



## Úrslit

### Ægir Open

Stað: Klaksvíkar Svímjihøll

Hylur: 25m

Fyrirreikari

Stevnudagur:

Svímjifelagið Ægir

feb 15, 2020 til feb 16, 2020

### Kapping 1, 50m Bringu Kvinnur - Innleiðandi

FAR 32.70 Ásbjörg Hjelm 1999 Ægir Klaksvík (FAR) Torshavn (FAR) 14.05.2015  
FAR.JR 32.70 Ásbjörg Hjelm 1999 Ægir Klaksvík (FAR) Torshavn (FAR) 14.05.2015

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag	+0.76	564	34.56	Q
2	Rebekka Trygvadóttir	2004 Svímjifelagið Ægir	+0.75	557	34.71	+0.15 Q
3	Sólvá A. Sigurðsson	2002 Svímjifelagið Ægir	+0.67	461	36.97	+2.41 Q
4	Alisa Vestergård	2003 Suðuroyar Svímjifelag	---	452	37.19	+2.63 Q
5	Sofía Toftegaard	2006 Svímjifelagið Ægir	+0.75	409	38.45	+3.89 Q
6	Birna Isholm	2006 Svímjifelagið Ægir	---	398	38.82	+4.26 Q
7	Maria Suma Poulsen	2004 Havnar Svímjifelag	+0.74	377	39.52	+4.96 Q
8	Elin Christiansen	2004 Suðuroyar Svímjifelag	+0.78	365	39.96	+5.40 Q
8	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	---	365	39.96	+5.40 Q
10	Lea Midjord	2002 Suðuroyar Svímjifelag	---	337	41.03	+6.47 Q
11	Lea Osberg Højsted	2008 Svímjifelagið Ægir	---	336	41.06	+6.50 Q
12	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	---	336	41.07	+6.51 Q
13	Róa Trygvadóttir	2008 Svímjifelagið Ægir	---	323	41.59	+7.03
14	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.61	308	42.25	+7.69
15	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag	+0.56	308	42.28	+7.72
16	Sólja Sigmundardóttir	2005 Havnar Svímjifelag	---	296	42.81	+8.25
17	Margit Højbro	2007 Fuglafjarðar Svímjifelag	+0.81	259	44.75	+10.19
18	Bára D. Nattestad	2004 Havnar Svímjifelag	---	252	45.16	+10.60
19	Ragnhild Jacobsen	2008 Svímjifelagið Ægir	---	226	46.82	+12.26
20	Durita M. Askham	2008 Svímjifelagið Ægir	---	223	47.04	+12.48
21	Dorteá Dam	2007 Havnar Svímjifelag	---	175	51.00	+16.44
22	Ninna Johanna N. Kass	2007 Havnar Svímjifelag	+0.87	145	54.32	+19.76
23	Lea Petersen	2009 Svímjifelagið Reysti	+0.88	143	54.53	+19.97
24	Halla Háfoss	2009 Havnar Svímjifelag	---	131	56.10	+21.54
25	Jóhanna Katrina Jacobsen	2007 Havnar Svímjifelag	+0.99	127	56.71	+22.15

Kapping almenn: 15.02.2020 10:39:03

### Kapping 1, 50m Bringu Kvinnur - Semifinala

FAR 32.70 Ásbjörg Hjelm 1999 Ægir Klaksvík (FAR) Torshavn (FAR) 14.05.2015  
FAR.JR 32.70 Ásbjörg Hjelm 1999 Ægir Klaksvík (FAR) Torshavn (FAR) 14.05.2015

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag	+0.75	574	34.36	Q
2	Rebekka Trygvadóttir	2004 Svímjifelagið Ægir	+0.73	570	34.43	+0.07 Q
3	Sólvá A. Sigurðsson	2002 Svímjifelagið Ægir	---	465	36.86	+2.50 Q
4	Alisa Vestergård	2003 Suðuroyar Svímjifelag	---	408	38.48	+4.12 -
5	Sofía Toftegaard	2006 Svímjifelagið Ægir	+0.77	404	38.62	+4.26 Q
5	Birna Isholm	2006 Svímjifelagið Ægir	+0.75	404	38.62	+4.26 Q
7	Maria Suma Poulsen	2004 Havnar Svímjifelag	---	373	39.67	+5.31 Q
8	Elin Christiansen	2004 Suðuroyar Svímjifelag	---	343	40.78	+6.42
9	Lea Midjord	2002 Suðuroyar Svímjifelag	---	340	40.88	+6.52



## Úrslit

### Kapping 1, 50m Bringu Kvinnur - Semifinala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
10	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	---	337	<b>41.02</b>	+6.66
11	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.76	327	<b>41.42</b>	+7.06
12	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	+0.83	316	<b>41.91</b>	+7.55

Kapping almenn: 15.02.2020 12:52:53

### Kapping 1, 50m Bringu Kvinnur - Finala

FAR	32.70	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Torshavn (FAR)	14.05.2015
FAR.JR	32.70	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Torshavn (FAR)	14.05.2015

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag	+0.70	600	<b>33.85</b>	
2	Rebekka Trygvadóttir	2004 Svímjifelagið Ægir	---	554	<b>34.76</b>	+0.91
3	Sólvá A. Sigurðsson	2002 Svímjifelagið Ægir	+0.68	468	<b>36.76</b>	+2.91
4	Sofía Toftegaard	2006 Svímjifelagið Ægir	+0.71	411	<b>38.41</b>	+4.56
5	Maria Suma Poulsen	2004 Havnar Svímjifelag	+0.73	402	<b>38.68</b>	+4.83
6	Birna Isholm	2006 Svímjifelagið Ægir	---	401	<b>38.70</b>	+4.85

Kapping almenn: 16.02.2020 14:31:43

### Kapping 2, 50m Bringu Menn - Innleiðandi

FAR	28.37	Róland Toftum	1998 Suðuroyar Svímjifelag (FA)	Torshavn (FAR)	30.11.2019
FAR.JR	29.00	Róland Toftum	1998 Suðuroyar Svímjifelag (FA)	Torshavn (FAR)	18.09.2016

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.63	664	<b>28.94</b>	Q
2	Niklas Jógvan Arge	2004 Havnar Svímjifelag	+0.69	509	<b>31.61</b>	+2.67 Q
3	Rani Jacobsen	2001 Suðuroyar Svímjifelag	+0.65	435	<b>33.32</b>	+4.38 Q
4	Natanael A. Matras	2002 Svímjifelagið Ægir	---	409	<b>34.01</b>	+5.07 Q
5	Rúni Dahl	2004 Suðuroyar Svímjifelag	---	385	<b>34.68</b>	+5.74 Q
6	Heini Hansen	2003 Suðuroyar Svímjifelag	---	374	<b>35.03</b>	+6.09 Q
7	Heini M. Askham	2006 Svímjifelagið Ægir	+0.68	295	<b>37.92</b>	+8.98 Q
8	Karl Joensen	2005 Svímjifelagið Flot	+0.75	282	<b>38.47</b>	+9.53 Q
9	Lukas Bessason	2007 Svímjifelagið Flot	---	278	<b>38.68</b>	+9.74 Q
10	Andreas Debess	2006 Suðuroyar Svímjifelag	+0.75	276	<b>38.77</b>	+9.83 Q
11	Ari Rasmussen Weihe	2005 Havnar Svímjifelag	---	270	<b>39.03</b>	+10.09 Q
12	Fríði Dam Lindberg	2003 Havnar Svímjifelag	+0.67	267	<b>39.19</b>	+10.25 Q
13	Jóni Janusarson Strøm	2006 Havnar Svímjifelag	---	267	<b>39.20</b>	+10.26
14	Dávid Gislason	2005 Havnar Svímjifelag	---	262	<b>39.46</b>	+10.52
15	Markus Bárðarson Dahl	2005 Havnar Svímjifelag	---	260	<b>39.52</b>	+10.58
15	Villiam Marius Samuelsen	2005 Havnar Svímjifelag	+0.76	260	<b>39.52</b>	+10.58
17	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	---	256	<b>39.74</b>	+10.80
18	Jákup í Jákupsstovu	2004 Svímjifelagið Flot	+0.75	208	<b>42.58</b>	+13.64
19	Teitur Winther	2005 Suðuroyar Svímjifelag	+0.78	197	<b>43.36</b>	+14.42
20	Áki Eliassen	2006 Havnar Svímjifelag	+0.67	196	<b>43.44</b>	+14.50
21	Hanus Lydersen	2006 Svímjifelagið Ægir	+0.87	184	<b>44.39</b>	+15.45
22	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag	---	181	<b>44.58</b>	+15.64
23	Pætur E. Thorkildshøj	2007 Havnar Svímjifelag	+0.71	166	<b>45.87</b>	+16.93
24	Líggjas Joensen	2008 Svímjifelagið Ægir	---	141	<b>48.43</b>	+19.49
25	Jóannes Clementsen	2007 Suðuroyar Svímjifelag	---	117	<b>51.61</b>	+22.67

## Úrslit

### Kapping 2, 50m Bringu Menn - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
26	Eyðun Róðinsson	2008 Fuglafjarðar Svímjifelag	---	116	<b>51.66</b>	+22.72
27	Fedja Drobnjak	2008 Svímjifelagið Ægir	+0.80	105	<b>53.50</b>	+24.56
28	Ólavur R. Av Steinum	2007 Havnar Svímjifelag	---	101	<b>54.07</b>	+25.13
29	Bragi Mørkøre	2008 Havnar Svímjifelag	---	78	<b>58.89</b>	+29.95
30	Jan Elias Høj	2007 Svímjifelagið Flot	---	77	<b>59.31</b>	+30.37
31	Jónas Rói Fossádal	2009 Havnar Svímjifelag	+0.63	63	<b>1:03.31</b>	+34.37
32	Símun Sámal Joensen	2009 Havnar Svímjifelag	---	60	<b>1:04.47</b>	+35.53
-	Snorri Fríðheim Mortensen	2005 Havnar Svímjifelag	---		<b>DNS</b>	
-	Torkil Weihe	2006 Havnar Svímjifelag	---		<b>DNS</b>	

Kapping almenn: 15.02.2020 10:51:57

### Kapping 2, 50m Bringu Menn - Semifinala

FAR 28.37 Róland Toftum 1998 Suðuroyar Svímjifelag (FA Torshavn (FAR) 30.11.2019  
 FAR.JR 29.00 Róland Toftum 1998 Suðuroyar Svímjifelag (FA Torshavn (FAR) 18.09.2016

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.63	674	<b>28.79</b>	Q
2	Niklas Jógvan Arge	2004 Havnar Svímjifelag	+0.71	506	<b>31.68</b>	+2.89 Q
3	Rani Jacobsen	2001 Suðuroyar Svímjifelag	---	439	<b>33.21</b>	+4.42 Q
4	Rúni Dahl	2004 Suðuroyar Svímjifelag	+0.67	399	<b>34.28</b>	+5.49 Q
5	Natanael A. Matras	2002 Svímjifelagið Ægir	---	392	<b>34.49</b>	+5.70 Q
6	Heini Hansen	2003 Suðuroyar Svímjifelag	+0.63	371	<b>35.12</b>	+6.33 Q
7	Heini M. Askham	2006 Svímjifelagið Ægir	+0.74	285	<b>38.36</b>	+9.57
8	Fríði Dam Lindberg	2003 Havnar Svímjifelag	+0.69	265	<b>39.31</b>	+10.52
9	Andreas Debess	2006 Suðuroyar Svímjifelag	---	264	<b>39.32</b>	+10.53
10	Karl Joensen	2005 Svímjifelagið Flot	+0.76	257	<b>39.67</b>	+10.88
11	Ari Rasmussen Weihe	2005 Havnar Svímjifelag	+0.60	256	<b>39.72</b>	+10.93
12	Lukas Besson	2007 Svímjifelagið Flot	---	252	<b>39.95</b>	+11.16

Kapping almenn: 15.02.2020 12:56:12

### Kapping 2, 50m Bringu Menn - Finala

FAR 28.37 Róland Toftum 1998 Suðuroyar Svímjifelag (FA Torshavn (FAR) 30.11.2019  
 FAR.JR 29.00 Róland Toftum 1998 Suðuroyar Svímjifelag (FA Torshavn (FAR) 18.09.2016

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.64	623	<b>29.55</b>	
2	Niklas Jógvan Arge	2004 Havnar Svímjifelag	---	468	<b>32.51</b>	+2.96
3	Rani Jacobsen	2001 Suðuroyar Svímjifelag	+0.64	435	<b>33.30</b>	+3.75
4	Heini Hansen	2003 Suðuroyar Svímjifelag	+0.65	392	<b>34.49</b>	+4.94
5	Rúni Dahl	2004 Suðuroyar Svímjifelag	+0.64	361	<b>35.46</b>	+5.91
-	Natanael A. Matras	2002 Svímjifelagið Ægir	---		<b>DNS</b>	

Kapping almenn: 16.02.2020 14:33:26

### Kapping 3, 400m Frí Kvinnur - Finala

FAR 4:14.59 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Torshavn (FAR) 29.11.2019  
 FAR.JR 4:17.87 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Kolding (DEN) 11.12.2016

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Vár E. Eidesgaard	2001 Havnar Svímjifelag	+0.73	659	<b>4:28.70</b>	
	50m: 30.46	100m: 1:04.01 (33.55)	150m: 1:38.01 (34.00)	200m: 2:12.10 (34.09)		
	250m: 2:46.61 (34.51)	300m: 3:20.99 (34.38)	350m: 3:55.25 (34.26)	400m: 4:28.70 (33.45)		

## Úrslit

### Kapping 3, 400m Frí Kvinnur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
<b>2</b>	<b>Eyðrið Mortensen</b>	2003 Havnar Svímjifelag	---	593	<b>4:38.36</b>	+9.66
	50m: 31.20	100m: 1:05.57 (34.37)	150m: 1:40.42 (34.85)	200m: 2:15.67 (35.25)		
	250m: 2:51.39 (35.72)	300m: 3:27.02 (35.63)	350m: 4:02.81 (35.79)	400m: 4:38.36 (35.55)		
<b>3</b>	<b>Björt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	+0.78	533	<b>4:48.35</b>	+19.65
	50m: 32.70	100m: 1:08.38 (35.68)	150m: 1:44.67 (36.29)	200m: 2:21.72 (37.05)		
	250m: 2:58.14 (36.42)	300m: 3:35.07 (36.93)	350m: 4:12.19 (37.12)	400m: 4:48.35 (36.16)		
<b>4</b>	<b>Birna Isholm</b>	2006 Svímjifelagið Ægir	---	514	<b>4:51.88</b>	+23.18
	50m: 33.65	100m: 1:10.33 (36.68)	150m: 1:47.86 (37.53)	200m: 2:25.40 (37.54)		
	250m: 2:50.71 (37.31)	300m: 3:39.69 (36.98)	350m: 4:16.49 (36.80)	400m: 4:51.88 (35.39)		
<b>5</b>	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag	---	413	<b>5:13.89</b>	+45.19
	50m: 35.73	100m: 1:15.14 (39.41)	150m: 1:55.29 (40.15)	200m: 2:35.40 (40.11)		
	250m: 3:15.52 (40.12)	300m: 3:56.77 (41.25)	350m: 4:36.55 (39.78)	400m: 5:13.89 (37.34)		
<b>6</b>	<b>Durita M. Askham</b>	2008 Svímjifelagið Ægir	+0.73	295	<b>5:51.34</b>	+1:22.64
	50m: 40.20	100m: 1:27.41 (47.21)	150m: 2:13.39 (45.98)	200m: 2:58.51 (45.12)		
	250m: 3:41.96 (43.45)	300m: 4:25.95 (43.99)	350m: 5:10.86 (44.91)	400m: 5:51.34 (40.48)		

Kapping almenn: 15.02.2020 10:54:47

### Kapping 4, 400m Frí Menn - Finala

FAR	3:40.12	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Istanbul (TUR)	10.12.2009
FAR.JR	3:42.57	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Rijeka (CRO)	11.12.2008

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
<b>1</b>	<b>Johan N. Dam</b>	2002 Havnar Svímjifelag	+0.67	672	<b>4:02.31</b>	
	50m: 28.19	100m: 58.99 (30.80)	150m: 1:29.91 (30.92)	200m: 2:00.78 (30.87)		
	250m: 2:31.78 (31.00)	300m: 3:02.52 (30.74)	350m: 3:33.14 (30.62)	400m: 4:02.31 (29.17)		
<b>2</b>	<b>Martin V. Sivertsen</b>	2002 Svímjifelagið Ægir	---	493	<b>4:28.58</b>	+26.27
	50m: 29.32	100m: 1:02.06 (32.74)	150m: 1:35.25 (33.19)	200m: 2:08.89 (33.64)		
	250m: 2:42.72 (33.83)	300m: 3:17.60 (34.88)	350m: 3:53.03 (35.43)	400m: 4:28.58 (35.55)		
<b>3</b>	<b>Høgni Hoydal Thomassen</b>	2002 Havnar Svímjifelag	+0.74	442	<b>4:38.53</b>	+36.22
	50m: 31.66	100m: 1:06.34 (34.68)	150m: 1:41.20 (34.86)	200m: 2:17.09 (35.89)		
	250m: 2:52.82 (35.73)	300m: 3:28.62 (35.80)	350m: 4:03.63 (35.01)	400m: 4:38.53 (34.90)		
<b>4</b>	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir	---	414	<b>4:44.67</b>	+42.36
	50m: 32.69	100m: 1:08.77 (36.08)	150m: 1:44.85 (36.08)	200m: 2:20.95 (36.10)		
	250m: 2:57.02 (36.07)	300m: 3:33.40 (36.38)	350m: 4:09.78 (36.38)	400m: 4:44.67 (34.89)		
<b>5</b>	<b>Lukas Besson</b>	2007 Svímjifelagið Flot	---	316	<b>5:11.37</b>	+1:09.06
	50m: 34.32	100m: 1:11.46 (37.14)	150m: 1:49.21 (37.75)	200m: 2:28.38 (39.17)		
	250m: 3:08.73 (40.35)	300m: 3:50.04 (41.31)	350m: 4:30.83 (40.79)	400m: 5:11.37 (40.54)		
<b>6</b>	<b>Dávid Gíslason</b>	2005 Havnar Svímjifelag	---	315	<b>5:11.82</b>	+1:09.51
	50m: 33.84	100m: 1:11.83 (37.99)	150m: 1:51.42 (39.59)	200m: 2:31.21 (39.79)		
	250m: 3:11.49 (40.28)	300m: 3:52.07 (40.58)	350m: 4:32.56 (40.49)	400m: 5:11.82 (39.26)		
<b>7</b>	<b>Erling Erlendsson</b>	2007 Havnar Svímjifelag	+0.75	303	<b>5:15.74</b>	+1:13.43
	50m: 34.64	100m: 1:12.94 (38.30)	150m: 1:52.55 (39.61)	200m: 2:33.56 (41.01)		
	250m: 3:15.04 (41.48)	300m: 3:55.78 (40.74)	350m: 4:36.27 (40.49)	400m: 5:15.74 (39.47)		
<b>8</b>	<b>Jákup Í Jákupsstovu</b>	2004 Svímjifelagið Flot	+0.76	289	<b>5:20.88</b>	+1:18.57
	50m: 34.86	100m: 1:13.59 (38.73)	150m: 1:54.15 (40.56)	200m: 2:35.14 (40.99)		
	250m: 3:17.09 (41.95)	300m: 3:58.84 (41.75)	350m: 4:41.57 (42.73)	400m: 5:20.88 (39.31)		
<b>9</b>	<b>Fríði Dam Lindberg</b>	2003 Havnar Svímjifelag	+0.74	280	<b>5:24.35</b>	+1:22.04
	50m: 34.94	100m: 1:14.95 (40.01)	150m: 1:56.60 (41.65)	200m: 2:38.33 (41.73)		
	250m: 3:20.19 (41.86)	300m: 4:02.19 (42.00)	350m: 4:44.05 (41.86)	400m: 5:24.35 (40.30)		

Kapping almenn: 15.02.2020 11:09:09

### Kapping 5, 50m Rygg Kvinnur - Innleiðandi

FAR	28.51	Birita Debes	1995 Svímjifelagið Flot (FAR)	Istanbul (TUR)	15.12.2012
FAR.JR	28.75	Signhild Joensen	2000 Ægir Klaksvík (FAR)	Reykjavík (ISL)	02.12.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
<b>1</b>	<b>Signhild Joensen</b>	2000 Svímjifelagið Ægir	+0.83	687	<b>29.08</b>	Q
<b>2</b>	<b>Elisabeth Erlendsdóttir</b>	2005 Havnar Svímjifelag	+0.75	645	<b>29.70</b>	+0.62 Q
<b>3</b>	<b>Kristina Í Skála</b>	2005 Havnar Svímjifelag	+0.64	572	<b>30.92</b>	+1.84 Q



## Úrslit

### Kapping 5, 50m Rygg Kvinnur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
4	Barbara Debes	2000 Svímjifelagið Ægir	+0.72	564	<b>31.06</b>	+1.98 Q
5	Jonna Joensen	2005 Svímjifelagið Ægir	+0.69	546	<b>31.39</b>	+2.31 Q
6	Eyðrið Mortensen	2003 Havnar Svímjifelag	+0.73	488	<b>32.59</b>	+3.51 Q
7	Björg Ólavsdóttir	2004 Havnar Svímjifelag	+0.66	437	<b>33.81</b>	+4.73 Q
8	Elin Christiansen	2004 Suðuroyar Svímjifelag	+0.79	395	<b>34.97</b>	+5.89 Q
9	Miriam Mortensen	2004 Havnar Svímjifelag	+0.75	387	<b>35.20</b>	+6.12 Q
10	Björk L Sørensen	2004 Suðuroyar Svímjifelag	+0.84	351	<b>36.37</b>	+7.29 Q
11	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	+0.87	328	<b>37.22</b>	+8.14 Q
12	Sólja Sigmundardóttir	2005 Havnar Svímjifelag	+1.12	315	<b>37.69</b>	+8.61 Q
13	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.70	291	<b>38.73</b>	+9.65
14	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+1.07	281	<b>39.18</b>	+10.10
15	Ragnhild Jacobsen	2008 Svímjifelagið Ægir	+0.85	263	<b>40.04</b>	+10.96
16	Margit Højbro	2007 Fuglafjarðar Svímjifelag	+1.00	260	<b>40.20</b>	+11.12
17	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	+0.86	258	<b>40.30</b>	+11.22
18	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag	+0.92	246	<b>40.92</b>	+11.84
19	Durita M. Askham	2008 Svímjifelagið Ægir	+0.73	245	<b>41.01</b>	+11.93
20	Klara M. Hansen	2008 Svímjifelagið Flot	+0.83	189	<b>44.73</b>	+15.65
21	Jóhanna Katrína Jacobsen	2007 Havnar Svímjifelag	+0.88	167	<b>46.59</b>	+17.51
22	Eva Debess	2010 Suðuroyar Svímjifelag	+0.78	100	<b>55.13</b>	+26.05
23	Lea Petersen	2009 Svímjifelagið Reysti	+0.75	100	<b>55.27</b>	+26.19
24	Nicolina Æ. Danielsen	2006 Svímjifelagið Flot	+0.96	78	<b>59.95</b>	+30.87
-	Halla Háfoss	2009 Havnar Svímjifelag	+0.69		<b>DSQ</b>	Nært ikki við í vendi
-	Jórun Winther	2011 Suðuroyar Svímjifelag	-.-		<b>DNS</b>	

Kapping almenn: 15.02.2020 11:17:35

### Kapping 5, 50m Rygg Kvinnur - Semifinala

FAR 28.51 Birita Debes 1995 Svímjifelagið Flot (FAR) Istanbul (TUR) 15.12.2012  
FAR.JR 28.75 Signhild Joensen 2000 Ægir Klaksvik (FAR) Reykjavik (ISL) 02.12.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Signhild Joensen	2000 Svímjifelagið Ægir	+0.81	698	<b>28.93</b>	Q
2	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag	+0.71	599	<b>30.45</b>	+1.52 Q
3	Barbara Debes	2000 Svímjifelagið Ægir	+0.67	566	<b>31.02</b>	+2.09 Q
4	Jonna Joensen	2005 Svímjifelagið Ægir	+0.76	542	<b>31.48</b>	+2.55 Q
5	Kristina í Skála	2005 Havnar Svímjifelag	+0.66	537	<b>31.58</b>	+2.65 Q
6	Eyðrið Mortensen	2003 Havnar Svímjifelag	+0.71	502	<b>32.28</b>	+3.35 Q
7	Björg Ólavsdóttir	2004 Havnar Svímjifelag	+0.68	448	<b>33.54</b>	+4.61
8	Miriam Mortensen	2004 Havnar Svímjifelag	+0.80	372	<b>35.68</b>	+6.75
9	Elin Christiansen	2004 Suðuroyar Svímjifelag	+1.00	351	<b>36.37</b>	+7.44
10	Sólja Sigmundardóttir	2005 Havnar Svímjifelag	+0.76	336	<b>36.89</b>	+7.96
11	Björk L Sørensen	2004 Suðuroyar Svímjifelag	+0.86	310	<b>37.92</b>	+8.99
12	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	+0.86	307	<b>38.04</b>	+9.11

Kapping almenn: 15.02.2020 13:02:19

### Kapping 5, 50m Rygg Kvinnur - Finala

FAR 28.51 Birita Debes 1995 Svímjifelagið Flot (FAR) Istanbul (TUR) 15.12.2012  
FAR.JR 28.75 Signhild Joensen 2000 Ægir Klaksvik (FAR) Reykjavik (ISL) 02.12.2017



## Úrslit

### Kapping 5, 50m Rygg Kvinnur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Signhild Joensen	2000 Svímjifelagið Ægir	+0.80	680	<b>29.18</b>	
2	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag	+0.68	565	<b>31.05</b>	+1.87
3	Barbara Debes	2000 Svímjifelagið Ægir	+0.73	552	<b>31.28</b>	+2.10
4	Jonna Joensen	2005 Svímjifelagið Ægir	+0.76	551	<b>31.30</b>	+2.12
5	Kristina Í Skála	2005 Havnar Svímjifelag	+0.62	542	<b>31.47</b>	+2.29
6	Eyðrið Mortensen	2003 Havnar Svímjifelag	+0.73	499	<b>32.36</b>	+3.18

Kapping almenn: 16.02.2020 15:48:48

### Kapping 6, 50m Rygg Menn - Innleiðandi

FAR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
FAR.JR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.73	507	<b>27.85</b>	Q
2	Martin V. Sivertsen	2002 Svímjifelagið Ægir	+0.67	465	<b>28.67</b>	+0.82 Q
3	Bartal E. Eidesgaard	2003 Havnar Svímjifelag	+0.72	454	<b>28.89</b>	+1.04 Q
4	Bartal Debess	2002 Suðuroyar Svímjifelag	+0.57	449	<b>29.00</b>	+1.15 Q
5	Lukas Bessason	2007 Svímjifelagið Flot	+0.74	346	<b>31.65</b>	+3.80 Q
6	Villiam Marius Samuelsen	2005 Havnar Svímjifelag	+0.76	293	<b>33.45</b>	+5.60 Q
7	Karl Joensen	2005 Svímjifelagið Flot	+0.88	283	<b>33.83</b>	+5.98 Q
8	Andreas Debess	2006 Suðuroyar Svímjifelag	+0.71	254	<b>35.04</b>	+7.19 Q
9	Teitur Winther	2005 Suðuroyar Svímjifelag	+1.03	244	<b>35.52</b>	+7.67 Q
10	Jóni Janusarson Strøm	2006 Havnar Svímjifelag	+1.09	234	<b>36.01</b>	+8.16 Q
11	Heini Holm Jacobsen	2004 Havnar Svímjifelag	+0.62	234	<b>36.03</b>	+8.18 Q
12	Dávid Gislason	2005 Havnar Svímjifelag	+1.03	221	<b>36.70</b>	+8.85 Q
13	Ari Rasmussen Weihe	2005 Havnar Svímjifelag	+0.66	218	<b>36.88</b>	+9.03
14	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	+0.98	195	<b>38.29</b>	+10.44
15	Jóannes Clementsen	2007 Suðuroyar Svímjifelag	+0.72	192	<b>38.46</b>	+10.61
16	Jákup Í Jákupsstovu	2004 Svímjifelagið Flot	+0.79	187	<b>38.81</b>	+10.96
17	Líggjas Joensen	2008 Svímjifelagið Ægir	+0.67	186	<b>38.87</b>	+11.02
18	Áki Eliassen	2006 Havnar Svímjifelag	+0.83	178	<b>39.49</b>	+11.64
19	Hanus Lydersen	2006 Svímjifelagið Ægir	+0.87	168	<b>40.19</b>	+12.34
20	Fedja Drobnjak	2008 Svímjifelagið Ægir	+0.83	145	<b>42.29</b>	+14.44
21	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag	+0.81	141	<b>42.69</b>	+14.84
22	Sílas Hansen	2008 Svímjifelagið Flot	+0.88	140	<b>42.79</b>	+14.94
23	Bragi Mørkøre	2008 Havnar Svímjifelag	+0.70	110	<b>46.27</b>	+18.42
24	Eyðun Róðinsson	2008 Fuglafjarðar Svímjifelag	+1.01	100	<b>47.73</b>	+19.88
25	Benjamin Poulsen	2007 Svímjifelagið Flot	+0.90	89	<b>49.60</b>	+21.75
26	Símun Sámal Joensen	2009 Havnar Svímjifelag	+0.64	74	<b>52.83</b>	+24.98
27	Jónas Rói Fossádal	2009 Havnar Svímjifelag	+0.73	68	<b>54.42</b>	+26.57
28	Ólavur R. Av Steinum	2007 Havnar Svímjifelag	+0.71	64	<b>55.46</b>	+27.61
-	Jan Elias Høj	2007 Svímjifelagið Flot	+0.98		<b>DSQ</b>	Á búkinum á mál
-	Sámal Torkilsson	2006 Fuglafjarðar Svímjifelag	-.--		<b>DNS</b>	

Kapping almenn: 15.02.2020 11:31:44

### Kapping 6, 50m Rygg Menn - Semifinala

FAR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)	31.03.2012
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## Úrslit

### Kapping 6, 50m Rygg Menn - Semifinala

FAR.JR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		31.03.2012
Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal Debess	2002 Suðuroyar Svímjifelag	+0.64	465	<b>28.68</b>	Q
2	Martin V. Sivertsen	2002 Svímjifelagið Ægir	+0.67	452	<b>28.95</b>	+0.27 Q
3	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.74	450	<b>28.98</b>	+0.30 Q
4	Bartal E. Eidesgaard	2003 Havnar Svímjifelag	+0.72	445	<b>29.09</b>	+0.41 Q
5	Lukas Bessason	2007 Svímjifelagið Flot	+0.72	308	<b>32.90</b>	+4.22 Q
6	Villiam Marius Samuelson	2005 Havnar Svímjifelag	+0.74	270	<b>34.35</b>	+5.67 Q
7	Karl Joensen	2005 Svímjifelagið Flot	+1.12	262	<b>34.72</b>	+6.04
8	Teitur Winther	2005 Suðuroyar Svímjifelag	+1.18	248	<b>35.34</b>	+6.66
9	Andreas Debess	2006 Suðuroyar Svímjifelag	+0.74	244	<b>35.54</b>	+6.86
10	Dávid Gislason	2005 Havnar Svímjifelag	+1.80	232	<b>36.16</b>	+7.48
11	Jóni Janusarson Strøm	2006 Havnar Svímjifelag	+0.76	225	<b>36.51</b>	+7.83
12	Heini Holm Jacobsen	2004 Havnar Svímjifelag	+0.63	203	<b>37.78</b>	+9.10

Kapping almenn: 15.02.2020 13:04:58

### Kapping 6, 50m Rygg Menn - Finala

FAR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		31.03.2012
FAR.JR	25.22	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Esbjerg (DEN)		31.03.2012
Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.76	500	<b>27.99</b>	
2	Bartal Debess	2002 Suðuroyar Svímjifelag	+0.61	463	<b>28.71</b>	+0.72
3	Martin V. Sivertsen	2002 Svímjifelagið Ægir	+0.66	444	<b>29.12</b>	+1.13
4	Bartal E. Eidesgaard	2003 Havnar Svímjifelag	+0.72	429	<b>29.44</b>	+1.45
5	Lukas Bessason	2007 Svímjifelagið Flot	+0.88	349	<b>31.53</b>	+3.54
6	Villiam Marius Samuelson	2005 Havnar Svímjifelag	+0.75	295	<b>33.37</b>	+5.38

Kapping almenn: 16.02.2020 15:52:32

### Kapping 7, 100m Firvald Kvinnur - Finala

FAR	1:01.93	Poula Mohr	1995 Havnar Svímjifelag (FAR)	Torshavn (FAR)		14.04.2013
FAR.JR	1:03.15	Vár Erlingsdóttir Eidesga	2001 Havnar Svímjifelag (FAR)	Torshavn (FAR)		26.03.2017
Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rebekka Trygvadóttir	2004 Svímjifelagið Ægir	+0.76	526	<b>1:07.65</b>	
	50m: 32.40	100m: 1:07.65 (35.25)				
2	Malan Jóhansdóttir	2004 Svímjifelagið Ægir	---	441	<b>1:11.72</b>	+4.07
	50m: 33.11	100m: 1:11.72 (38.61)				
3	Nancy N. Dam	2005 Havnar Svímjifelag	---	370	<b>1:16.01</b>	+8.36
	50m: 33.99	100m: 1:16.01 (42.02)				
4	Annelisa Joensen	2003 Svímjifelagið Ægir	---	360	<b>1:16.74</b>	+9.09
	50m: 34.11	100m: 1:16.74 (42.63)				
5	Sofía Toftegaard	2006 Svímjifelagið Ægir	+0.84	322	<b>1:19.65</b>	+12.00
	50m: 38.47	100m: 1:19.65 (41.18)				
6	Róa Trygvadóttir	2008 Svímjifelagið Ægir	---	311	<b>1:20.55</b>	+12.90
	50m: 37.87	100m: 1:20.55 (42.68)				
7	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	+0.80	305	<b>1:21.10</b>	+13.45
	50m: 37.86	100m: 1:21.10 (43.24)				
8	Jóhanna H. Eidesgaard	2004 Havnar Svímjifelag	---	244	<b>1:27.33</b>	+19.68
	50m: 36.48	100m: 1:27.33 (50.85)				
9	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.56	235	<b>1:28.40</b>	+20.75
	50m: 41.49	100m: 1:28.40 (46.91)				



## Úrslit

### Kapping 7, 100m Firvald Kvinnur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
10	Durita M. Askham	2008 Svímjifelagið Ægir	+0.70	205	<b>1:32.54</b>	+24.89
	50m: 43.21	100m: 1:32.54 (49.33)				

Kapping almenn: 15.02.2020 11:33:01

### Kapping 8, 100m Firvald Menn - Finala

FAR	54.66	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Thisted (DEN)		27.11.2011
FAR.JR	54.66	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Thisted (DEN)		27.11.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Natanael A. Matras	2002 Svímjifelagið Ægir	---	448	<b>1:02.80</b>	
	50m: 30.04	100m: 1:02.80 (32.76)				
2	Rói Bech	2001 Suðuroyar Svímjifelag	+0.68	448	<b>1:02.83</b>	+0.03
	50m: 28.83	100m: 1:02.83 (34.00)				
3	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag	+0.63	381	<b>1:06.27</b>	+3.47
	50m: 29.50	100m: 1:06.27 (36.77)				
4	Brandur A. Matras	2003 Svímjifelagið Ægir	---	374	<b>1:06.72</b>	+3.92
	50m: 31.13	100m: 1:06.72 (35.59)				
5	Jóhannis Erlendsson	2003 Havnar Svímjifelag	---	360	<b>1:07.53</b>	+4.73
	50m: 30.53	100m: 1:07.53 (37.00)				
6	Jónas Á Bergi	2003 Svímjifelagið Ægir	+0.67	330	<b>1:09.51</b>	+6.71
	50m: 31.37	100m: 1:09.51 (38.14)				
7	Rani Jacobsen	2001 Suðuroyar Svímjifelag	+0.69	318	<b>1:10.38</b>	+7.58
	50m: 32.48	100m: 1:10.38 (37.90)				
8	Rúni Dahl	2004 Suðuroyar Svímjifelag	---	273	<b>1:14.08</b>	+11.28
	50m: 32.29	100m: 1:14.08 (41.79)				
9	Lukas Bessason	2007 Svímjifelagið Flot	---	229	<b>1:18.51</b>	+15.71
	50m: 35.06	100m: 1:18.51 (43.45)				
10	Áki Eliassen	2006 Havnar Svímjifelag	---	217	<b>1:19.94</b>	+17.14
	50m: 36.92	100m: 1:19.94 (43.02)				
11	Karl Joensen	2005 Svímjifelagið Flot	+0.80	205	<b>1:21.51</b>	+18.71
	50m: 37.30	100m: 1:21.51 (44.21)				
12	Erling Erlendsson	2007 Havnar Svímjifelag	---	179	<b>1:25.26</b>	+22.46
	50m: 38.39	100m: 1:25.26 (46.87)				
13	Jóannes Clementsen	2007 Suðuroyar Svímjifelag	+0.58	65	<b>1:59.52</b>	+56.72
	50m: 57.92	100m: 1:59.52 (1:01.60)				
-	Sámal Torkilsson	2006 Fuglafjarðar Svímjifelag	---		<b>DNS</b>	

Kapping almenn: 15.02.2020 11:41:10

### Kapping 9, 400m Blandað Kvinnur - Finala

FAR	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Bergen (NOR)			12.12.2015
FAR.JR	4:50.30	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Bergen (NOR)			12.12.2015

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Lea Osberg Højsted	2008 Svímjifelagið Ægir	---	401	<b>5:51.04</b>	
	50m: 41.32	100m: 1:26.37 (45.05)		150m: 2:11.98 (45.61)	200m: 2:56.67 (44.69)	
	250m: 3:45.20 (48.53)	300m: 4:33.30 (48.10)		350m: 5:14.35 (41.05)	400m: 5:51.04 (36.69)	
2	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag	---	226	<b>7:04.50</b>	+1:13.46
	50m: 43.67	100m: 1:40.72 (57.05)		150m: 2:40.06 (59.34)	200m: 3:35.48 (55.42)	
	250m: 4:33.67 (58.19)	300m: 5:34.60 (1:00.93)		350m: 6:19.64 (45.04)	400m: 7:04.50 (44.86)	

Kapping almenn: 15.02.2020 11:49:43

### Kapping 10, 400m Blandað Menn - Finala

FAR	4:18.97	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Torshavn (FAR)			15.04.2012
FAR.JR	4:26.12	Alvi Hjelm	1996 Ægir Klaksvík (FAR)	Upplands Vaesby (SWE)		13.12.2014

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal Debess	2002 Suðuroyar Svímjifelag	+0.65	439	<b>5:09.80</b>	
	50m: 32.33	100m: 1:10.35 (38.02)		150m: 1:49.45 (39.10)	200m: 2:29.12 (39.67)	
	250m: 3:13.17 (44.05)	300m: 3:58.49 (45.32)		350m: 4:33.84 (35.35)	400m: 5:09.80 (35.96)	



# Úrslit

## Kapping 10, 400m Blandað Menn - Finala

Raðf Navn Føðia Felag R.T FINA Tíð Munur  
Kapping almenn: 15.02.2020 11:51:24

## Kapping 11, 100m Frí Kvinnur - Finala

FAR 56.48 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Gibraltar (GIB) 11.07.2019  
 FAR.JR 56.98 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Reykjavík (ISL) 02.12.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
<b>1</b>	<b>Signhild Joensen</b> 50m: 28.84	2000 Svímjifelagið Ægir 100m: 59.63 (30.79)	---	598	<b>59.63</b>	
<b>2</b>	<b>Alisa Vestergård</b> 50m: 28.77	2003 Suðuroyar Svímjifelag 100m: 59.85 (31.08)	+0.75	591	<b>59.85</b>	+0.22
<b>3</b>	<b>Barbara Debes</b> 50m: 28.89	2000 Svímjifelagið Ægir 100m: 59.90 (31.01)	+0.70	590	<b>59.90</b>	+0.27
<b>4</b>	<b>Björt A. Sigurðsson</b> 50m: 31.46	2004 Svímjifelagið Ægir 100m: 1:03.87 (32.41)	+0.74	486	<b>1:03.87</b>	+4.24
<b>5</b>	<b>Jonna Joensen</b> 50m: 30.75	2005 Svímjifelagið Ægir 100m: 1:04.32 (33.57)	---	476	<b>1:04.32</b>	+4.69
<b>6</b>	<b>Birna Isholm</b> 50m: 31.26	2006 Svímjifelagið Ægir 100m: 1:05.05 (33.79)	---	460	<b>1:05.05</b>	+5.42
<b>7</b>	<b>Elin Christiansen</b> 50m: 32.32	2004 Suðuroyar Svímjifelag 100m: 1:07.47 (35.15)	+0.82	413	<b>1:07.47</b>	+7.84
<b>8</b>	<b>Bjørk L Sørensen</b> 50m: 32.88	2004 Suðuroyar Svímjifelag 100m: 1:07.82 (34.94)	---	406	<b>1:07.82</b>	+8.19
<b>9</b>	<b>Sólja Sigmundardóttir</b> 50m: 32.43	2005 Havnar Svímjifelag 100m: 1:08.30 (35.87)	---	398	<b>1:08.30</b>	+8.67
<b>10</b>	<b>Róa Trygvadóttir</b> 50m: 33.54	2008 Svímjifelagið Ægir 100m: 1:08.80 (35.26)	---	389	<b>1:08.80</b>	+9.17
<b>11</b>	<b>Jóhanna Ólavsdóttir</b> 50m: 33.49	2007 Fuglafjarðar Svímjifelag 100m: 1:08.97 (35.48)	+0.86	386	<b>1:08.97</b>	+9.34
<b>12</b>	<b>Margit Højbro</b> 50m: 34.83	2007 Fuglafjarðar Svímjifelag 100m: 1:11.03 (36.20)	+0.88	354	<b>1:11.03</b>	+11.40
<b>13</b>	<b>Bára D. Nattestad</b> 50m: 33.94	2004 Havnar Svímjifelag 100m: 1:13.61 (39.67)	+0.78	318	<b>1:13.61</b>	+13.98
<b>14</b>	<b>Rebekka Róðinsdóttir</b> 50m: 35.42	2007 Fuglafjarðar Svímjifelag 100m: 1:14.08 (38.66)	---	312	<b>1:14.08</b>	+14.45
<b>15</b>	<b>Birita Vesturtún</b> 50m: 35.93	2007 Fuglafjarðar Svímjifelag 100m: 1:15.98 (40.05)	+0.78	289	<b>1:15.98</b>	+16.35
<b>16</b>	<b>Durita M. Askham</b> 50m: 37.67	2008 Svímjifelagið Ægir 100m: 1:17.85 (40.18)	---	268	<b>1:17.85</b>	+18.22
<b>17</b>	<b>Ragnhild Jacobsen</b> 50m: 37.94	2008 Svímjifelagið Ægir 100m: 1:18.76 (40.82)	+0.69	259	<b>1:18.76</b>	+19.13
<b>18</b>	<b>Dorteia Dam</b> 50m: 39.34	2007 Havnar Svímjifelag 100m: 1:24.52 (45.18)	+1.04	210	<b>1:24.52</b>	+24.89
<b>19</b>	<b>Klara M. Hansen</b> 50m: 1:28.12	2008 Svímjifelagið Flot 100m: 1:25.31 (2.81)	---	204	<b>1:25.31</b>	+25.68
<b>20</b>	<b>Oddvá Sedeá D. Nattestad</b> 50m: 39.09	2006 Havnar Svímjifelag 100m: 1:25.35 (46.26)	---	204	<b>1:25.35</b>	+25.72
<b>21</b>	<b>Ninna Johanna N. Kass</b> 50m: 41.83	2007 Havnar Svímjifelag 100m: 1:29.46 (47.63)	+1.03	177	<b>1:29.46</b>	+29.83
<b>22</b>	<b>Jóhanna Katrina Jacobsen</b> 50m: 42.56	2007 Havnar Svímjifelag 100m: 1:32.21 (49.65)	+0.96	161	<b>1:32.21</b>	+32.58
<b>23</b>	<b>Halla Háfoss</b> 50m: 44.32	2009 Havnar Svímjifelag 100m: 1:33.25 (48.93)	---	156	<b>1:33.25</b>	+33.62
<b>24</b>	<b>Lea Petersen</b> 50m: 41.57	2009 Svímjifelagið Reysti 100m: 1:33.58 (52.01)	---	154	<b>1:33.58</b>	+33.95

# Úrslit

## Kapping 11, 100m Frí Kvinnur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
-	Jórun Winther	2011 Suðuroyar Svímjifelag	---		DNS	

Kapping almenn: 15.02.2020 12:03:01

## Kapping 12, 100m Frí Menn - Finala

FAR	50.04	Pal Joensen	1990 Suðuroyar Svímjifelag (FA)	Godby (SWE)	01.07.2009
FAR.JR	50.67	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	10.12.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
<b>1</b>	<b>Rókur Trygvason</b> 50m: 24.64	2000 Svímjifelagið Ægir 100m: 51.60 (26.96)	+0.65	660	<b>51.60</b>	
<b>2</b>	<b>Martin V. Sivertsen</b> 50m: 26.44	2002 Svímjifelagið Ægir 100m: 55.67 (29.23)	+0.76	526	<b>55.67</b>	+4.07
<b>3</b>	<b>Rói Bech</b> 50m: 27.34	2001 Suðuroyar Svímjifelag 100m: 57.87 (30.53)	---	468	<b>57.87</b>	+6.27
<b>4</b>	<b>Brandur A. Matras</b> 50m: 28.23	2003 Svímjifelagið Ægir 100m: 58.74 (30.51)	---	447	<b>58.74</b>	+7.14
<b>5</b>	<b>Hans Jacob Hjelm</b> 50m: 28.75	2003 Suðuroyar Svímjifelag 100m: 59.75 (31.00)	+0.63	425	<b>59.75</b>	+8.15
<b>6</b>	<b>Rani Jacobsen</b> 50m: 28.88	2001 Suðuroyar Svímjifelag 100m: 1:00.03 (31.15)	---	419	<b>1:00.03</b>	+8.43
<b>7</b>	<b>Rúni Dahl</b> 50m: 28.52	2004 Suðuroyar Svímjifelag 100m: 1:00.33 (31.81)	---	413	<b>1:00.33</b>	+8.73
<b>8</b>	<b>Heini Hansen</b> 50m: 29.02	2003 Suðuroyar Svímjifelag 100m: 1:00.90 (31.88)	+0.62	401	<b>1:00.90</b>	+9.30
<b>9</b>	<b>Villiam Marius Samuelson</b> 50m: 29.13	2005 Havnar Svímjifelag 100m: 1:02.64 (33.51)	---	369	<b>1:02.64</b>	+11.04
<b>10</b>	<b>Heini M. Askham</b> 50m: 29.55	2006 Svímjifelagið Ægir 100m: 1:02.65 (33.10)	+0.56	369	<b>1:02.65</b>	+11.05
<b>11</b>	<b>Lukas Bessason</b> 50m: 30.18	2007 Svímjifelagið Flot 100m: 1:03.35 (33.17)	---	356	<b>1:03.35</b>	+11.75
<b>12</b>	<b>Karl Joensen</b> 50m: 31.37	2005 Svímjifelagið Flot 100m: 1:04.23 (32.86)	+0.72	342	<b>1:04.23</b>	+12.63
<b>13</b>	<b>Teitur Winther</b> 50m: 31.66	2005 Suðuroyar Svímjifelag 100m: 1:05.05 (33.39)	---	329	<b>1:05.05</b>	+13.45
<b>14</b>	<b>Fríði Dam Lindberg</b> 50m: 31.68	2003 Havnar Svímjifelag 100m: 1:06.57 (34.89)	+0.74	307	<b>1:06.57</b>	+14.97
<b>15</b>	<b>Jákup í Jákupsstovu</b> 50m: 33.06	2004 Svímjifelagið Flot 100m: 1:07.94 (34.88)	+0.77	289	<b>1:07.94</b>	+16.34
<b>16</b>	<b>Fróði Hansen</b> 50m: 32.69	2008 Fuglafjarðar Svímjifelag 100m: 1:10.11 (37.42)	+0.64	263	<b>1:10.11</b>	+18.51
<b>17</b>	<b>Heini Holm Jacobsen</b> 50m: 33.69	2004 Havnar Svímjifelag 100m: 1:10.43 (36.74)	---	259	<b>1:10.43</b>	+18.83
<b>18</b>	<b>Hanus Lydersen</b> 50m: 34.14	2006 Svímjifelagið Ægir 100m: 1:10.90 (36.76)	+0.82	254	<b>1:10.90</b>	+19.30
<b>19</b>	<b>Markus Bárðarson Dahl</b> 50m: 1:11.37	2005 Havnar Svímjifelag 100m: 1:11.37 ()	---	249	<b>1:11.37</b>	+19.77
<b>20</b>	<b>Erling Erlendsson</b> 50m: 33.81	2007 Havnar Svímjifelag 100m: 1:11.64 (37.83)	---	246	<b>1:11.64</b>	+20.04
<b>21</b>	<b>Bárður Ólavsson</b> 50m: 35.18	2008 Fuglafjarðar Svímjifelag 100m: 1:13.03 (37.85)	---	233	<b>1:13.03</b>	+21.43
<b>22</b>	<b>Líggjas Joensen</b> 50m: 38.01	2008 Svímjifelagið Ægir 100m: 1:14.30 (36.29)	+0.85	221	<b>1:14.30</b>	+22.70
<b>23</b>	<b>Pætur E. Thorkildshøj</b> 50m: 36.40	2007 Havnar Svímjifelag 100m: 1:14.95 (38.55)	---	215	<b>1:14.95</b>	+23.35

## Úrslit

### Kapping 12, 100m Frí Menn - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
24	Fedja Drobniak 50m: 39.66	2008 Svímjifelagið Ægir 100m: 1:19.53 (39.87)	+0.80	180	<b>1:19.53</b>	+27.93
25	Silas Hansen 50m: 40.56	2008 Svímjifelagið Flot 100m: 1:27.33 (46.77)	---	136	<b>1:27.33</b>	+35.73
26	Bragi Mørkøre 50m: 44.84	2008 Havnar Svímjifelag 100m: 1:30.38 (45.54)	+0.80	122	<b>1:30.38</b>	+38.78
27	Eyðun Róðinsson 50m: 45.37	2008 Fuglafjarðar Svímjifelag 100m: 1:33.59 (48.22)	---	110	<b>1:33.59</b>	+41.99
28	Jan Elias Høj 50m: 42.32	2007 Svímjifelagið Flot 100m: 1:34.12 (51.80)	---	108	<b>1:34.12</b>	+42.52
29	Benjamin Poulsen 50m: 41.55	2007 Svímjifelagið Flot 100m: 1:38.12 (56.57)	---	96	<b>1:38.12</b>	+46.52
30	Ólavur R. Av Steinum 50m: 43.80	2007 Havnar Svímjifelag 100m: 1:39.24 (55.44)	+0.87	92	<b>1:39.24</b>	+47.64
31	Jónas Rói Fossádal 50m: 47.09	2009 Havnar Svímjifelag 100m: 1:41.66 (54.57)	+0.81	86	<b>1:41.66</b>	+50.06
-	Jónas Á Bergi	2003 Svímjifelagið Ægir	+0.76		DSQ	Tjövstart
-	Símun Sámal Joensen	2009 Havnar Svímjifelag	+0.80		DSQ	Tjövstart
-	Jóni Janusarson Strøm	2006 Havnar Svímjifelag	---		DSQ	Tjövstart
-	Snorri Fríðheim Mortensen	2005 Havnar Svímjifelag	---		DNS	
-	Torkil Weihe	2006 Havnar Svímjifelag	---		DNS	
-	Sámal Torkilsson	2006 Fuglafjarðar Svímjifelag	---		DNS	

Kapping almenn: 15.02.2020 12:16:21

### Kapping 13, 200m Bringu Kvinnur - Finala

FAR 2:36.12 Emma F. Nystrøm 1996 Havnar Svímjifelag (FAR) Torshavn (FAR) 18.05.2014  
 FAR.JR 2:37.64 Turið S. Christiansen 1996 Ægir Klaksvik (FAR) Klaksvik (FAR) 05.11.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Vár E. Eidesgaard 50m: 37.94	2001 Havnar Svímjifelag 100m: 1:20.82 (42.88) 150m: 2:03.91 (43.09)	---	519	<b>2:47.37</b> 200m: 2:47.37 (43.46)	
2	Ronja Ró í Dímun 50m: 38.99	2004 Havnar Svímjifelag 100m: 1:24.03 (45.04) 150m: 2:07.58 (43.55)	+0.76	479	<b>2:51.91</b> 200m: 2:51.91 (44.33)	+4.54
3	Sólvá A. Sigurðsson 50m: 39.97	2002 Svímjifelagið Ægir 100m: 1:25.37 (45.40) 150m: 2:10.46 (45.09)	+0.68	448	<b>2:55.83</b> 200m: 2:55.83 (45.37)	+8.46
4	Nancy N. Dam 50m: 39.77	2005 Havnar Svímjifelag 100m: 1:25.90 (46.13) 150m: 2:12.81 (46.91)	+0.76	433	<b>2:57.76</b> 200m: 2:57.76 (44.95)	+10.39
5	Elisabeth Erlendsdóttir 50m: 39.75	2005 Havnar Svímjifelag 100m: 1:25.39 (45.64) 150m: 2:11.81 (46.42)	---	427	<b>2:58.57</b> 200m: 2:58.57 (46.76)	+11.20
6	Sofía Toftegaard 50m: 41.60	2006 Svímjifelagið Ægir 100m: 1:30.30 (48.70) 150m: 2:16.18 (45.88)	---	410	<b>3:01.08</b> 200m: 3:01.08 (44.90)	+13.71
7	Kristina í Skála 50m: 42.39	2005 Havnar Svímjifelag 100m: 1:30.08 (47.69) 150m: 2:18.06 (47.98)	+0.68	388	<b>3:04.39</b> 200m: 3:04.39 (46.33)	+17.02
8	Lea Osberg Højsted 50m: 43.27	2008 Svímjifelagið Ægir 100m: 1:30.56 (47.29) 150m: 2:18.58 (48.02)	---	388	<b>3:04.43</b> 200m: 3:04.43 (45.85)	+17.06
9	Bjørn Ólavsdóttir 50m: 42.03	2004 Havnar Svímjifelag 100m: 1:29.87 (47.84) 150m: 2:17.63 (47.76)	+0.85	376	<b>3:06.43</b> 200m: 3:06.43 (48.80)	+19.06
10	Birita Vesturtún 50m: 43.10	2007 Fuglafjarðar Svímjifelag 100m: 1:31.79 (48.69) 150m: 2:21.61 (49.82)	---	351	<b>3:10.77</b> 200m: 3:10.77 (49.16)	+23.40
11	Maria Suma Poulsen 50m: 44.38	2004 Havnar Svímjifelag 100m: 1:35.08 (50.70) 150m: 2:25.71 (50.63)	---	332	<b>3:14.22</b> 200m: 3:14.22 (48.51)	+26.85
12	Jóhanna H. Eidesgaard 50m: 43.43	2004 Havnar Svímjifelag 100m: 1:33.10 (49.67) 150m: 2:25.08 (51.98)	+0.70	331	<b>3:14.44</b> 200m: 3:14.44 (49.36)	+27.07

## Úrslit

### Kapping 13, 200m Bringu Kvinnur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
13	Miriam Mortensen	2004 Havnar Svimmifelag	+0.81	283	<b>3:24.77</b>	+37.40
	50m: 44.81	100m: 1:37.00 (52.19) 150m: 2:30.51	(53.51)		200m: 3:24.77	(54.26)
14	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svimmifelag	--	266	<b>3:29.06</b>	+41.69
	50m: 48.09	100m: 1:43.63 (55.54) 150m: 2:39.23	(55.60)		200m: 3:29.06	(49.83)

Kapping almenn: 15.02.2020 12:29:03

### Kapping 14, 200m Bringu Menn - Finala

FAR	2:14.82	Pal Joensen	1990 Suðuroyar Svimmifelag (FA)	Jersey (GBR)	02.07.2015
FAR.JR	2:18.95	Rókur Trygvason	2000 Ægir Klaksvik (FAR)	Torshavn (FAR)	26.10.2018

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal E. Eidesgaard	2003 Havnar Svimmifelag	+0.70	508	<b>2:30.58</b>	
	50m: 33.60	100m: 1:12.17 (38.57) 150m: 1:51.47	(39.30)		200m: 2:30.58	(39.11)
2	Niklas Jógvan Arge	2004 Havnar Svimmifelag	--	424	<b>2:39.82</b>	+9.24
	50m: 35.22	100m: 1:16.10 (40.88) 150m: 1:59.05	(42.95)		200m: 2:39.82	(40.77)
3	Johan N. Dam	2002 Havnar Svimmifelag	+0.66	408	<b>2:41.99</b>	+11.41
	50m: 36.36	100m: 1:18.30 (41.94) 150m: 2:00.54	(42.24)		200m: 2:41.99	(41.45)
4	Andreas Debess	2006 Suðuroyar Svimmifelag	+0.73	272	<b>3:05.44</b>	+34.86
	50m: 39.80	100m: 1:27.58 (47.78) 150m: 2:16.58	(49.00)		200m: 3:05.44	(48.86)
5	Fróði Hansen	2008 Fuglafjarðar Svimmifelag	--	271	<b>3:05.62</b>	+35.04
	50m: 42.64	100m: 1:30.41 (47.77) 150m: 2:18.93	(48.52)		200m: 3:05.62	(46.69)
6	Rói Bech	2001 Suðuroyar Svimmifelag	--	262	<b>3:07.60</b>	+37.02
	50m: 38.97	100m: 1:26.52 (47.55) 150m: 2:16.73	(50.21)		200m: 3:07.60	(50.87)
7	Jóni Janusarson Strøm	2006 Havnar Svimmifelag	+0.70	246	<b>3:11.53</b>	+40.95
	50m: 41.26	100m: 1:30.64 (49.38) 150m: 2:22.76	(52.12)		200m: 3:11.53	(48.77)
8	Markus Bárðarson Dahl	2005 Havnar Svimmifelag	+0.85	239	<b>3:13.52</b>	+42.94
	50m: 44.00	100m: 1:33.56 (49.56) 150m: 2:23.70	(50.14)		200m: 3:13.52	(49.82)
9	Villiam Marius Samuelsen	2005 Havnar Svimmifelag	--	239	<b>3:13.57</b>	+42.99
	50m: 41.96	100m: 1:30.88 (48.92) 150m: 2:23.16	(52.28)		200m: 3:13.57	(50.41)
10	Jóhannis Erlendsson	2003 Havnar Svimmifelag	--	219	<b>3:19.06</b>	+48.48
	50m: 43.46	100m: 1:33.72 (50.26) 150m: 2:25.97	(52.25)		200m: 3:19.06	(53.09)
-	Høgni Hoydal Thomassen	2002 Havnar Svimmifelag	--		<b>DSQ</b>	Firvaldspark í start og ve

Kapping almenn: 15.02.2020 12:35:18

### Kapping 15, 50m Frí Kvinnur - Innleiðandi

FAR	26.04	Guðrun Mortensen	1997 Suðuroyar Svimmifelag (FA)	Laugardalslaug (ISL)	11.12.2011
FAR.JR	26.04	Guðrun Mortensen	1997 Suðuroyar Svimmifelag (FA)	Laugardalslaug (ISL)	11.12.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Vár E. Eidesgaard	2001 Havnar Svimmifelag	+0.73	614	<b>26.97</b>	Q
2	Barbara Debes	2000 Svimmifelagið Ægir	+0.68	584	<b>27.42</b>	+0.45 Q
3	Elisabeth Erlendsdóttir	2005 Havnar Svimmifelag	--	578	<b>27.52</b>	+0.55 Q
4	Ronja Ró í Dímun	2004 Havnar Svimmifelag	--	569	<b>27.67</b>	+0.70 Q
5	Alisa Vestergård	2003 Suðuroyar Svimmifelag	--	554	<b>27.91</b>	+0.94 Q
6	Signhild Joensen	2000 Svimmifelagið Ægir	+0.75	521	<b>28.49</b>	+1.52 Q
7	Eyðrið Mortensen	2003 Havnar Svimmifelag	--	498	<b>28.92</b>	+1.95 Q
8	Rebekka Trygvadóttir	2004 Svimmifelagið Ægir	+0.73	496	<b>28.96</b>	+1.99 -
9	Jonna Joensen	2005 Svimmifelagið Ægir	+0.78	476	<b>29.35</b>	+2.38 Q
10	Nancy N. Dam	2005 Havnar Svimmifelag	+0.78	473	<b>29.41</b>	+2.44 Q
11	Maria Suma Poulsen	2004 Havnar Svimmifelag	+0.74	446	<b>30.00</b>	+3.03 Q
12	Sólvá A. Sigurðsson	2002 Svimmifelagið Ægir	+0.68	438	<b>30.18</b>	+3.21 Q
13	Björt A. Sigurðsson	2004 Svimmifelagið Ægir	+0.74	432	<b>30.31</b>	+3.34 Q
14	Elin Christiansen	2004 Suðuroyar Svimmifelag	+0.76	427	<b>30.44</b>	+3.47



## Úrslit

### Kapping 15, 50m Frí Kvinnur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
15	Birna Isholm	2006 Svímjifelagið Ægir	+0.75	421	<b>30.59</b>	+3.62
16	Miriam Mortensen	2004 Havnar Svímjifelag	-.--	414	<b>30.76</b>	+3.79
16	Jóhanna H. Eidesgaard	2004 Havnar Svímjifelag	+0.78	414	<b>30.76</b>	+3.79
18	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	402	<b>31.05</b>	+4.08
19	Sólja Sigmundardóttir	2005 Havnar Svímjifelag	+0.77	395	<b>31.24</b>	+4.27
20	Björk L Sørensen	2004 Suðuroyar Svímjifelag	-.--	394	<b>31.27</b>	+4.30
21	Annelisa Joensen	2003 Svímjifelagið Ægir	+0.83	390	<b>31.37</b>	+4.40
21	Sofía Toftegaard	2006 Svímjifelagið Ægir	+0.76	390	<b>31.37</b>	+4.40
23	Róa Trygvadóttir	2008 Svímjifelagið Ægir	+0.68	380	<b>31.64</b>	+4.67
24	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	+0.80	362	<b>32.16</b>	+5.19
25	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.69	345	<b>32.69</b>	+5.72
26	Bára D. Nattestad	2004 Havnar Svímjifelag	-.--	321	<b>33.48</b>	+6.51
27	Margit Højbro	2007 Fuglafjarðar Svímjifelag	-.--	316	<b>33.66</b>	+6.69
28	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	-.--	307	<b>33.97</b>	+7.00
29	Durita M. Askham	2008 Svímjifelagið Ægir	+0.52	306	<b>34.00</b>	+7.03
30	Ragnhild Jacobsen	2008 Svímjifelagið Ægir	-.--	286	<b>34.80</b>	+7.83
31	Lea Midjord	2002 Suðuroyar Svímjifelag	-.--	268	<b>35.55</b>	+8.58
32	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag	-.--	238	<b>36.99</b>	+10.02
33	Klara M. Hansen	2008 Svímjifelagið Flot	-.--	231	<b>37.37</b>	+10.40
34	Lea Petersen	2009 Svímjifelagið Reysti	+0.90	190	<b>39.82</b>	+12.85
35	Eva Debess	2010 Suðuroyar Svímjifelag	+0.84	95	<b>50.23</b>	+23.26
-	Nicolina Æ. Danielsen	2006 Svímjifelagið Flot			<b>DNS</b>	
-	Jórun Winther	2011 Suðuroyar Svímjifelag			<b>DNS</b>	

Kapping almenn: 15.02.2020 17:08:34

### Kapping 15, 50m Frí Kvinnur - Semifinala

FAR 26.04 Guðrun Mortensen 1997 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 11.12.2011  
FAR.JR 26.04 Guðrun Mortensen 1997 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 11.12.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Vár E. Eidesgaard	2001 Havnar Svímjifelag	+0.73	610	<b>27.03</b>	Q
2	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag	-.--	572	<b>27.61</b>	+0.58 Q
3	Barbara Debes	2000 Svímjifelagið Ægir	+0.68	570	<b>27.65</b>	+0.62 Q
4	Ronja Ró í Dímun	2004 Havnar Svímjifelag	-.--	562	<b>27.77</b>	+0.74 Q
5	Alisa Vestergård	2003 Suðuroyar Svímjifelag	+0.72	548	<b>28.02</b>	+0.99 Q
6	Signhild Joensen	2000 Svímjifelagið Ægir	+0.83	542	<b>28.11</b>	+1.08 Q
7	Eyðrið Mortensen	2003 Havnar Svímjifelag	+0.76	505	<b>28.78</b>	+1.75
8	Maria Suma Poulsen	2004 Havnar Svímjifelag	-.--	457	<b>29.75</b>	+2.72
9	Jonna Joensen	2005 Svímjifelagið Ægir	+0.77	454	<b>29.82</b>	+2.79
10	Nancy N. Dam	2005 Havnar Svímjifelag	-.--	436	<b>30.22</b>	+3.19
11	Sólvá A. Sigurðsson	2002 Svímjifelagið Ægir	+0.72	403	<b>31.04</b>	+4.01
12	Björt A. Sigurðsson	2004 Svímjifelagið Ægir	+0.80	373	<b>31.83</b>	+4.80

Kapping almenn: 15.02.2020 19:21:16

### Kapping 15, 50m Frí Kvinnur - Finala

FAR 26.04 Guðrun Mortensen 1997 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 11.12.2011  
FAR.JR 26.04 Guðrun Mortensen 1997 Suðuroyar Svímjifelag (FA Laugardalslaug (ISL) 11.12.2011

## Úrslit

### Kapping 15, 50m Frí Kvinnur - Finala

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
1	Vár E. Eidesgaard	2001 Havnar Svímjifelag	+0.73	593	<b>27.28</b>	
2	Barbara Debes	2000 Svímjifelagið Ægir	+0.66	579	<b>27.50</b>	+0.22
3	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag	-.--	572	<b>27.62</b>	+0.34
4	Ronja Ró í Dímun	2004 Havnar Svímjifelag	+0.74	553	<b>27.93</b>	+0.65
5	Signhild Joensen	2000 Svímjifelagið Ægir	+0.77	541	<b>28.13</b>	+0.85
6	Alisa Vestergård	2003 Suðuroyar Svímjifelag	-.--	534	<b>28.26</b>	+0.98

Kapping almenn: 16.02.2020 15:29:55

### Kapping 16, 50m Frí Menn - Innleiðandi

FAR 22.94 Rókur Trygvason 2000 Svímjifelagið Ægir (FAR) Klaksvíkar Svímjihøll (FAR) 15.02.2020  
 FAR.JR 23.24 Pauli Ø. Mohr 1991 Fuglafjarðar Svímjifelag (F) Berlin (GER) 15.11.2009

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
1	Rókur Trygvason	2000 Svímjifelagið Ægir	+0.69	661	<b>23.25</b>	Q
2	Bartal E. Eidesgaard	2003 Havnar Svímjifelag	+0.69	547	<b>24.76</b>	+1.51 Q
3	Bartal Debess	2002 Suðuroyar Svímjifelag	-.--	532	<b>24.99</b>	+1.74 Q
4	Martin V. Sivertsen	2002 Svímjifelagið Ægir	-.--	505	<b>25.44</b>	+2.19 Q
5	Rói Bech	2001 Suðuroyar Svímjifelag	+0.72	495	<b>25.61</b>	+2.36 Q
6	Natanael A. Matras	2002 Svímjifelagið Ægir	+0.73	438	<b>26.67</b>	+3.42 Q
7	Brandur A. Matras	2003 Svímjifelagið Ægir	+0.73	424	<b>26.96</b>	+3.71 Q
8	Jóhannis Erlendsson	2003 Havnar Svímjifelag	+0.66	422	<b>27.01</b>	+3.76 Q
9	Jónas Á Bergi	2003 Svímjifelagið Ægir	+0.69	419	<b>27.06</b>	+3.81 Q
10	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag	+0.64	393	<b>27.64</b>	+4.39 Q
11	Rúni Dahl	2004 Suðuroyar Svímjifelag	+0.69	382	<b>27.92</b>	+4.67 Q
12	Rani Jacobsen	2001 Suðuroyar Svímjifelag	-.--	377	<b>28.03</b>	+4.78 Q
13	Heini Hansen	2003 Suðuroyar Svímjifelag	-.--	374	<b>28.11</b>	+4.86
14	Villiam Marius Samuelson	2005 Havnar Svímjifelag	-.--	372	<b>28.16</b>	+4.91
15	Lukas Besson	2007 Svímjifelagið Flot	+0.82	361	<b>28.43</b>	+5.18
16	Heini M. Askham	2006 Svímjifelagið Ægir	+0.59	357	<b>28.54</b>	+5.29
17	Andreas Debess	2006 Suðuroyar Svímjifelag	-.--	352	<b>28.68</b>	+5.43
18	Karl Joensen	2005 Svímjifelagið Flot	+0.79	341	<b>28.98</b>	+5.73
19	Dávid Gislason	2005 Havnar Svímjifelag	-.--	312	<b>29.87</b>	+6.62
20	Jóni Janusarson Strøm	2006 Havnar Svímjifelag	-.--	306	<b>30.04</b>	+6.79
21	Fríði Dam Lindberg	2003 Havnar Svímjifelag	+0.65	304	<b>30.11</b>	+6.86
22	Teitur Winther	2005 Suðuroyar Svímjifelag	+0.78	303	<b>30.16</b>	+6.91
23	Markus Bárðarson Dahl	2005 Havnar Svímjifelag	+0.82	285	<b>30.77</b>	+7.52
24	Hanus Lydersen	2006 Svímjifelagið Ægir	-.--	275	<b>31.14</b>	+7.89
25	Jákup í Jákupsstovu	2004 Svímjifelagið Flot	-.--	265	<b>31.51</b>	+8.26
25	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	+0.63	265	<b>31.51</b>	+8.26
27	Áki Eliassen	2006 Havnar Svímjifelag	-.--	257	<b>31.86</b>	+8.61
28	Heini Holm Jacobsen	2004 Havnar Svímjifelag	+0.79	250	<b>32.14</b>	+8.89
29	Líggjas Joensen	2008 Svímjifelagið Ægir	+0.73	239	<b>32.64</b>	+9.39
30	Pætur E. Thorkildshøj	2007 Havnar Svímjifelag	+0.80	216	<b>33.74</b>	+10.49
31	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag	+0.77	208	<b>34.15</b>	+10.90
32	Jóannes Clementsen	2007 Suðuroyar Svímjifelag	+0.62	206	<b>34.29</b>	+11.04
33	Fedja Drobnjak	2008 Svímjifelagið Ægir	-.--	176	<b>36.12</b>	+12.87



## Úrslit

### Kapping 16, 50m Frí Menn - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
34	Sílas Hansen	2008 Svímjifelagið Flot	---	149	<b>38.14</b>	+14.89
35	Bragi Mørkøre	2008 Havnar Svímjifelag	+0.59	130	<b>39.90</b>	+16.65
36	Eyðun Róðinsson	2008 Fuglafjarðar Svímjifelag	+0.47	118	<b>41.24</b>	+17.99
37	Jan Elias Høj	2007 Svímjifelagið Flot	+0.96	116	<b>41.46</b>	+18.21
38	Benjamin Poulsen	2007 Svímjifelagið Flot	+0.91	101	<b>43.38</b>	+20.13
39	Símun Sámal Joensen	2009 Havnar Svímjifelag	---	91	<b>44.93</b>	+21.68
40	Jónas Rói Fossádal	2009 Havnar Svímjifelag	+0.57	90	<b>45.19</b>	+21.94
-	Ari Rasmussen Weihe	2005 Havnar Svímjifelag	+0.27		<b>DSQ</b>	Tjóvstart
-	Ólavur R. Av Steinum	2007 Havnar Svímjifelag	+0.23		<b>DSQ</b>	Tjóvstart
-	Sámal Torkilsson	2006 Fuglafjarðar Svímjifelag	---		<b>DNS</b>	

Kapping almenn: 15.02.2020 17:19:22

### Kapping 16, 50m Frí Menn - Semifinala

FAR 22.94 Rókur Trygvason 2000 Svímjifelagið Ægir (FAR) Klaksvíkar Svímjihøll (FAR) 15.02.2020  
FAR.JR 23.24 Pauli Ø. Mohr 1991 Fuglafjarðar Svímjifelag (F) Berlin (GER) 15.11.2009

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rókur Trygvason	2000 Svímjifelagið Ægir	+0.64	640	<b>23.50</b>	Q
2	Bartal Debess	2002 Suðuroyar Svímjifelag	---	550	<b>24.72</b>	+1.22 Q
3	Bartal E. Eidesgaard	2003 Havnar Svímjifelag	+0.72	534	<b>24.96</b>	+1.46 Q
4	Martin V. Sivertsen	2002 Svímjifelagið Ægir	---	492	<b>25.65</b>	+2.15 Q
5	Rói Bech	2001 Suðuroyar Svímjifelag	+0.69	465	<b>26.15</b>	+2.65 Q
6	Jónas Á Bergi	2003 Svímjifelagið Ægir	---	439	<b>26.64</b>	+3.14 Q
7	Natanael A. Matras	2002 Svímjifelagið Ægir	+0.73	430	<b>26.84</b>	+3.34
8	Brandur A. Matras	2003 Svímjifelagið Ægir	+0.74	422	<b>27.01</b>	+3.51
9	Jóhannis Erlendsson	2003 Havnar Svímjifelag	+0.68	412	<b>27.21</b>	+3.71
10	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag	---	390	<b>27.71</b>	+4.21
11	Rúni Dahl	2004 Suðuroyar Svímjifelag	+0.62	378	<b>28.01</b>	+4.51
12	Rani Jacobsen	2001 Suðuroyar Svímjifelag	+0.64	358	<b>28.52</b>	+5.02

Kapping almenn: 15.02.2020 19:23:27

### Kapping 16, 50m Frí Menn - Finala

FAR 22.94 Rókur Trygvason 2000 Svímjifelagið Ægir (FAR) Klaksvíkar Svímjihøll (FAR) 15.02.2020  
FAR.JR 23.24 Pauli Ø. Mohr 1991 Fuglafjarðar Svímjifelag (F) Berlin (GER) 15.11.2009

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Rókur Trygvason	2000 Svímjifelagið Ægir	+0.66	688	<b>22.94</b>	FAR
2	Bartal Debess	2002 Suðuroyar Svímjifelag	---	544	<b>24.81</b>	+1.87
3	Martin V. Sivertsen	2002 Svímjifelagið Ægir	+0.73	484	<b>25.79</b>	+2.85
4	Rói Bech	2001 Suðuroyar Svímjifelag	---	478	<b>25.90</b>	+2.96
5	Bartal E. Eidesgaard	2003 Havnar Svímjifelag	+0.70	476	<b>25.93</b>	+2.99
6	Jónas Á Bergi	2003 Svímjifelagið Ægir	+0.69	444	<b>26.54</b>	+3.60

Kapping almenn: 16.02.2020 15:31:54

### Kapping 17, 200m Rygg Kvinnur - Finala

FAR 2:09.32 Signhild Joensen 2000 Ægir Klaksvík (FAR) Reykjavík (ISL) 03.12.2017  
FAR.JR 2:09.32 Signhild Joensen 2000 Ægir Klaksvík (FAR) Reykjavík (ISL) 03.12.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Signhild Joensen	2000 Svímjifelagið Ægir	+0.79	705	<b>2:13.94</b>	
	50m: 31.31	100m: 1:05.89 (34.58)	150m: 1:40.42 (34.53)	200m: 2:13.94 (33.52)		

## Úrslit

### Kapping 17, 200m Rygg Kvinnur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	Kristina Í Skála	2005 Havnar Svímjifelag	+0.67	527	<b>2:27.57</b>	+13.63
	50m: 35.02	100m: 1:12.49 (37.47)	(37.34)		200m: 2:27.57	(37.74)
3	Björg Ólavsdóttir	2004 Havnar Svímjifelag	+0.73	414	<b>2:39.85</b>	+25.91
	50m: 38.04	100m: 1:19.03 (40.99)	(40.99)		200m: 2:39.85	(39.83)
4	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	+1.02	370	<b>2:46.01</b>	+32.07
	50m: 39.27	100m: 1:21.37 (42.10)	(42.83)		200m: 2:46.01	(41.81)
5	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.75	348	<b>2:49.36</b>	+35.42
	50m: 40.35	100m: 1:24.32 (43.97)	(43.92)		200m: 2:49.36	(41.12)
6	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.80	327	<b>2:53.02</b>	+39.08
	50m: 41.12	100m: 1:25.21 (44.09)	(44.20)		200m: 2:53.02	(43.61)
-	Margit Højbro	2007 Fuglafjarðar Svímjifelag	+0.89		<b>DSQ</b>	Ikki varandi røðsla í 2 ve

Kapping almenn: 15.02.2020 17:28:52

### Kapping 18, 200m Rygg Menn - Finala

FAR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011	
FAR.JR	1:59.98	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Laugardalslaug (ISL)	11.12.2011	
Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Martin V. Sivertsen	2002 Svímjifelagið Ægir	+0.71	362	<b>2:28.19</b>	
	50m: 32.45	100m: 1:09.28 (36.83)	(39.64)		200m: 2:28.19	(39.27)
-	Sámal Torkilsson	2006 Fuglafjarðar Svímjifelag	--		<b>DNS</b>	

Kapping almenn: 15.02.2020 17:31:06

### Kapping 19, 50m Firvald Kvinnur - Innleiðandi

FAR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FA)	Torshavn (FAR)	11.05.2012	
FAR.JR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FA)	Torshavn (FAR)	11.05.2012	
Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Signhild Joensen	2000 Svímjifelagið Ægir	+0.76	572	<b>29.36</b>	Q
2	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag	--	549	<b>29.77</b>	+0.41 Q
3	Ronja Ró í Dímun	2004 Havnar Svímjifelag	+0.72	548	<b>29.78</b>	+0.42 Q
4	Barbara Debes	2000 Svímjifelagið Ægir	+0.68	509	<b>30.52</b>	+1.16 Q
5	Kristina Í Skála	2005 Havnar Svímjifelag	--	493	<b>30.86</b>	+1.50 Q
6	Eyðrið Mortensen	2003 Havnar Svímjifelag	+0.74	465	<b>31.46</b>	+2.10 Q
7	Alisa Vestergård	2003 Suðuroyar Svímjifelag	--	456	<b>31.66</b>	+2.30 Q
8	Sofía Toftegaard	2006 Svímjifelagið Ægir	+0.76	426	<b>32.38</b>	+3.02 Q
9	Malan Jóhansdóttir	2004 Svímjifelagið Ægir	+0.82	417	<b>32.62</b>	+3.26 Q
10	Jonna Joensen	2005 Svímjifelagið Ægir	+0.79	397	<b>33.16</b>	+3.80 Q
11	Miriam Mortensen	2004 Havnar Svímjifelag	+0.81	395	<b>33.21</b>	+3.85 Q
12	Sólvá A. Sigurðsson	2002 Svímjifelagið Ægir	+0.72	388	<b>33.41</b>	+4.05 Q
13	Rebekka Trygvadóttir	2004 Svímjifelagið Ægir	+0.77	380	<b>33.63</b>	+4.27
14	Annelisa Joensen	2003 Svímjifelagið Ægir	--	359	<b>34.29</b>	+4.93
15	Birna Isholm	2006 Svímjifelagið Ægir	--	351	<b>34.56</b>	+5.20
16	Róa Trygvadóttir	2008 Svímjifelagið Ægir	+0.65	323	<b>35.50</b>	+6.14
17	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag	+0.76	308	<b>36.07</b>	+6.71
18	Sólja Sigmundardóttir	2005 Havnar Svímjifelag	--	308	<b>36.08</b>	+6.72
19	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	+0.77	304	<b>36.25</b>	+6.89
20	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	--	262	<b>38.07</b>	+8.71
21	Durita M. Askham	2008 Svímjifelagið Ægir	+0.55	262	<b>38.09</b>	+8.73
22	Birita Vesturtún	2007 Fuglafjarðar Svímjifelag	--	257	<b>38.33</b>	+8.97
23	Ragnhild Jacobsen	2008 Svímjifelagið Ægir	+0.69	232	<b>39.67</b>	+10.31





## Úrslit

### Kapping 19, 50m Firvald Kvinnur - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
24	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag	+0.81	167	44.21	+14.85

Kapping almenn: 15.02.2020 17:37:06

### Kapping 19, 50m Firvald Kvinnur - Semifinala

FAR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FA)	Torshavn (FAR)	11.05.2012
FAR.JR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FA)	Torshavn (FAR)	11.05.2012

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Signhild Joensen	2000 Svímjifelagið Ægir	+0.79	558	29.60	Q
2	Ronja Ró í Dímun	2004 Havnar Svímjifelag	---	507	30.57	+0.97 Q
3	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag	+0.73	501	30.68	+1.08 Q
4	Kristina í Skála	2005 Havnar Svímjifelag	+0.73	484	31.05	+1.45 Q
5	Barbara Debes	2000 Svímjifelagið Ægir	---	474	31.26	+1.66 Q
6	Eyðrið Mortensen	2003 Havnar Svímjifelag	+0.78	451	31.79	+2.19 Q
7	Alisa Vestergård	2003 Suðuroyar Svímjifelag	+0.76	449	31.83	+2.23
8	Miriam Mortensen	2004 Havnar Svímjifelag	+0.83	415	32.68	+3.08
9	Sofía Toftegaard	2006 Svímjifelagið Ægir	+0.75	409	32.84	+3.24
10	Malan Jóhansdóttir	2004 Svímjifelagið Ægir	---	402	33.01	+3.41
11	Jonna Joensen	2005 Svímjifelagið Ægir	---	375	33.78	+4.18
12	Sólvá A. Sigurðsson	2002 Svímjifelagið Ægir	+0.70	363	34.16	+4.56

Kapping almenn: 15.02.2020 19:26:58

### Kapping 19, 50m Firvald Kvinnur - Finala

FAR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FA)	Torshavn (FAR)	11.05.2012
FAR.JR	27.67	Kristina Elin Thomsen	1998 Suðuroyar Svímjifelag (FA)	Torshavn (FAR)	11.05.2012

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Signhild Joensen	2000 Svímjifelagið Ægir	+0.76	544	29.86	
2	Ronja Ró í Dímun	2004 Havnar Svímjifelag	---	537	29.99	+0.13
3	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag	+0.75	513	30.44	+0.58
4	Barbara Debes	2000 Svímjifelagið Ægir	---	503	30.65	+0.79
5	Kristina í Skála	2005 Havnar Svímjifelag	+0.65	482	31.08	+1.22
6	Eyðrið Mortensen	2003 Havnar Svímjifelag	+0.73	464	31.48	+1.62

Kapping almenn: 16.02.2020 14:05:45

### Kapping 20, 50m Firvald Menn - Innleiðandi

FAR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011
FAR.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.68	613	25.60	Q
2	Johan N. Dam	2002 Havnar Svímjifelag	+0.63	502	27.36	+1.76 Q
3	Rói Bech	2001 Suðuroyar Svímjifelag	+0.68	472	27.92	+2.32 Q
4	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag	---	410	29.26	+3.66 Q
5	Natanael A. Matras	2002 Svímjifelagið Ægir	---	409	29.30	+3.70 Q
6	Niklas Jógvan Arge	2004 Havnar Svímjifelag	+0.73	384	29.90	+4.30 Q
7	Brandur A. Matras	2003 Svímjifelagið Ægir	+0.78	379	30.03	+4.43 Q
8	Jónas Á Bergi	2003 Svímjifelagið Ægir	---	362	30.49	+4.89 Q
9	Høggni Hoydal Thomassen	2002 Havnar Svímjifelag	---	338	31.20	+5.60 Q
10	Dávid Gislason	2005 Havnar Svímjifelag	+0.64	295	32.67	+7.07 Q
11	Rani Jacobsen	2001 Suðuroyar Svímjifelag	+0.70	288	32.91	+7.31 Q



## Úrslit

### Kapping 20, 50m Firvald Menn - Innleiðandi

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
12	Lukas Bessason	2007 Svímjifelagið Flot	---	278	<b>33.32</b>	+7.72 Q
13	Áki Eliassen	2006 Havnar Svímjifelag	+0.62	271	<b>33.61</b>	+8.01
14	Karl Joensen	2005 Svímjifelagið Flot	+0.78	267	<b>33.77</b>	+8.17
15	Heini Hansen	2003 Suðuroyar Svímjifelag	+0.69	265	<b>33.83</b>	+8.23
16	Jóni Janusarson Strøm	2006 Havnar Svímjifelag	+0.70	258	<b>34.16</b>	+8.56
17	Heini Holm Jacobsen	2004 Havnar Svímjifelag	+0.72	236	<b>35.17</b>	+9.57
18	Markus Bárðarson Dahl	2005 Havnar Svímjifelag	+0.78	232	<b>35.36</b>	+9.76
19	Fríði Dam Lindberg	2003 Havnar Svímjifelag	---	216	<b>36.23</b>	+10.63
20	Andreas Debess	2006 Suðuroyar Svímjifelag	+0.70	213	<b>36.39</b>	+10.79
21	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	---	205	<b>36.86</b>	+11.26
22	Jákup í Jákupsstovu	2004 Svímjifelagið Flot	---	201	<b>37.10</b>	+11.50
23	Hanus Lydersen	2006 Svímjifelagið Ægir	+0.92	190	<b>37.82</b>	+12.22
24	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag	---	171	<b>39.18</b>	+13.58
25	Sílas Hansen	2008 Svímjifelagið Flot	+0.66	93	<b>47.97</b>	+22.37
26	Líggjas Joensen	2008 Svímjifelagið Ægir	+0.78	87	<b>48.91</b>	+23.31
27	Eyðun Róðinsson	2008 Fuglafjarðar Svímjifelag	---	75	<b>51.42</b>	+25.82
-	Fedja Drobniak	2008 Svímjifelagið Ægir	+0.84		<b>DSQ</b>	Armar ikki yvir vatn.
-	Pætur E. Thorkildshøj	2007 Havnar Svímjifelag	+0.63		<b>DSQ</b>	Tjóvstart
-	Jóannes Clementsen	2007 Suðuroyar Svímjifelag	+0.65		<b>DSQ</b>	Ójavn beinspark
-	Ari Rasmussen Weihe	2005 Havnar Svímjifelag	+0.75		<b>DSQ</b>	Ójavnar armar.
-	Bragi Mørkøre	2008 Havnar Svímjifelag	+0.65		<b>DSQ</b>	Ójavn beinspark
-	Sámal Torkilsson	2006 Fuglafjarðar Svímjifelag	---		<b>DNS</b>	

Kapping almenn: 15.02.2020 17:47:29

### Kapping 20, 50m Firvald Menn - Semifinala

FAR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011
FAR.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.68	535	<b>26.79</b>	Q
2	Johan N. Dam	2002 Havnar Svímjifelag	+0.64	471	<b>27.95</b>	+1.16 Q
3	Rói Bech	2001 Suðuroyar Svímjifelag	---	439	<b>28.60</b>	+1.81 Q
4	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag	---	392	<b>29.70</b>	+2.91 Q
5	Natanael A. Matras	2002 Svímjifelagið Ægir	+0.73	385	<b>29.89</b>	+3.10 Q
6	Niklas Jógvan Arge	2004 Havnar Svímjifelag	+0.72	379	<b>30.03</b>	+3.24 Q
7	Jónas Á Bergi	2003 Svímjifelagið Ægir	+0.68	343	<b>31.06</b>	+4.27
8	Brandur A. Matras	2003 Svímjifelagið Ægir	+0.79	342	<b>31.09</b>	+4.30
9	Rani Jacobsen	2001 Suðuroyar Svímjifelag	+0.63	334	<b>31.34</b>	+4.55
10	Dávid Gíslason	2005 Havnar Svímjifelag	---	299	<b>32.50</b>	+5.71
11	Lukas Bessason	2007 Svímjifelagið Flot	+0.81	291	<b>32.81</b>	+6.02

Kapping almenn: 15.02.2020 19:29:17

### Kapping 20, 50m Firvald Menn - Finala

FAR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011
FAR.JR	24.70	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN)	Saint-Dizier (FRA)	18.11.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum	1998 Suðuroyar Svímjifelag	+0.64	613	<b>25.59</b>	

## Úrslit

### Kapping 20, 50m Firvald Menn - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
2	Johan N. Dam	2002 Havnar Svímjifelag	---	496	<b>27.46</b>	+1.87
3	Rói Bech	2001 Suðuroyar Svímjifelag	+0.67	461	<b>28.15</b>	+2.56
4	Hans Jacob Hjelm	2003 Suðuroyar Svímjifelag	+0.61	411	<b>29.25</b>	+3.66
5	Natanael A. Matras	2002 Svímjifelagið Ægir	---	389	<b>29.79</b>	+4.20
6	Niklas Jógvan Arge	2004 Havnar Svímjifelag	+0.77	370	<b>30.27</b>	+4.68

Kapping almenn: 16.02.2020 14:06:53

### Kapping 21, 200m Blandað Kvinnur - Finala

FAR	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Bergen (NOR)	11.12.2015
FAR.JR	2:16.52	Sára R. Nysted	2001 Suðuroyar Svímjifelag (FA Bergen (NOR)	11.12.2015

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Alisa Vestergård	2003 Suðuroyar Svímjifelag	+0.74	483	<b>2:35.30</b>	
	50m: 32.12	100m: 1:12.80 (40.68)	150m: 2:00.55 (47.75)	200m: 2:35.30 (34.75)		
2	Björt A. Sigurðsson	2004 Svímjifelagið Ægir	---	462	<b>2:37.59</b>	+2.29
	50m: 35.25	100m: 1:15.83 (40.58)	150m: 2:00.91 (45.08)	200m: 2:37.59 (36.68)		
3	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	+0.82	385	<b>2:47.50</b>	+12.20
	50m: 38.25	100m: 1:20.87 (42.62)	150m: 2:09.90 (49.03)	200m: 2:47.50 (37.60)		
4	Maria Suma Poulsen	2004 Havnar Svímjifelag	---	384	<b>2:47.54</b>	+12.24
	50m: 39.73	100m: 1:21.44 (41.71)	150m: 2:10.13 (48.69)	200m: 2:47.54 (37.41)		
5	Björg Ólavsdóttir	2004 Havnar Svímjifelag	+0.89	371	<b>2:49.49</b>	+14.19
	50m: 38.28	100m: 1:20.78 (42.50)	150m: 2:11.02 (50.24)	200m: 2:49.49 (38.47)		
6	Margit Højbro	2007 Fuglafjarðar Svímjifelag	+0.57	345	<b>2:53.67</b>	+18.37
	50m: 39.81	100m: 1:24.91 (45.10)	150m: 2:15.32 (50.41)	200m: 2:53.67 (38.35)		
7	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag	---	330	<b>2:56.26</b>	+20.96
	50m: 42.92	100m: 1:25.56 (42.64)	150m: 2:18.48 (52.92)	200m: 2:56.26 (37.78)		
8	Sólja Sigmundardóttir	2005 Havnar Svímjifelag	+0.88	329	<b>2:56.47</b>	+21.17
	50m: 37.07	100m: 1:23.00 (45.93)	150m: 2:17.40 (54.40)	200m: 2:56.47 (39.07)		
9	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	+0.76	300	<b>3:01.85</b>	+26.55
	50m: 42.34	100m: 1:28.70 (46.36)	150m: 2:21.74 (53.04)	200m: 3:01.85 (40.11)		
10	Durita M. Askham	2008 Svímjifelagið Ægir	+0.55	280	<b>3:06.09</b>	+30.79
	50m: 41.12	100m: 1:29.20 (48.08)	150m: 2:25.06 (55.86)	200m: 3:06.09 (41.03)		
11	Bára D. Nattestad	2004 Havnar Svímjifelag	---	259	<b>3:11.09</b>	+35.79
	50m: 42.77	100m: 1:30.95 (48.18)	150m: 2:27.44 (56.49)	200m: 3:11.09 (43.65)		
-	Lea Osberg Højsted	2008 Svímjifelagið Ægir	+0.77		<b>DSQ</b>	Ikki varandi røðsla í ven
-	Elin Christiansen	2004 Suðuroyar Svímjifelag	---		<b>DNS</b>	
-	Oddvá Sedeá D. Nattestad	2006 Havnar Svímjifelag	---		<b>DNS</b>	

Kapping almenn: 15.02.2020 17:58:51

### Kapping 22, 200m Blandað Menn - Finala

FAR	2:01.97	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Torshavn (FAR)	14.04.2012
FAR.JR	2:05.26	Magnus Jákupsson	1994 Havnar Svímjifelag (DEN) Thisted (DEN)	25.11.2011

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal E. Eidesgaard	2003 Havnar Svímjifelag	+0.69	570	<b>2:12.19</b>	
	50m: 28.68	100m: 1:03.89 (35.21)	150m: 1:41.82 (37.93)	200m: 2:12.19 (30.37)		
2	Bartal Debess	2002 Suðuroyar Svímjifelag	---	416	<b>2:26.79</b>	+14.60
	50m: 30.32	100m: 1:08.81 (38.49)	150m: 1:54.29 (45.48)	200m: 2:26.79 (32.50)		
3	Lukas Besson	2007 Svímjifelagið Flot	---	310	<b>2:41.84</b>	+29.65
	50m: 37.04	100m: 1:16.78 (39.74)	150m: 2:04.68 (47.90)	200m: 2:41.84 (37.16)		
4	Dávid Gíslason	2005 Havnar Svímjifelag	+0.69	290	<b>2:45.60</b>	+33.41
	50m: 35.10	100m: 1:18.51 (43.41)	150m: 2:08.09 (49.58)	200m: 2:45.60 (37.51)		
5	Karl Joensen	2005 Svímjifelagið Flot	+0.78	285	<b>2:46.40</b>	+34.21
	50m: 37.07	100m: 1:20.03 (42.96)	150m: 2:09.06 (49.03)	200m: 2:46.40 (37.34)		

## Úrslit

### Kapping 22, 200m Blandað Menn - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
6	Jákup í Jákupsstovu 50m: 39.08	2004 Svímjifelagið Flot 100m: 1:21.98 (42.90) 150m: 2:11.46	---	268	<b>2:49.96</b>	+37.77 (38.50)
7	Bárður Ólavsson 50m: 40.17	2008 Fuglafjarðar Svímjifelag 100m: 1:27.53 (47.36) 150m: 2:18.97	+0.77	233	<b>2:58.05</b>	+45.86 (39.08)
8	Áki Eliassen 50m: 36.92	2006 Havnar Svímjifelag 100m: 1:25.39 (48.47) 150m: 2:21.23	---	222	<b>3:00.86</b>	+48.67 (39.63)
9	Líggjas Joensen 50m: 47.13	2008 Svímjifelagið Ægir 100m: 1:31.72 (44.59) 150m: 2:32.49	+0.84	190	<b>3:10.62</b>	+58.43 (38.13)
-	Fedja Drobnjak	2008 Svímjifelagið Ægir	+0.80		<b>DSQ</b>	Armar ikki yvir vatn í frív
-	Heini M. Askham	2006 Svímjifelagið Ægir	---		<b>DNS</b>	

Kapping almenn: 15.02.2020 18:04:07

### Kapping 23, 100m Bringu Kvinnur - Finala

FAR	1:11.53	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Torshavn (FAR)	15.05.2015
FAR.JR	1:11.53	Ásbjörg Hjelm	1999 Ægir Klaksvik (FAR)	Torshavn (FAR)	15.05.2015

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Sólvá A. Sigurðsson 50m: 38.39	2002 Svímjifelagið Ægir 100m: 1:20.72 (42.33)	+0.75	461	<b>1:20.72</b>	
2	Sofía Toftgaard 50m: 39.55	2006 Svímjifelagið Ægir 100m: 1:23.80 (44.25)	+0.77	412	<b>1:23.80</b>	+3.08
3	Birita Vesturtún 50m: 41.84	2007 Fuglafjarðar Svímjifelag 100m: 1:25.87 (44.03)	---	382	<b>1:25.87</b>	+5.15
4	Lea Osberg Højsted 50m: 41.55	2008 Svímjifelagið Ægir 100m: 1:25.92 (44.37)	+0.74	382	<b>1:25.92</b>	+5.20
5	Birna Isholm 50m: 40.40	2006 Svímjifelagið Ægir 100m: 1:26.84 (46.44)	---	370	<b>1:26.84</b>	+6.12
6	Elin Christiansen 50m: 41.59	2004 Suðuroyar Svímjifelag 100m: 1:27.43 (45.84)	+0.83	362	<b>1:27.43</b>	+6.71
7	Jóhanna H. Eidesgaard 50m: 41.83	2004 Havnar Svímjifelag 100m: 1:29.82 (47.99)	+0.95	334	<b>1:29.82</b>	+9.10
8	Róa Trygvadóttir 50m: 44.53	2008 Svímjifelagið Ægir 100m: 1:33.13 (48.60)	+0.85	300	<b>1:33.13</b>	+12.41
9	Lea Midjord 50m: 43.13	2002 Suðuroyar Svímjifelag 100m: 1:33.80 (50.67)	---	293	<b>1:33.80</b>	+13.08
10	Margit Højbro 50m: 45.61	2007 Fuglafjarðar Svímjifelag 100m: 1:35.58 (49.97)	+0.85	277	<b>1:35.58</b>	+14.86
11	Rebekka Róðinsdóttir 50m: 46.42	2007 Fuglafjarðar Svímjifelag 100m: 1:36.19 (49.77)	+0.85	272	<b>1:36.19</b>	+15.47
12	Lea Petersen 50m: 55.94	2009 Svímjifelagið Reysti 100m: 2:00.04 (1:04.10)	+0.86	140	<b>2:00.04</b>	+39.32
-	Oddvá Seda D. Nattestad	2006 Havnar Svímjifelag	---		<b>DNS</b>	

Kapping almenn: 15.02.2020 18:14:10

### Kapping 24, 100m Bringu Menn - Finala

FAR	1:02.38	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Gibraltar (GIB)	08.07.2019
FAR.JR	1:03.43	Róland Toftum	1998 Suðuroyar Svímjifelag (FA Torshavn (FAR)	19.09.2016

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Róland Toftum 50m: 30.51	1998 Suðuroyar Svímjifelag 100m: 1:05.35 (34.84)	+0.66	616	<b>1:05.35</b>	
2	Rókur Trygvason 50m: 30.88	2000 Svímjifelagið Ægir 100m: 1:06.09 (35.21)	---	595	<b>1:06.09</b>	+0.74
3	Niklas Jógván Arge 50m: 33.33	2004 Havnar Svímjifelag 100m: 1:11.45 (38.12)	+0.75	471	<b>1:11.45</b>	+6.10

## Úrslit

### Kapping 24, 100m Bringu Menn - Finala

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
4	Heini Hansen 50m: 37.19	2003 Suðuroyar Svímjifelag 100m: 1:17.77 (40.58)	---	365	<b>1:17.77</b>	+12.42
5	Rani Jacobsen 50m: 35.37	2001 Suðuroyar Svímjifelag 100m: 1:18.09 (42.72)	+0.65	361	<b>1:18.09</b>	+12.74
6	Fróði Hansen 50m: 40.93	2008 Fuglafjarðar Svímjifelag 100m: 1:25.78 (44.85)	+0.75	272	<b>1:25.78</b>	+20.43
7	Andreas Debess 50m: 39.83	2006 Suðuroyar Svímjifelag 100m: 1:26.13 (46.30)	+0.74	269	<b>1:26.13</b>	+20.78
8	Markus Bárðarson Dahl 50m: 40.72	2005 Havnar Svímjifelag 100m: 1:26.67 (45.95)	+0.75	264	<b>1:26.67</b>	+21.32
9	Jóni Janusarson Strøm 50m: 41.79	2006 Havnar Svímjifelag 100m: 1:28.16 (46.37)	+0.80	250	<b>1:28.16</b>	+22.81
10	Villiam Marius Samuelsen 50m: 41.02	2005 Havnar Svímjifelag 100m: 1:28.93 (47.91)	+0.79	244	<b>1:28.93</b>	+23.58
11	Jákup Í Jákupsstovu 50m: 43.44	2004 Svímjifelagið Flot 100m: 1:31.15 (47.71)	---	227	<b>1:31.15</b>	+25.80
12	Karl Joensen 50m: 43.20	2005 Svímjifelagið Flot 100m: 1:31.55 (48.35)	---	224	<b>1:31.55</b>	+26.20
13	Ari Rasmussen Weihe 50m: 43.68	2005 Havnar Svímjifelag 100m: 1:32.93 (49.25)	---	214	<b>1:32.93</b>	+27.58
14	Bárður Ólavsson 50m: 45.57	2008 Fuglafjarðar Svímjifelag 100m: 1:36.64 (51.07)	+0.77	190	<b>1:36.64</b>	+31.29
15	Eyðun Róðinsson 50m: 56.09	2008 Fuglafjarðar Svímjifelag 100m: 1:58.71 (1:02.62)	+0.93	102	<b>1:58.71</b>	+53.36
16	Ólavur R. Av Steinum 50m: 59.31	2007 Havnar Svímjifelag 100m: 2:07.96 (1:08.65)	+0.76	82	<b>2:07.96</b>	+1:02.61
17	Bragi Mørkøre 50m: 1:05.70	2008 Havnar Svímjifelag 100m: 2:11.97 (1:06.27)	+0.67	74	<b>2:11.97</b>	+1:06.62
18	Símun Sámal Joensen 50m: 1:06.53	2009 Havnar Svímjifelag 100m: 2:21.21 (1:14.68)	---	61	<b>2:21.21</b>	+1:15.86
19	Jan Elias Høj 50m: 1:03.32	2007 Svímjifelagið Flot 100m: 2:22.03 (1:18.71)	+0.94	60	<b>2:22.03</b>	+1:16.68
-	Fríði Dam Lindberg	2003 Havnar Svímjifelag	+0.65		<b>DSQ</b>	Crawlbein.
-	Jónas Rói Fossádal	2009 Havnar Svímjifelag	+0.65		<b>DSQ</b>	Ójøvn bein
-	Jóannes Clementsen	2007 Suðuroyar Svímjifelag	---		<b>DNS</b>	
-	Torkil Weihe	2006 Havnar Svímjifelag	---		<b>DNS</b>	

Kapping almenn: 15.02.2020 18:21:33

### Kapping 25, 1500m Frí Kvinnur - Finala

FAR 16:47.54 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Gibraltar (GIB) 09.07.2019  
 FAR.JR 16:55.18 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Torshavn (FAR) 26.03.2017

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
1	Vár E. Eidesgaard 50m: 30.27 250m: 2:45.86 (34.00) 450m: 5:02.12 (34.13) 650m: 7:18.47 (34.12) 850m: 9:35.13 (34.16) 1050m: 11:52.20 (34.23) 1250m: 14:09.93 (34.43) 1450m: 16:26.63 (33.88)	2001 Havnar Svímjifelag 100m: 1:04.09 (33.82) 300m: 3:19.83 (33.97) 500m: 5:36.34 (34.22) 700m: 7:52.71 (34.24) 900m: 10:09.44 (34.31) 1100m: 12:26.43 (34.23) 1300m: 14:44.01 (34.08) 1500m: 16:59.39 (32.76)	+0.81	734	<b>16:59.39</b>	
		150m: 1:37.88 (33.79) 350m: 3:53.81 (33.98) 550m: 6:10.21 (33.87) 750m: 8:26.92 (34.21) 950m: 10:43.69 (34.25) 1150m: 13:01.27 (34.84) 1350m: 15:18.23 (34.22)			200m: 2:11.86 (33.98) 400m: 4:27.99 (34.18) 600m: 6:44.35 (34.14) 800m: 9:00.97 (34.05) 1000m: 11:17.97 (34.28) 1200m: 13:35.50 (34.23) 1400m: 15:52.75 (34.52)	

# Úrslit

## Kapping 25, 1500m Frí Kvinnur - Finala

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
<b>2</b>	<b>Nancy N. Dam</b>	2005 Havnar Svímjifelag	+0.83	562	<b>18:33.92</b>	+1:34.53
	50m: 33.41	100m: 1:10.06 (36.65)	150m: 1:47.45 (37.39)	200m: 2:25.22 (37.77)		
	250m: 3:02.50 (37.28)	300m: 3:40.02 (37.52)	350m: 4:17.55 (37.53)	400m: 4:55.35 (37.80)		
	450m: 5:32.67 (37.32)	500m: 6:10.32 (37.65)	550m: 6:47.76 (37.44)	600m: 7:25.12 (37.36)		
	650m: 8:02.70 (37.58)	700m: 8:40.37 (37.67)	750m: 9:18.21 (37.84)	800m: 9:55.39 (37.18)		
	850m: 10:33.19 (37.80)	900m: 11:10.71 (37.52)	950m: 11:48.29 (37.58)	1000m: 12:25.89 (37.60)		
	1050m: 13:03.43 (37.54)	1100m: 13:41.17 (37.74)	1150m: 14:18.86 (37.69)	1200m: 14:55.87 (37.01)		
	1250m: 15:32.75 (36.88)	1300m: 16:09.48 (36.73)	1350m: 16:46.13 (36.65)	1400m: 17:23.12 (36.99)		
	1450m: 17:59.23 (36.11)	1500m: 18:33.92 (34.69)				
<b>3</b>	<b>Björt A. Sigurðsson</b>	2004 Svímjifelagið Ægir	---	548	<b>18:43.41</b>	+1:44.02
	50m: 33.13	100m: 1:09.76 (36.63)	150m: 1:47.02 (37.26)	200m: 2:24.80 (37.78)		
	250m: 3:02.20 (37.40)	300m: 3:39.80 (37.60)	350m: 4:17.14 (37.34)	400m: 4:54.77 (37.63)		
	450m: 5:32.30 (37.53)	500m: 6:10.11 (37.81)	550m: 6:47.50 (37.39)	600m: 7:25.08 (37.58)		
	650m: 8:02.81 (37.73)	700m: 8:40.22 (37.41)	750m: 9:17.73 (37.51)	800m: 9:55.37 (37.64)		
	850m: 10:33.12 (37.75)	900m: 11:10.75 (37.63)	950m: 11:48.56 (37.81)	1000m: 12:26.33 (37.77)		
	1050m: 13:04.38 (38.05)	1100m: 13:42.00 (37.62)	1150m: 14:20.09 (38.09)	1200m: 14:57.97 (37.88)		
	1250m: 15:35.22 (37.25)	1300m: 16:13.31 (38.09)	1350m: 16:51.31 (38.00)	1400m: 17:28.87 (37.56)		
	1450m: 18:06.52 (37.65)	1500m: 18:43.41 (36.89)				
<b>4</b>	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir	+0.82	484	<b>19:30.98</b>	+2:31.59
	50m: 33.27	100m: 1:11.41 (38.14)	150m: 1:50.54 (39.13)	200m: 2:29.75 (39.21)		
	250m: 3:08.43 (38.68)	300m: 3:47.35 (38.92)	350m: 4:26.30 (38.95)	400m: 5:05.55 (39.25)		
	450m: 5:45.21 (39.66)	500m: 6:24.56 (39.35)	550m: 7:03.81 (39.25)	600m: 7:43.23 (39.42)		
	650m: 8:22.27 (39.04)	700m: 9:01.33 (39.06)	750m: 9:40.52 (39.19)	800m: 10:19.52 (39.00)		
	850m: 10:58.55 (39.03)	900m: 11:38.03 (39.48)	950m: 12:17.48 (39.45)	1000m: 12:56.87 (39.39)		
	1050m: 13:36.44 (39.57)	1100m: 14:15.60 (39.16)	1150m: 14:55.90 (40.30)	1200m: 15:35.07 (39.17)		
	1250m: 16:14.74 (39.67)	1300m: 16:54.79 (40.05)	1350m: 17:34.30 (39.51)	1400m: 18:13.20 (38.90)		
	1450m: 18:52.93 (39.73)	1500m: 19:30.98 (38.05)				

Kapping almenn: 15.02.2020 18:45:00

## Kapping 26, 800m Frí Menn - Finala

FAR	7:36.24	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Atlanta (USA)	17.12.2011
FAR.JR	7:48.56	Pal Joensen	1990 Suðuroyar Svímjifelag (FA Rijeka (CRO)	13.12.2008

Raðf	Navn	Føðia Félag	R.T	FINA	Tíð	Munur
<b>1</b>	<b>Johan N. Dam</b>	2002 Havnar Svímjifelag	+0.64	660	<b>8:29.07</b>	
	50m: 29.25	100m: 1:01.63 (32.38)	150m: 1:34.01 (32.38)	200m: 2:06.14 (32.13)		
	250m: 2:38.40 (32.26)	300m: 3:10.79 (32.39)	350m: 3:43.38 (32.59)	400m: 4:15.56 (32.18)		
	450m: 4:47.93 (32.37)	500m: 5:20.14 (32.21)	550m: 5:52.34 (32.20)	600m: 6:24.55 (32.21)		
	650m: 6:56.25 (31.70)	700m: 7:27.84 (31.59)	750m: 7:59.25 (31.41)	800m: 8:29.07 (29.82)		
<b>2</b>	<b>Jóhannis Erlendsson</b>	2003 Havnar Svímjifelag	---	507	<b>9:15.85</b>	+46.78
	50m: 30.59	100m: 1:04.44 (33.85)	150m: 1:39.09 (34.65)	200m: 2:13.95 (34.86)		
	250m: 2:49.13 (35.18)	300m: 3:24.39 (35.26)	350m: 4:00.11 (35.72)	400m: 4:35.17 (35.06)		
	450m: 5:10.42 (35.25)	500m: 5:45.58 (35.16)	550m: 6:20.97 (35.39)	600m: 6:56.34 (35.37)		
	650m: 7:31.69 (35.35)	700m: 8:07.01 (35.32)	750m: 8:41.94 (34.93)	800m: 9:15.85 (33.91)		
<b>3</b>	<b>Høgni Hoydal Thomassen</b>	2002 Havnar Svímjifelag	+0.67	479	<b>9:26.52</b>	+57.45
	50m: 30.85	100m: 1:04.72 (33.87)	150m: 1:39.66 (34.94)	200m: 2:15.38 (35.72)		
	250m: 2:51.88 (36.50)	300m: 3:28.28 (36.40)	350m: 4:04.06 (35.78)	400m: 4:40.23 (36.17)		
	450m: 5:16.05 (35.82)	500m: 5:51.79 (35.74)	550m: 6:27.52 (35.73)	600m: 7:03.93 (36.41)		
	650m: 7:40.00 (36.07)	700m: 8:15.93 (35.93)	750m: 8:51.48 (35.55)	800m: 9:26.52 (35.04)		
<b>4</b>	<b>Rúni Dahl</b>	2004 Suðuroyar Svímjifelag	+0.70	461	<b>9:33.66</b>	+1:04.59
	50m: 31.68	100m: 1:06.41 (34.73)	150m: 1:41.51 (35.10)	200m: 2:17.18 (35.67)		
	250m: 2:53.13 (35.95)	300m: 3:29.02 (35.89)	350m: 4:04.99 (35.97)	400m: 4:41.07 (36.08)		
	450m: 5:17.01 (35.94)	500m: 5:53.52 (36.51)	550m: 6:30.46 (36.94)	600m: 7:06.51 (36.05)		
	650m: 7:44.04 (37.53)	700m: 8:21.49 (37.45)	750m: 8:57.63 (36.14)	800m: 9:33.66 (36.03)		
<b>5</b>	<b>Heini M. Askham</b>	2006 Svímjifelagið Ægir	---	441	<b>9:42.28</b>	+1:13.21
	50m: 32.68	100m: 1:09.50 (36.82)	150m: 1:46.48 (36.98)	200m: 2:22.80 (36.32)		
	250m: 2:59.42 (36.62)	300m: 3:36.30 (36.88)	350m: 4:13.35 (37.05)	400m: 4:50.16 (36.81)		
	450m: 5:27.04 (36.88)	500m: 6:03.42 (36.38)	550m: 6:40.23 (36.81)	600m: 7:17.28 (37.05)		
	650m: 7:54.33 (37.05)	700m: 8:30.78 (36.45)	750m: 9:07.09 (36.31)	800m: 9:42.28 (35.19)		
<b>6</b>	<b>Teitur Winther</b>	2005 Suðuroyar Svímjifelag	+0.85	433	<b>9:46.11</b>	+1:17.04
	50m: 33.87	100m: 1:10.95 (37.08)	150m: 1:48.49 (37.54)	200m: 2:25.66 (37.17)		
	250m: 3:02.94 (37.28)	300m: 3:40.31 (37.37)	350m: 4:17.35 (37.04)	400m: 4:54.56 (37.21)		
	450m: 5:31.38 (36.82)	500m: 6:07.91 (36.53)	550m: 6:44.92 (37.01)	600m: 7:21.18 (36.26)		
	650m: 7:58.61 (37.43)	700m: 8:35.62 (37.01)	750m: 9:12.01 (36.39)	800m: 9:46.11 (34.10)		

## Úrslit

### Kapping 26, 800m Frí Menn - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
7	<b>Fróði Hansen</b>	2008 Fuglafjarðar Svímjifelag	--	342	<b>10:33.49</b>	+2:04.42
	50m: 35.45	100m: 1:14.35 (38.90)			150m: 1:54.79 (40.44)	200m: 2:34.51 (39.72)
	250m: 3:14.91 (40.40)	300m: 3:55.46 (40.55)			350m: 4:35.31 (39.85)	400m: 5:15.45 (40.14)
	450m: 5:55.95 (40.50)	500m: 6:35.88 (39.93)			550m: 7:16.12 (40.24)	600m: 7:57.18 (41.06)
	650m: 8:36.89 (39.71)	700m: 9:16.39 (39.50)			750m: 9:55.97 (39.58)	800m: 10:33.49 (37.52)
-	<b>Sámal Torkilsson</b>	2006 Fuglafjarðar Svímjifelag	--		<b>DNS</b>	

Kapping almenn: 15.02.2020 19:05:08

### Kapping 27, 100m Rygg Kvinnur - Finala

FAR	1:00.50	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Reykjavik (ISL)		01.12.2017
FAR.JR	1:00.50	Signhild Joensen	2000 Ægir Klaksvik (FAR)	Reykjavik (ISL)		01.12.2017
Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Signhild Joensen</b>	2000 Svímjifelagið Ægir	+0.82	680	<b>1:02.56</b>	
	50m: 30.07	100m: 1:02.56 (32.49)				
2	<b>Vár E. Eidesgaard</b>	2001 Havnar Svímjifelag	+0.73	597	<b>1:05.34</b>	+2.78
	50m: 31.68	100m: 1:05.34 (33.66)				
3	<b>Elisabeth Erlendsdóttir</b>	2005 Havnar Svímjifelag	+0.71	592	<b>1:05.52</b>	+2.96
	50m: 31.91	100m: 1:05.52 (33.61)				
4	<b>Kristina Í Skála</b>	2005 Havnar Svímjifelag	+0.64	562	<b>1:06.66</b>	+4.10
	50m: 32.92	100m: 1:06.66 (33.74)				
5	<b>Eyðrið Mortensen</b>	2003 Havnar Svímjifelag	+0.69	545	<b>1:07.35</b>	+4.79
	50m: 33.10	100m: 1:07.35 (34.25)				
6	<b>Jonna Joensen</b>	2005 Svímjifelagið Ægir	+0.69	529	<b>1:08.00</b>	+5.44
	50m: 32.81	100m: 1:08.00 (35.19)				
7	<b>Rebekka Trygvadóttir</b>	2004 Svímjifelagið Ægir	+0.73	450	<b>1:11.80</b>	+9.24
	50m: 34.86	100m: 1:11.80 (36.94)				
8	<b>Björg Ólavsdóttir</b>	2004 Havnar Svímjifelag	+0.66	436	<b>1:12.52</b>	+9.96
	50m: 35.02	100m: 1:12.52 (37.50)				
9	<b>Nancy N. Dam</b>	2005 Havnar Svímjifelag	+0.73	430	<b>1:12.87</b>	+10.31
	50m: 36.31	100m: 1:12.87 (36.56)				
10	<b>Maria Suma Poulsen</b>	2004 Havnar Svímjifelag	+0.67	377	<b>1:16.12</b>	+13.56
	50m: 37.04	100m: 1:16.12 (39.08)				
11	<b>Elin Christiansen</b>	2004 Suðuroyar Svímjifelag	+0.76	369	<b>1:16.67</b>	+14.11
	50m: 36.82	100m: 1:16.67 (39.85)				
12	<b>Jóhanna H. Eidesgaard</b>	2004 Havnar Svímjifelag	+0.75	343	<b>1:18.56</b>	+16.00
	50m: 37.56	100m: 1:18.56 (41.00)				
13	<b>Lea Osberg Højsted</b>	2008 Svímjifelagið Ægir	+0.70	323	<b>1:20.13</b>	+17.57
	50m: 38.93	100m: 1:20.13 (41.20)				
14	<b>Margit Højbro</b>	2007 Fuglafjarðar Svímjifelag	+0.72	318	<b>1:20.59</b>	+18.03
	50m: 39.78	100m: 1:20.59 (40.81)				
15	<b>Sólja Sigmundardóttir</b>	2005 Havnar Svímjifelag	+1.11	301	<b>1:22.06</b>	+19.50
	50m: 38.61	100m: 1:22.06 (43.45)				
16	<b>Rebekka Róðinsdóttir</b>	2007 Fuglafjarðar Svímjifelag	+0.80	293	<b>1:22.82</b>	+20.26
	50m: 40.43	100m: 1:22.82 (42.39)				
17	<b>Birita Vesturtún</b>	2007 Fuglafjarðar Svímjifelag	+0.85	276	<b>1:24.43</b>	+21.87
	50m: 41.01	100m: 1:24.43 (43.42)				
18	<b>Ragnhild Jacobsen</b>	2008 Svímjifelagið Ægir	+0.75	266	<b>1:25.53</b>	+22.97
	50m: 41.42	100m: 1:25.53 (44.11)				
19	<b>Jóhanna Katrína Jacobsen</b>	2007 Havnar Svímjifelag	+1.17	136	<b>1:47.00</b>	+44.44
	50m: 52.22	100m: 1:47.00 (54.78)				
-	<b>Jóhanna Ólavsdóttir</b>	2007 Fuglafjarðar Svímjifelag	+0.76		<b>DSQ</b>	Ikki varðandi rørsla, 75m
-	<b>Nicolina Æ. Danielsen</b>	2006 Svímjifelagið Flot	--		<b>DNS</b>	
-	<b>Jórun Winther</b>	2011 Suðuroyar Svímjifelag	--		<b>DNS</b>	

Kapping almenn: 16.02.2020 14:22:30

## Úrslit

### Kapping 28, 100m Rygg Menn - Finala

FAR 54.45 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012  
 FAR.JR 54.45 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Esbjerg (DEN) 31.03.2012

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	<b>Bartal Debess</b> 50m: 30.49	2002 Suðuroyar Svímjifelag 100m: 1:03.74 (33.25)	+0.61	450	<b>1:03.74</b>	
2	<b>Lukas Bessason</b> 50m: 33.57	2007 Svímjifelagið Flot 100m: 1:09.55 (35.98)	+0.94	347	<b>1:09.55</b>	+5.81
3	<b>Villiam Marius Samuelsen</b> 50m: 33.90	2005 Havnar Svímjifelag 100m: 1:10.69 (36.79)	+0.67	330	<b>1:10.69</b>	+6.95
4	<b>Rúni Dahl</b> 50m: 33.42	2004 Suðuroyar Svímjifelag 100m: 1:10.71 (37.29)	+0.74	330	<b>1:10.71</b>	+6.97
5	<b>Høgni Hoydal Thomassen</b> 50m: 34.02	2002 Havnar Svímjifelag 100m: 1:10.98 (36.96)	+1.01	326	<b>1:10.98</b>	+7.24
6	<b>Niklas Jógvan Arge</b> 50m: 34.51	2004 Havnar Svímjifelag 100m: 1:12.24 (37.73)	+0.97	309	<b>1:12.24</b>	+8.50
7	<b>Karl Joensen</b> 50m: 36.05	2005 Svímjifelagið Flot 100m: 1:13.99 (37.94)	+0.78	288	<b>1:13.99</b>	+10.25
8	<b>Teitur Winther</b> 50m: 36.17	2005 Suðuroyar Svímjifelag 100m: 1:14.04 (37.87)	+0.83	287	<b>1:14.04</b>	+10.30
9	<b>Andreas Debess</b> 50m: 36.31	2006 Suðuroyar Svímjifelag 100m: 1:14.60 (38.29)	+0.64	281	<b>1:14.60</b>	+10.86
10	<b>Jóni Janusarson Strøm</b> 50m: 38.18	2006 Havnar Svímjifelag 100m: 1:17.11 (38.93)	+0.81	254	<b>1:17.11</b>	+13.37
11	<b>Jákup í Jákupsstovu</b> 50m: 39.06	2004 Svímjifelagið Flot 100m: 1:20.21 (41.15)	+0.74	226	<b>1:20.21</b>	+16.47
12	<b>Erling Erlendsson</b> 50m: 38.58	2007 Havnar Svímjifelag 100m: 1:20.38 (41.80)	+0.70	224	<b>1:20.38</b>	+16.64
13	<b>Heini Holm Jacobsen</b> 50m: 38.02	2004 Havnar Svímjifelag 100m: 1:20.72 (42.70)	+0.68	222	<b>1:20.72</b>	+16.98
14	<b>Fróði Hansen</b> 50m: 39.67	2008 Fuglafjarðar Svímjifelag 100m: 1:21.93 (42.26)	+0.74	212	<b>1:21.93</b>	+18.19
15	<b>Líggjas Joensen</b> 50m: 41.90	2008 Svímjifelagið Ægir 100m: 1:22.37 (40.47)	+0.73	208	<b>1:22.37</b>	+18.63
16	<b>Jóannes Clementsen</b> 50m: 41.79	2007 Suðuroyar Svímjifelag 100m: 1:22.45 (40.66)	+0.72	208	<b>1:22.45</b>	+18.71
17	<b>Bárður Ólavsson</b> 50m: 42.83	2008 Fuglafjarðar Svímjifelag 100m: 1:26.11 (43.28)	+0.78	182	<b>1:26.11</b>	+22.37
18	<b>Fedja Drobnjak</b> 50m: 44.31	2008 Svímjifelagið Ægir 100m: 1:28.81 (44.50)	+1.03	166	<b>1:28.81</b>	+25.07
19	<b>Silas Hansen</b> 50m: 47.17	2008 Svímjifelagið Flot 100m: 1:37.52 (50.35)	+0.77	125	<b>1:37.52</b>	+33.78
20	<b>Eyðun Róðinsson</b> 50m: 49.00	2008 Fuglafjarðar Svímjifelag 100m: 1:45.93 (56.93)	+0.81	98	<b>1:45.93</b>	+42.19
21	<b>Jan Elias Høj</b> 50m: 55.19	2007 Svímjifelagið Flot 100m: 1:54.11 (58.92)	+1.15	78	<b>1:54.11</b>	+50.37
22	<b>Benjamin Poulsen</b> 50m: 55.70	2007 Svímjifelagið Flot 100m: 1:57.80 (1:02.10)	+0.74	71	<b>1:57.80</b>	+54.06
-	<b>Sámal Torkilsson</b>	2006 Fuglafjarðar Svímjifelag	--		<b>DNS</b>	

Kapping almenn: 16.02.2020 14:29:47

### Kapping 29, 200m Frí Kvinnur - Finala

FAR 2:00.74 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Gibraltar (GIB) 08.07.2019  
 FAR.JR 2:02.18 Vár Erlingsdóttir Eidesga 2001 Havnar Svímjifelag (FAR) Reykjavík (ISL) 02.12.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
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## Úrslit

### Kapping 29, 200m Frí Kvinnur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Vár E. Eidesgaard	2001 Havnar Svímjifelag	+0.73	673	<b>2:06.00</b>	
	50m: 29.83	100m: 1:02.03 (32.20)			200m: 2:06.00	(31.73)
2	Alisa Vestergård	2003 Suðuroyar Svímjifelag	--	591	<b>2:11.52</b>	+5.52
	50m: 30.11	100m: 1:03.42 (33.31)	(34.40)		200m: 2:11.52	(33.70)
3	Barbara Debes	2000 Svímjifelagið Ægir	+0.68	591	<b>2:11.57</b>	+5.57
	50m: 31.12	100m: 1:05.76 (34.64)	(33.78)		200m: 2:11.57	(32.03)
4	Eyðrið Mortensen	2003 Havnar Svímjifelag	+0.74	556	<b>2:14.27</b>	+8.27
	50m: 30.85	100m: 1:05.02 (34.17)	(34.73)		200m: 2:14.27	(34.52)
5	Nancy N. Dam	2005 Havnar Svímjifelag	--	531	<b>2:16.32</b>	+10.32
	50m: 31.93	100m: 1:06.48 (34.55)	(35.26)		200m: 2:16.32	(34.58)
6	Björt A. Sigurðsson	2004 Svímjifelagið Ægir	+0.78	527	<b>2:16.65</b>	+10.65
	50m: 31.81	100m: 1:06.20 (34.39)	(35.28)		200m: 2:16.65	(35.17)
7	Birna Isholm	2006 Svímjifelagið Ægir	+0.72	520	<b>2:17.25</b>	+11.25
	50m: 31.80	100m: 1:06.60 (34.80)	(35.55)		200m: 2:17.25	(35.10)
8	Miriam Mortensen	2004 Havnar Svímjifelag	--	460	<b>2:22.97</b>	+16.97
	50m: 33.35	100m: 1:10.37 (37.02)	(37.41)		200m: 2:22.97	(35.19)
9	Maria Suma Poulsen	2004 Havnar Svímjifelag	+0.73	456	<b>2:23.45</b>	+17.45
	50m: 33.69	100m: 1:10.47 (36.78)	(37.03)		200m: 2:23.45	(35.95)
10	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	--	444	<b>2:24.73</b>	+18.73
	50m: 33.79	100m: 1:10.83 (37.04)	(37.56)		200m: 2:24.73	(36.34)
11	Lea Osberg Højsted	2008 Svímjifelagið Ægir	--	433	<b>2:25.94</b>	+19.94
	50m: 33.87	100m: 1:11.86 (37.99)	(38.59)		200m: 2:25.94	(35.49)
12	Margit Højbro	2007 Fuglafjarðar Svímjifelag	+0.78	425	<b>2:26.83</b>	+20.83
	50m: 34.46	100m: 1:11.87 (37.41)	(38.37)		200m: 2:26.83	(36.59)
13	Bjørk L Sørensen	2004 Suðuroyar Svímjifelag	+0.76	424	<b>2:26.95</b>	+20.95
	50m: 34.05	100m: 1:10.63 (36.58)	(38.60)		200m: 2:26.95	(37.72)
14	Rebekka Róðinsdóttir	2007 Fuglafjarðar Svímjifelag	--	286	<b>2:47.48</b>	+41.48
	50m: 39.08	100m: 1:21.47 (42.39)	(43.45)		200m: 2:47.48	(42.56)
15	Bára D. Nattestad	2004 Havnar Svímjifelag	+0.73	283	<b>2:48.05</b>	+42.05
	50m: 37.41	100m: 1:20.76 (43.35)	(43.61)		200m: 2:48.05	(43.68)
16	Durita M. Askham	2008 Svímjifelagið Ægir	+0.67	279	<b>2:48.94</b>	+42.94
	50m: 38.53	100m: 1:23.22 (44.69)	(44.19)		200m: 2:48.94	(41.53)
-	Ronja Ró í Dímun	2004 Havnar Svímjifelag	--		<b>DNS</b>	

Kapping almenn: 16.02.2020 14:43:57

### Kapping 30, 200m Frí Menn - Finala

FAR 1:46.61 Pal Joensen 1990 Suðuroyar Svímjifelag (FA Rijeka (CRO)) 14.12.2008  
 FAR.JR 1:46.61 Pal Joensen 1990 Suðuroyar Svímjifelag (FA Rijeka (CRO)) 14.12.2008

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal E. Eidesgaard	2003 Havnar Svímjifelag	+0.70	621	<b>1:56.45</b>	
	50m: 27.32	100m: 57.29 (29.97)	(29.99)		200m: 1:56.45	(29.17)
2	Johan N. Dam	2002 Havnar Svímjifelag	--	619	<b>1:56.54</b>	+0.09
	50m: 27.54	100m: 57.39 (29.85)	(30.00)		200m: 1:56.54	(29.15)
3	Martin V. Sivertsen	2002 Svímjifelagið Ægir	+0.72	535	<b>2:02.40</b>	+5.95
	50m: 28.09	100m: 58.58 (30.49)	(31.50)		200m: 2:02.40	(32.32)
4	Jóhannis Erlendsson	2003 Havnar Svímjifelag	+0.67	469	<b>2:07.84</b>	+11.39
	50m: 28.53	100m: 1:00.64 (32.11)	(33.84)		200m: 2:07.84	(33.36)
5	Brandur A. Matras	2003 Svímjifelagið Ægir	--	449	<b>2:09.71</b>	+13.26
	50m: 29.11	100m: 1:01.99 (32.88)	(34.01)		200m: 2:09.71	(33.71)
6	Høgni Hoydal Thomassen	2002 Havnar Svímjifelag	+0.72	421	<b>2:12.58</b>	+16.13
	50m: 30.35	100m: 1:04.15 (33.80)	(34.31)		200m: 2:12.58	(34.12)
7	Jónas Á Bergi	2003 Svímjifelagið Ægir	--	401	<b>2:14.75</b>	+18.30
	50m: 30.41	100m: 1:05.57 (35.16)	(36.19)		200m: 2:14.75	(32.99)

## Úrslit

### Kapping 30, 200m Frí Menn - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
8	Heini Hansen	2003 Suðuroyar Svímjifelag	+0.63	398	<b>2:15.04</b>	+18.59
	50m: 30.07	100m: 1:04.35 (34.28) 150m: 1:40.12	(35.77)		200m: 2:15.04	(34.92)
9	Andreas Debess	2006 Suðuroyar Svímjifelag	--	396	<b>2:15.29</b>	+18.84
	50m: 31.34	100m: 1:06.39 (35.05) 150m: 1:41.96	(35.57)		200m: 2:15.29	(33.33)
10	Heini M. Askham	2006 Svímjifelagið Ægir	+0.73	394	<b>2:15.50</b>	+19.05
	50m: 31.09	100m: 1:06.27 (35.18) 150m: 1:41.97	(35.70)		200m: 2:15.50	(33.53)
11	Teitur Winther	2005 Suðuroyar Svímjifelag	+0.81	378	<b>2:17.36</b>	+20.91
	50m: 31.72	100m: 1:06.26 (34.54) 150m: 1:42.55	(36.29)		200m: 2:17.36	(34.81)
12	Lukas Besson	2007 Svímjifelagið Flot	+0.75	338	<b>2:22.56</b>	+26.11
	50m: 30.62	100m: 1:05.55 (34.93) 150m: 1:43.50	(37.95)		200m: 2:22.56	(39.06)
13	Dávid Gíslason	2005 Havnar Svímjifelag	--	332	<b>2:23.45</b>	+27.00
	50m: 32.23	100m: 1:08.68 (36.45) 150m: 1:46.71	(38.03)		200m: 2:23.45	(36.74)
14	Karl Joensen	2005 Svímjifelagið Flot	+0.78	330	<b>2:23.79</b>	+27.34
	50m: 34.08	100m: 1:11.34 (37.26) 150m: 1:46.61	(35.27)		200m: 2:23.79	(37.18)
15	Fríði Dam Lindberg	2003 Havnar Svímjifelag	+0.68	312	<b>2:26.45</b>	+30.00
	50m: 32.66	100m: 1:09.69 (37.03) 150m: 1:48.59	(38.90)		200m: 2:26.45	(37.86)
16	Fróði Hansen	2008 Fuglafjarðar Svímjifelag	--	302	<b>2:28.05</b>	+31.60
	50m: 34.05	100m: 1:11.70 (37.65) 150m: 1:49.98	(38.28)		200m: 2:28.05	(38.07)
17	Jákup Í Jákupsstovu	2004 Svímjifelagið Flot	+0.75	277	<b>2:32.43</b>	+35.98
	50m: 33.92	100m: 1:11.44 (37.52) 150m: 1:49.42	(37.98)		200m: 2:32.43	(43.01)
18	Bárður Ólavsson	2008 Fuglafjarðar Svímjifelag	+0.69	272	<b>2:33.23</b>	+36.78
	50m: 35.18	100m: 1:14.69 (39.51) 150m: 1:54.89	(40.20)		200m: 2:33.23	(38.34)
19	Hanus Lydersen	2006 Svímjifelagið Ægir	+0.80	263	<b>2:35.05</b>	+38.60
	50m: 34.06	100m: 1:12.76 (38.70) 150m: 1:54.61	(41.85)		200m: 2:35.05	(40.44)
20	Fedja Drobnyak	2008 Svímjifelagið Ægir	--	216	<b>2:45.47</b>	+49.02
	50m: 39.51	100m: 1:23.76 (44.25) 150m: 2:06.71	(42.95)		200m: 2:45.47	(38.76)
21	Líggjas Joensen	2008 Svímjifelagið Ægir	+0.73	216	<b>2:45.50</b>	+49.05
	50m: 41.17	100m: 1:26.51 (45.34) 150m: 2:08.66	(42.15)		200m: 2:45.50	(36.84)
-	Áki Eliassen	2006 Havnar Svímjifelag	--		<b>DSQ</b>	Tjóstart
-	Sámal Torkilsson	2006 Fuglafjarðar Svímjifelag	--		<b>DNS</b>	

Kapping almenn: 16.02.2020 14:58:33

### Kapping 31, 100m Blandað Kvinnur - Finala

FAR 1:03.78 Poula Mohr 1995 Havnar Svímjifelag (FAR) Torshavn (FAR) 11.05.2013  
 FAR.JR 1:04.93 Sára R. Nysted 2001 Suðuroyar Svímjifelag (FA) Klakksvik (FAR) 22.04.2016

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Ronja Ró í Dímun	2004 Havnar Svímjifelag	+0.70	575	<b>1:07.92</b>	
	50m: 31.51	100m: 1:07.92 (36.41)				
2	Elisabeth Erlendsdóttir	2005 Havnar Svímjifelag	--	544	<b>1:09.21</b>	+1.29
	50m: 30.83	100m: 1:09.21 (38.38)				
3	Kristina í Skála	2005 Havnar Svímjifelag	+0.70	494	<b>1:11.47</b>	+3.55
	50m: 31.83	100m: 1:11.47 (39.64)				
4	Sofía Toftegaard	2006 Svímjifelagið Ægir	--	412	<b>1:15.93</b>	+8.01
	50m: 35.20	100m: 1:15.93 (40.73)				
5	Björg Ólavsdóttir	2004 Havnar Svímjifelag	+0.84	407	<b>1:16.24</b>	+8.32
	50m: 35.00	100m: 1:16.24 (41.24)				
6	Jóhanna Ólavsdóttir	2007 Fuglafjarðar Svímjifelag	--	399	<b>1:16.70</b>	+8.78
	50m: 35.88	100m: 1:16.70 (40.82)				
7	Róa Trygvadóttir	2008 Svímjifelagið Ægir	+0.74	379	<b>1:18.05</b>	+10.13
	50m: 35.95	100m: 1:18.05 (42.10)				
8	Miriam Mortensen	2004 Havnar Svímjifelag	+0.80	371	<b>1:18.62</b>	+10.70
	50m: 34.19	100m: 1:18.62 (44.43)				
9	Jóhanna H. Eidesgaard	2004 Havnar Svímjifelag	+0.75	366	<b>1:18.99</b>	+11.07
	50m: 37.40	100m: 1:18.99 (41.59)				

## Úrslit

### Kapping 31, 100m Blandað Kvinnur - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
10	Lea Osberg Højsted 50m: 38.02	2008 Svímjifelagið Ægir 100m: 1:19.14 (41.12)	+0.74	364	<b>1:19.14</b>	+11.22
11	Birita Vesturtún 50m: 37.97	2007 Fuglafjarðar Svímjifelag 100m: 1:19.41 (41.44)	---	360	<b>1:19.41</b>	+11.49
12	Björk L Sørensen 50m: 36.05	2004 Suðuroyar Svímjifelag 100m: 1:20.28 (44.23)	---	348	<b>1:20.28</b>	+12.36
13	Sólja Sigmundardóttir 50m: 36.71	2005 Havnar Svímjifelag 100m: 1:21.22 (44.51)	+0.81	336	<b>1:21.22</b>	+13.30
14	Rebekka Róðinsdóttir 50m: 38.04	2007 Fuglafjarðar Svímjifelag 100m: 1:21.51 (43.47)	+0.67	333	<b>1:21.51</b>	+13.59
15	Margit Højbro 50m: 39.46	2007 Fuglafjarðar Svímjifelag 100m: 1:23.55 (44.09)	+0.75	309	<b>1:23.55</b>	+15.63
16	Durita M. Askham 50m: 41.39	2008 Svímjifelagið Ægir 100m: 1:27.16 (45.77)	+0.28	272	<b>1:27.16</b>	+19.24
17	Bára D. Nattestad 50m: 39.87	2004 Havnar Svímjifelag 100m: 1:27.87 (48.00)	---	265	<b>1:27.87</b>	+19.95
18	Jóhanna Katrína Jacobsen 50m: 50.20	2007 Havnar Svímjifelag 100m: 1:50.22 (1:00.02)	+0.88	134	<b>1:50.22</b>	+42.30
-	Ragnhild Jacobsen	2008 Svímjifelagið Ægir	---		<b>DSQ</b>	Endar rygg á bók v. 50m
-	Elin Christiansen	2004 Suðuroyar Svímjifelag	---		<b>DNS</b>	
-	Alisa Vestergård	2003 Suðuroyar Svímjifelag	---		<b>DNS</b>	

Kapping almenn: 16.02.2020 15:19:24

### Kapping 32, 100m Blandað Menn - Finala

FAR 55.94 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Torshavn (FAR) 12.05.2012  
 FAR.JR 55.94 Magnus Jákupsson 1994 Havnar Svímjifelag (DEN) Torshavn (FAR) 12.05.2012

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Bartal E. Eidesgaard 50m: 28.70	2003 Havnar Svímjifelag 100m: 1:00.38 (31.68)	+0.69	576	<b>1:00.38</b>	
2	Niklas Jógvan Arge 50m: 32.78	2004 Havnar Svímjifelag 100m: 1:08.08 (35.30)	+0.73	402	<b>1:08.08</b>	+7.70
3	Hans Jacob Hjelm 50m: 31.27	2003 Suðuroyar Svímjifelag 100m: 1:08.77 (37.50)	+0.63	390	<b>1:08.77</b>	+8.39
4	Rani Jacobsen 50m: 34.28	2001 Suðuroyar Svímjifelag 100m: 1:11.20 (36.92)	---	351	<b>1:11.20</b>	+10.82
5	Lukas Bessason 50m: 32.61	2007 Svímjifelagið Flot 100m: 1:12.59 (39.98)	---	331	<b>1:12.59</b>	+12.21
6	Villiam Marius Samuelsen 50m: 32.72	2005 Havnar Svímjifelag 100m: 1:12.63 (39.91)	+0.72	331	<b>1:12.63</b>	+12.25
7	Dávid Gislason 50m: 33.75	2005 Havnar Svímjifelag 100m: 1:14.60 (40.85)	---	305	<b>1:14.60</b>	+14.22
8	Heini M. Askham 50m: 34.44	2006 Svímjifelagið Ægir 100m: 1:14.77 (40.33)	+0.60	303	<b>1:14.77</b>	+14.39
9	Karl Joensen 50m: 35.86	2005 Svímjifelagið Flot 100m: 1:15.22 (39.36)	+0.72	298	<b>1:15.22</b>	+14.84
10	Fríði Dam Lindberg 50m: 36.52	2003 Havnar Svímjifelag 100m: 1:17.69 (41.17)	+0.67	270	<b>1:17.69</b>	+17.31
11	Markus Bárðarson Dahl 50m: 37.80	2005 Havnar Svímjifelag 100m: 1:18.60 (40.80)	---	261	<b>1:18.60</b>	+18.22
12	Jákup Í Jákupsstovu 50m: 39.58	2004 Svímjifelagið Flot 100m: 1:19.99 (40.41)	+0.78	248	<b>1:19.99</b>	+19.61
13	Fróði Hansen 50m: 38.68	2008 Fuglafjarðar Svímjifelag 100m: 1:20.62 (41.94)	+0.75	242	<b>1:20.62</b>	+20.24

## Úrslit

### Kapping 32, 100m Blandað Menn - Finala

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
14	Erling Erendsson 50m: 37.73	2007 Havnar Svímjifelag 100m: 1:21.65 (43.92)	---	233	<b>1:21.65</b>	+21.27
15	Hanus Lydersen 50m: 39.10	2006 Svímjifelagið Ægir 100m: 1:22.96 (43.86)	+0.80	222	<b>1:22.96</b>	+22.58
16	Pætur E. Thorkildshøj 50m: 39.11	2007 Havnar Svímjifelag 100m: 1:25.16 (46.05)	+0.71	205	<b>1:25.16</b>	+24.78
17	Bárður Ólavsson 50m: 40.48	2008 Fuglafjarðar Svímjifelag 100m: 1:25.66 (45.18)	+0.74	201	<b>1:25.66</b>	+25.28
18	Jóannes Clementsen 50m: 43.27	2007 Suðuroyar Svímjifelag 100m: 1:30.21 (46.94)	---	172	<b>1:30.21</b>	+29.83
19	Líggjas Joensen 50m: 43.53	2008 Svímjifelagið Ægir 100m: 1:30.85 (47.32)	+0.85	169	<b>1:30.85</b>	+30.47
20	Fedja Drobnjak 50m: 43.35	2008 Svímjifelagið Ægir 100m: 1:32.66 (49.31)	---	159	<b>1:32.66</b>	+32.28
21	Jan Elias Høj 50m: 53.38	2007 Svímjifelagið Flot 100m: 1:58.46 (1:05.08)	---	76	<b>1:58.46</b>	+58.08
-	Silas Hansen	2008 Svímjifelagið Flot	+0.83		DSQ	Ójovn br. bein
-	Eyðun Róðinsson	2008 Fuglafjarðar Svímjifelag	---		DNS	

Kapping almenn: 16.02.2020 15:28:45

### Kapping 33, 200m Firvald Kvinnur - Finala

FAR	2:18.67	Jonna Bjartalíð Thomse	1996 Fuglafjarðar Svímjifelag (F)	Jersey (GBR)	02.07.2015
FAR.JR	2:19.92	Jana Bjartalíð Thomsen	2000 Ægir Klaksvik (FAR)	Torshavn (FAR)	25.03.2017

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Malan Jóhansdóttir 50m: 35.03	2004 Svímjifelagið Ægir 100m: 1:15.13 (40.10) 150m: 1:56.60	+0.82	446	<b>2:36.44</b>	(39.84)
2	Annelisa Joensen 50m: 38.00	2003 Svímjifelagið Ægir 100m: 1:21.50 (43.50) 150m: 2:06.42	---	341	<b>2:51.09</b>	+14.65 (44.67)

Kapping almenn: 16.02.2020 15:44:36

### Kapping 34, 200m Firvald Menn - Finala

FAR	2:01.46	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Visby (SWE)	26.06.2017
FAR.JR	2:06.94	Óli Mortensen	1996 Havnar Svímjifelag (FAR)	Suduroy (FAR)	22.03.2014

Raðf	Navn	Føðia Felag	R.T	FINA	Tíð	Munur
1	Johan N. Dam 50m: 30.23	2002 Havnar Svímjifelag 100m: 1:04.63 (34.40) 150m: 1:40.33	+0.65	505	<b>2:15.88</b>	(35.55)
2	Natanael A. Matras 50m: 31.73	2002 Svímjifelagið Ægir 100m: 1:07.08 (35.35) 150m: 1:44.04	---	442	<b>2:22.04</b>	+6.16 (38.00)
3	Jóhannis Erendsson 50m: 34.46	2003 Havnar Svímjifelag 100m: 1:17.65 (43.19) 150m: 2:03.41	+0.68	268	<b>2:47.71</b>	+31.83 (44.30)
4	Rúni Dahl 50m: 34.27	2004 Suðuroyar Svímjifelag 100m: 1:17.93 (43.66) 150m: 2:03.62	---	266	<b>2:48.24</b>	+32.36 (44.62)
5	Hans Jacob Hjelm 50m: 34.56	2003 Suðuroyar Svímjifelag 100m: 1:16.78 (42.22) 150m: 2:02.55	+0.65	264	<b>2:48.52</b>	+32.64 (45.97)

Kapping almenn: 16.02.2020 15:43:43

### Kapping 35, 8x50m Frí Mix - Final

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
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## Úrslit

### Kapping 35, 8x50m Frí Mix - Final

Raðf	Navn	Aldur	Felag	FINA	Tíð	Munur
<b>1</b>	<b>HS Mix</b>		19 Havnar Svímjifelag		<b>3:36.86</b>	
	Vár E. Eidesgaard	2001		--- 27.22	27.22	
	Ronja Ró í Dímun	2004		--- 27.62	54.84	
	Johan N. Dam	2002		--- 25.87	1:20.71	
	Bartal E. Eidesgaard	2003		--- 24.85	1:45.56	
	Jóhannis Erlendsson	2003		--- 26.52	2:12.08	
	Elisabeth Erlendsdóttir	2005		--- 27.94	2:40.02	
	Eyðrið Mortensen	2003		--- 28.69	3:08.71	
	Niklas Jógvan Arge	2004		--- 28.15	3:36.86	
<b>2</b>	<b>Ægir Mix</b>		20 Svímjifelagið Ægir		<b>3:43.68</b>	+6.82
	Jónas Á Bergi	2003		+0.69 26.83	26.83	
	Signhild Joensen	2000		+0.62 28.04	54.87	
	Brandur A. Matras	2003		+0.30 26.49	1:21.36	
	Sofía Toftegaard	2006		+0.37 31.17	1:52.53	
	Birna Isholm	2006		+0.44 30.18	2:22.71	
	Bjørt A. Sigurðsson	2004		+1.92 30.00	2:52.71	
	Rókur Trygvason	2000		-0.03 23.16	3:15.87	
	Martin V. Sivertsen	2002		+0.45 27.81	3:43.68	
<b>3</b>	<b>SuSvim mix</b>		22 Suðuroyar Svímjifelag		<b>4:00.87</b>	+24.01
	Hans Jacob Hjelm	2003		--- 27.91	27.91	
	Alisa Vestergård	2003		--- 28.35	56.26	
	Rani Jacobsen	2001		--- 27.89	1:24.15	
	Bjørk L Sørensen	2004		--- 31.17	1:55.32	
	Bartal Debess	2002		--- 25.50	2:20.82	
	Rói Bech	2001		--- 25.32	2:46.14	
	Róland Toftum	1998		--- 28.83	3:14.97	
	Eva Debess	2010		--- 45.90	4:00.87	
<b>4</b>	<b>FS / Flot</b>		20 Fuglafjarðar Svímjifelag		<b>4:14.47</b>	+37.61
	Karl Joensen	2005		+0.76 29.24	29.24	
	Rebekka Trygvadóttir	2004		+0.19 28.55	57.79	
	Silas Hansen	2008		+0.84 57.79		
	Jákup í Jákupsstovu	2004		+0.49 2:07.56	2:07.56	
	Malan Jóhansdóttir	2004		+0.61 30.71	2:38.27	
	Jan Elias Høj	2007		+0.41 40.92	3:19.19	
	Barbara Debes	2000		+0.60 27.31	3:46.50	
	Lukas Besson	2007		--- 27.97	4:14.47	
<b>5</b>	<b>Ægir Mix 2</b>		18 Svímjifelagið Ægir		<b>4:14.60</b>	+37.74
	Róa Trygvadóttir	2008		+0.76 32.11	32.11	
	Líggjas Joensen	2008		+0.65 34.22	1:06.33	
	Ragnhild Jacobsen	2008		+0.44 36.04	1:42.37	
	Natanael A. Matras	2002		+0.09 27.21	2:09.58	
	Durita M. Askham	2008		+0.46 34.69	2:44.27	
	Hanus Lydersen	2006		+0.52 31.98	3:16.25	
	Lea Osberg Højsted	2008		+0.05 30.16	3:46.41	
	Heini M. Askham	2006		+0.30 28.19	4:14.60	

Kapping almenn: 16.02.2020 16:12:18