

Aegir, Suduroyar and Havnar swim clubs: with the supervision of the Faroe Islands swimming association (SSF) invite to convivial:

1st. Swimming Grand prix of Faroe Islands

Place and dates: 1st. of June Klaksvik.
8 of June Suduroy.
15 of June Torshavn.

Competition system and trials: The trials will be 50s crawl, backstroke, breaststroke and butterfly in Klaksvik and Torshavn.

100s crawl, backstroke, breaststroke and butterfly to Suduroy (Also double punctuation to Suduroy).

| Girls | trials | Boys |
|---------|-------------------|---------|
| Event 1 | 50-100 Crawl | Event 2 |
| Event 3 | 50-100 Backstroke | Event 4 |
| Event 5 | 50-100 Breastroke | Event 6 |
| Event 7 | 50-100 Butterfly | Event 8 |

Participants: will compete in a direct final, seeded according to entry times and award punctuation going to set in depends of their age born categories. Each event accumulates punctuation as:

| place | points |
|------------|--------|
| 1 | 30 |
| 2 | 27 |
| 3 | 25 |
| 4 | 23 |
| 5 | 21 |
| 6 | 19 |
| 7 | 17 |
| 8 | 15 |
| 9 | 13 |
| 10 | 11 |
| 11 | 9 |
| 12 | 7 |
| 13 | 5 |
| 14 | 3 |
| All others | 1 |
| | |

Tórshavn 15th of June: Warmup 17:30 hrs; competition start at 18:30 hrs. Swimmers are invited to report directly in the start-block three heats before their respective turn.

Entries are to be sent to nitrammad@hotmail.com before 14/06-2019 18:00.

Erling Eidesgaard
President Havnar Svimmifelag.

Panagiotis Christou
Head Coach