:45

### Kapping 37, 200m Rygg Kvinnur Jr. Y - Innleiðandi

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017

FM Kravtíð - 300 FINA stig: 03:05.32 - 02:58.10

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		373	<b>2:51.25</b>	97,70 % Q
	Entry time: 2:47.40 (+3.85)					
	50m: 40.26	100m: 1:23.93 (43.67)	150m: 2:07.56 (43.63)		200m: 2:51.25 (43.69)	
2	<b>Dortea Dam</b>	2007 Havnar Svímjifelag		360	<b>2:53.34</b>	98,47 % Q
	Entry time: 2:50.72 (+2.62)					
	50m: 42.49	100m: 1:26.43 (43.94)	150m: 2:11.26 (44.83)		200m: 2:53.34 (42.08)	

Kapping almenn: 11.07.2021 10:04:45

### Kapping 37, 200m Rygg Kvinnur Jr. E - Innleiðandi

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017

FM Kravtíð - 300 FINA stig: 03:05.32 - 02:58.10

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		459	<b>2:39.85</b>	96,94 % Q
	Entry time: 2:35.11 (+4.74)					
	50m: 36.44	100m: 1:17.32 (40.88)	150m: 1:59.23 (41.91)		200m: 2:39.85 (40.62)	
2	<b>Elin Christiansen</b>	2004 Suðuroyar Svímjifelag		366	<b>2:52.36</b>	-
	Entry time: 2:41.01 (+21.58)					
	50m: 37.77	100m: 1:20.45 (42.68)	150m: 2:06.20 (45.75)		200m: 2:52.36 (46.16)	
3	<b>Bjørg Ólavsdóttir</b>	2004 Havnar Svímjifelag		308	<b>3:02.59</b>	86,60 %
	Entry time: 2:41.01 (+21.58)					
	50m: 44.43	100m: 1:31.22 (46.79)	150m: 2:16.88 (45.66)		200m: 3:02.59 (45.71)	

Kapping almenn: 11.07.2021 10:04:45

### Kapping 37, 200m Rygg Kvinnur Opín Bólkur - Finala

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017

FM Kravtíð - 300 FINA stig: 03:05.32 - 02:58.10

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Signhild Joensen</b>	2000 Svímjifelagið Ægir		652	<b>2:22.22</b>	103,59 %
	Entry time: 2:27.52 (-5.30)					
	50m: 32.34	100m: 1:08.37 (36.03)	150m: 1:45.51 (37.14)		200m: 2:22.22 (36.71)	
2	<b>Eyðrið Mortensen</b>	2003 Havnar Svímjifelag		545	<b>2:30.93</b>	103,55 %
	Entry time: 2:36.49 (-5.56)					
	50m: 36.35	100m: 1:14.56 (38.21)	150m: 1:53.00 (38.44)		200m: 2:30.93 (37.93)	





## Úrslit

### Kapping 37, 200m Rygg Kvinnur Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
3	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		506	<b>2:34.70</b>	103,22 %
	Entry time: 2:39.85 (-5.15)					
	50m: 35.37	100m: 1:14.96 (39.59)	150m: 1:55.57 (40.61)		200m: 2:34.70 (39.13)	
4	<b>Jóhanna Egholm</b>	1996 Fuglafjarðar Svímjifelag		411	<b>2:45.78</b>	101,23 %
	Entry time: 2:47.85 (-2.07)					
	50m: 37.34	100m: 1:18.62 (41.28)			200m: 2:45.78 (2:45.78)	
5	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		394	<b>2:48.17</b>	101,80 %
	Entry time: 2:51.25 (-3.08)					
	50m: 39.90	100m: 1:22.64 (42.74)	150m: 2:05.66 (43.02)		200m: 2:48.17 (42.51)	
6	<b>Dorteia Dam</b>	2007 Havnar Svímjifelag		365	<b>2:52.48</b>	100,50 %
	Entry time: 2:53.34 (-0.86)					
	50m: 40.03	100m: 1:23.90 (43.87)	150m: 2:08.33 (44.43)		200m: 2:52.48 (44.15)	

Kapping almenn: 11.07.2021 14:27:14

### Kapping 37, 200m Rygg Kvinnur Jr. Y - Finala

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017

FM Kravtíð - 300 FINA stig: 03:05.32 - 02:58.10

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag		394	<b>2:48.17</b>	101,80 %
	Entry time: 2:51.25 (-3.08)					
	50m: 39.90	100m: 1:22.64 (42.74)	150m: 2:05.66 (43.02)		200m: 2:48.17 (42.51)	
2	<b>Dorteia Dam</b>	2007 Havnar Svímjifelag		365	<b>2:52.48</b>	100,50 %
	Entry time: 2:53.34 (-0.86)					
	50m: 40.03	100m: 1:23.90 (43.87)	150m: 2:08.33 (44.43)		200m: 2:52.48 (44.15)	

Kapping almenn: 11.07.2021 14:27:14

### Kapping 37, 200m Rygg Kvinnur Jr. E - Finala

FAR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017
FAR.JR	2:14.01	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Broenshoej (DEN)	05.04.2017

FM Kravtíð - 300 FINA stig: 03:05.32 - 02:58.10

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir		506	<b>2:34.70</b>	103,22 %
	Entry time: 2:39.85 (-5.15)					
	50m: 35.37	100m: 1:14.96 (39.59)	150m: 1:55.57 (40.61)		200m: 2:34.70 (39.13)	

Kapping almenn: 11.07.2021 14:27:14

### Kapping 38, 200m Rygg Menn Opin Bólkur - Innleiðandi

FAR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FAR.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012

FM Kravtíð - 300 FINA stig: 02:47.18 - 02:37.79

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bartal Debess</b>	2002 Suðuroyar Svímjifelag		413	<b>2:30.18</b>	98,44 % Q
	Entry time: 2:27.88 (+2.30)					
	50m: 35.58	100m: 1:16.10 (40.52)	150m: 1:55.29 (39.19)		200m: 2:30.18 (34.89)	
2	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svímjifelag		385	<b>2:33.77</b>	96,56 % Q
	Entry time: 2:28.65 (+5.12)					
	50m: 36.15	100m: 1:16.01 (39.86)	150m: 1:58.03 (42.02)		200m: 2:33.77 (35.74)	
3	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag		369	<b>2:35.90</b>	102,26 % Q
	Entry time: 2:39.50 (-3.60)					
	50m: 37.74	100m: 1:18.70 (40.96)	150m: 1:58.31 (39.61)		200m: 2:35.90 (37.59)	





# Úrslit

## Kapping 38, 200m Rygg Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
4	Líggjas Joensen	2008 Svímjifelagið Ægir		366	<b>2:36.34</b>	97,19 % Q
	Entry time: 2:32.06 (+4.28)					
	50m: 38.31	100m: 1:18.92 (40.61)	150m: 1:58.87 (39.95)		200m: 2:36.34 (37.47)	
5	Isak Brisenfeldt	2006 Havnar Svímjifelag		359	<b>2:37.43</b>	98,26 % Q
	Entry time: 2:34.74 (+2.69)					
	50m: 37.51	100m: 1:18.45 (40.94)	150m: 1:59.16 (40.71)		200m: 2:37.43 (38.27)	

Kapping almenn: 11.07.2021 10:08:21

## Kapping 38, 200m Rygg Menn Jr. Y - Innleiðandi

FAR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FAR.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012

FM Kravtíð - 300 FINA stig: 02:47.18 - 02:37.79

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Villiam Marius Samuelsen	2005 Havnar Svímjifelag		385	<b>2:33.77</b>	96,56 % Q
	Entry time: 2:28.65 (+5.12)					
	50m: 36.15	100m: 1:16.01 (39.86)	150m: 1:58.03 (42.02)		200m: 2:33.77 (35.74)	
2	Teitur Winther	2005 Suðuroyar Svímjifelag		369	<b>2:35.90</b>	102,26 % Q
	Entry time: 2:39.50 (-3.60)					
	50m: 37.74	100m: 1:18.70 (40.96)	150m: 1:58.31 (39.61)		200m: 2:35.90 (37.59)	
3	Isak Brisenfeldt	2006 Havnar Svímjifelag		359	<b>2:37.43</b>	98,26 % Q
	Entry time: 2:34.74 (+2.69)					
	50m: 37.51	100m: 1:18.45 (40.94)	150m: 1:59.16 (40.71)		200m: 2:37.43 (38.27)	

Kapping almenn: 11.07.2021 10:08:21

## Kapping 38, 200m Rygg Menn Opin Bólkur - Finala

FAR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FAR.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012

FM Kravtíð - 300 FINA stig: 02:47.18 - 02:37.79

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal Debess	2002 Suðuroyar Svímjifelag		470	<b>2:23.93</b>	104,16 %
	Entry time: 2:30.18 (-6.25)					
	50m: 33.40	100m: 1:09.69 (36.29)	150m: 1:46.62 (36.93)		200m: 2:23.93 (37.31)	
2	Líggjas Joensen	2008 Svímjifelagið Ægir		444	<b>2:26.61</b>	106,22 %
	Entry time: 2:36.34 (-9.73)					
	50m: 34.72	100m: 1:12.85 (38.13)	150m: 1:50.88 (38.03)		200m: 2:26.61 (35.73)	
3	Villiam Marius Samuelsen	2005 Havnar Svímjifelag		432	<b>2:27.99</b>	103,76 %
	Entry time: 2:33.77 (-5.78)					
	50m: 33.68	100m: 1:10.78 (37.10)	150m: 1:50.01 (39.23)		200m: 2:27.99 (37.98)	
4	Teitur Winther	2005 Suðuroyar Svímjifelag		387	<b>2:33.53</b>	101,52 %
	Entry time: 2:35.90 (-2.37)					
	50m: 36.16	100m: 1:16.26 (40.10)	150m: 1:56.33 (40.07)		200m: 2:33.53 (37.20)	
5	Isak Brisenfeldt	2006 Havnar Svímjifelag		382	<b>2:34.13</b>	102,10 %
	Entry time: 2:37.43 (-3.30)					
	50m: 36.27	100m: 1:16.25 (39.98)	150m: 1:55.94 (39.69)		200m: 2:34.13 (38.19)	

Kapping almenn: 11.07.2021 14:34:19

## Kapping 38, 200m Rygg Menn Jr. Y - Finala

FAR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012
FAR.JR	2:04.12	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Antwerp (BEL)	06.07.2012

FM Kravtíð - 300 FINA stig: 02:47.18 - 02:37.79





## Úrslit

### Kapping 38, 200m Rygg Menn Jr. Y - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Villiam Marius Samuelsen</b>	2005 Havnar Svimmifelag		432	<b>2:27.99</b>	103,76 %
	Entry time: 2:33.77 (-5.78)					
	50m: 33.68	100m: 1:10.78 (37.10)	150m: 1:50.01 (39.23)		200m: 2:27.99 (37.98)	
2	<b>Teitur Winther</b>	2005 Suðuroyar Svimmifelag		387	<b>2:33.53</b>	101,52 %
	Entry time: 2:35.90 (-2.37)					
	50m: 36.16	100m: 1:16.26 (40.10)	150m: 1:56.33 (40.07)		200m: 2:33.53 (37.20)	
3	<b>Isak Brisenfeldt</b>	2006 Havnar Svimmifelag		382	<b>2:34.13</b>	102,10 %
	Entry time: 2:37.43 (-3.30)					
	50m: 36.27	100m: 1:16.25 (39.98)	150m: 1:55.94 (39.69)		200m: 2:34.13 (38.19)	

Kapping almenn: 11.07.2021 14:34:19

### Kapping 39, 50m Bringu Kvinnur Opin Bólkur - Innleiðandi

FAR	34.45	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	34.61	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Laugardalslaug (ISL)	17.01.2015

FM Kravtíð - 300 FINA stig: 00:43.91 - 00:42.66

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Ronja Ró í Dímun</b>	2004 Havnar Svimmifelag		527	<b>36.38</b>	97,46 % Q
	Entry time: 35.48 (+0.90)					
2	<b>Sofía Toftegaard</b>	2006 Svimmifelagið Ægir		429	<b>38.96</b>	95,41 % Q
	Entry time: 37.25 (+1.71)					
3	<b>Malan Jóhansdóttir</b>	2004 Svimmifelagið Ægir		419	<b>39.27</b>	97,39 % Q
	Entry time: 38.27 (+1.00)					
4	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svimmifelag		418	<b>39.29</b>	99,15 % Q
	Entry time: 38.96 (+0.33)					
5	<b>Róa Trygvadóttir</b>	2008 Svimmifelagið Ægir		394	<b>40.07</b>	102,03 % Q
	Entry time: 40.90 (-0.83)					
6	<b>Lea Midjord</b>	2002 Suðuroyar Svimmifelag		365	<b>41.11</b>	99,34 % Q
	Entry time: 40.84 (+0.27)					
7	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svimmifelag		359	<b>41.34</b>	96,93 %
	Entry time: 40.11 (+1.23)					
8	<b>Elin Christiansen</b>	2004 Suðuroyar Svimmifelag		357	<b>41.42</b>	99,90 %
	Entry time: 41.38 (+0.04)					
9	<b>Oddvá Seda D. Nattestad</b>	2006 Havnar Svimmifelag		355	<b>41.49</b>	102,79 %
	Entry time: 42.68 (-1.19)					
10	<b>Lea Petersen</b>	2009 Svimmifelagið Reysti		307	<b>43.57</b>	107,22 %
	Entry time: 46.96 (-3.39)					
11	<b>Björg Ólavsdóttir</b>	2004 Havnar Svimmifelag		306	<b>43.60</b>	96,58 %
	Entry time: 42.16 (+1.44)					
12	<b>Bjarta í Lágabø</b>	2009 Suðuroyar Svimmifelag		292	<b>44.27</b>	98,70 %
	Entry time: 43.70 (+0.57)					
13	<b>Ragnhild Jacobsen</b>	2008 Svimmifelagið Ægir		288	<b>44.48</b>	96,94 %
	Entry time: 43.16 (+1.32)					
14	<b>Margit Højbro</b>	2007 Fuglafjarðar Svimmifelag		259	<b>46.10</b>	94,00 %
	Entry time: 43.49 (+2.61)					
15	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svimmifelag		192	<b>50.93</b>	101,64 %
	Entry time: 51.78 (-0.85)					





# Úrslit

## Kapping 39, 50m Bringu Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
-	Eyðrið Mortensen	2003 Havnar Svímjifelag			DNS	

Kapping almenn: 11.07.2021 10:13:16

## Kapping 39, 50m Bringu Kvinnur Jr. Y - Innleiðandi

FAR	34.45	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	34.61	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Laugardalslaug (ISL)	17.01.2015

FM Kravtíð - 300 FINA stig: 00:43.91 - 00:42.66

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Sofía Toftegaard	2006 Svímjifelagið Ægir		429	38.96	95,41 % Q
	Entry time: 37.25	(+1.71)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		418	39.29	99,15 % Q
	Entry time: 38.96	(+0.33)				
3	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag		359	41.34	96,93 %
	Entry time: 40.11	(+1.23)				
4	Oddvá Seda D. Nattestad	2006 Havnar Svímjifelag		355	41.49	102,79 %
	Entry time: 42.68	(-1.19)				
5	Margit Højbro	2007 Fuglafjarðar Svímjifelag		259	46.10	94,00 %
	Entry time: 43.49	(+2.61)				
6	Jóhanna Katrina Jacobsen	2007 Havnar Svímjifelag		192	50.93	101,64 %
	Entry time: 51.78	(-0.85)				

Kapping almenn: 11.07.2021 10:13:16

## Kapping 39, 50m Bringu Kvinnur Jr. E - Innleiðandi

FAR	34.45	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	34.61	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Laugardalslaug (ISL)	17.01.2015

FM Kravtíð - 300 FINA stig: 00:43.91 - 00:42.66

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag		527	36.38	97,46 % Q
	Entry time: 35.48	(+0.90)				
2	Malan Jóhansdóttir	2004 Svímjifelagið Ægir		419	39.27	97,39 % Q
	Entry time: 38.27	(+1.00)				
3	Elin Christiansen	2004 Suðuroyar Svímjifelag		357	41.42	99,90 %
	Entry time: 41.38	(+0.04)				
4	Björg Ólavsdóttir	2004 Havnar Svímjifelag		306	43.60	96,58 %
	Entry time: 42.16	(+1.44)				

Kapping almenn: 11.07.2021 10:13:16

## Kapping 39, 50m Bringu Kvinnur Opin Bólkur - Finala

FAR	34.45	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	34.61	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Laugardalslaug (ISL)	17.01.2015

FM Kravtíð - 300 FINA stig: 00:43.91 - 00:42.66

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag		522	36.51	99,64 %
	Entry time: 36.38	(+0.13)				
2	Sofía Toftegaard	2006 Svímjifelagið Ægir		466	37.92	102,67 %
	Entry time: 38.96	(-1.04)				
3	Malan Jóhansdóttir	2004 Svímjifelagið Ægir		434	38.82	101,15 %
	Entry time: 39.27	(-0.45)				





# Úrslit

## Kapping 39, 50m Bringu Kvinnur Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
3	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		434	<b>38.82</b>	101,20 %
	Entry time: 39.29	(-0.47)				
5	Róa Trygvadóttir	2008 Svímjifelagið Ægir		394	<b>40.10</b>	99,93 %
	Entry time: 40.07	(+0.03)				
6	Lea Midjord	2002 Suðuroyar Svímjifelag		364	<b>41.17</b>	99,85 %
	Entry time: 41.11	(+0.06)				

Kapping almenn: 11.07.2021 14:36:51

## Kapping 39, 50m Bringu Kvinnur Jr. Y - Finala

FAR	34.45	Ásbjørð Hjelm	1999 Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	34.61	Ásbjørð Hjelm	1999 Ægir Klaksvik (FAR)	Laugardalslaug (ISL)	17.01.2015

FM Kravtíð - 300 FINA stig: 00:43.91 - 00:42.66

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Sofía Toftegaard	2006 Svímjifelagið Ægir		466	<b>37.92</b>	102,67 %
	Entry time: 38.96	(-1.04)				
2	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag		434	<b>38.82</b>	101,20 %
	Entry time: 39.29	(-0.47)				

Kapping almenn: 11.07.2021 14:36:51

## Kapping 39, 50m Bringu Kvinnur Jr. E - Finala

FAR	34.45	Ásbjørð Hjelm	1999 Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	34.61	Ásbjørð Hjelm	1999 Ægir Klaksvik (FAR)	Laugardalslaug (ISL)	17.01.2015

FM Kravtíð - 300 FINA stig: 00:43.91 - 00:42.66

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag		522	<b>36.51</b>	99,64 %
	Entry time: 36.38	(+0.13)				
2	Malan Jóhansdóttir	2004 Svímjifelagið Ægir		434	<b>38.82</b>	101,15 %
	Entry time: 39.27	(-0.45)				

Kapping almenn: 11.07.2021 14:36:51

## Kapping 40, 50m Bringu Menn Opin Bólkur - Innleiðandi

FAR	29.43	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	05.04.2017
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	17.04.2016

FM Kravtíð - 300 FINA stig: 00:38.76 - 00:37.71

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag		605	<b>30.67</b>	98,98 % Q
	Entry time: 30.36	(+0.31)				
2	Jón Hofgaard	1992 Suðuroyar Svímjifelag		502	<b>32.64</b>	95,72 % Q
	Entry time: 31.30	(+1.34)				
3	Rani Jacobsen	2001 Suðuroyar Svímjifelag		474	<b>33.26</b>	100,86 % Q
	Entry time: 33.55	(-0.29)				
4	Rúni Dahl	2004 Suðuroyar Svímjifelag		425	<b>34.51</b>	101,68 % Q
	Entry time: 35.10	(-0.59)				
5	Heini Hansen	2003 Suðuroyar Svímjifelag		399	<b>35.22</b>	98,88 % Q
	Entry time: 34.83	(+0.39)				
6	Heini M. Askham	2006 Svímjifelagið Ægir		391	<b>35.48</b>	102,93 % Q
	Entry time: 36.55	(-1.07)				





## Úrslit

### Kapping 40, 50m Bringu Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
7	<b>Martin V. Sivertsen</b> Entry time: 34.83 (+0.79)	2002 Svímjifelagið Ægir		386	<b>35.62</b>	97,73 %
8	<b>Markus Bárðarson Dahl</b> Entry time: 36.79 (+0.27)	2005 Havnar Svímjifelag		343	<b>37.06</b>	99,27 %
9	<b>Karl Joensen</b> Entry time: 37.89 (-0.36)	2005 Svímjifelagið Flot		330	<b>37.53</b>	100,95 %
10	<b>Lukas Besson</b> Entry time: 38.37 (+0.11)	2007 Svímjifelagið Flot		306	<b>38.48</b>	99,71 %
11	<b>Fróði Hansen</b> Entry time: 38.49 (+0.50)	2008 Fuglafjarðar Svímjifelag		294	<b>38.99</b>	98,70 %
12	<b>Dávid Gíslason</b> Entry time: 38.95 (+1.20)	2005 Havnar Svímjifelag		269	<b>40.15</b>	96,92 %
13	<b>Jákup Í Jákupsstovu</b> Entry time: 39.82 (+0.79)	2004 Svímjifelagið Flot		260	<b>40.61</b>	98,02 %

Kapping almenn: 11.07.2021 10:17:15

### Kapping 40, 50m Bringu Menn Jr. Y - Innleiðandi

FAR	29.43	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	05.04.2017
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	17.04.2016

FM Kravtíð - 300 FINA stig: 00:38.76 - 00:37.71

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b> Entry time: 36.55 (-1.07)	2006 Svímjifelagið Ægir		391	<b>35.48</b>	102,93 % Q
2	<b>Markus Bárðarson Dahl</b> Entry time: 36.79 (+0.27)	2005 Havnar Svímjifelag		343	<b>37.06</b>	99,27 %
3	<b>Karl Joensen</b> Entry time: 37.89 (-0.36)	2005 Svímjifelagið Flot		330	<b>37.53</b>	100,95 %
4	<b>Dávid Gíslason</b> Entry time: 38.95 (+1.20)	2005 Havnar Svímjifelag		269	<b>40.15</b>	96,92 %

Kapping almenn: 11.07.2021 10:17:15

### Kapping 40, 50m Bringu Menn Jr. E - Innleiðandi

FAR	29.43	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	05.04.2017
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	17.04.2016

FM Kravtíð - 300 FINA stig: 00:38.76 - 00:37.71

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rúni Dahl</b> Entry time: 35.10 (-0.59)	2004 Suðuroyar Svímjifelag		425	<b>34.51</b>	101,68 % Q
2	<b>Heini Hansen</b> Entry time: 34.83 (+0.39)	2003 Suðuroyar Svímjifelag		399	<b>35.22</b>	98,88 % Q
3	<b>Jákup Í Jákupsstovu</b> Entry time: 39.82 (+0.79)	2004 Svímjifelagið Flot		260	<b>40.61</b>	98,02 %

Kapping almenn: 11.07.2021 10:17:15

### Kapping 40, 50m Bringu Menn Opin Bólkur - Finala

FAR	29.43	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	05.04.2017
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	17.04.2016

FM Kravtíð - 300 FINA stig: 00:38.76 - 00:37.71







## Úrslit

### Kapping 40, 50m Bringu Menn Opin Bólkur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Róland Toftum</b> Entry time: 30.67 (-0.13)	1998 Suðuroyar Svímjifelag		613	<b>30.54</b>	100,42 %
2	<b>Jón Hofgaard</b> Entry time: 32.64 (-0.91)	1992 Suðuroyar Svímjifelag		547	<b>31.73</b>	102,79 %
3	<b>Rani Jacobsen</b> Entry time: 33.26 (-0.23)	2001 Suðuroyar Svímjifelag		484	<b>33.03</b>	100,69 %
4	<b>Rúni Dahl</b> Entry time: 34.51 (+0.02)	2004 Suðuroyar Svímjifelag		424	<b>34.53</b>	99,94 %
5	<b>Heini M. Askham</b> Entry time: 35.48 (-0.63)	2006 Svímjifelagið Ægir		412	<b>34.85</b>	101,78 %
6	<b>Heini Hansen</b> Entry time: 35.22 (+0.71)	2003 Suðuroyar Svímjifelag		376	<b>35.93</b>	97,98 %

Kapping almenn: 11.07.2021 14:43:29

### Kapping 40, 50m Bringu Menn Jr. Y - Finala

FAR	29.43	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	05.04.2017
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	17.04.2016

FM Kravtíð - 300 FINA stig: 00:38.76 - 00:37.71

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Heini M. Askham</b> Entry time: 35.48 (-0.63)	2006 Svímjifelagið Ægir		412	<b>34.85</b>	101,78 %

Kapping almenn: 11.07.2021 14:43:29

### Kapping 40, 50m Bringu Menn Jr. E - Finala

FAR	29.43	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	05.04.2017
FAR.JR	29.81	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Broenshoej (DEN)	17.04.2016

FM Kravtíð - 300 FINA stig: 00:38.76 - 00:37.71

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Rúni Dahl</b> Entry time: 34.51 (+0.02)	2004 Suðuroyar Svímjifelag		424	<b>34.53</b>	99,94 %
2	<b>Heini Hansen</b> Entry time: 35.22 (+0.71)	2003 Suðuroyar Svímjifelag		376	<b>35.93</b>	97,98 %

Kapping almenn: 11.07.2021 14:43:29

### Kapping 41, 4x100m Frí Kvinnur Opin Bólkur - Innleiðandi

FAR	4:03.56	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	13.03.2016

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
1	<b>Ægir 2</b>	17		406 Q	<b>4:43.52</b>	
	Malan Jóhansdóttir	2004		32.94	1:08.19	1:08.19
	Sofía Toftegaard	2006		34.84	1:13.91	2:22.10
	Bjørt A. Sigurðsson	2004		31.84	1:08.12	3:30.22
	Jonna Joensen	2005		34.28	1:13.30	4:43.52





# Úrslit

## Kapping 41, 4x100m Frí Kvinnur Opin Bólkur - Innleiðandi

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>2</b>	<b>Ægir 1</b>	21			373 Q	<b>4:51.70</b>	
	Ragnhild Jacobsen	2008		36.68	1:18.10	1:18.10	
	Durita M. Askham	2008		35.76	1:17.24	2:35.34	
	Signhild Joensen	2000		32.57	1:07.74	3:43.08	
	Róa Trygvadóttir	2008		33.21	1:08.62	4:51.70	
<b>3</b>	<b>1 FS</b>	25			355 Q	<b>4:56.48</b>	
	Jóhanna Egholm	1996		32.91	1:10.88	1:10.88	
	Margit Højbro	2007		34.14	1:10.88		
	Rebekka Róðinsdóttir	2007		3:00.20	3:39.81	3:39.81	
	Birita Vesturtún	2007		36.38	1:16.67	4:56.48	
<b>4</b>	<b>Hs Kvinnur 2</b>	17			317 Q	<b>5:07.75</b>	93,98 %
	Dorteia Dam	2007		34.35	1:13.20	1:13.20	
	Björg Ólavsdóttir	2004		35.20	1:14.25	2:27.45	
	Oddvá Sedeia D. Nattestad	2006		36.08	1:19.04	3:46.49	
	Jóhanna Katrina Jacobsen	2007		38.32	1:21.26	5:07.75	
<b>5</b>	<b>1 LD Susvim Gentur</b>	18			294 Q	<b>5:15.78</b>	
	Elin Christiansen	2004		39.39	1:21.57	1:21.57	
	Bjarta í Lágabø	2009		38.38	1:21.16	2:42.73	
	Alisa Vestergård	2003		34.90	1:15.51	3:58.24	
	Bjørk L Sørensen	2004		36.31	1:17.54	5:15.78	
-	<b>Hs Kvinnur 1</b>	0				<b>DNS</b>	

Kapping almenn: 11.07.2021 10:34:40

## Kapping 41, 4x100m Frí Kvinnur Jr. Y - Innleiðandi

FAR	4:03.56	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017		
FAR.JR	4:06.78	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	13.03.2016		
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
-	<b>Hs Kvinnur 2</b>	17			317 Q	<b>5:07.75</b>	93,98 %
	Dorteia Dam	2007		34.35	1:13.20	1:13.20	
	Björg Ólavsdóttir	2004		35.20	1:14.25	2:27.45	
	Oddvá Sedeia D. Nattestad	2006		36.08	1:19.04	3:46.49	
	Jóhanna Katrina Jacobsen	2007		38.32	1:21.26	5:07.75	
-	<b>Hs Kvinnur 1</b>	0				<b>DNS</b>	

Kapping almenn: 11.07.2021 10:34:40

## Kapping 41, 4x100m Frí Kvinnur Jr. E - Innleiðandi





# Úrslit

## Kapping 41, 4x100m Frí Kvinnur Jr. E - Innleiðandi

FAR	4:03.56	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)	27.05.2017	
FAR.JR	4:06.78	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)	13.03.2016	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Ægir 2</b>	17		406 Q	<b>4:43.52</b>	
	Malan Jóhansdóttir	2004		32.94	1:08.19	1:08.19
	Sofía Toftegaard	2006		34.84	1:13.91	2:22.10
	Bjørt A. Sigurðsson	2004		31.84	1:08.12	3:30.22
	Jonna Joensen	2005		34.28	1:13.30	4:43.52
<b>-</b>	<b>Hs Kvinnur 2</b>	17		317 Q	<b>5:07.75</b>	93,98 %
	Dorteia Dam	2007		34.35	1:13.20	1:13.20
	Björg Ólavsdóttir	2004		35.20	1:14.25	2:27.45
	Oddvá Sedeia D. Nattestad	2006		36.08	1:19.04	3:46.49
	Jóhanna Katrina Jacobsen	2007		38.32	1:21.26	5:07.75

Kapping almenn: 11.07.2021 10:34:40

## Kapping 41, 4x100m Frí Kvinnur Opin Bólkur - Finala

FAR	4:03.56	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)	27.05.2017	
FAR.JR	4:06.78	Ægir Klaksvík	Ægir Klaksvík (FAR)	Vagur (FAR)	13.03.2016	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Hs Kvinnur 2</b>	20		571	<b>4:13.05</b>	117,77
	Eyðrið Mortensen	2003		29.65	1:02.78	1:02.78
	Dorteia Dam	2007		33.20	1:10.64	2:13.42
	Ronja Ró í Dímun	2004		28.85	1:00.99	3:14.41
	Vár E. Eidesgaard	2001		27.98	58.64	4:13.05
<b>2</b>	<b>Ægir 1</b>	21		543	<b>4:17.34</b>	111,78
	Jonna Joensen	2005		30.65	1:05.16	1:05.16
	Róa Trygvadóttir	2008		30.58	1:03.98	2:09.14
	Sighild Joensen	2000		29.85	1:01.77	3:10.91
	Bjørt A. Sigurðsson	2004		30.73	1:06.43	4:17.34
<b>3</b>	<b>1 LD Susvim Gentur</b>	18		480	<b>4:28.23</b>	115,06
	Bjørk L Sørensen	2004		33.13		
	Bjarta í Lágabø	2009		1:41.98	2:20.39	2:20.39
	Elin Christiansen	2004		31.28	1:08.50	3:28.89
	Alisa Vestergård	2003		27.36	59.34	4:28.23
<b>4</b>	<b>1 FS</b>	25		439	<b>4:36.33</b>	106,80
	Jóhanna Egholm	1996		31.85	1:08.10	1:08.10
	Margit Højbro	2007		32.01	1:08.10	
	Rebekka Róðinsdóttir	2007		2:49.41	3:26.28	3:26.28
	Birita Vesturtún	2007		32.92	1:10.05	4:36.33
<b>5</b>	<b>Ægir 2</b>	17		419	<b>4:40.64</b>	101,02
	Malan Jóhansdóttir	2004		32.66	1:07.83	1:07.83
	Durita M. Askham	2008		33.14	1:10.37	2:18.20
	Sofía Toftegaard	2006		33.11	1:09.05	3:27.25
	Ragnild Jacobsen	2008		34.09	1:13.39	4:40.64

Kapping almenn: 11.07.2021 15:02:51





# Úrslit

## Kapping 41, 4x100m Frí Kvinnur Jr. Y - Finala

FAR	4:03.56	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	13.03.2016
<b>Raðf</b>	<b>Navn</b>	<b>Aldur</b>	<b>Felag</b>	<b>FINA</b>	<b>Tíð</b> <b>Munur</b>
-	<b>Hs Kvinnur 2</b>	20		571	<b>4:13.05</b> 117,77
	Eyðrið Mortensen	2003		29.65 1:02.78	1:02.78
	Dorteia Dam	2007		33.20 1:10.64	2:13.42
	Ronja Ró í Dímun	2004		28.85 1:00.99	3:14.41
	Vár E. Eidesgaard	2001		27.98 58.64	4:13.05

Kapping almenn: 11.07.2021 15:02:51

## Kapping 41, 4x100m Frí Kvinnur Jr. E - Finala

FAR	4:03.56	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	27.05.2017
FAR.JR	4:06.78	Ægir Klaksvik	Ægir Klaksvik (FAR)	Vagur (FAR)	13.03.2016
<b>Raðf</b>	<b>Navn</b>	<b>Aldur</b>	<b>Felag</b>	<b>FINA</b>	<b>Tíð</b> <b>Munur</b>
1	<b>Ægir 2</b>	17		419	<b>4:40.64</b> 101,02
	Malan Jóhansdóttir	2004		32.66 1:07.83	1:07.83
	Durita M. Askham	2008		33.14 1:10.37	2:18.20
	Sofía Toftegaard	2006		33.11 1:09.05	3:27.25
	Ragnhild Jacobsen	2008		34.09 1:13.39	4:40.64

Kapping almenn: 11.07.2021 15:02:51

## Kapping 42, 4x100m Frí Menn Opin Bólkur - Innleiðandi

FAR	3:40.31	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	28.04.2019
FAR.JR	3:48.83	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	05.07.2020
<b>Raðf</b>	<b>Navn</b>	<b>Aldur</b>	<b>Felag</b>	<b>FINA</b>	<b>Tíð</b> <b>Munur</b>
1	<b>Ægir 1</b>	19		400 Q	<b>4:15.42</b>
	Hanus Lydersen	2006		32.30 1:09.43	1:09.43
	Líggjas Joensen	2008		30.38 1:02.29	2:11.72
	Heini M. Askham	2006		29.51 1:03.13	3:14.85
	Martin V. Sivertsen	2002		29.17 1:00.57	4:15.42
2	<b>Hs Menn 1</b>	16		399 Q	<b>4:15.62</b>
	Isak Brisenfeldt	2006		29.98 1:02.12	1:02.12
	Dávid Gislason	2005		30.35 1:03.66	2:05.78
	Villiam Marius Samuelsen	2005		28.87 1:00.73	3:06.51
	Ari Rasmussen Weihe	2005		33.14 1:09.11	4:15.62
3	<b>Susvim Dreingir</b>	18		348 Q	<b>4:27.62</b>
	Rúni Dahl	2004		31.31 1:03.72	1:03.72
	Teitur Winther	2005		33.70 1:11.65	2:15.37
	Heini Hansen	2003		30.89 1:06.15	3:21.52
	Hans Jacob Hjelm	2003		30.57 1:06.10	4:27.62
4	<b>Harrar Susvim</b>	29		344 Q	<b>4:28.60</b>
	Rani Jacobsen	2001		33.05 1:09.49	1:09.49
	Jón Hofgaard	1992		32.44 1:06.24	2:15.73
	Bartal Debess	2002		29.68 1:01.03	3:16.76
	Jóannes Clementsen	2007		34.23 1:11.84	4:28.60





## Úrslit

### Kapping 42, 4x100m Frí Menn Opin Bólkur - Innleiðandi

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>5</b>	<b>Hs Menn 2</b>	16			339 Q	<b>4:29.96</b>	
	Markus Bárðarson Dahl	2005		32.16	1:08.08	1:08.08	
	Snorri Fríðheim Mortensen	2005		29.90	1:01.71	2:09.79	
	Silas Dam Lindberg	2008		33.79	1:12.85	3:22.64	
	Áki Eliassen	2006		31.28	1:07.32	4:29.96	
<b>6</b>	<b>Flot</b>	22			282 Q	<b>4:46.80</b>	
	Lukas Bessason	2007		35.03	1:11.83	1:11.83	
	Karl Joensen	2005		31.94	1:06.73	2:18.56	
	Jákup Í Jákupsstovu	2004		35.53	1:14.28	3:32.84	
	Otto Jacobsen	1999		33.86	1:13.96	4:46.80	

Kapping almenn: 11.07.2021 10:41:16

### Kapping 42, 4x100m Frí Menn Jr. Y - Innleiðandi

FAR	3:40.31	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	28.04.2019		
FAR.JR	3:48.83	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	05.07.2020		
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>1</b>	<b>Hs Menn 1</b>	16			399 Q	<b>4:15.62</b>	
	Isak Brisenfeldt	2006		29.98	1:02.12	1:02.12	
	Dávid Gíslason	2005		30.35	1:03.66	2:05.78	
	Villiam Marius Samuelsen	2005		28.87	1:00.73	3:06.51	
	Ari Rasmussen Weihe	2005		33.14	1:09.11	4:15.62	
<b>2</b>	<b>Hs Menn 2</b>	16			339 Q	<b>4:29.96</b>	
	Markus Bárðarson Dahl	2005		32.16	1:08.08	1:08.08	
	Snorri Fríðheim Mortensen	2005		29.90	1:01.71	2:09.79	
	Silas Dam Lindberg	2008		33.79	1:12.85	3:22.64	
	Áki Eliassen	2006		31.28	1:07.32	4:29.96	

Kapping almenn: 11.07.2021 10:41:16

### Kapping 42, 4x100m Frí Menn Jr. E - Innleiðandi

FAR	3:40.31	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	28.04.2019		
FAR.JR	3:48.83	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	05.07.2020		
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>1</b>	<b>Susvim Dreingir</b>	18			348 Q	<b>4:27.62</b>	
	Rúni Dahl	2004		31.31	1:03.72	1:03.72	
	Teitur Winther	2005		33.70	1:11.65	2:15.37	
	Heini Hansen	2003		30.89	1:06.15	3:21.52	
	Hans Jacob Hjelm	2003		30.57	1:06.10	4:27.62	

Kapping almenn: 11.07.2021 10:41:16

### Kapping 42, 4x100m Frí Menn Opin Bólkur - Finala

FAR	3:40.31	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	28.04.2019		
FAR.JR	3:48.83	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	05.07.2020		
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur





## Úrslit

### Kapping 42, 4x100m Frí Menn Opin Bólkur - Finala

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
<b>1</b>	<b>Harrar Susvim</b>	29			545	<b>3:50.44</b>	114,21
	Róland Toftum	1998		28.35	56.75	56.75	
	Jón Hofgaard	1992		28.14	57.95	1:54.70	
	Rúni Dahl	2004		27.40	59.23	2:53.93	
	Bartal Debess	2002		26.98	56.51	3:50.44	
<b>2</b>	<b>Hs Menn 1</b>	19			514	<b>3:54.87</b>	108,12
	Johan Nónskarð Dam	2002		27.56	57.43	57.43	
	Villiam Marius Samuelsen	2005		27.92	58.32	1:55.75	
	Snorri Fríðheim Mortensen	2005		28.16	59.20	2:54.95	
	Isak Brisenfeldt	2006		28.61	59.92	3:54.87	
<b>3</b>	<b>Ægir 1</b>	19			483	<b>3:59.90</b>	106,08
	Líggjas Joensen	2008		29.26	59.70	59.70	
	Hanus Lydersen	2006		30.09	1:04.52	2:04.22	
	Heini M. Askham	2006		27.01	57.08	3:01.30	
	Martin V. Sivertsen	2002		26.74	58.60	3:59.90	
<b>4</b>	<b>Flot</b>	22			419	<b>4:11.48</b>	112,32
	Lukas Bessason	2007		29.13	1:00.77	1:00.77	
	Karl Joensen	2005		28.60	1:00.24	2:01.01	
	Jákup Í Jákupsstovu	2004		2:01.01	1:10.98	3:11.99	
	Otto Jacobsen	1999		26.09	59.49	4:11.48	
<b>5</b>	<b>Hs Menn 2</b>	16			387	<b>4:18.18</b>	104,36
	Dávid Gislason	2005		30.14	1:02.81	1:02.81	
	Markus Bárðarson Dahl	2005		31.18	1:06.49	2:09.30	
	Ari Rasmussen Weihe	2005		31.84	1:06.57	3:15.87	
	Áki Eliassen	2006		29.69	1:02.31	4:18.18	
<b>6</b>	<b>Susvim Dreingir</b>	20			382	<b>4:19.36</b>	103,09
	Rani Jacobsen	2001		30.74	1:05.01	1:05.01	
	Hans Jacob Hjelm	2003		30.49	1:03.89	2:08.90	
	Teitur Winther	2005		31.46	1:07.43	3:16.33	
	Heini Hansen	2003		29.89	1:03.03	4:19.36	

Kapping almenn: 11.07.2021 15:09:09

### Kapping 42, 4x100m Frí Menn Jr. Y - Finala

FAR	3:40.31	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	28.04.2019	
FAR.JR	3:48.83	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)	05.07.2020	
Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>Hs Menn 2</b>	16		387	<b>4:18.18</b>	104,36
	Dávid Gislason	2005		30.14	1:02.81	1:02.81
	Markus Bárðarson Dahl	2005		31.18	1:06.49	2:09.30
	Ari Rasmussen Weihe	2005		31.84	1:06.57	3:15.87
	Áki Eliassen	2006		29.69	1:02.31	4:18.18





## Úrslit

### Kapping 42, 4x100m Frí Menn Jr. Y - Finala

Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
-	<b>Hs Menn 1</b>	19			514	<b>3:54.87</b>	108,12
	Johan Nónskarð Dam	2002		27.56	57.43	57.43	
	Villiam Marius Samuelsen	2005		27.92	58.32	1:55.75	
	Snorri Fríðheim Mortensen	2005		28.16	59.20	2:54.95	
	Isak Brisenfeldt	2006		28.61	59.92	3:54.87	

Kapping almenn: 11.07.2021 15:09:09

### Kapping 42, 4x100m Frí Menn Jr. E - Finala

FAR	3:40.31	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)		28.04.2019	
FAR.JR	3:48.83	Havnar Svímjifelag	Havnar Svímjifelag (FAR)	Vagur (FAR)		05.07.2020	
Raðf	Navn	Aldur	Felag		FINA	Tíð	Munur
-	<b>Susvim Dreingir</b>	20			382	<b>4:19.36</b>	103,09
	Rani Jacobsen	2001		30.74	1:05.01	1:05.01	
	Hans Jacob Hjelm	2003		30.49	1:03.89	2:08.90	
	Teitur Winther	2005		31.46	1:07.43	3:16.33	
	Heini Hansen	2003		29.89	1:03.03	4:19.36	

Kapping almenn: 11.07.2021 15:09:09

